

2024 VHSL Region 5D Championship - 2/3/2024**Results****Event 1 Boys 200 Yard Medley Relay**

Team	Relay	Seed Time	Finals Time
1 Riverside High School-VA	A	1:39.18	1:37.33
2 Independence High School-VA	A	1:38.05	1:37.51
3 Briar Woods High School-PV	A	1:38.60	1:37.95
4 Potomac Falls High School-VA	A	1:42.64	1:42.50
5 Lightridge High School-VA	A	1:39.92	1:44.21
6 Riverbend-VA	A	1:46.22	1:45.78
7 Massaponax High School-VA	A	1:48.76	1:47.63
8 Stone Bridge High School-VA	A	1:48.69	1:49.81
9 Harrisonburg High School-VA	A	1:56.89	1:54.19

Event 2 Girls 200 Yard Medley Relay

Team	Relay	Seed Time	Finals Time
1 Briar Woods High School-PV	A	1:49.38	1:48.47
2 Independence High School-VA	A	1:53.81	1:51.77
3 Potomac Falls High School-VA	A	1:53.39	1:52.75
4 Riverside High School-VA	A	1:57.65	1:54.56
5 Stone Bridge High School-VA	A	1:58.13	1:55.75
6 Riverbend-VA	A	2:02.85	1:57.32
7 Lightridge High School-VA	A	2:06.09	2:02.83
8 Harrisonburg High School-VA	A	2:17.33	2:13.87
9 Massaponax High School-VA	A	2:06.41	2:19.95

Event 3 Boys 200 Yard Freestyle

Name	Yr	School	Seed Time	Finals Time
1 Menz, Mason	JR	Independence High School-VA	1:47.26	1:45.45
2 Tragle, Harrison	FR	Riverside High School-VA	1:48.63	1:48.70
3 Bruley, Nathan A	SR	Stone Bridge High School-VA	1:51.28	1:52.12
4 Jordan, Patrick J	SR	Briar Woods High School-PV	1:49.14	1:52.38
5 Griffin, Wyatt	SO	Independence High School-VA	1:56.61	1:52.60
6 Ellinger, Jack O	JR	Briar Woods High School-PV	1:53.60	1:53.93
7 Matabang, Gian	JR	Lightridge High School-VA	1:59.25	1:55.85
8 Long, Carter	SR	Lightridge High School-VA	1:54.88	1:56.79
9 Ahmed, Bassem	SO	Riverside High School-VA	2:01.44	1:59.27
10 Cather, Eli	FR	Briar Woods High School-PV	NT	2:00.59
11 Zhang, Adam	JR	Riverside High School-VA	2:02.61	2:01.41
12 Nolton, David	SR	Independence High School-VA	2:04.59	2:02.95
13 Hally, Ben	JR	Lightridge High School-VA	2:05.06	2:04.30
14 McCarney, Ethan	SR	Potomac Falls High School-VA	2:06.79	2:09.11
15 Swick, Aiden	FR	Riverbend-VA	2:09.81	2:12.74
16 Stroffolino, Will	SR	Riverbend-VA	2:21.28	2:14.74
17 Tongen, Paul	JR	Harrisonburg High School-VA	2:18.60	2:17.48
18 Joy, Dylan D	SO	Massaponax High School-VA	2:25.09	2:23.18
19 Strein, Michael	SO	Potomac Falls High School-VA	2:35.02	2:34.75
20 Oliver, Joshua	JR	Potomac Falls High School-VA	2:50.63	2:49.51
--- Young, Jack	SR	Massaponax High School-VA	2:25.51	DFS

Event 4 Girls 200 Yard Freestyle

Name	Yr	School	Seed Time	Finals Time
1 Hudson, Kayley	JR	Briar Woods High School-PV	2:00.71	1:56.95
2 Coelho, Melissa	FR	Riverside High School-VA	2:08.81	2:01.57
3 Verbel, Georgia C	SO	Massaponax High School-VA	2:06.35	2:03.30
4 Ramey, Addilynn	JR	Lightridge High School-VA	2:10.34	2:03.48

2024 VHSL Region 5D Championship - 2/3/2024**Results****(Event 4 Girls 200 Yard Freestyle)**

	Name	Yr	School	Seed Time	Finals Time
5	Kerr, Olivia	SR	Independence High School-VA	2:06.38	2:04.22
6	Duggan, Charlotte A	SO	Riverside High School-VA	2:06.44	2:04.41
7	Deza, Micaela	SO	Lightridge High School-VA	2:10.40	2:08.07
8	Kish, Sydney M	SO	Potomac Falls High School-VA	2:11.20	2:08.70
9	Gardiner, Abigail	JR	Riverbend-VA	2:12.59	2:09.83
10	Griffin, Estelle	SR	Independence High School-VA	2:11.18	2:10.80
11	Mattos, Jennifer	FR	Riverside High School-VA	2:19.58	2:12.38
12	Pearson, Peyton	FR	Independence High School-VA	2:18.27	2:13.72
13	Bayarjargal, Jessica	FR	Briar Woods High School-PV	2:16.37	2:14.34
14	Jackson, Gwyneth	JR	Potomac Falls High School-VA	2:14.44	2:17.08
15	Kritsky, Josephina	FR	Potomac Falls High School-VA	2:21.69	2:21.54
16	Diaz, Adrielle C	JR	Stone Bridge High School-VA	2:22.26	2:22.51
17	Coleman, Nyah T	SO	Massaponax High School-VA	2:25.51	2:24.89
18	Shaver, Delaney	SR	Harrisonburg High School-VA	2:26.40	2:25.74
19	Labrusciano, Anna	SR	Riverbend-VA	2:27.76	2:26.34
20	Bywaters, Julia	SR	Riverbend-VA	2:29.03	2:27.32
21	Ulloa, Victoria	FR	Lightridge High School-VA	2:32.06	2:28.85
22	Olorunda, Deborah F	SR	Stone Bridge High School-VA	2:45.15	2:35.41
23	Regal, Isa	FR	Stone Bridge High School-VA	2:36.25	2:36.10
24	Scherpereel, Maeve	FR	Harrisonburg High School-VA	2:39.93	2:40.45

