

2023 Class 4 Region A Swim Championships - 2/10/2023**Results - Class 4 Region A Championship****Event 1 Boys 200 Yard Medley Relay**

Team	Relay	Seed Time	Finals Time
1 Jamestown High School-VA 1) Thomas, Sean	A 2) Graham, Jack	1:40.02	1:37.57
2 Grafton High School-VA 1) Griffith, Ryan	A 2) Sere, Justin	1:39.09	1:40.16
3 Warhill High School-VA 1) Walker, Nathan	A 2) Dill, Joe	1:42.57	1:43.14
4 Deep Creek High School-VA 1) Hayes, Liam	A 2) Swartz, Tyler	1:48.03	1:45.85
5 Great Bridge High School-VA 1) Kustowski, Brian	A 2) Harrell, Ryland	1:49.44	1:47.13
6 Smithfield High School-VA 1) Byrd, Aiden C	A 2) Shelton, Evan T	1:50.61	1:49.55
7 Warwick High School-VA 1) York, Casey	A 2) Tunstall, Colin	NT	1:57.46
8 Churchland High School-VA 1) House, Jeremiah	A 2) Ross, Bennett J	2:02.35	1:57.55
9 Manor High School-VA 1) Moore, Jeremiah	A 2) Nolan, Ryan	2:18.19	2:16.92
10 Denbigh High School-VA 1) Gaytan, Amare	A 2) Holder, Marek	NT	2:37.28
--- Kings Fork High School-VA 1) Ranay, Devon	A 2) Drake, Josh	NT	DQ
		3) Stamper, Isaac	4) Spaulding, Aedan
		3) Hawkins, Reid	4) Loe, Jacob
		3) Harris, Ryder	4) Picataggi, Will
		3) Garth, Ian	4) Harmon, Dahmon
		3) Goedecke, Colin	4) Stratton, Nicholas
		3) Byrd, Thomas J	4) Hinkle, Ephrem S
		3) Elsayyad, Ali	4) McFall, Barrett
		3) McEwen, Jonathan	4) Latham, Alex
		3) Simmons, Nicolas	4) Stith, Myles
		3) Smallridge, Ethan	4) Hernandez, Daniel
		3) Croley, Evan	4) Kluck, Matthew

Event 2 Girls 200 Yard Medley Relay

Team	Relay	Seed Time	Finals Time
1 Warhill High School-VA 1) Walker, Emma	A 2) Levin, Isabella	1:57.88	1:54.31
2 Jamestown High School-VA 1) Brundage, Holly	A 2) Schulze, Trinity	1:47.59	1:55.81
3 Deep Creek High School-VA 1) Graf, Ainsley	A 2) Iniguez, Annalise	2:00.85	1:59.89
4 Smithfield High School-VA 1) Hicks, Cassidy	A 2) Wallace, Brianna C	2:06.62	2:02.21
5 Grafton High School-VA 1) Chen, Hannah	A 2) Stupar, Aliyah	NT	2:06.27
6 Warwick High School-VA 1) Marchese, Evelyn	A 2) Drozda, Isabella	NT	2:13.38
7 Great Bridge High School-VA 1) Best, Abigail	A 2) Steinwand, Marlee	2:22.79	2:18.05
8 Churchland High School-VA 1) Mosciano, Anna	A 2) Pena, Amayah	2:36.22	2:34.65
9 Manor High School-VA 1) Trainham, Danny	A 2) Hines, Delayla	2:24.40	2:41.00
10 Kings Fork High School-VA 1) Brooks, Brooks	A 2) Gomer, Anna	NT	2:49.23
11 Denbigh High School-VA 1) Dior, Andrea	A 2) Blazek, Cheyann	NT	3:13.36
		3) Bonyadlou, Parvaneh	4) Lorack, Isabella
		3) Buirski, Kallyn	4) Bauer, Claire
		3) Pogorzelski, Megan	4) Krum, Alana
		3) Hanson, Aubrey J	4) Berry, Madelyn
		3) Paxton, Madelyn	4) Wojcik, Melissa
		3) Osborne, Daiyani	4) Davis, Aliya
		3) Bowers, Savannah	4) Terrell, Willow
		3) Cozart, Madison	4) Kane, Lily
		3) Stallings, Jordan	4) Stith, Myla
		3) Rounds, Hannah	4) Gay, Olivia
		3) Sheldon, Aliya	4) Simon, Siah

Event 3 Boys 200 Yard Freestyle

Name	School	Seed Time	Finals Time
1 Sere, Justin	Grafton High School-VA	1:51.66	1:45.49
2 Graham, Jack	Jamestown High School-VA	1:48.76	1:48.61
3 Landers, Lucas	Jamestown High School-VA	1:50.40	1:48.87

2023 Class 4 Region A Swim Championships - 2/10/2023**Results - Class 4 Region A Championship****(Event 3 Boys 200 Yard Freestyle)**

	Name	School	Seed Time	Finals Time
4	Stratton, Nicholas	Great Bridge High School-VA	1:58.73	1:50.61
5	Byrd, Thomas J	Smithfield High School-VA	1:56.81	1:53.82
6	Aponte, Jose	Jamestown High School-VA	1:56.03	1:53.94
7	Loe, Jacob	Grafton High School-VA	2:18.94	1:59.37
8	Schram, Kody	Jamestown High School-VA	1:59.53	2:00.71
9	Stowell, Ethan	Great Bridge High School-VA	2:01.57	2:02.43
10	Dean, Timothy	Warhill High School-VA	2:04.79	2:06.54
11	Roberts, Sloan	Grafton High School-VA	2:16.40	2:10.41
12	Youngs, Ben	Warhill High School-VA	NT	2:12.47
13	Bascom, John	Warhill High School-VA	2:18.19	2:19.61
14	Horigan, Colton	Deep Creek High School-VA	2:27.05	2:20.42
15	Graf, Hatcher	Deep Creek High School-VA	2:33.68	2:21.43
16	Kucha, Caelan	Smithfield High School-VA	2:31.65	2:24.41
17	Acosta, Jacob	Great Bridge High School-VA	2:25.94	2:24.85
18	Marlowe, Ryan	Grafton High School-VA	2:26.55	2:29.43
19	Marchese, Brian	Warwick High School-VA	NT	2:29.72
20	Flynt, Miles	Great Bridge High School-VA	2:46.20	2:43.02
21	Verde, Razvan	Warwick High School-VA	NT	2:48.32
22	Ranay, Devon	Kings Fork High School-VA	2:49.50	2:50.27
23	Waibel, Korben	Smithfield High School-VA	NT	2:52.41
24	Smith, Lorenzo	Churchland High School-VA	NT	2:56.08
25	Brooks, Frank	Kings Fork High School-VA	2:52.81	2:57.06
26	Fulmer, William	Churchland High School-VA	3:03.80	2:57.29
27	Harms, Josh	Warhill High School-VA	NT	3:01.23
28	Jordon, Avery	Churchland High School-VA	NT	3:05.26
29	Sayoto, Ray Allen	Churchland High School-VA	NT	3:27.28

