

UXC



UTAH XTREME CHEER

TEAM INFORMATION PACKET 2022



INTRODUCTION

Thank you for choosing Utah Xtreme Cheer! Utah Xtreme Cheer is a well recognized program and welcomes everyone to our family! Utah Xtreme Cheer, or UXC, was founded by Morgan and Kory Uyetake in 2008 with only 18 athletes! Since then, we have grown to over 120 and look forward to expanding our program even more in the 2022-2023 season! We look forward to working with you this upcoming year and are excited to have you be part of the UXC family!

With over 80 years of combined experience, the staff at UXC is committed to provide our athletes with a successful cheerleading experience. Our goal at UXC is to help athletes reach their maximum potential in the sport of All Star Cheerleading. Qualities such as teamwork, confidence, leadership and perseverance are inherent in our goals at UXC.

All Star Cheerleading requires hours, weeks, months, and years to improve and refine stunts, tumbling, jumps, timing, coordination and motions. Developing and improving overall athletic ability can position athletes to qualify for college cheerleading and beyond. UXC will also strive to teach life lessons such as sportsmanship, working as a team towards a common goal, and striving to win, all while giving it their very best. While our goal is to develop the best cheerleaders and teams, we know that the discipline and skills they develop will serve our athletes throughout the rest of their lives.

Our mission at UXC is to develop skilled athletes who will not only compete and win in their chosen field, but carry the skills, values and sportsmanship learned in the competitive arena with them throughout their lives.



STAFF



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GYM OWNER
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MICAH WORRELL
GYM DIRECTOR
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AMBER JENSEN
TEAM COACH /
ACCOUNT
MANAGER.
(801) 819-2127



ARIANNA
CHRISTENSEN
TEAM COACH
(801) 419-9015



TIM THURMOND
TUMBLING COACH
(208) 243-1269

All UXC coaches are USASF certified coaches! This means they've been trained in the proper progressions of stunting and tumbling. They understand that ALL athletes are different and that each athlete brings something new and different to the sport of All Star Cheerleading!

TEAM PLACEMENTS

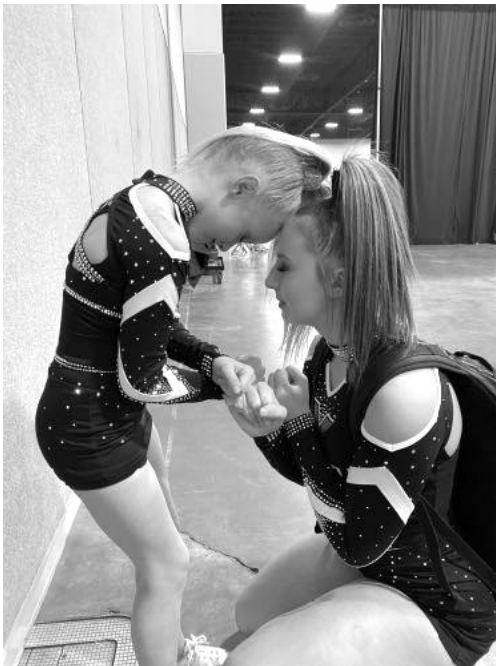
- There are 7 levels in All-star Cheerleading. Level 7 is a level that is not common and we will not have a level 7 team as it is usually for elite college members. A level refers to the types of stunts, pyramids and tumbling that a specific team can safely perform. They are numbered 1-7 increasing in difficulty. The level your athlete is placed on is decided by the coaching staff.
- There may be athletes on any given team that tumble at a different level than the rest of their teammates. We try to match up athletes by level the best we can, but please remember stunting, jumps, motions, dance, age and attitude are all HUGE factors in deciding team placement. We also choose our teams based on positions we need to fill i.e. bases, flyers, tumblers, etc. Due to possible skills, a younger member may be placed on a Sr. team. Every athlete will be on a chosen team for a reason - **please trust our staff!**
- Maintaining position on a team:
 - Once a team member shows a skill at tryouts, they are expected to maintain and demonstrate these skills as well as work on advancing skills throughout the season at every practice and competitions.
 - If an athlete's skills are digressing because of missed practices or attitude, it is up to the UXC coaching staff to evaluate and determine if their placement on their team will stay the same.
 - On the other hand, an athlete who continues to excel and show improvement and positive attitude may be moved to a higher position on their current team or moved up to the next level team. Athletes being moved up to a higher level team will usually only occur during the summer months. Rarely will athletes move up during the competition season unless they are filling in for another athlete for a certain competition.

