

2023 VHSL Region 5c - 2/9/2023**Results - Region 5C****Event 1 Boys 200 Yard Medley Relay**

Team	Relay	Seed Time	Finals Time
1 Mills E Godwin High School 1) Lambert, Eric SO	A 2) Ridge, Spencer SO	1:34.12 3) Jacobs, Aidan SR	1:34.12 4) Connell, Seamus SR
2 Deep Run High School 1) Farney, Thomas JR	A 2) Schardt, Jack JR	1:37.71 3) Kulak, Andrew SR	1:39.53 4) Thornton, Christian SO
3 Douglas Freeman Swimming 1) Szobota, Nathan SO	A 2) Kuriger, Nicholas SO	1:40.25 3) Ferguson, George JR	1:40.31 4) Brooks, Henry SO
4 Glen Allen High School 1) Lifsey, Judson JR	A 2) Fagan, Eric SR	1:41.53 3) Strudgeon, George JR	1:41.01 4) Cook, Cameron JR
5 Clover Hill High School 1) Tiller, Grant JR	A 2) Ellenberger, Carson FR	1:44.08 3) Campbell, Spencer SO	1:43.34 4) Radgowski, Emmett SR
6 Midlothian HS 1) Williams, Landon SR	A 2) Babic, Aleksandar JR	1:45.82 3) Tambourine, Nate JR	1:52.03 4) Montgomery, Luke SO
7 LC Bird High School 1) Gaertner, Andrew SO	A 2) Clippinger, Jack FR	1:53.90 3) Brown, Camren SO	1:55.98 4) Saunders, Hunter SO
8 J.R. Tucker High School 1) Cutchin, Lance SO	A 2) Coffey, Alec FR	1:43.54 3) Wilks, Hayes SO	1:57.31 4) Bond, Zach SO

Event 2 Girls 200 Yard Medley Relay

Team	Relay	Seed Time	Finals Time
1 Douglas Freeman Swimming 1) Blanco, Karina	A 2) Stuhlmacher, Claire JR	1:52.16 3) Strudgeon, Morgan SR	1:48.61 4) Bischoff, Allison SO
2 Mills E Godwin High School 1) Mckinney, Ava SO	A 2) Hotem, Kate SO	1:51.01 3) Reid, Keira JR	1:49.43 4) Eakes, Savannah SR
3 Deep Run High School 1) Van Schaften, Josie SO	A 2) Miklos, Riley JR	1:47.96 3) Law, Emily JR	1:49.99 4) Belden, Grace JR
4 J.R. Tucker High School 1) Schwartz, Cameron SO	A 2) Russell, Katie SR	1:53.26 3) Armstrong, Lauren SR	1:53.13 4) Johnson, Lindsey SR
5 Midlothian HS 1) Crum, Josie JR	A 2) Stumph, Ruby FR	1:54.32 3) Ix, Sara JR	1:53.73 4) Singh, Sarah SR
6 Glen Allen High School 1) McCann, Lauren SO	A 2) Wang, Abigail SO	1:54.78 3) Holloway, Claire FR	1:57.12 4) Lee-Bishop, Mia JR
7 Clover Hill High School 1) Baraceres, Kamille JR	A 2) Ekiert, Allison FR	1:58.67 3) Pratt, Tatum SR	1:57.43 4) Hinton, Carter SO
8 LC Bird High School 1) Raybould, Nicky JR	A 2) Stewart, Sophia SO	2:27.93 3) Edwards-El, Kaya JR	2:32.35 4) Burdette, Cameron FR
9 Hermitage High School 1) Stueber, Adriana FR	B 2) Parker, Chayla FR	NT 3) Biernot, Kyra SO	2:33.07 4) Rowan, Daphne JR

Event 3 Boys 200 Yard Freestyle

Name	Yr	School	Seed Time	Finals Time
1 Szobota, Nathan	SO	Douglas Freeman Swimming	1:41.51	1:43.69
2 Schardt, Jack	JR	Deep Run High School	1:50.94	1:46.21
3 Julian, Brady	FR	Midlothian HS	1:48.09	1:46.53
4 Ridge, Spencer	SO	Mills E Godwin High School	1:49.13	1:48.07
5 Rivas, Matthew	SO	Mills E Godwin High School	1:48.57	1:48.30
6 King, Michael	JR	Douglas Freeman Swimming	1:53.69	1:50.01
7 Webster, Andrew	JR	Clover Hill High School	1:53.91	1:50.26
8 Edwards, Dillon	FR	Mills E Godwin High School	1:52.05	1:51.17
9 Burnett, Edward	SO	Clover Hill High School	1:55.66	1:53.25
10 Szabo, Erik	FR	Clover Hill High School	1:53.95	1:53.73
11 Leary, Jonathan	FR	Deep Run High School	1:59.90	2:00.59
12 Chupp, Nikolas	SR	Douglas Freeman Swimming	1:59.37	2:01.42
13 Cutchin, Lance	SO	J.R. Tucker High School	NT	2:04.36

2023 VHSL Region 5c - 2/9/2023**Results - Region 5C****(Event 3 Boys 200 Yard Freestyle)**

	Name	Yr	School	Seed Time	Finals Time
14	Rhodes, Cameron	SO	Deep Run High School	2:04.68	2:04.79
15	Tambourine, Nate	JR	Midlothian HS	2:01.95	2:05.16
16	Poulton, Jackson	SO	Glen Allen High School	2:06.80	2:08.72
17	Rapp, Nicholas	FR	J.R. Tucker High School	2:16.29	2:09.47
18	Boucher, Griffin	SO	Midlothian HS	2:08.29	2:12.24
19	Boch, Jonathan	FR	LC Bird High School	2:36.76	2:31.97
---	VanLesser, Brogan	FR	Glen Allen High School	2:17.61	DQ

