

Equipment Checklist for HAST Summer League Swim Team Members:

***The HAST PRO SHOP and AFFC.... will have a
“Get Ready For Swim Team” TEAM GEAR Purchase Day on
WEDNESDAY, MAY 21st from 4:00-5:30 p.m.***

***(FC east gym) Help your swimmer be ready for the first day of swim
team.... get their suits (limited sizes available), goggles, fins, gear
bags, etc., all in one place at one time!!***

- ☐ **TEAM CAPS:** Team Caps (\$6.50) are required for girls, optional for boys, and can be bought at the Fitness Center front desk. Silicone team caps, approx. \$12.00
- ☐ **TEAM SUITS:** Team suits (approx. \$42.75 girls, \$34.32 boys) LIMITED SIZES are not required, BUT are encouraged! They are available at the Fitness Center Front Desk. These suits are a polyester blend. They are a good suit for the summer & will last a long time! The HAST PRO SHOP also sells colorful workout suits during ALL meets!
- ☐ **FINS:** Fins are required for 12 & under swimmers, & STRONGLY ENCOURAGED for all other swimmers!! Prices range from approx. \$15-20. We use these many times a week, especially with the younger swimmers. We do have a fin bin that has random size lost & found fins, and can be used on a first come basis each day. However, we strongly encourage all swimmers to get a pair of fins! Available at the FC front desk.
- ☐ **GEAR BAGS:** These are mesh bags that help to dry out wet gear!! They come in two sizes/types (either backpack style or drawstring style), to hold fins, towels, goggles, etc. Prices are approx. \$13.50. Available at the FC front desk and the HAST PRO SHOP.
- ☐ **KICKBOARDS:** -Highly recommended-but not required. We use these often too, and do have some on deck (lost & found bin) that can be used by swim team members during workouts. However, if you would like to purchase your own kickboard, these are available at the FC front desk (approx. \$11.50).

***All Team gear on the checklist can be bought at any time at the FC front desk
BEFORE the first day of swim team.***

◆ THESE ITEMS CANNOT BE PURCHASED DURING THE FIRST WEEK OF SWIM TEAM
WORKOUTS AT THE FC FRONT DESK.

***The HAST Pro Shop AT MEETS will have backpacks, goggles, colorful workout
suits, etc., which will only be available during swim meets.***