SKILL GRID

LEVEL	STANDING TUMBLING	RUNNING TUMBLING
1	FORWARD ROLL. BACKWARD ROLL.	CARTWHEEL. ROUNDOFF.
ELITE LEVEL 1	HANDSTAND FORWARD ROLL. BACK WALKOVER. FRONT WALKOVER. MULTIPLE WALKOVERS. VALDEZ.	CARTWHEEL BACK WALKOVER. FRONT WALKOVER. CARTWHEEL.
2	BACK HANDSPRING (BHS).	OUNDOFF BACK HANDSPRING(S).
ELITE LEVEL 2	BACK WALKOVER BHS. BHS STEP OUT BACK WALKOVER BHS.	FRONT WALKOVER TO ROUNDOFF BHS(S).
3	STANDING 3 BHS. JUMP TO 1 BHS.	OUNDOFF TUCK. ROUNDOFF BHS TUCK. PUNCH FRONT.
ELITE LEVEL 3	JUMP(S) TO MULTIPLE BHS. BHS TOE TOUCH BHS.	FRONT WALKOVER TO ROUNDOFF BHS TUCK. AERIAL. AERIAL PAUSE ROUNDOFF BHS TUCK. PUNCH FRONT ROUNDOFF BHS TUCK.
4	STANDING TUCK. STANDING BHS TUCK. STANDING MULTIPLE BHS TUCK.	OUNDOFF LAYOUT. ROUNDOFF BHS LAYOUT.
ELITE LEVEL 4	JUMP BHS TUCK. JUMP MULTIPLE BHS TUCK.	PUNCH FRONT THRU TO ROUNDOFF BHS LAYOUT. WHIP TO LAYOUT. FRONT HANDSPRING THRU TO LAYOUT. ROUNDOFF BHS WHIP TO LAYOUT.
5	JUMPS TO TUCK. STANDING BHS(S) TO LAYOUT. STANDING BHS TO X-OUT.	OUNDOFF BHS(S) FULL.
ELITE LEVEL 5	JUMPS TO BHS(S) LAYOUT. STANDING BHS WHIP TO LAYOUT.	FRONT WALKOVER ROUNDOFF BHS(S) FULL. PUNCH FRONT ROUNDOFF BHS FULL. WHIP TO FULL. ROUNDOFF ARABIAN PAUSE, ROUNDOFF BHS FULL.
6	JUMPS TO TUCK. JUMPS TO BHS FULL.	PUNCH FRONT ROUNDOFF BHS FULL. ROUNDOFF BHS WHIP TO FULL.
ELITE LEVEL 6	BHS(S) TO DOUBLE FULL. JUMP BHS(S) TO DOUBLE FULL. STANDING FULL. JUMP STANDING FULL. STANDING BHS(S) WHIP, PUNCH TO DOUBLE FULL.	OUNDOFF BHS(S) DOUBLE FULL. PUNCH FRONT ROUNDOFF BHS DOUBLE FULL. WHIP TO DOUBLE FULL.

