

2023 VHSL Class 5 State Meet - 2/15/2023 to 2/17/2023**Results****Event 1 Boys 200 Yard Medley Relay**

Team	Relay	Prelim Time	Finals Time
A - Final			
1 Mills E Godwin High School		1:35.13	1:33.16
1) Lambert, Eric SO	2) Silva, Pablo JR	3) Jacobs, Aidan SR	4) Connell, Seamus SR
2 Albemarle High School		1:34.98	1:33.83
1) King, David	2) Hodges, Josh	3) Elmore, Lance	4) Easton, Chase
3 Hickory High School		1:37.24	1:37.26
1) Mauldin, Ben SR	2) Gerloff, Jay SR	3) McNabb, Zachary FR	4) Blackburn, Tommy SO
4 Riverside High School		1:37.94	1:37.45
1) Freeman, Harper SO	2) Iglesias, Matthew SR	3) Tragle, H T JR	4) Quan, Jacob SR
5 Independence High School		1:38.26	1:38.47
1) Weston, Wade SR	2) Jastrzembski, Ryan JR	3) Menz, Mason SO	4) Kocak, Ethan JR
6 Briar Woods High School		1:40.49	1:39.25
1) Rounds, Ryan SR	2) Char, Andrew JR	3) Heiskanen, Adam JR	4) Cather, Owen SO
7 Clover Hill High School		1:40.27	1:40.32
1) Webster, Andrew JR	2) Radgowski, Emmett SR	3) Campbell, Spencer SO	4) Tiller, Grant JR
8 Deep Run High School		1:40.67	1:40.80
1) Bower, Brooks SR	2) Schardt, Jack JR	3) Kulak, Andrew SR	4) Thornton, Christian SO
B - Final			
9 First Colonial hs		1:41.29	1:39.27
1) Wilkerson, Chase FR	2) McCoy, Colt SO	3) Keenan, Nate JR	4) Temple, Brandon SR
10 Douglas Freeman Swimming		1:40.79	1:40.10
1) Kurz, William SR	2) Jun, Caleb FR	3) King, Michael JR	4) Kuriger, Nicholas SO
*11 Riverbend		1:41.39	1:40.45
1) Clarkson, Nick SO	2) Percy, Mark SR	3) Hudson, Trevor SR	4) Frey, Evan SR
*11 Glen Allen High School		1:41.00	1:40.45
1) Williams, Carson FR	2) Fagan, Eric SR	3) Strudgeon, George JR	4) Cook, Cameron JR
13 JR Tucker High School		1:42.40	1:42.16
1) Steadman, Spencer FR	2) Jena, Amish SO	3) Bohlman, Craig SR	4) Dolan, Christian SO
14 Mountain View High School		1:41.97	1:42.70
1) Jones, Matthew SR	2) Fiore, Andrew SR	3) Kratowicz, Michael SR	4) Moore, Ryan FR
15 Potomac Falls High School		1:42.32	1:43.46
1) Kalka, Thomas FR	2) Ruiz, Adriano JR	3) Hendershot, Carter JR	4) Anderson, Jake SO
16 Brooke Point High School Swim		1:41.70	1:44.14
1) Hoban, Owen JR	2) Luxeder, Caleb JR	3) Casale, Niko SR	4) Megna, Ryan SR

Event 1 Boys 200 Yard Medley Relay

Team	Relay	Seed Time	Prelim Time
Preliminaries			
1 Albemarle High School		1:38.82	1:34.98
1) King, David	2) Hodges, Josh	3) Elmore, Lance	4) Easton, Chase
2 Mills E Godwin High School		1:34.12	1:35.13
1) Lambert, Eric SO	2) Silva, Pablo JR	3) Jacobs, Aidan SR	4) Connell, Seamus SR
3 Hickory High School		1:38.05	1:37.24
1) Mauldin, Ben SR	2) Gerloff, Jay SR	3) McNabb, Zachary FR	4) Blackburn, Tommy SO
4 Riverside High School		1:37.23	1:37.94
1) Freeman, Harper SO	2) Iglesias, Matthew SR	3) Tragle, H T JR	4) Quan, Jacob SR
5 Independence High School		1:39.09	1:38.26
1) Weston, Wade SR	2) Jastrzembski, Ryan JR	3) Menz, Mason SO	4) Kocak, Ethan JR
6 Clover Hill High School		1:43.34	1:40.27
1) Webster, Andrew JR	2) Radgowski, Emmett SR	3) Campbell, Spencer SO	4) Tiller, Grant JR
7 Briar Woods High School		1:41.15	1:40.49
1) Rounds, Ryan SR	2) Char, Andrew JR	3) Heiskanen, Adam JR	4) Cather, Owen SO

2023 VHSL Class 5 State Meet - 2/15/2023 to 2/17/2023**Results****Preliminaries ... (Event 1 Boys 200 Yard Medley Relay)**

Team	Relay	Seed Time	Prelim Time
8 Deep Run High School		1:39.53	1:40.67
1) Farney, Thomas JR	2) Schardt, Jack JR	3) Kulak, Andrew SR	4) Thornton, Christian SO
9 Douglas Freeman Swimming		1:40.25	1:40.79
1) Kurz, William SR	2) Jun, Caleb FR	3) King, Michael JR	4) Kuriger, Nicholas SO
10 Glen Allen High School		1:41.01	1:41.00
1) Williams, Carson FR	2) Fagan, Eric SR	3) Strudgeon, George JR	4) Cook, Cameron JR
11 First Colonial hs		1:44.68	1:41.29
1) Wilkerson, Chase FR	2) Crawley, Matthew JR	3) Keenan, Nate JR	4) Temple, Brandon SR
12 Riverbend		1:41.76	1:41.39
1) Clarkson, Nick SO	2) Percy, Mark SR	3) Hudson, Trevor SR	4) Frey, Evan SR
13 Brooke Point High School Swim		1:43.15	1:41.70
1) Hoban, Owen JR	2) Luxeder, Caleb JR	3) Casale, Niko SR	4) Megna, Ryan SR
14 Mountain View High School		1:41.65	1:41.97
1) Jones, Matthew SR	2) Fiore, Andrew SR	3) Krawtowicz, Michael SR	4) Moore, Ryan FR
15 Potomac Falls High School		1:43.59	1:42.32
1) Kalka, Thomas FR	2) Ruiz, Adriano JR	3) Hendershot, Carter JR	4) Anderson, Jake SO
16 JR Tucker High School		1:43.54	1:42.40
1) Steadman, Spencer FR	2) Jena, Amish SO	3) Bohlman, Craig SR	4) Dolan, Christian SO
17 Menchville High School		1:45.05	1:42.92
1) Rohlfs, Noah 11	2) Kim, Bernard 10	3) Rodgers, Ian 12	4) Rodgers, Philip 10
18 Princess Anne High School		1:44.31	1:43.01
1) Wieder, Joshua FR	2) Tran, Patrick JR	3) Couture, Radomyr SR	4) Stufflebeem, Scott JR
19 Stone Bridge High School		1:42.89	1:43.12
1) Bruley, Nathan JR	2) Hutchison, Mejd SO	3) Horrigan, Musashi JR	4) Harrison, Gavin SO
20 Midlothian HS		1:45.82	1:43.19
1) McCarthy, Connor SO	2) Julian, Bryant JR	3) Julian, Brady FR	4) Potter, Grady SR
21 Patrick Henry High School		1:43.92	1:44.15
1) Rooney, Liam FR	2) Houtz, Riley JR	3) Sykes, William SR	4) Smith, Josh SO
22 Nansemond River High School		1:47.16	1:44.66
1) Parker, Riley FR	2) Ward, Forrest FR	3) Ternes, Mason JR	4) Bonney, Will SR
23 Frank W Cox High School		1:46.13	1:45.73
1) Long, Carter SR	2) Grohe, Carter SR	3) Krause, Peter SR	4) Cherry, Matt SO
24 Kecoughtan High School		1:49.02	1:47.17
1) Miller, Gavin SR	2) Grantham, Justin JR	3) Warren, Will JR	4) Petery, Jacob SO
25 Maury High School		1:49.28	1:51.92
1) Stiles, Patrick SR	2) Redel, Owen FR	3) Kinnison, Gabe JR	4) Hallberg, Alexander SO
--- Stafford Indians Swim Team		1:37.57	DQ
1) Cook, Cameron JR	2) Unruh, Jonah SR	3) McOsker, Ryan JR	4) Jones, Ian SR

Event 2 Girls 200 Yard Medley Relay

Team	Relay	Prelim Time	Finals Time
A - Final			
1 Independence High School		1:47.16	1:45.38
1) Boyle, Kylie SR	2) Wysocki, Nina FR	3) Zerkle, Alden SR	4) Davies, Megan SR
2 Albemarle High School		1:46.30	1:45.67
1) Davis, Grey	2) Czirjak, Sara	3) Wells, Sara	4) Smith, Cameron
3 First Colonial hs		1:48.21	1:47.62
1) Duffy, Kayleigh JR	2) Teague, Sara SO	3) Marchione, Maris FR	4) Duffy, Dara FR
4 Mills E Godwin High School		1:49.67	1:48.93
1) Mckinney, Ava SO	2) Hotem, Kate SO	3) Reid, Keira JR	4) Eakes, Savannah SR
5 Briar Woods High School		1:49.04	1:49.25
1) Kilty, Caroline FR	2) Grishaeva, Maria JR	3) Gupton, Mackenzie SR	4) Hayward, Audrey FR

2023 VHSL Class 5 State Meet - 2/15/2023 to 2/17/2023**Results****A - Final ... (Event 2 Girls 200 Yard Medley Relay)**

Team	Relay	Prelim Time	Finals Time
6 Riverside High School		1:49.72	1:49.51
1) Rebich, Lizzie JR	2) Sessions, Kylee SR	3) Santucci, Elle SO	4) Cisneros, Gigi SO
7 Douglas Freeman Swimming		1:50.34	1:50.29
1) Blanco, Karina	2) Stuhlmacher, Claire JR	3) Strudgeon, Morgan SR	4) Bischoff, Allison SO
8 JR Tucker High School		1:51.45	1:52.07
1) Schwartz, Cameron SO	2) Russell, Katie SR	3) Armstrong, Lauren SR	4) Johnson, Lindsey SR

B - Final

9 Deep Run High School		1:52.71	1:51.25
1) Van Schaften, Josie SO	2) Miklos, Riley JR	3) Law, Emily JR	4) Belden, Grace JR
10 Potomac Falls High School		1:52.81	1:51.82
1) Speilman, Mackenzie SO	2) McMahan, Claire SO	3) Perezous, Micaela SO	4) Antognoli, Soleil SO
11 Midlothian HS		1:52.70	1:52.88
1) Mierenfeld, Ellie FR	2) Crum, Josie JR	3) Ix, Sara JR	4) Jaeger, Renee SR
12 Stafford Indians Swim Team		1:53.40	1:53.13
1) Jones, London FR	2) Eichberg, Lily SO	3) Bean, Madison SO	4) Grabowski, Arielle SO
13 Glen Allen High School		1:54.14	1:54.11
1) McCann, Lauren SO	2) Wang, Abigail SO	3) Miyashita, Elizabeth SO	4) Boughton, Kayla SO
14 Hickory High School		1:55.15	1:55.09
1) Thames, Aubrey JR	2) Jones, Kayleigh SR	3) Moorman, Riley SR	4) Woolley, Jamie JR
15 Frank W Cox High School		1:57.06	1:57.10
1) DaCruz, Sophia SR	2) Gray, Bailey JR	3) Bradshaw, Lexi JR	4) DeAngelis, Frankie SO
16 Bayside High School		1:54.94	2:05.42
1) Vargas, Alyssa SR	2) Teague, Molly SR	3) Cooper, Gabriella FR	4) Baker, Claire SR

Event 2 Girls 200 Yard Medley Relay

Team	Relay	Seed Time	Prelim Time
Preliminaries			
1 Albemarle High School		1:49.62	1:46.30
1) Davis, Grey	2) Czirjak, Sara	3) Wells, Sara	4) Smith, Cameron
2 Independence High School		1:47.08	1:47.16
1) Boyle, Kylie SR	2) Wysocki, Nina FR	3) Zerkle, Alden SR	4) Davies, Megan SR
3 First Colonial hs		1:49.79	1:48.21
1) Wright, Maggie FR	2) Teague, Sara SO	3) Marchione, Maris FR	4) Duffy, Kayleigh JR
4 Briar Woods High School		1:49.17	1:49.04
1) Kilty, Caroline FR	2) Grishaeva, Maria JR	3) Gupton, Mackenzie SR	4) Hayward, Audrey FR
5 Mills E Godwin High School		1:49.43	1:49.67
1) Mckinney, Ava SO	2) Hotem, Kate SO	3) Reid, Keira JR	4) Eakes, Savannah SR
6 Riverside High School		1:49.81	1:49.72
1) Rebich, Lizzie JR	2) Sessions, Kylee SR	3) Santucci, Elle SO	4) Cisneros, Gigi SO
7 Douglas Freeman Swimming		1:48.61	1:50.34
1) Blanco, Karina	2) Stuhlmacher, Claire JR	3) Strudgeon, Morgan SR	4) Bischoff, Allison SO
8 JR Tucker High School		1:53.13	1:51.45
1) Schwartz, Cameron SO	2) Russell, Katie SR	3) Armstrong, Lauren SR	4) Johnson, Lindsey SR
9 Midlothian HS		1:53.73	1:52.70
1) Mierenfeld, Ellie FR	2) Crum, Josie JR	3) Ix, Sara JR	4) Jaeger, Renee SR
10 Deep Run High School		1:49.99	1:52.71
1) Van Schaften, Josie SO	2) Miklos, Riley JR	3) Law, Emily JR	4) Belden, Grace JR
11 Potomac Falls High School		1:53.54	1:52.81
1) Speilman, Mackenzie SO	2) McMahan, Claire SO	3) Perezous, Micaela SO	4) Antognoli, Soleil SO
12 Stafford Indians Swim Team		1:53.69	1:53.40
1) Jones, London FR	2) Eichberg, Lily SO	3) Bean, Madison SO	4) Grabowski, Arielle SO
13 Glen Allen High School		1:54.78	1:54.14
1) McCann, Lauren SO	2) Wang, Abigail SO	3) Miyashita, Elizabeth SO	4) Boughton, Kayla SO

