

2024-2025 Tech Planning

Short Course

Southeast	Central	North	Southwest	Age Group Champs	Senior Champs
8 & Under: 757	8 & Under: NOVA	12 & Under: PWSC	8 & Under:	TIDE @ Hampton	SwimRVA
9-12: CGBD @ Midtown	9-12:	13 & Over: RAYS	CAV	SwimRVA	H2Okie
13 & O: TIDE @ SwimRVA	SwimRVA		CCA	H2Okie	
	NOVA		LY		
	13 & O:		9-12 / 13 & O: CCA / LY		
	SwimRVA				
	NOVA				

Long Course

Summer Awards*	Age Group Champs	Senior Champs			
TIDE @ Hampton Aquaplex	SwimRVA	SwimRVA	Bids Awarded		
CCA @ Liberty	H2Okie	LY			
SwimRVA	LY				
HVA @ Hampton Aquaplex					
RAYS					

*To be awarded in June 2024

Coach Association Recommendation:

4 site Summer Awards

Age Group Recommendation:

4 site Summer Awards w/ consideration for each District can use format that works best (3.5 vs. 3) / plan for years if there's not 4 bids / financial protection for host teams

Senior Recommendation: