

Virginia Swimming Times Report



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Name	Club	Age As Of Swim	Competition Category	Meet	Event	Swim Time	Swim Date	Power Points	Standard	Age Group	Age Group Rank
Addy Heyward	757	14	F	2022 VA LC Age Group Championships	50 FR LCM	26.73	7/23/2022	872	2022 Winter Juniors (SCY)	13-14	1
Whittney Hamilton	GATR	14	F	2015 FL Dolfin Summer Senior Beac	50 FR LCM	26.80	7/30/2015	866	2015 Winter Juniors (SCY)	13-14	2
Qishuo Zhang	GATR	14	F	2019 VA Long Course Age Group	50 FR LCM	26.80	7/27/2019	866	2019 Winter Juniors (SCY)	13-14	2
Olivia Bray	GATR	14	F	2016 VA LC AG Champs-	50 FR LCM	26.83	7/23/2016	863	2016 Winter Juniors (SCY)	13-14	4
Caroline Kulp	GATR	14	F	2015 FL Dolfin Summer Senior Beac	50 FR LCM	26.88	7/30/2015	859	2015 Winter Juniors (SCY)	13-14	5
Cooper Ackerly	NOVA	14	F	2018 VA Long Course Age Group	50 FR LCM	26.90	7/28/2018	857	2018 Winter Juniors (SCY)	13-14	6
Grey Davis	CA-Y	14	F	2021 VA NOVA LC Winter Invitat	50 FR LCM	26.92	1/30/2021	856	2021 Futures (LCM)	13-14	7
Casey Fanz	PSDN	14	F	2012 Eastern Zone Long Course	50 FR LCM	26.92	8/8/2012	856	2012 Winter Juniors (SCY)	13-14	7
Kayla Wilson	TIDE	14	F	2018 VA Long Course Age Group	50 FR LCM	26.94	7/28/2018	854	2018 Winter Juniors (SCY)	13-14	9
Maddie Morello	CGBD	14	F	2014 IN NCSA Summer Swimming Cham	50 FR LCM	27.03	8/5/2014	846	2012-2016 AAAA	13-14	10
Grace Sheble	NOVA	14	F	2017 NCSA Summer Champs	100 FR LCM	57.68	8/1/2017	895	2017 Winter Nationals (LCM)	13-14	1
Anna Shnowske	757	14	F	2022 LE Futures Championships Geneva	100 FR LCM	58.03	7/28/2022	879	2022 Winter Juniors (SCY)	13-14	2
Olivia Bray	GATR	14	F	2016 VA LC AG Champs-	100 FR LCM	58.31	7/24/2016	866	2016 Winter Juniors (SCY)	13-14	3
Emerson Callis	QSTS	14	F	2023 VA SRVA Summer Invitational	100 FR LCM	58.42	6/18/2023	861	2024 Futures (LCM)	13-14	4
Qishuo Zhang	GATR	14	F	2019 VA Long Course Age Group	100 FR LCM	58.43	7/28/2019	861	2021 Futures (LCM)	13-14	5
Raegan Canada	QSTS	14	F	2022 VA EZ LC Speedo Super Sectional	100 FR LCM	58.46	5/15/2022	859	2022 Futures (LCM)	13-14	6
Kayla Wilson	TIDE	14	F	2018 VA Long Course Age Group	100 FR LCM	58.57	7/29/2018	854	2019 Futures (LCM)	13-14	7
Kaitlin Jones	SQST	14	F	2008 PV Eastern Zone LC Championships	100 FR LCM	58.57	8/6/2008	854	2008 Winter Nationals (LCM)	13-14	7
Caroline Kulp	GATR	14	F	2015 VA LC AG Champs-	100 FR LCM	58.62	7/26/2015	852	2012-2016 AAAA	13-14	9
Caroline Sheble	NOVA	14	F	2017 VA LC AG Champs-	100 FR LCM	58.78	7/23/2017	845	2016-2020 AAAA	13-14	10
Caroline Kulp	GATR	14	F	2015 VA GATR SENIOR SHOOTOUT	200 FR LCM	2:04.25	12/5/2015	906	2017 Winter Nationals (LCM)	13-14	1