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Team	Relay	Seed Time	Prelim Time
14 Bayside High School		1:53.71	1:54.94
1) Ozment, Alexa SR	2) Teague, Molly SR	3) Vargas, Alyssa SR	4) Cooper, Gabriella FR
15 Hickory High School		1:55.48	1:55.15
1) Thames, Aubrey JR	2) Jones, Kayleigh SR	3) Moorman, Riley SR	4) Woolley, Jamie JR
16 Frank W Cox High School		1:56.91	1:57.06
1) DaCruz, Sophia SR	2) Gray, Bailey JR	3) Bradshaw, Lexi JR	4) DeAngelis, Frankie SO
17 Mountain View High School		1:55.30	1:57.40
1) Jones, Lily JR	2) Whatley, Janie SR	3) Hatzis, Kristina FR	4) Moore, Morgan JR
18 Menchville High School		1:58.08	1:57.68
1) Wilson, Caitlin 9	2) Wolfe, Madison 10	3) Donaldson, Madeline 11	4) Ferguson, Brooke 10
19 Patrick Henry High School		1:56.62	1:58.56
1) Seidel, Emma SR	2) Coleman, Tess JR	3) Livingston, Frances FR	4) Caruso, Madeline SO
20 Nansemond River High School		2:05.13	2:03.43
1) Phillips, Ava SO	2) Grabinski, Kayla FR	3) Hamby, Ava SR	4) Guerra, Jacie JR
21 Kecoughtan High School		2:07.14	2:08.66
1) Harris, Sophia SO	2) Ruck, Emily SR	3) Johnson, Skylar JR	4) Bunting, Hannah SR
22 Maury High School		2:13.48	2:12.30
1) Pegram, Courtney SR	2) Kiefner, Jane SO	3) Deane, Kacey SR	4) O'Malley, Katie SO

Event 3 Boys 200 Yard Freestyle

Name	Yr	School	Prelim Time	Finals Time
A - Final				
1 Mauldin, Ben	SR	Hickory High School	1:39.96	1:39.82
2 Hudson, Trevor	SR	Riverbend	1:40.39	1:40.75
3 Keenan, Nate	JR	First Colonial hs	1:42.97	1:40.94
4 Quan, Jacob	SR	Riverside High School	1:42.33	1:41.98
5 Unruh, Jonah	SR	Stafford Indians Swim Team	1:43.94	1:44.10
6 Koepp, Tyler	FR	Salem High School Swim Team	1:44.37	1:45.72
7 Wilkerson, Chase	FR	First Colonial hs	1:46.60	1:45.80
8 Char, Andrew	JR	Briar Woods High School	1:45.10	1:45.89
B - Final				
9 Meyer, Peyton	SR	Mountain View High School	1:48.45	1:46.54
10 Rodgers, Philip	10	Menchville High School	1:48.34	1:47.29
*11 Schardt, Jack	JR	Deep Run High School	1:47.62	1:47.95
*11 Easton, Chase		Albemarle High School	1:46.96	1:47.95
13 Rivas, Matthew	SO	Mills E Godwin High School	1:47.97	1:48.84
14 Marshall, Connor		Albemarle High School	1:48.00	1:49.02
15 Barakey, Colin	JR	Hickory High School	1:53.67	1:50.73
16 Winston, Gabriel		Granby High School	1:52.78	1:52.50

Event 3 Boys 200 Yard Freestyle

Name	Yr	School	Seed Time	Prelim Time
Preliminaries				
1 Mauldin, Ben	SR	Hickory High School	1:38.45	1:39.96
2 Hudson, Trevor	SR	Riverbend	1:43.33	1:40.39
3 Quan, Jacob	SR	Riverside High School	1:42.41	1:42.33
4 Keenan, Nate	JR	First Colonial hs	1:44.14	1:42.97
5 Unruh, Jonah	SR	Stafford Indians Swim Team	1:44.26	1:43.94
6 Koepp, Tyler	FR	Salem High School Swim Team	1:48.43	1:44.37
7 Char, Andrew	JR	Briar Woods High School	1:44.01	1:45.10
8 Wilkerson, Chase	FR	First Colonial hs	1:49.03	1:46.60
9 Easton, Chase		Albemarle High School	1:46.01	1:46.96

2023 VHSL Class 5 State Meet - 2/15/2023 to 2/17/2023**Results****Preliminaries ... (Event 3 Boys 200 Yard Freestyle)**

	Name	Yr	School	Seed Time	Prelim Time
10	Schardt, Jack	JR	Deep Run High School	1:46.21	1:47.62
11	Rivas, Matthew	SO	Mills E Godwin High School	1:48.30	1:47.97
12	Marshall, Connor		Albemarle High School	1:47.70	1:48.00
13	Rodgers, Philip	10	Menchville High School	1:49.48	1:48.34
14	Meyer, Peyton	SR	Mountain View High School	1:46.33	1:48.45
15	Winston, Gabriel		Granby High School	1:52.44	1:52.78
16	Barakey, Colin	JR	Hickory High School	1:54.88	1:53.67
17	Ruddock, Evan	SR	Frank W Cox High School	2:00.30	1:56.46
18	Willis, Cameron	FR	Nansemond River High School	2:05.89	2:06.90
19	Redel, Owen	FR	Maurry High School	2:07.64	2:08.02
20	Omalley, Ryan	FR	Kecoughtan High School	2:13.52	2:08.80

Event 4 Girls 200 Yard Freestyle

	Name	Yr	School	Prelim Time	Finals Time
A - Final					
1	Bischoff, Allison	SO	Douglas Freeman Swimming	1:51.23	1:49.21
2	Phillips, Courtney	SR	Midlothian HS	1:52.42	1:51.94
3	Stuhlmacher, Claire	JR	Douglas Freeman Swimming	1:53.50	1:53.23
4	Moorman, Riley	SR	Hickory High School	1:54.77	1:53.96
5	Duffy, Dara	FR	First Colonial hs	1:54.48	1:54.25
6	Reid, Keira	JR	Mills E Godwin High School	1:56.33	1:54.98
7	Armstrong, Kiersten	FR	JR Tucker High School	1:55.21	1:54.99
8	Miklos, Riley	JR	Deep Run High School	1:55.66	1:55.28
B - Final					
9	Berenguer, Elizabeth	SR	First Colonial hs	1:57.01	1:55.46
10	Jessup, Abby	SO	Deep Run High School	1:56.92	1:55.63
11	Wells, Sara		Albemarle High School	1:57.43	1:56.77
12	Morrow, Katelyn	SO	Douglas Freeman Swimming	2:00.00	1:57.48
13	Van Schaften, Riley	SO	Deep Run High School	1:57.95	1:57.76
14	Kilty, Caroline	FR	Briar Woods High School	1:56.90	1:59.94
15	Rebich, Lizzie	JR	Riverside High School	1:58.67	2:00.13
16	Alms, Melissa		Albemarle High School	1:58.15	2:01.11

Event 4 Girls 200 Yard Freestyle

	Name	Yr	School	Seed Time	Prelim Time
Preliminaries					
1	Bischoff, Allison	SO	Douglas Freeman Swimming	1:50.09	1:51.23
2	Phillips, Courtney	SR	Midlothian HS	1:52.94	1:52.42
3	Stuhlmacher, Claire	JR	Douglas Freeman Swimming	1:54.25	1:53.50
4	Duffy, Dara	FR	First Colonial hs	1:52.17	1:54.48
5	Moorman, Riley	SR	Hickory High School	1:56.60	1:54.77
6	Armstrong, Kiersten	FR	JR Tucker High School	1:56.74	1:55.21
7	Miklos, Riley	JR	Deep Run High School	1:52.50	1:55.66
8	Reid, Keira	JR	Mills E Godwin High School	1:57.49	1:56.33
9	Kilty, Caroline	FR	Briar Woods High School	1:57.33	1:56.90
10	Jessup, Abby	SO	Deep Run High School	1:58.78	1:56.92
11	Berenguer, Elizabeth	SR	First Colonial hs	1:58.00	1:57.01
12	Wells, Sara		Albemarle High School	1:58.30	1:57.43
13	Van Schaften, Riley	SO	Deep Run High School	1:56.93	1:57.95
14	Alms, Melissa		Albemarle High School	1:57.82	1:58.15
15	Rebich, Lizzie	JR	Riverside High School	1:58.31	1:58.67

2023 VHSL Class 5 State Meet - 2/15/2023 to 2/17/2023**Results****Preliminaries ... (Event 4 Girls 200 Yard Freestyle)**

	Name	Yr	School	Seed Time	Prelim Time
16	Morrow, Katelyn	SO	Douglas Freeman Swimming	1:57.91	2:00.00
17	Grabowski, Arielle	SO	Stafford Indians Swim Team	1:59.23	2:00.36
18	Blanco, Karina		Douglas Freeman Swimming	1:57.81	2:00.41
19	Eberle, Anna	JR	First Colonial hs	2:00.98	2:01.11
20	Fary, Brenna	FR	First Colonial hs	2:00.19	2:01.63
21	Jones, Riley	SO	JR Tucker High School	2:00.55	2:03.18
22	Arbuckle, Ella		Granby High School	2:07.40	2:04.57
23	Verbel, Georgia	FR	Massaponax High School	2:05.13	2:07.33
24	Holland, Grace	10	Menchville High School	2:12.07	2:13.24
25	Giles, Rachel	10	Menchville High School	2:18.96	2:14.48
26	Morrell, Ashley	FR	Nansemond River High School	2:22.74	2:20.15
27	Pegram, Courtney	SR	Maury High School	2:19.88	2:20.49

Event 5 Boys 200 Yard IM

	Name	Yr	School	Prelim Time	Finals Time
A - Final					
1	Hoban, Owen	JR	Brooke Point High School Swim	1:50.98	1:49.97
2	Gerloff, Jay	SR	Hickory High School	1:52.79	1:51.35
3	Jacobs, Aidan	SR	Mills E Godwin High School	1:53.99	1:53.10
4	Silva, Pablo	JR	Mills E Godwin High School	1:55.43	1:53.73
5	Lambert, Eric	SO	Mills E Godwin High School	1:58.33	1:56.59
6	Weston, Wade	SR	Independence High School	1:56.20	1:56.82
7	Cather, Owen	SO	Briar Woods High School	1:56.43	1:57.32
8	Devost, John	SR	Independence High School	1:56.68	1:58.85
B - Final					
9	Ridge, Spencer	SO	Mills E Godwin High School	1:59.56	1:58.16
10	Lineberry, Alex	JR	Frank W Cox High School	2:02.44	1:59.16
11	Clippinger, Jack	FR	LC Bird High School	2:01.11	1:59.75
12	Smith, Josh	SO	Patrick Henry High School	2:00.50	1:59.92
13	Jun, Caleb	FR	Douglas Freeman Swimming	2:01.57	2:00.21
14	Hodges, Josh		Albemarle High School	1:59.64	2:01.21
15	McNabb, Zachary	FR	Hickory High School	2:03.00	2:02.24
16	Julian, Bryant	JR	Midlothian HS	2:00.71	2:03.06
C - Final					
---	Farney, Thomas	JR	Deep Run High School	1:56.33	DFS

Event 5 Boys 200 Yard IM

	Name	Yr	School	Seed Time	Prelim Time
Preliminaries					
1	Hoban, Owen	JR	Brooke Point High School Swim	1:49.89	1:50.98
2	Gerloff, Jay	SR	Hickory High School	1:54.35	1:52.79
3	Jacobs, Aidan	SR	Mills E Godwin High School	1:54.35	1:53.99
4	Silva, Pablo	JR	Mills E Godwin High School	1:53.82	1:55.43
5	Weston, Wade	SR	Independence High School	1:59.13	1:56.20
6	Farney, Thomas	JR	Deep Run High School	1:52.06	1:56.33
7	Cather, Owen	SO	Briar Woods High School	1:56.02	1:56.43
8	Devost, John	SR	Independence High School	1:58.80	1:56.68
9	Lambert, Eric	SO	Mills E Godwin High School	1:56.26	1:58.33
10	Ridge, Spencer	SO	Mills E Godwin High School	1:58.26	1:59.56
11	Hodges, Josh		Albemarle High School	2:02.68	1:59.64
12	Smith, Josh	SO	Patrick Henry High School	2:00.39	2:00.50

2023 VHSL Class 5 State Meet - 2/15/2023 to 2/17/2023**Results****Preliminaries ... (Event 5 Boys 200 Yard IM)**

	Name	Yr	School	Seed Time	Prelim Time
13	Julian, Bryant	JR	Midlothian HS	2:01.29	2:00.71
14	Clippinger, Jack	FR	LC Bird High School	2:02.38	2:01.11
15	Jun, Caleb	FR	Douglas Freeman Swimming	1:59.72	2:01.57
16	Lineberry, Alex	JR	Frank W Cox High School	2:01.58	2:02.44
17	McNabb, Zachary	FR	Hickory High School	2:02.54	2:03.00
18	Kulak, Andrew	SR	Deep Run High School	2:01.03	2:03.32
19	McCoy, Colt	SO	First Colonial hs	2:05.78	2:03.88
20	Salpeter, Brody	JR	Indian River High School	2:08.02	2:07.68
21	Kim, Bernard	10	Menchville High School	2:12.00	2:09.73
22	Warren, Will	JR	Kecoughtan High School	2:14.25	2:15.86
23	Stiles, Patrick	SR	Maury High School	2:21.15	2:20.52
24	Kinnison, Gabe	JR	Maury High School	2:35.81	2:27.69
25	Sol, Henry		Granby High School	2:29.69	2:29.82

