

## 2025 VSI Senior SC Championship

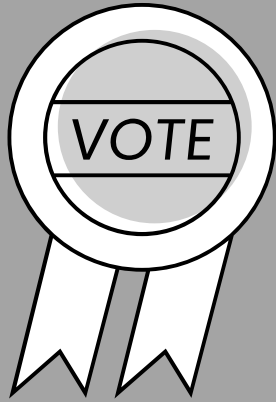
Richmond, VA

Saturday, March 8, 2025

### Finals Time Line

|                 |                        |              |         |
|-----------------|------------------------|--------------|---------|
| National Anthem |                        |              | 5:40 PM |
| Event #15       | Women's 200 Free Relay | Consolation  | 5:45 PM |
|                 |                        | Championship | 5:47 PM |
| Event #16       | Men's 200 Free Relay   | Consolation  | 5:50 PM |
|                 |                        | Championship | 5:52 PM |
| BREAK           |                        |              | 5:55 PM |
| Event #17       | Women's 200 Fly        | 18 & Under   | 6:05 PM |
|                 |                        | Bonus        | 6:07 PM |
|                 |                        | Consolation  | 6:10 PM |
|                 |                        | Championship | 6:13 PM |
| Event #18       | Men's 200 Fly          | 18 & Under   | 6:17 PM |
|                 |                        | Bonus        | 6:19 PM |
|                 |                        | Consolation  | 6:22 PM |
|                 |                        | Championship | 6:24 PM |
| Event #19       | Women's 50 Free        | 18 & Under   | 6:28 PM |
|                 |                        | Bonus        | 6:29 PM |
|                 |                        | Consolation  | 6:29 PM |
|                 |                        | Championship | 6:30 PM |
| Event #20       | Men's 50 Free          | 18 & Under   | 6:32 PM |
|                 |                        | Bonus        | 6:33 PM |
|                 |                        | Consolation  | 6:34 PM |
|                 |                        | Championship | 6:35 PM |
| Event #21       | Women's 200 Breast     | 18 & Under   | 6:36 PM |
|                 |                        | Bonus        | 6:40 PM |
|                 |                        | Consolation  | 6:43 PM |
|                 |                        | Championship | 6:46 PM |
| Event #22       | Men's 200 Breast       | 18 & Under   | 6:51 PM |
|                 |                        | Bonus        | 6:54 PM |
|                 |                        | Consolation  | 6:57 PM |
|                 |                        | Championship | 7:00 PM |
| Event #23       | Women's 100 Back       | 18 & Under   | 7:04 PM |
|                 |                        | Bonus        | 7:05 PM |
|                 |                        | Consolation  | 7:07 PM |
|                 |                        | Championship | 7:08 PM |
| Event #24       | Men's 100 Back         | 18 & Under   | 7:10 PM |
|                 |                        | Bonus        | 7:12 PM |
|                 |                        | Consolation  | 7:13 PM |
|                 |                        | Championship | 7:14 PM |
| Event #25       | Women's 500 Free       | 18 & Under   | 7:17 PM |
|                 |                        | Bonus        | 7:23 PM |
|                 |                        | Consolation  | 7:28 PM |
|                 |                        | Championship | 7:34 PM |
| Event #26       | Men's 500 Free         | 18 & Under   | 7:41 PM |
|                 |                        | Bonus        | 7:46 PM |
|                 |                        | Consolation  | 7:52 PM |
|                 |                        | Championship | 7:57 PM |
| BREAK (10 min)  |                        |              | 8:03 PM |
| Event #27       | Women's 400 Medley     | Consolation  | 8:13 PM |
|                 |                        | Championship | 8:18 PM |
| Event #28       | Men's 400 Medley       | Consolation  | 8:24 PM |
|                 |                        | Championship | 8:28 PM |
| End of Session  |                        |              | 8:33 PM |

**VIRGINIA SWIMMING ATHLETE  
REPRESENTATIVE ELECTION**

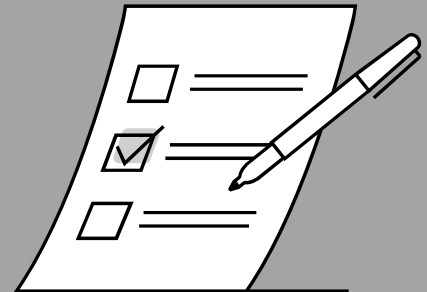


# **REGISTER TO VOTE**

**Calling all 13 & Over Athletes!**

**You must be registered to vote in the Athlete  
Representative Election!**

**DEADLINE TO REGISTER  
MARCH 25, 2025**



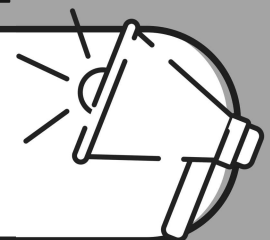
## **Interested in Running for Athlete Rep?**

- Fill out the Athlete Rep Bio Form
- Must be a Sophomore or Junior and 16 Years Old
- Willing to attend Board Meetings
- Hold Athlete Committee Meetings
- Serve a two-year term
- Be part of making decisions that impact your fellow athletes!

**REGISTER. VOTE. MAKE A DIFFERENCE**

**To register or fill out the  
athlete bio form, go to:**

**[WWW.VIRGINIASWIMMING.ORG](http://WWW.VIRGINIASWIMMING.ORG)**



2025 VSI SC Senior Championships - 3/6/2025 to 3/9/2025  
Meet Program - Saturday Finals

Event 15 Women Senior 200 Yard Freestyle Relay

|                                         |         |           |               |
|-----------------------------------------|---------|-----------|---------------|
| Meet:                                   | 1:32.06 | 3/5/2022  | Tide Swimming |
| E Claesson, K Wilson, M McKee, K Duffy  |         |           |               |
| VSI:                                    | 1:30.99 | 3/21/2017 | Gatr          |
| O. Bray, C. Kulp, E. Muzzy, W. Hamilton |         |           |               |

| Lane               | Team             | Relay | Seed Time |
|--------------------|------------------|-------|-----------|
| Heat 3 of 4 Finals |                  |       |           |
| 1                  | Old Dominion Aqu | A     | 1:39.76   |
| 2                  | Stingrays Swim T | B     | 1:38.67   |
| 3                  | 757 Swim         | B     | 1:38.08   |
| 4                  | SwimRVA          | B     | 1:37.55   |
| 5                  | Quest Swimming   | A     | 1:37.81   |
| 6                  | H2okie Aquatics  | A     | 1:38.21   |
| 7                  | Cavalier Aquatic | B     | 1:38.71   |
| 8                  | Old Dominion Aqu | B     | 1:39.81   |
| Heat 4 of 4 Finals |                  |       |           |
| 1                  | SwimRVA          | A     | 1:36.81   |
| 2                  | Nova of Virginia | B     | 1:36.26   |
| 3                  | Tide Swimming    | A     | 1:35.63   |
| 4                  | Nova of Virginia | A     | 1:34.38   |
| 5                  | 757 Swim         | A     | 1:35.00   |
| 6                  | Cavalier Aquatic | A     | 1:36.01   |
| 7                  | Stingrays Swim T | A     | 1:36.35   |
| 8                  | Tide Swimming    | B     | 1:37.52   |

