

2025 Region 4B Swim Championships - 2/14/2025**Results - Region 4B Champs****Event 1 Boys 200 Yard Medley Relay**

	Team	Relay	Seed Time	Finals Time
1	Monacan High School	A	1:35.34	1:37.25
2	Atlee High School	A	1:37.83	1:38.96
3	Hanover High School	A	1:40.88	1:39.99
4	Patrick Henry High School	A	1:40.82	1:41.44
5	King George High School	A	1:41.28	1:42.17
6	Courtland High School	A	1:42.74	1:43.04
7	Mechanicsville High School	A	1:40.30	1:44.94
8	Chancellor High School	A	2:10.95	1:57.09
9	Spotsylvania High School	A	NT	2:17.93
10	Caroline County High School	A	2:38.30	2:19.79

Event 2 Girls 200 Yard Medley Relay

	Team	Relay	Seed Time	Finals Time
1	Monacan High School	A	1:43.25	1:46.55
2	Atlee High School	A	1:51.85	1:51.61
3	Hanover High School	A	2:01.12	1:56.78
4	Courtland High School	A	2:03.03	2:00.27
5	King George High School	A	2:07.00	2:01.43
6	Patrick Henry High School	A	1:56.52	2:04.98
7	Powhatan High School	A	2:10.24	2:10.17
8	Mechanicsville High School	A	2:20.66	2:11.34
9	Eastern View High School	A	2:25.11	2:14.25
10	Varina High School	A	2:25.68	2:21.57
11	Caroline County High School	A	2:49.53	2:28.62
12	Spotsylvania High School	A	2:55.61	2:35.25
13	Henrico High School	A	3:31.63	3:20.70
---	Chancellor High School	A	3:02.27	DQ

Event 3 Boys 200 Yard Freestyle**Meet Qualifying: 2:05.96**

	Name	Yr	School	Seed Time	Finals Time
1	Eliason, Colin	JR	Hanover High School	1:45.99	1:46.49
2	Sabo, Michael	SO	Atlee High School	1:54.81	1:46.69
3	Livezey, James	FR	Monacan High School	1:48.78	1:46.81
4	White, Colton	SR	King George High School	1:50.97	1:47.32
5	Parker, Austin	JR	Chancellor High School	1:56.14	1:48.87
6	Croxton, Dylan	JR	Hanover High School	1:57.70	1:50.17
7	Brooks, Connor	SO	Mechanicsville High School	1:48.82	1:50.41
8	Patrick, Alexander	SO	Mechanicsville High School	1:51.58	1:53.75
9	Dingman, Theo	JR	Patrick Henry High School	1:52.23	1:54.98
10	Perdue, Landon	JR	Courtland High School	1:56.85	1:57.72
11	Eisele, Andrew	JR	Hanover High School	2:00.25	1:57.95
12	Morgan, Jonathan	SR	Hanover High School	1:58.74	1:58.40
13	Weber, Josiah	SO	Monacan High School	1:47.81	1:59.79
14	Gardner, Owen	JR	Courtland High School	1:59.19	2:00.40
15	Campbell, Jack	SO	Chancellor High School	2:06.72	2:01.11
16	Baseler, Seth	JR	King George High School	2:01.81	2:01.89
17	Worthington, Bryson	FR	Patrick Henry High School	2:02.25	2:02.64
18	Swager, Lucas	SR	Patrick Henry High School	2:02.87	2:02.98
19	Kelley, Joe	JR	Powhatan High School	2:04.38	2:03.98
20	Graves, Brenden	FR	Atlee High School	2:09.96	2:05.10

2025 Region 4B Swim Championships - 2/14/2025**Results - Region 4B Champs****(Event 3 Boys 200 Yard Freestyle)**

	Name	Yr	School	Seed Time	Finals Time
21	Lambert, Ben	SR	Spotsylvania High School	2:27.81	2:25.03
22	Mynhier, Aden	JR	Caroline County High School	2:34.94	2:34.53

Event 4 Girls 200 Yard Freestyle**Meet Qualifying: 2:14.44**

	Name	Yr	School	Seed Time	Finals Time
1	Johnson, Sid	SO	King George High School	1:52.44	1:52.00
2	Willard, Katie	SO	Mechanicsville High School	1:58.90	1:57.34
3	Walker, Maddie	SO	Monacan High School	2:02.77	1:59.53
4	Diggs, Campbell	JR	Monacan High School	2:01.07	2:01.05
5	Modrak, Payton	SO	Monacan High School	2:03.01	2:01.10
6	Stevens, Jenna	JR	Atlee High School	2:11.12	2:07.00
7	Brown, Kathryn	JR	Monacan High School	2:10.10	2:07.10
8	Jones, Kaylee	JR	Atlee High School	2:13.51	2:10.49
9	Welsh, Olivia	SR	Hanover High School	2:12.31	2:11.03
10	Knerr, Evelyn	JR	Courtland High School	2:13.42	2:11.93
11	Farrell, Erin	FR	Patrick Henry High School	2:16.41	2:12.15
12	Scythes, Lauren	JR	Powhatan High School	2:24.97	2:20.24
13	Cox, Anna	JR	King George High School	2:25.97	2:23.88
14	Fogg, Maddie	JR	Hanover High School	2:24.80	2:25.00
15	Laprade, Julia	JR	Mechanicsville High School	2:27.33	2:26.09
16	Lambert, Violet	FR	Patrick Henry High School	2:23.91	2:27.65
17	Smith, Ava	SO	Caroline County High School	2:34.34	2:29.14
18	Felts, Annabel	SO	Powhatan High School	2:37.71	2:30.02
19	Russell, Lillian	JR	Varina High School	2:49.90	2:52.86
20	Vivas, Sofia	SR	Chancellor High School	3:06.41	2:59.07
21	Tolson, Zaya	SO	Spotsylvania High School	2:52.74	2:59.18
22	Quesenberry, Brooke	SR	Spotsylvania High School	2:58.25	3:02.75
23	Seabolt, Hannah	JR	Chancellor High School	3:16.71	3:12.26
24	Scott, Taryn	JR	Varina High School	4:13.94	4:15.07
---	Malone, Kylie	09	Eastern View High School	2:46.03	DQ