Event 5 Boys 200 Yard IM

	Name	Yr	School	Seed Time	Finals Time
1	Cather, Owen M	JR	Briar Woods High School-PV	1:53.13	1:54.57
2	Rabe, Chase	FR	Independence High School-VA	1:55.53	1:55.39
3	Char, Matthew	FR	Briar Woods High School-PV	2:00.40	1:58.51
4	Kresin, Nikita A	JR	Riverside High School-VA	2:01.70	2:00.87
5	Seo, Aiden	JR	Independence High School-VA	2:01.87	2:01.29
6	Miceli, Jack	FR	Stone Bridge High School-VA	2:06.50	2:02.22
7	Fulayter, Brandon S	JR	Massaponax High School-VA	2:02.51	2:02.92
8	Cortez-Martinez, Adrian	FR	Lightridge High School-VA	2:02.59	2:03.64
9	Rowley, Jake	SO	Independence High School-VA	2:07.49	2:03.92
10	Song, Josh	FR	Riverside High School-VA	2:10.10	2:06.51
11	Nguyen, Giang	FR	Briar Woods High School-PV	2:15.87	2:11.58
12	Ledyashov, Sergie	JR	Riverside High School-VA	2:10.01	2:11.99
13	Bill, Thomas H	SO	Harrisonburg High School-VA	2:18.88	2:14.70
14	Jackson, Gavin	SO	Potomac Falls High School-VA	2:14.32	2:16.86
15	Barnes, Jack p	SO	Riverbend-VA	2:21.78	2:22.15
16	Hendershot, Ethan	SO	Potomac Falls High School-VA	2:20.94	2:22.73
17	McCarney, Jaden	SO	Potomac Falls High School-VA	2:19.76	2:22.88
18	Kerns, Nate	FR	Lightridge High School-VA	2:23.19	2:24.09
19	Platenik, Will M	SO	Massaponax High School-VA	2:26.91	2:26.32
20	Krashenninikov, Albert	SO	Harrisonburg High School-VA	2:27.13	2:26.54
21	Hudson, Avery	FR	Riverbend-VA	2:28.51	2:27.22
22	Fierman, Michael C	FR	Massaponax High School-VA	2:34.41	2:34.05
23	Roy, Michael	FR	Lightridge High School-VA	NT	2:35.38
24	Tui, Brian K	SR	Stone Bridge High School-VA	2:46.27	2:42.79
25	Ramsey, James	FR	Riverbend-VA	2:47.19	2:48.22

Event 6 Girls 200 Yard IM

	Name	Yr	School	Seed Time	Finals Time
1	Grishaeva, Maria A	SR	Briar Woods High School-PV	2:11.47	2:06.78

2024 VHSL Region 5D Championship - 2/3/2024**Results****(Event 6 Girls 200 Yard IM)**

	Name	Yr	School	Seed Time	Finals Time
2	Kilty, Caroline R	SO	Briar Woods High School-PV	2:08.60	2:07.90
3	Santucci, Elle M	JR	Riverside High School-VA	2:13.31	2:08.40
4	Rocha, Sloane	FR	Independence High School-VA	2:18.27	2:17.25
5	Roy, Asha	FR	Independence High School-VA	2:14.86	2:17.91
6	Thai, Natalie	FR	Independence High School-VA	2:24.09	2:22.13
7	Nguyen, Dan	FR	Briar Woods High School-PV	2:24.16	2:25.13
8	Tiberio, Kyleigh N	SR	Massaponax High School-VA	2:28.72	2:26.09
9	Rao, Sahana J	JR	Riverside High School-VA	2:28.78	2:29.71
10	Scranton, Avery	FR	Stone Bridge High School-VA	2:35.39	2:34.72
11	Yang, Lizzie	FR	Lightridge High School-VA	2:32.97	2:36.14
12	Donaldson, Ciara	FR	Potomac Falls High School-VA	2:40.66	2:37.13
13	Speilman, Madison L	SR	Potomac Falls High School-VA	2:47.60	2:39.14
14	Giron, Isabella	SO	Lightridge High School-VA	2:39.32	2:40.63
15	Prajapati, Sasha	SO	Riverside High School-VA	2:41.87	2:40.92
16	McMahan, Angelina	JR	Potomac Falls High School-VA	2:45.76	2:43.46
17	Schwartz, Katherine G	FR	Harrisonburg High School-VA	2:51.85	2:48.33
18	Boetig, Audrey	FR	Riverbend-VA	2:47.84	2:49.33
19	Cinco, Ava G	JR	Massaponax High School-VA	2:48.61	2:49.78
20	Barrientos, Thisani R	SO	Stone Bridge High School-VA	2:56.33	2:51.64
21	Branson, Hannah	SR	Lightridge High School-VA	2:56.60	2:54.04
22	Stonebreaker, Ella	SR	Riverbend-VA	2:52.14	2:54.15
23	Mendoza-Lozano, Michelle	SR	Stone Bridge High School-VA	2:56.98	2:55.46
24	Walter, Emily	FR	Riverbend-VA	2:58.19	2:58.36
25	Garvie, Adeline D	SR	Massaponax High School-VA	3:08.40	3:05.64