Event 6 Girls 200 Yard IM

	Name	Yr	School	Prelim Time	Finals Time
A - Final					
1	Hotem, Kate	SO	Mills E Godwin High School	2:04.69	2:02.28
2	Ozment, Alexa	SR	Bayside High School	2:05.55	2:03.38
3	Russell, Katie	SR	JR Tucker High School	2:05.95	2:05.60
*4	Eichberg, Lily	SO	Stafford Indians Swim Team	2:08.24	2:06.78
*4	Smith, Cameron		Albemarle High School	2:09.03	2:06.78
6	Santucci, Elle	SO	Riverside High School	2:09.70	2:09.47
7	Law, Emily	JR	Deep Run High School	2:12.90	2:11.36
8	Armstrong, Lauren	SR	JR Tucker High School	2:11.45	2:11.49
B - Final					
9	Roberts, Addy	JR	First Colonial hs	2:14.48	2:11.62
10	Wang, Abigail	SO	Glen Allen High School	2:14.67	2:11.83
11	Ix, Sara	JR	Midlothian HS	2:15.41	2:11.92
12	Strudgeon, Morgan	SR	Douglas Freeman Swimming	2:15.57	2:13.89
13	Everhart, Charlotte	JR	First Colonial hs	2:14.22	2:17.16
14	Wilson, Caitlin	9	Menchville High School	2:21.69	2:17.98
15	Johnson, Skylar	JR	Kecoughtan High School	2:21.25	2:21.52
16	Crawley, Lillian	SR	First Colonial hs	2:20.19	2:22.37

Event 6 Girls 200 Yard IM

	Name	Yr	School	Seed Time	Prelim Time
Preliminaries					
1	Hotem, Kate	SO	Mills E Godwin High School	2:04.57	2:04.69
2	Ozment, Alexa	SR	Bayside High School	2:07.18	2:05.55
3	Russell, Katie	SR	JR Tucker High School	2:04.77	2:05.95
4	Eichberg, Lily	SO	Stafford Indians Swim Team	2:07.70	2:08.24
5	Smith, Cameron		Albemarle High School	2:07.72	2:09.03
6	Santucci, Elle	SO	Riverside High School	2:07.41	2:09.70
7	Armstrong, Lauren	SR	JR Tucker High School	2:14.85	2:11.45
8	Law, Emily	JR	Deep Run High School	2:13.31	2:12.90
9	Everhart, Charlotte	JR	First Colonial hs	2:13.47	2:14.22
10	Roberts, Addy	JR	First Colonial hs	2:13.27	2:14.48
11	Wang, Abigail	SO	Glen Allen High School	2:12.86	2:14.67
12	Ix, Sara	JR	Midlothian HS	2:13.76	2:15.41
13	Strudgeon, Morgan	SR	Douglas Freeman Swimming	2:13.67	2:15.57

2023 VHSL Class 5 State Meet - 2/15/2023 to 2/17/2023**Results****Preliminaries ... (Event 6 Girls 200 Yard IM)**

	Name	Yr	School	Seed Time	Prelim Time
14	Crawley, Lillian	SR	First Colonial hs	2:21.23	2:20.19
15	Johnson, Skylar	JR	Kecoughtan High School	2:19.90	2:21.25
16	Wilson, Caitlin	9	Menchville High School	2:18.09	2:21.69
17	Jones, Kayleigh	SR	Hickory High School	2:19.72	2:22.61
18	Wright, Sarah	SR	Woodside High School	2:25.20	2:24.70
19	Tiberio, Kyleigh	JR	Massaponax High School	2:21.93	2:24.76
20	Hamby, Ava	SR	Nansemond River High School	2:25.03	2:25.29
21	Ruck, Emily	SR	Kecoughtan High School	2:46.16	2:45.56
---	Grishaeva, Maria	JR	Briar Woods High School	2:07.28	DQ

Event 7 Boys 50 Yard Freestyle

	Name	Yr	School	Prelim Time	Finals Time
A - Final					
1	Tragle, H T	JR	Riverside High School	20.76	20.93
2	Baum, Carter	SO	Frank W Cox High School	21.08	21.06
3	Gabriele, Noah	SR	Harrisonburg High School	21.18	21.16
4	Jones, Ian	SR	Stafford Indians Swim Team	21.62	21.31
5	Connell, Seamus	SR	Mills E Godwin High School	21.29	21.37
6	Menz, Mason	SO	Independence High School	21.55	21.53
7	Couture, Radomyr	SR	Princess Anne High School	21.84	21.75
8	Temple, Austin	FR	First Colonial hs	21.83	21.84
B - Final					
9	Elmore, Lance		Albemarle High School	22.35	22.00
10	Cook, Cameron	JR	Glen Allen High School	22.03	22.07
11	Kocak, Ethan	JR	Independence High School	22.27	22.13
*12	Ward, Forrest	FR	Nansemond River High School	22.27	22.26
*12	Cook, Cameron	JR	Stafford Indians Swim Team	22.18	22.26
14	Moore, Ryan	FR	Mountain View High School	22.11	22.32
15	Gervase, Shaun	SR	Tallwood	22.36	22.47
16	Dorris, Alexander	SR	Tallwood	22.44	22.85

Event 7 Boys 50 Yard Freestyle

	Name	Yr	School	Seed Time	Prelim Time
Preliminaries					
1	Tragle, H T	JR	Riverside High School	20.89	20.76
2	Baum, Carter	SO	Frank W Cox High School	21.13	21.08
3	Gabriele, Noah	SR	Harrisonburg High School	21.58	21.18
4	Connell, Seamus	SR	Mills E Godwin High School	21.33	21.29
5	Menz, Mason	SO	Independence High School	21.51	21.55
6	Jones, Ian	SR	Stafford Indians Swim Team	21.89	21.62
7	Temple, Austin	FR	First Colonial hs	22.67	21.83
8	Couture, Radomyr	SR	Princess Anne High School	21.79	21.84
9	Cook, Cameron	JR	Glen Allen High School	22.11	22.03
10	Moore, Ryan	FR	Mountain View High School	22.01	22.11
11	Cook, Cameron	JR	Stafford Indians Swim Team	22.52	22.18
*12	Kocak, Ethan	JR	Independence High School	22.25	22.27
*12	Ward, Forrest	FR	Nansemond River High School	23.44	22.27
14	Elmore, Lance		Albemarle High School	22.35	22.35
15	Gervase, Shaun	SR	Tallwood	22.61	22.36
16	Dorris, Alexander	SR	Tallwood	22.79	22.44
17	Brooks, Henry	SO	Douglas Freeman Swimming	22.11	22.45

2023 VHSL Class 5 State Meet - 2/15/2023 to 2/17/2023**Results****Preliminaries ... (Event 7 Boys 50 Yard Freestyle)**

	Name	Yr	School	Seed Time	Prelim Time
18	Freeman, Harper	SO	Riverside High School	22.70	22.45
19	Anderson, Jake	SO	Potomac Falls High School	22.58	22.55
20	Harrison, Gavin	SO	Stone Bridge High School	22.77	22.58
21	Kim, Ethan	JR	Independence High School	22.71	22.62
22	Bupp, Tate	SO	Clover Hill High School	22.95	22.68
23	Rivas, Matthew	SO	Mills E Godwin High School	22.21	22.71
24	Sawyer, Bradley		Albemarle High School	22.35	22.75
25	Tiller, Grant	JR	Clover Hill High School	22.98	22.89
26	Thornton, Christian	SO	Deep Run High School	22.84	23.09
27	Cherry, Matt	SO	Frank W Cox High School	22.00	23.35
28	Holland, Brendan	JR	Maury High School	23.59	23.79
29	Simpson, Alexander	SR	Woodside High School	23.82	23.83
30	Grantham, Justin	JR	Kecoughtan High School	23.60	23.90
31	Hallberg, Alexander	SO	Maury High School	24.32	24.46

Event 8 Girls 50 Yard Freestyle

	Name	Yr	School	Prelim Time	Finals Time
A - Final					
1	Duffy, Kayleigh	JR	First Colonial hs	23.66	23.68
2	Perezous, Micaela	SO	Potomac Falls High School	24.50	24.31
3	Gorby, Tessa	SO	Harrisonburg High School	24.38	24.36
4	Seidel, Emma	SR	Patrick Henry High School	24.38	24.51
5	Sleman, Molly	SO	Douglas Freeman Swimming	24.51	24.64
6	Marchione, Maris	FR	First Colonial hs	24.87	24.66
7	Hayward, Audrey	FR	Briar Woods High School	24.85	24.81
8	Davies, Megan	SR	Independence High School	24.76	24.86
B - Final					
9	Belden, Grace	JR	Deep Run High School	25.17	24.91
10	Antognoli, Soleil	SO	Potomac Falls High School	25.13	24.92
11	Berenguer, Elizabeth	SR	First Colonial hs	25.09	25.03
12	Wolfe, Madison	10	Menchville High School	25.27	25.04
13	Huang, Anna	SO	Princess Anne High School	25.33	25.29
14	Bever, Brady	JR	Deep Run High School	25.30	25.32
15	Johnson, Lindsey	SR	JR Tucker High School	25.46	25.74
16	Eakes, Savannah	SR	Mills E Godwin High School	25.36	25.82

Event 8 Girls 50 Yard Freestyle

	Name	Yr	School	Seed Time	Prelim Time
Preliminaries					
1	Duffy, Kayleigh	JR	First Colonial hs	23.87	23.66
*2	Gorby, Tessa	SO	Harrisonburg High School	25.29	24.38
*2	Seidel, Emma	SR	Patrick Henry High School	25.07	24.38
4	Perezous, Micaela	SO	Potomac Falls High School	24.44	24.50
5	Sleman, Molly	SO	Douglas Freeman Swimming	24.31	24.51
6	Davies, Megan	SR	Independence High School	24.80	24.76
7	Hayward, Audrey	FR	Briar Woods High School	24.43	24.85
8	Marchione, Maris	FR	First Colonial hs	24.90	24.87
9	Berenguer, Elizabeth	SR	First Colonial hs	25.28	25.09
10	Antognoli, Soleil	SO	Potomac Falls High School	25.06	25.13
11	Belden, Grace	JR	Deep Run High School	24.68	25.17
12	Wolfe, Madison	10	Menchville High School	25.53	25.27

2023 VHSL Class 5 State Meet - 2/15/2023 to 2/17/2023**Results****Preliminaries ... (Event 8 Girls 50 Yard Freestyle)**

	Name	Yr	School	Seed Time	Prelim Time
13	Bever, Brady	JR	Deep Run High School	24.86	25.30
14	Huang, Anna	SO	Princess Anne High School	25.41	25.33
15	Eakes, Savannah	SR	Mills E Godwin High School	25.50	25.36
16	Johnson, Lindsey	SR	JR Tucker High School	25.39	25.46
17	Bates, Carly	JR	Princess Anne High School	25.26	25.60
18	Hoover, Davia	JR	Mountain View High School	25.23	25.74
19	DaCruz, Sophia	SR	Frank W Cox High School	25.30	25.87
20	Grabinski, Kayla	FR	Nansemond River High School	27.13	26.05
21	Rice, Carson		Granby High School	27.44	26.78
22	Ferguson, Brooke	10	Menchville High School	27.11	26.97
23	Deane, Kacey	SR	Maurry High School	26.86	27.13
---	Mckinney, Ava	SO	Mills E Godwin High School	24.95	DQ

Event 9 Boys 1 mtr Diving

	Name	Yr	School		Finals Score
1	Shinn, Jacob	FR	Hickory High School	286.25	240.10
2	Monteith, Gavin	12	Menchville High School	253.35	236.15
3	McCauley, Jose	9	Menchville High School	248.75	226.90
4	Santiago, Nathan		Albemarle High School	256.40	182.25
5	Weber, Kyle		Albemarle High School	265.50	180.05
6	Brady, Phillip	SO	Princess Anne High School	224.05	168.00
7	Lively, Hunter	FR	Kecoughtan High School	204.40	163.15
8	Lavender, Jay	SO	Midlothian HS	239.00	131.25

Event 10 Girls 1 mtr Diving

	Name	Yr	School		Finals Score
1	Worman, Peyton	SO	Hickory High School	440.50	387.75
2	Stilley, Meredith		Albemarle High School	411.10	373.95
3	Laine, Ainsley	SR	Midlothian HS	405.55	373.20
4	Vinzant, Tara		Albemarle High School	344.30	313.20
5	Collins, Jill	FR	First Colonial hs	218.80	302.05
6	Runge, Madison	JR	Kecoughtan High School	241.05	235.35
7	Freitas, Rio		Albemarle High School	271.85	225.25
8	Mauldin, Izzie	FR	Hickory High School	257.05	215.75
9	Morel, Mathilde	FR	Princess Anne High School	261.00	202.20
10	Olwin, Leslie	FR	Tallwood	241.65	190.10

Event 11 Boys 100 Yard Butterfly

	Name	Yr	School	Prelim Time	Finals Time
A - Final					
1	Rodgers, Ian	12	Menchville High School	50.14	49.07
2	Jacobs, Aidan	SR	Mills E Godwin High School	50.02	49.75
3	Couture, Radomyr	SR	Princess Anne High School	51.21	50.39
4	Campbell, Spencer	SO	Clover Hill High School	51.84	50.95
5	Keenan, Nate	JR	First Colonial hs	51.97	51.10
6	Julian, Brady	FR	Midlothian HS	53.65	52.57
7	Koester, Griffin	JR	Woodgrove Swim Team	53.11	52.91
8	McOsker, Ryan	JR	Stafford Indians Swim Team	53.30	53.66
B - Final					
9	Ferguson, George	JR	Douglas Freeman Swimming	54.52	53.55
10	Fiore, Andrew	SR	Mountain View High School	53.77	53.61
11	Strudgeon, George	JR	Glen Allen High School	54.11	53.72

