

2016 Western Zone **Age Group Championship** August 10-13, 2016



Hosted by Utah Swimming

utahzones2016.com

Passion, Connection, Legacy

Swimmers who are 2016 USA Swimming year round athletes registered in a Western Zone LSC who are not older than 14 years of age as of August 10, 2016 and are designated by their LSC to participate are eligible to enter this meet through their LSC zone meet team. (See eligibility section for additional details and possible restrictions.)

All entries shall be submitted **only** by the LSC using a USA Swimming approved Standard Database Interchangeable Format (SDIF) electronic file. The SDIF file must be received by **3:00 PM (MDT)** Madeaday Avenuet 2 2016

Wednesday, A	August 3, 2016.					
SANCTION		This meet is held under the sanction of USA Swimming through Utah Swimming #UT16-34R; Officials Qualifying Meet (OQM) #QM16-101				
LOCATION	5624 S. Cougar Lr Kearns, UT 84118 www.kopfc.com	Kearns Oquirrh Park Fitness Center (KOPFC) 5624 S. Cougar Ln (4800 W.) Kearns, UT 84118 www.kopfc.com Emergency calls the day(s) of the meet: (801) 966-5555				
EVENT PERSONNEL	Administrative F Email: murphyhwo Team Lead-Chie Email: bknfox@co Team Lead-Deck Email: brryhy@ac	Meet Referee: John Lorimer (NM) 303-668-4598 Email: jlorimer@lornet.com Administrative Referee: Julia Murphy (OR) 541-430-2428 Email: murphyhwdfloors@msn.com Team Lead-Chief Judge: Kristin Fox (CO) 720-323-3070 Email: bknfox@comcast.net Team Lead-Deck Refs/Starters: Barry Hayden (UT) 801-546-0540 Email: brryhy@aol.com Meet Director: Cathy Vaughan, 801-368-0656				
SCHEDULE	Session	Warm Up	Meet Start			
	Prelims	7:00 AM	8:30 AM			
	Finals One (1) hour before the start of finals No sooner than two (2) hours competition for Prelims; to be at General Meeting					
			d by the Meet Referee and distributed at aily timeline in session sheets.			
OPENING CEREMONIES	-	Date, Time & Location: Tuesday, August 9; 7-8 pm; KOPFC Competition Pool Participating Teams: Welcome to Utah! Come celebrate the hard-working athletes				

who will be attending the meet and connect with your teammates competing in Rio by sending them a large group (about 700 of us!) video message created here.

GENERAL Tuesday, August 9, 5:00 pm in the World Record Lounge inside the Utah Olympic Oval (adjacent to the pool) 5662 Cougar Ln, Salt Lake City, UT 84118. At **MEETING** least one coach and one representative from each LSC must be present at the General Meeting. It shall be the responsibility of swimmers and coaches, to acquaint themselves with **RESPONSI-BILITY** all the information contained in this meet announcement and presented at the General Meeting. This meet will be conducted in LCM. **FORMAT** All Preliminary events will be swum slowest to fastest using a Preliminaries/Finals format with the fastest 16 swimmers from preliminaries advancing to finals except the following: • The 11-12 Girls and Boys 400 IM, 200 Back, 200 Fly, 400 Free and 200 Breast will be swum as timed finals with the fastest heat swum in Finals. The 800 and 1500 Freestyle events will be timed finals in Prelims and will be swum fastest to slowest, alternating Girls and Boys. All relay events will be swum as timed finals at the end of each Finals session. Finals will be swum in B/A (consolation and championship) format consisting of the top 16 qualifying times of each event except for the events noted above. Double-ended chase starts will be utilized for all events swum in prelim sessions with the exception of all 50m events, the 800m Freestyle and the 1500m Freestyle. Each of these events will start from a single end. Start End(s): PRELIMS: Odd heats will start on the west end of the pool and even heats will start on the east end of the pool with the exception of 50m events, where all heats will start on the east end of the pool and the 800m and 1500m Freestyle events, where all heats will start on the west end of the pool. FINALS: All heats will start at the west end of the pool, with the exception of all 50m events which will start at the east end of the pool. There will be a 10 minute break before the 800 Freestyle on Wednesday and the 1500 Freestyle on Saturday. There will be a 10 minute break between the individual and relay events each Finals. A designated area will be will be used to assemble "A" finalists and the fastest seeded heats of the 800m and 1500m freestyle swimmers prior to parading them to the starting blocks. These swimmers must report to the designated area no later than five minutes preceding the parade time for the event. The location of the designated area will be given at the General Meeting Tuesday afternoon. **SEEDING** Events shall be seeded in order of Long Course Meters (LCM), Short Course Yards (SCY), Short Course Meters (SCM) qualifying times then any bonus entries in the same order. **RULES** This meet will be run according to current USA Swimming National Championship rules and regulations, including relays, except where otherwise specified. USA Swimming/Western Zone/Utah Swimming Rules will govern the conduct of the meet and will serve as the official guide for technical and procedural rules. **ELIGIBILITY** 2016 USA Swimming member year-round athletes registered in a Western Zone LSC who are not older than 14 years of age as of the first day of the meet (August 10, 2016) and are designated by their LSC to participate in the meet are eligible. No swimmer will be permitted to compete unless the swimmer is a member of USA Swimming as provided in Article 302 of the current USA Swimming Rulebook No deck registration will be accepted; swimmers must be registered at

(Cont)

Eligibility time of entry.

A swimmer who has, within the 18 months prior to the start of the meet, participated in one (1) individual event at a USA Swimming Championship as defined by Article 207 of the USA Swimming Rulebook, excluding Disability Championships and Open Water Championships, may not compete in that event or the related relay leg at this meet. A swimmer who has participated in two (2) or more individual events may not compete in this meet.

PROOF OF TIME

This is a Proof of Time meet. It is the responsibility of the LSC submitting the times for their athletes. Violations of this requirement shall carry a fine of \$250.00 payable by the LSC. The swimmer will be dismissed from the meet. All points earned by that swimmer will be removed (including all relays in which the swimmer participated). Time verification with date and location where achieved must be in the USA Swimming SWIMS database or made available upon request to the Administrative Referee.

ENTRY RULES

LSC ENTRIES ONLY: All entries shall be submitted only by the LSC.