Event 4 Girls 200 Yard Freestyle

	Name	School	Seed Time	Finals Time
1	Hanson, Wyllo	Jamestown High School-VA	1:59.31	1:57.16
2	Iniguez, Annalise	Deep Creek High School-VA	2:09.25	2:01.45
3	Basic, Charlotte	Jamestown High School-VA	NT	2:06.75
4	Buirski, Kallyn	Jamestown High School-VA	2:11.72	2:06.96
5	Dean, Mackenzie	Warhill High School-VA	2:14.95	2:08.87
6	Berry, Madelyn	Smithfield High School-VA	2:13.33	2:09.30
7	Torres, Arianne	Warhill High School-VA	2:24.04	2:17.45
8	Drozda, Isabella	Warwick High School-VA	NT	2:20.41
9	O'Neil, Alexis	Warhill High School-VA	2:19.89	2:28.02
10	Jiminez, Saniyah	Grafton High School-VA	2:33.56	2:34.23
11	Lavin, Annika	Great Bridge High School-VA	2:40.88	2:36.04
12	Davis, Aliya	Warwick High School-VA	NT	2:37.04
13	Kirkpatrick, Delaney	Warhill High School-VA	NT	2:37.41
14	Steinwand, Marlee	Great Bridge High School-VA	2:47.58	2:38.70
15	Best, Abigail	Great Bridge High School-VA	2:39.92	2:39.64
16	Stanhope, Lexi	Jamestown High School-VA	NT	2:42.55
17	Unklebach, Sophie	Great Bridge High School-VA	2:42.05	2:44.00
18	Silkman, Chessie	Hampton High School-VA	NT	2:45.58
19	Annand, Shivanne	Deep Creek High School-VA	2:59.71	2:49.37
20	Dodamgoda, Natasha	Deep Creek High School-VA	3:14.32	2:52.07
21	Fallon, Teagan	Grafton High School-VA	NT	2:55.32
22	Caluag, Vienna	Grafton High School-VA	3:02.61	2:56.68
23	Christopher, Cierra	Grafton High School-VA	2:49.58	2:58.77

2023 Class 4 Region A Swim Championships - 2/10/2023**Results - Class 4 Region A Championship****(Event 4 Girls 200 Yard Freestyle)**

	Name	School	Seed Time	Finals Time
24	Gay, Olivia	Kings Fork High School-VA	2:58.85	3:01.77
25	Naab, Sarah	Churchland High School-VA	3:02.26	3:02.65
26	Miles, Sommage	Warwick High School-VA	NT	3:09.58
27	Ion, Alina	Churchland High School-VA	3:18.35	3:15.33
28	Coumbes, Hailey	Churchland High School-VA	NT	3:24.77
29	Williams, Dymonasia	Kings Fork High School-VA	3:28.81	3:29.07
30	Grieve, Charlotte	Churchland High School-VA	3:10.76	3:55.79
---	Dodamgoda, Tivona	Deep Creek High School-VA	3:10.22	DQ

Event 5 Boys 200 Yard IM

	Name	School	Seed Time	Finals Time
1	Griffith, Ryan	Grafton High School-VA	2:02.94	1:57.91
2	Boller, Alexander	Jamestown High School-VA	2:00.96	2:04.59
3	Stamper, Isaac	Jamestown High School-VA	2:02.65	2:05.82
4	Goedecke, Colin	Great Bridge High School-VA	2:12.19	2:07.42
5	Tonk, Lucas	Jamestown High School-VA	2:13.25	2:13.08
6	Stratton, Nicholas	Great Bridge High School-VA	2:09.24	2:13.16
7	Krum, Braden	Deep Creek High School-VA	2:23.44	2:13.64
8	Sines, Owen	Jamestown High School-VA	2:15.72	2:14.19
9	Hawkins, Reid	Grafton High School-VA	2:08.56	2:14.64
10	Byrd, Aiden C	Smithfield High School-VA	2:15.62	2:16.57
11	Hibbard, Mason	Warhill High School-VA	2:16.63	2:17.85
12	House, Jeremiah	Churchland High School-VA	2:32.33	2:32.59
13	Thomas, Jenner	Smithfield High School-VA	2:39.16	2:38.14
14	Curley, Davis	Great Bridge High School-VA	3:01.86	2:53.59
15	Aguilar, Angel	Churchland High School-VA	NT	2:53.77
16	House, Josh	Churchland High School-VA	NT	2:55.26
17	Harrell, Logan	Great Bridge High School-VA	NT	2:56.80
18	McEwen, Jonathan	Churchland High School-VA	3:02.23	2:59.57
19	Croley, Evan	Kings Fork High School-VA	3:11.37	3:09.26
---	Nystrom, Camden	Warhill High School-VA	NT	DQ
---	Martin, Connor	Warhill High School-VA	NT	DQ

Event 6 Girls 200 Yard IM

	Name	School	Seed Time	Finals Time
1	Heyward, Addy	Jamestown High School-VA	2:06.25	2:11.07
2	Paxton, Madelyn	Grafton High School-VA	2:15.94	2:14.17
3	Lorack, Isabella	Warhill High School-VA	2:17.90	2:17.39
4	Schulze, Trinity	Jamestown High School-VA	2:19.58	2:21.82
5	Bonyadlou, Parvaneh	Warhill High School-VA	2:23.86	2:24.50
6	Benson-Dejesus, Alaiyah	Great Bridge High School-VA	2:27.88	2:25.31
7	Krum, Alana	Deep Creek High School-VA	2:28.91	2:31.61
8	Hanson, Aubrey J	Smithfield High School-VA	2:44.93	2:36.44
9	Stanke, Anna	Jamestown High School-VA	2:34.62	2:37.57
10	Teer, Sadie	Jamestown High School-VA	2:45.90	2:43.40
11	Sere, Emma	Grafton High School-VA	2:45.32	2:44.56
12	Stallings, Jordan	Manor High School-VA	3:15.84	3:01.49
13	Kane, Lily	Churchland High School-VA	3:17.55	3:18.81
14	Standin, Jayla	Churchland High School-VA	4:18.92	3:58.70
15	Shabani, Neema	Warhill High School-VA	NT	4:03.83
16	Roberts-Johnson, Cidra	Churchland High School-VA	4:52.17	4:12.66
17	Miller, Bernadette	Churchland High School-VA	5:06.47	5:08.27

2023 Class 4 Region A Swim Championships - 2/10/2023**Results - Class 4 Region A Championship****(Event 6 Girls 200 Yard IM)**