Event 16 Men Senior 200 Yard Freestyle Relay

|                                       |         |           |                     |
|---------------------------------------|---------|-----------|---------------------|
| Meet:                                 | 1:21.14 | 3/2/2024  | Stingrays Swim Team |
| O Hoban, S Calder, C Cook, K Peck     |         |           |                     |
| VSI:                                  | 1:20.94 | 3/21/2024 | Rays                |
| O. Hoban, S. Calder, C. Cook, K. Peck |         |           |                     |

| Lane               | Team             | Relay | Seed Time |
|--------------------|------------------|-------|-----------|
| Heat 3 of 4 Finals |                  |       |           |
| 1                  | SwimRVA          | B     | 1:28.14   |
| 2                  | Tide Swimming    | B     | 1:27.32   |
| 3                  | Cavalier Aquatic | B     | 1:26.71   |
| 4                  | Lynchburg YMCA S | A     | 1:26.07   |
| 5                  | H2okie Aquatics  | A     | 1:26.27   |
| 6                  | 757 Swim         | A     | 1:26.73   |
| 7                  | Hanover Aquatics | A     | 1:27.69   |
| 8                  | Poseidon Swimmin | A     | 1:28.45   |
| Heat 4 of 4 Finals |                  |       |           |
| 1                  | Coast Guard Blue | A     | 1:25.64   |
| 2                  | SwimRVA          | A     | 1:25.31   |
| 3                  | Nova of Virginia | A     | 1:23.62   |
| 4                  | Cavalier Aquatic | A     | 1:21.76   |
| 5                  | Tide Swimming    | A     | 1:22.60   |
| 6                  | Old Dominion Aqu | A     | 1:25.10   |
| 7                  | Nova of Virginia | B     | 1:25.60   |
| 8                  | Stingrays Swim T | A     | 1:25.76   |

Event 17 Women Senior 200 Yard Butterfly

|              |         |           |                |
|--------------|---------|-----------|----------------|
| Meet:        | 1:53.72 | 3/2/2019  | Olivia Bray    |
| VSI:         | 1:53.72 | 2/28/2019 | Olivia G. Bray |
| 2:20.99 25QT |         |           |                |

| Lane             | Name                | Age | Team | Prelims      |
|------------------|---------------------|-----|------|--------------|
| Heat 1 D - Final |                     |     |      |              |
| 1                | McEntyre, Mallory   | 17  | PSDN | 2:12.12 25QT |
| 2                | Morgan, Molly       | 15  | GATR | 2:11.89 25QT |
| 3                | Hepper, Caroline    | 15  | NOVA | 2:11.62 25QT |
| 4                | Webster, Kiera      | 18  | WST  | 2:10.24 25QT |
| 5                | Lange, Madison      | 15  | RAYS | 2:11.24 25QT |
| 6                | Eichberg, Lily      | 18  | RAYS | 2:11.72 25QT |
| 7                | Ismailova, Diana    | 16  | CA-Y | 2:11.90 25QT |
| 8                | Kryszon, Kendall    | 16  | NOVA | 2:12.41 25QT |
| Heat 2 C - Final |                     |     |      |              |
| 1                | Van Schaften, Riley | 18  | SRVA | 2:09.34 25QT |
| 2                | Sokolowsky, Moira   | 15  | 757  | 2:08.92 25QT |
| 3                | O'Shea, Elizabeth   | 17  | NOVA | 2:08.58 25QT |
| 4                | Seay, Madelyn       | 16  | QSTS | 2:08.52 25QT |
| 5                | Duffy, Dara         | 17  | TIDE | 2:08.57 25QT |
| 6                | Warren, Sarah       | 15  | LY   | 2:08.62 25QT |
| 7                | Armstrong, Kiersten | 17  | NOVA | 2:09.31 25QT |
| 8                | Barron, Ella        | 17  | NOVA | 2:09.44 25QT |
| Heat 3 B - Final |                     |     |      |              |
| 1                | Marchione, Maris    | 16  | TIDE | 2:07.60 25QT |
| 2                | Duffy, Savannah     | 16  | RAYS | 2:07.30 25QT |
| 3                | Bischoff, Allison   | 18  | NOVA | 2:06.97 25QT |
| 4                | Miyashita, Libby    | 17  | SRVA | 2:05.25 25QT |
| 5                | Schaaf, Alexis      | 16  | GATR | 2:06.23 25QT |
| 6                | Wagner, Lucy        | 15  | NOVA | 2:07.01 25QT |
| 7                | Beckwith, Molly     | 18  | GATR | 2:07.45 25QT |
| 8                | Maniace, Abigail    | 18  | ODAC | 2:07.92 25QT |
| Heat 4 A - Final |                     |     |      |              |
| 1                | Shopbell, Ava       | 15  | LY   | 2:04.61 25QT |
| 2                | Gregory, Mary       | 18  | WAC  | 2:02.24 25QT |
| 3                | Osada, Elizabeth    | 16  | CA-Y | 2:01.24 25QT |
| 4                | Liebler, Emma       | 16  | 757  | 1:58.46 25QT |
| 5                | Callis, Emerson     | 16  | QSTS | 1:58.91 25QT |
| 6                | Shnowske, Anna      | 17  | 757  | 2:01.28 25QT |
| 7                | Wenert, Olivia      | 17  | NOVA | 2:04.38 25QT |
| 8                | Shaps, Katherine    | 16  | NOVA | 2:04.74 25QT |
| Alternates       |                     |     |      |              |
| 1                | Medei, Emma         | 15  | NOVA | 2:12.99      |
| 2                | Rancka, Hadley      | 15  | SRVA | 2:13.24      |