SDIF REQUIRED: All entries shall be submitted using a USA Swimming approved Standard Database Interchangeable Format (SDIF) electronic file.

ENTRIES MUST INCLUDE: Full legal name, age, USA Swimming Registration number, home club code, and LSC code.

NEW QUALIFYING SWIMS: Entry times shall be the swimmer's best time from August 5, 2015 to August 3, 2016.

DESIGNATION OF NON-CONFORMING AND BONUS TIMES: For a swimmer who does not have a long course time that makes the standard, the qualifying short course time shall be designated by a Y (short course yards) or S (short course meters) in the electronic file. Swimmers with non-qualifying times shall be designated with a B (non-qualifying bonus swim) and L (long course meters), Y (short course yards), or S (short course meters) in the electronic file. Converted times are not allowed.

ALTITUDE ADJUSTMENT: Qualifying times are stated at sea level. Times achieved at an altitude of 3,000 feet or above may be adjusted in accordance with the current edition of the USA Swimming Policy Manual.

AGE: Swimmer's age on the first day of the meet determines age group for the entire competition.

DECK ENTRIES: Deck entries will not be accepted.

TEAM ENTRY REPRESENTATIVE: The person submitting a team's entries is the team entry representative and the received email implies the official signature of the team entry representative. Said person will be responsible for all fines and penalties resulting from inaccurate times and unregistered swimmers.

- Whether entries are submitted electronically or on paper, by the action of entering the swimmer in the meet the submitter certifies that the swimmer is a registered member of USA Swimming and that all times stated in the entry are true and correct.
- The submitter further assumes responsibility for any false or incorrect times, and understands that all listed entry times are subject to Utah Swimming Time Verification Procedures. Penalties are outlined in the Proof of Time section of this meet announcement.

(Continued...)

Entry Rules (Cont)

The submitter further agrees that a penalty of \$100.00 shall be assessed to anyone entering a swimmer in a meet sanctioned by Utah Swimming, Inc. who is not registered with USA Swimming at the time of entry, upon it being proven that the swimmer was not so registered.

DIVE START CERTIFICATION: Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a membercoach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

ENTRY LIMITS

INDIVIDUAL: A swimmer may enter up to six (6) individual events for the meet, but may not compete in more than three (3) individual events per day.

TEAM: Each LSC may enter 400 individual events of which no more than 160 may be slower than the time standard. Each LSC athlete roster is limited to a total of 80 athletes, not including any athletes with disabilities. An LSC that enters more than 400 individual events and/or 160 slower than the time standard, shall scratch down to the limit prior to the close of the scratch box on Tuesday (15 minutes after the end of the General Meeting). Failure to comply shall be deemed to have given the Meet Referee authority to eliminate entries to comply with these entry limits. Slower than time standard swims will be eliminated first. Disabled swimmers will not be included as part of the LSC's 400 or 160 limits. Appropriate fees for all entries submitted are required to be paid; no refunds will be made.

NON-STANDARD SWIMS: Each LSC is limited to one (1) non-standard swim per gender, per age group, in any event of 400 meters or longer. Entries over this limit must be scratched prior to the close of the scratch deadline for the event. In the event that such scratch is not received, the Administrative Referee has the responsibility to eliminate entries to comply with these entry limits.

RELAY **ENTRIES**

ENTRY LIMITS: Each LSC is limited to two (2) relays per relay event.

ENTRY TIMES for relays are required when entries for the meet are submitted.

RELAY ELIGIBILITY: Swimmers entered in the meet whose age/gender meet the event description are eligible to swim that relay.

COMBINED AGE GROUP: Relays will be scored and awarded as 10 & under, 12 & under and 14 & under and records kept as such. No swimmer may compete in more than one age group relay per session.

AT MEET RELAY DECLARATION REQUIRED: All relay forms must be returned to the Clerk of Course by 12:00pm on the day of the relay event in order to be seeded. (More details in CHECK-IN section.)

SWIMMERS WITH **DISABILITIES**

Each LSC may bring two (2) swimmers with disabilities who are 12 and under and two (2) swimmers with disabilities who are 13-14. These swimmers with disabilities are not required to meet the time standards for their age group events; however, they must provide a time for each event they enter. Classification of a swimmer with a disability is irrelevant.

Swimmers with disabilities must be identified at the time entries are submitted.

Adaptive swimming: In accordance with USA Swimming rule 202.4.13 & Article 105.1, the Meet Referee has the authority to accommodate swimmers with disabilities. The Team Entry Representative must notify the meet referee and entry contact of accommodation requests at the time of entry submission.

INCLUDE WITH TEAM ENTRY AND FEE **SUBMISSION**

TEAM SUPPORT PERSONNEL COUNT: Please submit the number of currently registered (as of the meet) USA Swimming coaches, team manager(s) and chaperones that will be accompanying the team with the team entry submission.

ADAPTIVE SWIMMING REQUESTS: if any. More details in SWIMMERS WITH DISABILITIES section.

ADDITIONAL COPIES, COUNT & FEE: If team is sending more than six (6) coaches, an additional copy fee of \$5 per each additional coach is required to pay for session sheets. (More details in COACH SESSION HEAT SHEETS section) Please include additional coach count and fee with team entry.

ZONE BUSINESS DINNER & ATHLETE CELEBRATION FEES: Zone Business Dinner is \$35 per person. Athlete Celebration is \$25 per person. RSVP for the number attending is due prior to meet entry deadline. More details on forms at the end of this meet announcement.

ENTRY FEES

INDIVIDUAL EVENT: \$9.00 per individual event (\$4.00 to Zone Treasury) **RELAY EVENT**: \$16.50 per relay (\$4.00 to Zone Treasury) Please make all checks payable to Utah Swimming.

ENTRY DEADLINE AND SUBMISSION

Entry Deadline: The SDIF file must be received by 3:00 PM (MDT) Wednesday, August 3, 2016.

Email SDIF entries and mail hard copy documentation and checks to meet entry contact. Use of express mail is recommended for accompanying paperwork and checks.