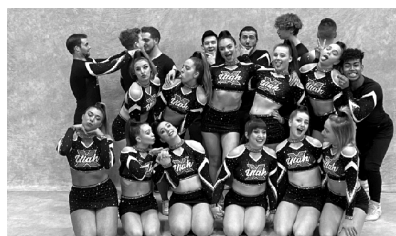
TUITION / ADDITIONAL COSTS

Competitive cheerleading can be an expensive sport and costs can add up very fast. Before you and your athlete consider this program, please carefully review the financial commitment involved. If you accept a position on any Utah Xtreme Cheer team, you will be responsible for all of the following participation costs and seeing to them being paid on time. The amount due for each month is different and outlined on page 6. Each monthly charge is due NO LATER than the 5th of every month. For the 2022–2023 season, we will use GoMotion. This is an online platform that allows you to manage your account at Utah Xtreme Cheer. A credit card is required to stay on file



within GoMotion. If you chose to pay your monthly dues by either cash or check, and your account is behind, your credit card will automatically be charged on the 6th of that month for any unpaid amount. If the CC on file declines, our account manager will call the #1 contact parent for alternate payment information. If payments are received past the 5th, the payment is considered late and a \$15 late fee will be applied to the athlete's GoMotion account for that particular month. This will automatically be charged the next time the card is run. Likewise, if an invoice has not been paid by the 5th (for any reason) of any month, the athlete will sit out until payment is received in full for that month. If you wish to pay by cash or check, please have your athlete give your payment to Coach Kory or Coach Amber in the office. In the event

payment under this agreement is not made at the time and in the manner required (in full by May 5, 2023), the undersigned agrees to pay all cost of collection, including court cost, attorney fees, including charges and collection agency fee which would be 35% of the balance assigned, with or without suit.



TEAM TUITION AND FEES

PLEASE SEE PAGE 7 FOR BOTH PAYMENT PLAN OPTIONS. THIS PAGE OUTLINES OUR INSTALLMENT PAYMENT PLAN IN DETAIL. IF CHOOSING OUR EQUAL PAYMENT OPTION, THE AMOUNT DUE FOR THE YEAR WILL BE THE SAME, BUT INSTEAD OF DOING THREE LARGER INSTALLMENTS, YOU WILL HAVE AN EQUAL AMOUNT DUE EACH MONTH AS WELL AS HAVE ONE MORE MONTH TO PAY IT OFF (MAY 2023).

1 - MONTHLY TUITION

Monthly tuition will begin on May 16, 2022. The last tuition will be charged on the 5th of May, 2023.

Tiny / Mini Level 1 Team(s):

- \$80 / Month

Mini or Youth Levels 1-3 Team(s):

- \$120 / Month

Junior or Senior Levels 1-2 Team(s):

- \$130 / Month

Junior or Senior Levels 3-6 Team(s):

- \$140 / Month

Open Divisions Level 4 and/or 6 Team(s):

- \$100 / Month

2 - ADDITIONAL FEES

In addition to monthly tuition, there are additional fees associated with all star cheer. These fees will be broken down into 3 installments during the year. See section 3 for installment fees and amounts.

- Annual Registration Fee: \$120
 - Includes Team Registration, Nationals T-shirt and other items throughout the season.
- Shoes: \$110
- Make-up (Girls only): \$40
- Practice Wear: \$155
- Choreography Camp / Music Fee: \$375
- Uniform (top and bottom) & Bow: \$550 (girls), \$400 (boys)
 - Returning athletes from '21-22: **SAME - New Uniform Year**
- Coaches Travel Fee (excluding Post-season travel): \$200
- Regional Competitions (estimate based off 2021-2022 season): \$625
- National Competitions (4 events - Youth, Junior & Senior Levels 1-6 only): \$700
- National Competitions (1 Local national event - ALL Tiny and Mini teams): \$185

3 - INSTALLMENT BREAKDOWN - [INSTALLMENT OPTION](#)

- INSTALLMENT #1 (Due June 1, 2022)
 - Registration Fee - \$120
 - Shoes - \$110
 - Practice Wear - \$155
 - Choreography Camp / Music - \$375
 INSTALLMENT #1 (New athletes & returning) TOTAL: \$760