2025 VSI SC Senior Championships - 3/6/2025 to 3/9/2025  
Meet Program - Saturday Finals

Event 18 Men Senior 200 Yard Butterfly

| Meet:            |                       | 1:44.37 | 3/5/2022   | Thomas Heilman |      |
|------------------|-----------------------|---------|------------|----------------|------|
| VSI:             |                       | 1:38.95 | 12/14/2024 | Thomas Heilman |      |
|                  |                       | 2:02.59 | 25QT       |                |      |
| Lane             | Name                  | Age     | Team       | Prelims        |      |
| Heat 1 D - Final |                       |         |            |                |      |
| 1                | Belcher, Bill         | 17      | NOVA       | 1:57.01        | 25QT |
| 2                | Angulo, Santiago      | 17      | HOKI       | 1:56.62        | 25QT |
| 3                | Hottle, Luke          | 16      | LY         | 1:56.00        | 25QT |
| 4                | Carpenter, Jackson    | 15      | LAC        | 1:55.69        | 25QT |
| 5                | Zimmer, Julian        | 15      | QSTS       | 1:55.96        | 25QT |
| 6                | Weber, Josiah         | 16      | SRVA       | 1:56.55        | 25QT |
| 7                | Livezey, James        | 15      | QSTS       | 1:56.84        | 25QT |
| 8                | White, Colton         | 17      | RAYS       | 1:57.12        | 25QT |
| Alternates       |                       |         |            |                |      |
| 1                | Dameron, Jacob        | 15      | NOVA       | 1:57.20        |      |
| 2                | Van Drew, Brendan     | 16      | NOVA       | 1:57.22        |      |
| Heat 2 C - Final |                       |         |            |                |      |
| 1                | Sylvester, Wyatt      | 16      | 757        | 1:54.78        | 25QT |
| 2                | Broderick, Preston    | 15      | WAC        | 1:54.41        | 25QT |
| 3                | Charlton, William     | 16      | CA-Y       | 1:53.44        | 25QT |
| 4                | Vinarov, Evan         | 18      | ODAC       | 1:52.88        | 25QT |
| 5                | Isely, Gabriel        | 17      | CGBD       | 1:53.18        | 25QT |
| 6                | Miklos, Owen          | 15      | NOVA       | 1:53.52        | 25QT |
| 7                | Butterfield, Benjamin | 18      | NOVA       | 1:54.68        | 25QT |
| 8                | Goad, Zachary         | 17      | QSTS       | 1:55.19        | 25QT |
| Heat 3 B - Final |                       |         |            |                |      |
| 1                | Sabo, Michael         | 15      | HNVR       | 1:52.84        | 25QT |
| 2                | Griffith, Ryan        | 18      | CGBD       | 1:52.41        | 25QT |
| 3                | Landers, Lucas        | 17      | 757        | 1:52.17        | 25QT |
| 4                | Cullaty, John         | 17      | CA-Y       | 1:51.92        | 25QT |
| 5                | Farnsworth, Joshua    | 16      | NOVA       | 1:52.16        | 25QT |
| 6                | Roy, Cameron          | 17      | HOKI       | 1:52.28        | 25QT |
| 7                | Muminovic, Aidin      | 16      | NOVA       | 1:52.46        | 25QT |
| 8                | Knapp, Parker         | 16      | TIDE       | 1:52.87        | 25QT |
| Heat 4 A - Final |                       |         |            |                |      |
| 1                | Campbell, Spencer     | 17      | PSDN       | 1:51.38        | 25QT |
| 2                | Vanslyke, John        | 18      | TIDE       | 1:51.15        | 25QT |
| 3                | Gertner, Alexander    | 18      | NOVA       | 1:50.44        | 25QT |
| 4                | Julian, Brady         | 17      | NOVA       | 1:48.86        | 25QT |
| 5                | Roose, Andrew         | 18      | WAC        | 1:49.28        | 25QT |
| 6                | Anderson, Michael     | 17      | HOKI       | 1:50.61        | 25QT |
| 7                | Smith, Ryan           | 17      | NOVA       | 1:51.21        | 25QT |
| 8                | Harrington, Charlie   | 15      | NOVA       | 1:51.74        | 25QT |
| Alternates       |                       |         |            |                |      |
| 1                | Hannam, Emmett        | 22      | CA-Y       | 1:55.22        |      |
| 2                | Carpenter, Jackson    | 15      | LAC        | 1:55.69        |      |

Event 19 Women Senior 50 Yard Freestyle

| Meet:            |                   | 22.56 | 3/5/2022  | Kayla Wilson |      |
|------------------|-------------------|-------|-----------|--------------|------|
| VSI:             |                   | 22.18 | 9/25/2020 | Catie Deloof |      |
|                  |                   | 25.29 | 25QT      |              |      |
| Lane             | Name              | Age   | Team      | Prelims      |      |
| Heat 1 D - Final |                   |       |           |              |      |
| 1                | Meyer, Amelie     | 15    | CA-Y      | 24.54        | 25QT |
| 2                | Kaufman, Sidney   | 17    | SRVA      | 24.48        | 25QT |
| 3                | Ramos, Sarah      | 17    | RAYS      | 24.44        | 25QT |
| 4                | Lorack, Isabella  | 16    | 757       | 24.33        | 25QT |
| 5                | Heyward, Addison  | 17    | 757       | 24.35        | 25QT |
| 6                | Daniel, Campbell  | 16    | 757       | 24.47        | 25QT |
| 7                | Totton, Campbell  | 17    | NOVA      | 24.50        | 25QT |
| 8                | Rawlins, Afsana   | 17    | TIDE      | 24.55        | 25QT |
| Heat 2 C - Final |                   |       |           |              |      |
| 1                | Brundage, Holly   | 17    | 757       | 24.29        | 25QT |
| 2                | Harris, Savannah  | 15    | NOVA      | 24.25        | 25QT |
| 3                | McKinney, Ava     | 17    | NOVA      | 24.24        | 25QT |
| 4                | Santos, Leah      | 15    | HOKI      | 24.13        | 25QT |
| 5                | Henry, Emani      | 17    | SRVA      | 24.18        | 25QT |
| 6                | Sowers, Samantha  | 17    | RAYS      | 24.24        | 25QT |
| 7                | Marchione, Maris  | 16    | TIDE      | 24.26        | 25QT |
| 8                | Beckwith, Molly   | 18    | GATR      | 24.29        | 25QT |
| Heat 3 B - Final |                   |       |           |              |      |
| 1                | Duffy, Dara       | 17    | TIDE      | 23.93        | 25QT |
| 2                | Moreno, Caprie    | 16    | TIDE      | 23.90        | 25QT |
| 3                | Mierenfeld, Ellie | 16    | SRVA      | 23.87        | 25QT |
| 4                | Eddy, Ava         | 15    | RAYS      | 23.79        | 25QT |
| 5                | Deguenther, Emory | 17    | NOVA      | 23.80        | 25QT |
| 6                | Liebler, Emma     | 16    | 757       | 23.89        | 25QT |
| 7                | Linkonis, Ana     | 16    | NOVA      | 23.91        | 25QT |
| 8                | Teague, Sara      | 18    | TIDE      | 24.11        | 25QT |
| Heat 4 A - Final |                   |       |           |              |      |
| 1                | Jones, Jasper     | 16    | NOVA      | 23.67        | 25QT |
| 2                | Fuller, Alexandra | 17    | BASS      | 23.50        | 25QT |
| 3                | Francis, Lane     | 15    | NOVA      | 23.39        | 25QT |
| 4                | Shnowske, Anna    | 17    | 757       | 23.34        | 25QT |
| 5                | Vernon, Allison   | 17    | QSTS      | 23.35        | 25QT |
| 6                | Phillips, Lily    | 16    | CA-Y      | 23.48        | 25QT |
| 7                | Vanyo, Sofie      | 16    | ACAC      | 23.60        | 25QT |
| 8                | Sleman, Molly     | 17    | NOVA      | 23.78        | 25QT |
| Alternates       |                   |       |           |              |      |
| 1                | Ismailova, Diana  | 16    | CA-Y      | 24.56        |      |
| 2                | Grim, Evelyn      | 18    | HOKI      | 24.57        |      |

