

VHSL Region 5D Swimming and Diving Meet - 2/7/2023
Results - 2023 VHSL Region 5D Swimming and Diving Meet

Event 1 Boys 200 Yard Medley Relay

Team	Relay	Seed Time	Finals Time
1 Riverside High School-VA 1) Freeman, Harper P 16	A 2) Iglesias, Matthew 17	1:37.27 3) Tragle, H T I 16	1:37.23 4) Quan, Jacob M 18
2 Stafford Indians Swim Team-VA 1) Cook, Cameron T 16	A 2) Unruh, Jonah S 17	1:39.66 3) McOsker, Ryan P 17	1:37.57 4) Jones, Ian C 18
3 Independence High School-VA 1) Weston, Wade 18	A 2) Jastrzemski, Ryan 16	1:39.65 3) Kim, Ethan 16	1:39.09 4) Kocak, Ethan 16
4 Albemarle High School-VA 1) Moriarty, Jack P 17	A 2) Hodges, Josh R 15	1:38.82 3) Elmore, Lance M 16	1:40.91 4) Easton, Chase J 14
5 Briar Woods High School-PV 1) Rounds, Ryan M 17	A 2) Char, Andrew T 16	1:41.15 3) Scott, James A 17	1:41.52 4) Cather, Owen M 16
6 Mountain View High School-VA 1) Jones, Mac C 18	A 2) Fiore, Andrew T 17	1:42.59 3) Kratowicz, Michael T 17	1:41.65 4) Moore, Ryan E 15
7 Riverbend-VA 1) Clarkson, Nick J 15	A 2) Percy, Mark M 17	1:42.03 3) Hudson, Trevor E 18	1:41.76 4) Frey, Evan C 17
8 Brooke Point High School Swim-V 1) Hoban, Owen M 17	A 2) Luxeder, Caleb	1:44.70 3) Casale, Niko	1:43.15 4) Megna, Ryan
9 Potomac Falls High School-VA 1) Kalka, Thomas R 15	A 2) Ruiz, Adriano A 16	1:43.73 3) Hendershot, Carter L 17	1:43.59 4) Anderson, Jake F 16
10 Patrick Henry High School-VA 1) Rooney, Liam M 15	A 2) Houtz, Riley A 16	1:46.68 3) Sykes, William T 17	1:43.92 4) Smith, Josh
11 Stone Bridge High School-VA 1) Bruley, Nathan A 16	A 2) Hutchison, Mejd R 15	1:42.89 3) Horrigan, Musashi M 16	1:44.60 4) Harrison, Gavin C 16

Event 2 Girls 200 Yard Medley Relay

Team	Relay	Seed Time	Finals Time
1 Albemarle High School-VA 1) Davis, Grey T 16	A 2) Czirjak, Sara E 15	1:49.62 3) Wells, Sara T 15	1:50.05 4) Zhu, Emily Y 17
2 Briar Woods High School-PV 1) Kilty, Caroline R 14	A 2) Grishaeva, Maria A 16	1:49.17 3) Gupton, Mackenzie L 18	1:50.06 4) Hayward, Audrey I 14
3 Riverside High School-VA 1) Rebich, Lizzie M 17	A 2) Sessions, Kylee N 17	1:49.81 3) Santucci, Elle M 15	1:50.15 4) Cisneros, Gigi 15
4 Stafford Indians Swim Team-VA 1) Jones, London E 15	A 2) Eichberg, Lily J 16	1:54.73 3) Bean, Madison E 15	1:53.69 4) Grabowski, Arielle M 15
5 Potomac Falls High School-VA 1) Speilman, Mackenzie L 16	A 2) McMahan, Claire M 16	1:53.54 3) Perezous, Micaela S 16	1:54.29 4) Antognoli, Soleil L 15
6 Mountain View High School-VA 1) David, Nora A 14	A 2) Whatley, Janie	1:56.32 3) Hatzis, Kristina A 15	1:55.30 4) Hoover, Davia L 16
7 Patrick Henry High School-VA 1) Seidel, Emma E 17	A 2) Coleman, Tess	1:58.29 3) Livingston, Frances	1:56.62 4) Caruso, Madeline
8 Woodgrove Swim Team-VA 1) Silverstein, Leah 15	A 2) Bober, Ella	1:59.51 3) Hain, Alyssa	1:59.65 4) Losinski, Kylie
9 Nshs-VA 1) Gabrielson, Chloe L 15	A 2) Hall, Catherine E 17	2:02.36 3) Stoklund, Maria H	2:02.97 4) Garcia, Tessa V 15
--- Independence High School-VA 1) Boyle, Kylie 17	A 2) Wysocki, Nina 14	1:47.08 3) Zerkle, Alden 18	DQ 4) Davies, Megan 18