2023 VHSL Class 5 State Meet - 2/15/2023 to 2/17/2023**Results****B - Final ... (Event 11 Boys 100 Yard Butterfly)**

	Name	Yr	School	Prelim Time	Finals Time
12	Elmore, Lance		Albemarle High School	54.70	53.86
13	Kulak, Andrew	SR	Deep Run High School	53.87	54.00
14	Hendershot, Carter	JR	Potomac Falls High School	54.47	54.29
15	King, Michael	JR	Douglas Freeman Swimming	55.04	55.30
16	Krause, Peter	SR	Frank W Cox High School	56.10	56.37

Event 11 Boys 100 Yard Butterfly

	Name	Yr	School	Seed Time	Prelim Time
Preliminaries					
1	Jacobs, Aidan	SR	Mills E Godwin High School	50.02	50.02
2	Rodgers, Ian	12	Menchville High School	51.91	50.14
3	Couture, Radomyr	SR	Princess Anne High School	50.71	51.21
4	Campbell, Spencer	SO	Clover Hill High School	52.25	51.84
5	Keenan, Nate	JR	First Colonial hs	51.77	51.97
6	Koester, Griffin	JR	Woodgrove Swim Team	53.53	53.11
7	McOsker, Ryan	JR	Stafford Indians Swim Team	52.86	53.30
8	Julian, Brady	FR	Midlothian HS	52.89	53.65
9	Fiore, Andrew	SR	Mountain View High School	54.81	53.77
10	Kulak, Andrew	SR	Deep Run High School	54.51	53.87
11	Strudgeon, George	JR	Glen Allen High School	53.72	54.11
12	Hendershot, Carter	JR	Potomac Falls High School	54.17	54.47
13	Ferguson, George	JR	Douglas Freeman Swimming	54.73	54.52
14	Elmore, Lance		Albemarle High School	55.45	54.70
15	King, Michael	JR	Douglas Freeman Swimming	54.59	55.04
16	Krause, Peter	SR	Frank W Cox High School	56.74	56.10
17	Rohlf, Noah	11	Menchville High School	57.74	56.70
18	May, Devlin	SR	Salem High School Swim Team	57.86	58.76
19	Ternes, Mason	JR	Nansemond River High School	1:02.44	59.34
20	Parker, Riley	FR	Nansemond River High School	1:02.47	1:05.71

Event 12 Girls 100 Yard Butterfly

	Name	Yr	School	Prelim Time	Finals Time
A - Final					
1	Davis, Grey		Albemarle High School	54.55	54.46
2	Zerkle, Alden	SR	Independence High School	57.78	57.32
3	Boyle, Kylie	SR	Independence High School	57.66	57.44
4	Klotz, Anna	SO	Stone Bridge High School	58.03	57.77
5	Strudgeon, Morgan	SR	Douglas Freeman Swimming	58.78	58.01
6	Wenert, Olivia	FR	Deep Run High School	57.86	58.18
7	Law, Emily	JR	Deep Run High School	58.20	58.22
8	Van Schaften, Josie	SO	Deep Run High School	58.53	59.13
B - Final					
9	Kang, Sarah	SO	Douglas Freeman Swimming	59.03	58.80
10	Moorman, Riley	SR	Hickory High School	59.81	59.10
11	Miyashita, Elizabeth	SO	Glen Allen High School	59.01	59.30
12	Santucci, Elle	SO	Riverside High School	59.60	59.40
13	Gupton, Mackenzie	SR	Briar Woods High School	59.25	59.53
14	Ix, Sara	JR	Midlothian HS	1:00.04	59.83
15	Marchione, Maris	FR	First Colonial hs	59.23	59.92
16	Armstrong, Lauren	SR	JR Tucker High School	1:00.50	1:01.76

2023 VHSL Class 5 State Meet - 2/15/2023 to 2/17/2023**Results****Event 12 Girls 100 Yard Butterfly**

	Name	Yr	School	Seed Time	Prelim Time
Preliminaries					
1	Davis, Grey		Albemarle High School	56.30	54.55
2	Boyle, Kylie	SR	Independence High School	57.70	57.66
3	Zerkle, Alden	SR	Independence High School	58.17	57.78
4	Wenert, Olivia	FR	Deep Run High School	1:00.17	57.86
5	Klotz, Anna	SO	Stone Bridge High School	58.39	58.03
6	Law, Emily	JR	Deep Run High School	58.44	58.20
7	Van Schaften, Josie	SO	Deep Run High School	59.00	58.53
8	Strudgeon, Morgan	SR	Douglas Freeman Swimming	57.44	58.78
9	Miyashita, Elizabeth	SO	Glen Allen High School	1:00.75	59.01
10	Kang, Sarah	SO	Douglas Freeman Swimming	58.96	59.03
11	Marchione, Maris	FR	First Colonial hs	59.42	59.23
12	Gupton, Mackenzie	SR	Briar Woods High School	1:00.32	59.25
13	Santucci, Elle	SO	Riverside High School	58.69	59.60
14	Moorman, Riley	SR	Hickory High School	1:00.25	59.81
15	Ix, Sara	JR	Midlothian HS	59.72	1:00.04
16	Armstrong, Lauren	SR	JR Tucker High School	1:00.68	1:00.50
17	Wright, Maggie	FR	First Colonial hs	1:01.09	1:00.59
18	Johnson, Skylar	JR	Kecoughtan High School	1:00.67	1:00.92
19	Everhart, Charlotte	JR	First Colonial hs	1:01.70	1:01.02
20	Everhart, Norah	FR	First Colonial hs	1:01.29	1:01.03
21	Hoover, Davia	JR	Mountain View High School	59.86	1:03.46
22	Donaldson, Madeline	11	Menchville High School	1:03.80	1:03.92
23	Phillips, Ava	SO	Nansemond River High School	1:05.07	1:04.20
24	Hamby, Ava	SR	Nansemond River High School	1:08.29	1:06.55
---	Gilbert, Brylynn	12	Menchville High School	1:06.91	DFS

Event 13 Boys 100 Yard Freestyle

	Name	Yr	School	Prelim Time	Finals Time
A - Final					
1	Tragle, H T	JR	Riverside High School	45.31	45.26
2	Hudson, Trevor	SR	Riverbend	46.20	46.37
3	Gabriele, Noah	SR	Harrisonburg High School	46.84	47.16
4	Bohlman, Craig	SR	JR Tucker High School	47.10	47.18
5	Baum, Carter	SO	Frank W Cox High School	47.16	47.21
6	Connell, Seamus	SR	Mills E Godwin High School	47.33	47.39
7	Pearcy, Mark	SR	Riverbend	47.48	47.81
8	Jones, Ian	SR	Stafford Indians Swim Team	47.46	48.21
B - Final					
9	Menz, Mason	SO	Independence High School	47.79	47.39
10	Neuhaus, Harrison	JR	Mills E Godwin High School	48.33	48.13
11	Cook, Cameron	JR	Glen Allen High School	47.90	48.22
12	Temple, Austin	FR	First Colonial hs	48.97	48.37
13	Easton, Chase		Albemarle High School	49.30	48.52
14	Thornton, Christian	SO	Deep Run High School	49.50	49.06
15	Moore, Ryan	FR	Mountain View High School	49.15	49.34
16	Martin, Luke	SO	Stafford Indians Swim Team	49.53	50.01

2023 VHSL Class 5 State Meet - 2/15/2023 to 2/17/2023**Results****Event 13 Boys 100 Yard Freestyle**

	Name	Yr	School	Seed Time	Prelim Time
Preliminaries					
1	Tragle, H T	JR	Riverside High School	45.29	45.31
2	Hudson, Trevor	SR	Riverbend	47.99	46.20
3	Gabriele, Noah	SR	Harrisonburg High School	47.63	46.84
4	Bohlman, Craig	SR	JR Tucker High School	47.74	47.10
5	Baum, Carter	SO	Frank W Cox High School	47.77	47.16
6	Connell, Seamus	SR	Mills E Godwin High School	47.54	47.33
7	Jones, Ian	SR	Stafford Indians Swim Team	48.00	47.46
8	Pearcy, Mark	SR	Riverbend	48.17	47.48
9	Menz, Mason	SO	Independence High School	47.02	47.79
10	Cook, Cameron	JR	Glen Allen High School	47.68	47.90
11	Neuhaus, Harrison	JR	Mills E Godwin High School	47.87	48.33
12	Temple, Austin	FR	First Colonial hs	50.08	48.97
13	Moore, Ryan	FR	Mountain View High School	48.90	49.15
14	Easton, Chase		Albemarle High School	49.14	49.30
15	Thornton, Christian	SO	Deep Run High School	49.33	49.50
16	Martin, Luke	SO	Stafford Indians Swim Team	49.48	49.53
17	Dorris, Alexander	SR	Tallwood	49.33	49.56
18	Kuriger, Nicholas	SO	Douglas Freeman Swimming	49.86	49.57
19	Brooks, Henry	SO	Douglas Freeman Swimming	48.77	49.61
20	Bupp, Tate	SO	Clover Hill High School	49.99	50.16
21	Kratowicz, Michael	SR	Mountain View High School	49.63	50.18
22	Kobzar, Nikita	JR	Maury High School	49.39	50.22
23	Temple, Brandon	SR	First Colonial hs	50.11	50.37
24	Miller, Gavin	SR	Kecoughtan High School	49.68	50.44
25	Jastrzembski, Ryan	JR	Independence High School	49.46	50.48
26	Parker, Aiden	SO	First Colonial hs	51.88	51.01
27	Randall, Drew	SR	Briar Woods High School	50.15	51.55
28	Simpson, Alexander	SR	Woodside High School	53.11	51.96
29	Venable, Sam	JR	Nansemond River High School	53.35	53.88
30	Holland, Brendan	JR	Maury High School	52.99	55.05
---	Stufflebeem, Scott	JR	Princess Anne High School	51.84	DQ

Event 14 Girls 100 Yard Freestyle

	Name	Yr	School	Prelim Time	Finals Time
A - Final					
1	Duffy, Kayleigh	JR	First Colonial hs	51.35	51.27
2	Bischoff, Allison	SO	Douglas Freeman Swimming	52.57	51.92
3	Sessions, Kylee	SR	Riverside High School	52.20	52.01
4	Mckinney, Ava	SO	Mills E Godwin High School	53.13	52.02
5	Kilty, Caroline	FR	Briar Woods High School	53.30	53.17
6	Teague, Sara	SO	First Colonial hs	53.17	53.29
7	Gorby, Tessa	SO	Harrisonburg High School	53.22	53.82
8	Seidel, Emma	SR	Patrick Henry High School	53.82	54.50
B - Final					
9	Jessup, Abby	SO	Deep Run High School	53.87	53.45
10	Sleman, Molly	SO	Douglas Freeman Swimming	53.97	54.03
11	Perezous, Micaela	SO	Potomac Falls High School	54.37	54.18
12	Belden, Grace	JR	Deep Run High School	54.90	54.64
13	David, Nora	FR	Mountain View High School	54.17	54.82

2023 VHSL Class 5 State Meet - 2/15/2023 to 2/17/2023**Results****B - Final ... (Event 14 Girls 100 Yard Freestyle)**

	Name	Yr	School	Prelim Time	Finals Time
14	Bever, Brady	JR	Deep Run High School	55.04	54.97
15	Barron, Ella	FR	Douglas Freeman Swimming	54.86	55.08
16	Macchi, Lana	SO	First Colonial hs	54.84	55.13

Event 14 Girls 100 Yard Freestyle

	Name	Yr	School	Seed Time	Prelim Time
Preliminaries					
1	Duffy, Kayleigh	JR	First Colonial hs	51.92	51.35
2	Sessions, Kylee	SR	Riverside High School	51.89	52.20
3	Bischoff, Allison	SO	Douglas Freeman Swimming	51.72	52.57
4	Mckinney, Ava	SO	Mills E Godwin High School	52.96	53.13
5	Teague, Sara	SO	First Colonial hs	53.78	53.17
6	Gorby, Tessa	SO	Harrisonburg High School	53.79	53.22
7	Kilty, Caroline	FR	Briar Woods High School	52.92	53.30
8	Seidel, Emma	SR	Patrick Henry High School	54.17	53.82
9	Jessup, Abby	SO	Deep Run High School	53.88	53.87
10	Sleman, Molly	SO	Douglas Freeman Swimming	53.23	53.97
11	David, Nora	FR	Mountain View High School	55.28	54.17
12	Perezous, Micaela	SO	Potomac Falls High School	54.34	54.37
13	Macchi, Lana	SO	First Colonial hs	55.36	54.84
14	Barron, Ella	FR	Douglas Freeman Swimming	54.75	54.86
15	Belden, Grace	JR	Deep Run High School	54.30	54.90
16	Bever, Brady	JR	Deep Run High School	54.65	55.04
17	Hinton, Carter	SO	Clover Hill High School	55.24	55.12
18	Hayward, Audrey	FR	Briar Woods High School	54.41	55.20
19	Whiteman, Sydney	FR	First Colonial hs	55.52	55.35
20	Schwartz, Cameron	SO	JR Tucker High School	55.26	55.67
21	DaCruz, Sophia	SR	Frank W Cox High School	56.47	57.63
22	Rice, Carson		Granby High School	1:00.38	59.58
23	Giles, Rachel	10	Menchville High School	1:01.66	59.88
24	Guerra, Jacie	JR	Nansemond River High School	1:02.30	1:01.21
25	Brutus, Gianna	FR	Nansemond River High School	1:01.39	1:01.99

Event 15 Boys 500 Yard Freestyle

	Name	Yr	School	Prelim Time	Finals Time
A - Final					
1	King, David		Albemarle High School	4:32.06	4:24.10
2	Szobota, Nathan	SO	Douglas Freeman Swimming	4:37.04	4:25.69
3	Mauldin, Ben	SR	Hickory High School	4:33.65	4:34.91
4	Julian, Brady	FR	Midlothian HS	4:43.02	4:38.73
5	Quan, Jacob	SR	Riverside High School	4:41.41	4:40.09
6	Devost, John	SR	Independence High School	4:37.99	4:43.50
7	Unruh, Jonah	SR	Stafford Indians Swim Team	4:44.95	4:44.27
8	Potter, Grady	SR	Midlothian HS	4:44.86	4:46.52
B - Final					
9	Schardt, Jack	JR	Deep Run High School	4:45.10	4:44.25
10	McNabb, Zachary	FR	Hickory High School	4:47.63	4:44.27
11	Char, Andrew	JR	Briar Woods High School	4:50.06	4:47.91
12	Meyer, Peyton	SR	Mountain View High School	4:49.28	4:48.35
13	Strudgeon, George	JR	Glen Allen High School	4:50.75	4:50.63
14	Marshall, Connor		Albemarle High School	4:49.48	4:51.94