Name	School	Seed Time	Finals Time
--- Conklin, Kate	Warhill High School-VA	NT	DFS

Event 7 Boys 50 Yard Freestyle

Name	School	Seed Time	Finals Time
1 Picataggi, Will	Warhill High School-VA	23.13	22.68
2 Garth, Ian	Deep Creek High School-VA	23.33	22.69
3 Spaulding, Aedan	Jamestown High School-VA	22.55	22.71
4 Burrows, Carter	Jamestown High School-VA	23.40	22.75
5 Frodsham, Jack	Grafton High School-VA	NT	23.20
6 Ross, Bennett J	Churchland High School-VA	24.65	23.51
7 Trogdon, Davis	Jamestown High School-VA	24.11	23.54
8 Harmon, Dahmon	Deep Creek High School-VA	25.42	23.65
9 Harris, Ryder	Warhill High School-VA	23.84	24.12
10 Maldonado, Anthony	Grafton High School-VA	24.44	24.37
11 Picataggi, Andrew	Warhill High School-VA	24.28	24.43
12 Hart, Ashton	Jamestown High School-VA	24.81	24.66
13 Hinkle, Ephrem S	Smithfield High School-VA	24.65	25.59
14 Stith, Myles	Manor High School-VA	25.40	25.64
15 McFall, Barrett	Warwick High School-VA	NT	25.65
16 Boquist, Connor	Warhill High School-VA	26.05	25.96
17 Latham, Alex	Churchland High School-VA	27.19	26.35
18 Field, Forest	Smithfield High School-VA	27.12	26.58
19 Rudy, Will	Smithfield High School-VA	27.85	27.38
20 Fifer, Ethan	Smithfield High School-VA	26.81	27.62
21 Accardi, Alessandro	Grafton High School-VA	27.77	27.74
22 Smallridge, Ethan	Denbigh High School-VA	28.62	28.08
*23 Drake, Josh	Kings Fork High School-VA	29.19	28.12
*23 Norvell, Jackson	Great Bridge High School-VA	28.41	28.12
25 Wilson, Korey	Grafton High School-VA	28.69	28.20
26 Nolan, Ryan	Manor High School-VA	28.28	28.23
27 Williams, Jack	Great Bridge High School-VA	30.10	28.48
28 Kluck, Matthew	Kings Fork High School-VA	28.68	29.27
29 Moore, Jeremiah	Manor High School-VA	29.58	29.45
30 Hines, Hagen	Warwick High School-VA	NT	29.85
31 Buley, Ryan	Kings Fork High School-VA	31.41	30.85
32 Verde, Razvan	Warwick High School-VA	NT	30.86
33 Parker, Emilean	Warwick High School-VA	NT	30.89
34 Carter, Donovan	Great Bridge High School-VA	33.21	31.11
35 Simmons, Nicolas	Manor High School-VA	32.13	31.17
36 Hernandez, Daniel	Denbigh High School-VA	31.53	32.98
37 Holder, Marek	Denbigh High School-VA	32.31	33.88
38 McDermott, Joseph	Great Bridge High School-VA	35.94	35.43
39 Hill, Preston	Churchland High School-VA	39.99	36.03
40 Massey, Ned	Deep Creek High School-VA	36.41	36.17
41 Davis, Chase	Kings Fork High School-VA	36.32	37.27
42 Gaytan, Amare	Denbigh High School-VA	38.65	39.00
--- Annand, Nicholas	Deep Creek High School-VA	31.68	DFS

Event 8 Girls 50 Yard Freestyle

Name	School	Seed Time	Finals Time
1 Hanson, Wyllo	Jamestown High School-VA	23.35	24.52
2 Walker, Emma	Warhill High School-VA	25.48	25.59

2023 Class 4 Region A Swim Championships - 2/10/2023**Results - Class 4 Region A Championship****(Event 8 Girls 50 Yard Freestyle)**

Name	School	Seed Time	Finals Time
3 Kantor, Isabel	Jamestown High School-VA	27.02	25.98
4 Paxton, Madelyn	Grafton High School-VA	28.44	26.43
5 Dean, Mackenzie	Warhill High School-VA	27.00	26.62
6 Wallace, Brianna C	Smithfield High School-VA	28.31	26.66
7 Johnson, Macey	Warhill High School-VA	27.31	26.97
8 Flannigan, Alexis	Warhill High School-VA	27.17	27.48
9 Liebler, Kaitlyn	Jamestown High School-VA	28.94	28.28
10 Stupar, Aliyah	Grafton High School-VA	29.63	28.51
11 Terrell, Willow	Great Bridge High School-VA	30.30	30.04
12 Jones, Lydia N	Smithfield High School-VA	30.40	30.12
13 Unklebach, Sophie	Great Bridge High School-VA	33.04	30.73
14 Thomas, Curie	Smithfield High School-VA	32.31	31.18
15 Lavin, Annika	Great Bridge High School-VA	NT	31.19
16 Henderson, Melissa	Deep Creek High School-VA	32.40	31.68
17 Burrows, Alyssa	Jamestown High School-VA	31.40	31.89
18 Humphreys, Jenna	Deep Creek High School-VA	33.67	32.34
19 Hudson, Hanna	Hampton High School-VA	NT	32.75
20 Stallings, Jordan	Manor High School-VA	33.62	32.95
21 Stith, Myla	Manor High School-VA	35.20	33.27
22 Hines, Delayla	Manor High School-VA	34.22	33.28
23 Gomer, Anna	Kings Fork High School-VA	33.11	33.33
24 Naab, Sarah	Churchland High School-VA	33.22	33.61
25 Naab, Becca	Churchland High School-VA	36.11	34.09
26 Cox, Ella	Warwick High School-VA	NT	35.91
27 Dodamgoda, Tivona	Deep Creek High School-VA	35.91	36.04
28 Brooks, Brooks	Kings Fork High School-VA	37.73	36.69
29 Cabrera, Giovanna	Warwick High School-VA	NT	38.12
30 Street, Callie	Great Bridge High School-VA	39.34	39.39
31 Lewis, Isabel	Grafton High School-VA	43.81	39.62
32 Rounds, Hannah	Kings Fork High School-VA	44.45	40.06
33 Singleton, Cheyenne	Great Bridge High School-VA	41.65	x40.72
34 Matusiak, Autumn	Churchland High School-VA	41.85	41.09
35 Calva, Briti	Warwick High School-VA	NT	41.32
36 Ward, Effie	Denbigh High School-VA	42.87	42.69
37 Wolber, Eren	Churchland High School-VA	1:02.98	43.97
38 Hafez, Samaa	Warwick High School-VA	NT	44.03
39 Pena, Andrea	Denbigh High School-VA	NT	50.13
--- Ingram-Ford, Via	Grafton High School-VA	48.43	DQ
--- Furnari, Jillian	Smithfield High School-VA	29.66	DQ
--- Perry, Jumai	Deep Creek High School-VA	53.33	DQ
--- Simon, Siah	Denbigh High School-VA	49.90	DQ
--- Miller, Lori	Kings Fork High School-VA	44.32	DQ
--- Almirall, Gabriela	Denbigh High School-VA	39.88	DFS