Event 3 Boys 200 Yard Freestyle

Name	Age	School	Seed Time	Finals Time
1 Quan, Jacob M	18	Riverside High School-VA	1:42.68	1:42.41
2 Hudson, Trevor E	18	Riverbend-VA	1:48.32	1:43.33
3 Char, Andrew T	16	Briar Woods High School-PV	1:44.86	1:44.01
4 Unruh, Jonah S	17	Stafford Indians Swim Team-VA	1:46.05	1:44.26
5 Easton, Chase J	14	Albemarle High School-VA	1:49.57	1:46.01

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(Event 3 Boys 200 Yard Freestyle)

	Name	Age	School	Seed Time	Finals Time
6	Meyer, Peyton D	17	Mountain View High School-VA	1:48.44	1:46.33
7	Marshall, Connor A	16	Albemarle High School-VA	1:52.16	1:47.70
8	Cook, Cameron T	16	Stafford Indians Swim Team-VA	1:48.28	1:48.03
9	Jordan, Patrick J	16	Briar Woods High School-PV	1:50.81	1:51.09
10	Ellinger, Jack O	15	Briar Woods High School-PV	1:51.99	1:51.50
11	Randall, Drew R	18	Briar Woods High School-PV	1:50.89	1:51.73
12	Fulayter, Brandon S	15	Massaponax High School-VA	1:53.76	1:51.80
13	Lu, Max	18	Riverside High School-VA	1:53.22	1:52.46
14	Spinnanger, Andrew J	17	Stafford Indians Swim Team-VA	1:56.15	1:52.48
15	DeVito, Graham S	18	Albemarle High School-VA	1:51.68	1:57.70
16	Callis, Jefferson A	15	Patrick Henry High School-VA	1:55.33	1:58.14

Event 4 Girls 200 Yard Freestyle

	Name	Age	School	Seed Time	Finals Time
1	Wells, Sara T	15	Albemarle High School-VA	2:03.25	1:58.30
2	Rebich, Lizzie M	17	Riverside High School-VA	1:59.36	1:58.31
3	Alms, Melissa N	17	Albemarle High School-VA	1:57.82	1:58.84
4	Grabowski, Arielle M	15	Stafford Indians Swim Team-VA	2:02.98	1:59.23
5	Verbel, Georgia C	14	Massaponax High School-VA	2:05.13	2:05.65
6	Livingston, Frances		Patrick Henry High School-VA	2:08.67	2:06.51
7	Elias, Isabel L	18	Riverside High School-VA	2:07.13	2:07.00
8	Moore, Morgan M	17	Mountain View High School-VA	2:05.91	2:08.26
9	Kish, Sydney M	14	Potomac Falls High School-VA	2:06.94	2:08.62
10	Duggan, Charlotte A	14	Riverside High School-VA	2:08.21	2:09.51
11	Whaley, Ciara L	15	Brooke Point High School Swim-VA	2:12.81	2:09.92
12	Henry, Lorelai P	17	Albemarle High School-VA	2:14.06	2:10.63
13	Hansen, Lina	16	Riverbend-VA	2:13.39	2:15.15
14	Ward, Lily		Patrick Henry High School-VA	2:14.23	2:15.33
15	Hall, Catherine E	17	Nshs-VA	2:12.10	2:15.77

Event 5 Boys 200 Yard IM

	Name	Age	School	Seed Time	Finals Time
1	King, David W	17	Albemarle High School-VA	1:55.83	1:49.60
2	Hoban, Owen M	17	Brooke Point High School Swim-VA	1:53.58	1:49.89
3	Devost, John	18	Independence High School-VA	1:59.51	1:58.80
4	Weston, Wade	18	Independence High School-VA	1:59.13	1:59.86
5	Smith, Josh		Patrick Henry High School-VA	2:00.39	2:00.51
6	Kresin, Nikita A	15	Riverside High School-VA	2:05.46	2:03.46
7	Hodges, Josh R	15	Albemarle High School-VA	2:02.68	2:03.74
8	Freeman, Harper P	16	Riverside High School-VA	2:04.52	2:05.99
9	Ding, Aiden C	15	Albemarle High School-VA	2:09.93	2:06.21
10	Scott, James A	17	Briar Woods High School-PV	2:06.19	2:06.82
11	Horrigan, Musashi M	16	Stone Bridge High School-VA	2:08.91	2:06.97
12	Hutchison, Mejd R	15	Stone Bridge High School-VA	2:07.49	2:07.72
13	Collier, Andrew	18	Independence High School-VA	2:06.86	2:08.68
14	Rowley, Jake	15	Independence High School-VA	2:07.84	2:09.02
15	Bruley, Nathan A	16	Stone Bridge High School-VA	2:07.49	2:09.26
16	Fortiz, Alex R	16	Nshs-VA	2:16.71	2:13.85
17	Wittwer, Liam M		Nshs-VA	2:16.52	2:14.97
18	Rounds, Ryan M	17	Briar Woods High School-PV	2:08.51	2:16.59
---	Fiore, Andrew T	17	Mountain View High School-VA	2:00.26	DQ
---	Kalka, Thomas R	15	Potomac Falls High School-VA	2:06.85	DFS