2025 VSI SC Senior Championships - 3/6/2025 to 3/9/2025  
Meet Program - Saturday Finals

Event 20 Men Senior 50 Yard Freestyle

| Meet:            |                      | 20.18 | 3/2/2019  | Cason Wilburn  |      |
|------------------|----------------------|-------|-----------|----------------|------|
| VSI:             |                      | 19.24 | 12/6/2023 | Thomas Heilman |      |
|                  |                      | 22.79 | 25QT      |                |      |
| Lane             | Name                 | Age   | Team      | Prelims        |      |
| Heat 1 D - Final |                      |       |           |                |      |
| 1                | VanLesser, Brogan    | 16    | NOVA      | 21.76          | 25QT |
| 2                | Pardee, Zachary      | 17    | RAYS      | 21.61          | 25QT |
| 3                | Johnson, James       | 17    | NOVA      | 21.60          | 25QT |
| 4                | Goad, Zachary        | 17    | QSTS      | 21.57          | 25QT |
| 5                | Hathaway, Jacques    | 18    | CA-Y      | 21.59          | 25QT |
| 6                | DeVries, Clint       | 17    | CGBD      | 21.60          | 25QT |
| 7                | Winston, Toby        | 17    | VSTP      | 21.62          | 25QT |
| 8                | Ward, James          | 17    | ODAC      | 21.79          | 25QT |
| Alternates       |                      |       |           |                |      |
| 1                | Brooks, Henry        | 18    | SRVA      | 21.81          |      |
| 2                | Schonfelder, Maxwell | 18    | LY        | 21.81          |      |
| Heat 2 C - Final |                      |       |           |                |      |
| 1                | Dykman, Robert       | 17    | RAYS      | 21.49          | 25QT |
| 2                | Gertner, Alexander   | 18    | NOVA      | 21.47          | 25QT |
| 3                | Chen, John           | 17    | NOVA      | 21.42          | 25QT |
| 4                | Campbell, Spencer    | 17    | PSDN      | 21.42          | 25QT |
| 5                | Rivas, Matthew       | 18    | NOVA      | 21.42          | 25QT |
| 6                | Leggett, Finnegan    | 16    | 757       | 21.45          | 25QT |
| 7                | Rose, Chandler       | 16    | HNVR      | 21.48          | 25QT |
| 8                | Thornton, Christian  | 18    | NOVA      | 21.55          | 25QT |
| Heat 3 B - Final |                      |       |           |                |      |
| 1                | Moore, Coyle         | 15    | TIDE      | 21.32          | 25QT |
| 2                | Warnagiris, Joseph   | 17    | WST       | 21.29          | 25QT |
| 3                | Radkevich, Andrey    | 18    | 757       | 21.21          | 25QT |
| 4                | Calder, William      | 17    | RAYS      | 21.09          | 25QT |
| 5                | Moore, Ryan          | 17    | RAYS      | 21.11          | 25QT |
| 6                | Szobota, Nathan      | 17    | NOVA      | 21.27          | 25QT |
| 7                | Puzon, Patrick       | 18    | SRVA      | 21.30          | 25QT |
| 8                | Wilkerson, Chase     | 17    | TIDE      | 21.34          | 25QT |
| Heat 4 A - Final |                      |       |           |                |      |
| 1                | Lutz, Ian            | 17    | ODAC      | 20.89          | 25QT |
| 2                | Pfaff, Spencer       | 17    | GATR      | 20.78          | 25QT |
| 3                | Browne, William      | 18    | CA-Y      | 20.54          | 25QT |
| 4                | Temple, Austin       | 16    | TIDE      | 20.06          | 25QT |
| 5                | Nunziata, Gabe       | 18    | ODAC      | 20.49          | 25QT |
| 6                | Griffith, Ryan       | 18    | CGBD      | 20.65          | 25QT |
| 7                | Vanslyke, John       | 18    | TIDE      | 20.87          | 25QT |
| 8                | Leachman, Scott      | 17    | WFS       | 20.92          | 25QT |
| Alternates       |                      |       |           |                |      |
| 1                | Goad, Zachary        | 17    | QSTS      | 21.57          |      |
| 2                | Hathaway, Jacques    | 18    | CA-Y      | 21.59          |      |

