

Virginia Swimming Board of Directors Meeting

Monday June 7, 2021

7:30 pm

ZOOM Conference

AGENDA

Call to Order

Bryan Wallin

Consent Agenda- all included in this document

- Approval of the minutes from April, 2021.
- 2020-2021 End May Financial Summary
- DEI Committee Report
- Senior Committee Report
- Officials Committee Report

Emily Fagen

Treasurers Report

Bob Rustin

- General Chair's Report
- Administrative Vice Chair's Report
- Senior Vice-Chair Report
- Age Group Vice-Chair Report
- Finance Vice-Chair Report
- Safe Sport Vice-Chair Report
- Diversity, Equity, and Inclusion- Chair Report
- Governance Committee Report
- Athlete Committee's Report
- Coach Committee's Report
- Executive Director's Report

Bryan Wallin
John Stanley
Steve Hennessey
Drew Hirth
Bill Geiszler
Maureen Tolliver
Jihan Minson
Kevin Hogan
Jack McCann
Mike Salpeter
Mary Turner

Old Business

- Athlete endowment-impact on PVS
- Policy 18-Sanction and Approval Process Work Group- protected weekends during championship season-moves into new phase VSI Competition Schedule

New Business

- Task Force- VSI Competition Schedule
- VSI Committee Review/Survey
- VSI Zone Team Expenses

Adjourn

Upcoming Meetings

- BoD- August 29
- BoD- September 18
- HoD- September 19

Virginia Swimming Board of Directors Meeting

Saturday April 24, 2021
10:00 am
ZOOM Conference

MINUTES

Call to Order

Bryan Wallin

The meeting was called to order at 10:00 am.

Consent Agenda

- Approval of the minutes from March 2021. Emily Fagan
 - The minutes from March 2021 were approved.

Treasurer's Report

Bob Rustin

- At the end of March, the budget was positive by \$128,000. The bills for Senior Champs will be paid in April which will result in a heavier loss.

Committee Chair Reports

- **General Chair's Report** Bryan Wallin
 - Bryan is pleased with the quality of meets provided to our athletes in the season.
- **Administrative Vice Chair's Report** John Stanley
 - Watching the COVID guidelines from VA and hoping things will open up more this summer.
 - John will remind meet hosts at HOD that the 60 day rule is currently waived, but will likely reinstated for the Short Course 2021-2022 season. As a result, meet announcements for September meets will be due in July.
 - The DEI committee wants to create a DEI Athletes subcommittee to address DEI issues. Owen Geddes is spearheading this effort. Bryan will follow up with Owen and have Kevin work with him on procedures for starting the committee. Peter Maloney said no further information is available other than what is in the DEI report.
- **Senior Vice-Chair Report** Steve Hennessy
 - **Championship meet progression** included three options. These options are:
 - Option 1: Keeps the progression the same with a break the weekend of February 18-20.
 - February 5-6 – 8 & U
 - February 11-13 – 9-12
 - February 18-20 – Break
 - February 25-27 – 13 & O
 - March 3-6 – Senior Champs
 - March 10-13 – Age Group Champs
 - Option 2: Start the progression a week later.
 - February 5-6 – open
 - February 11-13 – 8 & U
 - February 18-20 – 9-12
 - February 25-27 – 13 & O
 - March 3-6 – Senior Champs
 - March 10-13 – Age Group Champs
 - Option 3: Hold 8 & U on same weekend on as senior champs. 13 & O district champs on Feb 11-13. 12 & U meet on Feb 18-20. Feb 25-27 open.
 - February 5-6 – no meet
 - February 11-13 – 13 & O
 - February 18-20 – 9-12
 - February 25-27 – Open

Virginia Swimming Board of Directors Meeting

Saturday April 24, 2021

10:00 am

ZOOM Conference

- March 3-6 – Senior Champs & 8 & U meet

- March 10-13 – Age Group Champs

- Option 3 was not fully developed. The committee discussed via email and recommended to Option 2 to the Technical Planning Committee. Option 3 is still available for further consideration. The major concern is the age up athlete. It may help with spacing meets for athletes.
- The **LC Senior Champs** working group is investigating potential back up sites just in case Liberty does not finish their construction in time. Relays are still in consideration, but need to determine COVID mitigation issues with VSI and the comfort levels of Liberty.
- **Communication Alternatives** – There was a lively discussion about communication alternatives to alert coaches and athletes to new information so that assumptions made are communicated fully to everyone while being cognizant of email fatigue. Use social media to give links to the new information.
- **Senior Circuit** working group met to discuss the plan further.
- **Camps and Clinics** working group had a good discussion with further information to come.
- Mike asked if the coaches committee can help with the working groups of the Senior Committee.