Kayla Wilson	TIDE	14	F	2018 VA Long Course Age Group	200 FR LCM	2:04.55	7/27/2018	899	2018 Winter Nationals (LCM)	13-14	2

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Qishuo Zhang	GATR	14	F	2019 VA Long Course Age Group	200 FR LCM	2:05.27	7/26/2019	881	2021 Futures (LCM)	13-14	3
Grace Sheble	NOVA	14	F	2017 Summer Nationals	200 FR LCM	2:05.29	6/28/2017	881	2017 Winter Juniors (SCY)	13-14	4
Colby Hurt	757	14	F	2016 VA LC SR Championships	200 FR LCM	2:05.30	7/22/2016	881	2016 Winter Juniors (SCY)	13-14	5
Olivia Bray	GATR	14	F	2016 VA LC AG Champs-	200 FR LCM	2:05.41	7/22/2016	878	2012-2016 AAAA	13-14	6
Remedy Rule	SMAC	14	F	2011 PV LC Senior Champs	200 FR LCM	2:05.51	7/14/2011	876	2011 Winter Nationals (LCM)	13-14	7
Anna Shnowske	757	14	F	2022 VA LC Age Group Championships	200 FR LCM	2:05.79	7/22/2022	869	2023 Futures (LCM)	13-14	8
Caroline Sheble	NOVA	14	F	2017 VA LC AG Champs-	200 FR LCM	2:05.94	7/21/2017	866	2016-2020 AAAA	13-14	9
Emory Deguenther	NOVA	14	F	2022 VA LC Age Group Championships	200 FR LCM	2:06.18	7/22/2022	860	2023 Futures (LCM)	13-14	10
Remedy Rule	SMAC	14	F	2011 Summer Junior Nats	400 FR LCM	4:19.74	8/8/2011	911	2011 Winter Nationals (LCM)	13-14	1
Qishuo Zhang	GATR	14	F	2019 FL TYR ISCA Summer Senior Ch	400 FR LCM	4:20.36	8/1/2019	904	2019 Winter US Open (LCM)	13-14	2
Grace Sheble	NOVA	14	F	2017 NCSA Summer Champs	400 FR LCM	4:21.71	8/4/2017	888	2017 Winter Juniors (SCY)	13-14	3
Caroline Kulp	GATR	14	F	2015 VA LC AG Champs-	400 FR LCM	4:22.66	7/25/2015	877	2015 Winter Juniors (SCY)	13-14	4
Maddie Hadd	NOVA	13	F	2013 NCSA Summer Swimming Cham	400 FR LCM	4:23.65	7/30/2013	890	2013 Winter Juniors (SCY)	13-14	5
Emerson Callis	QSTS	14	F	2023 FL ISCA International Senior Cup	400 FR LCM	4:24.32	3/23/2023	858	2023 Futures (LCM)	13-14	6
Sophia Knapp	TIDE	14	F	2019 VA Long Course Age Group	400 FR LCM	4:24.62	7/27/2019	854	2021 Futures (LCM)	13-14	7
Sanna Peterson	NOVA	14	F	2018 NC NCAC Meet on the Hill	400 FR LCM	4:25.15	5/19/2018	848	2016-2020 AAAA	13-14	8
Colby Hurt	757	14	F	2016 VA LC SR Championships	400 FR LCM	4:26.05	7/23/2016	838	2012-2016 AAAA	13-14	9
Brooke Knisely	GATR	14	F	2016 VA LC AG Champs-	400 FR LCM	4:26.80	7/23/2016	829	2012-2016 AAAA	13-14	10
Qishuo Zhang	GATR	14	F	2019 FL TYR ISCA Summer Senior Ch	800 FR LCM	8:52.70	7/30/2019	928	2019 Winter US Open (LCM)	13-14	1
Caroline Kulp	GATR	14	F	2015 FL Dolfin Summer Senior Beac	800 FR LCM	8:54.96	7/29/2015	916	2016 Summer Juniors (LCM)	13-14	2
Maddie Hadd	NOVA	13	F	2013 NCSA Summer Swimming Cham	800 FR LCM	9:00.38	7/30/2013	914	2013 Winter Juniors (SCY)	13-14	3
