

2025 VIRGINIA SWIMMING LONG COURE SENIOR CHAMPIONSHIPS (JULY 17-20, 2025) ADMINISTRATIVE PROCEDURES

EMAIL CONTACTS FOR LATE ENTRIES AND PRE-MEET SCRATCHES

Through July 15: Send to Mary Turner (myturner525@gmail.com or vsiscratch@gmail.com)

July 16-20: Send to the administrative referee (Kevin Hogan) (vsiscratch@gmail.com)

CHECK-IN

Review the psych sheet to make sure your athletes do not have a special indicator (*: unproven time; \$: registration is expired or missing; # APT is expired or missing) next to one or more of their times. If an athlete has an indicator, go to the resolution desk to resolve the issue. It is your responsibility to do so. If the indicator is not cleared by the scratch deadline, the athlete will not be seeded into the event.

ENTRY LIMITS

Athletes may enter all the events for which they qualify; however, they may only compete in 7 individual events for the meet and no more than 3 individual events per day. Athletes failing to scratch events, which if swum would put them in violation of the daily or meet limit, will not be permitted to swim the additional event or events. The events to be eliminated will be counted in strict numerical sequence as listed in the Meet Announcement.

Relay events are limited to 2 entries per team.

NO POSITIVE CHECK-IN EVENTS

There are no positive check-in events for this meet. All relay teams and 800/1500 athletes who do not want to swim an event must scratch the event prior to the scratch deadline for that day's events.

INDIVIDUAL PRELIM EVENTS AND RELAY SCRATCH DEADLINES

See below for scratching from finals (no email scratches will be accepted)

Thursday events: 6:15 pm, Wednesday (send to vsiscratch@gmail.com)

Friday events: 6:15 pm, Thursday (scratch box preferred, but email okay)

Saturday events: 6:15 pm, Friday (scratch box preferred, but email okay)

Sunday events: 6:15 pm, Saturday (scratch box preferred, but email okay)

AM/PM DESIGNATION

Relays: An AM preference may be made for the 200 MR, 400 MR, 200 FR, 400 FR, and 800 FR. The AM preferences must be made by the scratch deadline for that day's events (see above section for deadlines). The top 16 relay teams not designating an AM preference will swim in the finals session. If you do NOT want your relay team to swim in finals, designate them as AM.

800 and 1500 Free: An "afternoon" preference may be made for the 800 and 1500 Free. The afternoon preferences must be made by the scratch deadline for that day's events (see above section for deadlines). The top 8 individuals not designating an afternoon preference will swim in the finals session. If you do not want your athlete to swim in finals, designate them as "afternoon."

SCRATCHING FROM FINALS

Scratches and intents to scratch must be done with the administrative referee at the resolution desk (no email or text). Intents to scratch must be finalized no later than 30 minutes after the conclusion of the swimmer's last individual preliminary event or the swimmer will be seeded.

DECLARED FALSE START (DFS)

A DFS may be used in the 800 and 1500 freestyle events and in the preliminaries of prelims/finals event to avoid the penalty for being a "No Show." A DFS cannot be used at finals of a prelims/finals event.

DFSs will be taken at the resolution table up until 10 minutes prior to the start of each preliminary session. After that, DFSs should be declared to the Chief Judge or Deck Referee in the starting area. DFSs must be received prior to the start of the heat that will be missed by the swimmer.

FAILURE TO COMPETE PENALTIES

Individual events in preliminary sessions: A swimmer who no-shows a preliminary event (does not DFS) is barred from swimming any additional individual or relay events that day. The swimmer may swim in finals for events they have already qualified for that day and will not be seeded in any additional individual events on succeeding days unless the athlete declares an intent to swim prior to the close of the scratch box for that day's events.

Individual timed finals events (800 and 1500 Free): A swimmer who no-shows an individual timed final event (does not DFS) is barred from swimming their next individual event. The swimmer may swim in finals for events they have already qualified for that day.

Individual events in finals sessions: A swimmer in the originally announced top qualifying swimmers for finals (A, B, C, D heats) in a prelims/finals event who does not scratch from finals in the event and does not compete in the finals of the event will be barred from further competition in the meet. A DFS is not permitted.

Relay events: There is no penalty if a team does not swim a relay event. As a courtesy, a DFS is appreciated so that we know there will be an empty lane, but a DFS is not otherwise needed.

SWIM-OFFS

Ties for 8th, 9th, 16th, 17th, 24th, 25th, 32nd, 33rd, 34th, and 35th will be resolved by swim-off or other mutually agreed means according to rule 102.5.2 and no later than 45 minutes after the last heat of any event in which any one of the swimmers is competing in that session.

RELAY EVENTS CARDS

Following the close of the scratch box for that day's events, the relays will be seeded and the relay cards distributed. Relay cards with the designated swimmers and the order in which they will swim shall be returned to the resolution desk prior to the time indicated on the session timeline. Relay team swimmer names and order in which they swim may be changed up until the start of the race.

400 IM AND 400 FREESTYLE

The four fastest heats of women will be swum first, swimming slowest to fastest. The four fastest heats of men will then be swum, swimming slowest to fastest. Any remaining heats will then be swum fastest to slowest, alternating women and men.

TIME TRIALS

Time trials count against the daily limit of 3 events per day, but not against the meet limit. A DFS or no show in an event still counts against the event limit.

CONTACT INFORMATION

Administrative Referee: Kevin Hogan

Email: vsiscratch@gmail.com

Cell: 434.962.7529

2025 VSI Long Course Senior Championships - Coaches Contact Information

Please provide contact information for one or two coaches who will be at the meet. The contact information will be used to contact you during the meet regarding items such as needed swim-offs and swimmers scratching into finals.