- **Age Group Vice-Chair Report**

Drew Hirth

- The AG Committee discussed at their recent meeting the Championship meet progression for the next SC season. The AG Committee endorsed Option 2 of the Championship Meet Progression described by the Senior Committee with the caveat that some districts will need to adjust their meets based on their unique situations.
- The committee will reconvene to discuss the LC AG Champs meet to be hosted by CGBD at CSAC. They would like to wait on guidance from the Governor before firming up the details of the meet.
- The committee briefly discussed the LC EZ AG meet. The committee will discuss what the VA group would like based on COVID guidelines.

- **Finance Vice-Chair Report**

Bill Geiszler

- The Finance Committee will consider further grant assistance to the clubs once the actuals from the championship meets are known.
- 2021-2022 budget proposal includes a deficit for the year although VSI typically does not have an actual deficit.
- The budget includes the increase the sanction fee from \$20 to \$30. This fee has not been raised since Bill has been involved in the LSC.
- Salary for the administrative assistant looks like an increase, but the webmaster position has now been eliminated and merged with the administrative assistant duties.
- There was no Executive Director cost of living increase included in the budget. A 2% will be added. Bill will make the adjustment to the budget.
- Compensation line will be listed on one line item.
- The committee needs to address a compensation package for the Executive Director and Administrative Assistant at a later date.
- John asked about 10 % increase in projection for membership numbers. Bill thinks the signs are optimistic for overcoming a COVID slowdown. When someone registers as a flex, \$10 is entered on the flex line. There is an increase in premium registrations when they upgrade but with no decrease in the number of flex registrations. Bob is not concerned about hitting the 1000 flex registrations. There is no registration bounce for the Olympics included in the budget.
- Bryan asked if as a LSC if we should have done another budget in September after full effects of COVID economic impacts were known. Bill answered that the committee reviewed the actual spending pattern for the year rather than redoing the budget. The LSC financial reserves were adequate to withstand the economic slowdown. COVID has been financially devastating across the board, but LSC reserves were able to fund programs. Maintain that reserve levels is important to preserving the financial stability of the LSC. A good reserve to maintain is close to

Virginia Swimming Board of Directors Meeting

Saturday April 24, 2021

10:00 am

ZOOM Conference

\$400,000. This summer, the committee will review whether adjustments need to be made to compensate some clubs.

- The budget as modified will be sent to the HOD.

• **Safe Sport Vice-Chair Report**

Maureen Tolliver

- VSI is ranked in the top 10 for the percentage of clubs recognized.
- USA Swimming has a "Keeping athletes safe" incentive. The first deadline is May 1 – (25% for \$1500) and second is June 15 – 50% for \$2000. July 15 (75%) - \$2500 for 75% with a 400 matchup for merchandise. By September 1, 100 % is \$3000 for \$500 matchup for merchandise. Receive a changing pop up tent. USA Swimming strongly encourages that the funds go back to the athletes in a significant way. The total amount is \$9000.
- Maureen contacted coaches to get more teams through the program. College teams who have AG siblings can submit for their sibling's college team.
- We currently have 18 clubs with 9 in the process (45%).
- Use social media to announce the program regularly.
- All day webinar last week including suicide prevention and kids in trauma. The presentations are available online. Maureen recommends everyone to take the courses.
- John asked if we need to submit this information or if they will send the money. Maureen will follow up.
- MAAPP will evolve. More to come.

• **Governance Committee Report**

Lori Hopewell

- Mary provided the following information about the Board of Directors elections. Delegates will vote at the House of Delegates. Real time results of the election done per position. It will take a little time to get through each election. Mary, Kevin and Lori have practiced using a mock election and Election Buddy. The election can be done using a phone for the meeting and voting. Mary sent an email to delegates with instructions. Each delegate will get a registration text and email on Sunday around noon. There will be a password and internet key. Use the same device on which you are going to vote. Kevin will be the face of the election while Lori and Mary watch the results come in.
- Mike asked if the Coach Committee election will come separately through Election Buddy. The coach election will take place after House of Delegates using Election Buddy.
- The new ASCA CEO will give a brief presentation just before the election.

• **Athlete Committee's Report**

Jack McCann

- The new Junior Athlete Election Representative is Allison Dodd from QSTS. She is attending the meeting.
- Scholarship winners were announced at Senior Champs. The scholarships were awarded to Blake Johnson (ODAC) and Tim Higgins (SRVA).
- There were 17 new state records were achieved at Senior Champs
- The committee talked about the meets this season. Overall, the reviews were good, but the athletes preferred not dividing by gender. They liked the prelims/finals set up with more warm up space because there were fewer people at prelims.
- Two athletes at the meeting would like to join other committees. Maureen needs someone on Safe Sport so Jack will email the group with the names of the new athletes.

