



## Practice Schedule

### August 28, thru June 2, 2024

GROUP	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Senior Elite (SE)</b> <b>Senior (SR)</b>	6:00 – 8:00pm	4:30 – 7:30pm	6:00 – 8:00pm	4:30 – 7:30pm	5:30 – 7:00AM	7:30 – 10:30am
<b>Age Group Elite (AGE)</b>	5:45 – 7:30pm	6:00 – 7:15pm	5:45 – 7:30pm	6:00 – 7:15pm	OFF	9:30 – 11:30am
<b>Age Group (AG)</b>	5:45 – 7:15pm	5:45 – 7:15pm	5:45 – 7:15pm	5:45 – 7:15pm	OFF	OFF
<b>Age Group Yellow (AGY)</b>	5:30 – 6:30pm	OFF	5:30 – 6:30pm	OFF	OFF	9:30-10:30am
<b>Age Group Blue (AGB)</b>	5:15 – 6:00pm	OFF	5:15 – 6:00pm	OFF	OFF	OFF
<b>Junior Prep (JPG)</b>	OFF	6:30 – 7:30pm	OFF	6:30 – 7:30pm	OFF	OFF
<b>Mini Team (MINI)</b>	5:00-5:30pm	OFF	5:00-5:30pm	OFF	OFF	OFF
<b>Masters</b>	12:00 – 1:00pm	8:00 – 9:00am 5:00 – 6:00pm	12:00 – 1:00pm	8:00 – 9:00am 5:00 – 6:00pm	OFF	8:00 – 9:30am

***Dryland Notes: Coaches will determine when dryland will be phased in, its frequency and place.***