- INSTALLMENT #2 (Due August 1, 2022)
 - Uniform/Bow - \$550/Girls, \$400/Boys
 - Returning athletes from '21-22: **SAME - New Uniform Year**
 - Coach Travel Fee - \$200
 INSTALLMENT #2 TOTAL **GIRLS**: \$750
 INSTALLMENT #2 TOTAL **BOYS**: \$600

- INSTALLMENT #3 (Due November 1, 2022)
 - Make-up (Girls) - \$40
 - Regional Competition Fees - \$625
 - National Competition Fees - \$700
 INSTALLMENT #3 TOTAL GIRLS: \$1,365
 INSTALLMENT #3 TOTAL BOYS: \$1,325

4 - PAYMENT SCHEDULE - [INSTALLMENT OPTION](#)

JUNE 2021: TUITION + INSTALLMENT 1 (See Step 3)
 JULY 2021: TUITION
 AUGUST 2021: TUITION + INSTALLMENT 2 (See Step 3)
 SEPTEMBER 2021: TUITION
 OCTOBER 2021: TUITION
 NOVEMBER 2021: TUITION + INSTALLMENT 3 (See step 3)
 DECEMBER 2021: TUITION
 JANUARY 2022: TUITION
 FEBRUARY 2022: TUITION
 MARCH 2022: TUITION
 APRIL 2022: TUITION
 MAY 2022: **NOTHING UNLESS EQUAL PAYMENT OPTION IS SELECTED**

TEAM TUITION AND FEES CONT.

REFUND POLICY

UXC MONTHLY TUITION AND INSTALLMENTS ARE A REFLECTION OF YEARLY COSTS. BECAUSE OF THIS, THERE WILL BE NO REFUNDS OR PARTIAL CREDITS IF YOU CHOOSE TO NOT CONTINUE WITH THE PROGRAM, ARE REMOVED FROM A UXC TEAM, OR JOIN MID- MONTH. THERE WILL BE NO CREDITS GIVEN FOR SHORT MONTHS (I.E. MISSED DUE TO SPRING BREAK, WINTER BREAK ETC).

FURTHERMORE, IT IS POLICY OF UTAH XTREME CHEER TO CHARGE ONE MONTH WORTH OF TUITION AFTER THE ATHLETE DEPARTS FROM THE TEAM FOR ANY REASON. THIS FEE IS ASSESSED DUE TO THE TIME INVOLVED CHANGING ROUTINES AND CHANGING NECESSARY PAPERWORK. ALL ATHLETES ARE ALSO RESPONSIBLE FOR ANY EXPENSES THAT HAVE BEEN CHARGED TO THE GYM ON THE ATHLETE'S BEHALF (I.E. UNIFORM, REGIONAL/ NATIONAL COMP FEES) IF THEY CHOOSE TO QUIT AS IT IS NON-REFUNDABLE FROM OUR VENDORS. IT IS NOT THE RESPONSIBILITY OF UXC TO COVER THESE CHARGES.



PAYMENT METHODS

Utah Xtreme Cheer is able to take all forms of payment. Cash, check and credit card (within GoMotion) are preferred. Credit card transactions through GoMotion will also incur a percentage fee (3.9%) as well as a \$.30 per transaction fee each time your card is run. GoMotion accepts all major credit cards with the exception of American Express. If paying by cash or check, your invoice total will remain the same and no fee will be added from GoMotion as long as the payment is made on time.

PAYMENT PLAN #1: INSTALLMENT OPTION - DEFAULT OPTION WITHIN GoMotion

By default, this is our first payment method option. Outlined in this packet is the payment schedule that GoMotion will follow if you select this option. Some months are larger in amounts so please see the schedule below on what will be charged for any given month.