Meet Entry Contact:

Erin Callaway

Email: elcallaway@gmail.com

Phone: 801-709-3183

Address: 2021 Lone Spruce Ct Draper, UT 84020

Receipt of entries is not considered confirmed until the LSC team entry representative receives official confirmation from the meet entry contact. If the LSC team entry representative does not receive an email confirming receipt of entries within 24 hours of the meet entry deadline, please contact the meet entry contact immediately. Coaches should bring a hard copy of electronic entries to the meet to address any entry issues.

ADMINISTRA-TIVE ENTRY ERRORS

The following procedure applies to, and only to, a swimmer whose entry is incorrect due to an administrative entry error. The error(s) may be corrected if: The LSC entering the swimmer can prove, with documentary evidence, to the satisfaction of both the Meet Director and the Meet Referee that the administrative error is due exclusively to the error of the LSC and not in any way the fault of the swimmer. Such documentary evidence must be submitted to the Meet Director or Meet Referee prior to the General Meeting (NO exceptions) where it will be subject to approval. If approved, the swimmer shall be seeded correctly.

LATE ENTRIES

Late entries will only be accepted in accordance with the Western Zone Swimming Championship Regulations, Section IV.5.8.10.

CLERK OF COURSE

The host will provide a Clerk of Course desk at the pool for the duration of the meet. The desk will be open from 12:00 Noon to 4:45 pm and from about 10 minutes after the conclusion of the General Meeting until 6:30 pm on Tuesday, August 9. It will be open from 7:00 am to the close of the scratch box on Wednesday through Friday.

COACH **SESSION HEAT SHEETS**

By 7 am each morning six (6) copies of session heat sheets, including an "estimated" timeline for the session will be provided for each LSC. Additional copies can be provided if needed. Please order and pay fee for each additional copy with the team entry submission. ADDITIONAL COPIES FEE: \$5 per coach

DECK ACCESS AND **CREDENTIALS**

Deck access is limited to swimmers, coaches, officials and meet workers. Only credentialed coaches, managers, and officials will be allowed in certain areas of the pool complex. There are no exceptions. The deck pass should be visible at all times while on deck. All adults expecting to receive a deck pass must show proof of current USA Swimming membership and be prepared to show acceptable identification (driver's license, etc.) if requested.

COACHES AND PRE-DESIGNATED MEET WORKERS: Pick up personal deck passes from Clerk of Course desk when open.

OFFICIALS: Pick up personal deck passes from Clerk of Course desk when open on Tuesday, or prior to the first session worked at the Officials Briefing.

TEAM MANAGERS: Pick up personal and team (swimmer and chaperone) deck passes from Clerk of Course desk when open on Tuesday. It is the team managers' responsibility to ensure all who receive deck passes from them are current members of USA Swimming in good standing.

SWIMMERS AND CHAPERONES: Receive deck pass from team manager.

PARKING NOTE: Wednesday through Saturday designated parking is available for credentialed meet participants and workers. A DECK PASS IS REQUIRED FOR EACH PERSON TO GAIN ACCESS TO THE VENUE FROM THIS PARKING LOT.

CHECK-IN

COACHES: Must check in with the Clerk of Course prior to entering the deck the first time. Coaches without meet credentials will not be permitted on deck.

SWIMMERS: Swimmers are considered checked-in for all events entered unless scratched, EXCEPT for the 800m and 1500m Freestyle events which require positive check-in in order to be seeded. Positive check-in for 800m closes 15 minutes after the close of the General Meeting on Tuesday. Positive check-in for the 1500m closes at the close of the scratch box on Friday.

RELAYS: All relay forms must be returned to the Clerk of Course by 12:00pm on the day of the relay event in order to be seeded. The Meet Referee and the Administrative Referee, in concurrence, may re-seed any relay with an unrealistic entry time to the first heat with a "no time" entry time. Up to eight swimmers may be listed on the entry form. The order of the swimmers may be changed up to the time the lead swimmer is called to the blocks.

SCRATCHES

SCRATCH BOX: Located at the Clerk of Course

SCRATCH CLOSING: Prelims: The scratch box will close 15 minutes after the close of the General Meeting on Tuesday. Scratches for Wednesday events are due by this deadline. The scratch box will close one-half (1/2) hour after the start of Finals on Wednesday, Thursday, and Friday for the next day's events. Finals: Swimmers have 30 minutes after announcement of preliminary results of their event in which to scratch or declare their intention to scratch.

SCRATCH PROCEDURE: Scratches must be confirmed by properly filing out and depositing a scratch card in the scratch box by scratch deadline. National Championship scratch and No Show rules will be used, except where otherwise specified.

FAILURE TO SCRATCH PROPERLY PENALTIES:

 Preliminary Heats: Any swimmer who fails to compete in an individual preliminary heat in which he/she is entered and has not properly scratched will be barred from all further individual and relay events (Continued...)

Scratches (Cont)

for that day and must check in with the Administrative Referee prior to the scratch deadline each day for the remainder of the meet.

Finals: Any swimmer seeded in a Final race in an individual event who fails to compete in said Final shall be barred from further competition for the remainder of the meet, unless the swimmer has properly scratched according to the meet rules.

WARM UPS

USA Swimming and Utah Swimming safety procedures will be enforced throughout the meet. Warm-ups are subject to the following procedures:

- Coaches have the responsibility of insuring that all their swimmers are instructed in warm-up procedures and that the swimmers follow all Utah Swimming safety procedures. All swimmers will enter the pool from a sitting or 3 point position. No pushing, splashing, running, or any other general horseplay. Swimmers engaging in such activities will be asked to leave the
- All USA Swimming athletes must be under the supervision of a USA Swimming member coach during warm-up, competition, and warm-down. The Meet Director or Meet Referee may assist unaccompanied swimmers in making arrangements for such supervision, but it is the swimmer's responsibility to make such arrangements prior to the start of the meet.
- NO DIVING OR RACING STARTS will be permitted from the blocks or sides of the pool during general warm-up. Swimmers must enter the water using a three-point entry. Racing starts will be permitted only when sprint lanes are opened by the invigilating officials

A warm-up schedule will be presented at the General Meeting, Tuesday, August 9, 2016. LSC's will be assigned time and lanes for Prelims. Utah Swimming open lane warm-up rules will be in effect for Finals. The designated warm-up/warmdown pool will be available for continuous warm-up/warm-down.

