



H2okie/Marlins Dual meet
Dual
October 21-22nd, 2022
SANCTION NO. VS-23-41



SANCTION:	• Held under the sanction of USA Swimming/Virginia Swimming, Inc., SANCTION NO. VS-23-41 • USA Swimming, Inc., Virginia Swimming, Inc., Christiansburg Aquatic Center, and CCA Marlins and H2okies, shall be held free and harmless from any, and all liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event.
LOCATION:	• Christiansburg Aquatic Center at 595 N Franklin St, Christiansburg, VA 24073 (540) 381-7665
FACILITY:	• 50 Meter by 25 yard pool, lanes have non-turbulent lane lines, deck-anchored starting blocks and water depth of min. of 7.0 feet. The race course will be set up to swim widths with the pool depth sloping from 7 to 17 feet. • The course of competition will be in held two 25-yard courses swimming the width of the pool. • Colorado Timing System with color scoreboard and separate video board will be used. • The competition course has been certified in accordance with current <i>USA Swimming Rules and Regulations</i>, Article 104.2.2C (4). The copy of certification is on file with USA Swimming • In order to provide parents/guardians who are outside of the facility the ability to view their athletes' events, this meet may be video streamed following all MAAPP guidelines. By attending or participating in this competition, you acknowledge and grant permission to be included in the video-streaming. 10 non-turbulent Lane lines 25-yard Pool. 6 feet at Starting end 6 ft at turn end. Colorado Timing System. Indoor pool, this is a SCY meet. • The competition course has been certified in accordance with current <i>USA Swimming Rules and Regulations</i>, Article 104.2.2C (4). • Christiansburg Aquatic Center shall be held free and harmless from any and all liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event.
MEET DIRECTOR:	Name: Scott Baldwin Phone: (540) 998-2327 Email: edbaldwi@vt.edu
ELIGIBILITY:	• Open to all USA Swimming Athletes from CCA Marlins or H2okies, registered before the first day of the meet • Age on October 21, 2022 will determine age for the entire meet.
DISABILITY SWIMMERS:	• Athletes with a disability are welcome and shall provide advance notice of desired accommodations to the Meet Director. • The athlete (or the athlete's coach) is also responsible for notifying the session referee of any disability prior to the competition.
FORMAT:	• All age swimmers will swim in the same session each day. • All events will be pre-seeded and timed finals. • Swimmer recovery breaks will be added as needed on Friday, October 21st • All swimmers will report behind the block, with two heats at a time, clerk of course will be provided for all 10 and under swimmers
WARM-UP:	Warm-ups start at On Friday Oct 21 st 5:45 pm; competition starts not before 6:15pm. On Saturday Oct 22 nd 8:15am; meet starts at 9:00am
ENTRIES:	DEADLINE FOR THE RECEIPT OF ENTRIES IS Tuesday, October 18th. • Entries must be submitted in short course yard times using Commlink-2 software. • Teams must submit entries via email

	- Swimmers may enter a maximum of 3 individual event(s) per session and one relay. - All entry times must have been achieved in a USA Swimming sanctioned, approved, or observed meet. - Entries will be processed in the order received and accepted to the greatest extent possible without exceeding the 4-hour/session timeline limit and the limits of the Commonwealth of Virginia. - Email entries to Scott Baldwin at edbaldwi@vt.edu Deck entries for athletes already entered in the meet will be accepted to the extent that open lanes are available. No extra heats will be added
FEES:	\$15.00 per swimmer. - Checks should be made payable to: H20kie Aquatics - Mail payment to: c/o Scott Baldwin 2211 Walnut Spring Rd Blacksburg, VA 24060 - Payment must be received by 10/21/2022 for all entries. Failure to pay entry fees by this deadline could result in teams being barred from the meet. IMPORTANT: If payment is sent via Express Mail/FedEx/Airborne/UPS/etc., please ensure that a signature is NOT required for delivery.
SEEDING:	All events will be pre-seeded.
AWARDS:	No Awards will be given.
PENALTIES:	- A fine of up to \$100 per event may be assessed for any illegal participation in the meet. Illegal participation is defined as - Entries using fraudulent or non-verifiable times. - Athlete competed in the incorrect age group. - Athlete is not registered with USA Swimming prior to the first day of the meet. - If the swimmer is representing a club in competition, the fine will be levied on the Club. If the swimmer is unattached, the fine will be levied on the swimmer. - Any event in which an athlete participated illegally will be rescored and re-awarded.
RULES:	- The current USA Swimming Rules and Regulations including the Minor Athlete Abuse Protection Policy will govern this meet. - All applicable adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy (MAAPP) and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition. - Any swimmer entered in the meet must be certified by a USA-S member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. - Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present without written USA Swimming approval. - Use of audio or visual recording devices, including cell phones, is not permitted in changing areas, rest rooms or locker rooms. In addition, photography behind the blocks is <u>not permitted</u>. - Changing, in whole or in part, into or out of swimsuit when wearing just one suit in an area other than in a locker room, bathroom, or other space designated for changing is PROHIBITED. - In accordance with VSI best practices, all swimmers should shower before entering the pool. - An athlete suspected of sustaining a concussion or exhibiting signs of a concussion, will immediately be removed from competition and shall not return to competition that day. The athlete may return to competition on a subsequent day, but only with a release authorization signed by a licensed healthcare provider. - In accordance with VSI Policy, only those coaches who have current, valid USA Swimming credentials will be permitted to act in a coaching capacity at this meet. Coaches with expired or non-current credentials will be required to leave the deck area.