Event 7 Boys 50 Yard Freestyle

	Name	Yr	School	Seed Time	Finals Time
1	Tragle, H T I	SR	Riverside High School-VA	21.02	21.06
2	Menz, Mason	JR	Independence High School-VA	22.07	22.09
3	Kocak, Ethan	SR	Independence High School-VA	22.35	22.10
4	Freeman, Harper P	JR	Riverside High School-VA	22.51	22.32
5	Heiskanen, Adam R	SR	Briar Woods High School-PV	22.76	22.48
6	Anderson, Jake F	JR	Potomac Falls High School-VA	22.64	22.57
7	Kretzing, Pierson	JR	Lightridge High School-VA	22.32	22.70
8	Pham, Lucas A	JR	Riverside High School-VA	23.63	23.40
9	Sopheareak, Augustin	SR	Lightridge High School-VA	23.09	23.75
10	Clarkson, Nick j	JR	Riverbend-VA	24.03	23.78
11	Marquardt, Xander S	SR	Stone Bridge High School-VA	23.80	23.96
12	Watson, Gabriel	SO	Independence High School-VA	24.27	24.04
13	Saravanan, Surya	JR	Briar Woods High School-PV	23.55	24.25
14	Sexton, Logan R	SO	Briar Woods High School-PV	25.25	24.88
15	Hayden, Oliver M	JR	Massaponax High School-VA	24.99	24.94
16	Mitran, Christopher J	JR	Stone Bridge High School-VA	25.25	25.13
17	Batjargal, Max	FR	Stone Bridge High School-VA	24.10	25.14
18	Richards, Nicholas	SO	Lightridge High School-VA	24.32	25.43
19	Steines, Julien	SR	Harrisonburg High School-VA	25.03	25.64
20	Knapp, Noah W	JR	Massaponax High School-VA	25.41	25.78
21	Stroffolino, Will	SR	Riverbend-VA	26.76	26.49
22	Elieson, Seth	JR	Potomac Falls High School-VA	27.31	27.43
23	Ordonez, Bryan	SO	Riverbend-VA	28.27	28.38
24	Sanchez-Ramos, William	JR	Harrisonburg High School-VA	30.62	30.38
25	Weld, Fernando	SO	Potomac Falls High School-VA	31.37	31.11

2024 VHSL Region 5D Championship - 2/3/2024**Results****(Event 7 Boys 50 Yard Freestyle)**

Name	Yr	School	Seed Time	Finals Time
--- Marusich, Daniel	FR	Harrisonburg High School-VA	32.23	DQ

Event 8 Girls 50 Yard Freestyle

Name	Yr	School	Seed Time	Finals Time
1 Hayward, Audrey I	SO	Briar Woods High School-PV	25.05	24.67
2 Antognoli, Soleil L	JR	Potomac Falls High School-VA	25.27	25.18
3 Perezous, Micaela S	JR	Potomac Falls High School-VA	24.83	25.25
4 Hansen, Lina	SR	Riverbend-VA	25.99	25.47
5 Antognoli, Marley	FR	Potomac Falls High School-VA	25.76	25.88
6 Clodfelter, Charlotte R	SR	Stone Bridge High School-VA	26.37	25.95
7 Cisneros, Gigi	JR	Riverside High School-VA	26.98	26.20
8 Sun, Callia	JR	Riverside High School-VA	27.17	27.15
9 Miller, Olivia	SR	Independence High School-VA	26.71	27.16
10 Wall, Quinn	SR	Independence High School-VA	27.77	27.60
11 Lohman, Alexa	FR	Lightridge High School-VA	27.45	27.76
12 Edmundson, Bailey	JR	Riverside High School-VA	27.80	27.87
*13 Hensen, Reese D	SO	Massaponax High School-VA	28.05	28.26
*13 Cao, Grace	SO	Riverbend-VA	28.08	28.26
15 Hwang, Reese	JR	Lightridge High School-VA	27.44	28.48
16 Sabetto, Harper	SO	Independence High School-VA	28.93	28.71
17 Bush, Meghan	SR	Lightridge High School-VA	28.69	29.27
18 Taeschner, Kayla J	JR	Stone Bridge High School-VA	29.50	29.67
19 Burnes, Marah H	SR	Stone Bridge High School-VA	29.02	29.70
20 Soaper, Layla	SR	Riverbend-VA	29.86	30.37
21 Pham, Tho X	SO	Briar Woods High School-PV	30.60	30.52
22 Hall, Madison L	SO	Massaponax High School-VA	30.68	30.78
23 Ludwig, Molly	SO	Harrisonburg High School-VA	31.04	30.88
24 Byrne, Lily	FR	Briar Woods High School-PV	31.03	31.84
25 Bury, Gabby L	SR	Massaponax High School-VA	31.50	31.96
26 Ludwig, Lucinda	SR	Harrisonburg High School-VA	32.49	32.51
27 Kaussler, Soraya	SR	Harrisonburg High School-VA	33.59	33.18

Event 11 Boys 100 Yard Butterfly

Name	Yr	School	Seed Time	Finals Time
1 Cather, Owen M	JR	Briar Woods High School-PV	53.32	51.12
2 Gadsby, Kyle	FR	Independence High School-VA	52.66	52.27
3 Gabriel, Lucas	JR	Lightridge High School-VA	55.19	52.65
4 Cortez-Martinez, Adrian	FR	Lightridge High School-VA	53.13	52.88
5 Kalka, Thomas R	SO	Potomac Falls High School-VA	53.66	53.14
6 Hendershot, Carter L	SR	Potomac Falls High School-VA	54.88	54.28
7 Tragle, Harrison	FR	Riverside High School-VA	55.07	54.37
8 Griffin, Wyatt	SO	Independence High School-VA	56.04	55.74
9 Heiskanen, Adam R	SR	Briar Woods High School-PV	55.86	56.42
10 Hartanto, Alexander	FR	Lightridge High School-VA	57.89	56.72
11 Medde-Witage, TD D	SR	Briar Woods High School-PV	58.19	58.39
12 Villalta, Xavier	JR	Independence High School-VA	59.57	58.59
13 Tiberio, Trevor D	SO	Massaponax High School-VA	1:01.01	59.92
14 Byer, Brody	JR	Riverside High School-VA	1:03.28	1:00.26
15 Hendershot, Ethan	SO	Potomac Falls High School-VA	1:01.93	1:00.27
16 Swick, Aiden	FR	Riverbend-VA	1:00.54	1:00.47
17 Zhang, Adam	JR	Riverside High School-VA	1:01.06	1:00.56
18 Steines, Julien	SR	Harrisonburg High School-VA	1:00.63	1:01.35