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Event 6 Girls 200 Yard IM

	Name	Age	School	Seed Time	Finals Time
1	Grishaeva, Maria A	16	Briar Woods High School-PV	2:08.16	2:07.28
2	Santucci, Elle M	15	Riverside High School-VA	2:09.12	2:07.41
3	Eichberg, Lily J	16	Stafford Indians Swim Team-VA	2:10.72	2:07.70
4	Smith, Cameron L	17	Albemarle High School-VA	2:11.86	2:07.72
5	Tiberio, Kyleigh N	17	Massaponax High School-VA	2:25.75	2:21.93
6	Hatzis, Kristina A	15	Mountain View High School-VA	2:20.31	2:21.95
7	Chen, Sara	15	Independence High School-VA	2:21.42	2:22.29
8	Jones, Lily K	16	Mountain View High School-VA	2:28.72	2:25.26
9	Hoang, Angelina J	15	Albemarle High School-VA	2:26.49	2:25.30
10	Stoklund, Maria H		Nshs-VA	2:31.19	2:30.79
11	Kaya, Lina A	14	Nshs-VA	2:36.66	2:35.32

Event 7 Boys 50 Yard Freestyle

	Name	Age	School	Seed Time	Finals Time
1	Tragle, H T I	16	Riverside High School-VA	21.10	20.89
2	Menz, Mason	15	Independence High School-VA	21.85	21.51
3	Gabriele, Noah	17	Harrisonburg High School-VA	21.58	21.70
4	Jones, Ian C	18	Stafford Indians Swim Team-VA	21.98	21.89
5	Moore, Ryan E	15	Mountain View High School-VA	22.01	22.16
6	Kocak, Ethan	16	Independence High School-VA	22.36	22.25
7	Elmore, Lance M	16	Albemarle High School-VA	22.51	22.35
8	Sawyer, Bradley O	15	Albemarle High School-VA	23.21	22.46
9	Harrison, Gavin C	16	Stone Bridge High School-VA	23.10	22.77
10	Anderson, Jake F	16	Potomac Falls High School-VA	22.58	22.98
11	Kratowicz, Michael T	17	Mountain View High School-VA	22.88	23.04
12	Rice, Karl P		Nshs-VA	23.67	23.10
13	Hubbard, Zack T	17	Nshs-VA	23.51	23.45
14	Sykes, William T	17	Patrick Henry High School-VA	23.63	23.74
15	Frey, Evan C	17	Riverbend-VA	24.35	23.78
---	Kim, Ethan	16	Independence High School-VA	22.89	DQ

Event 8 Girls 50 Yard Freestyle

	Name	Age	School	Seed Time	Finals Time
1	Perezous, Micaela S	16	Potomac Falls High School-VA	24.65	24.44
2	Hayward, Audrey I	14	Briar Woods High School-PV	24.43	24.74
3	Davies, Megan	18	Independence High School-VA	24.80	25.04
4	Hoover, Davia L	16	Mountain View High School-VA	26.63	25.23
5	Seidel, Emma E	17	Patrick Henry High School-VA	25.07	25.39
6	Grabowski, Arielle M	15	Stafford Indians Swim Team-VA	25.88	25.50
7	David, Nora A	14	Mountain View High School-VA	25.44	25.51
8	Antognoli, Soleil L	15	Potomac Falls High School-VA	25.06	25.65
9	Diaz-Sanchez, Edgli		William Fleming High School-VA	25.93	25.82
10	Clodfelter, Charlotte R	17	Stone Bridge High School-VA	26.22	25.88
11	Cisneros, Gigi	15	Riverside High School-VA	26.32	26.08
12	Whatley, Janie		Mountain View High School-VA	26.40	26.11
13	Garcia, Tessa V	15	Nshs-VA	26.59	26.36
14	Silverstein, Leah	15	Woodgrove Swim Team-VA	26.30	26.42
15	Zhu, Emily Y	17	Albemarle High School-VA	26.72	26.65
16	Czirjak, Eve M	18	Albemarle High School-VA	28.81	26.66
17	Caruso, Madeline		Patrick Henry High School-VA	27.14	27.45
18	Garcia, Maja J	17	Nshs-VA	28.09	27.96

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	Name	Age	School	Seed Time	Finals Time
19	Hensen, Reese	15	Massaponax High School-VA	28.30	28.17

