

Virginia Swimming Times Report



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Name	Club	Age As Of Swim	Competition Category	Meet	Event	Swim Time	Swim Date	Power Points	Standard	Age Group	Age Group Rank
Morgan Burton	PSDN	12	F	2015 VA LC AG Champs-	50 FR LCM	27.63	7/25/2015	875	2012-2016 AAAA	11-12	1
Emma Liebler	757	12	F	2021 VA Eastern Zone LC Championship	50 FR LCM	27.65	8/7/2021	873	"AAAA"	11-12	2
Julie Sablik	CCA	12	F	2000 US Top 16	50 FR LCM	27.66	8/1/2000	872	2000 AAAA	11-12	3
Caroline Chromik	CGBD	12	F	2007 VA LC AG Champs	50 FR LCM	27.76	7/19/2007	865	2004-2008 AAAA	11-12	4
Angelina Zeidan	CCA	12	F	2016 VA LC AG Champs-	50 FR LCM	27.92	7/23/2016	852	2012-2016 AAAA	11-12	5
Elizabeth Gregory	WAC	12	F	2021 VA HNVSR Storm Surge Open	50 FR LCM	27.93	6/4/2021	852	"AAAA"	11-12	6
Morgan Thomas	UN	12	F	2018 VA Eastern Zone LC Champi	50 FR LCM	27.96	8/11/2018	849	2016-2020 AAAA	11-12	7
Caroline Bentz	RAYS	12	F	2015 VA LC AG Champs-	50 FR LCM	27.99	7/25/2015	847	2012-2016 AAAA	11-12	8
Christine Datovech	DC	12	F	2018 VA Long Course Age Group	50 FR LCM	28.10	7/28/2018	839	2016-2020 AAAA	11-12	9
Kayleigh Duffy	TIDE	12	F	2017 VA LC AG Champs-	50 FR LCM	28.12	7/22/2017	837	2016-2020 AAAA	11-12	10
Emma Liebler	757	12	F	2021 VA LC Age Group Championship	100 FR LCM	1:00.12	7/25/2021	881	"AAAA"	11-12	1
Morgan Burton	PSDN	12	F	2015 VA LC AG Champs-	100 FR LCM	1:00.24	7/26/2015	876	2012-2016 AAAA	11-12	2
Caroline Bentz	RAYS	12	F	2015 VA LC AG Champs-	100 FR LCM	1:00.28	7/26/2015	875	2012-2016 AAAA	11-12	3
Elizabeth Gregory	WAC	12	F	2021 VA LC Age Group Championship	100 FR LCM	1:00.69	7/25/2021	858	"AAAA"	11-12	4
Miranda Kirtley	GATR	12	F	2015 VA LC AG Champs-	100 FR LCM	1:01.11	7/26/2015	842	2012-2016 AAAA	11-12	5
Grace Sheble	NOVA	12	F	2015 VA LC AG Champs-	100 FR LCM	1:01.12	7/26/2015	841	2012-2016 AAAA	11-12	6
Remedy Rule	SMAC	12	F	2009 VA LC Age Group Champs	100 FR LCM	1:01.33	7/30/2009	833	2008-2012 AAAA	11-12	7
Sophia Knapp	TIDE	12	F	2017 VA LC AG Champs-	100 FR LCM	1:01.69	7/23/2017	819	2016-2020 AAAA	11-12	8
Olivia Bray	GATR	12	F	2014 NC HPSC Tar Heel States	100 FR LCM	1:01.76	8/1/2014	817	2012-2016 AAAA	11-12	9
Colby Hurt	WAC	12	F	2014 VA Eastern Zone LC Champi	100 FR LCM	1:01.86	8/6/2014	813	2012-2016 AAAA	11-12	10
Carly Geehr	NOVA	12	F	Pan Pacs	200 FR LCM	2:06.46	8/10/1997	962	2007 Summer US Open	11-12	1
