



**Welcome to
HAST Summer League Swim Team!**

LET'S START SWIMMING!!

- First day of swim team, TUESDAY, May 27th
 - please be 15 minutes early!
- Bring all team gear & write name on fins, bags, etc.!

Here are some things you need to know as we get going with swim team:

- **DROPPING OFF/PICKING UP:** Please remember to drop off/pick up your swimmers in the lower parking lot. *(Please do not use the main entrance if possible.)*
- **CHECK-IN CARDS:** Check-in Cards for swim team (with badge holders to attach to swim bags), will be given out on first day of swim team. These cards must be brought EVERYDAY to get into workouts.
 - Swimmers wanting to stay "after workouts to play" will need to pay for admittance.
 - THIS ALSO INCLUDES ALL FAMILY MEMBERS.... Smaller children waiting during swim team workouts are NOT ALLOWED to swim in the pool unless admission has been paid. Swimmers (or Families) abusing this rule will be dismissed from the team.
- **PARENT MEETING:** Please read the "Parent Information Handout" that has been handed out, and emailed out, and referred to on our website, then come to the parent meeting on **Thursday, May 29th @ 3:00, 5:00 or 7:00 p.m.**, with any questions about our team.
- **WEBSITE:** As you have noticed, our website also has information for our HAST Year-Round CLUB Team. *There are TWO sections where you can find everything for SUMMER LEAGUE SWIM TEAM on the homepage of our website:*
 - SUMMER LEAGUE link across the top of the page.... This [grey] link has ALL information concerning our Summer League Team.
 - UPCOMING EVENTS [boxes] in the middle of our home page under the picture..... This section has boxes that list each different meet open for our Summer League Team Meets -AND- the Year-Round CLUB Team meets. The Summer League meets will clearly state **"SUMMER LEAGUE MEET [DATE]"**.
 - PICTURE signups will also be in this UPCOMING EVENTS section.
- **EMAILS:** Remember to OPEN ALL EMAILS from the team to make sure you don't miss anything!
- **ATTENDING A DIFFERENT WORKOUT GROUP:** We do not allow swimmers (who are not able to attend their own workout) to attend a 'different workout group' than assigned, because ALL workout groups are always FULL. If something comes up and they cannot attend their workout, they just miss that day sorry.
- **MEETS:** The meet information for our FIRST MEET will be sent out to you this week!
 - See next page for instructions on how to sign up for meets and job assignments.
 - Your swimmer will compete all season at the age they are **on the first day of swim team**.
 - WATCH the entry due dates CAREFULLY, when any meet information is sent out. Entries ARE DUE [usually] 1 week before the meet date. Late entries will be taken for a couple of days after the due date, for a **\$10 late signup fee**.
 - JOB SIGNUPS..... Remember when you sign up your swimmer to attend a meet, sign yourself up for a job! If you are not available to help, you can sign up for us "hire someone in your place". If you have not signed up for a job by the due date, you will automatically be charged **\$30, for us to "hire someone in your place"**. We need everyone to help!
 - ALL swimmers are eligible to swim in the meets. Even if you think your swimmer isn't "ready" ...they are!! They have been swimming hundreds of yards each day at workouts! :)

- **TEAM GEAR:** Be sure to be ready for the first day of swim team! Please get your swim team gear **BEFORE** swim team starts. The Fitness Center Front desk staff will only be able to sell swim team items **after 6:00 pm** during the first week of workouts. **BE PREPARED!**
- **PICTURE DAY:** **WENESDAY, June 4th.** Mark your calendars for our team/individual Picture Day **during your regular workout times.** Pay for your pictures **online ON OUR WEBSITE for a discount** or send the PICTURE DAY FORM with your swimmer [acct. will be charged] on Picture Day. Watch for info coming out soon!

Swim Meet Information... Watch for email when new meets open!!



- A. **~ON THE DAY OF A SWIM MEET, THERE WILL BE NO SWIM TEAM WORKOUTS.**
~ARRIVE AT THE MEET AT THE BEGINNING OF WARM-UPS!