Event 11 Boys 100 Yard Butterfly

	Name	Age	School	Seed Time	Finals Time
1	McOsker, Ryan P	17	Stafford Indians Swim Team-VA	53.75	52.86
2	Koester, Griffin	15	Woodgrove Swim Team-VA	56.28	53.53
3	Weston, Wade	18	Independence High School-VA	53.68	53.82
4	Hendershot, Carter L	17	Potomac Falls High School-VA	54.17	55.37
5	Elmore, Lance M	16	Albemarle High School-VA	56.19	55.45
6	Rooney, Liam M	15	Patrick Henry High School-VA	57.48	55.96
7	Heiskanen, Adam R	16	Briar Woods High School-PV	57.18	56.51
8	Casale, Niko		Brooke Point High School Swim-VA	57.60	56.67
9	Griffin, Wyatt	15	Independence High School-VA	57.99	57.17
10	Medde-Witage, TD D	17	Briar Woods High School-PV	57.36	57.25
11	Perri, CJ J		Nshs-VA	59.13	59.22
12	Clarkson, Nick J	15	Riverbend-VA	1:00.04	59.66
13	Ding, Aiden C	15	Albemarle High School-VA	1:01.28	1:00.71
14	Hunt, Ethan C	15	Nshs-VA	1:00.02	1:01.48

Event 12 Girls 100 Yard Butterfly

	Name	Age	School	Seed Time	Finals Time
1	Davis, Grey T	16	Albemarle High School-VA	56.98	56.30
2	Boyle, Kylie	17	Independence High School-VA	59.82	57.70
3	Klotz, Anna C	15	Stone Bridge High School-VA	58.86	58.39
4	Santucci, Elle M	15	Riverside High School-VA	58.69	59.48
5	Hoover, Davia L	16	Mountain View High School-VA	1:04.32	59.86
6	Gupton, Mackenzie L	18	Briar Woods High School-PV	1:00.32	1:00.44
7	Menz, Maddie	15	Independence High School-VA	1:01.69	1:01.57
8	Tiberio, Kyleigh N	17	Massaponax High School-VA	1:02.89	1:01.64
9	Bober, Ella		Woodgrove Swim Team-VA	1:01.90	1:01.89
10	Jones, London E	15	Stafford Indians Swim Team-VA	1:01.66	1:03.58
11	Garcia, Tessa V	15	Nshs-VA	1:05.63	1:04.38
12	Hatzis, Kristina A	15	Mountain View High School-VA	1:03.93	1:05.02
13	Livingston, Frances		Patrick Henry High School-VA	1:04.30	1:05.40
14	Czirjak, Sara E	15	Albemarle High School-VA	1:06.43	1:05.63
15	Alms, Alexis D	17	Albemarle High School-VA	1:12.22	1:10.24
16	Dawson, Brianne		Stafford Indians Swim Team-VA	1:11.82	1:12.87

Event 13 Boys 100 Yard Freestyle

	Name	Age	School	Seed Time	Finals Time
1	Tragle, H T I	16	Riverside High School-VA	45.59	45.29
2	Menz, Mason	15	Independence High School-VA	47.02	47.08
3	Gabriele, Noah	17	Harrisonburg High School-VA	47.88	47.63
4	Jones, Ian C	18	Stafford Indians Swim Team-VA	49.90	48.00
5	Pearcy, Mark M	17	Riverbend-VA	48.88	48.17
6	Char, Andrew T	16	Briar Woods High School-PV	49.06	48.86
7	Easton, Chase J	14	Albemarle High School-VA	49.63	49.14
8	Martin, Luke A	16	Stafford Indians Swim Team-VA	50.14	49.48
9	Kocak, Ethan	16	Independence High School-VA	49.82	49.64
10	Moore, Ryan E	15	Mountain View High School-VA	48.90	49.68
11	Jastrzemski, Ryan	16	Independence High School-VA	49.46	49.99
12	Randall, Drew R	18	Briar Woods High School-PV	50.15	50.46

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	Name	Age	School	Seed Time	Finals Time
13	Lu, Max	18	Riverside High School-VA	50.75	50.64
14	Buttram, Noah W	14	Riverbend-VA	52.99	52.35
15	Jones, Mac C	18	Mountain View High School-VA	51.48	53.09
16	Bill, Thomas	15	Harrisonburg High School-VA	54.52	53.54
17	Strickler, Sawyer J	16	Albemarle High School-VA	55.04	54.58
18	Jackson, Jacob		Patrick Henry High School-VA	52.35	55.42
---	Rice, Karl P		Nshs-VA	53.33	DQ

Event 14 Girls 100 Yard Freestyle

	Name	Age	School	Seed Time	Finals Time
1	Sessions, Kylee N	17	Riverside High School-VA	51.89	52.09
2	Kilty, Caroline R	14	Briar Woods High School-PV	54.94	52.92
3	Zerkle, Alden	18	Independence High School-VA	55.02	53.33
4	Gorby, Tessa	15	Harrisonburg High School-VA	55.73	53.79
5	Perezous, Micaela S	16	Potomac Falls High School-VA	54.95	54.34
6	David, Nora A	14	Mountain View High School-VA	55.36	55.28
7	Seidel, Emma E	17	Patrick Henry High School-VA	54.17	55.52
8	Davies, Megan	18	Independence High School-VA	56.24	56.15
9	Antognoli, Soleil L	15	Potomac Falls High School-VA	55.72	56.63
10	Moore, Morgan M	17	Mountain View High School-VA	56.41	56.81
11	Gorby, Amelia	17	Harrisonburg High School-VA	58.74	57.53
12	Bean, Madison E	15	Stafford Indians Swim Team-VA	57.20	58.86
13	Hansen, Lina	16	Riverbend-VA	1:00.15	1:01.56
14	Wallach, Lily	18	Massaponax High School-VA	1:02.96	1:01.59
15	Gahlmann, Ky E	15	Albemarle High School-VA	1:01.07	1:01.65
16	McIntyre, Lily G		Nshs-VA	1:03.28	1:02.25
17	Clark, Emma		Brooke Point High School Swim-VA	1:01.83	1:02.40