2024 VHSL Region 5D Championship - 2/3/2024**Results****(Event 11 Boys 100 Yard Butterfly)**

	Name	Yr	School	Seed Time	Finals Time
19	Mitran, Christopher J	JR	Stone Bridge High School-VA	1:03.48	1:01.83
20	Fierman, Michael C	FR	Massaponax High School-VA	1:07.69	1:07.50
21	Sherman, Baxter	SO	Riverbend-VA	1:10.81	1:10.21
22	Ordonez, Bryan	SO	Riverbend-VA	1:15.90	1:17.94

Event 12 Girls 100 Yard Butterfly

	Name	Yr	School	Seed Time	Finals Time
1	Klotz, Anna C	JR	Stone Bridge High School-VA	57.31	57.42
2	Santucci, Elle M	JR	Riverside High School-VA	1:00.37	58.51
3	Speilman, Mackenzie L	JR	Potomac Falls High School-VA	1:02.15	1:01.34
4	Tiberio, Kyleigh N	SR	Massaponax High School-VA	1:03.10	1:01.69
5	Chen, Sara	JR	Independence High School-VA	1:01.26	1:01.71
6	Menz, Maddie	JR	Independence High School-VA	1:02.55	1:02.29
7	Kish, Sydney M	SO	Potomac Falls High School-VA	1:03.40	1:02.63
8	Keller, Madison G	SO	Harrisonburg High School-VA	1:08.62	1:02.89
9	Thai, Natalie	FR	Independence High School-VA	NT	1:03.73
10	Fassacesia, Giada L	JR	Riverside High School-VA	1:07.44	1:05.91
11	Mattos, Jennifer	FR	Riverside High School-VA	1:10.97	1:09.04
12	Scranton, Avery	FR	Stone Bridge High School-VA	1:11.94	1:11.27
13	Schwartz, Katherine G	FR	Harrisonburg High School-VA	1:12.71	1:12.33
14	Mahadevan, Sukhi V	SO	Stone Bridge High School-VA	1:14.83	1:14.25
15	Cinco, Ava G	JR	Massaponax High School-VA	1:13.36	1:15.33
16	Krushinski, Ava	FR	Riverbend-VA	1:16.53	1:15.93
17	Montilla, Paulina	FR	Lightridge High School-VA	1:24.68	1:19.15
18	Dodson, Kenley	FR	Riverbend-VA	1:22.89	1:21.52
19	Baker-Schiel, Gia	FR	Riverbend-VA	1:23.41	1:21.95
20	Pham, Tho X	SO	Briar Woods High School-PV	1:24.19	1:25.49
21	Garvie, Adeline D	SR	Massaponax High School-VA	1:22.36	1:27.36
22	Gelston, Ella	JR	Lightridge High School-VA	1:36.81	1:32.06
23	Kapoor, Navika	JR	Lightridge High School-VA	1:35.56	1:34.89

Event 13 Boys 100 Yard Freestyle

	Name	Yr	School	Seed Time	Finals Time
1	Tragle, H T I	SR	Riverside High School-VA	49.31	45.54
2	Jastrzembski, Ryan	SR	Independence High School-VA	48.32	48.49
3	Char, Andrew T	SR	Briar Woods High School-PV	49.49	49.04
4	Long, Carter	SR	Lightridge High School-VA	51.35	50.88
5	Kocak, Ethan	SR	Independence High School-VA	49.85	51.40
6	Marquardt, Xander S	SR	Stone Bridge High School-VA	54.10	51.41
7	Hutchison, Mejd R	JR	Stone Bridge High School-VA	52.18	51.79
8	Kim, Evan T	JR	Briar Woods High School-PV	52.84	52.26
9	Ellinger, Jack O	JR	Briar Woods High School-PV	52.69	53.03
10	Pham, Lucas A	JR	Riverside High School-VA	53.94	53.15
11	Hartanto, Alexander	FR	Lightridge High School-VA	53.72	53.80
12	Watson, Gabriel	SO	Independence High School-VA	54.47	54.29
13	Seweryniak, Jack S	JR	Riverside High School-VA	55.30	54.30
14	Barnes, Jack p	SO	Riverbend-VA	54.69	54.57
15	Olorunda, David O	SO	Stone Bridge High School-VA	54.78	54.60
16	Thompson, Peyton	SO	Lightridge High School-VA	54.97	54.95
17	Ruiz Yanez, Adriano A	SR	Potomac Falls High School-VA	54.67	55.17
18	McCarney, Jaden	SO	Potomac Falls High School-VA	56.09	56.72
19	Knapp, Noah W	JR	Massaponax High School-VA	59.96	1:00.01

2024 VHSL Region 5D Championship - 2/3/2024**Results****(Event 13 Boys 100 Yard Freestyle)**

	Name	Yr	School	Seed Time	Finals Time
20	Beecroft, Owen	JR	Riverbend-VA	57.75	1:00.72
21	Kemmey, Ryan G	JR	Massaponax High School-VA	1:00.78	1:02.13
22	Long, Charlie	JR	Riverbend-VA	1:04.47	1:02.65
23	Strein, Michael	SO	Potomac Falls High School-VA	1:03.25	1:04.26
24	Steines, Lleyton	FR	Harrisonburg High School-VA	1:03.48	1:04.87
---	Young, Jack	SR	Massaponax High School-VA	1:02.61	DFS