The Meet Referee may make changes at any time as determined to be in the best interest of the athletes and the conduct of the meet.

PRE-MEET WORKOUTS: The KOPFC 50 meter competition pool is available for supervised warm-up (no marshals present) on the following dates and times: Monday, August 8, 2:00 PM—7:00 PM (6 lanes) and Tuesday, August 9, 9:00 AM— 6:30 PM, (8 lanes) USA Swimming member certified coaches must be on deck supervising athletes for the entire workout. Workout times must be prescheduled. Contact the Meet Director at cathvaughan@gmail.com by July 29, **2016** with your intent to work out on these days to be put on the schedule. FYI: Tuesday afternoon is usually the time of highest demand. Once the competition pool schedule is filled, teams may be scheduled, by lane, in the outdoor, 8 lane, 25 yard dive tank.

SAFETY

The facility changing area and restrooms are shared with the general public. Team leadership is encouraged to make every effort to recognize when an athlete goes to the locker room or changing area while at the meet facility and, if they do not return in a timely fashion, to check on the athlete's whereabouts.

Meet Marshals will do occasional sweeps throughout facility areas accessible by athletes. Meet Marshals will regularly sweep the locker room areas with women checking on female locker rooms and men checking on male locker rooms

RESTRICTIONS: USA Swimming rules 103.11 and 103.12 regarding tobacco and alcohol use will be strictly enforced.

DECK CHANGING

Deck Changes are prohibited.

Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms. Visual recording devises are not permitted behind the blocks during the start sequence throughout the meet.			
Any photographs, videotape or other audio and/or visual recordings of the event created by a spectator may be used solely for such spectator's personal non-commercial use, and may not be broadcast, published or disseminated, or used for any commercial purposes, without the prior written consent of USA Swimming.			
All participants agree to be filmed and photographed by the official photographer(s) and network(s) of 2016 Western Zone Age Group Championships under the conditions authored by USA Swimming, and allow event organizers the right to use the pictures likenesses, and biographical information before, during or after the period of participation in USA Swimming competitions to promote such competitions.			
In granting this sanction, it is understood and agreed that Utah Swimming and USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event.			
USA Swimming, Utah Swimming, Kearns Oquirrh Park Fitness Center and the Utah Olympic Oval shall accept no responsibility for liability or injuries sustained by any individual, athlete, coach, official, meet volunteer, or spectator while travelling to and from or while participating in this event. Damage to the facility, when proved, will cause the offending participant, or the offending swimmer's LSC to be held accountable for repairs. All participants and guests must adhere to the facility rules and coaches or team chaperones must supervise their swimmers at all times. Glass containers are not permitted in the facility. Children must be supervised at all times.			
INDIVIDUAL: 20-17-16-15-14-13-12-11-9-7-6-5-4-3-2-1 RELAY: 40-34-32-30-28-26-24-22			
TEAM AWARDS: Trophies first (1) through eighth (8) place. First place trophy name – Scottie Aschermann Team Championship Award INDIVIDUAL EVENTS: Medals first (1) through eighth (8) place and ribbons ninth (9) through sixteenth (16) place RELAY EVENTS: Medals first (1) through third (3) place and ribbons fourth (4) through eighth (8) place THE ADAM SZMIDT TEAM SPORTSMANSHIP AWARD: Trophy awarded to the team which demonstrates superior sportsmanship, total team support, consistent positive attitude throughout the entire meet and unified appearance (uniform, shirts, suits, etc.) • Award Selection Committee: Each LSC is responsible to name one coach and one athlete to this committee. Submit names to Western Zone Championships Coordinator. • Ballots cast by committee members should be turned in no later than one hour after the start of each day's Finals. PRESENTATION: Trophies will be presented on Saturday at the conclusion of Finals. Medals and ribbons may be picked up by a team representative the day after they are earned. All awards must be collected by teams before leaving the venue after Saturday Finals. Awards will not be mailed.			
Time Trials will not be offered			
POOL SPECIFICATION : Kearns Oquirrh Park Fitness Center (KOPFC) competition pool is an indoor, 8 lane, 50m x 25y pool. A separate, outdoor, 8 lane, 25 yard pool will be available throughout the meet for warm-up/warm-down. Start End Water Depth: 5.5 feet @ 1 meter from wall; 6.5 feet @ 5 meters from wall			
Turn End Water Depth: 5.5 feet @ 1 meter from wall; 6.5 feet @ 5 meters from wall (Continued)			

Colorado Timing System with horn start, pads and video scoreboard will be used along with Paragon starting blocks.	
along with Paragon Starting blocks.	
POOL CERTIFICATION : The competition course has not been certified in accordance with 104.2.2C(4).	
FACILITY & AREA MAPS: Will be available on meet website (<u>utahzones2016.com</u>)	
An LSC must have at least one chaperone in the Athletes' Village to supervise during any time that their athlete(s) are using the Athlete Village.	
The Athlete Village is an outdoor area at the venue strictly restricted to athletes, chaperones and others with appropriate credentials. Tents are provided for each team.	
Spectators are welcome to sit in the bleachers on the north side of the competition pool or bring chairs and sit in designated areas outside the competition pool area. Due to USA Swimming Insurance requirements only credentialed swimmers, coaches, officials and volunteers are allowed on deck. There are no exceptions .	
FROM SALT LAKE CITY INTERNATIONAL AIRPORT : Exit airport on Terminal Drive. Continue onto UT-154S/4000 W. Continue to follow UT-154 S/4000 W for 7.7 miles. Turn right onto 5400 S. Continue for .5 miles. Continue onto W 5415 S. Continue for .8 miles. Turn left onto 4800 W/Cougar Ln and continue .4 miles. Pool is on the right. Estimated travel time : 20 min. depending on traffic	
Limited day lockers will be available at the Fitness Center for use by athletes, coaches and officials ONLY. The locker room area is a shared facility with other patrons in the Fitness Center. Kearns Oquirrh Park Fitness Center and Utah Swimming will not be responsible for lost or stolen items. Towel service is not available.	
Lost and found items will be taken to the lobby desk located at the main entrance of the facility. Meet information can be obtained at the Volunteer Check-in Desk.	
First Aid assistance will be provided on-site by the KOPFC lifeguards. Anyone in need of medical assistance should contact a lifeguard, who can radio for help; or go to the lifeguard office immediately. This office is located in the main building down the hall from the south entrance to the locker rooms.	
Concessions will be available throughout the event.	
Coaches and officials hospitality will be located in the dance room and adjacent lobby in the KOPFC main building and will be open the days of competition only.	
Teams may order and purchase in advance individual box lunches or dinners. Meals will be delivered to the Athlete Village entrance where teams may pick up ordered food. A variety of options will be available each meal. This service is available for dinner only on Tuesday, both lunch and dinner Wednesday through Friday and lunch only on Saturday. Menus and order information will be available on the meet website (utahzones2016.com) before June 1, 2016.	
Melissa Lundie is the official Western Zone photographer. She will be taking team pictures and will have a website for purchasing action shots. Contact information: http://pictures.melissalundie.com & melissalundie@gmail.com	
Free parking is available next to the pool complex. NO RV overnight parking allowed. SPECTATORS AND NON-CREDENTIALED MEET WORKERS : Park in KOPFC South Lot. TEAMS, COACHES, OFFICIALS AND CREDENTIALED MEET WORKERS : Park in the back half of the Utah Olympic Oval lot to the east of the venue. Wednesday through Saturday A DECK PASS WILL BE REQUIRED FOR EACH PERSON TO GAIN ACCESS TO THE VENUE FROM THIS PARKING LOT. (Continued)	

