

	2025 Williamsburg Aquatic Club Start-up Classic A/BB/B/C October 11-12, 2025 SANCTION NO. VS-26-010	
SANCTION:	- Held under the sanction of USA Swimming/Virginia Swimming, Inc., SANCTION NO: VS-26-010 - USA Swimming, Inc., Virginia Swimming, Inc., WAC, and Greater Richmond Aquatics Partnership, DBA SwimRVA shall be held free and harmless from any and all liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event.	
LOCATION:	Collegiate School Aquatic Center, 5050 Ridgedale Parkway, Richmond, Va. 23234, Phone: (804) 271-8271	
FACILITY:	- The Collegiate School Aquatic Center provides 2 indoor pools and supporting amenities including hospitality, a swim shop, classroom, and wireless internet. - The 50-Meter competition pool with bulkhead offers two 25 yard competition pools with a depth of seven feet and seven inches at the sides and eight feet two inches in the center. Competition lanes are a minimum of 9 feet wide swum wall to bulkhead. - This meet will be swum in the 25 yard course. - Warm-up & Warm-down lanes will be available on the other side of the bulkhead. - Non-Turbulent Lane Makers will be used in both Pools. - Omega Starting Blocks, CTS6 with automatic and semi-automatic timing, backup Dolphin wireless stopwatches. - There is Spectator Seating for 700 plus. - The meet host will ensure that the competition course meets the required dimensions as specified in 103.3 USA Swimming Rules and Regulations - The Collegiate School Aquatic Center will have a complete set of Lifeguards on Duty during the Meet. There is a large 1st Aid Station right off of the Main Deck. AED devices as well as Emergency Oxygen are available on site. - In order to provide parents/guardians who are outside of the facility with the ability to view their athletes' events, this meet may be video streamed following all MAAPP guidelines. By attending or participating in this competition, you acknowledge and grant permission to be included in the video-streaming. (If applicable)	
MEET DIRECTOR:	Name: Harold Baker Email: coachharold2@cox.net Phone: 757-229-8662	
ELIGIBILITY:	- Open to all athletes registered with Virginia Swimming before the first day of the meet. - No on-deck USA Swimming athlete registration will be permitted. - All 18 & over athletes must have completed the appropriate Athlete Protection Training (APT) prior to the first day of competition. Athletes whose 18th birthday occurs during competition must complete the APT prior to that date. 2025-2028 NAG time standards are in effect. - Age on October 11, 2025 will determine age for the entire meet.	
DISABILITY SWIMMERS:	- Athletes with a disability are welcome and shall provide advance notice of desired accommodations to the Meet Director. - The athlete (or the athlete's coach) is also responsible for notifying the session referee of any disability prior to the competition using the Disability Accommodation Form...	
ATHLETES WITH A SERIOUS MEDICAL CONDITION	- The swimmer (or the swimmer's coach) is responsible for notifying the Meet Referee, prior to the competition, of the medical condition that is potentially life-threatening while swimming and of any requested accommodations. Early notice (e.g. concurrent with the meet entry) is encouraged to allow for any needed planning or logistical support. - This provision does not apply to medical conditions that are not life-threatening while swimming, including injuries that limit range of motion.	

