

How to Find a Meet Information Document (also known as a Meet Sanction)

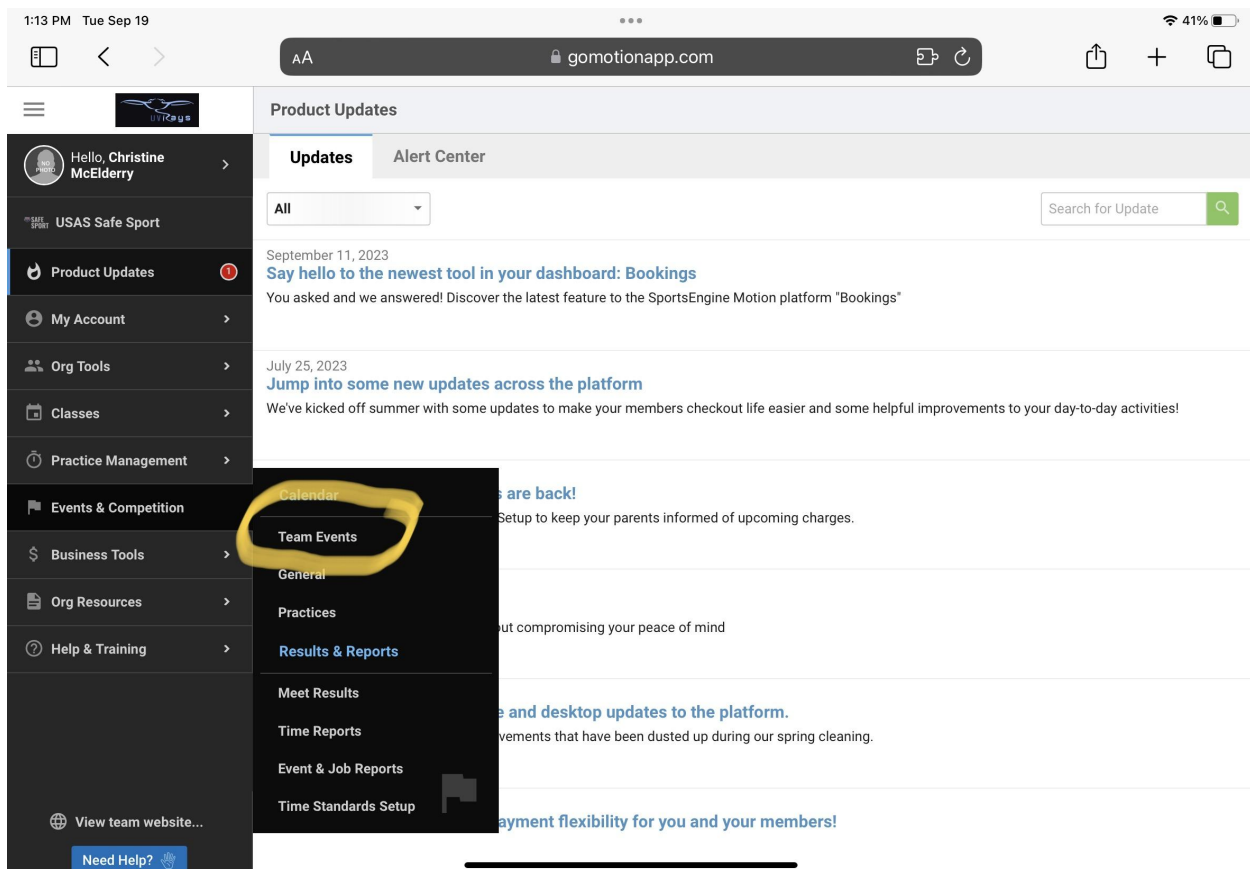
A Meet Information document provides important information to parents and swimmers participating in a swimming competition. Here's what it typically tells them:

1. **Official Approval:** It confirms the meet has been approved by the Local Swimming Committee (LSC), which in our case is Utah Swimming, Inc. (USI).
2. **Eligibility:** It outlines who can participate based on age or qualification times.
3. **Schedule:** It provides the meet's date(s), time(s), and location.
4. **Events:** It lists the specific swim events offered.
5. **Entry Information:** It explains how to register, including deadlines and fees.

A Meet Information document ensures transparency and adherence to established standards that promote a safe and fair swimming experience.

Steps to Finding Meet Information Document

1. Log in to your UVRays account at uvrays.org.
2. Navigate to "Events & Competition" and select "Team Events."



3. Locate the specific meet you're interested in and click on its title.

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Team Events

Team Events General Practices

We encourage all our swim families to sign up to compete and help at our upcoming home meets.