Sophia Knapp	TIDE	14	F	2019 Futures - Geneva	800 FR LCM	9:03.19	8/1/2019	873	2019 Winter Juniors (SCY)	13-14	4
Remedy Rule	SMAC	14	F	2011 Summer Junior Nats	800 FR LCM	9:05.01	8/8/2011	863	2008-2012 AAAA	13-14	5

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Name	Club	Age As Of Swim	Competition Category	Meet	Event	Swim Time	Swim Date	Power Points	Standard	Age Group	Age Group Rank
Jessie Arnold	SMAC	14	F	2011 VA LC AG Champs HOKI at C	800 FR LCM	9:06.32	7/28/2011	857	2008-2012 AAAA	13-14	6
Kaitlin Jones	SQST	14	F	2008 PV Eastern Zone LC Championships	800 FR LCM	9:06.36	8/6/2008	856	2004-2008 AAAA	13-14	7
Emerson Callis	QSTS	14	F	2022 VA LC Senior Champs	800 FR LCM	9:11.15	7/14/2022	832	2022 Futures (LCM)	13-14	8
Cooper Ackerly	NOVA	14	F	2017 VA Eastern Zone LC Champi	800 FR LCM	9:12.32	8/9/2017	826	2016-2020 AAAA	13-14	9
Miranda Kirtley	GATR	13	F	2016 NC TAC TITANS TYR Classic	800 FR LCM	9:12.70	6/17/2016	850	2012-2016 AAAA	13-14	10
Ginny Johnson	UN	14	F	1996 National Champs	1500 FR LCM	16:50.14	2/8/1996	955	1996 Summer Nationals (LCM)	13-14	1
Qishuo Zhang	GATR	14	F	2019 FL TYR ISCA Summer Senior Ch	1500 FR LCM	17:08.13	8/3/2019	906	2021 Summer Juniors (LCM)	13-14	2
Maddie Hadd	NOVA	13	F	2013 VA LC SR Championships	1500 FR LCM	17:10.77	7/18/2013	937	2014 Summer Juniors (LCM)	13-14	3
Caroline Kulp	GATR	14	F	2015 VA LC AG Champs-	1500 FR LCM	17:12.38	7/23/2015	895	2016 Summer Juniors (LCM)	13-14	4
Rachel Naurath	NOVA	14	F	2007 Spring Nationals	1500 FR LCM	17:18.87	3/27/2007	878	2007 Summer US Open	13-14	5
Jessie Arnold	SMAC	14	F	2011 VA LC AG Champs HOKI at C	1500 FR LCM	17:20.87	7/28/2011	872	2008-2012 AAAA	13-14	6
Colby Hurt	757	14	F	2016 VA LC SR Championships	1500 FR LCM	17:28.02	7/21/2016	854	2012-2016 AAAA	13-14	7
Sophia Knapp	TIDE	14	F	2019 Futures - Geneva	1500 FR LCM	17:31.13	8/4/2019	846	2021 Futures (LCM)	13-14	8
Sofie Vanyo	CA-Y	13	F	2022 VA LC Age Group Championships	1500 FR LCM	17:32.84	7/21/2022	878	2023 Futures (LCM)	13-14	9
Anna Shnowske	757	14	F	2022 VA LC Age Group Championships	1500 FR LCM	17:39.65	7/21/2022	823	2023 Futures (LCM)	13-14	10
Olivia Bray	GATR	14	F	2016 VA LC AG Champs-	50 BK LCM	29.81	7/23/2016	1	"Slower than B"	13-14	1
Caroline Bentz	STAT	14	F	2017 NCSA Summer Champs	50 BK LCM	30.08	8/5/2017	1	"Slower than B"	13-14	2
Elle Caldwell	TIDE	14	F	2017 VA LC AG Champs-	50 BK LCM	30.57	7/22/2017	1	"Slower than B"	13-14	3
Izzy Bradley	CYAC	14	F	2018 PV AP LC Y Nationals	50 BK LCM	30.67	8/3/2018	1	"Slower than B"	13-14	4