• **Coach Committee's Report**

Mike Salpeter

- The Coach Committee expressed their support and appreciation for everything the LSC leadership has done this year. VSI is much further ahead than many neighboring LSC.
- Coaches are concerned about COVID protocols with LC meets and teams being shut out of some of the meets.
- Morgan will become the Senior Coach rep and an election will be held for the Junior Coach rep.
- The coaches committee would like to help with the Senior Committee working groups. Mike suggested presenting information from Senior and AG Committee at the Coach Committee meetings.

Virginia Swimming Board of Directors Meeting

Saturday April 24, 2021

10:00 am

ZOOM Conference

• Executive Director's Report

Mary Turner

- Registrations are not too bad compared to last year and USA Swimming. VSI registrations are down 5.7% better than the projected 10%.
- USA Swimming has developed a grant for LSC Camps. Mary submitted for the grant application based on what was planned last year. The grant is up to \$5000.
- The Camps and Clinics Task Force worked through the application during their recent meeting. The proposed camp submitted is for the last weekend in September or first weekend in October.
- Some have reached out to serve on committees. Mary suggested sending out a survey after HOD to get some folks to serve on committees. Serving on a committee is the first step to being involved in the governance of the LSC.
- Drew asked if there was anything in the policies about how many committees a person can serve. There is a limit of two committees in which one can serve. There are also some guidelines about having representation from various districts.
- Coach certifications – there will be an extension to September 1.
- Championship Meet Finances – Virginia Swimming has paid almost \$15,000 to host the SC meets. The projected number of athletes for Senior Champs were on target, but AG Group Champ actual athletes were 200 fewer athletes than the previous year. Mary projects a similar shortfall for the LC AG meet.
- Meet hosts received \$5000 for hosting and associated costs for the meets. T-shirt sales revenue is for the meet hosts. The same will be done for LC. Mary thinks we will break even for LC assuming if there is no need for two hosts/locations for each meet.
- Mike asked about using an outdoor facility for any of the meets (AG, Senior and EZ meet). Storms and heat are always a risk. He suggested it given that more people can be in a facility outside.
- Championship meets have a profit split with the host clubs to continue next season.

Old Business

• Budget 2021-2022

- See above

• Discussion of fees received from PVS for athlete endowment.

- \$30,000 has been deposited from meets from other LSCs. A year of data is needed before a final determination about the fee. The sanction fee is not included in the monies already deposited. The \$100 sanctioning fee will continue. Steve asked about an increase the sanctioning fee to \$150. The finance committee does not recommend it.

• Policy 18-Sanction and Approval Process Work Group- protected weekends during championship season

- Brian, Anthony, Chad, John met to discuss whether Policy 18 was ready for amending or removing. A couple of teams wanted to hold meets the first weekend of February and could not.
- The main idea discussed was to continue to protect the weekends of Senior Champs and AG Champs while opening up the district meet weekends for competition to allow for other age groups to compete at other meets.
- The policy will require a change from HOD. It could be voted on by HOD in September.
- Mike asked if the policy is being reviewed because teams want to host meets or if it is to serve athletes properly. Is this a larger discussion we need to have before we adopt a change to the policy? Coaches are trying to address the needs of the athletes. With 8 & unders broken out, there are five weeks of closed weekends. Are we taking away from those athletes if we open up to those weekends?

Virginia Swimming Board of Directors Meeting

Saturday April 24, 2021

10:00 am

ZOOM Conference

- Steve offered that the progression when it was developed was capability based. All ages were involved in those meets. The policy fit because all age groups were engaged at some point. At one point, the faster meet was held earlier.
- Dave thinks the issue involves three groups of athletes –
 - Group 1: 8 & U and beginning level 9-12 year olds. It is too much time between meets for that level swimmer to remain engaged. Parents pull their athletes to do a different sport to return in May when there is another meet.
 - Group 2: 9-14 year old who has mostly qualified for AG Champs, they do not have a competition after the last weekend of January. Dave would like to have the option to give something for those kids to prepare for AG Champs.
 - Group 3: 13 & O athletes should have a meet early on in the progression. Some is high school driven with regional competitions moving to the middle of the week. Need something to help the athletes to prepare for Senior Champs. Athletes can participate in district champs to qualify for the final championship meets. Give teams options.
- Chad was a part of the discussion and suggested a plan that NC Swimming has done. He suggested that teams to hold a meet that could help with niche need.
- Drew thinks the AG committee should review it. Drew takes issue with the number of weeks that are protected. He does not get to the 6-7 weeks that Dave suggested.
- John is hearing many opinions and need to expand the working group to an Ad Hoc committee and include athletes. They would also like to hear from the Coach, Senior, AG Committee.
- More to present at the June BOD meeting.

