

2015-2019 Quadrennial Report UANA Technical Artistic Swimming Committee

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The UANA TASC has completed another successful term of office hosting our annual competition within the Americas over the course of the past four years. Entry in the competitions has helped them develop into a five day Artistic Swimming competition that is well attended by nations throughout the Americas.

- 2015 UANA Junior Panam Championships were held in Calgary, Alberta Canada 13 Federations participated in the 2015 Competition
- 2016 UANA Junior Panam Championships were held in San Juan, Puerto Rico 14 Federations participated in the 2016 Competition
- 2017 UANa Junior Panam Championships were held in Santiago, Chile 15 Federations participated in the 2017 Competition
- 2018 UANA Junior Panam Championships were held in Riverside, California USA 11 Federations participated in the 2018 Competition

This Quad the TASC benefited from the new Enhancing the Athlete Experience grant received from the UANA President Dale Neuberger at its yearly event. Created in 2017 the funds allowed us to bring Presenter Sherry Robertson to our Chile event. At the event Ms. Robertson worked with athletes and coaches bringing much needed learning to both groups on Athlete Nutrition and how it affects training and competing in the sport of Artistic Swimming. The TASC followed up this successful initiative by having Ms. Robertson return in 2018 to our Riverside, California event.

At the end of the last quadrennial the TASC was left with four goals from our previous committee. They were as follows:

Goals:

- 1 To develop the TASC administrative infrastructure to achieve our mission
- 2 To increase the opportunities for Pan American competition.
- 3 To expand artistic swimming in UANA
- To increase the number of judges, the quality of their education and their performance.
- 5 To promote the development of coaches at all levels.

At the end of the current Quadrennial we can confidently state that the TASC has achieved the goals that were set forth for us.

Together as a committee the TASC administrative infrastructure as developed greatly. The creation of our Competition Management Guide, Judges Guide and pre-competition oversight that is ongoing for host federations has raised the level of competitions and the standards that govern them in many positive ways.

Pan American Competition opportunities has also increased with the sharing of information to all Federations concerning the availability of competitions that our Federations can attend and the promotion of these by the TASC.

We are happy to report that Artistic Swimming has expanded within UANA in the last quadrennial. We have ongoing development in Jamaica, US Virgin Islands, Barbados and Grand Cayman that was previously non existent or inactive for many years.

Together with FINA our Judges quality of education and performance grew leaps and bounds. A full report on the judges within UANA can be found in the attached Judges Sub-Committee report.

Development of coaches is progressing with a coaches online program developed by our Coaches sub-committee. Further coaches clinics at our competitions and the sharing of resources from the Artistic Swimming world has made our UANA coaches stronger than ever.

We are thrilled to be able to have had a full entry in the 2019 Pan American Games and it has been a pleasure to work with the LIMA2019 team over the course of the last three years in preparation of this event. The dedication of the organizing committee, the event volunteers and the TASC members who attended and contributed so much to the success of this event is greatly appreciated.

We continue to work hard to build a strong link to the federations' active in Artistic Swimming throughout the Americas and have been fortunate to have the UANA email news items and the use of the UANA website as two great assets in achieving this.

This TASC has been exemplary in demonstrating commitment to the goals set and working to achieve them as a high functioning team. It has been a pleasure to be part of this team and we thank all the members for their dedicated work. Our thanks as well to the 2015-2019 UANA Executive for their support.

Submitted by, **Dr. Margo Mountjoy**Bureau Liaison

UANA TASC

Rose Cody Chairman UANA TASC