Grace Sheble	NOVA	12	F	2015 VA Eastern Zone LC Champi	200 FR LCM	2:09.75	8/6/2015	893	2012-2016 AAAA	11-12	2
Miranda Kirtley	GATR	12	F	2015 VA LC AG Champs-	200 FR LCM	2:09.78	7/24/2015	892	2012-2016 AAAA	11-12	3
Remedy Rule	SMAC	12	F	2009 VA LC Age Group Champs	200 FR LCM	2:10.81	7/30/2009	871	2008-2012 AAAA	11-12	4
Elizabeth Gregory	WAC	12	F	2021 VA LC Age Group Championship	200 FR LCM	2:11.40	7/23/2021	859	"AAAA"	11-12	5
Sophia Knapp	TIDE	12	F	2017 VA Eastern Zone LC Champi	200 FR LCM	2:11.47	8/10/2017	857	2016-2020 AAAA	11-12	6
Olivia Brav	GATR	12	F	2014 VA LC AG Champs- CAC	200 FR LCM	2:11.52	7/24/2014	856	2012-2016 AAAA	11-12	7

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Morgan Burton	PSDN	12	F	2015 VA LC AG Champs-	200 FR LCM	2:11.75	7/24/2015	851	2012-2016 AAAA	11-12	8
Morgan Johnson	LASO	12	F	2006 NI Eastern Zones	200 FR LCM	2:11.77	8/9/2006	851	2004-2008 AAAA	11-12	9
Colby Hurt	WAC	12	F	2014 VA Eastern Zone LC Champi	200 FR LCM	2:11.87	8/6/2014	849	2012-2016 AAAA	11-12	10
Miranda Kirtley	GATR	12	F	2015 FL Dolfin Summer Senior Beac	400 FR LCM	4:29.01	8/1/2015	931	2012-2016 AAAA	11-12	1
Maddie Hadd	NOVA	12	F	2012 VA LC SR Championships	400 FR LCM	4:31.32	7/26/2012	908	2008-2012 AAAA	11-12	2
Remedy Rule	SMAC	12	F	2009 MA Eastern Zone LC Champ	400 FR LCM	4:33.80	8/12/2009	882	2008-2012 AAAA	11-12	3
Grace Sheble	NOVA	12	F	2015 VA Eastern Zone LC Champi	400 FR LCM	4:35.54	8/7/2015	865	2012-2016 AAAA	11-12	4
Sedona King	UN	12	F	2023 EZ LC Age Group Championships	400 FR LCM	4:35.54	8/4/2023	865	"AAAA"	11-12	4
Sofie Vanyo	CA-Y	12	F	2021 VA LC Age Group Championship	400 FR LCM	4:35.65	7/22/2021	864	"AAAA"	11-12	6
Elizabeth Gregory	WAC	12	F	2021 VA LC Age Group Championship	400 FR LCM	4:36.50	7/22/2021	855	"AAAA"	11-12	7
Ashley Wang	RAYS	12	F	2017 VA Eastern Zone LC Champi	400 FR LCM	4:36.52	8/11/2017	855	2016-2020 AAAA	11-12	8
Olivia Bray	GATR	12	F	2014 VA LC AG Champs- CAC	400 FR LCM	4:37.01	7/24/2014	850	2012-2016 AAAA	11-12	9
Emma Nunn	NOVA	12	F	2006 NI Eastern Zones	400 FR LCM	4:37.34	8/9/2006	847	2004-2008 AAAA	11-12	10
Miranda Kirtley	GATR	12	F	2015 FL Dolfin Summer Senior Beac	800 FR LCM	9:17.01	7/29/2015	961	2012-2016 AAAA	11-12	1
Maddie Hadd	NOVA	12	F	2012 VA LC SR Championships	800 FR LCM	9:22.30	7/26/2012	936	2008-2012 AAAA	11-12	2
Sofie Vanyo	CA-Y	12	F	2021 VA LC Age Group Championship	800 FR LCM	9:32.61	7/25/2021	890	"AAAA"	11-12	3