Event 4 Girls 200 Yard Freestyle

	Name	Yr	School	Seed Time	Finals Time
1	Bischoff, Allison	SO	Douglas Freeman Swimming	1:54.71	1:50.09
2	Miklos, Riley	JR	Deep Run High School	1:57.81	1:52.50
3	Phillips, Courtney	SR	Midlothian HS	1:59.13	1:52.94
4	Stuhlmacher, Claire	JR	Douglas Freeman Swimming	1:58.04	1:54.25
5	Armstrong, Kiersten	FR	J.R. Tucker High School	1:58.51	1:56.74
6	Van Schaften, Riley	SO	Deep Run High School	1:56.99	1:56.93
7	Reid, Keira	JR	Mills E Godwin High School	1:58.26	1:57.49
8	Jones, Riley	SO	J.R. Tucker High School	2:02.16	2:00.55
9	Ng, Sophia	FR	Mills E Godwin High School	2:04.66	2:02.39
10	Chawla, Gul	FR	Deep Run High School	2:05.21	2:02.66
11	Mierenfeld, Ellie	FR	Midlothian HS	2:08.52	2:06.09
12	Popik, Elizabeth	JR	Glen Allen High School	2:12.07	2:07.74
13	Lee-Bishop, Mia	JR	Glen Allen High School	2:13.56	2:10.73
14	Ward, Abigail	SO	Midlothian HS	2:19.68	2:15.31
15	Raybould, Nicky	JR	LC Bird High School	2:15.15	2:16.51
16	Cook, Corinne	SO	Glen Allen High School	2:18.18	2:17.22
17	Coleman, Gabrielle	FR	Mills E Godwin High School	2:21.96	2:20.52
18	Ingram, Sydney	SR	Clover Hill High School	2:29.26	2:30.66
19	Clark, Renn	SO	J.R. Tucker High School	2:37.33	2:34.67
20	Bowers, Mollie	FR	Clover Hill High School	2:42.88	2:38.68

Event 5 Boys 200 Yard IM

	Name	Yr	School	Seed Time	Finals Time
1	Farney, Thomas	JR	Deep Run High School	1:54.19	1:52.06
2	Jacobs, Aidan	SR	Mills E Godwin High School	1:55.30	1:54.35
3	Neuhaus, Harrison	JR	Mills E Godwin High School	1:56.62	1:56.34
4	Campbell, Spencer	SO	Clover Hill High School	1:59.92	2:00.10
5	Strudgeon, George	JR	Glen Allen High School	2:01.72	2:00.11
6	Jun, Caleb	FR	Douglas Freeman Swimming	1:59.72	2:00.83
7	Kulak, Andrew	SR	Deep Run High School	2:03.04	2:01.03
8	Julian, Bryant	JR	Midlothian HS	2:03.29	2:01.29
9	Clippinger, Jack	FR	LC Bird High School	2:04.11	2:02.38
10	Ferguson, George	JR	Douglas Freeman Swimming	2:03.32	2:02.89
11	Potter, Grady	SR	Midlothian HS	2:03.34	2:03.49
12	Steadman, Spencer	FR	J.R. Tucker High School	2:05.55	2:08.02
13	Dolan, Christian	SO	J.R. Tucker High School	2:13.65	2:11.49
14	Liang, Kevin	FR	Clover Hill High School	2:16.60	2:15.24
15	Hufford, Jason	FR	Clover Hill High School	2:19.31	2:19.07
16	Do, Nam	JR	Glen Allen High School	2:22.02	2:19.61
17	Stevens, Samuel	SO	Midlothian HS	2:25.45	2:20.19
18	Rettig, Sean	FR	Douglas Freeman Swimming	2:24.87	2:20.61
19	Chen, Jason	SR	Deep Run High School	2:23.99	2:23.94

2023 VHSL Region 5c - 2/9/2023**Results - Region 5C****(Event 5 Boys 200 Yard IM)**

	Name	Yr	School	Seed Time	Finals Time
20	Gaertner, Andrew	SO	LC Bird High School	2:34.58	2:34.73
21	Oberle, Liam	SO	Glen Allen High School	2:39.79	2:41.77