	The swimmer/coach shall provide a Personal Assistant(s) as needed.
FORMAT:	- Events will be swum with the 13 & overs in the morning and the 12 & unders in the afternoon. - All events will be timed finals - The Meet Director reserves the right to use the 2 Pool format if need be in to get all the swimmers into the meet. If 2 Pools are to be used, the Teams will be notified by Monday, October 6, 2025.
WARM-UP	- Morning Sessions: Warm-ups will start no earlier than 7:30 A.M. There will be two 25 minute warm-ups followed by an 8:30 A.M. Start time. Distance Sessions will Start 15 Minutes at the Conclusion on the Morning Sessions. - Afternoon Sessions: Warm-ups will start no earlier than 12:00 P.M. There will be two 25 minute warm-ups followed by a no sooner than 1:00 P.M. Start time. Afternoon Sessions Starting times will be adjusted after the Distance Entries are in. - If the morning session runs late, the afternoon Warm-up will start 5 minutes after the conclusion of the morning session. - Lane assignment and warm-up times for individual clubs will be posted on the www.swimwac.com website no later than Tuesday, October 7, 2025, and will also be emailed to the contact person of the participating club.
ENTRIES:	DEADLINE FOR THE RECEIPT OF ENTRIES IS Tuesday September 30th, 2025. - Entries must be submitted in Short Course Yard times using Commlink-2 software. - Teams submit entries via email. - A printout of entries must be included with the name of the person to contact in case of questions must accompany the entries. - Coach Time (CT) and "No Time" (NT) entries will be accepted for events in which a swimmer does not have a time of record. <u>CT must be slower than an "A" time</u>. All entry times other than CT must have been achieved in USA Swimming sanctioned, approved, or observed competition. - Swimmers may enter a maximum of 4 individual events per day. - Entries will be processed in the order received and <u>accepted to</u> the greatest extent possible without exceeding the 4-hour/session timeline limit or the limits as mandated by current USA Swimming guidelines. - Email entries to: Harold Baker at coachharold2@cox.net. - Deck entries will be accepted in the order received for swimmers already entered in the meet, to the extent that open lanes are available. No additional heats will be added. Deck entries must be submitted to the Administrative Official on the provided forms.
SEEDING:	All events will be pre-seeded.
FEES:	Individual events: \$9.50/per Swim Swimmer surcharge: \$2.50 per person (entered in the meet in any capacity) Relay Fees: \$14.00/Relay - Checks should be made payable to: Williamsburg Aquatic Club. - Mail payment to: Williamsburg Aquatic Club 3013 South Court Williamsburg, Va. 23185 - Payment must be received by Wednesday, October 8, 2025, for all entries. Failure to pay entry fees by this deadline could result in teams being barred from the meet. IMPORTANT: If payment is sent via Express Mail/FedEx/Airborne/UPS/etc., please ensure that a signature is NOT required for delivery.
AWARDS:	- Individual events: Ribbons will be awarded for 1st to 8th place. 13 & Over events will be given separate awards for 13-14 and 15 & Over age groups. 10 & Under events will be given separate awards for 9-10 and 8 & Under age groups. 8 & under events will be given separate awards for the 7-8 and the 6 & Under age groups. - Relay events: Ribbons will be awarded for first through 1st to 8th Place.

LAYOUT AND SEATING IN THE SWIMRVA FACILITY	- Swimmers will report directly to the Blocks - The seating in the stands will be available to both the Parents and the Swimmers - Only Swimmers, Coaches and Officials will be allowed on the Deck
PENALTIES:	- A fine of up to \$100 per event may be assessed for any illegal participation in the Meet. Illegal participation is defined as: - Entries using fraudulent or non-verifiable times - Athlete competed in the incorrect age group. - Athlete is not registered with USA Swimming prior to the first day of the meet. - If the swimmer is representing a club in competition, the fine will be levied on the club. If the swimmer is unattached, the fine will be levied on the swimmer. - Any event in which an athlete participated illegally will be rescored and re-awarded.
RULES:	- The current USA Swimming Rules and Regulations including the Minor Athlete Abuse Prevention Policy will govern this meet. - All applicable adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy (MAAPP) and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition. - Any swimmer entered in the meet must be certified by a USA-S member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. - Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present without written USA Swimming approval. - Use of audio or visual recording devices, including cell phones, is not permitted in changing areas, rest rooms or locker rooms. In addition, photography behind the blocks is not permitted. - Changing, in whole or in part, into or out of swimsuit when wearing just one suit in an area other than in a locker room, bathroom, or other space designated for changing is PROHIBITED. - In accordance with VSI best practices, all swimmers should shower before entering the pool. - An athlete suspected of sustaining a concussion or exhibiting signs of a concussion will immediately be removed from competition and shall not return to competition that day. The athlete may return to competition on a subsequent day, but only with a release authorization signed by a licensed healthcare provider. - In accordance with VSI Policy, only those coaches who have current, valid USA Swimming credentials will be permitted to act in a coaching capacity at this meet. Coaches with expired or non-current credentials will be required to leave the deck area.
VIDEO SERVICE	SwimRVA will be using our state-of-the-art video streaming system for this contest. Athlete's name, team and time will be displayed in an overlay of their lane, just like in the Olympics! Spectators will be able to go back and watch races over and over again. Visit our streaming site https://swimrva.vhx.tv/ for product information
OFFICIALS:	MEET REFEREE: Richard Hill Email: coachrehill@gmail.com Phone: 757-810-4005 - Officials will be needed for all positions and all sessions for this meet. - Team officials chair should submit the names and session availability of certified officials, as well as the names and session availability of trainees to the WAC officials chair Mike Burrows at Email: mburrows6@gmail.com or at (757)645-7640 no later than Sunday October 5, 2025 or as soon thereafter as possible. - The Officials meetings for Saturday & Sunday will start at 7:30 A.M. for the A.M. Sessions & 12:30 P.M. for the P.M. Sessions.
SAFETY:	Virginia Swimming Meet Safety Procedures will be in effect. MEET SAFETY OFFICER: Harold Baker