Parking (Cont) NO MEET PARKING: In the Kearns High School lot (across the street to the east), at the Kearns Recreation Center lot (adjacent to the venue to the east), or in the KOPFC North Lot. **WIRELESS** Limited wireless internet will be available in the stands, athlete village and on deck. **INTERNET HOTELS** Utah Swimming has partnered with Visit Salt Lake to provide attendees/teams with the best available rates. View hotels and book online through July 18th, or when full, at https://mmxreservations.com/orchid/pc/WesternZoneChampionships. **OFFICIALS** Each participating LSC is asked to provide a minimum of one (1) deck or administrative official. Officials must be USA Swimming registered prior to the start of the competition and at least LSC certified in the positions(s) for which they apply. Officials new to and/or unfamiliar with National Certification are welcome to work the meet as well as those with National Certification experience. **DRESS FOR THIS MEET:** Preliminaries - White polo shirt, Khaki pants (short or long) or skirts/skorts (short or long), white shoes and white socks. Finals - White polo shirt, Khaki LONG pants or skirts (short or long), white shoes and white socks. EXCEPT SATURDAY NIGHT when brightly colored polos (BRING YOUR OWN) will replace the white polo shirt as the dress for the evening. **APPLICATION TO OFFICIATE**: All officials who work the meet are requested to complete and turn in an application to facilitate planning. Applications are available in this meet announcement and on meet website. (utahzones2016.com). Walk-ins are also welcome. Those desiring to work the assigned positions of Chief Judge, Starter and Deck Referee must submit an application that is received by June 15, 2016. As is customary at this meet, there will be two groups of assigned officials (Wednesday -Thursday and Friday – Saturday) so two different positions may be requested and/or assigned. All other applications must be received by **July 20, 2016**. NOTE: Only those officials who submit applications by the deadline with shirt size marked will be guaranteed to receive a meet shirt. **NOTIFICATION OF ACCEPTANCE & POSITION:** Acceptance for assigned positions (Chief Judge, Starter and Deck Referee) will be sent on or about July 1st. All others will be sent on or about July 23rd. NATIONAL CERTIFICATION: The Western Zone Age Group Championship is a qualifying meet for National Officials Certification. In order for the LSC Official to advance, the candidate has to be observed by a National Evaluator indicating that the candidate has demonstrated the appropriate qualities and skills over several sessions and has been recommended for advancement. This meet has been approved as an Officials Qualifying Meet for N2/N3 certification/recertification. Officials wishing to obtain or renew their national certification **must apply** to be considered. Please note your request on the Application to Officiate. Requests for Evaluation applications can be found in this meet announcement and must be received by July 20, 2016 for consideration. Any questions can be directed to the Meet Referee. OFFICIALS MENTORING PROGRAM (OMP): This fund provides travel lodging assistance for two officials from each Western Zone LSC to attend and work at least 80% of the meet sessions at the Western Zone Age Group Championship. Each LSC

Officials Chair must submit the names of their two officials (one to act as a mentor

Officials (cont) and one that has been identified as having strong potential) to the Western Zone Officials Chair by June 30, 2016.

> OFFICIALS REIMBURSEMENT FUND: This fund provides reimbursement assistance to officials who work at least 80% of the meet sessions and who are not being reimbursed from another source for their expenses to attend the Western Zone Age Group Championship meet. The proceeds of the funds generated from this meet are shared equally across all applicants who have met the work requirements. An application for reimbursement is available from the Western Zone Officials Chair.

 Zone Officials Chair Contact Information: Teri White: teriwhite53@gmail.com

OFFICIALS LODGING INFORMATION: Officials attending the meet under the Officials Mentoring Program (OMP) should refer to information above. All other officials may email Adam Caldwell at adam@binghamsnow.com to request a link to discounted lodging available on a first come, first served basis. Additional lodging may also be available. See HOTELS section in this meet announcement for more information.

STORAGE: Unsecured cubbies are available in hospitality room for officials.

ADDITIONAL INFORMATION for officials is located in the following sections: Deck Access and Credentials, Lockers, Parking

OFFICIALS BRIEFING: All officials are expected to attend an officials meeting which starts at the beginning of warm-ups prior to each session for which they have been assigned, or come, to work.

OFFICIALS SOCIAL: An Officials' Social will be held on Friday, August 12, after the conclusion of Finals. Details will be announced in Officials Briefings.

OFFICIALS EDUCATION CLINIC: National Evaluator Ron Van Pool will be conducting an educational clinic for all who would like to attend on Tuesday. This clinic will provide a needed "Learning Activity" credit toward National Certification and possibly fulfill an LSC "Learning Activity" credit as well. (Check with LSC Officials Chair to verify.) Those who register will have this Learning Activity entered into the USA Swimming Officials Tracking System on their personal history.