Molly Blanchard	PSDN	14	F	2019 VA LC SR Championships	50 BK LCM	30.74	7/21/2019	1	"Slower than B"	13-14	5
Lane Francis	NOVA	13	F	2023 IN NCSA Summer Swimming Championships	50 BK LCM	30.79	7/30/2023	1	"Slower than B"	13-14	6
Emerson Callis	QSTS	14	F	2023 VA SRVA Summer Invitational	50 BK LCM	30.87	6/16/2023	1	"Slower than B"	13-14	7
Kemper John	GATR	14	F	2017 VA LC AG Champs-	50 BK LCM	30.88	7/22/2017	1	"Slower than B"	13-14	8
Emma Muzzy	GATR	14	F	2015 FL Dolfin Summer Senior Beac	50 BK LCM	30.98	7/29/2015	1	"Slower than B"	13-14	9
Bella Little	NOVA	14	F	2021 SE NCSA Summer Swimming Championships	50 BK LCM	31.00	8/14/2021	1	"Slower than B"	13-14	10

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Olivia Bray	GATR	14	F	2016 Olympic Trials	100 BK LCM	1:03.06	6/27/2016	975	2017 Summer Nationals (LCM)	13-14	1
Remedy Rule	SMAC	14	F	2011 OH OSSC Peppe-Bruce Memor	100 BK LCM	1:04.08	7/1/2011	934	2011 Summer Nationals (LCM)	13-14	2
Molly Blanchard	PSDN	14	F	2019 VA Poseidon's Long Course	100 BK LCM	1:04.38	6/15/2019	923	2019 Winter US Open (LCM)	13-14	3
Zoe Dixon	NOVA	14	F	2018 FL Bolles School Sharks TYR	100 BK LCM	1:04.53	6/22/2018	917	2018 Winter Nationals (LCM)	13-14	4
Caroline Bentz	STAT	14	F	2017 NCSA Summer Champs	100 BK LCM	1:04.53	8/3/2017	917	2017 Winter Nationals (LCM)	13-14	4
Lane Francis	NOVA	13	F	2023 IN NCSA Summer Swimming Championships	100 BK LCM	1:04.96	7/30/2023	947	2024 Futures (LCM)	13-14	6
Callie Dickinson	TIDE	14	F	2014 IN NCSA Summer Swimming Cham	100 BK LCM	1:05.11	8/5/2014	895	2014 Winter Juniors (SCY)	13-14	7
Emma Muzzy	GATR	14	F	2015 FL Dolfin Summer Senior Beac	100 BK LCM	1:05.12	8/1/2015	894	2015 Winter Juniors (SCY)	13-14	8
Ali Pfaff	STRM	14	F	2019 Zone AG Champs - Richmond	100 BK LCM	1:05.19	8/9/2019	891	2019 Winter Juniors (SCY)	13-14	9
Emory Deguenther	NOVA	14	F	2022 VA LC Age Group Championships	100 BK LCM	1:05.21	7/23/2022	891	2023 Futures (LCM)	13-14	10
Olivia Bray	GATR	14	F	2015 VA GATR SENIOR SHOOTOUT	200 BK LCM	2:15.03	12/4/2015	957	2016 Olympic Trials	13-14	1
Remedy Rule	SMAC	14	F	2011 OH OSSC Peppe-Bruce Memor	200 BK LCM	2:17.22	7/1/2011	921	2012 Olympic Trials	13-14	2
Phoebe Mayo	CGBD	14	F	2021 Futures Championships - Richmond	200 BK LCM	2:17.95	8/1/2021	909	2021 Winter US Open (LCM)	13-14	3
Emma Muzzy	GATR	14	F	2015 VA LC AG Champs-	200 BK LCM	2:18.42	7/26/2015	901	2015 Winter Nationals (LCM)	13-14	4
Zoe Dixon	NOVA	14	F	2019 VA NOVA LC Winter Invitat	200 BK LCM	2:19.10	1/21/2019	890	2019 Winter Juniors (SCY)	13-14	5
Callie Dickinson	TIDE	14	F	2014 IN NCSA Summer Swimming Cham	200 BK LCM	2:19.15	8/5/2014	889	2014 Winter Juniors (SCY)	13-14	6