Event 21 Women Senior 200 Yard Breaststroke

| Meet:            |                      | 2:10.04 | 3/4/2023  | Elle Scott     |      |
|------------------|----------------------|---------|-----------|----------------|------|
| VSI:             |                      | 2:09.99 | 3/15/2011 | Rebecca Rainer |      |
|                  |                      | 2:36.29 | 25QT      |                |      |
| Lane             | Name                 | Age     | Team      | Prelims        |      |
| Heat 1 D - Final |                      |         |           |                |      |
| 1                | Gray, Lauren         | 18      | TIDE      | 2:29.93        | 25QT |
| 2                | Burton, Leah         | 15      | CGBD      | 2:29.25        | 25QT |
| 3                | Check, Isabella      | 17      | WAC       | 2:29.04        | 25QT |
| 4                | Clemens, Gabriella   | 18      | NOVA      | 2:28.76        | 25QT |
| 5                | Seay, Madelyn        | 16      | QSTS      | 2:28.96        | 25QT |
| 6                | Rodriguez, Cristina  | 18      | NOVA      | 2:29.17        | 25QT |
| 7                | Cuce, Elianna        | 15      | SRVA      | 2:29.40        | 25QT |
| 8                | Fary, Brenna         | 16      | ODAC      | 2:30.20        | 25QT |
| Heat 2 C - Final |                      |         |           |                |      |
| 1                | Watson, Viktoria     | 15      | CGBD      | 2:28.45        | 25QT |
| 2                | Masson, Alina        | 16      | ODAC      | 2:26.87        | 25QT |
| 3                | Kryszon, Kendall     | 16      | NOVA      | 2:26.50        | 25QT |
| 4                | Everhart, Norah      | 16      | TIDE      | 2:26.45        | 25QT |
| 5                | Taylor, Olivia       | 14      | TIDE      | 2:26.46        | 25QT |
| 6                | Everhart, Charlotte  | 18      | TIDE      | 2:26.83        | 25QT |
| 7                | Ng, Sophia           | 16      | NOVA      | 2:27.76        | 25QT |
| 8                | Eberle, Emery        | 15      | TIDE      | 2:28.72        | 25QT |
| Heat 3 B - Final |                      |         |           |                |      |
| 1                | Grabowski, Arielle   | 17      | RAYS      | 2:26.15        | 25QT |
| 2                | Ellis, Hannah        | 15      | RAYS      | 2:25.36        | 25QT |
| 3                | Welsch, Layla        | 18      | CA-Y      | 2:23.77        | 25QT |
| 4                | Quinn, Brooke        | 16      | 757       | 2:22.56        | 25QT |
| 5                | White, Charlotte     | 15      | NOVA      | 2:23.42        | 25QT |
| 6                | Harris, Savannah     | 15      | NOVA      | 2:24.65        | 25QT |
| 7                | Scherer, Anne        | 17      | CA-Y      | 2:25.41        | 25QT |
| 8                | Moreno, Caprie       | 16      | TIDE      | 2:26.40        | 25QT |
| Heat 4 A - Final |                      |         |           |                |      |
| 1                | Chung, Olivia        | 15      | CGBD      | 2:21.57        | 25QT |
| 2                | Price, Piper         | 17      | SRVA      | 2:19.55        | 25QT |
| 3                | Ayres, Meghan        | 15      | CA-Y      | 2:18.06        | 25QT |
| 4                | Czirjak, Sara        | 17      | CA-Y      | 2:15.40        | 25QT |
| 5                | Vanyo, Sofie         | 16      | ACAC      | 2:17.85        | 25QT |
| 6                | Hofer, Jennifer      | 15      | WAC       | 2:18.09        | 25QT |
| 7                | Linkous, Caroline    | 16      | HOKI      | 2:20.27        | 25QT |
| 8                | Hotem, Kaitlyn       | 17      | NOVA      | 2:22.07        | 25QT |
| Alternates       |                      |         |           |                |      |
| 1                | Basic, Charlotte     | 17      | 757       | 2:30.22        |      |
| 2                | Stedje-Larsen, Irene | 15      | TIDE      | 2:30.32        |      |

2025 VSI SC Senior Championships - 3/6/2025 to 3/9/2025  
Meet Program - Saturday Finals

Event 22 Men Senior 200 Yard Breaststroke

| Meet:            |                      | 1:56.57 | 3/2/2024  | Gabe Nunziata  |      |
|------------------|----------------------|---------|-----------|----------------|------|
| VSI:             |                      | 1:53.28 | 3/27/2021 | Alex Evdokimov |      |
|                  |                      | 2:19.49 | 25QT      |                |      |
| Lane             | Name                 | Age     | Team      | Prelims        |      |
| Heat 1 D - Final |                      |         |           |                |      |
| 1                | Stauffer, Carl       | 17      | CGBD      | 2:10.73        | 25QT |
| 2                | Sylvester, Wyatt     | 16      | 757       | 2:10.09        | 25QT |
| 3                | Hewitt, James        | 15      | GATR      | 2:09.57        | 25QT |
| 4                | Boller, Alexander    | 18      | CGBD      | 2:09.44        | 25QT |
| 5                | Harrington, Cullen   | 15      | NOVA      | 2:09.52        | 25QT |
| 6                | Carroll, Jude        | 17      | SPAR      | 2:10.04        | 25QT |
| 7                | Hodges, Joshua       | 17      | BASS      | 2:10.34        | 25QT |
| 8                | Davidson, Charles    | 15      | CA-Y      | 2:10.73        | 25QT |
| Alternates       |                      |         |           |                |      |
| 1                | Newton, Tyler        | 17      | TIDE      | 2:11.07        |      |
| 2                | Wispelwey, Garrett   | 16      | CA-Y      | 2:11.13        |      |
| Heat 2 C - Final |                      |         |           |                |      |
| 1                | Hottle, Luke         | 16      | LY        | 2:09.42        | 25QT |
| 2                | Davies, Brody        | 17      | RAYS      | 2:09.02        | 25QT |
| 3                | Harrell, Hugh        | 15      | NOVA      | 2:08.58        | 25QT |
| 4                | Wachs, Karter        | 15      | ODAC      | 2:08.12        | 25QT |
| 5                | Prudhomme, John      | 16      | TIDE      | 2:08.33        | 25QT |
| 6                | Harrell, Ryland      | 17      | ODAC      | 2:08.89        | 25QT |
| 7                | Jun, Caleb           | 16      | NOVA      | 2:09.33        | 25QT |
| 8                | Allran, Colton       | 17      | GATR      | 2:09.43        | 25QT |
| Heat 3 B - Final |                      |         |           |                |      |
| 1                | Schonfelder, Maxwell | 18      | LY        | 2:08.00        | 25QT |
| 2                | Clippinger, Jack     | 17      | SRVA      | 2:06.98        | 25QT |
| 3                | Julian, Bryant       | 18      | NOVA      | 2:06.11        | 25QT |
| 4                | Warnagiris, Joseph   | 17      | WST       | 2:05.63        | 25QT |
| 5                | Harrell, Lincoln     | 17      | NOVA      | 2:06.06        | 25QT |
| 6                | Dillman, Cooper      | 17      | NOVA      | 2:06.13        | 25QT |
| 7                | McMahon, Robert      | 16      | GATR      | 2:07.53        | 25QT |
| 8                | Hartig, William      | 16      | 757       | 2:08.03        | 25QT |
| Heat 4 A - Final |                      |         |           |                |      |
| 1                | Johnson, James       | 17      | NOVA      | 2:04.46        | 25QT |
| 2                | Donmez, Eren         | 18      | ODAC      | 2:03.14        | 25QT |
| 3                | Hollandsworth, Trent | 18      | HOKI      | 2:01.83        | 25QT |
| 4                | Nunziata, Gabe       | 18      | ODAC      | 1:57.10        | 25QT |
| 5                | Wolfe, Matthew       | 16      | NOVA      | 2:00.55        | 25QT |
| 6                | Franks, Benjamin     | 16      | NOVA      | 2:02.87        | 25QT |
| 7                | Watson, Thomas       | 16      | WAC       | 2:03.14        | 25QT |
| 8                | Hathaway, Jacques    | 18      | CA-Y      | 2:04.66        | 25QT |
| Alternates       |                      |         |           |                |      |
| 1                | Boller, Alexander    | 18      | CGBD      | 2:09.44        |      |
| 2                | Harrington, Cullen   | 15      | NOVA      | 2:09.52        |      |