Ashley Wang	RAYS	12	F	2017 VA LC AG Champs-	800 FR LCM	9:34.33	7/23/2017	882	2016-2020 AAAA	11-12	4
Remedy Rule	SMAC	12	F	2009 MD NBAC Long Course Champion	800 FR LCM	9:35.74	6/5/2009	876	2008-2012 AAAA	11-12	5
Katie Anderson	PSDN	11	F	2001 Spring Nationals	800 FR LCM	9:37.19	3/27/2001	1009	2000-2004 AAAA	11-12	6
Elizabeth Gregory	WAC	12	F	2021 FL ISCA Summer Senior Blast	800 FR LCM	9:37.26	7/27/2021	869	"AAAA"	11-12	7
Grace Sheble	NOVA	12	F	2015 VA Rays Regional Summer A	800 FR LCM	9:38.39	7/12/2015	864	2012-2016 AAAA	11-12	8
Sophia Knapp	TIDE	12	F	2017 VA LC AG Champs-	800 FR LCM	9:42.03	7/23/2017	848	2016-2020 AAAA	11-12	9
Morgan Burton	PSDN	12	F	2015 VA Poseidon Classic	800 FR LCM	9:44.73	5/7/2015	836	2012-2016 AAAA	11-12	10
Miranda Kirtley	GATR	12	F	2015 FL Dolfin Summer Senior Beac	1500 FR LCM	17:38.20	7/31/2015	1008	2012-2016 AAAA	11-12	1
Maddie Hadd	NOVA	12	F	2012 VA LC SR Championships	1500 FR LCM	17:48.71	7/26/2012	983	2008-2012 AAAA	11-12	2
Ashley Wang	RAYS	12	F	2017 VA LC AG Champs-	1500 FR LCM	18:17.92	7/20/2017	916	2016-2020 AAAA	11-12	3

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Name	Club	Age As Of Swim	Competition Category	Meet	Event	Swim Time	Swim Date	Power Points	Standard	Age Group	Age Group Rank
Emma Muzzy	GATR	12	F	2013 VA LC SR Championships	1500 FR LCM	18:39.79	7/18/2013	867	2012-2016 AAAA	11-12	4
Morgan Burton	PSDN	12	F	2015 VA TAC LC Spring Luau	1500 FR LCM	18:44.91	5/30/2015	855	2012-2016 AAAA	11-12	5
Kayleigh Duffy	TIDE	12	F	2018 VA TIDE Intrasquad Distan	1500 FR LCM	18:50.81	5/19/2018	842	2016-2020 AAAA	11-12	6
Grace Morgan	WST	12	F	2018 VA Long Course Age Group	1500 FR LCM	18:52.25	7/26/2018	839	2016-2020 AAAA	11-12	7
Alexa Owen	NOVA	12	F	2014 VA Williamsburg AC Spring	1500 FR LCM	19:02.24	5/17/2014	817	2012-2016 AAAA	11-12	8
Maddie Wallin	PSDN	12	F	2015 VA Poseidon Classic	1500 FR LCM	19:02.65	5/10/2015	816	2012-2016 AAAA	11-12	9
Megan Hunter	QSTS	12	F	2012 VA TAC LC Spring Luau	1500 FR LCM	19:03.76	6/1/2012	814	2008-2012 AAAA	11-12	10
Jiawei Xu	GATR	11	F	2019 VA Long Course Age Group	50 BK LCM	31.25	7/27/2019	1034	2016-2020 AAAA	11-12	1
Lane Francis	UN	12	F	2022 NI EZ Long Course Age Group Champs	50 BK LCM	31.45	8/6/2022	920	"AAAA"	11-12	2
Sarah Wagner	NOVA	12	F	2018 VA Long Course Age Group	50 BK LCM	31.67	7/28/2018	904	2016-2020 AAAA	11-12	3
