



Spring/Summer 2024
Competitive Swimming
Registration Packet

East Pennsboro Satellite Facility

We are excited to announce we are starting a satellite facility at East Pennsboro located at East Pennsboro Middle School 529 N Enola Drive, Enola 17025

Questions about the swimming program should be directed to Andrew Beggs at keystoneaquatics.a.beggs@gmail.com.

Administration questions and concerns should be directed to Tracy at keystoneaquatics.t.lee@gmail.com.



PROGRAM POLICIES AND INFORMATION

Program Payment - Two payment options are available. You can pay-in-full by check or credit card or make 4 payments by check or credit card. Both payment options are due on the 15th of each month. Credit Card charges will appear on your monthly statement from the “KEYSTONE FIELD HOUSE.”

Cancellation or Withdrawal from Program – If you need to cancel or withdraw from the program, written notification must be sent to the Aquatics Director, 30 days before the effective date of the withdrawal. Send e-mails to: keystoneaquatics.t.lee@gmail.com

Sibling Discount – Multiple swimmer families will pay the full program cost for the 1st swimmer and receive a 5% discount for the second swimmer and 20% for each additional swimmer. The first swimmer is the swimmer paying the highest program cost.

Meet Entry Fees – Swimmers are responsible for meet entry fees, payable prior to meet commencement. Unpaid fees will be charged on the 15th of the month to the credit card on file, appearing as “KEYSTONE FIELD HOUSE” on credit card statements.

Competitions – The 2023-2024 competitive swimming participants will participate in USA swimming meets and invitational events. Swimmer may also participate in summer league meets.

Description of Practice Levels Spring 2024

Our coaching staff, prioritizing long-term athlete development, meticulously determines group placements. Decisions are based on past performance, work ethic, emotional and physical maturity, chronological and biological age, and most importantly commitment to the sport.

PROGRAMS BEGINS: Mon April 1st, 2024

- **Age Group Blue (AGB)** Ages 5-10: Introductory competitive group with a focus on stroke technique and competitive readiness. **Equipment:** Jr. Kickboards, Fins, Front Snorkels, & Extra Small Paddles
- **Age Group Yellow (AGY)** Ages 6-10: Intermediate level emphasizing stroke technique, practice discipline, and competitive readiness. **Equipment:** Jr. Kickboards, Fins, Front Snorkels, & Small Paddles
- **Junior Prep Group (JPG):** For swimmers aiming for Middle/High School teams, focusing on technique and endurance. **Equipment:** Jr. Kickboards and Fins.
- **Age Group (AG)** Ages 9-12: Advanced training with a commitment to skill improvement and conditioning. **Equipment:** Jr. Kickboards, Fins, Front Snorkel, & Pull Bouy.

The following PROGRAMS are offered ONLY at Keystone Aquatic Center (KAC)

- **Age Group Elite (AGE)** Ages 11 and over: Top-level training preparing athletes for senior programs. **Equipment:** Jr. Kickboards, Fins, Front Snorkel, Pull Bouy, Paddles, & Parachutes.
- **Senior Programs (SR/SE)** Grades 9-College: High-intensity training with a focus on advanced race strategies and college recruitment support. **Equipment:** Jr. Kickboards, Fins, Front Snorkel, Pull Bouy, Paddles, & Parachutes.



Practice Schedule

April 1st, thru June 1st, 2024

Summer schedule times may vary

GROUP	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Age Group (AG)	5:00-6:30pm	5:00-6:30pm	5:00-6:30pm	5:00-6:30pm	OFF	OFF
Age Group Yellow (AGY)	5:00-6:00pm	5:00-6:00pm	5:00-6:00pm	OFF	OFF	OFF
Age Group Blue (AGB)	OFF	5:30-6:15pm	OFF	5:30-6:15	OFF	OFF
Junior Prep (JPG)	5:30-6:30pm	OFF	5:30-6:30pm	OFF	OFF	OFF

No practice on days school is closed.

Times may be adjusted based on registration.

Dryland Notes: Coaches will determine when dryland will be phased in, its frequency and place.



Competitive Swimming Registration - Spring 2024

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www.keystoneaquatics.com

Family Name: _____

Parent's Name: _____

Parent's Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Phone: _____ Email Address: _____

Emergency Contact (Name and Phone): _____

Swimmer's Last Name	Swimmers First Name	Middle Initial	Gender	Birth Date	Practice Group Assigned

Emergency Medical Release: Should a medical emergency arise during my child's participation in a Keystone Aquatics sponsored activity, I understand that reasonable effort will be made to contact me, or the emergency contact I have provided. I give consent to the use of medical treatment deemed be the medical doctor and/or medical facility chosen by Keystone Aquatic Center.

I have read and understand the above Medical Release and agree to the terms and conditions therein.

Signature _____

Date _____

KA Spring 2024 FEE INFORMATION WORKSHEET

ALL 2023-2024 REGISTRATION FORMS ARE TO BE RETURNED TO THE POOL PRIOR TO YOUR START DATE.

Group placement is determined by the coaching staff. Fees are assessed according to group placement at the beginning of the season. No additional fee will be charged for changing groups during the season.

Resident Payment-in-Full	Resident 4 payments Due 15 th of each month	Group Classifications	Non- Resident Payment-in- full	Non- Resident 4 Payments Due 15 th of Month
\$300.00	\$80.00	Junior Prep (JPG)	\$440.00	\$115.00
\$300.00	\$80.00	Age Group Blue (AGB)	\$440.00	\$115.00
\$400.00	\$105.00	Age Group Yellow (AGY)	\$560.00	\$145.00
\$500.00	\$130.00	Age Group (AG)	\$640.00	\$165.00

SIBLING DISCOUNT – Multiple swimmer families pay full program cost for the 1st swimmer and receive a 5% discount for the 2nd swimmer and 20% for each additional swimmer. The 1st swimmer will be the one paying the highest program cost.

	Swimmers' Name	Group Classification	Payment Amount (See above)	Multiple Swimmer Discount	Payment Summary
1				N/A	
2				5%	
3				20%	
4				20%	

ADMINISTRATIVE FEE is paid per family **NOT** per swimmer. The fee will cover the cost of ribbons for swim meets, end of year celebration, coach's travel and education, custodial care, and swim meet security.

ADMINISTRATIVE FEE - \$50.00 per Family	\$50.00
TOTAL AMOUNT DUE – MAKE CHECKS PAYABLE TO: KEYSTONE AQUATIC CENTER	

AAU or USA Membership required: **Attend informational meeting on April 9th at 6pm**

***AAU membership:** Register at: play.aausports.org, Create a user name/login, our team code is **W3BTTE OR *USA membership:**
Team specific link: <https://omr.usaswimming.org/omr/welcome/FC04C0592D004C>



PAYMENT OPTIONS & AUTHORIZATION

Family Name: _____

Address: _____

City: _____ State: _____ Zip Code: _____

Phone: _____

Agreement:

I understand that should payment be declined for any reason; I realize that I am still responsible for that payment plus the \$25 service charge applied by Keystone Aquatic Center. This is in addition to any service fee my bank may charge.

Signature _____

Date _____

*Payment Options are Payment-in-Full or 4 payments. Credit card charges will appear on your statement from the "KEYSTONE FIELD HOUSE."
Payments are due on the 15th of the month.*

Full Payment + Admin Fee \$ _____ Check Credit Card

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1st Payment + Admin Fee \$ _____ Check Credit Card

3 Remaining Payments \$ _____ Check Credit Card

Credit Card Number	Expiration Date

My signature above authorizes the Keystone Aquatic Center to use this credit card number for payment.