Event 15 Boys 500 Yard Freestyle

	Name	Age	School	Seed Time	Finals Time
1	Quan, Jacob M	18	Riverside High School-VA	4:40.27	4:39.69
2	Devost, John	18	Independence High School-VA	4:41.26	4:41.35
3	Hudson, Trevor E	18	Riverbend-VA	4:44.05	4:42.54
4	Unruh, Jonah S	17	Stafford Indians Swim Team-VA	4:52.89	4:47.69
5	Meyer, Peyton D	17	Mountain View High School-VA	4:49.50	4:50.44
6	Marshall, Connor A	16	Albemarle High School-VA	5:03.09	4:50.55
7	Smith, Josh		Patrick Henry High School-VA	4:56.21	5:03.29
8	Bruley, Nathan A	16	Stone Bridge High School-VA	4:59.54	5:05.36
9	Scott, James A	17	Briar Woods High School-PV	5:13.05	5:05.84
10	Seo, Aiden	16	Independence High School-VA	5:15.74	5:10.21
11	McOsker, Patrick L	15	Stafford Indians Swim Team-VA	5:28.67	5:14.60
12	Sykes, William T	17	Patrick Henry High School-VA	5:19.43	5:15.65
13	DeVito, Graham S	18	Albemarle High School-VA	5:10.87	5:30.79
14	Kessler, Jared A	16	Stafford Indians Swim Team-VA	5:31.54	5:40.58
15	Brennan, Brady		Brooke Point High School Swim-VA	5:58.96	5:52.76

Event 16 Girls 500 Yard Freestyle

	Name	Age	School	Seed Time	Finals Time
1	Wells, Sara T	15	Albemarle High School-VA	5:19.17	5:14.89
2	Rebich, Lizzie M	17	Riverside High School-VA	5:33.09	5:20.70
3	Alms, Melissa N	17	Albemarle High School-VA	5:27.01	5:20.89
4	Verbel, Georgia C	14	Massaponax High School-VA	5:35.97	5:23.81

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Name	Age	School	Seed Time	Finals Time
5 Bober, Ella		Woodgrove Swim Team-VA	5:35.31	5:25.40
6 Weeks, Emily A	15	Brooke Point High School Swim-VA	5:39.44	5:31.44
7 Smith, Lauren	17	Riverbend-VA	5:34.56	5:36.37
8 Menz, Maddie	15	Independence High School-VA	5:36.79	5:36.85
9 Kish, Sydney M	14	Potomac Falls High School-VA	5:40.01	5:38.71
10 Minkara, Lina H	14	Potomac Falls High School-VA	5:46.65	5:40.28
11 Duggan, Charlotte A	14	Riverside High School-VA	5:39.99	5:43.29
12 Elias, Isabel L	18	Riverside High School-VA	5:39.94	5:47.78
13 Ward, Lily		Patrick Henry High School-VA	6:06.98	5:56.34
14 Hoang, Angelina J	15	Albemarle High School-VA	6:03.33	6:02.38
15 Kaya, Lina A	14	Nshs-VA	6:11.79	6:06.01
16 Krushinski, Elise		Stafford Indians Swim Team-VA	6:30.26	6:16.98
17 Clark, Emma		Brooke Point High School Swim-VA	6:27.07	6:18.91

Event 17 Boys 200 Yard Freestyle Relay

Team	Relay	Seed Time	Finals Time
1 Stafford Indians Swim Team-VA	A	1:29.92	1:27.12
1) Cook, Cameron T 16	2) Unruh, Jonah S 17	3) McOsker, Ryan P 17	4) Jones, Ian C 18
2 Albemarle High School-VA	A	1:33.76	1:29.00
1) Sawyer, Bradley O 15	2) Kidd, Tanner C 16	3) Marshall, Connor A 16	4) King, David W 17
3 Nshs-VA	A	1:35.72	1:32.51
1) Rice, Karl P	2) Fard, Sean D 17	3) Fortiz, Alex R 16	4) Hubbard, Zack T 17
4 Briar Woods High School-PV	A	1:33.24	1:32.66
1) Heiskanen, Adam R 16	2) Randall, Drew R 18	3) Saravanan, Surya 15	4) Cather, Owen M 16
5 Riverside High School-VA	A	1:32.41	1:33.13
1) Iglesias, Matthew 17	2) Kresin, Nikita A 15	3) Sexton, A J 14	4) Lu, Max 18
6 Potomac Falls High School-VA	A	1:33.22	1:33.67
1) Kalka, Thomas R 15	2) Lehman, Harrison M 18	3) Hendershot, Carter L 17	4) Anderson, Jake F 16
--- Independence High School-VA	A	1:29.76	DQ
1) Kim, Ethan 16	2) Kocak, Ethan 16	3) Jastrzembski, Ryan 16	4) Menz, Mason 15