New Business

- **2021 EZ LC Age Group Zones-LSC Participation and Structure**
 - The EZ LC Age Group meet will be August 4-8 at CSAC with timed final sessions and no relays. Timelines may be moved to prelim/finals. Three sessions per day with 250 athletes per session. No spectators. LSCs send in entries in SC yards.
 - Maureen has started pricing for outfitting the athletes. She has also secured lodging. No bus transportation has been secured. She is not sure if we will do family travel or team travel.
 - LSCs will send in the entries. LSCs will provide the coaches.
 - Mike recommends that it be a family travel meet supported with LSC coaches. He feels more comfortable going the safer route this year.
 - Steve asked do you use Virginia protocols or the state from each LSC. Mary said the Zone group will determine what is happening in other LSCs. A survey has gone out to the LSCs to gather information. It is upon the LSC how to select their athletes. Time standards are guidelines, not requirements. The group will go to the Tech Planning committee of the Zone with a recommendation of how the meet will be handled.
 - Relays with family are a major issue because it is hard to get athletes from families to show up for the relay.
 - There is another meet in Florida with prelims/finals and relays at the same time. Will the EZ meet be competitive. Drew said the meets have happened before and we have been able to adequately field a Zones team.
 - Virginia will be attending the meet.
- **Procedure 45 – Allows teams to charge COVID-19 Facility Fee through May 1, 2021**
 - There was a motion to continue the policy through the end of long course season. The motion was approved.
- **Reimbursement policy for Olympic Trials**
 - Olympic Trials will be held in two waves this year. Wave 2 is for the top 40 athletes. All other athletes will compete in Wave 1. An athlete can qualify for Wave 2 by winning or coming in second in Wave 1. There is chance that there is an athlete who plans to go to wave 1, but they

Virginia Swimming Board of Directors Meeting

Saturday April 24, 2021

10:00 am

ZOOM Conference

qualify for wave 2 without purchasing any flights or hotels. Their expenses go up significantly. USA Swimming will not help with these costs.

- Chad would like the athletes would them to be eligible for their wave 1 reimbursement and a flat fee of \$500 for wave 2.
- For Olympic Trials, VSI reimburses \$600. If someone does to both waves, then Bob suggests the LSC reimburse both at \$600.
- 72 athletes have currently qualified for trials.
- Steve proposes that the LSC cover both waves at the same rate. This is for both coaches and athletes. The motion was approved.

Adjourn

The meeting was adjourned at 12:28 pm.

In attendance: Bryan Wallin, John Stanley, Bill Geiszler, Steve Hennessy, Drew Hirth, Dave Henderson, Morgan Cordle, Mike Salpeter, Logan Euker, Allison Dodd, Jack McCann, Maureen Tolliver, Chad Onken, Bob Rustin, Emily Fagan, Mary Turner

Upcoming Meetings

- HoD- April 25
- BoD- June 6
- BoD- August 29
- BoD- September 18
- HoD- September 19

Virginia Swimming Financial Summaries 2020-2021

6/7/2021

*** Revenue ***	Budget	April	May	YTD
USAS Registration	467,600		13,594	420,142
VS Registration	112,050		2,869	100,838
Flex registration	10,000		1,030	9,500
USAS Club Dues	3,500		70	2,800
VS Club Dues	1,900		30	1,798
Meet Sanctions	3,200	60	520	2,330
Meet Rebates	191,000	6,543	9,154	98,680
Sales & Misc.	2,000		198	2,062
Championship Meet Revenue	30,000		1,357	71,286
Sectionals Meet Revenue	10,000		57,330	66,230
Zone Meet Revenue	50,000			-
LC Zones Team	28,900			-
Clinics and Swimposium Revenue	5,500			1,860
Zone Meeting Revenue				-
Awards Banquet	25,000			-
Interest - Checking	25	3	3	23
Interest - Reserve	800	1	1	16
Endowment Income	50,000	1,636	17,058	55,707

Total Revenue	\$991,475	\$8,241.85	\$103,214.00	\$833,272.57
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*** Expenses ***				
USAS Registration	467,600	3,592	5,454	431,513
USAS Club Dues	3,500	70		2,800
				0
Travel - US Open	2,500			0
Travel - Winter Nationals/Paralympic/Other	22,500	6,300	600	6,900
Travel - Summer Nationals	13,500			0
Travel - Olympic Trials / World Team trials	15,000			0
Travel - National Youth Team	1,500			0

