

Meet	Dates	Location	Groups that attend
Rocky Mount Meet	9/27-9/28	Rocky Mount YMCA	ALL
NCAC IMX Challenge	10/18-10/19	Koury Natatorium, Chapel Hill	ALL
NCAC 10& Under Mini Meet	11/9	Koury Natatorium, Chapel Hill	10 & Unders
ECA South Eastern Classic	11/21-11/23	ECU, East Carolina University	Senior, Great White,
2025 STAR Triad Tropic	12/12-12/14	Greensboro Aquatic Center	Senior, Great White, Swordfish
2024 RMY Winter Invitational	1/10-1/11	Rocky Mount YMCA	Mako, Swordfish, GW,
TAC Titans Polar Plunge	1/16-1/19	Triangle Aquatics,Cary	Senior, Great White, Swordfish
2024 TAC February Qualifier	2/15	Triangle Aquatics,Cary	ALL
NCS Senior Champs	2/19-2/22	Triangle Aquatics,Cary	Qualified Seniors
NCS Age Group Champs	2/26-3/1	Triangle Aquatics,Cary	Qualified age groupers
2024 ESSZ Senior Sectionals	3/12-3/15	TBD	TBD
STAR Tar Heel States	3/20-3/22	Greensboro Aquatic Center	ALL! Short course closeout!
NCSA Junior Nationals	3/18-3/22	Orlando	Qualified Seniors