2023 VHSL Class 5 State Meet - 2/15/2023 to 2/17/2023**Results****B - Final ... (Event 15 Boys 500 Yard Freestyle)**

	Name	Yr	School	Prelim Time	Finals Time
15	Smith, Josh	SO	Patrick Henry High School	4:54.38	4:58.44
16	Jordan, Patrick	JR	Briar Woods High School	4:54.14	5:00.71

Event 15 Boys 500 Yard Freestyle

	Name	Yr	School	Seed Time	Prelim Time
Preliminaries					
1	King, David		Albemarle High School	4:31.10	4:32.06
2	Mauldin, Ben	SR	Hickory High School	4:26.28	4:33.65
3	Szobota, Nathan	SO	Douglas Freeman Swimming	4:28.60	4:37.04
4	Devost, John	SR	Independence High School	4:41.26	4:37.99
5	Quan, Jacob	SR	Riverside High School	4:39.69	4:41.41
6	Julian, Brady	FR	Midlothian HS	4:47.21	4:43.02
7	Potter, Grady	SR	Midlothian HS	4:55.59	4:44.86
8	Unruh, Jonah	SR	Stafford Indians Swim Team	4:47.69	4:44.95
9	Schardt, Jack	JR	Deep Run High School	4:44.81	4:45.10
10	McNabb, Zachary	FR	Hickory High School	4:48.47	4:47.63
11	Meyer, Peyton	SR	Mountain View High School	4:49.50	4:49.28
12	Marshall, Connor		Albemarle High School	4:50.55	4:49.48
13	Char, Andrew	JR	Briar Woods High School	4:46.55	4:50.06
14	Strudgeon, George	JR	Glen Allen High School	4:47.64	4:50.75
15	Jordan, Patrick	JR	Briar Woods High School	5:00.11	4:54.14
16	Smith, Josh	SO	Patrick Henry High School	4:56.21	4:54.38
17	Webster, Andrew	JR	Clover Hill High School	5:00.90	4:54.62
18	Bruley, Nathan	JR	Stone Bridge High School	4:59.54	4:55.09
19	Fisher, Adam	JR	Mills E Godwin High School	4:57.78	4:56.89
20	Rodgers, Philip	10	Menchville High School	4:56.67	4:57.49
21	Williams, Carson	FR	Glen Allen High School	4:51.13	4:58.78
22	Winston, Gabriel		Granby High School	4:59.26	4:59.76
23	Krause, Peter	SR	Frank W Cox High School	5:07.06	5:08.63
24	Barakey, Colin	JR	Hickory High School	4:56.20	5:11.59
25	Tran, Patrick	JR	Princess Anne High School	5:17.76	5:15.45
26	Jones, Will	SR	Nansemond River High School	6:01.87	5:52.17
27	Petery, Jacob	SO	Kecoughtan High School	6:00.19	5:56.97
28	Kuehl, Harrison	SR	Maury High School	6:01.79	6:00.26
---	Vinarov, Evan	SO	Hickory High School	5:03.79	DFS
---	Bohlman, Craig	SR	JR Tucker High School	4:42.28	DFS

Event 16 Girls 500 Yard Freestyle

	Name	Yr	School	Prelim Time	Finals Time
A - Final					
1	Stuhlmacher, Claire	JR	Douglas Freeman Swimming	4:55.26	4:54.91
2	Phillips, Courtney	SR	Midlothian HS	4:57.32	4:59.21
3	Armstrong, Kiersten	FR	JR Tucker High School	5:00.81	5:00.43
4	Miklos, Riley	JR	Deep Run High School	5:04.42	5:05.65
5	Reid, Keira	JR	Mills E Godwin High School	5:04.42	5:05.89
6	Wenert, Olivia	FR	Deep Run High School	5:04.82	5:05.98
7	Van Schaften, Riley	SO	Deep Run High School	5:08.15	5:06.96
8	Connor, Julia	SO	Douglas Freeman Swimming	5:10.12	5:09.90
B - Final					
9	Wells, Sara		Albemarle High School	5:13.23	5:07.63
10	Duffy, Dara	FR	First Colonial hs	5:12.75	5:09.31

2023 VHSL Class 5 State Meet - 2/15/2023 to 2/17/2023**Results****B - Final ... (Event 16 Girls 500 Yard Freestyle)**

	Name	Yr	School	Prelim Time	Finals Time
11	Roberts, Addy	JR	First Colonial hs	5:18.95	5:10.41
12	Jones, Riley	SO	JR Tucker High School	5:15.47	5:10.44
13	Morrow, Katelyn	SO	Douglas Freeman Swimming	5:15.16	5:12.07
14	Eberle, Anna	JR	First Colonial hs	5:19.65	5:20.28
15	Rebich, Lizzie	JR	Riverside High School	5:19.14	5:22.94
16	Alms, Melissa		Albemarle High School	5:16.75	5:23.11

Event 16 Girls 500 Yard Freestyle

	Name	Yr	School	Seed Time	Prelim Time
Preliminaries					
1	Stuhlmacher, Claire	JR	Douglas Freeman Swimming	4:55.64	4:55.26
2	Phillips, Courtney	SR	Midlothian HS	4:58.44	4:57.32
3	Armstrong, Kiersten	FR	JR Tucker High School	5:06.01	5:00.81
*4	Reid, Keira	JR	Mills E Godwin High School	5:08.75	5:04.42
*4	Miklos, Riley	JR	Deep Run High School	4:59.63	5:04.42
6	Wenert, Olivia	FR	Deep Run High School	5:08.78	5:04.82
7	Van Schaften, Riley	SO	Deep Run High School	5:07.79	5:08.15
8	Connor, Julia	SO	Douglas Freeman Swimming	5:20.89	5:10.12
9	Duffy, Dara	FR	First Colonial hs	5:05.05	5:12.75
10	Wells, Sara		Albemarle High School	5:14.89	5:13.23
11	Morrow, Katelyn	SO	Douglas Freeman Swimming	5:09.15	5:15.16
12	Jones, Riley	SO	JR Tucker High School	5:14.95	5:15.47
13	Alms, Melissa		Albemarle High School	5:20.89	5:16.75
14	Roberts, Addy	JR	First Colonial hs	5:11.01	5:18.95
15	Rebich, Lizzie	JR	Riverside High School	5:20.70	5:19.14
16	Eberle, Anna	JR	First Colonial hs	5:15.38	5:19.65
17	Czirjak, Sara		Albemarle High School	5:25.78	5:20.35
18	Eichberg, Lily	SO	Stafford Indians Swim Team	5:27.33	5:21.97
19	Ng, Sophia	FR	Mills E Godwin High School	5:27.87	5:23.95
20	Fary, Brenna	FR	First Colonial hs	5:19.65	5:24.59
21	Bober, Ella	FR	Woodgrove Swim Team	5:25.40	5:25.64
22	Arbuckle, Ella		Granby High School	5:37.94	5:30.72
23	Verbel, Georgia	FR	Massaponax High School	5:23.81	5:30.91
24	Fomuso, Gina	JR	Hickory High School	5:33.45	5:31.50
25	Holland, Grace	10	Menchville High School	5:54.91	5:52.36
26	Hamby, Claire	SO	Nansemond River High School	6:14.84	6:19.19
27	Morrell, Ashley	FR	Nansemond River High School	6:23.77	6:22.64
---	Gilbert, Brylynn	12	Menchville High School	5:51.99	DFS

Event 17 Boys 200 Yard Freestyle Relay

	Team	Relay	Prelim Time	Finals Time
A - Final				
1	Mills E Godwin High School		1:25.67	1:24.81
	1) Connell, Seamus SR	2) Jacobs, Aidan SR	3) Neuhaus, Harrison JR	4) Lambert, Eric SO
2	Stafford Indians Swim Team		1:26.98	1:26.79
	1) Cook, Cameron JR	2) Unruh, Jonah SR	3) McOsker, Ryan JR	4) Jones, Ian SR
3	First Colonial hs		1:29.39	1:28.43
	1) Wilkerson, Chase FR	2) Parker, Aiden SO	3) Temple, Brandon SR	4) Temple, Austin FR
4	Clover Hill High School		1:29.60	1:28.85
	1) Bupp, Tate SO	2) Ellenberger, Carson FR	3) Tiller, Grant JR	4) Campbell, Spencer SO

2023 VHSL Class 5 State Meet - 2/15/2023 to 2/17/2023**Results****A - Final ... (Event 17 Boys 200 Yard Freestyle Relay)**

Team	Relay	Prelim Time	Finals Time
5 Independence High School		1:29.39	1:28.95
1) Menz, Mason SO	2) Kim, Ethan JR	3) Jastrzembski, Ryan JR	4) Kocak, Ethan JR
6 Frank W Cox High School		1:29.30	1:29.32
1) Baum, Carter SO	2) Cherry, Matt SO	3) Long, Carter SR	4) Lineberry, Alex JR
7 Douglas Freeman Swimming		1:29.97	1:29.76
1) Szobota, Nathan SO	2) Jun, Caleb FR	3) Kuriger, Nicholas SO	4) Brooks, Henry SO
8 Menchville High School		1:31.75	1:30.89
1) Rodgers, Ian 12	2) Culp, Christian 11	3) Rohlfs, Noah 11	4) Rodgers, Philip 10

B - Final

9 Mountain View High School		1:33.01	1:31.42
1) Kratowicz, Michael SR	2) Jones, Matthew SR	3) Meyer, Peyton SR	4) Moore, Ryan FR
10 Riverside High School		1:31.96	1:31.62
1) Iglesias, Matthew SR	2) Kresin, Nikita SO	3) Sexton, A J FR	4) Lu, Max SR
11 Potomac Falls High School		1:33.49	1:32.56
1) Kalka, Thomas FR	2) Lehman, Harrison SR	3) Hendershot, Carter JR	4) Anderson, Jake SO
12 Nshs		1:32.00	1:33.00
1) Rice, Karl SR	2) Fard, Sean SR	3) Fortiz, Alex JR	4) Hubbard, Zack SR
13 Briar Woods High School		1:34.03	1:33.21
1) Saravanan, Surya SO	2) Ellinger, Jack SO	3) Scott, James JR	4) Heiskanen, Adam JR
14 Princess Anne High School		1:32.64	1:33.40
1) Stufflebeem, Scott JR	2) Tran, Patrick JR	3) Pelton, Davis FR	4) Couture, Radomyr SR
15 Glen Allen High School		1:34.27	1:33.68
1) Lifsey, Judson JR	2) Orsi, Alec SR	3) Do, Nam JR	4) Fagan, Eric SR
16 Albemarle High School		1:33.81	1:33.84
1) Sawyer, Bradley	2) Kidd, Tanner	3) Marshall, Connor	4) Strickler, Sawyer

Event 17 Boys 200 Yard Freestyle Relay

Team	Relay	Seed Time	Prelim Time
Preliminaries			
1 Mills E Godwin High School		1:30.07	1:25.67
1) Connell, Seamus SR	2) Jacobs, Aidan SR	3) Neuhaus, Harrison JR	4) Lambert, Eric SO
2 Stafford Indians Swim Team		1:27.12	1:26.98
1) Cook, Cameron JR	2) Unruh, Jonah SR	3) McOske, Ryan JR	4) Jones, Ian SR
3 Frank W Cox High School		1:29.88	1:29.30
1) Baum, Carter SO	2) Cherry, Matt SO	3) Long, Carter SR	4) Lineberry, Alex JR
*4 First Colonial hs		1:31.67	1:29.39
1) Wilkerson, Chase FR	2) Parker, Aiden SO	3) Temple, Brandon SR	4) Temple, Austin FR
*4 Independence High School		1:29.76	1:29.39
1) Kim, Ethan JR	2) Kocak, Ethan JR	3) Jastrzembski, Ryan JR	4) Menz, Mason SO
6 Clover Hill High School		1:33.28	1:29.60
1) Bupp, Tate SO	2) Ellenberger, Carson FR	3) Tiller, Grant JR	4) Campbell, Spencer SO
7 Douglas Freeman Swimming		1:30.72	1:29.97
1) Szobota, Nathan SO	2) Jun, Caleb FR	3) Kuriger, Nicholas SO	4) Brooks, Henry SO
8 Menchville High School		1:33.98	1:31.75
1) Rodgers, Ian 12	2) Culp, Christian 11	3) Rohlfs, Noah 11	4) Rodgers, Philip 10
9 Riverside High School		1:32.41	1:31.96
1) Iglesias, Matthew SR	2) Kresin, Nikita SO	3) Sexton, A J FR	4) Lu, Max SR
10 Nshs		1:32.51	1:32.00
1) Rice, Karl SR	2) Fard, Sean SR	3) Fortiz, Alex JR	4) Hubbard, Zack SR
11 Princess Anne High School		1:39.43	1:32.64
1) Stufflebeem, Scott JR	2) Tran, Patrick JR	3) Pelton, Davis FR	4) Couture, Radomyr SR
12 Mountain View High School		1:32.86	1:33.01
1) Kratowicz, Michael SR	2) Walker, Cole JR	3) Meyer, Peyton SR	4) Moore, Ryan FR

2023 VHSL Class 5 State Meet - 2/15/2023 to 2/17/2023**Results****Preliminaries ... (Event 17 Boys 200 Yard Freestyle Relay)**