Event 11 Boys 100 Yard Butterfly

Name	School	Seed Time	Finals Time
1 Garth, Ian	Deep Creek High School-VA	55.04	53.88
2 Elsayyad, Ali	Warwick High School-VA	NT	54.44
3 Goedecke, Colin	Great Bridge High School-VA	56.25	54.70
4 Shelton, Evan T	Smithfield High School-VA	57.01	55.36
5 Stamper, Isaac	Jamestown High School-VA	55.70	56.13
6 Loe, Jacob	Grafton High School-VA	57.33	57.41

2023 Class 4 Region A Swim Championships - 2/10/2023**Results - Class 4 Region A Championship****(Event 11 Boys 100 Yard Butterfly)**

	Name	School	Seed Time	Finals Time
7	Hawkins, Reid	Grafton High School-VA	56.98	57.84
8	Vereb, Caleb	Jamestown High School-VA	59.73	59.09
9	Schram, Kody	Jamestown High School-VA	1:00.67	59.57
10	Tonk, Lucas	Jamestown High School-VA	1:00.36	1:00.68
11	Harrell, Ryland	Great Bridge High School-VA	1:10.42	1:07.72
12	Miller, Nathaniel	Great Bridge High School-VA	1:14.19	1:08.30
13	Boquist, Connor	Warhill High School-VA	NT	1:14.82
14	Kalb, Aiden	Great Bridge High School-VA	NT	1:16.40
15	Aguilar, Angel	Churchland High School-VA	1:26.81	1:22.58
16	Smith, Lorenzo	Churchland High School-VA	1:41.81	1:35.65
17	Chrislip, Dominick	Churchland High School-VA	NT	1:36.03
---	Moore, Trever	Churchland High School-VA	NT	DQ
---	Fitzgerald, Colin	Warhill High School-VA	NT	DFS

Event 12 Girls 100 Yard Butterfly

	Name	School	Seed Time	Finals Time
1	Levin, Isabella	Warhill High School-VA	1:01.09	59.92
2	Buirski, Kallyn	Jamestown High School-VA	1:04.78	1:02.02
3	Lorack, Isabella	Warhill High School-VA	1:03.76	1:02.12
4	Pogorzelski, Megan	Deep Creek High School-VA	1:02.26	1:02.26
5	Bonyadlou, Parvaneh	Warhill High School-VA	1:03.68	1:03.32
6	Bauer, Claire	Jamestown High School-VA	1:05.03	1:04.55
7	Wallace, Brianna C	Smithfield High School-VA	1:04.14	1:04.82
8	Reed, Shelby	Jamestown High School-VA	1:08.12	1:07.66
9	Wojcik, Melissa	Grafton High School-VA	1:05.96	1:08.37
10	Bowers, Savannah	Great Bridge High School-VA	1:17.72	1:16.49
11	Miller, Kathryn	Jamestown High School-VA	1:21.76	1:20.52
12	Cozart, Madison	Churchland High School-VA	1:33.33	1:34.14
13	Calva, Ashley	Warwick High School-VA	NT	1:37.57
14	Standin, Jayla	Churchland High School-VA	2:00.91	1:52.07
15	Roberts-Johnson, Cidra	Churchland High School-VA	1:59.60	1:54.67

Event 13 Boys 100 Yard Freestyle

	Name	School	Seed Time	Finals Time
1	Thomas, Sean	Jamestown High School-VA	48.05	49.98
2	Dill, Joe	Warhill High School-VA	51.40	51.05
3	Spaulding, Aedan	Jamestown High School-VA	49.72	51.09
4	Picataggi, Will	Warhill High School-VA	54.56	51.59
5	Byrd, Thomas J	Smithfield High School-VA	52.82	51.88
6	Keithley, Thomas	Warhill High School-VA	54.14	53.43
7	Potter, Bradyn	Grafton High School-VA	56.06	54.85
8	Trogon, Davis	Jamestown High School-VA	54.82	55.25
9	Harris, Ryder	Warhill High School-VA	54.74	55.94
10	Brant, Tanner	Smithfield High School-VA	55.38	56.22
11	Hayes, Liam	Deep Creek High School-VA	1:00.08	56.37
12	Roberts, Sloan	Grafton High School-VA	NT	56.90
13	Hart, Ashton	Jamestown High School-VA	55.96	57.19
14	Hinkle, Ephrem S	Smithfield High School-VA	57.97	58.54
15	Stith, Myles	Manor High School-VA	1:00.58	59.06
16	Best, Parker	Great Bridge High School-VA	1:02.41	59.27
17	House, Jeremiah	Churchland High School-VA	59.16	59.40
18	Thomas, Jenner	Smithfield High School-VA	1:00.60	59.98

2023 Class 4 Region A Swim Championships - 2/10/2023**Results - Class 4 Region A Championship****(Event 13 Boys 100 Yard Freestyle)**

Name	School	Seed Time	Finals Time
19 Graf, Hatcher	Deep Creek High School-VA	1:08.15	1:02.38
20 Marchese, Brian	Warwick High School-VA	NT	1:03.89
21 McBride, Nolan	Grafton High School-VA	1:07.75	1:06.19
22 Norvell, Jackson	Great Bridge High School-VA	1:10.68	1:06.37
23 Roberts, Ashton	Grafton High School-VA	1:07.30	1:08.56
24 Kluck, Matthew	Kings Fork High School-VA	1:18.26	1:10.41
25 Parker, Emilean	Warwick High School-VA	NT	1:11.97
26 Hines, Hagen	Warwick High School-VA	NT	1:14.00
27 Lynerd, Abel	Warwick High School-VA	NT	1:14.19
28 Buley, Ryan	Kings Fork High School-VA	1:19.63	1:15.59
29 Fulmer, William	Churchland High School-VA	1:16.72	1:15.67
30 Hernandez, Daniel	Denbigh High School-VA	1:22.01	1:17.71
31 Lovejoy, Alex	Manor High School-VA	1:24.96	1:18.01
32 Seminara, Owen	Great Bridge High School-VA	1:22.58	1:18.90
33 Carter, Donovan	Great Bridge High School-VA	1:23.80	1:20.22
34 Massey, Ned	Deep Creek High School-VA	1:24.32	1:22.46
35 Bannon, George	Deep Creek High School-VA	NT	1:28.34
36 Hill, Preston	Churchland High School-VA	NT	1:33.33
37 Gaytan, Amare	Denbigh High School-VA	1:35.37	1:34.18
38 Davis, Chase	Kings Fork High School-VA	1:34.50	1:38.35