Event 14 Girls 100 Yard Freestyle

	Name	Yr	School	Seed Time	Finals Time
1	Hayward, Audrey I	SO	Briar Woods High School-PV	54.97	53.68
2	Antognoli, Soleil L	JR	Potomac Falls High School-VA	55.31	55.18
3	Perezous, Micaela S	JR	Potomac Falls High School-VA	55.58	56.78
4	Nguyen, Dan	FR	Briar Woods High School-PV	58.18	57.34
5	Roy, Asha	FR	Independence High School-VA	59.13	57.37
6	Miller, Olivia	SR	Independence High School-VA	57.95	57.46
7	Clodfelter, Charlotte R	SR	Stone Bridge High School-VA	1:00.10	57.74
8	Cisneros, Gigi	JR	Riverside High School-VA	1:00.01	57.76
9	Hansen, Lina	SR	Riverbend-VA	59.23	57.78
10	Griffin, Estelle	SR	Independence High School-VA	59.33	58.70
11	Deza, Micaela	SO	Lightridge High School-VA	59.13	58.96
12	Sun, Callia	JR	Riverside High School-VA	1:00.87	1:00.44
13	Edmundson, Bailey	JR	Riverside High School-VA	1:00.81	1:00.59
14	Bayarjargal, Jessica	FR	Briar Woods High School-PV	1:02.17	1:02.01
15	Hensen, Reese D	SO	Massaponax High School-VA	1:04.50	1:02.09
16	Cao, Grace	SO	Riverbend-VA	1:04.89	1:03.64
17	Shaver, Delaney	SR	Harrisonburg High School-VA	1:05.14	1:05.18
18	Bywaters, Julia	SR	Riverbend-VA	1:06.83	1:06.08
19	Bush, Meghan	SR	Lightridge High School-VA	1:06.03	1:06.24
20	Mendoza-Lozano, Michelle	SR	Stone Bridge High School-VA	1:07.00	1:06.61
21	Thomas, Claire O	SR	Massaponax High School-VA	1:04.83	1:07.14
22	Lynch, Katie	FR	Stone Bridge High School-VA	1:08.05	1:07.61
23	Hwang, Reese	JR	Lightridge High School-VA	1:05.37	1:07.67
24	Kaussler, Shirin	SO	Harrisonburg High School-VA	1:09.79	1:10.11
25	Bogoslov, Emma	FR	Potomac Falls High School-VA	1:09.17	1:12.34
26	Sikes, Marin	SR	Harrisonburg High School-VA	1:21.03	1:16.38

Event 15 Boys 500 Yard Freestyle

	Name	Yr	School	Seed Time	Finals Time
1	Freeman, Harper P	JR	Riverside High School-VA	4:53.05	4:48.05
2	Rabe, Chase	FR	Independence High School-VA	4:49.73	4:51.19
3	Bruley, Nathan A	SR	Stone Bridge High School-VA	4:59.63	4:52.29
4	Buttram, Noah	SO	Riverbend-VA	5:13.32	5:02.14
5	Seo, Aiden	JR	Independence High School-VA	4:59.10	5:07.37
6	Jordan, Patrick J	SR	Briar Woods High School-PV	4:59.07	5:07.96
7	Ledyashov, Sergie	JR	Riverside High School-VA	5:37.61	5:26.55
8	Char, Andrew T	SR	Briar Woods High School-PV	NT	5:27.72
9	Johnson, Caleb C	JR	Riverside High School-VA	5:55.51	5:36.33
10	Jackson, Gavin	SO	Potomac Falls High School-VA	5:38.08	5:36.93
11	Nguyen, Giang	FR	Briar Woods High School-PV	5:50.45	5:39.53
12	Linares, Owen	SR	Independence High School-VA	5:52.73	5:46.25
13	Srinivasan, Siddarth	FR	Lightridge High School-VA	5:50.56	5:48.84
14	Hally, Ben	JR	Lightridge High School-VA	5:52.51	5:57.35

2024 VHSL Region 5D Championship - 2/3/2024**Results****(Event 15 Boys 500 Yard Freestyle)**

	Name	Yr	School	Seed Time	Finals Time
15	Hayden, Oliver M	JR	Massaponax High School-VA	6:30.84	6:16.50
16	Hudson, Avery	FR	Riverbend-VA	6:18.25	6:28.16
17	Joy, Dylan D	SO	Massaponax High School-VA	6:31.81	6:29.02
18	Ramsey, James	FR	Riverbend-VA	6:32.32	6:34.13
19	Elieson, Seth	JR	Potomac Falls High School-VA	7:03.78	6:56.29
20	Sanchez-Ramos, William	JR	Harrisonburg High School-VA	7:14.61	7:18.06
---	Kretzing, Pierson	JR	Lightridge High School-VA	5:13.96	DQ

Event 16 Girls 500 Yard Freestyle

	Name	Yr	School	Seed Time	Finals Time
1	Kilty, Caroline R	SO	Briar Woods High School-PV	5:19.12	5:05.61
2	Hudson, Kayley	JR	Briar Woods High School-PV	5:34.35	5:13.69
3	Wysocki, Nina	SO	Independence High School-VA	5:18.28	5:17.14
4	Verbel, Georgia C	SO	Massaponax High School-VA	5:35.22	5:17.69
5	Rebich, Lizzie M	SR	Riverside High School-VA	5:24.75	5:21.40
6	Coelho, Melissa	FR	Riverside High School-VA	5:31.09	5:26.94
7	Ramey, Addilynn	JR	Lightridge High School-VA	5:36.02	5:38.37
8	Duggan, Charlotte A	SO	Riverside High School-VA	5:41.50	5:43.03
9	Smith, Lauren	SR	Riverbend-VA	5:39.53	5:45.12
10	Kerr, Olivia	SR	Independence High School-VA	5:39.79	5:48.36
11	Lyons, McKenna	JR	Potomac Falls High School-VA	6:03.47	5:57.64
12	Dia, Joanne	JR	Independence High School-VA	6:09.43	6:03.70
13	McCurry, Eva	JR	Potomac Falls High School-VA	6:39.35	6:40.94
14	Branson, Hannah	SR	Lightridge High School-VA	6:57.06	6:54.90
15	Quinn, Haven	SO	Riverbend-VA	7:07.84	6:59.49
16	Montilla, Paulina	FR	Lightridge High School-VA	7:13.37	7:06.26
17	Regal, Isa	FR	Stone Bridge High School-VA	7:21.75	7:08.00
18	Baker-Schiel, Gia	FR	Riverbend-VA	7:08.08	7:09.02
19	Barrientos, Thisani R	SO	Stone Bridge High School-VA	6:53.75	7:10.63
20	Armstrong, Grace	FR	Potomac Falls High School-VA	7:47.12	7:40.45
21	Ludwig, Lucinda	SR	Harrisonburg High School-VA	7:38.10	7:47.18
22	McGee, Olivia	FR	Stone Bridge High School-VA	7:47.44	7:54.28