Event 5 Boys 200 Yard IM**Meet Qualifying: 2:25.95**

	Name	Yr	School	Seed Time	Finals Time
1	Fulayter, Brandon	SR	King George High School	2:00.15	1:57.59
2	Senfield, Thomas	JR	Patrick Henry High School	1:58.42	1:59.07
3	Davies, Brody	SR	Courtland High School	2:04.96	2:01.99
4	Kyzer, Brody	SR	Hanover High School	2:07.70	2:06.78
5	Magill, Jackson	SR	Mechanicsville High School	2:18.93	2:12.68
6	Hatcher, Nolan	SO	Hanover High School	2:16.74	2:13.39
7	Archer, Chance	SR	Patrick Henry High School	2:17.01	2:15.07
8	Brown, Jake	SO	King George High School	2:22.53	2:15.98
9	Powers, Liam	SR	Monacan High School	2:25.50	2:17.34
10	Anderson, Liam	FR	Courtland High School	2:24.16	2:22.02
11	Shupp, Hunter	SO	Powhatan High School	2:25.76	2:22.11
12	Ziehl, Noah	JR	Monacan High School	2:25.64	2:22.35
13	Dahart, Henry	FR	Chancellor High School	2:22.12	2:22.75
14	Valasko, Jack	JR	Spotsylvania High School	2:22.22	2:23.16
15	Evans, Blake	FR	Atlee High School	2:24.99	2:23.83
16	Lewis, Preston	FR	Mechanicsville High School	2:26.14	2:26.47
17	Cubbage, Jack	FR	Atlee High School	2:24.17	2:26.96

2025 Region 4B Swim Championships - 2/14/2025**Results - Region 4B Champs****(Event 5 Boys 200 Yard IM)**

	Name	Yr	School	Seed Time	Finals Time
18	Crenshaw II, Marvin		Chancellor High School	2:53.64	2:53.64
---	Kashinejad, Kaleb	SR	Patrick Henry High School	2:00.72	DQ

Event 6 Girls 200 Yard IM**Meet Qualifying: 2:38.73**

	Name	Yr	School	Seed Time	Finals Time
1	Price, Piper	SR	Monacan High School	2:04.02	2:06.17
2	Ellington, Jules	JR	Atlee High School	2:18.05	2:12.14
3	Smithson, Parker	SO	Monacan High School	2:18.67	2:14.02
4	Strohacker, MacKenzie	SR	Mechanicsville High School	2:21.61	2:16.42
5	Medei, Emma	SO	Patrick Henry High School	2:09.74	2:16.90
6	Godard, Olivia	FR	Hanover High School	2:18.92	2:18.40
7	Ceontea, Sophia	SO	Chancellor High School	2:21.72	2:25.84
*8	Ross, Amelia	FR	Monacan High School	2:24.18	2:27.44
*8	Ligday, MJ	JR	Hanover High School	2:30.04	2:27.44
10	Dunlap, Abby	FR	Spotsylvania High School	2:33.50	2:32.21
11	Denham, Lauren	09	Eastern View High School	2:37.41	2:32.92
12	Maynard, Madison	SO	Monacan High School	2:35.81	2:33.64
13	Russell, Hayden	JR	Powhatan High School	2:36.79	2:36.63
14	Balas, Chloe	SO	Powhatan High School	2:38.87	2:37.70
15	Proffitt, Emily	SO	Atlee High School	2:49.34	2:39.90
16	Bunn, Lily	SR	King George High School	2:39.68	2:41.36
17	Cox, Samantha	SR	Patrick Henry High School	2:47.49	2:46.12
18	Jochum, Clarice	SO	King George High School	2:48.16	2:47.89
19	Velez, Bianca	SO	Courtland High School	2:48.47	2:48.83
20	Strapp, Marcie	SO	Courtland High School	3:00.97	2:58.95
21	Evanko, Alle	SO	Mechanicsville High School	3:07.44	3:02.50
22	Meyers, Evie	SR	Henrico High School	3:07.30	3:10.11
23	Altman, Sedona	12	Eastern View High School	3:28.34	3:31.70