Topic: How Rules Are Made and Change (1st half) & Managing the Meet (2nd half)

Date: Tuesday, August 9, 2016

Time: 6:30 pm - 8:30 pm

Location: World Record Lounge, Utah Olympic Oval: 5662 Cougar Ln, Salt Lake City,

UT 84118 (Adjacent to pool. Location of meet General Meeting.) **RSVP Requested:** Email Wane Oviatt at waneoviatt@gmail.com

VOLUNTEER MEET WORKERS

Each participating LSC is asked to provide timers for one lane (3 timers) for the duration of the meet.

Volunteer meet workers from all LSC's are welcome and received with gratitude. Onsite training will be available. Thanks for your willingness to help provide a great meet experience for these hard working kids!

Volunteers are requested to sign up on meet website: <u>utahzones2016.com</u>

This greatly aids in meeting planning, prep and guarantees the volunteer a Tshirt in the requested size after the 2nd session is worked if online signed up is completed by Tuesday, July 26, 2016. (Continued...)

Volunteer Meet All volunteers (both those who signed up online and those who did not) should Workers (cont) check-in at the Volunteer Check-in Desk located inside the main KOPFC building just prior to the hospitality area in the southwest corner of the building, directly north of the competition pool area. Volunteers should check-in at the beginning of warm**ups**. Deck credential, training time and location will be given.

> A letter verifying volunteer hours worked will be available for students desiring community service hours. More information will be available at Volunteer Check-in Desk.

Custom meet T-shirts will be available to volunteers who work 2 or more sessions! © Signing up at utahzones2016.com by Tuesday, July 26, 2016 guarantees the volunteer a T-shirt in the requested size after the 2nd session is worked.

MEET PROGRAMS AND RESULTS

MEET PROGRAMS: Meet Programs will be available for purchase at the venue and on Meet Mobile.

Prelims:\$3.00 per session Finals: \$2.00 per session All sessions: \$15.00

RESULTS: Live results will be available on Meet Mobile. Final results will be available on the meet website (<u>utahzones2016.com</u>) in a (HTML) printable format and in a downloadable Team Manager (Cfile.zip) Results will not be mailed.

MEET ASSOCIATED ACTIVITIES

ZONE DINNER AND BUSINESS FORUM:

- Thursday, August 11 at 7:30 pm (After Finals)
- Oasis Café, 151 S 500 E, Salt Lake City, UT 84102
- RSVP and Prepayment Required (\$35 per person)
- Who Attends: LSC Representatives
- More details on form located at end of Meet Announcement and at utahzones2016.com

ATHLETE DINNER AND SOCIAL

- Saturday, August 13, 7:00 pm 10:00 pm (After Finals and Awards)
- Boondocks, 75 E Southfork Dr., Draper, UT 84020
 - NOTE: Although our group will have a private area to eat and sit, the venue is open to the public.
- RSVP and prepayment required to obtain entrance at group rate (\$25 per person) and dinner
- More details on form located at end of this meet announcement and at utahzones2016.com

See complete list in "Meet Associated Meetings/Activities" table in this Meet Announcement.

MEET WEBSITE utahzones2016.com



































				Age Group			
	Wednesday:						
	44.40			40.011.1	100 B		
1-2*	11-12	400 Individual Medley	15-16	10 & Under	100 Backstroke		
3-4	10 & Under	50 Breaststroke	17-18	11-12	100 Backstroke		
5-6	11-12	50 Breaststroke	19-20	13-14	200 Backstroke		
7-8	13-14	100 Breaststroke	21-22**	13-14	800 Freestyle		
9-10	10 & Under	200 Freestyle	23-24	10 & Under	400 Freestyle Relay		
11-12	11-12	100 Freestyle	25-26	12 & Under	400 Freestyle Relay		
13-14	13-14	100 Freestyle	27-28	14 & Under	400 Freestyle Relay		
00.00	40.011.1.	Thurs	-	40.011.1.	000 1 2 1 1 1 1 1 1 1 1 1 1		
29-30	10 & Under	100 Freestyle	41-42	10 & Under	200 Individual Medi		
31-32 33-34	11-12	200 Freestyle	43-44	11-12	200 Individual Medi		
	13-14	200 Freestyle	45-46	13-14	400 Individual Medi		
35-36	10 & Under	50 Butterfly	47-48*	11-12	200 Backstroke		
37-38	11-12	50 Butterfly	49-50	10 & Under	200 Medley Relay		
39-40	13-14	100 Butterfly	51-52	12 & Under	200 Medley Relay		
			53-54	14 & Under	200 Medley Relay		
		Frid	ay:				
55-56*	11-12	200 Butterfly	67-68	13-14	100 Backstroke		
57-58	10 & Under	100 Breaststroke	69-70*	11-12	400 Freestyle		
59-60	11-12	100 Breaststroke	71-72	13-14	400 Freestyle		
61-62	13-14	200 Breaststroke	73-74	10 & Under	400 Medley Relay		
63-64	10 & Under	50 Backstroke	75-76	12 & Under	400 Medley Relay		
65-66	11-12	50 Backstroke	77-78	14 & Under	400 Medley Relay		
		Satur	day:				
79-80	13-14	200 Individual Medley	91-92	13-14	200 Butterfly		
81-82	10 & Under	50 Freestyle	93-94*	11-12	200 Breaststroke		
83-84	11-12	50 Freestyle	95-96**	13-14	1500 Freestyle		
85-86	13-14	50 Freestyle	97-98	10 & Under	200 Freestyle Relay		
87-88	10 & Under	100 Butterfly	99-100	12 & Under	200 Freestyle Relay		
89-90	11-12	100 Butterfly	101-102	14 & Under	200 Freestyle Relay		

^{**} Timed Finals events swum in Prelims fastest to slowest alternating Girls and Boys All relays swum in Finals only

2016 Western Zone Age Group Championship Qualifying Time Standards

	Women		10 & Under		Men	
LCM	SCM	SCY	Event	LCM	SCM	SCY
0:32.99	0:32.19	0:29.09	50 Free	0:32.99	0:32.19	0:28.99
1:12.29	1:10.69	1:03.69	100 Free	1:12.19	1:10.59	1:03.69
2:37.89	2:34.69	2:19.29	200 Free	2:37.49	2:34.29	2:18.99
0:39.09	0:38.49	0:34.69	50 Back	0:39.29	0:38.69	0:34.89
1:24.29	1:23.09	1:14.89	100 Back	1:24.99	1:23.79	1:15.49
0:44.19	0:43.19	0:38.89	50 Breast	0:44.39	0:43.39	0:39.09
1:35.99	1:33.99	1:24.69	100 Breast	1:37.09	1:35.09	1:25.69
0:36.39	0:35.69	0:32.19	50 Fly	0:36.49	0:35.79	0:32.29
1:23.69	1:22.29	1:14.09	100 Fly	1:23.99	1:22.59	1:14.39
2:58.19	2:54.99	2:37.69	200 IM	2:58.19	2:54.99	2:37.69

			11-12			
LCM	SCM	SCY	Event	LCM	SCM	SCY
0:29.49	0:28.69	0:25.79	50 Free	0:29.39	0:28.59	0:25.79
1:04.89	1:03.29	0:56.99	100 Free	1:04.09	1:02.49	0:56.29
2:20.19	2:16.99	2:03.49	200 Free	2:20.09	2:16.89	2:03.29
4:55.39	4:48.99	5:30.99	400/500 Free	4:55.39	4:48.99	5:30.89
0:34.59	0:33.99	0:30.69	50 Back	0:34.59	0:33.99	0:30.59
1:14.19	1:12.99	1:05.69	100 Back	1:14.39	1:13.19	1:05.99
2:45.79	2:43.39	2:27.19	200 Back	2:42.69	2:40.29	2:24.39
0:38.49	0:37.49	0:33.79	50 Breast	0:38.09	0:37.09	0:33.39
1:23.89	1:21.89	1:13.79	100 Breast	1:23.99	1:21.99	1:13.89
3:06.89	3:02.89	2:44.79	200 Breast	3:04.69	3:00.69	2:42.79
0:32.39	0:31.69	0:28.49	50 Fly	0:32.19	0:31.49	0:28.29
1:12.39	1:10.99	1:03.89	100 Fly	1:12.39	1:10.99	1:03.89
2:48.79	2:45.99	2:29.59	200 Fly	2:45.79	2:42.99	2:26.89
2:38.79	2:35.59	2:20.19	200 IM	2:38.59	2:35.39	2:19.99
5:51.89	5:45.49	5:11.19	400 IM	5:47.69	5:41.29	5:07.49

			13-14			
LCM	SCM	SCY	Event	LCM	SCM	SCY
0:28.79	0:27.99	0:25.29	50 Free	0:27.09	0:26.29	0:23.69
1:02.39	1:00.79	0:54.79	100 Free	0:58.59	0:56.99	0:51.29
2:14.79	2:11.59	1:58.59	200 Free	2:07.29	2:04.09	1:51.79
4:43.59	4:37.19	5:17.69	400/500 Free	4:31.29	4:24.89	5:03.99
9:49.69	9:36.89	11:00.69	800/1000 Free	9:27.79	9:14.99	10:36.09
18:49.09	18:25.09	18:26.89	1500/1650 Free	18:08.79	17:44.79	17:47.39
1:10.99	1:09.79	1:02.89	100 Back	1:07.59	1:06.39	0:59.79
2:32.29	2:29.89	2:14.99	200 Back	2:25.19	2:22.79	2:08.69
1:20.69	1:18.69	1:10.89	100 Breast	1:15.39	1:13.39	1:06.09
2:53.69	2:49.69	2:32.79	200 Breast	2:44.29	2:40.29	2:24.39
1:08.99	1:07.59	1:00.89	100 Fly	1:04.49	1:03.09	0:56.89
2:34.49	2:31.69	2:16.69	200 Fly	2:25.79	2:22.99	2:08.79
2:32.99	2:29.79	2:14.99	200 IM	2:24.59	2:21.39	2:07.39
5:23.99	5:17.59	4:46.19	400 IM	5:08.19	5:01.79	4:31.89

Meet Associated Meetings/Activities

			, , , , , , , , , , , , , , , , , , , ,
Date & Time	Meeting/Activity	Who Attends	Notes
8/9/16	General Meeting	AT LEAST 1 coach & 1 representative	Location: World Record Lounge in Utah
5:00 pm		from each LSC attending meet	Olympic Oval
8/9/16	Officials	Officials (All are invited, need not be	Location: World Record Lounge in Utah
6:30 pm	Education Clinic	working meet)	Olympic Oval.
			RSVP: waneoviatt@gmail.com
8/9/16	Opening	Teams (athletes, coaches,	Location: Competition Pool
7:00 pm	Ceremonies	chaperones)	Requested Dress: Team shirts
8/10-8/13	Officials Briefing	All officials working that session	Location: Hospitality Room
Start of			Time: Start of warm-ups prior to every
warm-ups			session
8/11/16	Zone Dinner &	LSC Representatives	RSVP and pre-payment required. (See
7:30 pm	Business Forum		form at end of meet announcement &
			utahzones2016.com)
8/12/16	Officials Social	Officials working the meet	Self-pay, no preregistration needed.
After Finals			Location: TBA in Officials Briefing
8/13/16	Athlete Dinner	Teams (athletes, coaches,	RSVP and prepayment required to receive
7 – 10 pm	& Social	chaperones), parents (as desired)	group discount rate. (Form at end of meet
		FYI: Venue is open to public	announcement & <u>utahzones2016.com</u>)

2016 Age Group Summary by Day

Day	10 & Under	11 - 12	13 - 14
Wednesday	50 Breaststroke	400 Individual Medley	100 Breaststroke
	200 Freestyle	50 Breaststroke	100 Freestyle
	100 Backstroke	100 Freestyle	200 Backstroke
		100 Backstroke	800 Freestyle
	400 Freestyle Relay	400 Freestyle Relay	400 Freestyle Relay
Thursday	100 Freestyle	200 Freestyle	200 Freestyle
	50 Butterfly	50 Butterfly	100 Butterfly
	200 Individual Medley	200 Individual Medley	400 Individual Medley
		200 Backstroke	
	200 Medley Relay	200 Medley Relay	200 Medley Relay
Friday	100 Breaststroke	200 Butterfly	200 Breaststroke
	50 Backstroke	100 Breaststroke	100 Backstroke
		50 Backstroke	400 Freestyle
		400 Freestyle	
	400 Medley Relay	400 Medley Relay	400 Medley Relay
Saturday	50 Freestyle	50 Freestyle	200 Individual Medley
	100 Butterfly	100 Butterfly	50 Freestyle
		200 Breaststroke	200 Butterfly
			1500 Freestyle
	200 Freestyle Relay	200 Freestyle Relay	200 Freestyle Relay