Olivia Bray	GATR	12	F	2014 VA LC AG Champs- CAC	50 BK LCM	31.73	7/24/2014	899	2012-2016 AAAA	11-12	4
Molly Blanchard	PSDN	12	F	2017 VA LC AG Champs-	50 BK LCM	31.80	7/22/2017	894	2016-2020 AAAA	11-12	5
Zoe Dixon	NOVA	12	F	2016 VA LC AG Champs-	50 BK LCM	31.83	7/23/2016	892	2012-2016 AAAA	11-12	6
Emma Liebler	757	12	F	2021 VA Eastern Zone LC Championship	50 BK LCM	31.88	8/7/2021	888	"AAAA"	11-12	7
Jenna Brick	BASS	12	F	2001 US Summer Lc Easter	50 BK LCM	31.97	8/8/2001	881	2000-2004 AAAA	11-12	8
Ellie Ahmed	NOVA	12	F	2016 VA LC AG Champs-	50 BK LCM	32.14	7/23/2016	869	2012-2016 AAAA	11-12	9
Remedy Rule	SMAC	12	F	2009 VA LC Age Group Champs	50 BK LCM	32.19	7/30/2009	865	2008-2012 AAAA	11-12	10
Elizabeth Gregory	WAC	12	F	2021 VA HNVR Storm Surge Open	50 BK LCM	32.19	6/5/2021	865	"AAAA"	11-12	10
Lane Francis	UN	12	F	2022 NI EZ Long Course Age Group Champs	100 BK LCM	1:07.81	8/5/2022	896	"AAAA"	11-12	1
Olivia Bray	GATR	12	F	2014 VA LC AG Champs- CAC	100 BK LCM	1:08.51	7/24/2014	872	2012-2016 AAAA	11-12	2
Ava Muzzy	GATR	12	F	2018 VA Long Course Age Group	100 BK LCM	1:08.56	7/29/2018	871	2016-2020 AAAA	11-12	3
Zoey Lusk	GATR	12	F	2018 VA Long Course Age Group	100 BK LCM	1:08.59	7/29/2018	870	2016-2020 AAAA	11-12	4
Emily Erard	NOVA	12	F	2010 VA LC AG Champs (HOKI)	100 BK LCM	1:08.82	7/29/2010	862	2008-2012 AAAA	11-12	5
Meghan Burton	PSDN	12	F	2011 MA Eastern Zone Long Cour	100 BK LCM	1:08.82	8/10/2011	862	2008-2012 AAAA	11-12	5
Remedy Rule	SMAC	12	F	2009 VA LC Age Group Champs	100 BK LCM	1:08.85	7/30/2009	861	2008-2012 AAAA	11-12	7
Zoe Dixon	NOVA	12	F	2016 VA LC AG Champs-	100 BK LCM	1:08.91	7/24/2016	859	2012-2016 AAAA	11-12	8

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Brantley Patterson	UN	12	F	2023 EZ LC Age Group Championships	100 BK LCM	1:09.01	8/4/2023	856	"AAAA"	11-12	9
Ruby Isbell	GATR	12	F	2017 VA LC AG Champs-	100 BK LCM	1:09.22	7/23/2017	849	2016-2020 AAAA	11-12	10
Lane Francis	UN	12	F	2022 NI EZ Long Course Age Group Champs	200 BK LCM	2:25.60	8/4/2022	900	"AAAA"	11-12	1
Olivia Bray	GATR	12	F	2014 NC HPSC Tar Heel States	200 BK LCM	2:26.23	8/1/2014	891	2012-2016 AAAA	11-12	2
Grace Sheble	NOVA	12	F	2015 VA Eastern Zone LC Champi	200 BK LCM	2:26.40	8/5/2015	889	2012-2016 AAAA	11-12	3
Ruby Isbell	GATR	12	F	2017 VA LC AG Champs-	200 BK LCM	2:26.81	7/21/2017	883	2016-2020 AAAA	11-12	4
Remedy Rule	SMAC	12	F	2009 VA LC Age Group Champs	200 BK LCM	2:26.82	7/30/2009	883	2008-2012 AAAA	11-12	5