PAYMENT PLAN #2: EQUAL MONTHLY PAYMENT OPTION - WITHIN GoMotion

Based off years past, families often prefer to pay their dues in a monthly equal installment (averaged out, making the same payment amount each month). This method of payments is preferred. If you have questions on how to set this up, please contact our office manger (Coach Amber), upon registering.

RULES & EXPECTATIONS

- Gossiping about other athletes, whether they belong to UXC or not is strictly prohibited.
- Profanity and other non-productive language is prohibited.
- It is expected that teams will gain and lose athletes. The dismissal or addition of an athlete is at the coach's discretion.
- Routines, practices, schedules may be changed at any time to coincide with current capabilities and/or events at the discretion of the coaches.
- It can be expected that practices may be added or removed from the schedule at any time.
- Any athlete who threatens quitting will be dismissed with no refund.
- UXC will try to accommodate any external circumstances as much as possible, but a parent or care-giver who threatens to remove their child from the program without reasonable cause will be immediately dismissed with no refund.
- It is the responsibility of the parents and athletes to know what is going on with their squads at all times. CHECK our BAND App, GoMotion, emails AND FLYERS REGULARLY!
- The staff at UXC will do the best they can when working out schedules for other extracurricular activities. However, if a school coach or advisor will not work with our schedule for practices and competitions, you will have to choose which activity to continue.
- We understand that "Young Men" or "Young Women's" may conflict with UXC practice schedules. Because of the nature of All-Star cheer, we cannot guarantee that UXC practice schedules will not be on these days. Please be aware that practices are not excused for other non-school related functions.
- If there is a problem with anything, please do not hesitate to contact the gym, your coach, or UXC owners at APPROPRIATE times.
- While an athlete at UXC, good sportsmanship must be upheld at ALL times.
- The use of alcohol and drugs is absolutely not permitted. While representing Utah Xtreme Cheer, athletes are expected to uphold a certain level of expectation. These athletes are just that, athletes. Disciplinary action will be done on a case-by-case scenario and can result anywhere from team/gym suspension to complete removal from the program.

PARENT RULES

- Once practice starts, only coaches and athletes are allowed in practice areas.
- Gossiping about staff, athletes or other athlete's parents is prohibited.
- Please feel free to ask questions only at appropriate times, i.e. before or after practice/competitions.
- When attending competitions, it is up to the parent that each athlete has a chaperone before and after warm-up/competition time. UXC staff will not be responsible for chaperoning our athletes at any competition (in-state or out-of-state) other than in warmups or while they are on the competition floor.
- While in attendance at competitions, parents, relatives, friends and cheerleaders may not approach or speak with competition officials at any time.
- Parents need to be aware that All-Star cheerleading is a competitive sport that could lead to injuries. These include, but are not limited to: pulled or strained muscles/ligaments, bruises, broken bones, dislocation or even death.
- As professionals, UXC staff will do everything in our power to avoid injuries. Even though safety is our top priority, please remember that accidents can and do happen.

RULES CONT.