Event 14 Girls 100 Yard Freestyle

Name	School	Seed Time	Finals Time
1 Heyward, Addy	Jamestown High School-VA	51.40	54.51
2 Brundage, Holly	Jamestown High School-VA	56.58	55.25
3 Walker, Emma	Warhill High School-VA	55.37	55.90
4 Maynor, Lily	Warhill High School-VA	1:01.34	1:00.56
5 Hicks, Cassidy	Smithfield High School-VA	1:01.34	1:00.82
6 Flannigan, Alexis	Warhill High School-VA	1:01.36	1:03.12
7 Teer, Sadie	Jamestown High School-VA	1:06.53	1:04.01
8 Osborne, Daiyani	Warwick High School-VA	NT	1:04.23
9 Liebler, Kaitlyn	Jamestown High School-VA	1:06.57	1:04.68
10 Ryel, Lexi	Great Bridge High School-VA	NT	1:05.28
11 Furnari, Jillian	Smithfield High School-VA	1:07.90	1:06.86
12 Henderson, Melissa	Deep Creek High School-VA	1:16.86	1:07.82
13 Neff, Hannah	Warhill High School-VA	NT	1:08.30
14 Thomas, Curie	Smithfield High School-VA	1:17.17	1:11.54
15 Herman, Sarah	Deep Creek High School-VA	1:14.86	1:12.18
16 Dodamgoda, Natasha	Deep Creek High School-VA	1:17.13	1:14.09
17 Henderson, Mary Beth	Deep Creek High School-VA	1:17.45	1:14.24
18 Jones, Natalee R	Smithfield High School-VA	1:14.44	1:14.37
19 Stith, Myla	Manor High School-VA	1:32.68	1:16.77
20 Mosciano, Anna	Churchland High School-VA	1:23.19	1:17.24
21 Weynard, Reese	Great Bridge High School-VA	1:19.53	1:17.72
22 Christopher, Cierra	Grafton High School-VA	1:21.46	1:17.79
23 Naab, Becca	Churchland High School-VA	1:24.86	1:19.47
24 Senthill, Atiima	Great Bridge High School-VA	NT	1:19.83
25 Yocum, Charlie	Great Bridge High School-VA	1:23.86	1:20.51
26 Blazek, Cheyann	Denbigh High School-VA	1:23.70	1:21.49
27 Sheldon, Aliya	Denbigh High School-VA	1:29.79	1:22.06
28 Cox, Ella	Warwick High School-VA	NT	1:25.02
29 Miles, Sommage	Warwick High School-VA	NT	1:28.08

2023 Class 4 Region A Swim Championships - 2/10/2023**Results - Class 4 Region A Championship****(Event 14 Girls 100 Yard Freestyle)**

	Name	School	Seed Time	Finals Time
30	Brooks, Brooks	Kings Fork High School-VA	1:27.87	1:28.93
31	Lewis, Isabel	Grafton High School-VA	1:36.87	1:33.65
32	Dior, Andrea	Denbigh High School-VA	2:13.09	1:35.99
33	Trainham, Danny	Manor High School-VA	NT	1:37.51
34	Miller, Lori	Kings Fork High School-VA	1:41.78	1:38.61
35	Matusiak, Autumn	Churchland High School-VA	1:40.04	1:39.18
36	Malmstrom, Alana	Grafton High School-VA	1:36.67	1:41.20
37	Ingram-Ford, Via	Grafton High School-VA	1:39.06	1:41.31
38	Brinkmann, Janne	Churchland High School-VA	1:47.94	1:41.93
39	Reese, Ramaya	Kings Fork High School-VA	1:52.18	1:49.67
40	Simon, Siah	Denbigh High School-VA	2:35.46	2:02.24
41	Lambers, Leah	Manor High School-VA	2:07.30	2:05.20

Event 15 Boys 500 Yard Freestyle

	Name	School	Seed Time	Finals Time
1	Landers, Lucas	Jamestown High School-VA	5:01.89	4:57.81
2	Kustowski, Brian	Great Bridge High School-VA	5:04.14	5:01.81
3	Walker, Nathan	Warhill High School-VA	5:05.93	5:09.24
4	Aponte, Jose	Jamestown High School-VA	5:04.62	5:09.50
5	Stowell, Ethan	Great Bridge High School-VA	5:26.74	5:18.93
6	Frodsham, Jack	Grafton High School-VA	5:36.25	5:19.85
7	Hibbard, Mason	Warhill High School-VA	5:29.88	5:28.93
8	Dean, Timothy	Warhill High School-VA	5:42.08	5:45.27
9	Cory, Bryson	Jamestown High School-VA	NT	5:45.49
10	Potter, Bradyn	Grafton High School-VA	5:47.11	5:48.81
11	Bascom, John	Warhill High School-VA	6:26.69	6:25.76
12	White, Jackson	Jamestown High School-VA	6:27.43	6:25.90
13	Acosta, Jacob	Great Bridge High School-VA	6:41.17	6:41.10
14	Smallridge, Ethan	Denbigh High School-VA	7:12.65	6:55.46
15	House, Josh	Churchland High School-VA	7:21.77	6:58.50
16	McEwen, Jonathan	Churchland High School-VA	7:16.85	6:58.93
17	Kucha, Caelan	Smithfield High School-VA	6:58.05	7:09.06
18	Dumenigo, Sam	Great Bridge High School-VA	7:08.33	7:23.67
19	Ranay, Devon	Kings Fork High School-VA	7:39.22	7:42.81
20	Scaife, Jake	Churchland High School-VA	7:57.26	7:56.03
---	Brooks, Frank	Kings Fork High School-VA	7:44.02	DQ

Event 16 Girls 500 Yard Freestyle

	Name	School	Seed Time	Finals Time
1	Graf, Ainsley	Deep Creek High School-VA	5:35.80	5:27.09
2	Shearer, Jacquelyn	Jamestown High School-VA	5:42.43	5:37.10
3	Basic, Charlotte	Jamestown High School-VA	5:42.27	5:37.12
4	Pogorzelski, Megan	Deep Creek High School-VA	5:52.67	5:38.65
5	Berry, Madelyn	Smithfield High School-VA	5:56.21	5:49.69
6	Benson-Dejesus, Alaiyah	Great Bridge High School-VA	6:07.53	6:04.48
7	Maynor, Lily	Warhill High School-VA	6:30.95	6:23.35
8	Stanke, Anna	Jamestown High School-VA	6:23.70	6:25.27
9	Best, Abigail	Great Bridge High School-VA	7:06.99	7:06.58
10	Bowers, Amber	Great Bridge High School-VA	7:28.69	7:20.20
11	Kane, Lily	Churchland High School-VA	NT	7:43.91
12	Julio, Piper	Warhill High School-VA	NT	7:51.48
13	Caluag, Vienna	Grafton High School-VA	NT	8:15.85