Event 7 Boys 50 Yard Freestyle**Meet Qualifying: 24.35**

	Name	Yr	School	Seed Time	Finals Time
1	Dillman, Cooper	SR	Monacan High School	21.17	20.85
2	Harvey, Brandon	SR	Atlee High School	21.73	21.77
3	Pardee, Zachary	SR	King George High School	22.29	21.87
4	Hill, Mason	SO	Mechanicsville High School	23.22	22.29
5	Welsh, Charlie	JR	Hanover High School	22.09	22.52
6	West, Liam	SR	Monacan High School	22.50	22.63
7	Cope, Will	FR	Atlee High School	23.00	23.11
8	Stiles, Tyler	SR	Patrick Henry High School	23.22	23.15
9	Bergreen, Chris	SR	Atlee High School	23.04	23.17
10	Zyglocke, Briggs	FR	Hanover High School	24.06	23.19
11	Flanagan, Duke	SR	Patrick Henry High School	23.43	23.26
12	Sabo, Michael	SO	Atlee High School	23.39	23.27
13	Sims, Carson	SO	Hanover High School	23.78	23.28
14	Kyzer, Brody	SR	Hanover High School	23.38	23.37
15	Kelly, Nathan	SR	Mechanicsville High School	23.33	23.43
16	Fountain, Brandon	JR	Courtland High School	23.41	23.74
17	Swenson, Henry	FR	Monacan High School	23.62	23.88
18	Boehm, Max		Huguenot High School	24.17	23.93
19	Garalde, John	FR	Chancellor High School	24.66	24.17

2025 Region 4B Swim Championships - 2/14/2025**Results - Region 4B Champs****(Event 7 Boys 50 Yard Freestyle)**

	Name	Yr	School	Seed Time	Finals Time
20	Lusk, Griffin	JR	King George High School	23.88	24.34
21	Jones, Aaron	SR	Courtland High School	24.74	24.96
22	Pifer, Brendan	JR	Chancellor High School	24.81	25.20
23	Naoroz, Christopher	SR	Powhatan High School	25.32	25.45
24	Haught, River	11	Eastern View High School	25.34	26.02
25	Kube, Andrew	12	Eastern View High School	26.25	26.39
26	Stamp, Nolan	SR	Powhatan High School	27.00	27.66
27	Mynhier, Aden	JR	Caroline County High School	28.12	28.47
28	Casaretto, Juan	JR	Caroline County High School	29.53	28.81
29	Warren, Brendon	JR	Varina High School	30.18	30.75
30	Jones, Koleman	JR	Varina High School	32.74	31.43
31	Stanford, Tyler	JR	Spotsylvania High School	32.07	32.27
32	Oliver, Elijah	SR	Henrico High School	1:33.07	1:06.70

Event 8 Girls 50 Yard Freestyle**Meet Qualifying: 27.45**

	Name	Yr	School	Seed Time	Finals Time
1	Crotts, Kylee	SO	Monacan High School	24.49	24.64
2	Denham, Olivia	11	Eastern View High School	24.43	24.70
3	Canada, Raegan	SR	Monacan High School	25.08	24.76
4	Zyglocke, Lilly	SO	Hanover High School	25.38	25.42
5	Lutton, Chloe	SO	Atlee High School	25.45	25.91
6	Vallent, Elizabeth	JR	Powhatan High School	26.21	26.01
7	Warren, Surai	FR	Varina High School	26.48	26.13
8	Balut, Kate	SR	Patrick Henry High School	26.36	26.43
9	Minton, Sydney	SO	Mechanicsville High School	27.41	26.57
*10	Martin, Bridget	JR	Monacan High School	25.40	26.61
*10	Harris, Darian	FR	Monacan High School	26.47	26.61
12	Caten, Maggie	JR	Atlee High School	26.81	26.68
13	Minton, Olivia	SR	Mechanicsville High School	27.38	26.77
14	Medei, Maddie	SR	Patrick Henry High School	27.08	27.03
15	Welsh, Olivia	SR	Hanover High School	27.87	27.47
16	Smith, Jules	SO	Courtland High School	27.47	27.67
17	Smith, Ava	SO	Caroline County High School	27.83	27.95
18	Sherwood, Drew	SR	Courtland High School	28.83	28.29
19	Yergey, Ginny	JR	King George High School	29.72	28.68
20	Turner, Paige	JR	Chancellor High School	29.47	29.16
21	Scythes, Lauren	JR	Powhatan High School	29.47	29.17
22	Page, Ruth Louise	JR	King George High School	31.57	30.88
23	Purcell, Payton	SR	Spotsylvania High School	30.65	31.11
24	McKnight, Laila	SO	Spotsylvania High School	33.61	31.54
25	Boone, Kaylee	SR	Varina High School	36.17	34.90
26	Lepp, Abby	SR	Caroline County High School	39.64	35.26
27	Pifer, Bella	FR	Chancellor High School	36.24	35.92
28	Burke-Taylor, Summer	12	Eastern View High School	36.73	37.65
29	Mackey, Gabby	SO	Henrico High School	40.93	42.04
30	Smith, Nyasia	SO	Henrico High School	1:11.05	1:09.05

Event 11 Boys 100 Yard Butterfly**Meet Qualifying: 1:02.05**

	Name	Yr	School	Seed Time	Finals Time
1	Rose, Chandler	SO	Atlee High School	53.15	52.00