Event 6 Girls 200 Yard IM

	Name	Yr	School	Seed Time	Finals Time
1	Hotem, Kate	SO	Mills E Godwin High School	2:06.97	2:04.57
2	Russell, Katie	SR	J.R. Tucker High School	2:10.19	2:04.77
3	Jessup, Abby	SO	Deep Run High School	2:12.77	2:11.84
4	Wang, Abigail	SO	Glen Allen High School	2:15.42	2:12.86
5	Law, Emily	JR	Deep Run High School	2:13.51	2:13.31
6	Strudgeon, Morgan	SR	Douglas Freeman Swimming	2:16.36	2:13.67
7	Ix, Sara	JR	Midlothian HS	2:20.36	2:13.76
8	Wenert, Olivia	FR	Deep Run High School	2:18.67	2:15.20
9	Rodriguez, Cristina	SO	J.R. Tucker High School	2:15.53	2:16.32
10	Connor, Lillie	SR	Douglas Freeman Swimming	2:16.10	2:17.75
11	Holloway, Claire	FR	Glen Allen High School	2:25.03	2:20.63
12	McCann, Lauren	SO	Glen Allen High School	2:23.59	2:20.79
13	Jaeger, Renee	SR	Midlothian HS	2:25.04	2:21.22
14	Connor, Julia	SO	Douglas Freeman Swimming	2:20.44	2:24.24
15	Baraceres, Kamille	JR	Clover Hill High School	2:21.63	2:24.77
16	Morris, Kelsey	FR	Mills E Godwin High School	2:23.78	2:26.15
17	Zhang, Alice	SO	Mills E Godwin High School	2:29.07	2:28.78
18	Duerson, Sydney	JR	J.R. Tucker High School	2:43.24	2:38.12
19	Woo, Julianne	FR	Clover Hill High School	2:41.65	2:40.12
20	Gaffney, Gretchen	SO	Clover Hill High School	2:59.59	2:54.35
---	Parker, Chayla	FR	Hermitage High School	2:51.47	DQ
---	Stumph, Ruby	FR	Midlothian HS	2:25.85	2:27.23

Event 7 Boys 50 Yard Freestyle

	Name	Yr	School	Seed Time	Finals Time
1	Connell, Seamus	SR	Mills E Godwin High School	21.39	21.33
2	Cook, Cameron	JR	Glen Allen High School	22.21	22.11
3	Thornton, Christian	SO	Deep Run High School	22.90	22.84
4	Bupp, Tate	SO	Clover Hill High School	23.32	22.95
5	Tiller, Grant	JR	Clover Hill High School	22.98	23.00
6	Kuriger, Nicholas	SO	Douglas Freeman Swimming	23.00	23.07
7	Rivas, Matthew	SO	Mills E Godwin High School	22.21	23.11
8	Lifsey, Judson	JR	Glen Allen High School	23.08	23.17
9	Bower, Brooks	SR	Deep Run High School	23.05	23.24
10	Ellenberger, Carson	FR	Clover Hill High School	23.41	23.38
11	Martin, Leif	SO	Douglas Freeman Swimming	24.31	23.65
12	Ota, Jiei	JR	Mills E Godwin High School	23.79	23.76
13	Orsi, Alec	SR	Glen Allen High School	23.78	24.09
14	Jena, Amish	SO	J.R. Tucker High School	24.46	24.48
15	Brown, Camren	SO	LC Bird High School	24.84	24.73
16	Babic, Aleksandar	JR	Midlothian HS	24.52	24.85
17	Schwabe, Johnathan	FR	Midlothian HS	25.61	24.99
18	Sleman, Christian	SR	Douglas Freeman Swimming	24.25	25.20
19	Montgomery, Luke	SO	Midlothian HS	25.22	25.41
20	McAuliffe, Peyton	SO	Deep Run High School	25.39	25.61
21	Bond, Zach	SO	J.R. Tucker High School	24.60	25.68
22	Wilks, Hayes	SO	J.R. Tucker High School	25.96	25.95

2023 VHSL Region 5c - 2/9/2023**Results - Region 5C****(Event 7 Boys 50 Yard Freestyle)**

	Name	Yr	School	Seed Time	Finals Time
23	Steele, Robert	SR	Hermitage High School	27.37	27.06
24	Saunders, Hunter	SO	LC Bird High School	28.39	27.34
25	Boch, Jonathan	FR	LC Bird High School	29.41	29.02
26	Jones, Khayiem	FR	Hermitage High School	35.05	34.97

Event 8 Girls 50 Yard Freestyle

	Name	Yr	School	Seed Time	Finals Time
1	Sleman, Molly	SO	Douglas Freeman Swimming	25.10	24.31
2	Belden, Grace	JR	Deep Run High School	24.41	24.68
3	Bever, Brady	JR	Deep Run High School	25.20	24.86
4	Johnson, Lindsey	SR	J.R. Tucker High School	25.71	25.39
5	Eakes, Savannah	SR	Mills E Godwin High School	25.75	25.50
6	Mears, Annalise	SO	Douglas Freeman Swimming	25.88	25.52
7	Blanco, Karina		Douglas Freeman Swimming	26.45	25.54
8	Schwartz, Cameron	SO	J.R. Tucker High School	26.27	25.75
9	Laramore, Ellie	FR	Deep Run High School	27.05	26.08
10	Boughton, Kayla	SO	Glen Allen High School	25.78	26.28
11	Pratt, Tatum	SR	Clover Hill High School	27.05	26.40
12	Chervenska, Annie	SO	Midlothian HS	26.80	26.66
13	Clemens, Gabriella	SO	Glen Allen High School	27.54	26.70
14	Singh, Sarah	SR	Midlothian HS	26.10	26.84
*15	Biernot, Kyra	SO	Hermitage High School	27.94	26.86
*15	Cowart, Chloe	SO	Glen Allen High School	26.73	26.86
17	Caraballo, Dakayla	SO	Clover Hill High School	27.33	27.16
18	Cooper, Liberty	FR	Midlothian HS	27.68	27.79
19	Coleman, Gabrielle	FR	Mills E Godwin High School	27.93	27.97
20	Dillard, Anne Munro	FR	J.R. Tucker High School	28.73	28.25
21	Lionberger, Sam	SO	Mills E Godwin High School	29.66	28.77
22	Edwards-El, Kaya	JR	LC Bird High School	29.35	29.61
23	Rowan, Daphne	JR	Hermitage High School	37.05	37.10
24	Talome Estrada, Kathy	SO	LC Bird High School	36.99	37.30
25	Stueber, Adriana	FR	Hermitage High School	35.50	37.77