- ALL PRACTICES ARE MANDATORY UNLESS STATED OTHERWISE BY A COACH!
- Cell phones must be turned off and in your locker prior to the beginning of each practice. Exceptions to this rule may only be made by coaches if they are informed of an EMERGENCY. NO EXCEPTIONS!
- All absences, excused or unexcused could alter the athlete's role on the team.
- During the time in which the athletes learn material, absences are prohibited (i.e. Choreography Camp)
- Tardiness will not be tolerated during the season (tryouts - last competition). We do understand that things pop up at the last minute, but please be on time.
- In addition, leaving early alters the progress of practice. Once practice is in session, it is expected that athletes stay the entire time.
- Once athletes enter the gym for practice, hair must be pulled back, away from the face.
- NO GUM once athletes enter the gym and ALL JEWELRY MUST BE OUT!
- No food or drink of any kind is allowed on the spring floor, Tumbl Trak or cheer mats.
- Unnecessary and excessive talking during practice is prohibited.
- Poor attitude, disrespect to coaches, other athletes or other teams is unproductive and may result in suspension or the possibility of team and/or program removal.
- In order to sit out of a practice due to an injury or illness, a doctor's note must be brought with athlete to that particular practice.
- Because Spring Break is different for all school districts, UXC will not close during this time. Furthermore, it is mandatory that each athlete attends practice during their spring break. With our last nationals falling close to the time of spring breaks, practices become even more important! Again, during spring break, practices are MANDATORY!
- On the weeks of out-of-state nationals, all UXC teams will practice on the Wednesday prior to that weekend's event. This practice is MANDATORY for all athletes! The following day (Thursday), is designated as a travel day.
- All competitions are required. By registering for a team and signing the Utah Xtreme Cheer agreement, you are committing to all scheduled competitions.
- All national events do fall over weekends and are two-day events. This will require athletes to perform on Saturdays and Sundays at our out- of-State events. Salt Lake Nationals is a Friday and Saturday event and all Regional competitions are held on Saturdays.
- Missing any competition for vacations, or any other engagement is prohibited.
- It is the responsibility of the parents and athletes to know where and when teams meet for competitions. This information will be distributed to athletes and parents once event companies release the information (approximately 5 days before an event). Upon arrival to the competition site, it is expected that hair and make-up be done and athlete is in full uniform (competition ready) according to UXC standards.
- Jewelry is not allowed during warm-up or competition, this includes ALL body piercings. This rule is enforced by UXC and the United States All Star Federation (USASF). This rule is in place for the safety of our athletes. **NO EXCEPTIONS WILL BE MADE!** Tape or bandages may not be placed over the jewelry piece. UXC is not responsible for holding your jewelry. Furthermore, if an athlete chooses to wear a piercing or any jewelry during practice or competition without disclosing it to UXC staff, the athlete is responsible for any injuries he/she may acquire or inflict on another individual.



INJURY PROTOCOL

Utah Xtreme Cheer is dedicated to do everything in our power to ensure the safety of our athletes. While we strive for no injuries, they can happen. After signing the release waiver at the end of this packet, we will follow a certain protocol in the event of an injury. Utah Xtreme Cheer staff will be the “first responders” in the event of an injury. Medical professionals will be called immediately if an injury requiring them shall arise. A call to the athlete’s parent or guardian will be made; if they cannot be reached, the alternate contact will be called. It is the hope of Utah Xtreme Cheer that this protocol will never be needed.

GYM CLOSURE DATES

UXC will be closed the following dates: (In order to have a successful season, plan your family vacations around these dates)

- Memorial Day - Monday, May 30, 2022
- Independence Day Holiday - Monday, July 4, 2022
- Labor Day - Monday, September 5, 2022
- Thanksgiving Break - Wednesday, November 23 - Sunday, November 27, 2022
- Winter Break - Saturday, December 17, 2022- Sunday, January 1, 2023

