ATHLETE CODE OF CONDUCT:

As an athlete member of Cottonwood Heights Aquatics Team (CHAT), it is expected that each athlete member will uphold the highest standards of good sportsmanship, teamwork and appropriate behavior and will maintain the utmost respect for their teammates, coaching staff, officials and competitors. Each CHAT athlete member is responsible to conduct him or herself in a way so as to reflect positively upon CHAT. Failure to abide by the Member's Code of Conduct may subject the athlete member to disciplinary actions. This code of conduct applies to all athletes regardless of being at Cottonwood Heights or at an away center.

<u>Athlete Member</u>— An athlete member is an individual who participates in the sport of swimming and is in good standing as an individual member of Cottonwood Heights Aquatics Team and of USA Swimming.

It is recognized that it is impossible to list every action which may be inappropriate and may result in disciplinary procedures. Therefore, the listing of violations in this Athlete Member's Code of Conduct is not intended to exclude other violations which are not acceptable and which may result in disciplinary action.

- Respect the rights, dignity and worth of others.
- Be fair, considerate and honest in all dealings with others.
- Be professional in, and accept responsibility for, your actions.
- Be aware of, and maintain an uncompromising adhesion to, standards, rules, regulations and policies.
- Refrain from any form of abuse (physical, verbal, emotional, etc) towards others.
- Refrain from any form of harassment towards others.
- Refrain from any form of discrimination towards others.
- Refrain from any use of, or possession of, any type of illegal substance (tobacco, drugs, alcohol, etc).
- Refrain from any involvement in theft or robbery.
- Refrain from engaging in inappropriate physical or sexual conduct.
- Refrain from using, exhibiting or possessing of weapons.
- Refrain from possessing or distributing of pornographic materials.
- Dress appropriately for practice and swim meets (only one piece suits allowed)
- Be a positive role model.
- Never act in any way that may bring disrepute or disgrace to any member of CHAT or its sponsors.
- Immediately report any violations of the CHAT Code of Conduct to the appropriate authority.
- Understand the possible consequences of breaching the CHAT Code of Conduct.

Disciplinary Actions

Disciplinary actions for any athlete member may include, but are not limited to probation, suspension or dismissal from Cottonwood Heights Aquatics Team. Disciplinary action to be determined by the Head Coach and Aquatic Coordinator in conjunction with the Facility Director following any and all discussions with the athlete member and athlete member's parent/guardian.

CottonwoodHeightsAquatics Team Athlete Member

I acknowledge that I have read, understand and agree to comply with the Cottonwood Heights Aquatics Team Athlete Member's Code of Conduct.