Event 18 Girls 200 Yard Freestyle Relay

Team	Relay	Seed Time	Finals Time
1 Albemarle High School-VA	A	1:41.61	1:41.23
1) Smith, Cameron L 17	2) Zhu, Emily Y 17	3) Czirjak, Sara E 15	4) Davis, Grey T 16
2 Stafford Indians Swim Team-VA	A	1:45.30	1:43.39
1) Eichberg, Lily J 16	2) Grabowski, Arielle M 15	3) Bean, Madison E 15	4) Jones, London E 15
3 Potomac Falls High School-VA	A	1:43.54	1:43.96
1) Perezous, Micaela S 16	2) Kish, Sydney M 14	3) Speilman, Mackenzie L 16	4) Antognoli, Soleil L 15
4 Stone Bridge High School-VA	A	1:45.82	1:45.28
1) Klotz, Anna C 15	2) Batjargal, Naska 18	3) Jackman, Riley C 17	4) Clodfelter, Charlotte R 17
5 Mountain View High School-VA	A	1:43.44	1:46.10
1) David, Nora A 14	2) Whatley, Janie	3) Jones, Lily K 16	4) Moore, Morgan M 17
6 Patrick Henry High School-VA	A	1:50.81	1:46.20
1) Seidel, Emma E 17	2) Seidel, Brinna	3) Livingston, Frances	4) Caruso, Madeline
7 Independence High School-VA	A	1:41.24	1:46.29
1) Kerr, Olivia V	2) Wysocki, Nina 14	3) Wall, Quinn A 17	4) Miller, Olivia L 17
8 Briar Woods High School-PV	A	1:43.58	1:52.00
1) Davenhall, Kiersten E 16	2) Moore, Melodie C 16	3) Chatradi, Siri 16	4) Rosales, Paige E 18
9 Massaponax High School-VA	A	1:50.32	1:52.44
1) Tiberio, Kyleigh N 17	2) Wallach, Lily 18	3) Hensen, Reese 15	4) Verbel, Georgia C 14
--- Riverside High School-VA	A	1:44.87	DQ
1) Martin, Abigail V 18	2) Sun, Callia 15	3) Duggan, Charlotte A 14	4) Cisneros, Gigi 15

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Event 19 Boys 100 Yard Backstroke

	Name	Age	School	Seed Time	Finals Time
1	King, David W	17	Albemarle High School-VA	51.44	49.05
2	Hoban, Owen M	17	Brooke Point High School Swim-VA	51.84	51.18
3	Cather, Owen M	16	Briar Woods High School-PV	51.26	51.29
4	McOsker, Ryan P	17	Stafford Indians Swim Team-VA	54.59	54.17
5	Cook, Cameron T	16	Stafford Indians Swim Team-VA	54.38	54.50
6	Koester, Griffin	15	Woodgrove Swim Team-VA	56.13	56.01
7	Kidd, Tanner C	16	Albemarle High School-VA	59.01	56.58
8	Harrison, Gavin C	16	Stone Bridge High School-VA	57.46	56.80
9	Rounds, Ryan M	17	Briar Woods High School-PV	56.07	57.03
10	Saravanan, Surya	15	Briar Woods High School-PV	57.01	57.22
11	Bryant, Thomas	15	Riverside High School-VA	57.57	57.28
12	Martin, Luke A	16	Stafford Indians Swim Team-VA	59.74	57.59
13	Clarkson, Nick J	15	Riverbend-VA	57.90	57.85
14	Seo, Aiden	16	Independence High School-VA	58.01	57.96
15	Rooney, Liam M	15	Patrick Henry High School-VA	1:00.95	58.10
16	Moriarty, Jack P	17	Albemarle High School-VA	58.98	58.38
17	Freeman, Harper P	16	Riverside High School-VA	56.29	58.59
*18	Kalka, Thomas R	15	Potomac Falls High School-VA	57.05	59.45
*18	Jones, Mac C	18	Mountain View High School-VA	58.55	59.45