Event 11 Boys 100 Yard Butterfly

	Name	Yr	School	Seed Time	Finals Time
1	Jacobs, Aidan	SR	Mills E Godwin High School	50.37	50.02
2	Campbell, Spencer	SO	Clover Hill High School	52.84	52.25
3	Strudgeon, George	JR	Glen Allen High School	53.72	53.89
4	Julian, Brady	FR	Midlothian HS	52.89	53.97
5	King, Michael	JR	Douglas Freeman Swimming	54.65	54.59
6	Ferguson, George	JR	Douglas Freeman Swimming	54.74	54.73
7	Kurz, William	SR	Douglas Freeman Swimming	58.59	55.64
8	Panos, Gregory	JR	Deep Run High School	56.04	57.04
9	Burnett, Edward	SO	Clover Hill High School	57.96	57.26
10	Harrell, Lincoln	FR	Mills E Godwin High School	58.75	58.45
11	Berger, Henry	SR	Mills E Godwin High School	1:01.19	1:00.30
12	Cutchin, Lance	SO	J.R. Tucker High School	1:05.54	1:01.43
13	Liang, Kevin	FR	Clover Hill High School	1:02.30	1:01.49
14	Wilks, Hayes	SO	J.R. Tucker High School	1:03.70	1:04.29
15	Larkin, Sean	JR	Glen Allen High School	1:06.53	1:05.08
16	Rapp, Nicholas	FR	J.R. Tucker High School	1:09.81	1:05.52
17	Poulton, Jackson	SO	Glen Allen High School	1:08.10	1:09.73

2023 VHSL Region 5c - 2/9/2023**Results - Region 5C****(Event 11 Boys 100 Yard Butterfly)**

	Name	Yr	School	Seed Time	Finals Time
18	Casey, Declan	SO	Deep Run High School	1:12.46	1:12.82

Event 12 Girls 100 Yard Butterfly

	Name	Yr	School	Seed Time	Finals Time
1	Strudgeon, Morgan	SR	Douglas Freeman Swimming	59.18	57.44
2	Law, Emily	JR	Deep Run High School	58.32	58.44
3	Kang, Sarah	SO	Douglas Freeman Swimming	1:00.05	58.96
4	Van Schaften, Josie	SO	Deep Run High School	59.12	59.00
5	Ix, Sara	JR	Midlothian HS	1:03.68	59.72
6	Armstrong, Lauren	SR	J.R. Tucker High School	1:01.20	1:00.68
7	Miyashita, Elizabeth	SO	Glen Allen High School	1:00.75	1:00.85
8	Luo, Sherry	JR	Douglas Freeman Swimming	1:06.21	1:04.77
9	Hinton, Carter	SO	Clover Hill High School	1:05.98	1:04.80
10	Barrett, Anna	FR	Mills E Godwin High School	1:05.05	1:05.26
11	Yang, Emily	SO	Mills E Godwin High School	1:08.36	1:05.46
12	Townsend, Elizabeth	JR	Midlothian HS	1:12.21	1:06.43
13	Hollinshead, Hannah	JR	Glen Allen High School	1:10.45	1:07.01
14	Chervenska, Annie	SO	Midlothian HS	1:10.29	1:07.91
15	Duerson, Sydney	JR	J.R. Tucker High School	1:09.36	1:08.54
16	Cabugason, Hazel	FR	Deep Run High School	1:09.16	1:10.54
17	Cresswell, Isabelle	SO	Mills E Godwin High School	1:14.14	1:12.70
18	Cook, Corinne	SO	Glen Allen High School	1:16.43	1:13.50
19	Ekiert, Allison	FR	Clover Hill High School	1:14.70	1:15.76
20	Stoudt, Natalie	SO	J.R. Tucker High School	1:28.24	1:26.01

Event 13 Boys 100 Yard Freestyle

	Name	Yr	School	Seed Time	Finals Time
1	Connell, Seamus	SR	Mills E Godwin High School	47.66	47.60
2	Lambert, Eric	SO	Mills E Godwin High School	48.11	47.65
3	Bohlman, Craig	SR	J.R. Tucker High School	49.20	47.74
4	Cook, Cameron	JR	Glen Allen High School	48.30	48.09
5	Brooks, Henry	SO	Douglas Freeman Swimming	48.77	49.17
6	Kulak, Andrew	SR	Deep Run High School	50.79	49.88
7	Bupp, Tate	SO	Clover Hill High School	51.09	49.99
8	Thornton, Christian	SO	Deep Run High School	49.33	50.30
9	Kuriger, Nicholas	SO	Douglas Freeman Swimming	49.86	51.15
10	Fagan, Eric	SR	Glen Allen High School	52.52	51.54
11	Radgowski, Emmett	SR	Clover Hill High School	56.31	53.18
12	Szabo, Erik	FR	Clover Hill High School	53.85	53.88
*13	Williams, Landon	SR	Midlothian HS	55.62	53.97
*13	Eubank, Thomas	SR	Mills E Godwin High School	56.09	53.97
15	Coffey, Alec	FR	J.R. Tucker High School	58.14	55.39
16	Tambourine, Nate	JR	Midlothian HS	56.59	56.18
17	Creasey, Cameron	JR	Midlothian HS	56.78	56.21
18	Berselli, Ben	SR	Deep Run High School	56.64	56.31
19	Sleman, Christian	SR	Douglas Freeman Swimming	55.10	57.64
20	Bond, Zach	SO	J.R. Tucker High School	57.22	57.92
21	Brown, Camren	SO	LC Bird High School	58.50	58.55
22	VanLesser, Brogan	FR	Glen Allen High School	58.49	1:00.66
23	Steele, Robert	SR	Hermitage High School	1:04.07	1:02.22
24	Gaertner, Andrew	SO	LC Bird High School	1:02.58	1:03.02