Team	Relay	Seed Time	Prelim Time
13 Potomac Falls High School		1:33.22	1:33.49
1) Kalka, Thomas FR	2) Lehman, Harrison SR	3) Hendershot, Carter JR	4) Anderson, Jake SO
14 Albemarle High School		1:29.00	1:33.81
1) Marshall, Connor	2) Kidd, Tanner	3) Strickler, Sawyer	4) Sawyer, Bradley
15 Briar Woods High School		1:32.66	1:34.03
1) Saravanan, Surya SO	2) Jordan, Patrick JR	3) Scott, James JR	4) Heiskanen, Adam JR
16 Glen Allen High School		1:32.06	1:34.27
1) Fagan, Eric SR	2) Orsi, Alec SR	3) Do, Nam JR	4) Lifsey, Judson JR
17 Stone Bridge High School		1:32.91	1:34.87
1) Horrigan, Musashi JR	2) Phillips, Sheldon SR	3) Marquardt, Xander JR	4) Hutchison, Mejd SO
18 Deep Run High School		1:37.60	1:35.30
1) Panos, Gregory JR	2) Berselli, Ben SR	3) Chen, Jason SR	4) Bower, Brooks SR
19 Nansemond River High School		1:36.29	1:35.49
1) Bonney, Will SR	2) Venable, Sam JR	3) Jones, Will SR	4) Ward, Forrest FR
20 Hickory High School		1:31.48	1:36.03
1) Blackburn, Tommy SO	2) Barakey, Colin JR	3) Russell, JT SO	4) Rinkus, Evan SR
21 Maury High School		1:36.74	1:36.27
1) Hallberg, Alexander SO	2) Holland, Brendan JR	3) Stiles, Patrick SR	4) Kobzar, Nikita JR
22 Granby High School		1:38.93	1:38.65
1) Winston, Gabriel	2) Dean, Carver	3) Mann, Davis	4) Woollett, Malcolm

Event 18 Girls 200 Yard Freestyle Relay

Team	Relay	Prelim Time	Finals Time
A - Final			
1 First Colonial hs		1:38.51	1:37.77
1) Berenguer, Elizabeth SR	2) Marchione, Maris FR	3) Roberts, Addy JR	4) Teague, Sara SO
2 Deep Run High School		1:40.43	1:39.11
1) Bever, Brady JR	2) Law, Emily JR	3) Jessup, Abby SO	4) Belden, Grace JR
3 Stafford Indians Swim Team		1:41.01	1:39.53
1) Eichberg, Lily SO	2) Grabowski, Arielle SO	3) Bean, Madison SO	4) Jones, London FR
4 Douglas Freeman Swimming		1:40.66	1:39.62
1) Kang, Sarah SO	2) Barron, Ella FR	3) Morrow, Katelyn SO	4) Sleman, Molly SO
5 Mountain View High School		1:41.69	1:41.45
1) David, Nora FR	2) Hoover, Davia JR	3) Whatley, Janie SR	4) Moore, Morgan JR
6 Potomac Falls High School		1:41.63	1:41.54
1) Perezous, Micaela SO	2) Kish, Sydney FR	3) Speilman, Mackenzie SO	4) Antognoli, Soleil SO
7 JR Tucker High School		1:42.16	1:43.14
1) Johnson, Lindsey SR	2) Russell, Katie SR	3) Rodriguez, Cristina SO	4) Armstrong, Kiersten FR
8 Bayside High School		1:42.03	1:49.69
1) Vargas, Alyssa SR	2) Whited, Taylor JR	3) Cooper, Gabriella FR	4) Heckman, Kaitlyn JR
B - Final			
9 Midlothian HS		1:42.51	1:41.43
1) Mierenfeld, Ellie FR	2) Crum, Josie JR	3) Jaeger, Renee SR	4) Phillips, Courtney SR
10 Albemarle High School		1:42.32	1:43.02
1) Alms, Melissa	2) Czirjak, Eve	3) Zhu, Emily	4) Hoang, Angelina
11 Independence High School		1:44.53	1:43.56
1) Kerr, Olivia JR	2) Miller, Olivia JR	3) Menz, Maddie SO	4) Davies, Megan SR
12 Mills E Godwin High School		1:43.15	1:44.05
1) Ng, Sophia FR	2) Zhang, Alice SO	3) Yang, Emily SO	4) Eakes, Savannah SR
13 Glen Allen High School		1:43.01	1:44.52
1) Wang, Abigail SO	2) Cowart, Chloe SO	3) Clemens, Gabriella SO	4) Boughton, Kayla SO
14 Menchville High School		1:44.52	1:45.04
1) Ferguson, Brooke 10	2) Gilbert, Brylynn 12	3) Wilson, Caitlin 9	4) Donaldson, Madeline 11

2023 VHSL Class 5 State Meet - 2/15/2023 to 2/17/2023**Results****B - Final ... (Event 18 Girls 200 Yard Freestyle Relay)**

Team	Relay	Prelim Time	Finals Time
15 Clover Hill High School		1:44.51	1:45.38
1) Hinton, Carter SO	2) Caraballo, Dakayla SO	3) Baraceres, Kamille JR	4) Pratt, Tatum SR
16 Stone Bridge High School		1:45.13	1:48.72
1) Stalcup, Maria SR	2) Batjargal, Naska SR	3) Jackman, Riley SR	4) Clodfelter, Charlotte JR

Event 18 Girls 200 Yard Freestyle Relay

Team	Relay	Seed Time	Prelim Time
Preliminaries			
1 First Colonial hs		1:37.54	1:38.51
1) Berenguer, Elizabeth SR	2) Roberts, Addy JR	3) Marchione, Maris FR	4) Teague, Sara SO
2 Deep Run High School		1:40.59	1:40.43
1) Bever, Brady JR	2) Law, Emily JR	3) Jessup, Abby SO	4) Belden, Grace JR
3 Douglas Freeman Swimming		1:39.85	1:40.66
1) Kang, Sarah SO	2) Barron, Ella FR	3) Morrow, Katelyn SO	4) Sleman, Molly SO
4 Stafford Indians Swim Team		1:43.39	1:41.01
1) Eichberg, Lily SO	2) Grabowski, Arielle SO	3) Bean, Madison SO	4) Jones, London FR
5 Potomac Falls High School		1:43.54	1:41.63
1) Perezous, Micaela SO	2) Kish, Sydney FR	3) Speilman, Mackenzie SO	4) Antognoli, Soleil SO
6 Mountain View High School		1:43.44	1:41.69
1) David, Nora FR	2) Hoover, Davia JR	3) Whatley, Janie SR	4) Moore, Morgan JR
7 Bayside High School		1:44.90	1:42.03
1) Vargas, Alyssa SR	2) Heckman, Kaitlyn JR	3) Cooper, Gabriella FR	4) Ozment, Alexa SR
8 JR Tucker High School		1:43.37	1:42.16
1) Johnson, Lindsey SR	2) Russell, Katie SR	3) Rodriguez, Cristina SO	4) Armstrong, Kiersten FR
9 Albemarle High School		1:41.23	1:42.32
1) Alms, Melissa	2) Hoang, Angelina	3) Zhu, Emily	4) Czirjak, Eve
10 Midlothian HS		1:41.70	1:42.51
1) Mierenfeld, Ellie FR	2) Crum, Josie JR	3) Jaeger, Renee SR	4) Phillips, Courtney SR
11 Glen Allen High School		1:43.76	1:43.01
1) Wang, Abigail SO	2) Cowart, Chloe SO	3) Clemens, Gabriella SO	4) Boughton, Kayla SO
12 Mills E Godwin High School		1:45.28	1:43.15
1) Ng, Sophia FR	2) Zhang, Alice SO	3) Yang, Emily SO	4) Eakes, Savannah SR
13 Clover Hill High School		1:44.16	1:44.51
1) Hinton, Carter SO	2) Caraballo, Dakayla SO	3) Baraceres, Kamille JR	4) Pratt, Tatum SR
14 Menchville High School		1:46.12	1:44.52
1) Ferguson, Brooke 10	2) Gilbert, Brylynn 12	3) Wilson, Caitlin 9	4) Wolfe, Madison 10
15 Independence High School		1:41.24	1:44.53
1) Kerr, Olivia JR	2) Miller, Olivia JR	3) Wall, Quinn JR	4) Davies, Megan SR
16 Stone Bridge High School		1:45.28	1:45.13
1) Clodfelter, Charlotte JR	2) Batjargal, Naska SR	3) Jackman, Riley SR	4) Klotz, Anna SO
17 Princess Anne High School		1:49.28	1:45.34
1) Bates, Carly JR	2) Tran, Quyen SR	3) Vann, Catherine JR	4) Huang, Anna SO
18 Riverside High School		1:44.87	1:45.42
1) Martin, Abigail SR	2) Sun, Callia SO	3) Duggan, Charlotte FR	4) Cisneros, Gigi SO
19 Hickory High School		1:47.16	1:45.73
1) Trago, Dana JR	2) Thames, Aubrey JR	3) Fomuso, Gina JR	4) Woolley, Jamie JR
20 Frank W Cox High School		1:45.00	1:46.37
1) McCormack, Maeve FR	2) Gray, Bailey JR	3) Tillery, Paige FR	4) DeAngelis, Frankie SO
21 Nansemond River High School		1:52.32	1:48.70
1) Phillips, Ava SO	2) Guerra, Jacie JR	3) Brutus, Gianna FR	4) Grabinski, Kayla FR
22 Briar Woods High School		1:43.58	1:51.31
1) Davenhall, Kiersten SO	2) Chatradi, Siri JR	3) Moore, Melodie SR	4) Rosales, Paige SR

2023 VHSL Class 5 State Meet - 2/15/2023 to 2/17/2023**Results****Preliminaries ... (Event 18 Girls 200 Yard Freestyle Relay)**

Team	Relay	Seed Time	Prelim Time
23 Granby High School		1:53.65	1:53.66
1) Arbuckle, Ella	2) Gilmore, Ella	3) Woollett, Jessie	4) Rice, Carson
24 Maury High School		1:55.12	1:55.64
1) Pegram, Courtney SR	2) Kiefner, Jane SO	3) O'Malley, Katie SO	4) Deane, Kacey SR

Event 19 Boys 100 Yard Backstroke

Name	Yr	School	Prelim Time	Finals Time
A - Final				
1 King, David		Albemarle High School	49.36	49.68
2 Lambert, Eric	SO	Mills E Godwin High School	50.83	50.39
3 Hoban, Owen	JR	Brooke Point High School Swim	50.76	50.94
4 Rodgers, Ian	12	Menchville High School	51.19	51.49
5 Cather, Owen	SO	Briar Woods High School	52.06	51.74
6 Lineberry, Alex	JR	Frank W Cox High School	52.59	52.76
7 Neuhaus, Harrison	JR	Mills E Godwin High School	52.83	52.91
8 Koepp, Tyler	FR	Salem High School Swim Team	52.65	53.20
B - Final				
9 Szobota, Nathan	SO	Douglas Freeman Swimming	53.04	51.23
10 Williams, Carson	FR	Glen Allen High School	53.58	52.10
11 Wilkerson, Chase	FR	First Colonial hs	53.01	53.67
12 McOsler, Ryan	JR	Stafford Indians Swim Team	53.86	54.24
13 Steadman, Spencer	FR	JR Tucker High School	54.59	54.31
14 Bruley, Nathan	JR	Stone Bridge High School	54.72	55.15
15 Cook, Cameron	JR	Stafford Indians Swim Team	54.62	55.57
16 Lifsey, Judson	JR	Glen Allen High School	54.62	55.74
C - Final				
--- Farney, Thomas	JR	Deep Run High School	51.27	DFS

Event 19 Boys 100 Yard Backstroke

Name	Yr	School	Seed Time	Prelim Time
Preliminaries				
1 King, David		Albemarle High School	49.05	49.36
2 Hoban, Owen	JR	Brooke Point High School Swim	51.18	50.76
3 Lambert, Eric	SO	Mills E Godwin High School	52.39	50.83
4 Rodgers, Ian	12	Menchville High School	52.67	51.19
5 Farney, Thomas	JR	Deep Run High School	50.07	51.27
6 Cather, Owen	SO	Briar Woods High School	51.26	52.06
7 Lineberry, Alex	JR	Frank W Cox High School	53.80	52.59
8 Koepp, Tyler	FR	Salem High School Swim Team	52.99	52.65
9 Neuhaus, Harrison	JR	Mills E Godwin High School	52.67	52.83
10 Wilkerson, Chase	FR	First Colonial hs	53.65	53.01
11 Szobota, Nathan	SO	Douglas Freeman Swimming	52.96	53.04
12 Williams, Carson	FR	Glen Allen High School	54.71	53.58
13 McOsler, Ryan	JR	Stafford Indians Swim Team	54.17	53.86
14 Steadman, Spencer	FR	JR Tucker High School	55.09	54.59
*15 Lifsey, Judson	JR	Glen Allen High School	54.15	54.62
*15 Cook, Cameron	JR	Stafford Indians Swim Team	54.38	54.62
17 Bruley, Nathan	JR	Stone Bridge High School	54.83	54.72
18 Kurz, William	SR	Douglas Freeman Swimming	56.10	55.32
19 Koester, Griffin	JR	Woodgrove Swim Team	56.01	55.38
20 Rounds, Ryan	SR	Briar Woods High School	56.07	55.47

2023 VHSL Class 5 State Meet - 2/15/2023 to 2/17/2023**Results****Preliminaries ... (Event 19 Boys 100 Yard Backstroke)**

	Name	Yr	School	Seed Time	Prelim Time
21	Fisher, Adam	JR	Mills E Godwin High School	56.80	55.64
22	Kobzar, Nikita	JR	Maury High School	56.49	55.71
23	Kidd, Tanner		Albemarle High School	56.58	56.32
24	McCarthy, Connor	SO	Midlothian HS	56.99	56.45
25	Kalka, Thomas	FR	Potomac Falls High School	57.05	56.57
26	Harrison, Gavin	SO	Stone Bridge High School	56.80	56.65
27	Saravanan, Surya	SO	Briar Woods High School	57.01	56.70
28	Freeman, Harper	SO	Riverside High School	56.29	56.94
29	Miller, Gavin	SR	Kecoughtan High School	57.38	57.08
30	Scully, Grayson	SO	Kempsville High School	59.35	57.27
31	Martin, Leif	SO	Douglas Freeman Swimming	56.52	58.17
32	Parker, Riley	FR	Nansemond River High School	58.46	59.19
33	Rumble, Harley	SR	Frank W Cox High School	58.67	59.24
34	Rohlfs, Noah	11	Menchville High School	59.77	59.52