2022-2023 COMPETITIONS - ALL TEAMS

EVENT NAME	DATE(S)	EVENT LOCATION	TEAM(S)
UXC SHOWCASE	SATURDAY, NOVEMBER 12, 2022*	MOUNTAIN RIDGE HIGH SCHOOL - HERRIMAN, UTAH*	ALL
JAMZ TWIN PEAKS STATE CHAMPIONSHIP	NOVEMBER 19, 2022	UCCU CENTER - OREM, UTAH	ALL
UCA - SANDY - FALL CLASSIC	DECEMBER 10, 2022	MOUNTAIN AMERICA EXPO CENTER - SANDY, UTAH	ALL
ALL STAR CHALLENGE	JANUARY 21-22, 2023	SALT PALACE CONVENTION CENTER - SLC, UT	ALL
UCA - SANDY - SPRING CLASSIC	JANUARY 21, 2023	MOUNTAIN AMERICA EXPO CENTER - SANDY, UTAH	ALL. THIS EVENT CURRENTLY CONFLICTS WITH ALL STAR CHALLENGE. UPDATES ON THIS EVENT SOON.
USA - UTAH WINTER - CLASSIC	JANUARY 28, 2023	MOUNTAIN AMERICA EXPO CENTER - SANDY, UTAH	ALL
JAMZ DII NATIONALS	FEBRUARY 17-18, 2023	ORLEANS ARENA - LAS VEGAS, NV	ALL TEAMS EXCEPT OPEN TEAM(S)
JAMZ DI NATIONALS	FEBRUARY 19-20, 2023	ORLEANS ARENA - LAS VEGAS, NV	OPEN TEAM ONLY
ALOHA NATIONALS	MARCH 4-5, 2023	PHOENIX CONVENTION CENTER - PHOENIX, AZ	ALL
USA - UTAH SPRING - CLASSIC	MARCH 11, 2023	LEGACY EVENTS CENTER - FARMINGTON, UTAH	ALL
AMERICAN CELEBRATION	March 24-25, 2023	MOUNTAIN AMERICA EXPO CENTER - SANDY, UTAH	ALL
JAMZ MOUNTAIN WEST NATIONAL CHALLENGE	APRIL 15-16, 2023	UCCU CENTER - OREM, UTAH	ALL

* We have selected ALL TEAMS for each comp for now. This may change as we get closer. For now, you at least have dates for comps as of 5/25/2022.

2022-2023 COMPETITIONS CONT.

This schedule is set as of the time this packet was created (4/29/2022). Exact dates may change from now and the time competition season begins. We will know more information as we get closer to summer. At that time, we will finalize an exact schedule for each competing team.

IMPORTANT: For out-of-state national competitions, please plan on arriving in the destination city the day before the event begins and return home the day after the event ends. We will have practice rounds the day prior and then awards may be late the last day, so returning home the following day is best. Also, we will have practice at UXC on the Tuesday or Wednesday prior to each out-of-state nationals, even if this falls during spring break! Please plan accordingly and make sure your athlete is at all scheduled practices! They are mandatory!

Please note that out-of-state national events are not on the schedule for every team. More information on this will be given as we wrap-up team placements and get exact information for each team.



CONTRACT

ATHLETE NAME

- I understand how team placements work at Utah Xtreme Cheer. _____
Initial
- I understand the payment commitment I have to Utah Xtreme Cheer. Furthermore, I understand that once I sign this contract, I am committed to the financial obligation for my child’s account with Utah Xtreme Cheer. I understand that I am responsible for all legal and collections fees stated in this agreement should I fail to pay my invoice but the designated time (May 5, 2023). _____
Initial
- In the event payment under this agreement is not made at the time and in the manner required (by: May 5, 2023), the undersigned agrees to pay all cost of collection, including court costs, attorney fees, including charges and collection agency fee which would be 35% of the balance assigned, with or without suit. _____
Initial
- I understand that UXC will use GoMotion to track and received all fees and payments associated with the 2022-2023 season. (ref. Page 6) _____
Initial
- I agree to and understand that I will be on time with my monthly payments by the 5th of each month for the balance due that month. Furthermore, I understand that if my payment is made after the 5th of each month, a \$15 late fee will be added to my GoMotion account. _____
Initial
- I agree to and understand that a credit card processing fee (3.9% + \$.30 per transaction) will be added to each transaction I make in GoMotion if paying by credit card. Furthermore, I understand that UXC will not collect these credit card fees, but rather GoMotion. (ref. Page 6-7 of this packet). _____
Initial
- I have read, agree to and understand the Fees refund policy, payment methods and equal payment option specified on page 7 of this packet. _____
Initial
- I have read, agree to and understand the rules and expectations of Utah Xtreme Cheer from its athletes and parents. These rules and expectations are outlined on pages 8-9 of this packet. _____
Initial
- I have read and understand that UXC coaches will not chaperone at any competition other than when athletes are in warm-ups or while competing on the mat. _____
Initial
- I have read and understand the injury protocol at UXC on page 10 of this packet. I understand that UXC coaches will act as first responders until medical providers are present in the event of an injury. _____
Initial

CONTRACT CONT.