2023 Class 4 Region A Swim Championships - 2/10/2023**Results - Class 4 Region A Championship****(Event 16 Girls 500 Yard Freestyle)**

Name	School	Seed Time	Finals Time
14 Grieve, Charlotte	Churchland High School-VA	8:00.02	8:16.26
15 Yocum, Charlie	Great Bridge High School-VA	8:19.85	8:16.28
16 Fallon, Teagan	Grafton High School-VA	NT	8:21.13
17 Gay, Olivia	Kings Fork High School-VA	8:23.21	8:44.38
18 Pena, Amayah	Churchland High School-VA	NT	9:19.64
19 Coumbes, Hailey	Churchland High School-VA	NT	9:21.63
20 Williams, Dymonasia	Kings Fork High School-VA	9:21.17	9:44.88
--- Scott, Mikaela	Grafton High School-VA	NT	DFS

Event 17 Boys 200 Yard Freestyle Relay

Team	Relay	Seed Time	Finals Time
1 Jamestown High School-VA	A	1:29.80	1:32.12
1) Spaulding, Aedan	2) Burrows, Carter	3) Vereb, Caleb	4) Stamper, Isaac
2 Warhill High School-VA	A	1:32.54	1:34.83
1) Picataggi, Will	2) Keithley, Thomas	3) Picataggi, Andrew	4) Harris, Ryder
3 Deep Creek High School-VA	A	1:40.06	1:37.89
1) Harmon, Dahmon	2) Swartz, Tyler	3) Hayes, Liam	4) Krum, Braden
4 Grafton High School-VA	A	NT	1:37.90
1) Loe, Jacob	2) Roberts, Sloan	3) Maldonado, Anthony	4) Frodsham, Jack
5 Smithfield High School-VA	A	1:41.50	1:38.56
1) Byrd, Thomas J	2) Brant, Tanner	3) Hinkle, Ephrem S	4) Shelton, Evan T
6 Warwick High School-VA	A	NT	1:40.01
1) Elsayyad, Ali	2) York, Casey	3) Tunstall, Colin	4) McFall, Barrett
7 Great Bridge High School-VA	A	1:45.52	1:44.78
1) Miller, Nathaniel	2) Curley, Davis	3) Harrell, Logan	4) Stowell, Ethan
8 Manor High School-VA	A	1:58.28	1:57.94
1) Nolan, Ryan	2) Lovejoy, Alex	3) Moore, Jeremiah	4) Stith, Myles
9 Kings Fork High School-VA	A	NT	1:59.45
1) Kluck, Matthew	2) Drake, Josh	3) Buley, Ryan	4) Croley, Evan
10 Churchland High School-VA	A	2:14.49	2:08.44
1) Fulmer, William	2) Aguilar, Angel	3) Jordon, Avery	4) McEwen, Jonathan
11 Denbigh High School-VA	A	NT	2:13.65
1) Gaytan, Amare	2) Holder, Marek	3) Hernandez, Daniel	4) Smallridge, Ethan

Event 18 Girls 200 Yard Freestyle Relay

Team	Relay	Seed Time	Finals Time
1 Jamestown High School-VA	A	1:41.06	1:42.48
1) Basic, Charlotte	2) Heyward, Addy	3) Buirski, Kallyn	4) Hanson, Wyllo
2 Warhill High School-VA	A	1:43.61	1:49.08
1) Maynor, Lily	2) Johnson, Macey	3) Dean, Mackenzie	4) Flannigan, Alexis
3 Grafton High School-VA	A	NT	1:54.57
1) Paxton, Madelyn	2) Stupar, Aliyah	3) Wojcik, Melissa	4) Chen, Hannah
4 Great Bridge High School-VA	A	2:00.06	1:56.97
1) Ryel, Lexi	2) Terrell, Willow	3) McCarthy, Lana	4) Benson-Dejesus, Alaiyah
5 Warwick High School-VA	A	NT	1:59.33
1) Osborne, Daiyani	2) Deibler, Naomi	3) Davis, Aliya	4) Drozda, Isabella
6 Smithfield High School-VA	A	2:04.98	2:02.04
1) Jones, Lydia N	2) Jones, Natalee R	3) Thomas, Curie	4) Furnari, Jillian
7 Deep Creek High School-VA	A	2:02.13	2:06.05
1) Dodamgoda, Natasha	2) Humphreys, Jenna	3) Herman, Sarah	4) Henderson, Melissa
8 Manor High School-VA	A	2:22.97	2:25.48
1) Hines, Delayla	2) Trainham, Danny	3) Stith, Myla	4) Stallings, Jordan
9 Kings Fork High School-VA	A	NT	2:27.51
1) Brooks, Brooks	2) Rounds, Hannah	3) Gay, Olivia	4) Gomer, Anna

2023 Class 4 Region A Swim Championships - 2/10/2023**Results - Class 4 Region A Championship****(Event 18 Girls 200 Yard Freestyle Relay)**

Team	Relay	Seed Time	Finals Time
10 Churchland High School-VA	A	2:25.22	2:31.75
1) Brinkmann, Janne	2) Naab, Sarah	3) Standin, Jayla	4) Naab, Becca
11 Denbigh High School-VA	A	NT	2:38.01
1) Dior, Andrea	2) Pena, Andrea	3) Sheldon, Aliya	4) Blazek, Cheyann

