

<b>Long Course 2024</b>	<b>Date</b>	<b>Location</b>	<b>Roster Groups Attending</b>
<b>SGSA Mother May I</b>	5/10-5/11	GAC	ALL
<b>Open Water Championships</b>	June 1st	Seven Lakes	Great White and Senior Groups
<b>GYC Sprint and Distance Meet</b>	6/14-6/16	GAC	ALL
<b>GOLD Summer Splash Spectacular</b>	6/22-6/23	Goldsboro YMCA	ALL
<b>TAC Titans Long Course Qualifier</b>	6/29-6/30	TAC	ALL
<b>NCS LC Age Group Championships</b>	7/11-7/14	TAC	Qualifiers
<b>NCS LC Senior Champs</b>	7/18-7/21	GAC	Qualifiers
<b>2024 Futures Championships</b>	7/24-7/28	?	Qualifiers