- I understand that the gym closure dates are tentatively set. Changes may be made later in the season. These changes will be addressed as they come. _____
Initial
- I understand that the competition schedule is set at the time of this packet being created. I also understand that changes to the schedule may be made, but notice will be given to me as these changes happen. _____
Initial
- I understand that for out-of-state events, a gym wide (all teams) practice will be set for either Tuesday (JAMZ - Las Vegas in February 2023) or Wednesday (other Out-Of-State event in March 2023) of the competition week. I agree to **NOT** travel before this practice is complete on those traveling weeks. I understand that if we travel prior to that combined practice, we risk having spots changed in the routine. _____
Initial
- I understand that **ALL** competitions are required to attend. _____
Initial
- I understand that during the summer months, practices are required if athletes are in town. We understand that families travel and that is encouraged. I agree to having my athlete at practice whenever we are not traveling as a family in the summer. _____
Initial
- I understand that during the school year, all practices are required and absences could result in my child being moved in their routine(s). _____
Initial
- I understand that UXC will send frequent messages through BAND (communication app) as well as through GoMotion via e-mail and push notifications. I understand that it is my responsibility to check these messages regularly to ensure I have all the information necessary. _____
Initial
- I understand that drugs and alcohol are not allowed from ANY athlete while maintaining a position on a team at UXC. I understand that this is a case-by-case situation that may result in suspension and/or team removal. _____
Initial
- I understand that practices will still resume during the time spring break is going on for all of the school districts. I agree to getting my athlete to practices during their spring break as we will be preparing for end-of-season events. _____
Initial
- I understand that UXC will work towards Summit and Worlds (LVL 6 team) Bids. In the event we earn a bid to one of these events, I agree that I will have my athlete at ALL scheduled practices three weeks prior to these events. I understand that I will not miss these practices and if they do, I understand that placements in the routine(s) and or removal from the team is possible. _____
Initial

CONTRACT CONT.

By signing this contract, I acknowledge that I have read, understand and will adhere to the above terms, conditions and expenses within this team information packet. I understand that failure to follow these terms and conditions could result in removal from team(s) and cancellation of all private lessons and/or classes. I acknowledge that I have read through and agree to this entire packet and understand the All Star program at Utah Xtreme Cheer.

Athlete Signature _____
Date

Parent / Guardian Signature _____
Date

Parent / Guardian EMAIL ADDRESS _____
Parent / Guardian EMERGENCY PHONE

ATHLETE INFORMATION

Athlete Name: _____ Athlete Cell#: _____

1st Parent(s) Name and Contact Number: _____ #: _____

2nd Parent(s) Name and Contact Number: _____ #: _____

Athlete's Birthday: _____ Athlete's Birth Year: _____

Are you willing to cross-over to a lower level team? Please circle: YES NO

MEDIA RELEASE

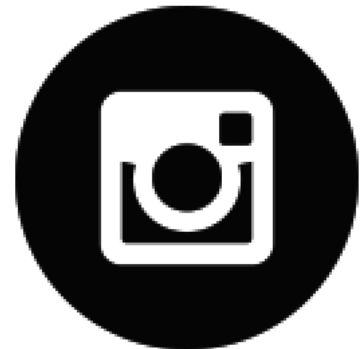
I, _____(Parent), give my consent to and authorize the use of any and all photographs which have been taken under Utah Xtreme Cheer’s program to be used towards advertising, promotions etc. I also agree that these photographs may be posted on our website, Facebook, Instagram, Twitter, any other social media as well as published advertisements.

UXC Athlete Name: _____

UXC Athlete Signature: _____ Date: _____

Parent Name: _____

Parent Signature: _____ Date: _____



@UTAHXTREMECHEER