Travel - Discretionary	3,000			0
National Meet Travel - Coaches	12,600	500		500
				0
Senior Champ Meet Support	10,000			0
Va. Championship Meet Expenses	30,000	32,077		89,109
Zone Meet Expenses	50,000			0
Sectionals Meet Expenses	10,000	8,572	41,931	51,500
LC Zone Team Support	70,900			0
Champ Meet Awards	22,000			11,960
				-
Staff Salaries	71,000	6,617	6,617	59,550
Payroll Taxes	6,350	509	506	4,692
Benefits	2,400			-
Webmaster	20,000			-
Web Upgrades	3,000			959
Administration Expenses	14,000	695	191	11,090
Supplies & Misc.	3,000	18	70	561
				-
Awards Banquet	40,000			859
National Convention	18,000			-
Zone Meeting	3,000			-
				-
Equipment	1,000	162		162
Officials Workshops / Training /Travel	20,000	242	683	4,865
				-
USAS Workshops	6,000			-
VS Camps & Clinics	6,000			1,063
VS Workshops	1,000			-
				-
Diversity, Outreach Reimbursements	10,000		221	2,675
Diversity / Travel, Other				-
Make a Splash/Learn to Swim Grants	6,000			6,000
Safe Sport Programs	2,000			2,500
Coach Mentoring Program	2,000			-
Athlete Scholarships	6,000			-
Club Grants				-

Endowment Funding	50,000			20,000
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Total Expenses	\$1,025,350	\$59,352.73	\$56,273.31	\$709,258.81
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Net Income / Loss	(\$33,875.00)	(\$51,110.88)	\$46,940.69	\$124,013.76
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Beginning Funds	\$238,491			\$238,491
Inflow (Outflow)	-\$33,875			\$124,014
Transfer to savings	\$800			\$16
Transfer to / From Savings	\$0			
Ending Funds	\$204,616			\$362,489
Endowment	\$40,000			\$70,561
BOD Restricted Funds	\$30,859			\$30,864
Virginia Swimming Savings	\$253,542			\$253,558

Total Funds	\$529,016.82			\$717,470.74
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Virginia Swimming
Diversity, Equity and Inclusion Committee Report
June 2021

- The Virginia swimming DEI committee will hold a zoom committee meeting at the end of the month.
- The EZ DEI committee meeting is next week.
- The EZ committee is in the early stages of planning a DEI LSC swim camp for 11-15 year olds.
- The EZ is the first of the four zones to have all of the LSC's including the DEI chair as a voting board member. The All Star meeting will be discussed.
- Owen Geddes is still interested in getting more athletes involved in DEI. A Zoom call will be scheduled to brainstorm.
- EZ Official's Chair, Ginny Kimbel is interested in joining the committee. DEI needs to add an athlete member as well.

Virginia Swimming Senior Committee Report

1. The VSI Senior Committee met June 2nd for two hours. The committee continues to meet monthly unless otherwise noted, on the first Thursday of the month.
2. Report on active Working Groups:
 - Commonwealth Classic Update (no report).
 - VSI Senior Circuit Update. No report. The working group was unable to meet prior to the committee meeting.
 - Senior Camps, Clinics.
 - ⇒ Mary reported that the USA Swimming Grant Application submitted by VSI was approved. The total amount of the grant is \$5000. VSI will provide an additional \$3000.
 - ⇒ Certain education components are required by the grant. The April 2020 plan for the IMX camp will be used for this camp.
 - ⇒ The camp is for 11-14 year olds. The targeted weekends are the last weekend of September or the first weekend of October. It is scheduled for 64 athletes based on their IMX scores.
3. Summer Senior Champs Working Group. This working group met three times prior to the committee meeting held on Thursday, June 2nd. Attached is an attached draft meet announcement for summer senior champs.
 - Notice went out announcing the meet would be a 4-day meet and location change.
 - We have added the 800 Free Relay and opened up relay entries (two per relay per team).
 - We expect to hold the meet with one prelim session and one final session.
 - LY is the meet host.
 - The committee reviewed each section of the meet announcement.
 - Format section:
 - ⇒ The meet will use the scratch procedure for each prelims section. The scratch deadline will be 6:30 pm the evening before prelims. References to positive check-in will be changed to scratch procedure.
 - ⇒ A statement about ready room not being used was added.
 - ⇒ Discussion about format for seeded 400 Medley (Friday). Use fastest four heats of girls, followed by fastest four heats of boys and then alternating fastest to slowest.
 - ⇒ A 10-minute break will be added between the 100 Fly to the 400 Medley. Another 10-minute break was added after the 400 IM.
 - Entries section:
 - ⇒ Under bonus events, 6 qualifying times was changed to 7.
 - ⇒ Relay times bullet point was added.
 - FAQ will be created and sent out to coaches to include information about the entry deadline. The FAQ will be coordinated with Age Groups.
 - Seven individual events were included.
 - Credit card payments will be made through the VSI website using PayPal rather than OME.
 - Fees section: The fees listed are estimates that will be confirmed after more financial review is complete.
 - Warm Up section:
 - ⇒ General warm up schedule. Warm ups will be from 6:30-8:20 am each day.
 - ⇒ Coach meeting will be on Tuesday via Zoom.
 - ⇒ Instructional pool is not available on Thursday for warm up/warm down. Breaks will need to be added to give time for warm up/warm down. The breaks will be after every men's event for 10 minutes.
 - ⇒ No break needed after the relay on Thursday and Sunday.