- B. **MEET ENTRY OPEN/CLOSING DATES:** Your swimmer will compete --for all four meets during the summer-- **the age that they are on the first day of swim team.** Even if your swimmer ages up during the 8 weeks of Summer League Swim team, they will compete in the age group they are on the first day of swim team.

All meets for our Summer League team will be **OPEN for registration 2 weeks prior** to the meet date. **Meet entry due date will be ONE week prior** to the meet date.

- C. **SIGNING UP FOR A MEET...** Go to our website Home Page.
- Click on the **TEAM EVENTS [BLUE BOX]** in the middle of the home page or the link from the email alert.
 - **FIND the DATE** of the Summer League Meet
 - *Be careful because there will be many other meets for our year-round CLUB team on this page.*
 - *Be sure to pick the correct Summer League Meet with the "YELLOW Summer League logo" next to it.*
 - Click on the NAME of the meet. This will pull up the MEET INFORMATION PAGE.
 - **Print out** the EVENT LIST pdf located as an attachment at the bottom of the meet information page.
 - Click the **EDIT COMMITMENT** button (by the **yellow Summer League logo**) click on the **ACCEPT/DECLINE** if you want your swimmer to enter the meet.
 - Click on your SWIMMERS NAME > DECLARATION box and choose "YES, please sign up [your swimmer]" for this event.
 - From there, choose the events you want your swimmer to enter, and be sure to **SAVE** these entries.
 - Enter your swimmer in 3 events!!
 - You will be sent back to the "Commitment Page" and a check mark will show your swimmer is "COMMITTED" to the events you signed up for.
 - *You will not get confirmation that your entries were accepted in the form of an email.*
 - *Please re-check your entries, because if mistakes are made, they may not be fixable at the meet.*
 - ALL meet fees that are accrued throughout the month (for all your swimmers), then will be invoiced to your credit card in your account automatically. Your credit card will be charged on July 1st (for meets held in June), or August 1st, (for meets held in July/Aug).
 - *Print off at home your swimmers meet entries to refer to at the meet.*
- D. **LATE FEES & ENTRY FEE REFUNDS....** A **late fee of \$10.00** will be added to your account for signing up for a meet past the meet entry due date. After the withdrawal deadline, as listed in the meet information shown for each specific meet (in the EVENTS tab), no refunds will be given of meet entry fees.
- E. **PARENT HELP AT MEETS AND THE 'JOB SIGN-UP' TAB...** We need every parent to help at a meet. All the meets this summer will be held at our pool. When you sign your swimmer up to attend a swim meet, **YOU ALSO NEED TO SIGN UP YOURSELF FOR JOB ASSIGNMENT.**
- **Go to the website www.hilltopaquatics.org click on the specific meet you are attending to sign up ON-LINE for your assignment.**
 - Click on the **'JOB SIGNUP'** link to sign up for the assignment you would like to fulfill at the meet. It is very easy to do and self-explanatory. **You CANNOT sign up AT the meet for an assignment.**
 - Please understand that this is a necessary part of swim meets and if everyone does their part, it makes it easier for all. Please help us out...if your child is swimming in one of the last events, please sign up to help with the second half of the meet, so that we have enough help to finish out the meet.
 - The work shifts will be from 4:45-7:15 p.m. and 7:15 p.m. to the end of the meet. **You MUST stay for your whole shift, even if your swimmer is through with their events!!**
 - Expect the meets to last between 3 ½ - 4 hours.
 - If you are not able to help at the meet, you can pay an extra fee of \$30 to 'OPT OUT OF A JOB', then it is equitable to all families!!
 - **JOB SIGN UP DEADLINE....** If you have NOT signed up for an assignment by the deadline, you will automatically be charged **\$30 to 'OPT OUT OF JOB'.**

Parent Meeting for ALL Summer League Recreation parents on...

**THURS., May 29th
@ 3:00, 5:00 or
7:00 p.m. SHARP!!**

**Please Read the PARENT INFORMATION HANDOUTS
(on our website – also emailed to you),
then come to the meeting with your questions!!**

**At the Fitness Center (AFFC Classroom)
will only last 1 hour!**