2023 VHSL Region 5c - 2/9/2023**Results - Region 5C****Event 14 Girls 100 Yard Freestyle**

	Name	Yr School	Seed Time	Finals Time
1	Bischoff, Allison	SO Douglas Freeman Swimming	53.12	51.72
2	Mckinney, Ava	SO Mills E Godwin High School	54.91	52.96
3	Sleman, Molly	SO Douglas Freeman Swimming	54.20	53.50
4	Jessup, Abby	SO Deep Run High School	54.37	53.88
5	Belden, Grace	JR Deep Run High School	55.51	54.30
6	Bever, Brady	JR Deep Run High School	55.12	54.65
7	Schmidt, Meghan	JR J.R. Tucker High School	54.61	54.66
8	Barron, Ella	FR Douglas Freeman Swimming	56.58	54.75
9	Crum, Josie	JR Midlothian HS	58.42	55.46
10	Eakes, Savannah	SR Mills E Godwin High School	55.48	55.63
11	Johnson, Lindsey	SR J.R. Tucker High School	56.25	56.29
12	Miyashita, Elizabeth	SO Glen Allen High School	56.66	57.46
13	Lee-Bishop, Mia	JR Glen Allen High School	58.77	58.80
14	Cowart, Chloe	SO Glen Allen High School	59.06	58.90
15	Rodriguez, Gabriela	SR J.R. Tucker High School	NT	59.30
16	Caraballo, Dakayla	SO Clover Hill High School	58.98	59.51
17	Burdsall, Veronica	JR Mills E Godwin High School	1:04.66	1:00.91
18	Damevski, Sasha	SO Midlothian HS	1:04.58	1:01.86
19	Boyce, Daphne	FR Clover Hill High School	1:05.52	1:02.22
20	Singh, Sarah	SR Midlothian HS	1:01.17	1:04.39
21	Stewart, Sophia	SO LC Bird High School	1:14.34	1:14.31
22	Canty, Matilda	FR Clover Hill High School	1:17.47	1:18.25
23	Griffon, Ella	SO Hermitage High School	1:25.78	1:25.48
24	Burdette, Cameron	FR LC Bird High School	1:27.18	1:28.11
25	Deloatch, Chiaya	FR Hermitage High School	1:34.15	1:28.66
26	Gosney, Evelyn	JR Hermitage High School	1:34.85	1:37.16

Event 15 Boys 500 Yard Freestyle

	Name	Yr School	Seed Time	Finals Time
1	Szobota, Nathan	SO Douglas Freeman Swimming	4:28.60	4:38.44
2	Bohlman, Craig	SR J.R. Tucker High School	4:42.28	4:42.68
3	Schardt, Jack	JR Deep Run High School	4:52.52	4:44.81
4	Potter, Grady	SR Midlothian HS	4:55.59	4:57.75
5	Fisher, Adam	JR Mills E Godwin High School	4:58.01	4:57.78
6	Webster, Andrew	JR Clover Hill High School	5:02.29	5:00.90
7	Edwards, Dillon	FR Mills E Godwin High School	5:08.96	5:01.81
8	Payne, Jonathan	FR Mills E Godwin High School	5:06.50	5:05.20
9	Mulholland, Wiley	SO Douglas Freeman Swimming	5:25.74	5:18.06
10	Robinson, Daniel	SO Clover Hill High School	5:35.85	5:22.83
11	Leary, Jonathan	FR Deep Run High School	5:19.60	5:28.61
12	Stevens, Samuel	SO Midlothian HS	5:52.10	5:37.11
13	Rhodes, Cameron	SO Deep Run High School	5:12.86	5:38.41
14	Cassidy, Aidan	SO Douglas Freeman Swimming	5:41.35	5:44.08
15	Schwabe, Johnathan	FR Midlothian HS	5:56.59	5:50.97
16	Snyder, Samuel	SO Clover Hill High School	5:51.44	5:59.11
17	Sheldon, Mason	FR Glen Allen High School	6:03.51	6:05.34

Event 16 Girls 500 Yard Freestyle

	Name	Yr School	Seed Time	Finals Time
1	Stuhlmacher, Claire	JR Douglas Freeman Swimming	5:03.92	4:55.64
2	Phillips, Courtney	SR Midlothian HS	5:13.21	4:58.44