- Scratch Section:
 - ⇒ Thursday events scratches will be due on Wednesday at 6:30 pm. Scratches from prelims will be due at 6:30 pm the day before the next day's session.
 - ⇒ Electronic scratches will continue with the procedure used at SC Senior Champs.
 - ⇒ Re-entry fee – if an athlete misses an event in finals, a fee can be paid to buy back into the meet. Richard proposes that there be no buy back option. The committee approved not having a buy back option for the meet. Mary will adjust the meet announcement.
- Seeding section: No positive check in. All events will be scratch events. Scratch deadline is for individual and relay events. Thursday will be added to AM and PM designations.
- Awards section: Future discussion needed with AG about whether to alter the team sizes for awards.
- Time Trials section
 - ⇒ Eliminated the possibility of time trials at the end of the meet on Sunday night.
 - ⇒ Mary will review the finances and report back about the cost of time trials. There should be a difference between time trials and regular events. Peter prefers to leave the fees the same for this season.
- Timers section: Statement needs to be added about timers and counters for distance events

4. New Business. None conducted.

5. Next committee meeting will be 1:30 PM, Thursday, July 8th

6. The following announcements were made at the committee meeting:

- Nominations for the Junior Coach Representative are now being accepted.
- Zone Coach Applications are due June 30.
- LC AG Zones – team will be selected with no QT, but LSC are limited to the number of athletes per session.
 - ⇒ More information about how the team will be selected.
 - ⇒ Each head coach will receive an email with qualified athletes. Qualified athletes will also receive an email.
 - ⇒ Family travel instead of team travel.

Respectfully submitted:

Steve Hennessy
Senior Vice Chair
June 6, 2021

Enclosed: VSI LC Senior Championship Meet Announcement (Draft)



**2021 VIRGINIA SWIMMING
LC SENIOR CHAMPIONSHIPS**
July 15-18, 2021
SANCTION NO. VS-21-XXX & VS-21-XXTT

Coordinated by:



Lynchburg YMCA

We have taken enhanced health and safety measures for all attending this event however we cannot guarantee you that you will not become infected with COVID-19. You must follow all posted instructions while visiting Collegiate School Aquatic Center. An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable. By attending this meet, you acknowledge the contagious nature of COVID-19 and voluntarily assume all risks related to exposure to COVID-19.

SANCTION:	- Held under the sanction of USA Swimming/Virginia Swimming, Inc. Sanction No. VS- 21-XX and Time Trial Sanction No. VS-21-XXTT. - USA Swimming, Inc., Virginia Swimming, Inc., the Greater Richmond Aquatics Partnership, doing business as SwimRVA, the YMCA of Central Virginia, and Lynchburg YMCA, shall be held free and harmless from any and all liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event. - An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease of Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable. - USA Swimming, Inc., Virginia Swimming, Inc., Collegiate School Aquatic Center, SwimRVA, the YMCA of Central Virginia, and Lynchburg YMCA, cannot prevent you (or your children) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming/Virginia Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming/Virginia Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19. - BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND VIRGINIA SWIMMING AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY AND ALL LIABILITY OR CLAIMS FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN, OR UNFORESEEN, IN CONNECTION THEREWITH.
LOCATION:	SwimRVA, Collegiate School Aquatic Center, 5050 Ridgedale Parkway, Richmond, VA 23234, Phone: (804) 271-8271 (Pool front desk)
FACILITY:	- The facility provides 2 indoor pools and supporting amenities including hospitality, a swim shop, classroom and wireless internet. - The 50-Meter competition pool with bulkheads. Competition pool has a depth of seven feet and seven inches at the sides and eight feet two inches in the center. Competition lanes are a minimum of 9 feet wide swum wall to bulkhead. - This meet will be swum in the 50-Meter course. - Omega Starting Blocks, Colorado Timing GEN7 automatic and semi-automatic timing, backup Dolphin wireless stopwatches. - The competition course has been certified in accordance with current USA Swimming Rules and Regulations, Article 104.2.2C(4). A copy of the certification is on file with USA Swimming. - In participation in this meet, I and my minor athlete, hereby acknowledge and agree that participation in SwimRVA programs or activities comes with inherent risks. I have full knowledge and understanding of the inherent risks associated with SwimRVA participation, including but in no