Lane Francis	NOVA	13	F	2023 IN NCSA Summer Swimming Championships	200 BK LCM	2:19.85	7/26/2023	912	2024 Futures (LCM)	13-14	7
Kate Hotem	NOVA	14	F	2021 VA LC Age Group Championship	200 BK LCM	2:19.96	7/25/2021	876	2022 Futures (LCM)	13-14	8
Jordan Morling	CCA	13	F	2012 Central Zone Section 3 Ch	200 BK LCM	2:20.48	7/31/2012	901	2012 Winter Juniors (SCY)	13-14	9
Emory Deguenther	NOVA	14	F	2022 VA Storm Surge Open	200 BK LCM	2:20.57	6/5/2022	866	2023 Futures (LCM)	13-14	10
Elle Scott	NOVA	14	F	2021 SE NCSA Summer Swimming Championships	50 BR LCM	33.12	8/12/2021	1	"Slower than B"	13-14	1
Olivia Ross	PSDN	14	F	2009 FL NCSA Junior Nats	50 BR LCM	33.51	3/17/2009	1	"Slower than B"	13-14	2
Annabelle Young	NOVA	14	F	2017 NCSA Summer Champs	50 BR LCM	34.15	8/3/2017	1	"Slower than B"	13-14	3

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Name	Club	Age As Of Swim	Competition Category	Meet	Event	Swim Time	Swim Date	Power Points	Standard	Age Group	Age Group Rank
Kayla Brumbaum	UN	14	F	2009 AP YMCA National Long Course	50 BR LCM	34.41	7/27/2009	1	"Slower than B"	13-14	4
Rebecca Rainer	NOVA	14	F	2008 FL NCSA Junior National Swim	50 BR LCM	34.51	3/18/2008	1	"Slower than B"	13-14	5
Riley Bridgman	QSTS	14	F	2019 FL TYR ISCA Summer Senior Ch	50 BR LCM	34.63	8/3/2019	1	"Slower than B"	13-14	6
Jessica Beck	QSTS	14	F	2014 FG Senior Championships-C	50 BR LCM	35.00	7/25/2014	1	"Slower than B"	13-14	7
Kate Jaeger	PSDN	14	F	2023 IN NCSA Summer Swimming Championships	50 BR LCM	35.16	7/28/2023	1	"Slower than B"	13-14	8
Layla Welsch	GATR	14	F	2021 FL ISCA International Senior Meet	50 BR LCM	35.20	3/25/2021	1	"Slower than B"	13-14	9
Caroline Kulp	GATR	14	F	2015 FL Dolfin Summer Senior Beac	50 BR LCM	35.25	8/1/2015	1	"Slower than B"	13-14	10
Elle Scott	NOVA	14	F	2022 VA EZ LC Speedo Super Sectional	100 BR LCM	1:11.59	5/13/2022	946	2022 Winter US Open (LCM)	13-14	1
Olivia Ross	PSDN	13	F	2008 VA LC Senior Championships	100 BR LCM	1:11.96	7/17/2008	939	2009 Summer Nationals (LCM)	13-14	2
Lauren Barakey	TIDE	14	F	2016 VA Last Chance Meet	100 BR LCM	1:12.08	6/18/2016	932	2017 Winter Nationals (LCM)	13-14	3
Grace Sheble	NOVA	13	F	2016 VA LC AG Champs-	100 BR LCM	1:12.94	7/22/2016	909	2017 Winter Nationals (LCM)	13-14	4
Annabelle Young	NOVA	14	F	2017 VA LC AG Champs-	100 BR LCM	1:13.27	7/21/2017	896	2017 Winter Nationals (LCM)	13-14	5
Sara Czirjak	CA-Y	14	F	2022 VA LC Age Group Championships	100 BR LCM	1:13.27	7/22/2022	896	2023 Summer Juniors (LCM)	13-14	5
Layla Welsch	GATR	14	F	2021 VA LC Age Group Championship	100 BR LCM	1:13.39	7/23/2021	892	2021 Winter Juniors (SCY)	13-14	7