OFFICIALS:	Meet Referee: Name Susan Munson Email: susamun@cox.net Phone: (540) 314 5723 Officials will be needed for all positions for this meet. Please send your availability to Sue Munson at susamun@cox.net no later than Tuesday, October 18th, 2022 • There will be a timer briefing approximately 30 minutes before the session starts. • Officials meeting will be at 45 minutes before the session start time in the hospitality room.
SAFETY:	Virginia Swimming Meet Safety Procedures will be in effect.
TIMERS:	• Clubs will be required to provide timers in proportion to the number of swimmers they have entered in each section. • The number of timers required per club and their lane assignments will be posted on the CCA Marlins Website no later than October 20th and will also be emailed to the contact person
GENERAL:	• Hospitality room will be open for coaches and officials. • Heat sheets will be sent digitally and available on CCA Marlins website, there will be no paper copies during the meet.
FACILITY RULES:	FOLLOWING RULES ARE TO BE FOLLOWED DURING THE EVENT ALONG WITH ALL CHRISTIANSBURG AQUATIC CENTER RULES: • Drinks are permitted in plastic bottles or covered cups. • Young children must be supervised by an adult. • Observers are to stay in designated areas. • No tape of any kind is to be used inside to hang signs, banners or decorations. Please consult with the Director of Aquatics prior to hanging up any relevant decorations. • Only Aquatic Staff are permitted in the Aquatic Offices, Equipment Room and First Aid Office unless approved by Aquatic Staff Management. • Smoking is NOT permitted. • Each facility is not responsible for any lost or stolen items. Make sure someone you know is always present supervising individual/team belongings. • No unauthorized persons are permitted to use the stereo system without the permission of the Aquatic Director. • No glass containers of any kind are to be brought into the pool complex. • Parking violators will be subject to fines and/or towing as posted. • The Aquatic Centers strongly encourages showering prior to entering the pool. • All emergency exits, and walkways must remain clear. • Each club is responsible for supervising the conduct of its swimmers/spectators. Swimmers are not permitted in any room not directly associated with the meet.
DIRECTIONS:	Address: 595 N Franklin St, Christiansburg

H2okie/Marlins Dual meet

ORDER OF EVENTS

H2okie/Marlins Dual meet		
Friday Pm Session Warm-up: 5:45 PM Start not before 6:15PM		
<u>Girls</u>	<u>Events</u>	<u>Boys</u>
<u>1</u>	Open 400 IM	<u>2</u>
3	Open 100 IM	4
5	Open 300 fr	6
7	12 & U 50 Fly	8
9	Open 200 Brst	10
11	Open 100 Bk	12
13	Open 100 Fly	14
15	12& U 50 Brst	16
17	Open Mixed 400 Fr relay	17

H2okie/Marlins Dual meet		
Saturday AM Session Warm-up: 8:15 AM Start: 9:00AM		
<u>Girls</u>	<u>Events</u>	<u>Boys</u>
<u>18</u>	Open 200 Back	<u>19</u>
20	Open 100 FREE	21
22	Open 200 IM	23
24	Open 50 Fr	25
26	Open 100 Brst	27
28	Open 200 FLY	29
30	12&U 50 Bk	31
32	Open Mixed 200 free relay	32