Emily Erard	NOVA	12	F	2010 PV Eastern Zone LC Championships	200 BK LCM	2:27.98	8/11/2010	867	2008-2012 AAAA	11-12	6
Molly Blanchard	PSDN	12	F	2017 VA Last Chance Meet	200 BK LCM	2:28.59	6/16/2017	858	2016-2020 AAAA	11-12	7
Ava Muzzy	GATR	12	F	2018 VA Long Course Age Group	200 BK LCM	2:29.17	7/27/2018	850	2016-2020 AAAA	11-12	8
Alexa Owen	NOVA	12	F	2014 VA LC AG Champs- CAC	200 BK LCM	2:29.61	7/24/2014	844	2012-2016 AAAA	11-12	9
Alaina Belisle	NOVA	12	F	2005 NI Eastern Zone AG Champs	200 BK LCM	2:29.73	8/10/2005	842	2004-2008 AAAA	11-12	10
Ella Higgins	GATR	12	F	2015 VA LC AG Champs-	50 BR LCM	34.69	7/24/2015	902	2012-2016 AAAA	11-12	1
Georgia Johnson	RAYS	12	F	2014 VA LC AG Champs- CAC	50 BR LCM	34.95	7/24/2014	887	2012-2016 AAAA	11-12	2
Layla Welsch	CYAC	12	F	2019 MD NBAC Long Course Champ	50 BR LCM	35.16	6/8/2019	875	2016-2020 AAAA	11-12	3
Rebecca Rainer	NOVA	12	F	2005 VA LC AG Championship	50 BR LCM	35.19	7/28/2005	873	2004-2008 AAAA	11-12	4
Lauren Barakey	TIDE	12	F	2014 VA Eastern Zone LC Champi	50 BR LCM	35.23	8/6/2014	871	2012-2016 AAAA	11-12	5
Amelia Macholz	PSDN	12	F	2016 VA LC AG Champs-	50 BR LCM	35.30	7/22/2016	867	2012-2016 AAAA	11-12	6
Blair Carnes	NOVA	12	F	2007 VA LC AG Champs	50 BR LCM	35.42	7/19/2007	860	2004-2008 AAAA	11-12	7
Claire Ostrowski	TIDE	12	F	2011 VA LC AG Champs HOKI at C	50 BR LCM	35.46	7/28/2011	857	2008-2012 AAAA	11-12	8
Molly Robinson	NOVA	12	F	2007 VA LC AG Champs	50 BR LCM	35.67	7/19/2007	845	2004-2008 AAAA	11-12	9
Shay Walker	RAYS	12	F	2015 MD NBAC Long Course Champion	50 BR LCM	35.81	6/13/2015	837	2012-2016 AAAA	11-12	10
Lauren Barakey	TIDE	12	F	2015 FL NASA Junior National Cham	100 BR LCM	1:15.90	3/28/2015	879	2012-2016 AAAA	11-12	1
Blair Carnes	NOVA	12	F	2007 NI Eastern Zone	100 BR LCM	1:17.22	8/8/2007	845	2004-2008 AAAA	11-12	2
Ella Higgins	GATR	12	F	2015 VA LC AG Champs-	100 BR LCM	1:17.28	7/25/2015	843	2012-2016 AAAA	11-12	3
Rebecca Rainer	NOVA	12	F	2006 NC 18th Furniture City In	100 BR LCM	1:17.28	6/23/2006	843	2004-2008 AAAA	11-12	3
Lavla Welsch	CYAC	12	F	2019 AP LC Y Nationals FINAL	100 BR LCM	1:17.43	8/2/2019	839	2016-2020 AAAA	11-12	5

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Claire Ostrowski	TIDE	12	F	2011 VA LC AG Champs HOKI at C	100 BR LCM	1:18.34	7/28/2011	816	2008-2012 AAAA	11-12	6