Kinsey Brooks	RAYS	14	F	2017 VA LC AG Champs-	100 BR LCM	1:13.97	7/21/2017	875	2017 Winter Juniors (SCY)	13-14	8
Ava Muzzy	GATR	13	F	2019 VA Long Course Age Group	100 BR LCM	1:14.14	7/26/2019	873	2021 Futures (LCM)	13-14	9
Kayla Brumbaum	RAYS	14	F	2009 VA LC Age Group Champs	100 BR LCM	1:14.15	7/30/2009	869	2011 Winter Nationals (LCM)	13-14	10
Blair Carnes	NOVA	14	F	2009 FL NCSA Junior Nats	200 BR LCM	2:36.68	3/17/2009	889	2011 Winter Nationals (LCM)	13-14	1
Elle Scott	NOVA	14	F	2022 VA EZ LC Speedo Super Sectional	200 BR LCM	2:36.89	5/14/2022	886	2022 Winter US Open (LCM)	13-14	2
Olivia Ross	PSDN	13	F	2008 VA LC Senior Championships	200 BR LCM	2:37.37	7/17/2008	888	2008 Winter Nationals (LCM)	13-14	3
Sara Czirjak	CA-Y	14	F	2022 VA EZ LC Speedo Super Sectional	200 BR LCM	2:37.63	5/14/2022	876	2022 Summer Juniors (LCM)	13-14	4
Lauren Barakey	TIDE	13	F	2016 NC NCAC Meet On The Hill	200 BR LCM	2:38.01	5/22/2016	880	2017 Winter Nationals (LCM)	13-14	5

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Annabelle Young	NOVA	14	F	2018 VA NOVA LC Kick Off	200 BR LCM	2:38.86	4/14/2018	860	2018 Winter Juniors (SCY)	13-14	6
Emily Kantner	NOVA	14	F	2019 NCSA Summer Champs	200 BR LCM	2:38.99	8/9/2019	858	2019 Winter Juniors (SCY)	13-14	7
Rebecca Rainer	NOVA	14	F	2008 Olympic Trials	200 BR LCM	2:39.15	6/29/2008	856	2008 Winter Nationals (LCM)	13-14	8
Grace Sheble	NOVA	14	F	2017 VA LC AG Champs-	200 BR LCM	2:39.51	7/22/2017	851	2017 Winter Juniors (SCY)	13-14	9
Zoe Dixon	NOVA	14	F	2019 VA NOVA LC Winter Invitat	200 BR LCM	2:39.89	1/20/2019	846	2019 Futures (LCM)	13-14	10
Whittney Hamilton	GATR	14	F	2015 VA GATR SENIOR SHOOTOUT	50 FL LCM	27.01	12/6/2015	1	"Slower than B"	13-14	1
Olivia Bray	GATR	14	F	2016 NC GCY Sprint and Distanc	50 FL LCM	27.64	6/10/2016	1	"Slower than B"	13-14	2
Elle Scott	NOVA	14	F	2021 SE NCSA Summer Swimming Championships	50 FL LCM	28.36	8/10/2021	1	"Slower than B"	13-14	3
Maddie Bynum	NOVA	13	F	2023 IN NCSA Summer Swimming Championships	50 FL LCM	28.60	7/26/2023	1	"Slower than B"	13-14	4
Megan Pulley	NOVA	14	F	2016 IN NCSA Summer Swimming Cham	50 FL LCM	28.71	8/9/2016	1	"Slower than B"	13-14	5
Emory Deguenther	NOVA	13	F	2021 SE NCSA Summer Swimming Championships	50 FL LCM	28.95	8/10/2021	1	"Slower than B"	13-14	6
Emerson Callis	QSTS	14	F	2023 FL ISCA International Senior Cup	50 FL LCM	28.95	3/22/2023	1	"Slower than B"	13-14	6
Amanda Barnard	NOVA	14	F	2021 SE NCSA Summer Swimming Championships	50 FL LCM	29.02	8/10/2021	1	"Slower than B"	13-14	8