Event 20 Girls 100 Yard Backstroke

	Name	Age	School	Seed Time	Finals Time
1	Davis, Grey T	16	Albemarle High School-VA	57.38	55.66
2	Zerkle, Alden	18	Independence High School-VA	1:00.09	58.09
3	Grishaeva, Maria A	16	Briar Woods High School-PV	57.71	58.13
4	Boyle, Kylie	17	Independence High School-VA	57.93	58.16
5	Klotz, Anna C	15	Stone Bridge High School-VA	58.15	58.41
6	Eichberg, Lily J	16	Stafford Indians Swim Team-VA	1:02.60	59.23
7	Czirjak, Sara E	15	Albemarle High School-VA	1:01.00	59.86
8	Kilty, Caroline R	14	Briar Woods High School-PV	1:00.46	1:00.14
9	Gupton, Mackenzie L	18	Briar Woods High School-PV	59.70	1:00.48
10	Hayward, Audrey I	14	Briar Woods High School-PV	1:02.21	1:01.25
11	Jones, London E	15	Stafford Indians Swim Team-VA	1:03.73	1:02.27
12	Gorby, Tessa	15	Harrisonburg High School-VA	1:03.78	1:02.37
13	Speilman, Mackenzie L	16	Potomac Falls High School-VA	1:02.68	1:03.66
14	Gorby, Amelia	17	Harrisonburg High School-VA	1:08.38	1:05.41
15	Jones, Lily K	16	Mountain View High School-VA	1:06.12	1:05.64
16	Bean, Madison E	15	Stafford Indians Swim Team-VA	1:05.81	1:05.87
17	Gardiner, Abbey G	15	Riverbend-VA	1:10.65	1:06.36
18	Rao, Sahana J	15	Riverside High School-VA	1:04.32	1:06.58
19	Wallach, Lily	18	Massaponax High School-VA	1:09.98	1:07.18
20	Whaley, Ciara L	15	Brooke Point High School Swim-VA	1:09.98	1:08.58

Event 21 Boys 100 Yard Breaststroke

	Name	Age	School	Seed Time	Finals Time
1	Jastrzemski, Ryan	16	Independence High School-VA	58.75	58.52
2	Hodges, Josh R	15	Albemarle High School-VA	1:00.61	1:00.18
3	Pearcy, Mark M	17	Riverbend-VA	1:01.06	1:00.24
4	Iglesias, Matthew	17	Riverside High School-VA	1:00.91	1:00.30
5	Kresin, Nikita A	15	Riverside High School-VA	1:03.13	1:02.09
6	Sawyer, Bradley O	15	Albemarle High School-VA	1:05.08	1:02.45

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	Name	Age	School	Seed Time	Finals Time
7	Collier, Andrew	18	Independence High School-VA	1:02.98	1:02.48
8	Fiore, Andrew T	17	Mountain View High School-VA	1:01.28	1:02.60
9	Fulayter, Brandon S	15	Massaponax High School-VA	1:03.78	1:02.97
10	Hutchison, Mejd R	15	Stone Bridge High School-VA	1:03.25	1:03.03
11	Rowley, Jake	15	Independence High School-VA	1:02.87	1:03.97
12	Kessler, Jared A	16	Stafford Indians Swim Team-VA	1:04.58	1:04.35
13	Houtz, Riley A	16	Patrick Henry High School-VA	1:07.66	1:04.73
---	Hubbard, Zack T	17	Nshs-VA	1:03.05	DFS

Event 22 Girls 100 Yard Breaststroke

	Name	Age	School	Seed Time	Finals Time
1	Sessions, Kylee N	17	Riverside High School-VA	1:03.49	1:03.73
2	Wysocki, Nina	14	Independence High School-VA	1:05.18	1:04.83
3	Czirjak, Eve M	18	Albemarle High School-VA	1:11.66	1:06.55
4	Smith, Cameron L	17	Albemarle High School-VA	1:08.12	1:06.84
5	Smith, Lauren	17	Riverbend-VA	1:09.90	1:07.60
6	Whatley, Janie		Mountain View High School-VA	1:11.92	1:10.84
7	Moore, Melodie C	16	Briar Woods High School-PV	1:12.54	1:11.23
8	Chen, Sara	15	Independence High School-VA	1:09.87	1:11.45
9	Seidel, Brinna		Patrick Henry High School-VA	1:14.42	1:12.21
10	Collier, Magdealena	18	Independence High School-VA	1:13.62	1:12.56
11	McMahan, Claire M	16	Potomac Falls High School-VA	1:09.78	1:13.57
12	Zhu, Emily Y	17	Albemarle High School-VA	1:14.40	1:15.13
13	Weeks, Emily A	15	Brooke Point High School Swim-VA	1:15.85	1:16.06
14	Stoklund, Maria H		Nshs-VA	1:16.29	1:16.71
15	Hall, Catherine E	17	Nshs-VA	1:17.02	1:18.93
16	Martin, Madison		Stafford Indians Swim Team-VA	1:22.98	1:22.83