Event 17 Boys 200 Yard Freestyle Relay

	Team	Relay	Seed Time	Finals Time
1	Riverside High School-VA	A	1:30.08	1:28.85
2	Independence High School-VA	A	1:29.78	1:29.62
3	Lightridge High School-VA	A	1:30.36	1:30.80
4	Briar Woods High School-PV	A	1:31.71	1:32.34
5	Stone Bridge High School-VA	A	1:36.40	1:34.09
6	Potomac Falls High School-VA	A	1:33.02	1:39.62
7	Riverbend-VA	A	1:41.09	1:41.93
8	Massaponax High School-VA	A	1:39.12	1:47.12
---	Harrisonburg High School-VA	A	1:49.66	DFS

Event 18 Girls 200 Yard Freestyle Relay

	Team	Relay	Seed Time	Finals Time
1	Independence High School-VA	A	1:43.85	1:43.13
2	Stone Bridge High School-VA	A	1:48.35	1:45.12
3	Riverside High School-VA	A	1:47.52	1:46.24
4	Potomac Falls High School-VA	A	1:42.38	1:46.92
5	Lightridge High School-VA	A	1:50.30	1:48.46

2024 VHSL Region 5D Championship - 2/3/2024**Results****(Event 18 Girls 200 Yard Freestyle Relay)**

Team	Relay	Seed Time	Finals Time
6 Massaponax High School-VA	A	1:50.93	1:49.84
7 Briar Woods High School-PV	A	1:43.26	1:56.51
8 Riverbend-VA	A	1:58.25	2:01.29
9 Harrisonburg High School-VA	A	2:13.49	2:14.38

Event 19 Boys 100 Yard Backstroke

Name	Yr	School	Seed Time	Finals Time
1 Gadsby, Kyle	FR	Independence High School-VA	52.43	52.32
2 Miceli, Jack	FR	Stone Bridge High School-VA	54.91	54.05
3 Kalka, Thomas R	SO	Potomac Falls High School-VA	54.38	54.57
4 Buttram, Noah	SO	Riverbend-VA	55.69	56.21
5 Anderson, Jake F	JR	Potomac Falls High School-VA	58.08	56.61
6 Tiberio, Trevor D	SO	Massaponax High School-VA	58.05	57.36
7 Clarkson, Nick j	JR	Riverbend-VA	1:00.03	58.43
8 Song, Josh	FR	Riverside High School-VA	1:00.12	58.71
9 Ahmed, Bassem	SO	Riverside High School-VA	59.76	59.29
10 Cather, Eli	FR	Briar Woods High School-PV	59.81	1:00.40
11 Kim, Evan T	JR	Briar Woods High School-PV	1:06.34	1:01.72
12 Ahmed, Karim	SR	Riverside High School-VA	1:02.90	1:02.21
13 Seelam, Aarush	SO	Lightridge High School-VA	1:01.86	1:02.95
14 Linares, Owen	SR	Independence High School-VA	1:02.88	1:03.67
15 Llenas, Sebastian	JR	Independence High School-VA	1:06.38	1:07.71
16 Krashenninikov, Albert	SO	Harrisonburg High School-VA	1:07.66	1:07.77
17 Kerns, Nate	FR	Lightridge High School-VA	1:08.53	1:10.87
18 Tui, Brian K	SR	Stone Bridge High School-VA	1:17.02	1:15.13
19 Abujoudeh, Abdulla	SO	Potomac Falls High School-VA	1:18.48	1:15.51
20 Miller, Nicholas	SO	Lightridge High School-VA	1:13.31	1:16.72
21 Ellis, Hunter	JR	Riverbend-VA	1:19.40	1:17.02
22 Steines, Lleyton	FR	Harrisonburg High School-VA	1:23.40	1:23.27
23 Sridhar, Adithya	JR	Stone Bridge High School-VA	1:29.76	1:26.15