Ally Vernon	QSTS	13	F	2021 FL ISCA Summer Elite Showcase	50 FL LCM	29.28	8/7/2021	1	"Slower than B"	13-14	9
Savannah Duffy	RAYS	14	F	2023 VA SRVA Summer Invitational	50 FL LCM	29.44	6/16/2023	1	"Slower than B"	13-14	10
Olivia Bray	GATR	14	F	2016 Olympic Trials	100 FL LCM	1:00.21	6/26/2016	970	2017 Summer Nationals (LCM)	13-14	1
Grey Davis	CA-Y	14	F	2021 VA NOVA LC Winter Invitat	100 FL LCM	1:01.11	1/30/2021	937	2021 Winter US Open (LCM)	13-14	2
Emerson Callis	QSTS	13	F	2022 VA EZ LC Speedo Super Sectional	100 FL LCM	1:01.61	5/13/2022	954	2022 Winter US Open (LCM)	13-14	3
Zoe Dixon	NOVA	14	F	2018 FL Bolles School Sharks TYR	100 FL LCM	1:02.17	6/22/2018	899	2018 Winter Nationals (LCM)	13-14	4
Whittney Hamilton	GATR	14	F	2015 VA GATR SENIOR SHOOTOUT	100 FL LCM	1:02.18	12/5/2015	899	2017 Winter Nationals (LCM)	13-14	5
Remedy Rule	SMAC	14	F	2011 Summer Junior Nats	100 FL LCM	1:02.36	8/8/2011	892	2011 Winter Nationals (LCM)	13-14	6
Grace Sheble	NOVA	14	F	2017 VA LC AG Champs-	100 FL LCM	1:02.69	7/21/2017	881	2017 Winter Juniors (SCY)	13-14	7

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Emma Liebler	757	13	F	2022 VA LC Age Group Championships	100 FL LCM	1:02.78	7/22/2022	913	2023 Futures (LCM)	13-14	8
Caroline Sheble	NOVA	14	F	2017 NCSA Summer Champs	100 FL LCM	1:03.03	8/4/2017	869	2017 Winter Juniors (SCY)	13-14	9
Caroline Kulp	GATR	14	F	2015 FL Dolfin Summer Senior Beac	100 FL LCM	1:03.18	7/31/2015	863	2015 Winter Juniors (SCY)	13-14	10
Remedy Rule	SMAC	14	F	2011 Summer Junior Nats	200 FL LCM	2:12.92	8/8/2011	961	2012 Olympic Trials	13-14	1
Grace Sheble	NOVA	14	F	2017 NCSA Summer Champs	200 FL LCM	2:13.64	8/2/2017	950	2018 Summer Nationals (LCM)	13-14	2
Olivia Bray	GATR	14	F	2016 NC GCY Sprint and Distanc	200 FL LCM	2:15.14	6/11/2016	927	2017 Summer Nationals (LCM)	13-14	3
Emma Nunn	NOVA	14	F	2008 Olympic Trials	200 FL LCM	2:15.53	6/29/2008	921	2008 Olympic Trials	13-14	4
Emerson Callis	QSTS	13	F	2022 VA EZ LC Speedo Super Sectional	200 FL LCM	2:16.44	5/14/2022	949	2022 Summer Juniors (LCM)	13-14	5
Caroline Sheble	NOVA	14	F	2017 FL BSS TYR Summer Classic LC	200 FL LCM	2:16.63	6/24/2017	904	2017 Winter Nationals (LCM)	13-14	6
Caroline Kulp	GATR	14	F	2015 VA GATR SENIOR SHOOTOUT	200 FL LCM	2:16.79	12/6/2015	902	2017 Winter Nationals (LCM)	13-14	7
Liz Shaw	NOVA	14	F	2003 Summer Nationals	200 FL LCM	2:18.00	8/5/2003	883	2007 Summer US Open	13-14	8
Grace Browne	CA-Y	13	F	2023 VA LC Age Group Champs	200 FL LCM	2:19.40	7/22/2023	906	2024 Futures (LCM)	13-14	9
Zoe Dixon	NOVA	14	F	2018 FL Bolles School Sharks TYR	200 FL LCM	2:19.63	6/23/2018	859	2019 Futures (LCM)	13-14	10