2025 Region 4B Swim Championships - 2/14/2025**Results - Region 4B Champs****(Event 11 Boys 100 Yard Butterfly)**

	Name	Yr	School	Seed Time	Finals Time
2	White, Colton	SR	King George High School	52.97	52.41
3	Causey, Michael	SR	Patrick Henry High School	52.97	53.46
4	Mauritsen, Gavin	FR	Atlee High School	55.04	53.86
5	Fraser, Jared	JR	Patrick Henry High School	57.76	54.15
6	Brooks, Connor	SO	Mechanicsville High School	56.49	55.53
7	Sanders, Barrett	FR	Monacan High School	54.99	55.79
8	Bock, Matthew	SR	Mechanicsville High School	56.23	56.07
9	Fountain, Brandon	JR	Courtland High School	55.94	57.13
10	Kyllingstad, Heath	JR	Atlee High School	1:00.90	58.24
11	Perdue, Landon	JR	Courtland High School	57.90	59.19
12	Boehm, Max		Huguenot High School	1:01.09	59.88
13	Cotton, Callan	SO	Hanover High School	1:01.55	1:00.02
14	Swenson, Henry	FR	Monacan High School	59.47	1:00.25
15	Weber, Josiah	SO	Monacan High School	53.96	1:00.27
16	Brown, Jake	SO	King George High School	1:03.19	1:01.34
17	Shupp, Hunter	SO	Powhatan High School	1:01.83	1:02.31
18	Valasko, Jack	JR	Spotsylvania High School	1:01.57	1:03.64
19	Eckhart, Landon	SR	Chancellor High School	1:08.24	1:05.58
20	Lewis, Mason	FR	Hanover High School	1:09.03	1:08.96
21	Carneal Jr., Bryant	JR	Caroline County High School	1:13.98	1:16.39
22	Lee, Bryer	SO	Chancellor High School	1:28.00	1:31.38

Event 12 Girls 100 Yard Butterfly**Meet Qualifying: 1:14.26**

	Name	Yr	School	Seed Time	Finals Time
1	Eddy, Ava	SO	King George High School	56.94	56.87
2	Price, Piper	SR	Monacan High School	59.97	56.96
3	Canada, Raegan	SR	Monacan High School	59.18	59.15
4	Crotts, Kylee	SO	Monacan High School	59.64	59.55
5	Smithson, Parker	SO	Monacan High School	1:02.23	59.80
6	Hoben, Molly	SR	Patrick Henry High School	1:01.18	1:00.49
7	Ellington, Jules	JR	Atlee High School	1:01.19	1:00.59
8	Brown, Chloe	FR	Patrick Henry High School	1:04.31	1:03.09
9	Denham, Olivia	11	Eastern View High School	1:06.43	1:03.73
10	Warren, Surai	FR	Varina High School	1:06.43	1:05.63
11	Lindsey, Izzie	SR	Hanover High School	1:08.59	1:06.51
12	Whitlow, Cordelia	JR	Atlee High School	1:11.15	1:08.43
13	Dunlap, Abby	FR	Spotsylvania High School	1:09.35	1:08.47
*14	Jones, Kaylee	JR	Atlee High School	1:07.08	1:08.74
*14	Vallent, Elizabeth	JR	Powhatan High School	1:07.45	1:08.74
16	Velez, Juliana	SR	Courtland High School	1:08.72	1:08.97
17	Ligday, MJ	JR	Hanover High School	1:10.08	1:09.04
18	Proffitt, Emily	SO	Atlee High School	1:11.42	1:09.10
19	Pennington, Bailey	FR	Powhatan High School	1:12.77	1:12.33
20	Cox, Samantha	SR	Patrick Henry High School	1:13.86	1:12.74
21	Lowe, Emery	SR	Courtland High School	1:14.06	1:12.87
22	Laprade, Julia	JR	Mechanicsville High School	1:12.41	1:13.55
23	Davis, Jada	JR	Mechanicsville High School	1:18.47	1:15.28
24	Headley, Paige	SR	King George High School	1:19.22	1:15.96
25	VonTomaszewski, Vanna	FR	Caroline County High School	1:26.68	1:20.82
26	Pifer, Bella	FR	Chancellor High School	1:32.19	1:34.67
27	Harter-Kosch, Adriana	SR	Spotsylvania High School	1:46.79	1:47.62

2025 Region 4B Swim Championships - 2/14/2025**Results - Region 4B Champs****(Event 12 Girls 100 Yard Butterfly)**

	Name	Yr	School	Seed Time	Finals Time
28	Glass, Jezmoriah	SR	Spotsylvania High School	1:47.87	1:50.42
---	Medei, Emma	SO	Patrick Henry High School	1:00.78	DQ
---	Whitlow, Taylor	SR	Hanover High School	1:07.95	DQ

Event 13 Boys 100 Yard Freestyle**Meet Qualifying: 54.75**

	Name	Yr	School	Seed Time	Finals Time
1	Harvey, Brandon	SR	Atlee High School	47.86	47.77
2	Kashinejad, Kaleb	SR	Patrick Henry High School	49.82	49.36
3	Volles, Jude	SO	Mechanicsville High School	51.53	50.21
4	Kelly, Nathan	SR	Mechanicsville High School	51.05	50.71
5	Zyglocke, Briggs	FR	Hanover High School	52.96	50.95
6	West, Liam	SR	Monacan High School	50.17	51.00
7	Sims, Carson	SO	Hanover High School	52.46	51.25
8	Cope, Will	FR	Atlee High School	51.73	51.89
9	Flanagan, Duke	SR	Patrick Henry High School	53.92	52.20
10	Gardner, Drew	SR	Courtland High School	54.03	52.88
11	Cotton, Callan	SO	Hanover High School	53.57	52.93
12	Garalde, John	FR	Chancellor High School	54.25	53.05
13	Fabricant, Traylor	SO	Hanover High School	54.53	54.07
14	Jones, Aaron	SR	Courtland High School	54.30	54.68
15	Pifer, Brendan	JR	Chancellor High School	55.72	55.83
16	Casaretto, Jorden	FR	Caroline County High School	54.68	56.05
17	Green, Sean	FR	King George High School	1:00.19	58.24
18	Biel, Logan	JR	King George High School	1:00.07	58.55
19	Ross, Cole	SO	Monacan High School	59.98	58.69
20	Compton, Ben	JR	Powhatan High School	1:01.80	1:01.23
21	Kube, Andrew	12	Eastern View High School	1:01.85	1:01.43
22	Stamp, Nolan	SR	Powhatan High School	1:06.66	1:02.82
23	Stanford, Tyler	JR	Spotsylvania High School	1:16.31	1:13.36
24	Matthews, Corbin	JR	Henrico High School	1:17.15	1:19.59