Event 20 Girls 100 Yard Backstroke

	Name	Yr	School	Prelim Time	Finals Time
A - Final					
1	Davis, Grey		Albemarle High School	54.86	54.11
2	Ozment, Alexa	SR	Bayside High School	54.93	54.38
3	Hotem, Kate	SO	Mills E Godwin High School	56.22	56.16
4	Boyle, Kylie	SR	Independence High School	56.64	57.29
5	Zerkle, Alden	SR	Independence High School	57.96	57.34
6	Klotz, Anna	SO	Stone Bridge High School	58.16	57.65
7	Crum, Josie	JR	Midlothian HS	58.34	58.32
8	Blanco, Karina		Douglas Freeman Swimming	58.14	58.54
B - Final					
9	Mierenfeld, Ellie	FR	Midlothian HS	1:00.02	58.81
10	Kang, Sarah	SO	Douglas Freeman Swimming	1:00.29	59.88
11	Gupton, Mackenzie	SR	Briar Woods High School	59.18	59.98
12	Wright, Maggie	FR	First Colonial hs	1:00.55	1:00.20
13	Schwartz, Cameron	SO	JR Tucker High School	1:01.72	1:00.88
14	Van Schaften, Josie	SO	Deep Run High School	59.97	1:01.14
15	Phillips, Ava	SO	Nansemond River High School	1:04.41	1:04.30
16	Crawley, Lillian	SR	First Colonial hs	1:04.49	1:05.75

Event 20 Girls 100 Yard Backstroke

	Name	Yr	School	Seed Time	Prelim Time
Preliminaries					
1	Davis, Grey		Albemarle High School	55.66	54.86
2	Ozment, Alexa	SR	Bayside High School	55.48	54.93
3	Hotem, Kate	SO	Mills E Godwin High School	56.13	56.22
4	Boyle, Kylie	SR	Independence High School	57.93	56.64
5	Zerkle, Alden	SR	Independence High School	58.09	57.96
6	Blanco, Karina		Douglas Freeman Swimming	58.47	58.14
7	Klotz, Anna	SO	Stone Bridge High School	58.15	58.16
8	Crum, Josie	JR	Midlothian HS	57.78	58.34
9	Gupton, Mackenzie	SR	Briar Woods High School	59.70	59.18
10	Van Schaften, Josie	SO	Deep Run High School	59.17	59.97
11	Mierenfeld, Ellie	FR	Midlothian HS	59.94	1:00.02
12	Kang, Sarah	SO	Douglas Freeman Swimming	1:00.53	1:00.29
13	Wright, Maggie	FR	First Colonial hs	1:00.67	1:00.55

2023 VHSL Class 5 State Meet - 2/15/2023 to 2/17/2023**Results****Preliminaries ... (Event 20 Girls 100 Yard Backstroke)**

	Name	Yr	School	Seed Time	Prelim Time
14	Schwartz, Cameron	SO	JR Tucker High School	1:00.84	1:01.72
15	Phillips, Ava	SO	Nansemond River High School	1:05.25	1:04.41
16	Crawley, Lillian	SR	First Colonial hs	1:05.16	1:04.49
17	McMath, Emma	SR	First Colonial hs	1:06.91	1:06.38
18	Grabinski, Kayla	FR	Nansemond River High School	1:07.59	1:06.40
19	Stenberg, Eleanor	12	Menchville High School	1:10.07	1:07.10
20	Donaldson, Madeline	11	Menchville High School	1:08.18	1:09.42
---	Woollett, Jessie		Granby High School	1:15.73	DQ
---	Thames, Aubrey	JR	Hickory High School	1:06.22	DQ

Event 21 Boys 100 Yard Breaststroke

	Name	Yr	School	Prelim Time	Finals Time
A - Final					
1	Gerloff, Jay	SR	Hickory High School	56.22	56.49
2	Silva, Pablo	JR	Mills E Godwin High School	59.16	57.69
3	Weston, Wade	SR	Independence High School	59.18	58.89
4	Jastrzembski, Ryan	JR	Independence High School	59.30	59.00
5	Ridge, Spencer	SO	Mills E Godwin High School	59.28	59.42
6	Hodges, Josh		Albemarle High School	59.89	59.65
7	Clippinger, Jack	FR	LC Bird High School	59.99	1:00.41
8	Pearcy, Mark	SR	Riverbend	59.86	1:00.47
B - Final					
9	Iglesias, Matthew	SR	Riverside High School	1:00.26	1:00.75
10	Collier, Andrew	SR	Independence High School	1:02.61	1:01.15
11	Fiore, Andrew	SR	Mountain View High School	1:01.74	1:01.34
12	Tran, Patrick	JR	Princess Anne High School	1:00.83	1:01.44
13	Julian, Bryant	JR	Midlothian HS	1:02.22	1:02.48
14	Kresin, Nikita	SO	Riverside High School	1:02.02	1:02.77
15	Harrell, Lincoln	FR	Mills E Godwin High School	1:02.32	1:03.20
16	Ward, Forrest	FR	Nansemond River High School	1:02.27	1:04.48

Event 21 Boys 100 Yard Breaststroke

	Name	Yr	School	Seed Time	Prelim Time
Preliminaries					
1	Gerloff, Jay	SR	Hickory High School	57.23	56.22
2	Silva, Pablo	JR	Mills E Godwin High School	57.80	59.16
3	Weston, Wade	SR	Independence High School	59.91	59.18
4	Ridge, Spencer	SO	Mills E Godwin High School	58.51	59.28
5	Jastrzembski, Ryan	JR	Independence High School	58.52	59.30
6	Pearcy, Mark	SR	Riverbend	1:00.24	59.86
7	Hodges, Josh		Albemarle High School	1:00.18	59.89
8	Clippinger, Jack	FR	LC Bird High School	1:00.42	59.99
9	Iglesias, Matthew	SR	Riverside High School	1:00.30	1:00.26
10	Tran, Patrick	JR	Princess Anne High School	1:02.95	1:00.83
11	Fiore, Andrew	SR	Mountain View High School	1:01.28	1:01.74
12	Kresin, Nikita	SO	Riverside High School	1:02.09	1:02.02
13	Julian, Bryant	JR	Midlothian HS	1:03.01	1:02.22
14	Ward, Forrest	FR	Nansemond River High School	1:05.03	1:02.27
15	Harrell, Lincoln	FR	Mills E Godwin High School	1:02.46	1:02.32
16	Collier, Andrew	SR	Independence High School	1:02.48	1:02.61
17	Salpeter, Brody	JR	Indian River High School	1:04.31	1:02.63

2023 VHSL Class 5 State Meet - 2/15/2023 to 2/17/2023**Results****Preliminaries ... (Event 21 Boys 100 Yard Breaststroke)**

	Name	Yr	School	Seed Time	Prelim Time
18	Rowley, Jake	FR	Independence High School	1:02.87	1:02.73
19	Hutchison, Mejd	SO	Stone Bridge High School	1:03.03	1:03.09
20	Sawyer, Bradley		Albemarle High School	1:02.45	1:03.19
21	Gervase, Shaun	SR	Tallwood	1:04.78	1:03.63
22	Fulayter, Brandon	SO	Massaponax High School	1:02.97	1:03.88
23	McCoy, Colt	SO	First Colonial hs	1:05.62	1:03.95
24	Hubbard, Zack	SR	Nshs	1:03.05	1:04.57
25	Grantham, Justin	JR	Kecoughtan High School	1:05.51	1:06.33
26	Kim, Bernard	10	Menchville High School	1:09.42	1:07.34
27	Monteith, Gavin	12	Menchville High School	1:08.76	1:08.02
28	Redel, Owen	FR	Maury High School	1:09.13	1:09.50
---	Jun, Caleb	FR	Douglas Freeman Swimming	1:02.83	DQ

Event 22 Girls 100 Yard Breaststroke

	Name	Yr	School	Prelim Time	Finals Time
A - Final					
1	Sessions, Kylee	SR	Riverside High School	1:03.34	1:03.81
2	Czirjak, Sara		Albemarle High School	1:03.24	1:04.00
3	Wysocki, Nina	FR	Independence High School	1:05.72	1:04.78
4	Grishaeva, Maria	JR	Briar Woods High School	1:06.85	1:05.41
5	Smith, Cameron		Albemarle High School	1:06.15	1:05.78
6	Russell, Katie	SR	JR Tucker High School	1:07.15	1:07.41
7	Czirjak, Eve		Albemarle High School	1:07.69	1:07.57
8	Smith, Lauren	JR	Riverbend	1:07.56	1:09.43
B - Final					
9	Teague, Sara	SO	First Colonial hs	1:08.42	1:07.74
10	Rodriguez, Cristina	SO	JR Tucker High School	1:07.75	1:07.81
11	McMahan, Claire	SO	Potomac Falls High School	1:09.87	1:10.00
12	Clemens, Gabriella	SO	Glen Allen High School	1:10.46	1:10.19
13	Rodriguez, Gabriela	SR	JR Tucker High School	1:09.93	1:10.31
14	Jones, Kayleigh	SR	Hickory High School	1:10.65	1:10.49
15	Wang, Abigail	SO	Glen Allen High School	1:10.44	1:10.55
16	Macchi, Lana	SO	First Colonial hs	1:09.86	1:10.59

Event 22 Girls 100 Yard Breaststroke

	Name	Yr	School	Seed Time	Prelim Time
Preliminaries					
1	Czirjak, Sara		Albemarle High School	1:07.35	1:03.24
2	Sessions, Kylee	SR	Riverside High School	1:03.49	1:03.34
3	Wysocki, Nina	FR	Independence High School	1:04.83	1:05.72
4	Smith, Cameron		Albemarle High School	1:06.84	1:06.15
5	Grishaeva, Maria	JR	Briar Woods High School	1:06.44	1:06.85
6	Russell, Katie	SR	JR Tucker High School	1:06.05	1:07.15
7	Smith, Lauren	JR	Riverbend	1:07.60	1:07.56
8	Czirjak, Eve		Albemarle High School	1:06.55	1:07.69
9	Rodriguez, Cristina	SO	JR Tucker High School	1:09.01	1:07.75
10	Teague, Sara	SO	First Colonial hs	1:09.61	1:08.42
11	Macchi, Lana	SO	First Colonial hs	1:10.57	1:09.86
12	McMahan, Claire	SO	Potomac Falls High School	1:09.78	1:09.87
13	Rodriguez, Gabriela	SR	JR Tucker High School	1:09.42	1:09.93
14	Wang, Abigail	SO	Glen Allen High School	1:10.09	1:10.44

2023 VHSL Class 5 State Meet - 2/15/2023 to 2/17/2023**Results****Preliminaries ... (Event 22 Girls 100 Yard Breaststroke)**

Name	Yr	School	Seed Time	Prelim Time
15 Clemens, Gabriella	SO	Glen Allen High School	1:10.69	1:10.46
16 Jones, Kayleigh	SR	Hickory High School	1:10.21	1:10.65
17 Chen, Sara	SO	Independence High School	1:09.87	1:10.70
18 Whiteman, Sydney	FR	First Colonial hs	1:11.77	1:11.14
19 Everhart, Norah	FR	First Colonial hs	1:12.21	1:11.39
20 Wilson, Caitlin	9	Menchville High School	1:12.54	1:12.28
21 Wolfe, Madison	10	Menchville High School	1:12.91	1:13.16
22 Wright, Sarah	SR	Woodside High School	1:15.07	1:15.48
23 Ruck, Emily	SR	Kecoughtan High School	1:19.58	1:19.32
24 Brutus, Gianna	FR	Nansemond River High School	1:22.62	1:20.63

Event 23 Boys 400 Yard Freestyle Relay

Team	Relay	Prelim Time	Finals Time
A - Final			
1 Albemarle High School		3:12.67	3:09.75
1) Easton, Chase	2) Hodges, Josh	3) Elmore, Lance	4) King, David
2 Riverside High School		3:13.44	3:11.79
1) Quan, Jacob SR	2) Freeman, Harper SO	3) Lu, Max SR	4) Tragle, H T JR
3 Mills E Godwin High School		3:16.06	3:14.37
1) Neuhaus, Harrison JR	2) Fisher, Adam JR	3) Rivas, Matthew SO	4) Silva, Pablo JR
4 First Colonial hs		3:16.43	3:16.04
1) Temple, Austin FR	2) Temple, Brandon SR	3) McCoy, Colt SO	4) Keenan, Nate JR
5 Douglas Freeman Swimming		3:17.07	3:16.23
1) Brooks, Henry SO	2) Kuriger, Nicholas SO	3) King, Michael JR	4) Szobota, Nathan SO
6 Hickory High School		3:15.90	3:17.33
1) Gerloff, Jay SR	2) McNabb, Zachary FR	3) Blackburn, Tommy SO	4) Mauldin, Ben SR
7 Clover Hill High School		3:16.82	3:17.70
1) Bupp, Tate SO	2) Tiller, Grant JR	3) Webster, Andrew JR	4) Campbell, Spencer SO
8 Deep Run High School		3:16.93	3:19.88
1) Thornton, Christian SO	2) Panos, Gregory JR	3) Schardt, Jack JR	4) Kulak, Andrew SR
B - Final			
9 Glen Allen High School		3:17.29	3:15.36
1) Cook, Cameron JR	2) Lifsey, Judson JR	3) Williams, Carson FR	4) Strudgeon, George JR
10 Briar Woods High School		3:18.85	3:18.53
1) Randall, Drew SR	2) Char, Andrew JR	3) Jordan, Patrick JR	4) Cather, Owen SO
11 Stone Bridge High School		3:22.58	3:19.90
1) Bruley, Nathan JR	2) Hutchison, Mejd SO	3) Horrigan, Musashi JR	4) Harrison, Gavin SO
12 Mountain View High School		3:24.41	3:20.99
1) Fiore, Andrew SR	2) Krawowicz, Michael SR	3) Jones, Matthew SR	4) Meyer, Peyton SR
13 Frank W Cox High School		3:23.68	3:22.72
1) Baum, Carter SO	2) Braithwaite, Christian SO	3) Krause, Peter SR	4) Lineberry, Alex JR
14 JR Tucker High School		3:24.27	3:23.26
1) Dolan, Christian SO	2) Jena, Amish SO	3) Steadman, Spencer FR	4) Bohlman, Craig SR
15 Patrick Henry High School		3:25.35	3:27.28
1) Smith, Josh SO	2) Rooney, Liam FR	3) Sykes, William SR	4) Jackson, Jacob JR
16 Stafford Indians Swim Team		3:26.80	3:28.60
1) Martin, Luke SO	2) McOske, Patrick SO	3) Kessler, Jared SO	4) Spinnanger, Andrew JR