Grace Sheble	NOVA	13	F	2016 IN NCSA Summer Swimming Cham	200 IM LCM	2:17.42	8/13/2016	991	2017 Summer Nationals (LCM)	13-14	1
Zoe Dixon	NOVA	14	F	2019 VA NOVA LC Winter Invitat	200 IM LCM	2:19.89	1/21/2019	895	2019 Winter US Open (LCM)	13-14	2
Colby Hurt	757	14	F	2016 Futures - College Park	200 IM LCM	2:19.96	8/7/2016	893	2017 Winter Nationals (LCM)	13-14	3
Emerson Callis	QSTS	14	F	2023 FL ISCA International Senior Cup	200 IM LCM	2:20.46	3/22/2023	885	2023 Summer Juniors (LCM)	13-14	4
Olivia Bray	GATR	14	F	2016 FL Dolfin Junior National	200 IM LCM	2:20.79	3/16/2016	878	2017 Winter Nationals (LCM)	13-14	5
Samantha Tadder	TIDE	14	F	2017 Futures - Geneva	200 IM LCM	2:20.89	8/6/2017	876	2017 Winter Nationals (LCM)	13-14	6
Elle Scott	NOVA	14	F	2021 SE NCSA Summer Swimming Championships	200 IM LCM	2:20.98	8/14/2021	875	2022 Summer Juniors (LCM)	13-14	7
Caroline Kulp	GATR	14	F	2015 VA GATR SENIOR SHOOTOUT	200 IM LCM	2:21.18	12/4/2015	871	2017 Winter Nationals (LCM)	13-14	8
Sofie Vanyo	ACAC	14	F	2023 VA LC Senior Champs	200 IM LCM	2:21.40	7/13/2023	868	2023 Winter Juniors (SCY)	13-14	9

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Name	Club	Age As Of Swim	Competition Category	Meet	Event	Swim Time	Swim Date	Power Points	Standard	Age Group	Age Group Rank
Caroline Sheble	NOVA	14	F	2017 NCSA Summer Champs	200 IM LCM	2:21.51	8/5/2017	865	2017 Winter Juniors (SCY)	13-14	10
Grace Sheble	NOVA	14	F	2017 NCSA Summer Champs	400 IM LCM	4:48.17	8/3/2017	949	2018 Summer Nationals (LCM)	13-14	1
Emerson Callis	QSTS	14	F	2023 FL ISCA International Senior Cup	400 IM LCM	4:54.05	3/24/2023	901	2023 Winter US Open (LCM)	13-14	2
Colby Hurt	757	14	F	2016 Futures - College Park	400 IM LCM	4:54.50	8/5/2016	897	2017 Summer Nationals (LCM)	13-14	3
Rebecca Rainer	NOVA	14	F	2008 FL NCSA Junior National Swim	400 IM LCM	4:54.66	3/18/2008	896	2008 Olympic Trials	13-14	4
Zoe Dixon	NOVA	14	F	2018 FL Bolles School Sharks TYR	400 IM LCM	4:55.36	6/23/2018	890	2018 Winter Nationals (LCM)	13-14	5
Caroline Sheble	NOVA	14	F	2017 NCSA Summer Champs	400 IM LCM	4:55.93	8/3/2017	885	2017 Winter Nationals (LCM)	13-14	6
Emma Muzzy	GATR	14	F	2015 FL Dolphin Summer Senior Beac	400 IM LCM	4:56.22	7/31/2015	883	2015 Winter Nationals (LCM)	13-14	7
Caroline Kulp	GATR	14	F	2015 FL Dolphin Summer Senior Beac	400 IM LCM	4:56.31	7/31/2015	882	2015 Winter Nationals (LCM)	13-14	8
Emma Nunn	NOVA	14	F	2008 Summer Junior Nats	400 IM LCM	4:58.02	8/4/2008	868	2008 Winter Nationals (LCM)	13-14	9
Samantha Tadder	TIDE	14	F	2017 Futures - Geneva	400 IM LCM	4:59.32	8/4/2017	858	2017 Winter Juniors (SCY)	13-14	10