	way limited to: (1) slips, trips, and falls, (2) aquatic injuries, (3) athletic injuries, and (4) illness, including exposure to and infection with viruses or bacteria. I further acknowledge that the preceding list is not inclusive of all possible risks associated with SwimRVA program participation and that said list in no way limits operation of this Agreement. In order to provide parents/guardians who are outside of the facility the ability to view their athletes' events, this meet may be video streamed following all MAAPP guidelines. By attending or participating in this competition, you acknowledge and grant permission to be included in the video-streaming.
MEET DIRECTOR:	Steve Hennessy VSI Senior Chair Email: seniorchair@virginiasswimming.org Phone: (757) 603-7948 Host Team Coordinator: Ryan Woodruff Email: ryan.d.woodruff@gmail.com Phone: (919) 943-6420
ELIGIBILITY:	- Open to all Virginia Swimming athletes registered before the first day of the competition who meet the qualifying time in each event entered. - Swimmers who have a minimum qualifying time in the 800 m/1000 yard Freestyle or the 1500 m/1650 yard Freestyle may swim both events. - No on deck Virginia Swimming athlete registration will be permitted. - Athletes listed as UNAT must check in with the meet director and be assigned a supervising coach in order to warm-up and to compete. - The qualifying period for this meet is November 1, 2018, through July 14, 2021. - Age on July 15, 2021, will determine age for the entire meet.
DISABILITY SWIMMERS:	- Athletes with a disability are welcome and shall provide advance notice of desired accommodations to the Meet Director. - The athlete (or the athlete's coach) is also responsible for notifying the session referee of any disability prior to the competition.
FORMAT:	Preliminary Sessions: - Individual events EXCEPT the 1500 m Freestyle and the 800 m Freestyle will be swum as prelims and finals. - Thursday, the women's 800 m Freestyle and the men's 1500 m Freestyle will be swum fastest to slowest as a timed final event, alternating women and men. - The starting time for the first heat will be scheduled so that the second fastest heat of the men's event is concluded at the start of the finals warm-up session. - The fastest women's 800 m Freestyle and men's 1500 m Freestyle heat will swim in the finals session on Thursday - Sunday, the women's 1500 m Freestyle and the men's 800 m Freestyle will be swum slowest to fastest as a timed final event, alternating women and men. - The starting time for the first heat will be scheduled so that the second fastest heat of the men's event is concluded at the start of the finals warm-up session. - The fastest women's 1500 m Freestyle and men's 800 m Freestyle heat will swim in the finals session on Thursday The 400 m Individual Medley and the 400 m Freestyle will be swum follows: - The fastest four heats of women followed by the fastest four heats of men, each swum slowest to fastest. - The remaining heats will be swum fastest to slowest, alternating women then men. - At the discretion of the meet referee, breaks may be added once entries have been received. Additional information about breaks will be provided at the General Meeting. Finals Sessions: - All events will be swum in a single course. - The top 32 qualifiers in the prelims of each event will compete in each day's final session in the following order D, C, B, then A - Fastest two heats of relays will swim in finals. D and C finals will be reserved for 18 & U athletes.

	- All D - C - B - A Final swimmers will report directly to their assigned starting block. A - Final swimmers will be presented with music, their names and team affiliation announced prior to the start of the race. (There will be no Ready Room.)
ENTRIES:	REGULAR ENTRY DEADLINE: 11:59 PM, TUESDAY, JULY 6, 2021. NEW QUALIFYING SWIMS ENTRY DEADLINE: 5:00 PM EST, MONDAY, JULY 12, 2021. - Additional entries from meets occurring between July 6 and July 11 must be submitted by this deadline or will be considered to be late entries and charged accordingly. - OME must also be used for these additional entries. Follow instructions given in the section above for the meet named 2021 VSI LC Senior Championship – NEW QUALIFYING SWIMS. On-Line Meet Entry (OME) – Entries will be processed using the USA Swimming On-Line Meet Entry System (OME) ONLY. Email entries during the regular entry period will not be accepted. - The OME system is accessed from the USA Swimming web site at the address: http://www.usaswimming.org/ome Further information is found on OME Instructions sheet at the end of the meet announcement. Credit card payments will not be accepted through OME. Select pay by check or cash. See additional information for credit card payments below in Fees section. Conforming and Non-Conforming times will be used for entry. “No Time” (NT) entries are not accepted. ENTRY LIMITS: Individual Events: Athletes may enter all events for which they qualify, however they may only compete in seven (7) individual events for the meet, and no more than three (3) individual events per day. Relay Events: Two (2) per team per event. All entries for 200 m Medley relays must use 400 m Medley relay times. Bonus Events: Swimmer may swim bonus events based on the number of events they are qualified to swim. The following are the bonus event qualifications: 1 Qualifying Time: 3 bonus events 2 Qualifying Times: 2 bonus events 3-5 Qualifying Times: 1 bonus event 6-7 Qualifying Times: 0 bonus events - Bonus swims for the 400 m Individual Medley, 400 m Freestyle, 800 m Freestyle, and the 1500 m Freestyle are not available, with the exception that swimmers who have the qualifying time in the 800 m Freestyle or the 1500 m Freestyle may swim both events. - There are no qualifying times for bonus events. Proof of asterisk (*) submitted times must be provided to the Administrative Referee prior to the scratch deadline for that event in order to be seeded. - Entries which improve the time of an earlier entry will be accepted only while OME is open. LATE ENTRIES: - Entries desired after the Entry Deadline and prior to the start of the meet, must be sent to the Meet Entry Officer for input. - Late entries at the meet must be made to the Administrative Referee and will only be accepted for events for which the scratch box has not closed. - All late entries must be submitted with proof of time. Late entries may not be used to improve the seed time of an earlier entry - The Meet Referee reserves the right to combine heats and events, which may require reseeding.
FEES:	Individual events: TBD Relay events: TBD Swimmer surcharge: \$2.50 per person (entered in the meet in any capacity) Late Entry Fees: In addition to the regular entry fee, a fee of \$10 per event prior to the first day of the meet and \$25 per event on or after the first day of the meet will be charged for any entry received after the Entry Deadline. Payments for entry fees will NOT be accepted through OME.