Current & Upcoming Past & Archived

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Sep 27 2023 **September Intrasquad**
27 September 2023 Event Category: Swim Meet

Attend / Decline Job Signup

Our first Intrasquad of Short Course will be held on Sept 27 at the Provo Rec. Swimmers may register for 2 events.

Oct 13 2023 **October TriMeet - HAST & Wasatch - 15 & Over**
13 October 2023 Event Category: Swim Meet

Attend / Decline Job Signup

Our TriMeet with HAST and Wasatch will be held on October 13th at the Orem Rec. This meet is for swimmers 15 or older, and for those aging up by November 13th. Swimmers may register for up to 3 events.

Oct 14 2023 **October Intrasquad - 14 & Under**
14 October 2023 Event Category: Swim Meet

4. Scroll to the bottom of the page and find the section labeled “Forms/Documents.”

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FORMS / DOCUMENTS

[2023 UVRays September Intrasquad sanctioned.pdf](#)

PHOTOS

Close

Oct 14 2023 **October Intrasquad - 14 & Under**
14 October 2023 Event Category: Swim Meet

- Click on the blue PDF file in this section. This is the Meet Information document or meet sanction. It contains the meet's location, time, the number of events each swimmer can participate in, the cost, and more.


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Management Console - Utah Valley Aquatics - TeamUnify
www.gomotionapp.com/usuvr/_eventform_/839201_8bbfa478-bf1d-4a86-bfd5-850...

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2023 UVRays September Intrasquad

**Hosted by
Utah Valley Aquatics**
Held under the sanction of USA Swimming

**Sanction #UT23-98
September 27, 2023**

In granting this sanction, it is understood and agreed that USA Swimming shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event. It is further understood that Utah Swimming LSC and Utah Valley Aquatics club shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

Location:	Provo Rec Center 320 West 500 North Provo, Utah 84604		
	Emergency calls the day of the meet: 385-985-6625		
Session Date and Time:	Session Wednesday, September 27	Warm Up 4:00 pm	Meet Starts 4:30 pm
Facility:	Pool Specifications: 25-yard pool with ten (10) lanes Start End Water Depth: 7.0 feet @ 1 meter from wall; 7.0 feet		

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with the MAAPP policy is a condition of participation in the conduct of this competition.

Deck Registration: No deck registration will be accepted; swimmers must be registered members of USA Swimming at time of entry.

Entry Limits, Fees, and Deadlines This meet will be limited to the number of swimmers required to comply with the 4-hour rule.

Individual swimmers may enter up to TWO (2) individual events.

Surcharge per participating swimmer: \$10.00

All fees must accompany entries and are nonrefundable, even in the event of inclement weather. One team check is recommended. Make checks payable to Utah Valley Aquatics. Mail checks to:
Utah Valley Aquatics
PO Box 1964
Provo, Utah 84603

All entries must be received (in the hands of the below designated person) by 11:59 pm, Sunday, September 24, 2023.

E-mail entries to: uvrays.admin@gmail.com

- Please submit all entries using electronic meet entry software (Hy-tek, TeamUnify, etc.), including proof of time verification. Individuals/Teams mailing the USI Official Entry form found on the sanctions page of the Utah Swimming website (www.swimutah.com) must make sure that each form is signed and provide time verification for each entry. Entries are not accepted without said verification.
- Entries are not considered confirmed until the team entry representative receives official confirmation from the meet entry contact. If the team entry representative does not receive an email confirmation regarding your entries within 24 hours of the entry deadline, please contact the meet entry contact

6. Pay special attention to the Event Order List within the meet information document—see the example below. We recommend printing this list, circling the events your swimmer will participate in, and keeping it in a sheet protector. This personalized schedule will be invaluable for your swimmer's preparations for the meet.

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Wednesday Afternoon – September 27, 2023 (Warm-up 4:00 pm – Start 4:30 pm)		
Girls	Event Description	Boys
1	Mixed Open 200 Free	1
2	Mixed 12 & Under 50 Breast	2
3	Mixed Open 200 Breast	3
4	Mixed Open 100 Back	4
5	Mixed 12 & Under 50 Fly	5
6	Mixed Open 200 Back	6
7	Mixed Open 12 & Under 100 Free	7
8	Mixed Open 13 & Over 100 Free	8
9	Mixed Open 200 IM	9
10	Mixed 12 & Under 50 Back	10
11	Mixed Open 100 Fly	11
12	Mixed 13 & Over 50 Free	12
13	Mixed 12 & Under 50 Free	13
14	Mixed Open 100 Breast	14
15	Mixed Open 200 Fly	15