Amherst TigerSharks December 2025

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Teal/Black 5:30- 6:45pm MINDSET Monday 7- 8pm (room 106)	White 6-6:45pm Orange 6-7pm Teal 6:45pm-8:30pm Black 6:45pm-9pm	White 6-6:45pm Orange 6-7pm Teal 6:30pm-8:30pm Black 6:45pm-9pm	White 6-6:45pm Orange 6-7pm Teal 6:45pm-8:30pm Black 6:45pm-9pm	Black 6pm- 7:30pm	Black/ Teal 11am-12:30pm Orange/ White 12:30pm- 1:30pm	7
8 Teal 6-7:30pm Black 6:45-9pm	White 6-6:45pm Orange 6-7pm Teal 6:45pm-8:30pm Black 6:45pm-9pm	White 6-6:45pm Orange 6-7pm Teal 6:30pm-8:30pm Black 6:45pm-9pm	White 6-6:45pm Orange 6-7pm Teal 6:45pm-8:30pm Black 6:45pm-9pm	CNY INVITE @ Ithaca	CNY INVITE @ Ithaca	CNY INVITE @
15 Teal 6-7:30pm Black 6:45-9pm	White 6-6:45pm Orange 6-7pm Teal 6:45pm-8:30pm Black 6:45pm-9pm	White 6-6:45pm Orange 6-7pm Teal 6:30pm-8:30pm Black 6:45pm-9pm Board Meeting 6:30pm Rm 106	White 6-6:45pm Orange 6-7pm Teal 6:45pm-8:30pm Black 6:45pm-9pm	Annual TigerSharks Holiday Party 6- 8pm	Black/ Teal 11am-12:30pm Orange/ White 12:30pm- 1:30pm	21
Black/ Teal 11am- 12:30pm Orange/ White 12:30pm-1:30pm	Black/ Teal 11am-12:30pm Orange/ White 12:30pm- 1:30pm	NO PRACTICE	NO PRACTICE	Black/ Teal 11am-12:30pm Orange/ White 12:30pm-1:30pm	Black/ Teal 11am-12:30pm Orange/ White 12:30pm- 1:30pm	28
29 Holiday Meet @ Tonawanda Aquatic Center	30 Holiday Meet @ Tonawanda Aquatic Center	NO PRACTICE				

Notes

- Dryland
 - Teal Wednesdays 6:30pm-7:15pm
 - Black Tues/Thurs 6:45pm-7:30pm