Event 14 Girls 100 Yard Freestyle**Meet Qualifying: 1:01.30**

	Name	Yr	School	Seed Time	Finals Time
1	Willard, Katie	SO	Mechanicsville High School	53.25	53.11
2	Durrette, Sierra	FR	Atlee High School	53.53	53.21
3	Zyglocke, Lilly	SO	Hanover High School	55.49	54.66
4	Hoben, Molly	SR	Patrick Henry High School	56.00	55.55
5	Adams, Kaitlyn	SR	King George High School	56.62	56.47
6	Brown, Kathryn	JR	Monacan High School	1:00.63	56.60
7	Reynold, Ava Jane	SO	Hanover High School	58.43	57.43
8	Minton, Olivia	SR	Mechanicsville High School	58.85	58.71
9	Martin, Bridget	JR	Monacan High School	57.02	58.82
10	Harris, Darian	FR	Monacan High School	59.42	1:00.29
11	Medei, Maddie	SR	Patrick Henry High School	1:00.92	1:01.38
12	Miller, Claire	SO	Courtland High School	1:02.08	1:02.04
13	Maynard, Madison	SO	Monacan High School	1:00.22	1:02.63
14	Russell, Hayden	JR	Powhatan High School	1:02.25	1:02.64
15	Parker, Aubrey	JR	Courtland High School	1:03.71	1:02.67
16	Proffitt, Chloe	SR	Powhatan High School	1:04.81	1:04.43
17	Trumbore, Emmy		Atlee High School	1:07.68	1:05.11

2025 Region 4B Swim Championships - 2/14/2025**Results - Region 4B Champs****(Event 14 Girls 100 Yard Freestyle)**

	Name	Yr	School	Seed Time	Finals Time
18	Turner, Paige	JR	Chancellor High School	1:14.03	1:06.37
19	Herbolsheimer, Bri	JR	King George High School	1:08.44	1:08.47
20	Moyer, Eva	FR	Varina High School	1:13.05	1:12.93
21	Meyers, Evie	SR	Henrico High School	1:15.53	1:14.85
22	Barrera, Ariel	SR	Chancellor High School	1:18.15	1:14.92
23	Malone, Kylie	09	Eastern View High School	1:13.72	1:15.72
24	Rude, Ash	SR	Henrico High School	1:17.20	1:17.22
25	Goeller, Louise	JR	Caroline County High School	1:21.94	1:17.55
26	Mynhier, Madison	SO	Caroline County High School	1:17.19	1:17.71
27	Carter, Sarah	FR	Spotsylvania High School	1:28.08	1:25.26
28	Hazel, Morgan	FR	Varina High School	1:26.88	1:25.52
29	Burke-Taylor, Summer	12	Eastern View High School	1:26.16	1:28.08
30	Schmidt, Amethyst	SR	Spotsylvania High School	1:29.38	1:30.71

Event 15 Boys 500 Yard Freestyle**Meet Qualifying: 5:57.12**

	Name	Yr	School	Seed Time	Finals Time
1	Senfield, Thomas	JR	Patrick Henry High School	4:42.44	4:50.22
2	Parker, Austin	JR	Chancellor High School	5:03.00	4:56.42
3	Livezey, James	FR	Monacan High School	5:03.51	5:01.30
4	Bergreen, Chris	SR	Atlee High School	5:12.23	5:02.96
5	Lusk, Griffin	JR	King George High School	5:11.85	5:07.25
6	Dingman, Theo	JR	Patrick Henry High School	5:21.35	5:08.56
7	Cohen, Caleb	FR	Monacan High School	5:21.97	5:10.89
*8	Worthington, Bryson	FR	Patrick Henry High School	5:21.29	5:19.52
*8	Eisele, Andrew	JR	Hanover High School	5:29.79	5:19.52
10	Kopp, Tyler	FR	Chancellor High School	5:20.37	5:24.71
11	Baseler, Seth	JR	King George High School	5:25.25	5:29.30
12	Cubbage, Jack	FR	Atlee High School	5:54.54	5:41.11
13	Gardner, Owen	JR	Courtland High School	5:37.03	5:41.16
14	Smith, Henry	SO	Monacan High School	5:51.93	5:41.22
15	McCall, Andrew	SO	Hanover High School	5:54.46	5:41.36
16	Lewis, Preston	FR	Mechanicsville High School	5:50.59	5:42.21
17	Evans, Blake	FR	Atlee High School	5:50.50	5:50.61
18	Anderson, Liam	FR	Courtland High School	5:49.88	5:52.14
19	Kelley, Joe	JR	Powhatan High School	5:55.75	5:55.38
20	Haught, River	11	Eastern View High School	7:09.07	6:32.69
21	Casaretto, Juan	JR	Caroline County High School	6:43.97	6:37.63
22	Howard, Emmett	FR	Powhatan High School	7:55.20	7:34.27