Event 23 Women Senior 100 Yard Backstroke

| Meet:            |                      | 52.48 | 3/4/2023  | Lexi Stephens  |      |
|------------------|----------------------|-------|-----------|----------------|------|
| VSI:             |                      | 52.02 | 3/21/2017 | Olivia G. Bray |      |
| 1:00.99          |                      | 25QT  |           |                |      |
| Lane             | Name                 | Age   | Team      | Prelims        |      |
| Heat 1 D - Final |                      |       |           |                |      |
| 1                | Grim, Evelyn         | 18    | HOKI      | 58.84          | 25QT |
| 2                | Hoben, Molly         | 17    | SRVA      | 58.78          | 25QT |
| 3                | Smithson, Parker     | 15    | QSTS      | 58.67          | 25QT |
| 4                | Rawlins, Sohalya     | 17    | TIDE      | 58.35          | 25QT |
| 5                | Carlson, Annie       | 15    | NOVA      | 58.61          | 25QT |
| 6                | Totton, Campbell     | 17    | NOVA      | 58.71          | 25QT |
| 7                | Scherer, Anne        | 17    | CA-Y      | 58.79          | 25QT |
| 8                | Van Schaften, Josie  | 18    | SRVA      | 58.88          | 25QT |
| Heat 2 C - Final |                      |       |           |                |      |
| 1                | Linkonis, Ana        | 16    | NOVA      | 58.32          | 25QT |
| 2                | Carvalho, Gabriela   | 16    | NOVA      | 58.09          | 25QT |
| 3                | Hawkins, Mary-Stuart | 17    | NOVA      | 58.02          | 25QT |
| 4                | Ellis, Hannah        | 15    | RAYS      | 57.48          | 25QT |
| 5                | Blanco, Karina       | 16    | NOVA      | 57.94          | 25QT |
| 6                | Phillips, Lily       | 16    | CA-Y      | 58.04          | 25QT |
| 7                | Dugger, Sophia       | 15    | SRVA      | 58.19          | 25QT |
| 8                | Price, Piper         | 17    | SRVA      | 58.33          | 25QT |
| Heat 3 B - Final |                      |       |           |                |      |
| 1                | Crotts, Kylee        | 15    | SRVA      | 57.38          | 25QT |
| 2                | Czirjak, Sara        | 17    | CA-Y      | 56.98          | 25QT |
| 3                | Vernon, Allison      | 17    | QSTS      | 56.66          | 25QT |
| 4                | Wright, Margaret Ann | 16    | ODAC      | 56.17          | 25QT |
| 5                | Johnson, Sidney      | 16    | RAYS      | 56.32          | 25QT |
| 6                | Mierenfeld, Ellie    | 16    | SRVA      | 56.92          | 25QT |
| 7                | McKinney, Ava        | 17    | NOVA      | 57.30          | 25QT |
| 8                | Meyer, Amelie        | 15    | CA-Y      | 57.40          | 25QT |
| Heat 4 A - Final |                      |       |           |                |      |
| 1                | Hotem, Kaitlyn       | 17    | NOVA      | 56.12          | 25QT |
| 2                | Kaufman, Sidney      | 17    | SRVA      | 55.75          | 25QT |
| 3                | Fuller, Alexandra    | 17    | BASS      | 55.56          | 25QT |
| 4                | Eddy, Ava            | 15    | RAYS      | 54.50          | 25QT |
| 5                | Francis, Lane        | 15    | NOVA      | 54.54          | 25QT |
| 6                | Deguenther, Emory    | 17    | NOVA      | 55.69          | 25QT |
| 7                | Liebler, Emma        | 16    | 757       | 55.90          | 25QT |
| 8                | Brundage, Holly      | 17    | 757       | 56.14          | 25QT |
| Alternates       |                      |       |           |                |      |
| 1                | Bredbenner, Elsie    | 17    | PSDN      | 58.94          |      |
| 2                | Taylor, Olivia       | 14    | TIDE      | 59.04          |      |

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Event 24 Men Senior 100 Yard Backstroke

| Meet:            |                       | 45.98 | 3/2/2024  | Kyle Peck |      |
|------------------|-----------------------|-------|-----------|-----------|------|
| VSI:             |                       | 45.68 | 3/20/2024 | Kyle Peck |      |
|                  |                       | 55.59 | 25QT      |           |      |
| Lane             | Name                  | Age   | Team      | Prelims   |      |
| Heat 1 D - Final |                       |       |           |           |      |
| 1                | Broderick, Preston    | 15    | WAC       | 52.81     | 25QT |
| 2                | Eliason, Colin        | 17    | HNVR      | 52.62     | 25QT |
| 3                | Tran, Vincent         | 17    | TIDE      | 52.55     | 25QT |
| 4                | Senfield, Thomas      | 17    | SRVA      | 52.42     | 25QT |
| 5                | Lutz, Ian             | 17    | ODAC      | 52.51     | 25QT |
| 6                | Erb, Kaleb            | 18    | GATR      | 52.55     | 25QT |
| 7                | Causey, Michael       | 18    | NOVA      | 52.67     | 25QT |
| 8                | Smith, Ryan           | 17    | NOVA      | 52.85     | 25QT |
| Heat 2 C - Final |                       |       |           |           |      |
| 1                | Taylor, Charlie       | 14    | TIDE      | 52.17     | 25QT |
| 2                | Black, Keagan         | 17    | GATR      | 52.12     | 25QT |
| 3                | Burkey, Tucker        | 17    | QSTS      | 51.97     | 25QT |
| 4                | Goad, Zachary         | 17    | QSTS      | 51.61     | 25QT |
| 5                | Craig, Crawford       | 16    | SRVA      | 51.69     | 25QT |
| 6                | Buttram, Noah         | 16    | RAYS      | 52.07     | 25QT |
| 7                | Temple, Austin        | 16    | TIDE      | 52.16     | 25QT |
| 8                | Chen, John            | 17    | NOVA      | 52.23     | 25QT |
| Heat 3 B - Final |                       |       |           |           |      |
| 1                | Butterfield, Benjamin | 18    | NOVA      | 51.55     | 25QT |
| 2                | Sabo, Michael         | 15    | HNVR      | 51.49     | 25QT |
| 3                | Ertufan, Mehmet Bulut | 16    | ODAC      | 50.80     | 25QT |
| 4                | Rose, Chandler        | 16    | HNVR      | 50.61     | 25QT |
| 5                | Koepp, Tyler          | 17    | ODAC      | 50.77     | 25QT |
| 6                | Muminovic, Aidin      | 16    | NOVA      | 51.09     | 25QT |
| 7                | Harrington, Charlie   | 15    | NOVA      | 51.49     | 25QT |
| 8                | Charlton, William     | 16    | CA-Y      | 51.57     | 25QT |
| Heat 4 A - Final |                       |       |           |           |      |
| 1                | Wilkerson, Chase      | 17    | TIDE      | 49.91     | 25QT |
| 2                | Warnagiris, Joseph    | 17    | WST       | 49.45     | 25QT |
| 3                | Griffith, Ryan        | 18    | CGBD      | 48.75     | 25QT |
| 4                | Roose, Andrew         | 18    | WAC       | 48.33     | 25QT |
| 5                | Szobota, Nathan       | 17    | NOVA      | 48.53     | 25QT |
| 6                | Leachman, Scott       | 17    | WFS       | 49.03     | 25QT |
| 7                | Browne, William       | 18    | CA-Y      | 49.77     | 25QT |
| 8                | Knapp, Parker         | 16    | TIDE      | 50.57     | 25QT |
| Alternates       |                       |       |           |           |      |
| 1                | Zimmer, Julian        | 15    | QSTS      | 52.86     |      |
| 2                | Keenan, Alexander     | 16    | TIDE      | 52.86     |      |