Event 23 Boys 400 Yard Freestyle Relay

Team	Relay	Seed Time	Prelim Time
Preliminaries			
1 Albemarle High School		3:12.33	3:12.67
1) Easton, Chase	2) Hodges, Josh	3) Elmore, Lance	4) King, David

2023 VHSL Class 5 State Meet - 2/15/2023 to 2/17/2023**Results****Preliminaries ... (Event 23 Boys 400 Yard Freestyle Relay)**

Team	Relay	Seed Time	Prelim Time
2 Riverside High School 1) Quan, Jacob SR	2) Freeman, Harper SO	3) Lu, Max SR	3:12.82 3:13.44 4) Tragle, H T JR
3 Hickory High School 1) Gerloff, Jay SR	2) McNabb, Zachary FR	3) Blackburn, Tommy SO	3:17.99 3:15.90 4) Mauldin, Ben SR
4 Mills E Godwin High School 1) Neuhaus, Harrison JR	2) Rivas, Matthew SO	3) Fisher, Adam JR	3:15.40 3:16.06 4) Silva, Pablo JR
5 First Colonial hs 1) Temple, Austin FR	2) Temple, Brandon SR	3) McCoy, Colt SO	3:16.18 3:16.43 4) Keenan, Nate JR
6 Clover Hill High School 1) Bupp, Tate SO	2) Tiller, Grant JR	3) Webster, Andrew JR	3:23.11 3:16.82 4) Campbell, Spencer SO
7 Deep Run High School 1) Thornton, Christian SO	2) Schardt, Jack JR	3) Kulak, Andrew SR	3:19.34 3:16.93 4) Farney, Thomas JR
8 Douglas Freeman Swimming 1) Brooks, Henry SO	2) Kuriger, Nicholas SO	3) King, Michael JR	3:15.39 3:17.07 4) Szobota, Nathan SO
9 Glen Allen High School 1) Cook, Cameron JR	2) Lifsey, Judson JR	3) Williams, Carson FR	3:18.55 3:17.29 4) Strudgeon, George JR
10 Briar Woods High School 1) Randall, Drew SR	2) Char, Andrew JR	3) Jordan, Patrick JR	3:17.30 3:18.85 4) Cather, Owen SO
11 Stone Bridge High School 1) Bruley, Nathan JR	2) Hutchison, Mejd SO	3) Horrigan, Musashi JR	3:24.65 3:22.58 4) Harrison, Gavin SO
12 Frank W Cox High School 1) Baum, Carter SO	2) Braithwaite, Christian SO	3) Krause, Peter SR	3:23.17 3:23.68 4) Lineberry, Alex JR
13 JR Tucker High School 1) Dolan, Christian SO	2) Jena, Amish SO	3) Steadman, Spencer FR	3:27.41 3:24.27 4) Bohlman, Craig SR
14 Mountain View High School 1) Fiore, Andrew SR	2) Walker, Cole JR	3) Jones, Matthew SR	3:23.12 3:24.41 4) Meyer, Peyton SR
15 Patrick Henry High School 1) Smith, Josh SO	2) Rooney, Liam FR	3) Sykes, William SR	3:27.66 3:25.35 4) Jackson, Jacob JR
16 Stafford Indians Swim Team 1) Kessler, Jared SO	2) McOsker, Patrick SO	3) Spinnanger, Andrew JR	3:26.40 3:26.80 4) Martin, Luke SO
17 Brooke Point High School Swim 1) Luxeder, Caleb JR	2) Megna, Ryan SR	3) Casale, Niko SR	3:28.19 3:29.55 4) Hoban, Owen JR
18 Riverbend 1) Buttram, Noah FR	2) Barnes, Jack FR	3) Mugavero, Anthony JR	3:27.47 3:34.79 4) Clarkson, Nick SO
19 Maury High School 1) Holland, Brendan JR	2) Hallberg, Alexander SO	3) Redel, Owen FR	3:42.96 3:36.52 4) Kobzar, Nikita JR
20 Princess Anne High School 1) Taxter, Maxson JR	2) Petsu, Gabriel SO	3) Demirel, Eren JR	3:41.60 3:39.28 4) Pelton, Davis FR
21 Nansemond River High School 1) Venable, Sam JR	2) Willis, Cameron FR	3) Ternes, Mason JR	3:37.52 3:41.47 4) Parker, Riley FR
22 Kecoughtan High School 1) Miller, Gavin SR	2) Petery, Jacob SO	3) Warren, Will JR	3:38.59 3:41.97 4) Grantham, Justin JR
23 Woodside High School 1) Chevront, Lucas	2) Izzo, Roman	3) Simpson, Alexander SR	3:49.98 3:48.52 4) Wise, Keegan SR
--- Independence High School 1) Kim, Ethan JR	2) Kocak, Ethan JR	3) Weston, Wade SR	3:19.23 DQ 4) Devost, John SR

Event 24 Girls 400 Yard Freestyle Relay

Team	Relay	Prelim Time	Finals Time
A - Final			
1 First Colonial hs 1) Berenguer, Elizabeth SR	2) Duffy, Dara FR	3) Roberts, Addy JR	3:33.38 3:29.61 4) Duffy, Kayleigh JR

2023 VHSL Class 5 State Meet - 2/15/2023 to 2/17/2023**Results****A - Final ... (Event 24 Girls 400 Yard Freestyle Relay)**

Team	Relay	Prelim Time	Finals Time
2 Albemarle High School		3:34.83	3:30.83
1) Smith, Cameron	2) Wells, Sara	3) Czirjak, Sara	4) Davis, Grey
3 Douglas Freeman Swimming		3:35.11	3:35.86
1) Sleman, Molly SO	2) Barron, Ella FR	3) Stuhlmacher, Claire JR	4) Bischoff, Allison SO
4 Mills E Godwin High School		3:38.25	3:37.30
1) Eakes, Savannah SR	2) Hotem, Kate SO	3) Reid, Keira JR	4) Mckinney, Ava SO
5 Deep Run High School		3:39.91	3:39.04
1) Bever, Brady JR	2) Van Schaften, Riley SO	3) Van Schaften, Josie SO	4) Jessup, Abby SO
6 Briar Woods High School		3:41.24	3:39.17
1) Kilty, Caroline FR	2) Grishaeva, Maria JR	3) Gupton, Mackenzie SR	4) Hayward, Audrey FR
7 Independence High School		3:41.50	3:40.76
1) Boyle, Kylie SR	2) Davies, Megan SR	3) Miller, Olivia JR	4) Zerkle, Alden SR
8 JR Tucker High School		3:41.14	3:42.65
1) Armstrong, Lauren SR	2) Armstrong, Kiersten FR	3) Rodriguez, Cristina SO	4) Schwartz, Cameron SO

B - Final

9 Midlothian HS		3:42.37	3:42.23
1) Ix, Sara JR	2) Mierenfeld, Ellie FR	3) Jaeger, Renee SR	4) Phillips, Courtney SR
10 Riverside High School		3:43.39	3:42.84
1) Santucci, Elle SO	2) Rebich, Lizzie JR	3) Rao, Sahana SO	4) Sessions, Kylee SR
11 Mountain View High School		3:45.03	3:43.51
1) David, Nora FR	2) Jones, Lily JR	3) Hatzis, Kristina FR	4) Moore, Morgan JR
12 Glen Allen High School		3:46.37	3:45.65
1) Clemens, Gabriella SO	2) Boughton, Kayla SO	3) Lee-Bishop, Mia JR	4) Miyashita, Elizabeth SO
13 Hickory High School		3:49.42	3:49.60
1) Woolley, Jamie JR	2) Fomuso, Gina JR	3) Adametz, Jordyn SR	4) Moorman, Riley SR
14 Clover Hill High School		3:51.95	3:51.91
1) Baraceros, Kamille JR	2) Caraballo, Dakayla SO	3) Pratt, Tatum SR	4) Hinton, Carter SO
15 Frank W Cox High School		3:52.78	3:52.17
1) Bradshaw, Lexi JR	2) Gray, Bailey JR	3) McCormack, Maeve FR	4) DaCruz, Sophia SR
16 Potomac Falls High School		3:54.04	3:53.17
1) Speilman, Mackenzie SO	2) Speilman, Madison JR	3) Minkara, Lina FR	4) Antognoli, Soleil SO

Event 24 Girls 400 Yard Freestyle Relay

Team	Relay	Seed Time	Prelim Time
Preliminaries			
1 First Colonial hs		3:32.00	3:33.38
1) Berenguer, Elizabeth SR	2) Duffy, Dara FR	3) Roberts, Addy JR	4) Duffy, Kayleigh JR
2 Albemarle High School		3:42.62	3:34.83
1) Smith, Cameron	2) Wells, Sara	3) Czirjak, Sara	4) Davis, Grey
3 Douglas Freeman Swimming		3:32.72	3:35.11
1) Sleman, Molly SO	2) Barron, Ella FR	3) Stuhlmacher, Claire JR	4) Bischoff, Allison SO
4 Mills E Godwin High School		3:38.13	3:38.25
1) Eakes, Savannah SR	2) Hotem, Kate SO	3) Reid, Keira JR	4) Mckinney, Ava SO
5 Deep Run High School		3:38.45	3:39.91
1) Bever, Brady JR	2) Van Schaften, Riley SO	3) Van Schaften, Josie SO	4) Jessup, Abby SO
6 JR Tucker High School		3:44.13	3:41.14
1) Armstrong, Lauren SR	2) Armstrong, Kiersten FR	3) Rodriguez, Cristina SO	4) Schwartz, Cameron SO
7 Briar Woods High School		3:39.43	3:41.24
1) Kilty, Caroline FR	2) Gupton, Mackenzie SR	3) Grishaeva, Maria JR	4) Hayward, Audrey FR
8 Independence High School		3:40.27	3:41.50
1) Boyle, Kylie SR	2) Davies, Megan SR	3) Miller, Olivia JR	4) Zerkle, Alden SR
9 Midlothian HS		3:43.57	3:42.37
1) Ix, Sara JR	2) Mierenfeld, Ellie FR	3) Jaeger, Renee SR	4) Phillips, Courtney SR

2023 VHSL Class 5 State Meet - 2/15/2023 to 2/17/2023**Results****Preliminaries ... (Event 24 Girls 400 Yard Freestyle Relay)**

Team	Relay	Seed Time	Prelim Time
10 Riverside High School		3:39.56	3:43.39
1) Santucci, Elle SO	2) Rebich, Lizzie JR	3) Rao, Sahana SO	4) Sessions, Kylee SR
11 Mountain View High School		3:46.80	3:45.03
1) David, Nora FR	2) Jones, Lily JR	3) Hatzis, Kristina FR	4) Hoover, Davia JR
12 Glen Allen High School		3:48.70	3:46.37
1) Clemens, Gabriella SO	2) Boughton, Kayla SO	3) Lee-Bishop, Mia JR	4) Miyashita, Elizabeth SO
13 Hickory High School		3:51.74	3:49.42
1) Woolley, Jamie JR	2) Fomuso, Gina JR	3) Trago, Dana JR	4) Moorman, Riley SR
14 Clover Hill High School		3:49.07	3:51.95
1) Baraceros, Kamille JR	2) Caraballo, Dakayla SO	3) Pratt, Tatum SR	4) Hinton, Carter SO
15 Frank W Cox High School		3:53.63	3:52.78
1) Bradshaw, Lexi JR	2) Gray, Bailey JR	3) McCormack, Maeve FR	4) DaCruz, Sophia SR
16 Potomac Falls High School		3:52.53	3:54.04
1) Speilman, Mackenzie SO	2) Speilman, Madison JR	3) Minkara, Lina FR	4) Antognoli, Soleil SO
17 Princess Anne High School		3:53.39	3:55.47
1) Bates, Carly JR	2) Gonzalez, Marta SO	3) Vann, Catherine JR	4) Huang, Anna SO
18 Menchville High School		4:11.03	4:07.54
1) Stenberg, Eleanor 12	2) Gilbert, Brylynn 12	3) Holland, Grace 10	4) Giles, Rachel 10
19 Nansemond River High School		4:11.89	4:24.26
1) McGrath, Brielle FR	2) Brutus, Gianna FR	3) Breckner, Lauryn JR	4) Hamby, Ava SR
20 Maury High School		4:45.03	4:48.91
1) O'Malley, Emily SR	2) Carr, Tori FR	3) Longhini, Ella SO	4) Pegram, Courtney SR
21 Kecoughtan High School		5:00.78	4:49.80
1) Harris, Sophia SO	2) Kaylor, Baily FR	3) Bumpers, Ariyelle SO	4) Scott, Lauralynn FR

Event 107 Boys 50 Yard Freestyle Swim-off

Name	Yr	School	Seed Time	Finals Time
- Swim-off				
1 Brooks, Henry	SO	Douglas Freeman Swimming	22.45	22.17
2 Freeman, Harper	SO	Riverside High School	22.45	22.39