Event 19 Boys 100 Yard Backstroke

Name	School	Seed Time	Finals Time
1 Griffith, Ryan	Grafton High School-VA	49.70	51.28
2 Thomas, Sean	Jamestown High School-VA	53.57	56.04
3 Walker, Nathan	Warhill High School-VA	56.95	57.64
4 Kustowski, Brian	Great Bridge High School-VA	58.30	57.77
5 Lamerdin, Robert	Jamestown High School-VA	1:01.91	59.07
6 Vereb, Caleb	Jamestown High School-VA	57.90	59.20
7 Burrows, Carter	Jamestown High School-VA	1:00.81	59.70
8 Hayes, Liam	Deep Creek High School-VA	1:09.14	1:05.64
9 Brant, Tanner	Smithfield High School-VA	1:04.27	1:06.28
10 Picataggi, Andrew	Warhill High School-VA	1:05.97	1:06.84
11 Miller, Nathaniel	Great Bridge High School-VA	1:07.45	1:07.64
12 York, Casey	Warwick High School-VA	NT	1:08.98
13 Marlowe, Ryan	Grafton High School-VA	1:10.82	1:09.83
14 Rudy, Will	Smithfield High School-VA	1:10.49	1:11.50
15 Latham, Alex	Churchland High School-VA	1:16.22	1:13.48
16 McBride, Nolan	Grafton High School-VA	1:20.09	1:15.45
17 Curley, Davis	Great Bridge High School-VA	1:21.56	1:17.37
18 Accardi, Alessandro	Grafton High School-VA	1:22.08	1:24.07
19 Harms, Josh	Warhill High School-VA	NT	1:25.77
20 Nixon, Zechariah	Great Bridge High School-VA	1:26.22	1:26.31
21 Moore, Jeremiah	Manor High School-VA	1:26.47	1:26.49
22 Verde, Razvan	Warwick High School-VA	NT	1:26.84
23 Boseman, Rhett	Kings Fork High School-VA	1:37.22	1:31.34
24 Waibel, Korben	Smithfield High School-VA	1:33.47	1:34.09
25 Chrislip, Dominick	Churchland High School-VA	1:47.54	1:40.25
26 Lynerd, Abel	Warwick High School-VA	NT	1:40.98
27 Mayfield, Brandon	Kings Fork High School-VA	1:45.93	1:45.44
28 Sayoto, Ray Allen	Churchland High School-VA	NT	1:49.85
29 Harris, Patrick	Manor High School-VA	1:57.38	1:50.73
--- Patel, Mit	Manor High School-VA	NT	DQ
--- Nystrom, Camden	Warhill High School-VA	1:16.25	DQ

Event 20 Girls 100 Yard Backstroke

Name	School	Seed Time	Finals Time
1 Brundage, Holly	Jamestown High School-VA	59.05	1:01.46
2 Graf, Ainsley	Deep Creek High School-VA	NT	1:02.24
3 Bauer, Claire	Jamestown High School-VA	1:05.81	1:03.54
4 Shearer, Jacquelyn	Jamestown High School-VA	1:06.64	1:04.98
5 Hicks, Cassidy	Smithfield High School-VA	1:08.30	1:07.75
6 Johnson, Macey	Warhill High School-VA	1:09.24	1:08.38
7 Krum, Alana	Deep Creek High School-VA	1:13.04	1:10.86
8 Wojcik, Melissa	Grafton High School-VA	NT	1:11.30
9 Hanson, Aubrey J	Smithfield High School-VA	1:11.78	1:11.90
10 Ryel, Lexi	Great Bridge High School-VA	1:19.71	1:14.42
11 Chen, Hannah	Grafton High School-VA	1:11.66	1:14.92

2023 Class 4 Region A Swim Championships - 2/10/2023**Results - Class 4 Region A Championship****(Event 20 Girls 100 Yard Backstroke)**

	Name	School	Seed Time	Finals Time
12	Stanhope, Lexi	Jamestown High School-VA	1:16.99	1:17.30
13	Terrell, Willow	Great Bridge High School-VA	1:21.22	1:19.03
14	Jiminez, Saniyah	Grafton High School-VA	1:21.21	1:19.74
15	Neff, Hannah	Warhill High School-VA	1:22.14	1:21.27
16	Hudson, Hanna	Hampton High School-VA	NT	1:24.16
17	Mosciano, Anna	Churchland High School-VA	1:29.32	1:26.59
18	Bowers, Amber	Great Bridge High School-VA	NT	1:27.25
19	Conklin, Kate	Warhill High School-VA	1:31.26	1:28.15
20	Ion, Alina	Churchland High School-VA	1:33.20	1:33.06
21	Henderson, Mary Beth	Deep Creek High School-VA	1:43.12	1:33.55
22	Senthill, Atiima	Great Bridge High School-VA	1:45.50	1:37.42
23	Scott, Mikaela	Grafton High School-VA	1:39.97	1:40.87
24	Annand, Shivanne	Deep Creek High School-VA	1:41.81	1:41.13
25	Wolber, Eren	Churchland High School-VA	1:49.00	1:45.72
26	Shabani, Neema	Warhill High School-VA	NT	1:45.84
27	Rounds, Hannah	Kings Fork High School-VA	1:45.94	1:54.93
28	Dior, Andrea	Denbigh High School-VA	2:09.64	1:59.34
29	Aikens, Naashra	Churchland High School-VA	2:27.03	2:37.79
---	Lambers, Leah	Manor High School-VA	2:22.57	DQ
---	Marchese, Evelyn	Warwick High School-VA	NT	DQ

Event 21 Boys 100 Yard Breaststroke

	Name	School	Seed Time	Finals Time
1	Sere, Justin	Grafton High School-VA	58.83	1:00.72
2	Graham, Jack	Jamestown High School-VA	1:00.57	1:02.93
3	Swartz, Tyler	Deep Creek High School-VA	1:03.18	1:02.98
4	Ross, Bennett J	Churchland High School-VA	1:08.59	1:03.04
5	Dill, Joe	Warhill High School-VA	1:04.03	1:03.73
6	Boller, Alexander	Jamestown High School-VA	1:04.39	1:04.09
7	Shelton, Evan T	Smithfield High School-VA	1:04.97	1:04.81
8	Meadows, Gavin	Jamestown High School-VA	1:07.25	1:05.33
9	Sines, Owen	Jamestown High School-VA	1:08.25	1:07.72
10	Pierce, Hunter	Warhill High School-VA	1:09.14	1:08.68
11	Keithley, Thomas	Warhill High School-VA	1:11.32	1:09.07
12	Byrd, Aiden C	Smithfield High School-VA	1:10.10	1:09.61
13	Krum, Braden	Deep Creek High School-VA	1:18.10	1:10.86
14	Harrell, Ryland	Great Bridge High School-VA	1:15.09	1:10.99
15	Fitzgerald, Colin	Warhill High School-VA	1:19.57	1:18.40
16	Field, Forest	Smithfield High School-VA	1:19.00	1:18.47
17	Drake, Josh	Kings Fork High School-VA	1:25.41	1:20.97
18	Wilson, Korey	Grafton High School-VA	1:20.93	1:23.92
19	Fifer, Ethan	Smithfield High School-VA	1:24.56	1:24.38
20	Marchese, Brian	Warwick High School-VA	NT	1:25.94
21	Horigan, Colton	Deep Creek High School-VA	1:28.50	1:26.07
22	Boseman, Rhett	Kings Fork High School-VA	1:33.51	1:28.07
23	Roberts, Ashton	Grafton High School-VA	1:33.81	1:32.24
24	Jordon, Avery	Churchland High School-VA	1:36.73	1:32.32
25	Nolan, Ryan	Manor High School-VA	1:39.58	1:32.63
26	Harrell, Logan	Great Bridge High School-VA	NT	1:32.74
27	Croley, Evan	Kings Fork High School-VA	1:39.80	1:33.57
28	Moore, Trever	Churchland High School-VA	NT	1:40.00
29	Lovejoy, Alex	Manor High School-VA	1:46.57	1:41.58