Event 25 Women Senior 500 Yard Freestyle

| Meet:            |                           | 4:42.64 | 3/6/2021  | Samantha Tadder |      |
|------------------|---------------------------|---------|-----------|-----------------|------|
| VSI:             |                           | 4:39.20 | 9/25/2020 | Paige Madden    |      |
| 5:19.19          |                           | 25QT    |           |                 |      |
| Lane             | Name                      | Age     | Team      | Prelims         |      |
| Heat 1 D - Final |                           |         |           |                 |      |
| 1                | Walker, Madison           | 15      | SRVA      | 5:12.37         | 25QT |
| 2                | Graham, Claire            | 15      | TIDE      | 5:11.72         | 25QT |
| 3                | Barron, Ella              | 17      | NOVA      | 5:11.08         | 25QT |
| 4                | Everhart, Norah           | 16      | TIDE      | 5:10.80         | 25QT |
| 5                | White, Alyssa             | 17      | 757       | 5:10.94         | 25QT |
| 6                | Eakes, Anne               | 16      | NOVA      | 5:11.16         | 25QT |
| 7                | Teague, Sara              | 18      | TIDE      | 5:12.32         | 25QT |
| 8                | Bredbenner, Elsie         | 17      | PSDN      | 5:12.89         | 25QT |
| Heat 2 C - Final |                           |         |           |                 |      |
| 1                | Welsch, Layla             | 18      | CA-Y      | 5:09.61         | 25QT |
| 2                | Nicholson, Lucille        | 18      | CA-Y      | 5:09.08         | 25QT |
| 3                | Sokolowsky, Moira         | 15      | 757       | 5:07.94         | 25QT |
| 4                | Armstrong, Kiersten       | 17      | NOVA      | 5:05.70         | 25QT |
| 5                | Miklos, Cassidy           | 17      | NOVA      | 5:07.05         | 25QT |
| 6                | Connor, Julia             | 17      | NOVA      | 5:08.24         | 25QT |
| 7                | Lange, Madison            | 15      | RAYS      | 5:09.08         | 25QT |
| 8                | Eberle, Layla             | 16      | TIDE      | 5:10.56         | 25QT |
| Heat 3 B - Final |                           |         |           |                 |      |
| 1                | Darnell, Cameron          | 18      | CGBD      | 5:05.06         | 25QT |
| 2                | Gallant, Emma             | 16      | TIDE      | 5:03.98         | 25QT |
| 3                | Brecke, Avery             | 16      | TIDE      | 5:02.42         | 25QT |
| 4                | Quinn, Brooke             | 16      | 757       | 5:00.48         | 25QT |
| 5                | Johnson, Sidney           | 16      | RAYS      | 5:01.75         | 25QT |
| 6                | Wenert, Olivia            | 17      | NOVA      | 5:02.48         | 25QT |
| 7                | Holt, Ann-Margaret        | 15      | LY        | 5:04.30         | 25QT |
| 8                | Rose, Sydney              | 15      | PSDN      | 5:05.31         | 25QT |
| Heat 4 A - Final |                           |         |           |                 |      |
| 1                | Shaps, Katherine          | 16      | NOVA      | 4:59.99         | 25QT |
| 2                | Murtaugh, Lindsay         | 16      | GATR      | 4:58.60         | 25QT |
| 3                | Eubank, Mia               | 15      | NOVA      | 4:56.78         | 25QT |
| 4                | Callis, Emerson           | 16      | QSTS      | 4:50.09         | 25QT |
| 5                | Ayres, Meghan             | 15      | CA-Y      | 4:55.06         | 25QT |
| 6                | Bischoff, Allison         | 18      | NOVA      | 4:57.91         | 25QT |
| 7                | Gregory, Elizabeth        | 16      | WAC       | 4:59.77         | 25QT |
| 8                | Wiersema, Jillian         | 15      | HOKI      | 5:00.41         | 25QT |
| Alternates       |                           |         |           |                 |      |
| 1                | Pogorzelski, Camryn Elise | 17      | TIDE      | 5:13.15         |      |
| 2                | Verbel, Georgia           | 16      | RAYS      | 5:13.19         |      |

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Meet Program - Saturday Finals