2023 VHSL Region 5c - 2/9/2023**Results - Region 5C****(Event 16 Girls 500 Yard Freestyle)**

	Name	Yr School	Seed Time	Finals Time
3	Miklos, Riley	JR Deep Run High School	5:17.05	4:59.63
4	Armstrong, Kiersten	FR J.R. Tucker High School	5:06.19	5:06.01
5	Reid, Keira	JR Mills E Godwin High School	5:12.64	5:08.75
6	Wenert, Olivia	FR Deep Run High School	5:18.62	5:08.78
7	Van Schaften, Riley	SO Deep Run High School	5:07.79	5:09.28
8	Jones, Riley	SO J.R. Tucker High School	5:26.85	5:14.95
9	Connor, Julia	SO Douglas Freeman Swimming	5:20.89	5:23.44
10	Holloway, Claire	FR Glen Allen High School	5:36.22	5:29.76
11	Jaeger, Renee	SR Midlothian HS	5:45.27	5:38.13
12	Popik, Elizabeth	JR Glen Allen High School	5:51.72	5:42.86
13	Morris, Kelsey	FR Mills E Godwin High School	5:47.82	5:46.16
14	Raybould, Nicky	JR LC Bird High School	5:58.62	6:00.25
15	Dillard, Anne Munro	FR J.R. Tucker High School	6:07.01	6:01.45
16	Boughton, Kelsey	FR Glen Allen High School	6:11.96	6:03.69
17	Ward, Abigail	SO Midlothian HS	6:24.68	6:13.85
18	Zhang, Alice	SO Mills E Godwin High School	6:18.63	6:15.78
19	Ingram, Sydney	SR Clover Hill High School	6:33.79	6:40.69

Event 17 Boys 200 Yard Freestyle Relay

	Team	Relay	Seed Time	Finals Time
1	Mills E Godwin High School	A	1:29.43	1:30.07
	1) Fisher, Adam JR	2) Ridge, Spencer SO	3) Rivas, Matthew SO	4) Neuhaus, Harrison JR
2	Douglas Freeman Swimming	A	1:30.72	1:32.15
	1) Kuriger, Nicholas SO	2) Martin, Leif SO	3) Ferguson, George JR	4) King, Michael JR
3	Clover Hill High School	A	1:35.19	1:33.28
	1) Ellenberger, Carson FR	2) Burnett, Edward SO	3) Radgowski, Emmett SR	4) Bupp, Tate SO
4	J.R. Tucker High School	A	1:40.25	1:34.05
	1) Steadman, Spencer FR	2) Dolan, Christian SO	3) Jena, Amish SO	4) Bohlman, Craig SR
5	Midlothian HS	A	1:35.31	1:35.59
	1) Julian, Bryant JR	2) Babic, Aleksandar JR	3) Potter, Grady SR	4) Julian, Brady FR
6	Deep Run High School	A	1:37.51	1:35.82
	1) Bower, Brooks SR	2) Berselli, Ben SR	3) Chen, Jason SR	4) Panos, Gregory JR
7	Glen Allen High School	A	1:32.06	1:38.92
	1) Do, Nam JR	2) Larkin, Sean JR	3) VanLesser, Brogan FR	4) Orsi, Alec SR
8	LC Bird High School	A	1:45.43	1:45.75
	1) Brown, Camren SO	2) Gaertner, Andrew SO	3) Saunders, Hunter SO	4) Clippinger, Jack FR

Event 18 Girls 200 Yard Freestyle Relay

	Team	Relay	Seed Time	Finals Time
1	Douglas Freeman Swimming	A	1:41.50	1:39.85
	1) Mears, Annalise SO	2) Kang, Sarah SO	3) Barron, Ella FR	4) Sleman, Molly SO
2	Deep Run High School	A	1:40.29	1:40.17
	1) Belden, Grace JR	2) Law, Emily JR	3) Bever, Brady JR	4) Jessup, Abby SO
3	Midlothian HS	A	1:45.37	1:41.70
	1) Mierenfeld, Ellie FR	2) Crum, Josie JR	3) Jaeger, Renee SR	4) Phillips, Courtney SR
4	J.R. Tucker High School	A	1:44.63	1:43.37
	1) Armstrong, Lauren SR	2) Armstrong, Kiersten FR	3) Rodriguez, Cristina SO	4) Schmidt, Meghan JR
5	Glen Allen High School	A	1:45.36	1:43.76
	1) Wang, Abigail SO	2) Cowart, Chloe SO	3) Miyashita, Elizabeth SO	4) Boughton, Kayla SO
6	Clover Hill High School	A	1:46.38	1:44.16
	1) Hinton, Carter SO	2) Caraballo, Dakayla SO	3) Baraceros, Kamille JR	4) Pratt, Tatum SR
7	Mills E Godwin High School	A	1:47.35	1:47.61
	1) Barrett, Anna FR	2) Morris, Kelsey FR	3) Ng, Sophia FR	4) Yang, Emily SO

2023 VHSL Region 5c - 2/9/2023**Results - Region 5C****(Event 18 Girls 200 Yard Freestyle Relay)**

Team	Relay	Seed Time	Finals Time
8 LC Bird High School	A	2:09.71	2:10.89
1) Edwards-El, Kaya JR	2) Talome Estrada, Kathy SO	3) Stewart, Sophia SO	4) Raybould, Nicky JR
9 Hermitage High School	B	NT	2:17.03
1) Parker, Chayla FR	2) Rowan, Daphne JR	3) Stueber, Adriana FR	4) Biernot, Kyra SO