Event 20 Girls 100 Yard Backstroke

Name	Yr	School	Seed Time	Finals Time
1 Grishaeva, Maria A	SR	Briar Woods High School-PV	56.75	56.76
2 Klotz, Anna C	JR	Stone Bridge High School-VA	57.75	57.52
3 Rebich, Lizzie M	SR	Riverside High School-VA	1:02.89	1:01.08
4 Speilman, Mackenzie L	JR	Potomac Falls High School-VA	1:03.37	1:02.40
5 Menz, Maddie	JR	Independence High School-VA	1:03.46	1:03.17
6 Keller, Madison G	SO	Harrisonburg High School-VA	1:08.70	1:04.86
7 Gardiner, Abigail	JR	Riverbend-VA	1:09.56	1:05.66
8 Rao, Sahana J	JR	Riverside High School-VA	1:06.65	1:07.32
9 Dia, Joanne	JR	Independence High School-VA	1:09.09	1:07.77
10 Jackson, Gwyneth	JR	Potomac Falls High School-VA	1:09.51	1:08.08
11 Lohman, Alexa	FR	Lightridge High School-VA	1:08.26	1:10.18
12 Pearson, Peyton	FR	Independence High School-VA	NT	1:10.28
13 Lyons, McKenna	JR	Potomac Falls High School-VA	1:11.00	1:11.83
14 Nader, Ariana	SO	Riverside High School-VA	1:13.75	1:12.05
15 Yang, Lizzie	FR	Lightridge High School-VA	1:13.25	1:13.06
16 Stonebreaker, Ella	SR	Riverbend-VA	1:14.87	1:15.14
17 Ulloa, Victoria	FR	Lightridge High School-VA	1:16.47	1:16.26
18 Labrusciano, Anna	SR	Riverbend-VA	1:15.52	1:16.37
19 Coleman, Nyah T	SO	Massaponax High School-VA	1:17.03	1:17.93

2024 VHSL Region 5D Championship - 2/3/2024**Results****(Event 20 Girls 100 Yard Backstroke)**

	Name	Yr	School	Seed Time	Finals Time
20	Massimo, Angelina M	SR	Stone Bridge High School-VA	1:21.51	1:18.67
21	Olorunda, Deborah F	SR	Stone Bridge High School-VA	1:21.58	1:19.19
22	Hall, Madison L	SO	Massaponax High School-VA	1:18.75	1:21.04
23	Scherpereel, Maeve	FR	Harrisonburg High School-VA	1:32.47	1:28.41
24	Sikes, Marin	SR	Harrisonburg High School-VA	1:31.36	1:28.88

Event 21 Boys 100 Yard Breaststroke

	Name	Yr	School	Seed Time	Finals Time
1	Jastrzemski, Ryan	SR	Independence High School-VA	57.64	57.84
2	Gabriel, Lucas	JR	Lightridge High School-VA	59.68	59.43
3	Char, Matthew	FR	Briar Woods High School-PV	1:00.55	1:00.39
4	Rowley, Jake	SO	Independence High School-VA	1:00.46	1:00.69
5	Kresin, Nikita A	JR	Riverside High School-VA	1:00.93	1:00.95
6	Hutchison, Mejd R	JR	Stone Bridge High School-VA	1:02.62	1:02.37
7	Fulayter, Brandon S	JR	Massaponax High School-VA	1:02.22	1:02.48
8	Byrne, Jack M	SR	Briar Woods High School-PV	1:04.89	1:03.23
9	Matabang, Gian	JR	Lightridge High School-VA	1:04.36	1:03.84
10	Hendershot, Carter L	SR	Potomac Falls High School-VA	1:04.72	1:05.23
11	Medde-Witage, TD D	SR	Briar Woods High School-PV	1:06.04	1:06.31
12	Bill, Thomas H	SO	Harrisonburg High School-VA	1:09.14	1:06.97
13	Ruiz Yanez, Adriano A	SR	Potomac Falls High School-VA	1:06.59	1:07.06
14	Lynn, Ethan	FR	Riverside High School-VA	1:09.46	1:07.85
15	Carrier, Jackson	SO	Riverside High School-VA	1:07.38	1:08.64
16	Thompson, Peyton	SO	Lightridge High School-VA	1:09.63	1:10.09
17	Nolton, David	SR	Independence High School-VA	NT	1:11.22
18	McCarney, Ethan	SR	Potomac Falls High School-VA	1:10.54	1:12.78
19	Beecroft, Owen	JR	Riverbend-VA	1:11.89	1:12.94
20	Olorunda, David O	SO	Stone Bridge High School-VA	1:16.56	1:13.28
21	Platenik, Will M	SO	Massaponax High School-VA	1:14.30	1:13.47
22	Tongen, Paul	JR	Harrisonburg High School-VA	1:15.32	1:14.35
23	Sherman, Baxter	SO	Riverbend-VA	1:17.82	1:20.39
24	Kemmy, Ryan G	JR	Massaponax High School-VA	1:28.59	1:33.11
---	Mugavero, Anthony	SR	Riverbend-VA	1:06.76	DQ

Event 22 Girls 100 Yard Breaststroke

	Name	Yr	School	Seed Time	Finals Time
1	Wysocki, Nina	SO	Independence High School-VA	1:06.31	1:05.61
2	Rocha, Sloane	FR	Independence High School-VA	1:10.32	1:07.89
3	Chen, Sara	JR	Independence High School-VA	1:10.16	1:09.36
4	Antognoli, Marley	FR	Potomac Falls High School-VA	1:09.18	1:09.53
5	Smith, Lauren	SR	Riverbend-VA	1:09.61	1:09.83
6	McMahan, Claire M	JR	Potomac Falls High School-VA	1:14.52	1:11.92
7	Balwinski, Kate	SR	Riverside High School-VA	1:17.68	1:16.51
8	McMahan, Angelina	JR	Potomac Falls High School-VA	1:15.17	1:17.47
9	Vyzarsu, Ashwika	JR	Riverside High School-VA	1:18.41	1:17.66
10	Diaz, Adrielle C	JR	Stone Bridge High School-VA	1:17.62	1:18.17
11	Fassacesia, Giada L	JR	Riverside High School-VA	1:21.63	1:19.17
12	Burnes, Marah H	SR	Stone Bridge High School-VA	1:22.84	1:21.29
13	Giron, Isabella	SO	Lightridge High School-VA	1:22.72	1:23.78
14	Mahadevan, Sukhi V	SO	Stone Bridge High School-VA	1:26.05	1:25.28
15	Beckman, Langley	FR	Lightridge High School-VA	1:24.37	1:25.43
16	Byrne, Lily	FR	Briar Woods High School-PV	1:26.09	1:26.84

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Results

(Event 22 Girls 100 Yard Breaststroke)