2016 Western Zone Age Group Championship

August 10-13, 2016

ANNUAL ZONE DINNER: SOCIAL & BUSINESS FORUM

Thursday, August 11, 2016, 7:30 pm

Location: Oasis Café

www.oasiscafeslc.com

151 South 500 East Salt Lake City, UT 84102

(About 20 minutes from pool)

Price: \$35 per person

	Email:	
·		
SC:		
lumber of Persons Atter	ing: X \$35 each =	

Return above information to Josh Williamson (jawilliamson3003@gmail.com) by

Friday, July 29, 2016

Menu information and pre-order instructions will be emailed to addresses listed above by Tuesday, August 2.



2016 Western Zone Age Group Championship

August 10-13, 2016

Post Competition Athlete Celebration Saturday, August 13, 7:00 - 10:00 pm

Location: Boondocks

http://www.boondocks.com/draper/index.cfm

Activities Include: (7:00 pm – 10:00 pm)						
•	Mini Golf Go-Kart (road & slick tracks) XD Dark Ride	•	Bumper Boats Batting Cages Laser Tag \$5 Game Play			
			(each)			

All You Can Eat Buffet Dinner Includes: (7:00 pm - 8:30 pm)					
 Hamburgers Hot Dogs Garden Burgers Potato Chips Choice of Side Bottomless Soda During Buffet 	 Ice Cream Sandwiches Creamies Private Banquet Room (7-10 pm) 				

Address: 75 E Southfork Dr, Draper, UT 84020

(about 20 minutes from pool)

Price: \$25 per person

NOTE: Venue is open to public during Athlete Celebration

RSVP 2016 Post Competition Athlete Celebration						
LSC:						
Number of ATHLETES attending:						
Number of COACHES attending:						
Number of CHAPERONES attending:						
Any others? Number attending:						
Total Number of Persons Attending:	X \$25 each = \$					

Submit Payment with Meet Entry Payment (Checks payable to: Utah Swimming)

Event tickets for the number paid will be distributed at the meet to team managers Tickets must be exchanged at venue for entrance

APPLICATION TO OFFICIATE



2016 WESTERN ZONE AGE GROUP CHAMPIONSHIPS

Kearns Oquirrh Park Fitness Center, Kearns Utah

August 10 – 13, 2016

Applicant must be a current member of USA Swimming and an LSC certified official

	Name:	LSC Code:	
	Address:	Home Phone:	
	City, State, Zip:	Work Phone:	
	E-mail:	Cell Phone:	
	CURRENT	CERTIFICATIONS - List Highe	st Only
	N1:	Exp Date:	_
	N2	Exp Date:	
	N3:	Exp Date:	
	Accepted applicants must attend	mandatory official's briefings as specified in th	e accentance letter.
	Accepted applicants must unena	manadory official sortefings as specifica in in	e accepance waers
•			16 for consideration. , Deck Referee or As Needed ABLE TO VOLUNTEER
FIN	ELIMINARIES – White polo shirt, Khaki pants (s IALS – White polo shirt, Khaki LONG pants or ored Polo Shirts (BRING YOUR OWN)	, ,	
TH Jo Ju Kr	IRT SIZE: (please check one) S M I Women's sizes S M I I HE 2016 WESTERN ZONE LEADERSHIP TEAM: HIN LORIMER— MEET REFEREE LIA MURPHEY— ADMINISTRATIVE REFEREE RISTIN FOX— TEAM LEAD CHIEF JUDGE RIRRY HAYDEN— TEAM LEAD DR/STARTER	L XL 2XL 3XL (This is for Host XL XL PLEASE RETURN APPLICATION BY MAIL OR E-N Kristin Fox – Team Lead CJ 8318 Cole St Arvada, CO 80005 bknfox@comcast.net	
TH	HANK YOU IN ADVANCE FOR VOLUNTEERING YOUR TIME.	PLEASE E-MAIL WITH QUESTIONS	

WE ARE LOOKING FORWARD TO SEEING YOU IN UTAH.

John Lorimer - jlorimer@lornet.com or Kristin Fox - bknfox@comcast.net

Request For Evaluation (Officials)

To: Meet Referee	•	Drawn Okamua Bi 4 5	0/40/40/40
Meet Location:	2016 Western Zone Age G Kearns, UT	roup Champs. , Meet L	Dates: 8/10-13/16 LSC: UT
	,	,	_
	Cole Street, Arvada, Co. 80005t	or e-mail: bknfox@comcast.net	or fax: ()
Please consider	me for assignments at the	above meet so that I may be eva	luated as follows:
Name:		LSC:, USA S Reg #	
email:		Phone:	
Mailing Address:			
	Leve	IS \(\sigma\) LSC N2 N3 None Year	s∙months
		− γ	hest Level
Current Certificat		• = = = =	
	Chief Jud		
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	Deck Refe		
	Administrative Refe	ree:	
For Re-certification For Advancement For Final Evaluatio Recent Evaluatio 1. For Re-certification 2. For Advancement to 3. For Final Evaluation Evaluator Names for period for: Eval for: Eval for:	n at N2 or N3 as - towards N2 or N3 - on as N3 -	T,	Ad Ref (choose up to 5) Ad Ref (choose up to 2) Ad Ref (choose up to 2) Ad Ref (choose all applicable) Ad Ref (choose all applicable) Ad Ref Ad Ref y available if all prerequisites been met and the meet is roved for Final Evaluations.}
	nt towards N2 or N3 - 🗌 S&	☐ You are not yet eligible. follows: T, ☐ CJ, ☐ Starter, ☐ Ref,	
Date:			
	"Confirmation"/"Sorry" to applicant.	Send a copy of accepted applications to	Evaluators.