Event 16 Girls 500 Yard Freestyle**Meet Qualifying: 6:21.93**

	Name	Yr	School	Seed Time	Finals Time
1	Johnson, Sid	SO	King George High School	5:06.69	5:07.44
2	Ceontea, Sophia	SO	Chancellor High School	5:37.81	5:28.39
3	Anderson, Taylor	SO	Monacan High School	5:36.97	5:31.40
4	Diggs, Campbell	JR	Monacan High School	5:45.00	5:35.15
5	Ekiert, Megan	FR	Monacan High School	5:47.58	5:35.64
6	Farrell, Erin	FR	Patrick Henry High School	6:06.02	5:57.99
7	Lindsey, Izzie	SR	Hanover High School	6:03.53	6:03.69
8	Knerr, Evelyn	JR	Courtland High School	6:10.47	6:03.90
9	Boling, Alyssa	SR	King George High School	6:03.59	6:04.84

2025 Region 4B Swim Championships - 2/14/2025**Results - Region 4B Champs****(Event 16 Girls 500 Yard Freestyle)**

	Name	Yr	School	Seed Time	Finals Time
10	Thomas, Allison	JR	Atlee High School	6:11.19	6:08.71
11	Parker, Lila	SR	Monacan High School	6:05.71	6:10.26
12	Balas, Chloe	SO	Powhatan High School	6:15.80	6:20.43
13	Miles, Emily	SR	Courtland High School	6:30.96	6:24.61
14	Randolph, Claire	JR	Mechanicsville High School	6:35.94	6:36.69
15	Seward, Bella	SR	Hanover High School	6:36.38	6:37.40
16	Purcell, Payton	SR	Spotsylvania High School	7:00.10	7:06.62
17	Bennett, Samantha	09	Eastern View High School	7:45.56	7:30.24
18	Ganzet, Hope	FR	Mechanicsville High School	7:48.88	7:43.12
19	Harrison, Carrington	SO	Powhatan High School	8:03.81	8:04.73
20	Northcraft, Kate	SR	Patrick Henry High School	8:11.32	8:14.27
21	Simpson, Abby	FR	Spotsylvania High School	8:39.43	8:23.94

Event 17 Boys 200 Yard Freestyle Relay

	Team	Relay	Seed Time	Finals Time
1	Hanover High School	A	1:31.68	1:30.45
2	King George High School	A	1:32.03	1:31.85
3	Mechanicsville High School	A	1:31.89	1:31.86
4	Monacan High School	A	1:28.82	1:34.05
5	Atlee High School	A	1:30.36	1:34.11
6	Chancellor High School	A	1:41.20	1:36.96
7	Courtland High School	A	1:40.17	1:38.52
8	Powhatan High School	A	1:43.48	1:43.84
9	Spotsylvania High School	A	1:49.20	1:48.38
10	Caroline County High School	A	1:52.06	1:53.70
---	Patrick Henry High School	A	1:31.22	DQ

Event 18 Girls 200 Yard Freestyle Relay

	Team	Relay	Seed Time	Finals Time
1	Monacan High School	A	1:39.23	1:37.30
2	Mechanicsville High School	A	1:46.06	1:41.72
3	King George High School	A	1:41.03	1:41.77
4	Atlee High School	A	1:42.40	1:41.82
5	Patrick Henry High School	A	1:45.49	1:44.51
6	Hanover High School	A	1:46.91	1:51.34
7	Courtland High School	A	1:51.14	1:52.55
8	Powhatan High School	A	1:54.44	1:52.73
9	Spotsylvania High School	A	2:04.41	2:03.49
10	Caroline County High School	A	2:12.26	2:10.41
11	Chancellor High School	A	2:30.99	2:18.07
12	Varina High School	A	NT	2:38.83
13	Henrico High School	A	2:49.56	3:01.36

Event 19 Boys 100 Yard Backstroke**Meet Qualifying: 1:06.70**

	Name	Yr	School	Seed Time	Finals Time
1	Dillman, Cooper	SR	Monacan High School	50.94	50.19
2	Rose, Chandler	SO	Atlee High School	52.71	53.26
3	Eliaison, Colin	JR	Hanover High School	52.58	53.68
4	Causey, Michael	SR	Patrick Henry High School	52.23	54.38
5	Patrick, Alexander	SO	Mechanicsville High School	55.29	55.52
6	Mauritsen, Gavin	FR	Atlee High School	57.03	56.51