	Name	Yr	School	Seed Time	Finals Time
17	Boetig, Audrey	FR	Riverbend-VA	1:27.45	1:27.21
18	Thomas, Claire O	SR	Massaponax High School-VA	1:27.81	1:28.85
19	Swick, Caelyn	SO	Riverbend-VA	1:28.89	1:28.94
20	Clark, Sophie	SO	Lightridge High School-VA	1:28.47	1:29.28
21	Kaussler, Shirin	SO	Harrisonburg High School-VA	1:30.08	1:29.73
22	Ludwig, Molly	SO	Harrisonburg High School-VA	1:32.20	1:30.80
23	Bury, Gabby L	SR	Massaponax High School-VA	1:34.60	1:35.54
24	Kaussler, Soraya	SR	Harrisonburg High School-VA	1:37.61	1:36.92

Event 23 Boys 400 Yard Freestyle Relay

	Team	Relay	Seed Time	Finals Time
1	Independence High School-VA	A	3:15.10	3:14.01
2	Briar Woods High School-PV	A	3:15.96	3:17.43
3	Lightridge High School-VA	A	3:29.60	3:24.67
4	Potomac Falls High School-VA	A	3:28.59	3:25.85
5	Stone Bridge High School-VA	A	3:29.95	3:29.42
6	Riverside High School-VA	A	3:21.67	3:31.78
7	Riverbend-VA	A	3:35.81	3:37.97
8	Massaponax High School-VA	A	3:44.38	3:42.13
9	Harrisonburg High School-VA	A	3:53.55	3:59.00

Event 24 Girls 400 Yard Freestyle Relay

	Team	Relay	Seed Time	Finals Time
1	Briar Woods High School-PV	A	3:38.55	3:37.41
2	Riverside High School-VA	A	3:54.09	3:44.80
3	Potomac Falls High School-VA	A	3:46.68	3:52.03
4	Massaponax High School-VA	A	4:09.45	4:01.84
5	Riverbend-VA	A	4:16.65	4:11.16
6	Harrisonburg High School-VA	A	4:32.71	4:25.32
7	Lightridge High School-VA	A	4:30.96	4:25.94
8	Stone Bridge High School-VA	A	4:32.67	4:30.62
---	Independence High School-VA	A	3:46.83	DQ

Event 117 Boys 50 Yard Freestyle

	Name	Yr	School	Seed Time	Finals Time
1	Marquardt, Xander S	SR	Stone Bridge High School-VA	NT	22.51
2	Kretzing, Pierson	JR	Lightridge High School-VA	NT	22.55
3	Heiskanen, Adam R	SR	Briar Woods High School-PV	NT	22.61
4	Ruiz Yanez, Adriano A	SR	Potomac Falls High School-VA	NT	22.90
5	Hudson, Avery	FR	Riverbend-VA	NT	23.88
6	Menz, Mason	JR	Independence High School-VA	NT	25.45
7	Knapp, Noah W	JR	Massaponax High School-VA	NT	26.09
8	Freeman, Harper P	JR	Riverside High School-VA	NT	27.14

Event 118 Girls 50 Yard Freestyle

	Name	Yr	School	Seed Time	Finals Time
1	Deza, Micaela	SO	Lightridge High School-VA	NT	25.85
2	Cisneros, Gigi	JR	Riverside High School-VA	NT	26.05
3	Byrne, Lily	FR	Briar Woods High School-PV	NT	26.25
4	Clodfelter, Charlotte R	SR	Stone Bridge High School-VA	NT	27.37
5	Swick, Caelyn	SO	Riverbend-VA	NT	27.70
6	Kaussler, Soraya	SR	Harrisonburg High School-VA	NT	30.30
7	Tiberio, Kyleigh N	SR	Massaponax High School-VA	NT	31.99

2024 VHSL Region 5D Championship - 2/3/2024**Results****(Event 118 Girls 50 Yard Freestyle)**

	Name	Yr	School	Seed Time	Finals Time
8	Roy, Asha	FR	Independence High School-VA	NT	32.51
9	Antognoli, Marley	FR	Potomac Falls High School-VA	NT	52.32

Event 123 Girls 100 Yard Freestyle

	Name	Yr	School	Seed Time	Finals Time
1	Gardiner, Abigail	JR	Riverbend-VA	NT	52.36
2	Giron, Isabella	SO	Lightridge High School-VA	NT	54.06
3	Schwartz, Katherine G	FR	Harrisonburg High School-VA	NT	56.87
4	Tiberio, Kyleigh N	SR	Massaponax High School-VA	NT	57.05
5	Antognoli, Soleil L	JR	Potomac Falls High School-VA	NT	59.23
6	Burnes, Marah H	SR	Stone Bridge High School-VA	NT	59.70
7	Rebich, Lizzie M	SR	Riverside High School-VA	NT	1:03.78
8	Kilty, Caroline R	SO	Briar Woods High School-PV	NT	1:07.97
9	Kerr, Olivia	SR	Independence High School-VA	NT	1:09.94

Event 124 Boys 100 Yard Freestyle

	Name	Yr	School	Seed Time	Finals Time
1	Miceli, Jack	FR	Stone Bridge High School-VA	NT	49.14
2	Seweryniak, Jack S	JR	Riverside High School-VA	NT	49.58
3	Char, Andrew T	SR	Briar Woods High School-PV	NT	51.28
4	Steines, Julien	SR	Harrisonburg High School-VA	NT	51.56
5	Mugavero, Anthony	SR	Riverbend-VA	NT	51.64
6	Tiberio, Trevor D	SO	Massaponax High School-VA	NT	52.26
7	Kretzing, Pierson	JR	Lightridge High School-VA	NT	53.26
8	Anderson, Jake F	JR	Potomac Falls High School-VA	NT	54.63
9	Rabe, Chase	FR	Independence High School-VA	NT	59.38