2023 Class 4 Region A Swim Championships - 2/10/2023**Results - Class 4 Region A Championship****(Event 21 Boys 100 Yard Breaststroke)**

	Name	School	Seed Time	Finals Time
30	McDermott, Joseph	Great Bridge High School-VA	1:47.06	1:42.59
31	Holder, Marek	Denbigh High School-VA	NT	1:51.96
32	Smith, Austin	Great Bridge High School-VA	2:08.92	2:00.52
---	Maldonado, Anthony	Grafton High School-VA	1:03.75	DQ
---	Scaife, Jake	Churchland High School-VA	1:37.84	DQ

Event 22 Girls 100 Yard Breaststroke

	Name	School	Seed Time	Finals Time
1	Kantor, Isabel	Jamestown High School-VA	1:14.63	1:11.63
2	Schulze, Trinity	Jamestown High School-VA	1:05.55	1:11.86
3	Levin, Isabella	Warhill High School-VA	1:15.32	1:13.17
4	Iniguez, Annalise	Deep Creek High School-VA	1:12.55	1:13.24
5	Reed, Shelby	Jamestown High School-VA	1:14.52	1:15.02
6	Torres, Arianne	Warhill High School-VA	1:22.08	1:19.51
7	Stupar, Aliyah	Grafton High School-VA	1:23.52	1:21.64
8	Jones, Lydia N	Smithfield High School-VA	1:28.39	1:23.16
9	Sere, Emma	Grafton High School-VA	1:22.15	1:24.22
10	O'Neil, Alexis	Warhill High School-VA	1:20.94	1:25.71
11	Silkman, Chessie	Hampton High School-VA	NT	1:28.53
12	Miller, Kathryn	Jamestown High School-VA	NT	1:29.92
13	Steinwand, Marlee	Great Bridge High School-VA	1:32.06	1:29.95
14	McCarthy, Lana	Great Bridge High School-VA	1:33.89	1:30.54
15	Hines, Delayla	Manor High School-VA	1:34.86	1:30.57
16	Jones, Natalee R	Smithfield High School-VA	1:32.31	1:30.71
17	Bowers, Savannah	Great Bridge High School-VA	1:39.13	1:34.75
18	Herman, Sarah	Deep Creek High School-VA	1:36.32	1:34.90
19	Julio, Piper	Warhill High School-VA	1:33.87	1:35.63
20	Gomer, Anna	Kings Fork High School-VA	1:43.12	1:36.79
21	Deibler, Naomi	Warwick High School-VA	NT	1:37.12
22	Pena, Amayah	Churchland High School-VA	1:36.50	1:37.64
23	Weynard, Reese	Great Bridge High School-VA	1:44.24	1:44.00
24	Malmstrom, Alana	Grafton High School-VA	1:48.85	1:52.78
25	Blazek, Cheyann	Denbigh High School-VA	2:02.08	1:55.22
26	Sheldon, Aliya	Denbigh High School-VA	2:01.77	1:59.45
27	Trainham, Danny	Manor High School-VA	2:19.01	2:19.01
28	Miller, Bernadette	Churchland High School-VA	NT	2:25.56
---	Cozart, Madison	Churchland High School-VA	NT	DQ
---	Brinkmann, Janne	Churchland High School-VA	1:50.61	DQ

Event 23 Boys 400 Yard Freestyle Relay

	Team	Relay	Seed Time	Finals Time
1	Jamestown High School-VA	A	3:17.31	3:20.53
	1) Thomas, Sean	2) Landers, Lucas	3) Boller, Alexander	4) Graham, Jack
2	Grafton High School-VA	A	3:27.24	3:20.79
	1) Griffith, Ryan	2) Frodsham, Jack	3) Hawkins, Reid	4) Sere, Justin
3	Deep Creek High School-VA	A	3:29.33	3:29.21
	1) Harmon, Dahmon	2) Swartz, Tyler	3) Krum, Braden	4) Garth, Ian
4	Great Bridge High School-VA	A	4:01.60	3:30.78
	1) Kustowski, Brian	2) Stowell, Ethan	3) Stratton, Nicholas	4) Goedecke, Colin
5	Warhill High School-VA	A	3:38.35	3:33.09
	1) Walker, Nathan	2) Keithley, Thomas	3) Hibbard, Mason	4) Dill, Joe
6	Smithfield High School-VA	A	4:04.45	3:53.39
	1) Byrd, Aiden C	2) Thomas, Jenner	3) Brant, Tanner	4) Field, Forest

2023 Class 4 Region A Swim Championships - 2/10/2023**Results - Class 4 Region A Championship****(Event 23 Boys 400 Yard Freestyle Relay)**

Team	Relay	Seed Time	Finals Time
7 Churchland High School-VA	A	4:15.50	4:00.29
1) House, Josh	2) Ross, Bennett J	3) Latham, Alex	4) House, Jeremiah
8 Kings Fork High School-VA	A	NT	5:47.09
1) Boseman, Rhett	2) Davis, Chase	3) Buley, Ryan	4) Brooks, Frank
--- Warwick High School-VA	A	NT	DQ
1) Elsayyad, Ali	2) McFall, Barrett	3) Tunstall, Colin	4) York, Casey

Event 24 Girls 400 Yard Freestyle Relay

Team	Relay	Seed Time	Finals Time
1 Jamestown High School-VA	A	3:31.86	3:42.15
1) Basic, Charlotte	2) Heyward, Addy	3) Brundage, Holly	4) Hanson, Wylo
2 Warhill High School-VA	A	3:52.78	3:48.20
1) Lorack, Isabella	2) Bonyadlou, Parvaneh	3) Levin, Isabella	4) Walker, Emma
3 Deep Creek High School-VA	A	3:55.54	3:58.64
1) Graf, Ainsley	2) Krum, Alana	3) Pogorzelski, Megan	4) Iniguez, Annalise
4 Smithfield High School-VA	A	4:13.07	4:03.62
1) Wallace, Brianna C	2) Hicks, Cassidy	3) Hanson, Aubrey J	4) Berry, Madelyn
5 Great Bridge High School-VA	A	4:36.57	4:27.82
1) Best, Abigail	2) Bowers, Savannah	3) Ryel, Lexi	4) Benson-Dejesus, Alaiyah
6 Warwick High School-VA	A	NT	4:30.76
1) Osborne, Daiyani	2) Deibler, Naomi	3) Davis, Aliya	4) Drozda, Isabella
7 Grafton High School-VA	A	NT	4:37.03
1) Christopher, Cierra	2) Jiminez, Saniyah	3) Sere, Emma	4) Chen, Hannah
8 Churchland High School-VA	A	5:28.97	5:20.14
1) Naab, Becca	2) Kane, Lily	3) Mosciano, Anna	4) Naab, Sarah