2025 Region 4B Swim Championships - 2/14/2025**Results - Region 4B Champs****(Event 19 Boys 100 Yard Backstroke)**

	Name	Yr	School	Seed Time	Finals Time
7	Pardee, Zachary	SR	King George High School	58.87	57.35
8	Fraser, Jared	JR	Patrick Henry High School	1:00.46	57.53
9	Morgan, Jonathan	SR	Hanover High School	1:01.72	1:00.87
10	Smith, Henry	SO	Monacan High School	1:02.68	1:01.31
11	Powers, Liam	SR	Monacan High School	1:05.91	1:01.59
12	Bock, Matthew	SR	Mechanicsville High School	1:03.23	1:01.79
13	Parker, Keegan	JR	Courtland High School	1:04.38	1:01.92
14	Gardner, Drew	SR	Courtland High School	1:01.00	1:02.15
15	Hurtado, Grayson	11	Eastern View High School	1:06.45	1:04.88
16	Dahart, Henry	FR	Chancellor High School	1:06.87	1:05.07
17	Keyser, Adrian	SO	Chancellor High School	1:09.15	1:05.14
18	Graves, Brenden	FR	Atlee High School	1:06.20	1:05.58
19	Fuller, Jay	JR	Patrick Henry High School	1:04.99	1:06.36
20	Michalik, Scott	SR	King George High School	1:08.50	1:07.51
21	Fabricant, Traylor	SO	Hanover High School	1:05.55	1:08.59
22	Casaretto, Jorden	FR	Caroline County High School	1:12.31	1:09.71
23	Compton, Ben	JR	Powhatan High School	1:10.06	1:11.44
24	Howard, Emmett	FR	Powhatan High School	1:33.21	1:29.72
25	Tadlock, Nate	JR	Spotsylvania High School	1:31.14	1:29.79
26	Matthews, Corbin	JR	Henrico High School	1:34.92	1:36.03
27	Wolff, Ethan	SO	Caroline County High School	2:23.86	2:19.38

Event 20 Girls 100 Yard Backstroke**Meet Qualifying: 1:13.65**

	Name	Yr	School	Seed Time	Finals Time
1	Callis, Emerson	JR	Monacan High School	53.00	53.73
2	Eddy, Ava	SO	King George High School	55.91	55.70
3	Durette, Sierra	FR	Atlee High School	1:05.82	1:01.61
4	Strohacker, MacKenzie	SR	Mechanicsville High School	1:03.79	1:02.63
5	Anderson, Taylor	SO	Monacan High School	1:02.54	1:02.68
6	McCormick, Lorelei	JR	King George High School	1:06.67	1:02.78
7	Caten, Maggie	JR	Atlee High School	1:04.32	1:04.44
8	Modrak, Payton	SO	Monacan High School	1:08.73	1:04.56
9	Denham, Lauren	09	Eastern View High School	1:08.50	1:06.98
10	Velez, Juliana	SR	Courtland High School	1:08.78	1:07.89
11	Reynold, Ava Jane	SO	Hanover High School	1:07.46	1:07.93
12	Miller, Claire	SO	Courtland High School	1:09.09	1:08.38
13	Headley, Paige	SR	King George High School	1:12.60	1:09.77
14	Parker, Aubrey	JR	Courtland High School	1:12.00	1:10.70
15	Miles, Emily	SR	Courtland High School	1:13.12	1:10.77
16	Whitlow, Cordelia	JR	Atlee High School	1:13.12	1:11.28
17	Lambert, Violet	FR	Patrick Henry High School	1:12.93	1:11.52
18	Davis, Jada	JR	Mechanicsville High School	1:13.31	1:12.73
19	Proffitt, Chloe	SR	Powhatan High School	1:13.52	1:13.00
20	Whitlow, Taylor	SR	Hanover High School	1:13.14	1:13.20
21	Elliott, Lily	SO	Monacan High School	1:10.04	1:13.67
22	Gordon, Haley	SR	Patrick Henry High School	1:16.57	1:16.74
23	Russell, Lillian	JR	Varina High School	1:21.21	1:21.34
24	Moyer, Eva	FR	Varina High School	1:22.36	1:22.85
25	Mynhier, Madison	SO	Caroline County High School	1:23.90	1:22.87
27	Vivas, Sofia	SR	Chancellor High School	1:37.81	1:32.68
29	Mackey, Gabby	SO	Henrico High School	1:51.36	1:56.60

2025 Region 4B Swim Championships - 2/14/2025**Results - Region 4B Champs****(Event 20 Girls 100 Yard Backstroke)**

	Name	Yr	School	Seed Time	Finals Time
30	Jenkins, Frances	09	Eastern View High School	1:57.21	1:58.07
26	Wages, Katie	JR	Spotsylvania High School	1:31.78	DQ
28	Beazley, Faith	SO	Caroline County High School	1:40.00	DQ

Event 21 Boys 100 Yard Breaststroke**Meet Qualifying: 1:14.13**

	Name	Yr	School	Seed Time	Finals Time
1	Davies, Brody	SR	Courtland High School	58.69	58.64
2	Fulayter, Brandon	SR	King George High School	59.48	1:00.31
3	Welsh, Charlie	JR	Hanover High School	1:01.26	1:02.25
4	Hill, Mason	SO	Mechanicsville High School	1:07.27	1:03.34
5	Croxton, Dylan	JR	Hanover High School	1:03.92	1:03.87
6	Sanders, Barrett	FR	Monacan High School	1:02.38	1:03.97
7	Swager, Lucas	SR	Patrick Henry High School	1:04.54	1:04.01
8	Cohen, Caleb	FR	Monacan High School	1:04.70	1:04.15
9	Stiles, Tyler	SR	Patrick Henry High School	1:06.39	1:06.28
10	Archer, Chance	SR	Patrick Henry High School	1:08.66	1:06.29
11	Volles, Jude	SO	Mechanicsville High School	1:04.98	1:06.40
12	Magill, Jackson	SR	Mechanicsville High School	1:08.11	1:06.96
13	Kyllingstad, Heath	JR	Atlee High School	1:07.19	1:07.66
14	Ross, Cole	SO	Monacan High School	1:08.50	1:08.38
15	Nuhse, Luke	JR	Atlee High School	1:11.99	1:08.94
16	Naoroz, Christopher	SR	Powhatan High School	1:11.40	1:11.21
17	Kopp, Tyler	FR	Chancellor High School	1:13.96	1:11.57
18	Hatcher, Nolan	SO	Hanover High School	1:13.70	1:11.93
19	Ziehl, Noah	JR	Monacan High School	1:13.72	1:12.40
20	Green, Jacoby	SO	Courtland High School	1:13.97	1:13.62
21	Parker, Mason	JR	King George High School	1:14.60	1:13.93
22	Hurtado, Grayson	11	Eastern View High School	1:14.57	1:16.25
23	Valasko, Sam	SO	Spotsylvania High School	1:15.81	1:17.45
24	Carmine, Dache	JR	Caroline County High School	1:26.63	1:26.43
25	Winn, Andrew	JR	Chancellor High School	1:27.60	1:26.92
26	Warren, Brendon	JR	Varina High School	1:24.89	1:28.26
27	Goff, Ryan	SR	Caroline County High School	1:33.94	1:33.70
28	Jones, Koleman	JR	Varina High School	1:37.87	1:41.17