Event 19 Boys 100 Yard Backstroke

Name	Yr	School	Seed Time	Finals Time
1 Farney, Thomas	JR	Deep Run High School	52.16	50.07
2 Lambert, Eric	SO	Mills E Godwin High School	52.65	52.39
3 Neuhaus, Harrison	JR	Mills E Godwin High School	53.52	52.67
4 Lifsey, Judson	JR	Glen Allen High School	54.15	54.39
5 Steadman, Spencer	FR	J.R. Tucker High School	55.25	55.09
6 Brooks, Henry	SO	Douglas Freeman Swimming	54.56	55.10
7 Kurz, William	SR	Douglas Freeman Swimming	58.18	56.10
8 Panos, Gregory	JR	Deep Run High School	1:00.15	57.64
9 Martin, Leif	SO	Douglas Freeman Swimming	56.52	57.73
10 Dolan, Tyler	SR	Mills E Godwin High School	58.37	59.51
11 Tiller, Grant	JR	Clover Hill High School	59.89	59.88
12 Williams, Landon	SR	Midlothian HS	1:03.28	1:01.35
13 Coffey, Alec	FR	J.R. Tucker High School	1:07.67	1:03.42
14 Hufford, Jason	FR	Clover Hill High School	1:04.98	1:03.69
15 Do, Nam	JR	Glen Allen High School	1:06.64	1:04.08
16 Boucher, Griffin	SO	Midlothian HS	1:09.67	1:07.90
17 Casey, Declan	SO	Deep Run High School	1:13.84	1:09.93
18 Sheldon, Mason	FR	Glen Allen High School	1:13.99	1:11.75
--- Robinson, Daniel	SO	Clover Hill High School	1:05.55	DQ

Event 20 Girls 100 Yard Backstroke

Name	Yr	School	Seed Time	Finals Time
1 Hotem, Kate	SO	Mills E Godwin High School	56.99	56.13
2 Crum, Josie	JR	Midlothian HS	1:00.88	57.78
3 Blanco, Karina		Douglas Freeman Swimming	58.74	58.47
4 Mckinney, Ava	SO	Mills E Godwin High School	1:00.10	58.58
5 Van Schaften, Josie	SO	Deep Run High School	59.17	59.35
6 Mierenfeld, Ellie	FR	Midlothian HS	1:00.61	59.94
7 Kang, Sarah	SO	Douglas Freeman Swimming	1:00.53	1:00.60
8 Schwartz, Cameron	SO	J.R. Tucker High School	1:01.41	1:00.84
9 Barron, Ella	FR	Douglas Freeman Swimming	1:03.81	1:01.77
10 Laramore, Ellie	FR	Deep Run High School	1:08.09	1:01.81
11 McCann, Lauren	SO	Glen Allen High School	1:04.55	1:02.17
12 Chawla, Gul	FR	Deep Run High School	1:03.96	1:02.63
13 Armstrong, Lauren	SR	J.R. Tucker High School	NT	1:03.24
14 Townsend, Elizabeth	JR	Midlothian HS	1:09.83	1:05.74
15 Biernot, Kyra	SO	Hermitage High School	1:08.11	1:07.03
16 Woo, Julianne	FR	Clover Hill High School	1:13.42	1:11.54
17 Boyce, Daphne	FR	Clover Hill High School	1:13.36	1:12.25
18 Boughton, Kelsey	FR	Glen Allen High School	1:13.24	1:13.70
20 Freiden, Helena	SO	J.R. Tucker High School	1:18.88	1:18.79
21 Mann, Macy	SR	Mills E Godwin High School	1:22.57	1:21.87
22 Griffon, Ella	SO	Hermitage High School	1:34.42	1:34.74
23 Kates-Tate, Nolyn	SO	Hermitage High School	1:43.12	1:41.65
19 Gaffney, Gretchen	SO	Clover Hill High School	1:18.79	DQ

2023 VHSL Region 5c - 2/9/2023**Results - Region 5C****(Event 20 Girls 100 Yard Backstroke)**

Name	Yr	School	Seed Time	Finals Time
--- Boughton, Kayla	SO	Glen Allen High School	1:08.82	DFS

Event 21 Boys 100 Yard Breaststroke

Name	Yr	School	Seed Time	Finals Time
1 Ridge, Spencer	SO	Mills E Godwin High School	1:00.80	58.51
2 Clippingier, Jack	FR	LC Bird High School	1:02.37	1:00.42
3 Julian, Bryant	JR	Midlothian HS	1:03.21	1:03.01
4 Harrell, Lincoln	FR	Mills E Godwin High School	1:02.46	1:03.07
5 Jun, Caleb	FR	Douglas Freeman Swimming	1:02.83	1:04.02
6 Bower, Brooks	SR	Deep Run High School	1:06.62	1:04.33
7 Radgowski, Emmett	SR	Clover Hill High School	1:08.69	1:04.47
8 Dolan, Christian	SO	J.R. Tucker High School	1:08.80	1:05.91
9 Jena, Amish	SO	J.R. Tucker High School	1:07.13	1:05.95
10 Ellenberger, Carson	FR	Clover Hill High School	1:06.83	1:06.73
11 Fagan, Eric	SR	Glen Allen High School	1:09.85	1:07.99
12 Babic, Aleksandar	JR	Midlothian HS	1:08.20	1:09.20
13 Orsi, Alec	SR	Glen Allen High School	1:09.79	1:10.32
14 Mulholland, Wiley	SO	Douglas Freeman Swimming	1:11.15	1:11.22
15 Chen, Jason	SR	Deep Run High School	1:12.66	1:12.54
16 Berselli, Ben	SR	Deep Run High School	1:12.09	1:12.87
17 Ogrosky, Joshua	SO	Clover Hill High School	1:13.66	1:13.02
18 Montgomery, Luke	SO	Midlothian HS	1:12.35	1:13.11
19 Hurlbert, Jack	SO	Douglas Freeman Swimming	1:15.19	1:13.36
20 Larkin, Sean	JR	Glen Allen High School	1:17.40	1:16.68
21 Saunders, Hunter	SO	LC Bird High School	1:33.28	1:27.42