Event 26 Men Senior 500 Yard Freestyle

| Meet:            |                        | 4:17.90 | 3/2/2024  | David King   |      |
|------------------|------------------------|---------|-----------|--------------|------|
| VSI:             |                        | 4:14.19 | 12/3/2014 | Townley Haas |      |
|                  |                        | 4:55.89 | 25QT      |              |      |
| Lane             | Name                   | Age     | Team      | Prelims      |      |
| Heat 1 D - Final |                        |         |           |              |      |
| 1                | Hartig, William        | 16      | 757       | 4:46.84      | 25QT |
| 2                | Euker, Aaron           | 16      | RAYS      | 4:45.96      | 25QT |
| 3                | Moore, Coyle           | 15      | TIDE      | 4:45.17      | 25QT |
| 4                | Bradley, Connor        | 16      | TIDE      | 4:44.74      | 25QT |
| 5                | Eliason, Colin         | 17      | HNVR      | 4:45.14      | 25QT |
| 6                | Belcher, Bill          | 17      | NOVA      | 4:45.32      | 25QT |
| 7                | Smith, Henry           | 15      | CA-Y      | 4:46.11      | 25QT |
| 8                | Suggs Desorbo, Matthew | 15      | CA-Y      | 4:47.98      | 25QT |
| Heat 2 C - Final |                        |         |           |              |      |
| 1                | Carpenter, Jackson     | 15      | LAC       | 4:43.71      | 25QT |
| 2                | Bennett, Craig         | 18      | RAYS      | 4:43.01      | 25QT |
| 3                | Wolfe, Matthew         | 16      | NOVA      | 4:42.63      | 25QT |
| 4                | Jun, Caleb             | 16      | NOVA      | 4:41.52      | 25QT |
| 5                | Holsten, Jackson       | 18      | NOVA      | 4:42.25      | 25QT |
| 6                | Julian, Bryant         | 18      | NOVA      | 4:42.69      | 25QT |
| 7                | Stowell, Daniel        | 15      | TIDE      | 4:43.51      | 25QT |
| 8                | Tungate, Benjamin      | 16      | CA-Y      | 4:44.16      | 25QT |
| Heat 3 B - Final |                        |         |           |              |      |
| 1                | Franks, Benjamin       | 16      | NOVA      | 4:40.55      | 25QT |
| 2                | Stratton, Nicholas     | 17      | TIDE      | 4:40.29      | 25QT |
| 3                | Ericson, Ryan          | 17      | ODAC      | 4:39.78      | 25QT |
| 4                | Senfield, Thomas       | 17      | SRVA      | 4:38.81      | 25QT |
| 5                | Wachs, Karter          | 15      | ODAC      | 4:39.76      | 25QT |
| 6                | Farnsworth, Joshua     | 16      | NOVA      | 4:39.97      | 25QT |
| 7                | Landers, Lucas         | 17      | 757       | 4:40.30      | 25QT |
| 8                | King, Brayden          | 17      | CA-Y      | 4:41.18      | 25QT |
| Heat 4 A - Final |                        |         |           |              |      |
| 1                | Roy, Cameron           | 17      | HOKI      | 4:37.21      | 25QT |
| 2                | Vinarov, Evan          | 18      | ODAC      | 4:36.37      | 25QT |
| 3                | Miklos, Owen           | 15      | NOVA      | 4:36.17      | 25QT |
| 4                | Nelson, Cole           | 16      | NOVA      | 4:32.17      | 25QT |
| 5                | Heilman, Thomas        | 18      | CA-Y      | 4:33.94      | 25QT |
| 6                | Julian, Brady          | 17      | NOVA      | 4:36.26      | 25QT |
| 7                | McNabb, Zachary        | 17      | ODAC      | 4:37.04      | 25QT |
| 8                | Payne, Jonathan        | 17      | NOVA      | 4:37.41      | 25QT |
| Alternates       |                        |         |           |              |      |
| 1                | Ng, Zachary            | 16      | NOVA      | 4:48.04      |      |
| 2                | Clippinger, Jack       | 17      | SRVA      | 4:48.62      |      |

Event 27 Women Senior 400 Yard Medley Relay

| Meet:                                   |                  | 3:37.54 | 3/7/2020  | Nova of Virginia Aquatics, Inc |  |
|-----------------------------------------|------------------|---------|-----------|--------------------------------|--|
| J Fuller, G Sheble, M Pulley, S Whiting |                  |         |           |                                |  |
| VSI:                                    |                  | 3:36.53 | 3/21/2017 | Gatr                           |  |
| O. Bray, E. Muzzy, W. Hamilton, C. Kulp |                  |         |           |                                |  |
| Lane                                    | Team             | Relay   |           | Seed Time                      |  |
| Heat 3 of 4 Finals                      |                  |         |           |                                |  |
| 1                                       | 757 Swim         | B       |           | 3:56.89                        |  |
| 2                                       | Stingrays Swim T | B       |           | 3:54.74                        |  |
| 3                                       | H2okie Aquatics  | A       |           | 3:53.65                        |  |
| 4                                       | Quest Swimming   | A       |           | 3:52.07                        |  |
| 5                                       | SwimRVA          | B       |           | 3:53.37                        |  |
| 6                                       | Tide Swimming    | B       |           | 3:54.46                        |  |
| 7                                       | Coast Guard Blue | A       |           | 3:55.77                        |  |
| 8                                       | Old Dominion Aqu | A       |           | 3:57.21                        |  |
| Heat 4 of 4 Finals                      |                  |         |           |                                |  |
| 1                                       | Tide Swimming    | A       |           | 3:50.77                        |  |
| 2                                       | Nova of Virginia | B       |           | 3:49.44                        |  |
| 3                                       | Nova of Virginia | A       |           | 3:46.14                        |  |
| 4                                       | Cavalier Aquatic | A       |           | 3:45.24                        |  |
| 5                                       | 757 Swim         | A       |           | 3:45.51                        |  |
| 6                                       | Stingrays Swim T | A       |           | 3:48.07                        |  |
| 7                                       | SwimRVA          | A       |           | 3:49.97                        |  |
| 8                                       | Cavalier Aquatic | B       |           | 3:51.31                        |  |

Event 28 Men Senior 400 Yard Medley Relay

| Meet:                                    |                  | 3:13.56 | 3/2/2024  | Cavalier Aquatics-Piedmont Fam |  |
|------------------------------------------|------------------|---------|-----------|--------------------------------|--|
| D King, M Moore, T Heilman, W Browne     |                  |         |           |                                |  |
| VSI:                                     |                  | 3:08.95 | 12/7/2023 | Ca-Y                           |  |
| D. King, M. Moore, T. Heilman, W. Browne |                  |         |           |                                |  |
| Lane                                     | Team             | Relay   |           | Seed Time                      |  |
| Heat 3 of 4 Finals                       |                  |         |           |                                |  |
| 1                                        | Poseidon Swimmin | A       |           | 3:30.06                        |  |
| 2                                        | Stingrays Swim T | A       |           | 3:28.51                        |  |
| 3                                        | Hanover Aquatics | A       |           | 3:28.16                        |  |
| 4                                        | 757 Swim         | A       |           | 3:25.20                        |  |
| 5                                        | Tide Swimming    | B       |           | 3:26.44                        |  |
| 6                                        | Cavalier Aquatic | B       |           | 3:28.22                        |  |
| 7                                        | Lynchburg YMCA S | A       |           | 3:28.92                        |  |
| 8                                        | SwimRVA          | B       |           | 3:30.25                        |  |
| Heat 4 of 4 Finals                       |                  |         |           |                                |  |
| 1                                        | H2okie Aquatics  | A       |           | 3:23.26                        |  |
| 2                                        | Nova of Virginia | B       |           | 3:20.90                        |  |
| 3                                        | Tide Swimming    | A       |           | 3:19.67                        |  |
| 4                                        | Cavalier Aquatic | A       |           | 3:13.22                        |  |
| 5                                        | Nova of Virginia | A       |           | 3:17.76                        |  |
| 6                                        | Old Dominion Aqu | A       |           | 3:20.41                        |  |
| 7                                        | Coast Guard Blue | A       |           | 3:22.62                        |  |
| 8                                        | SwimRVA          | A       |           | 3:23.70                        |  |