Amelia Macholz	PSDN	12	F	2016 VA LC AG Champs-	100 BR LCM	1:18.58	7/23/2016	809	2012-2016 AAAA	11-12	7
Gracie Gregory	WAC	12	F	2019 VA Long Course Age Group	100 BR LCM	1:18.62	7/27/2019	808	2016-2020 AAAA	11-12	8
Katie Anderson	PSDN	11	F	2001 Spring Nationals	100 BR LCM	1:18.77	3/27/2001	914	2000-2004 AAAA	11-12	9
Georgia Johnson	RAYS	12	F	2014 VA LC AG Champs- CAC	100 BR LCM	1:18.77	7/24/2014	805	2012-2016 AAAA	11-12	9
Lauren Barakey	TIDE	12	F	2015 FL NASA Junior National Cham	200 BR LCM	2:38.32	3/25/2015	953	2015 Winter Nationals (LCM)	11-12	1
Layla Welsch	CYAC	12	F	2019 AP LC Y Nationals FINAL COPY	200 BR LCM	2:43.18	7/31/2019	895	2021 Futures (LCM)	11-12	2
Rebecca Rainer	NOVA	12	F	2006 NC 18th Furniture City In	200 BR LCM	2:43.34	6/23/2006	893	2004-2008 AAAA	11-12	3
Blair Carnes	NOVA	12	F	2007 NI Eastern Zone	200 BR LCM	2:44.57	8/8/2007	879	2004-2008 AAAA	11-12	4
Gracie Gregory	WAC	12	F	2019 VA Long Course Age Group	200 BR LCM	2:45.41	7/28/2019	869	2016-2020 AAAA	11-12	5
Sofie Vanyo	CA-Y	12	F	2021 VA LC Age Group Championship	200 BR LCM	2:46.90	7/25/2021	852	"AAAA"	11-12	6
Claire Ostrowski	TIDE	12	F	2011 VA CGBD Summer Madness LC	200 BR LCM	2:48.89	6/24/2011	829	2008-2012 AAAA	11-12	7
Ava Muzzy	GATR	12	F	2018 VA Long Course Age Group	200 BR LCM	2:48.90	7/29/2018	829	2016-2020 AAAA	11-12	8
Meghan Ayres	CA-Y	12	F	2022 VA LC Age Group Championships	200 BR LCM	2:49.08	7/24/2022	827	"AAAA"	11-12	9
Amelia Macholz	PSDN	12	F	2016 VA LC AG Champs-	200 BR LCM	2:49.53	7/24/2016	822	2012-2016 AAAA	11-12	10
Emma Liebler	757	12	F	2021 VA Virginia Commonwealth	50 FL LCM	29.33	6/27/2021	898	"AAAA"	11-12	1
Elizabeth Gregory	WAC	12	F	2021 VA HNVR Storm Surge Open	50 FL LCM	29.46	6/6/2021	889	"AAAA"	11-12	2
Olivia Bray	GATR	12	F	2014 VA LC AG Champs- CAC	50 FL LCM	29.46	7/24/2014	889	2012-2016 AAAA	11-12	2
Stephanie Jones	TIDE	12	F	2000 US Top 16	50 FL LCM	29.63	8/1/2000	877	2000 AAAA	11-12	4
Meghan Burton	PSDN	12	F	2011 VA LC AG Champs HOKI at C	50 FL LCM	29.68	7/28/2011	873	2008-2012 AAAA	11-12	5
Zoe Dixon	NOVA	12	F	2016 VA LC AG Champs-	50 FL LCM	29.72	7/24/2016	870	2012-2016 AAAA	11-12	6
Georgia DaCruz	TIDE	12	F	2010 VA OBX SWIMAROO 2010 - A/BB/B/C M	50 FL LCM	29.81	6/5/2010	864	2008-2012 AAAA	11-12	7
Abby Albano	TIDE	12	F	2018 VA Long Course Age Group	50 FL LCM	29.81	7/29/2018	864	2016-2020 AAAA	11-12	7
Jiawei Xu	GATR	11	F	2019 FL TYR ISCA Summer Senior Ch	50 FL LCM	29.90	7/31/2019	947	2016-2020 AAAA	11-12	9