Event 22 Girls 100 Yard Breaststroke**Meet Qualifying: 1:20.06**

	Name	Yr	School	Seed Time	Finals Time
1	Stevens, Jenna	JR	Atlee High School	1:10.34	1:09.75
2	Balut, Kate	SR	Patrick Henry High School	1:11.31	1:10.58
3	Brown, Chloe	FR	Patrick Henry High School	1:11.71	1:11.00
4	Godard, Olivia	FR	Hanover High School	1:11.41	1:11.01
5	Lutton, Chloe	SO	Atlee High School	1:12.83	1:12.39
6	Ekiert, Megan	FR	Monacan High School	1:13.42	1:13.17
7	Minton, Sydney	SO	Mechanicsville High School	1:15.54	1:13.38
8	Walker, Maddie	SO	Monacan High School	1:19.48	1:14.68
9	Thomas, Allison	JR	Atlee High School	1:15.27	1:15.28
10	Ross, Amelia	FR	Monacan High School	1:15.21	1:15.33
11	McCormick, Lorelei	JR	King George High School	1:16.13	1:15.50
12	Storen, Julia	SR	Courtland High School	1:16.75	1:16.05
13	Parker, Lila	SR	Monacan High School	1:15.49	1:17.65

2025 Region 4B Swim Championships - 2/14/2025**Results - Region 4B Champs****(Event 22 Girls 100 Yard Breaststroke)**

	Name	Yr	School	Seed Time	Finals Time
14	Randolph, Claire	JR	Mechanicsville High School	1:18.89	1:18.77
15	Lowe, Emery	SR	Courtland High School	1:20.59	1:19.97
16	Bunn, Lily	SR	King George High School	1:19.47	1:21.59
17	Pennington, Bailey	FR	Powhatan High School	1:25.44	1:25.98
18	Harding, Josslyne	SO	Hanover High School	1:27.30	1:28.50
19	Bennett, Samantha	09	Eastern View High School	1:29.45	1:36.23
20	Beazley, Tinsley	JR	Caroline County High School	1:36.20	1:36.30
21	Felts, Annabel	SO	Powhatan High School	1:36.92	1:38.91
22	Rude, Ash	SR	Henrico High School	1:39.37	1:41.57
23	Altman, Sedona	12	Eastern View High School	1:50.22	1:50.29
24	Stafford, Olivia	SR	Spotsylvania High School	1:49.32	1:51.33
---	Barrera, Ariel	SR	Chancellor High School	1:43.02	DQ
---	Scott, Taryn	JR	Varina High School	2:54.31	DQ
---	Green, Samiah	SR	Varina High School	2:03.72	DQ
---	Seabolt, Hannah	JR	Chancellor High School	1:59.19	DQ
---	Gonzalez, Bella	FR	Spotsylvania High School	1:59.85	DQ

Event 23 Boys 400 Yard Freestyle Relay

	Team	Relay	Seed Time	Finals Time
1	Atlee High School	A	3:16.51	3:16.54
2	Monacan High School	A	3:14.79	3:19.45
3	Courtland High School	A	3:34.64	3:26.25
4	Hanover High School	A	3:24.24	3:26.45
5	Patrick Henry High School	A	3:25.19	3:28.73
6	Mechanicsville High School	A	3:18.63	3:31.06
7	Chancellor High School	A	3:44.83	3:34.61
8	King George High School	A	3:49.44	3:47.71
9	Powhatan High School	A	4:34.07	3:55.74
10	Spotsylvania High School	A	4:02.91	4:10.53
11	Caroline County High School	A	4:19.20	4:17.59

Event 24 Girls 400 Yard Freestyle Relay

	Team	Relay	Seed Time	Finals Time
1	Monacan High School	A	3:33.66	3:34.06
2	King George High School	A	3:45.79	3:44.23
3	Mechanicsville High School	A	3:56.11	3:46.22
4	Hanover High School	A	3:53.29	3:48.28
5	Patrick Henry High School	A	3:52.88	3:54.13
6	Atlee High School	A	3:49.46	4:06.34
7	Courtland High School	A	4:10.96	4:16.39
8	Eastern View High School	A	4:18.67	4:27.59
9	Powhatan High School	A	4:33.53	4:40.61
10	Chancellor High School	A	4:50.24	4:42.83
11	Varina High School	A	NT	4:53.55
12	Caroline County High School	A	4:49.63	4:53.72
---	Spotsylvania High School	A	4:39.78	DQ