Event 23 Boys 400 Yard Freestyle Relay

	Team	Relay	Seed Time	Finals Time
1	Albemarle High School-VA	A	3:25.32	3:12.33
	1) Hodges, Josh R 15	2) Easton, Chase J 14	3) Elmore, Lance M 16	4) King, David W 17
2	Riverside High School-VA	A	3:13.15	3:12.82
	1) Quan, Jacob M 18	2) Freeman, Harper P 16	3) Lu, Max 18	4) Tragle, H T I 16
3	Briar Woods High School-PV	A	3:18.08	3:17.30
	1) Randall, Drew R 18	2) Cather, Owen M 16	3) Jordan, Patrick J 16	4) Char, Andrew T 16
4	Independence High School-VA	A	3:19.23	3:20.71
	1) Devost, John 18	2) Kim, Ethan 16	3) Weston, Wade 18	4) Menz, Mason 15
5	Stone Bridge High School-VA	A	3:25.65	3:24.65
	1) Bruley, Nathan A 16	2) Hutchison, Mejd R 15	3) Horrigan, Musashi M 16	4) Harrison, Gavin C 16
6	Mountain View High School-VA	A	3:23.12	3:25.29
	1) Jones, Mac C 18	2) Meyer, Peyton D 17	3) Walker, Cole	4) Fiore, Andrew T 17
7	Patrick Henry High School-VA	A	3:34.17	3:27.66
	1) Smith, Josh	2) Rooney, Liam M 15	3) Sykes, William T 17	4) Jackson, Jacob
8	Brooke Point High School Swim-V	A	3:31.18	3:28.19
	1) Luxeder, Caleb	2) Megna, Ryan	3) Casale, Niko	4) Hoban, Owen M 17
9	Stafford Indians Swim Team-VA	A	3:26.40	3:28.27
	1) Martin, Luke A 16	2) Spinnanger, Andrew J 17	3) McOske, Patrick L 15	4) Kessler, Jared A 16
10	Riverbend-VA	A	3:27.47	3:34.82
	1) Hudson, Trevor E 18	2) Barnes, Jack p 15	3) Clarkson, Nick J 15	4) Buttram, Noah W 14

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Event 24 Girls 400 Yard Freestyle Relay

Team	Relay	Seed Time	Finals Time
1 Briar Woods High School-PV 1) Kilty, Caroline R 14	A 2) Grishaeva, Maria A 16	3:40.74 3) Gupton, Mackenzie L 18	3:39.43 4) Hayward, Audrey I 14
2 Riverside High School-VA 1) Santucci, Elle M 15	A 2) Rebich, Lizzie M 17	3:39.56 3) Rao, Sahana J 15	3:40.07 4) Sessions, Kylee N 17
3 Independence High School-VA 1) Davies, Megan 18	A 2) Boyle, Kylie 17	3:49.56 3) Miller, Olivia L 17	3:40.27 4) Wysocki, Nina 14
4 Albemarle High School-VA 1) Wells, Sara T 15	A 2) Czirjak, Eve M 18	3:53.14 3) Alms, Melissa N 17	3:42.62 4) Smith, Cameron L 17
5 Mountain View High School-VA 1) Moore, Morgan M 17	A 2) Hoover, Davia L 16	3:51.50 3) Jones, Lily K 16	3:46.80 4) Hatzis, Kristina A 15
6 Stone Bridge High School-VA 1) Clodfelter, Charlotte R 17	A 2) Coppola, Natalie K 17	3:54.84 3) Jackman, Riley C 17	3:56.31 4) Klotz, Anna C 15
7 Harrisonburg High School-VA 1) Gorby, Amelia 17	A 2) Dmytriyeva, Lada	4:11.81 3) Keller, Madison 15	3:58.02 4) Gorby, Tessa 15
8 Potomac Falls High School-VA 1) Kish, Sydney M 14	A 2) Speilman, Madison L 17	3:52.53 3) Minkara, Lina H 14	3:59.78 4) Speilman, Mackenzie L 16
9 Massaponax High School-VA 1) Verbel, Georgia C 14	A 2) Wallach, Lily 18	4:05.93 3) Hensen, Reese 15	4:01.53 4) Tiberio, Kyleigh N 17
10 Riverbend-VA 1) Hansen, Lina 16	A 2) Labrusciano, Anna 17	4:06.14 3) Gardiner, Abbey G 15	4:06.04 4) Smith, Lauren 17
11 Patrick Henry High School-VA 1) Ward, Lily	A 2) Seidel, Brinna	4:15.59 3) Coleman, Tess	4:06.38 4) Watte-Shear, Jordan

Event 217 Boys 50 Yard Freestyle Relay 1st Leg Relay Split

Team	Relay	Seed Time	Finals Time
1 Independence High School-VA 1) Kim, Ethan 16	A	NT	22.71

Event 223 Boys 100 Yard Freestyle Relay 1st Leg Relay Split

Team	Relay	Seed Time	Finals Time
1 Riverbend-VA 1) Hudson, Trevor E 18	A	NT	47.99

Event 224 Girls 100 Yard Freestyle Relay 1st Leg Relay Split

Team	Relay	Seed Time	Finals Time
1 Riverbend-VA 1) Hansen, Lina 16	A	NT	1:00.50