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Ellie Ahmed	NOVA	11	F	2015 VA Eastern Zone LC Champi	50 FL LCM	30.00	8/6/2015	940	2012-2016 AAAA	11-12	10
Christine Datovech	DC	12	F	2018 VA Eastern Zone LC Champi	50 FL LCM	30.00	8/10/2018	851	2016-2020 AAAA	11-12	10
Emma Liebler	757	12	F	2021 VA LC Age Group Championship	100 FL LCM	1:04.68	7/23/2021	904	2022 Futures (LCM)	11-12	1
Zoe Dixon	NOVA	12	F	2016 MR Eastern Zone LC Championship	100 FL LCM	1:05.05	8/3/2016	893	2012-2016 AAAA	11-12	2
Grace Sheble	NOVA	12	F	2015 VA Eastern Zone LC Champi	100 FL LCM	1:05.39	8/5/2015	883	2012-2016 AAAA	11-12	3
Olivia Bray	GATR	12	F	2014 NC HPSC Tar Heel States	100 FL LCM	1:05.63	8/1/2014	876	2012-2016 AAAA	11-12	4
Shelby Stanley	CCA	12	F	2013 VA LC AG Champs- CAC	100 FL LCM	1:06.39	7/25/2013	855	2012-2016 AAAA	11-12	5
Caroline Sheble	NOVA	12	F	2015 VA LC AG Champs-	100 FL LCM	1:06.44	7/24/2015	853	2012-2016 AAAA	11-12	6
Maddie Bynum	NOVA	12	F	2023 VA NOVA LC Kick Off	100 FL LCM	1:06.45	4/29/2023	853	"AAAA"	11-12	7
Abby Albano	TIDE	12	F	2018 VA Eastern Zone LC Champi	100 FL LCM	1:06.53	8/9/2018	850	2016-2020 AAAA	11-12	8
MaryElizabeth Gurley	CGBD	12	F	2008 VA LC Age Group Champs	100 FL LCM	1:06.80	7/24/2008	843	2004-2008 AAAA	11-12	9
Avery Huang	CYAC	12	F	2017 VA LC AG Champs-	100 FL LCM	1:06.81	7/21/2017	842	2016-2020 AAAA	11-12	10
Olivia Bray	GATR	12	F	2014 NC HPSC Tar Heel States	200 FL LCM	2:23.04	8/1/2014	925	2012-2016 AAAA	11-12	1
Remedy Rule	SMAC	12	F	2009 MA Eastern Zone LC Champ	200 FL LCM	2:24.49	8/12/2009	907	2008-2012 AAAA	11-12	2
Grace Sheble	NOVA	12	F	2015 VA LC AG Champs-	200 FL LCM	2:24.54	7/25/2015	907	2012-2016 AAAA	11-12	3
Caroline Sheble	NOVA	12	F	2015 VA Eastern Zone LC Champi	200 FL LCM	2:25.05	8/8/2015	900	2012-2016 AAAA	11-12	4
Emma Nunn	NOVA	12	F	2006 NI Eastern Zones	200 FL LCM	2:25.25	8/9/2006	898	2004-2008 AAAA	11-12	5
Abby Albano	TIDE	12	F	2018 VA Eastern Zone LC Champi	200 FL LCM	2:28.56	8/8/2018	858	2016-2020 AAAA	11-12	6
Maddie Bynum	NOVA	12	F	2022 VA LC Age Group Championships	200 FL LCM	2:28.96	7/23/2022	853	"AAAA"	11-12	7
Shelby Raber	HOKI	12	F	2013 VA LC AG Champs- CAC	200 FL LCM	2:29.34	7/25/2013	848	2012-2016 AAAA	11-12	8
Rebecca Rainer	NOVA	12	F	2006 NC 18th Furniture City In	200 FL LCM	2:29.67	6/23/2006	844	2004-2008 AAAA	11-12	9