	Email: coachharold2@cox.net Phone: 757-229-8662
TIMERS:	- There will be two timers assigned per lane. Timer shifts will be assigned based on entries and the length of each session. Timer briefing will take place 30 minutes prior to the start of the meet. - Teams will be notified NLT Tuesday, September 30, 2025, of the number of timers required. - Swimmers must provide their own Timers and Lap Counters for events during the Distance Sessions.
GENERAL:	- The Swim and Tri Shop will be available in the Lobby - Hospitality will be in the Officials Room. - There will be a Concession Room available.
FACILITY RULES:	- No glass containers of any kind are permitted in the Facility. - Lawn/Deck Chairs are not permitted in the grandstand. - No spectators/parents will be allowed on the deck unless working the meet. - No smoking is allowed anywhere on the Aquatic Center campus.
DIRECTIONS:	Go to www.swimwac.com – Click on Meets & Events. Click onto Meet Venues for directions

2025 WAC START-UP CLASSIC ORDER OF EVENTS

Saturday, October 11, 2025

MORNING SESSION

Warm-up: 7:30 A.M.; Start: 8:30 A.M.

Girls	Events	Boys
1	13 & 14 100 Back	2
3	15 & Over 100 Back	4
5	13 & 14 200 Breast	6
7	15 & over 200 Breast	8
9	13 & 14 50 Free	10
11	15 & 18 50 Free	12
13	13 & over 400 I.M.	14
15	13 & 14 200 Fly	16
17	15 & over 200 Fly	18
19	13 & over 50 Breast	20
21	15 & over 50 Breast	22
23	13 & 14 200 Free	24
25	15 & over 200 Free	26
27	13 & Over 200 Medley Relay	28

SATURDAY DISTANCE SESSION

Starts 15 Minutes after the Morning Session

29	13 & over 1650 Free	30
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AFTERNOON SESSION

Warm-up: 12:00 P.M.; Start: 1:00 P.M.

Girls	Events	Boys
31	8 & under 25 Fly	32
33	11 & 12 200 Back	34
35	10 & under 50 Back	36
37	11 & 12 50 Back	38
39	10 & under 100 Fly	40
41	11 & 12 100 Fly	42
43	11 & 12 400 I.M.	44
45	10 & under 100 Breast	46
47	11 & 12 100 Breast	48
49	10 & under 100 I.M.	50
51	11 & 12 100 I.M.	52
53	10 & under 50 Free	54
55	11 & 12 50 Free	56
57	11 & 12 200 Fly	58
59	8 & under 25 Back	60
61	12 & under 500 Free	62
63	10 & under 200 Medley Relay	64
65	11 & 12 200 Medley Relay	66

Sunday, October 12, 2025

MORNING SESSION

Warm-up: 7:30 A.M.; Start: 8:30 A.M.

Girls	Events	Boys
67	13 & 14 100 Breast	68
69	15 & over 100 Breast	70
71	13 & 14 50 Fly	72
73	15 & over 50 Fly	74
75	13 & 14 200 Back	76
77	15 & over 200 Back	78
79	13 & over 500 Free	80
81	13 & 14 100 Fly	82
83	15 & over 100 Fly	84
85	13 & 14 100 Free	86
87	15 & over 100 Free	88
89	13 & 14 50 Back	90
91	15 & over 50 Back	92
93	13 & 14 200 I.M.	94
95	15 & over 200 I.M.	96
97	13 & over 200 Free Relay	98

SUNDAY DISTANCE SESSION

Starts 15 Minutes after the Morning Session

99	13 & over 1000 Free	100
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AFTERNOON SESSION

Warm-up: 12:00 P.M.; Start: 1:00 P.M.

Girls	Events	Boys
101	8 & under 25 Free	102
103	11 & 12 50 Breast	104
105	10 & under 50 Breast	106
107	11 & 12 200 Breast	108
109	10 & under 200 Free	110
111	11 & 12 200 Free	112
113	10 & under 50 Fly	114
115	11 & 12 50 Fly	116
117	10 & under 100 Free	118
119	11 & 12 100 Free	120
121	10 & under 100 Back	122
123	11 & 12 100 Back	124
125	10 & under 200 I.M.	126
127	11 & 12 200 I.M.	128
129	8 & under 25 Breast	130
131	11 & 12 200 Free Relay	132
133	10 & under 200 Free Relay	134