Event 22 Girls 100 Yard Breaststroke

Name	Yr	School	Seed Time	Finals Time
1 Russell, Katie	SR	J.R. Tucker High School	1:08.53	1:06.05
2 Rodriguez, Cristina	SO	J.R. Tucker High School	1:09.56	1:09.01
3 Rodriguez, Gabriela	SR	J.R. Tucker High School	1:11.20	1:09.42
4 Wang, Abigail	SO	Glen Allen High School	1:11.76	1:10.09
5 Clemens, Gabriella	SO	Glen Allen High School	1:16.47	1:10.69
6 Hart, Anne Claire	SO	Douglas Freeman Swimming	1:14.77	1:11.29
7 Ng, Sophia	FR	Mills E Godwin High School	1:13.89	1:11.68
8 Yang, Emily	SO	Mills E Godwin High School	1:12.70	1:11.89
9 Connor, Lillie	SR	Douglas Freeman Swimming	1:14.51	1:12.53
10 Conradie, Annelie	JR	Deep Run High School	1:14.57	1:12.77
11 Hollinshead, Hannah	JR	Glen Allen High School	1:16.90	1:15.17
12 Luo, Sherry	JR	Douglas Freeman Swimming	1:15.11	1:15.58
13 Ekiert, Allison	FR	Clover Hill High School	1:14.50	1:15.79
14 Barrett, Anna	FR	Mills E Godwin High School	1:16.23	1:16.72
15 Logwood, Sarah	JR	Deep Run High School	1:18.96	1:18.16
16 Robbins, Wynn	JR	Deep Run High School	1:19.05	1:20.54
17 Sanders, Emerson	JR	Midlothian HS	1:23.26	1:23.44
18 Zhandria, Ruth	FR	Midlothian HS	1:24.10	1:23.68
19 Parker, Chayla	FR	Hermitage High School	1:29.71	1:29.87
20 Canty, Matilda	FR	Clover Hill High School	1:35.41	1:31.58
21 Edwards-El, Kaya	JR	LC Bird High School	1:35.45	1:33.50
22 Bowers, Mollie	FR	Clover Hill High School	1:36.87	1:34.28
23 Stewart, Sophia	SO	LC Bird High School	1:36.24	1:36.50
24 Stueber, Adriana	FR	Hermitage High School	1:40.22	1:38.58

2023 VHSL Region 5c - 2/9/2023**Results - Region 5C****(Event 22 Girls 100 Yard Breaststroke)**

Name	Yr School	Seed Time	Finals Time
25 Burdette, Cameron	FR LC Bird High School	1:47.60	1:46.42

Event 23 Boys 400 Yard Freestyle Relay

Team	Relay	Seed Time	Finals Time
1 Mills E Godwin High School	A	3:10.17	3:10.24
1) Connell, Seamus SR	2) Neuhaus, Harrison JR	3) Jacobs, Aidan SR	4) Lambert, Eric SO
2 Douglas Freeman Swimming	A	3:15.39	3:16.63
1) Brooks, Henry SO	2) Jun, Caleb FR	3) King, Michael JR	4) Szobota, Nathan SO
3 Deep Run High School	A	3:19.72	3:17.63
1) Thornton, Christian SO	2) Schardt, Jack JR	3) Kulak, Andrew SR	4) Farney, Thomas JR
4 Glen Allen High School	A	3:18.55	3:20.05
1) Cook, Cameron JR	2) Fagan, Eric SR	3) Lifsey, Judson JR	4) Strudgeon, George JR
5 Clover Hill High School	A	3:23.81	3:23.11
1) Tiller, Grant JR	2) Bupp, Tate SO	3) Webster, Andrew JR	4) Campbell, Spencer SO
6 J.R. Tucker High School	A	3:27.41	3:30.96
1) Jena, Amish SO	2) Dolan, Christian SO	3) Steadman, Spencer FR	4) Bohlman, Craig SR
7 Midlothian HS	A	3:32.81	3:32.16
1) Julian, Bryant JR	2) Potter, Grady SR	3) Williams, Landon SR	4) Julian, Brady FR

Event 24 Girls 400 Yard Freestyle Relay

Team	Relay	Seed Time	Finals Time
1 Douglas Freeman Swimming	A	3:40.07	3:32.72
1) Sleman, Molly SO	2) Stuhlmacher, Claire JR	3) Barron, Ella FR	4) Bischoff, Allison SO
2 Mills E Godwin High School	A	3:38.49	3:38.13
1) Eakes, Savannah SR	2) Reid, Keira JR	3) Hotem, Kate SO	4) Mckinney, Ava SO
3 Deep Run High School	A	3:32.54	3:38.45
1) Van Schaften, Josie SO	2) Van Schaften, Riley SO	3) Bever, Brady JR	4) Jessup, Abby SO
4 Midlothian HS	A	3:53.72	3:43.57
1) Ix, Sara JR	2) Mierenfeld, Ellie FR	3) Jaeger, Renee SR	4) Phillips, Courtney SR
5 J.R. Tucker High School	A	3:45.60	3:44.13
1) Johnson, Lindsey SR	2) Armstrong, Kiersten FR	3) Russell, Katie SR	4) Schwartz, Cameron SO
6 Glen Allen High School	A	3:56.71	3:48.70
1) Boughton, Kayla SO	2) Lee-Bishop, Mia JR	3) Clemens, Gabriella SO	4) Miyashita, Elizabeth SO
7 Clover Hill High School	A	3:54.12	3:49.07
1) Baraceros, Kamille JR	2) Pratt, Tatum SR	3) Caraballo, Dakayla SO	4) Hinton, Carter SO