Zoey Lusk	GATR	12	F	2018 VA Long Course Age Group	200 FL LCM	2:29.86	7/28/2018	842	2016-2020 AAAA	11-12	10
Grace Sheble	NOVA	12	F	2015 VA Eastern Zone LC Champi	200 IM LCM	2:25.78	8/8/2015	906	2012-2016 AAAA	11-12	1
Rebecca Rainer	NOVA	12	F	2006 NC 18th Furniture City In	200 IM LCM	2:28.28	6/23/2006	866	2004-2008 AAAA	11-12	2
Katie Anderson	PSDN	11	F	2001 Spring Nationals	200 IM LCM	2:29.20	3/27/2001	956	2000-2004 AAAA	11-12	3
Mollv Blanchard	PSDN	12	F	2017 VA Last Chance Meet	200 IM LCM	2:29.55	6/17/2017	847	2016-2020 AAAA	11-12	4

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Name	Club	Age As Of Swim	Competition Category	Meet	Event	Swim Time	Swim Date	Power Points	Standard	Age Group	Age Group Rank
Lane Francis	UN	12	F	2022 NI EZ Long Course Age Group Champs	200 IM LCM	2:29.72	8/3/2022	844	"AAAA"	11-12	5
Shelby Stanley	CCA	12	F	2013 VA LC AG Champs- CAC	200 IM LCM	2:29.85	7/25/2013	842	2012-2016 AAAA	11-12	6
Emma Muzzy	GATR	12	F	2013 VA LC AG Champs- CAC	200 IM LCM	2:29.89	7/25/2013	842	2012-2016 AAAA	11-12	7
Ashley Wang	RAYS	12	F	2017 VA LC AG Champs-	200 IM LCM	2:29.98	7/22/2017	840	2016-2020 AAAA	11-12	8
Sedona King	UN	12	F	2023 EZ LC Age Group Championships	200 IM LCM	2:30.32	8/2/2023	836	"AAAA"	11-12	9
Brantley Patterson	UN	12	F	2023 EZ LC Age Group Championships	200 IM LCM	2:30.43	8/2/2023	834	"AAAA"	11-12	10
Rebecca Rainer	NOVA	12	F	2006 NC Josh Weaver Memorial	400 IM LCM	5:13.39	5/19/2006	883	2004-2008 AAAA	11-12	1
Olivia Bray	GATR	12	F	2014 NC HPSC Tar Heel States	400 IM LCM	5:13.79	8/1/2014	881	2012-2016 AAAA	11-12	2
Katie Anderson	PSDN	11	F	2001 Spring Nationals	400 IM LCM	5:14.23	3/27/2001	1027	2000-2004 AAAA	11-12	3
Grace Sheble	NOVA	12	F	2015 VA LC AG Champs-	400 IM LCM	5:14.39	7/24/2015	876	2012-2016 AAAA	11-12	4
Ashley Wang	RAYS	12	F	2017 VA LC AG Champs-	400 IM LCM	5:17.32	7/21/2017	856	2016-2020 AAAA	11-12	5
Sofie Vanyo	CA-Y	12	F	2021 VA LC Age Group Championship	400 IM LCM	5:17.51	7/23/2021	855	"AAAA"	11-12	6
Emerson Callis	QSTS	12	F	2021 VA Jim Frye Memorial	400 IM LCM	5:17.93	5/8/2021	852	"AAAA"	11-12	7
Ava Muzzy	GATR	12	F	2018 VA Long Course Age Group	400 IM LCM	5:18.02	7/27/2018	852	2016-2020 AAAA	11-12	8
Ruby Isbell	GATR	12	F	2017 VA LC AG Champs-	400 IM LCM	5:19.89	7/21/2017	839	2016-2020 AAAA	11-12	9
Gracie Gregory	WAC	12	F	2019 VA Long Course Age Group	400 IM LCM	5:20.40	7/26/2019	835	2016-2020 AAAA	11-12	10