	○ Payment may be made by check and sent to: Virginia Swimming PO Box 1059 Appomattox, Virginia 24522 ○ Payment may be made by credit card through the Payment Center on the Virginia Swimming website. • The total fees for all entries, including any late entry fees, must be paid prior to the first session of the meet (Thursday, July 15, 2021). Payment for events entered at the meet must be made to Meet Director at the time of the request. • Failure to pay entry fees by this deadline could result in teams being barred from the meet.
WARM-UPS:	• All Prelims: 6:30 – 8:20 am; Competition begins at 8:30 am • Finals: ○ Thursday, Friday, & Saturday: 4:30-5:35 pm; Competition begins at 5:45 pm ○ Sunday: 3:30-4:20 pm; Competition begins at 4:30 pm • Additional information about lane designations for warm-ups is included on the Warm-up Schedule and Instructions sheet at the end of the meet announcement. • Specific lanes will be designated for PACE ONLY in the warm-up/cool-down pool.
SCRATCHES	• The scratch procedures listed in current <i>USA Swimming Rules and Regulations</i>, Article 207.11.6 A-E(3) • Scratches from prelims (individual and relay events) must be submitted by 6:30 PM on the evening prior to the day the event is to be contested (ex. scratches for Thursday's events must be submitted by 6:30 pm Wednesday). • Additional information about scratch procedures will be provided at the General Meeting via zoom (7:00 pm, Tuesday, July 13th). • Swimmers failing to scratch events which, if swum, would put them in violation of either the 3 events per day or the 7 events in the meet will not be permitted to swim the event or events. The events to be eliminated will be counted in strict numerical sequence as listed in the meet announcement.
SEEDING:	• The order of seeding will be LCM, SCM, SCY. Any bonus times will be seeded last. • THERE ARE NO POSITIVE CHECK-IN EVENTS AT THIS MEET. All relay teams and athletes swimming distance events who choose not to swim an event must scratch from the event prior to the scratch deadline for that day's events. • AM and PM Designations: ○ Athletes wanting to swim the 800 m or 1500 m Freestyle in the afternoon and not in the fastest heat swimming in finals must designate that desire prior to the scratch deadline for the event. ○ Relay teams wanting to swim in morning and not evening sessions must designate that desire prior to the scratch deadline for the event. ○ Relays teams will swim in the session desired with up to two full heats participating at finals. ○ If a preference is not indicated, the athlete or team that is next in line may be assigned to the evening finals to fill open lanes in the two heats at finals.
AWARDS:	• Scoring ○ Individual Events: F – 22-19-18-17-16-15-14-13-12, C – 10-8-7-6-5-4-3-2-1. ○ Relay Events: F – 44-38-36-34-32-30-28-26-24, C – 20-16-14-12-10-8-6-4-2 • Team (Overall): Women, Men, Team Combined High Point. • Team (Specific): Large Team, Medium Team, and Small Team. Both women's high point and men's high point in each category. Team sizes defined by the following: ○ 1-99 small team ○ 100-199 medium team ○ 200 + large team • Individual: First through Ninth Place. Women's High Point, Men's High Point • Relay: First through Third Place.

TIME TRIALS	- At the conclusion of each preliminary session, time permitting, time trials will be offered to any swimmer entered in an individual event in the meet. - Cost: \$15.00 per individual event, \$20.00 per relay. - Times Trials will begin no earlier than 10 minutes after the conclusion of the session it is following. - At the discretion of Time Trial Referee, the day's scheduled events may be reordered or combined into a single heat. - A swimmer requesting a time trial must inform the Meet Referee, or his designee, no later than 10:30 am of the day the time trial is desired. Each swimmer participating in these events should provide a timer and/or a counter. - Time Trials are included in the three events per day limit.
COVID RULES:	Protocols to be followed at the facility will be sent to team contacts and posted on the Virginia Swimming website NLT Friday July 9, 2021.
RULES:	- The current <i>USA Swimming Rules and Regulations</i>, including the Minor Athlete Abuse Protection Policy, will govern this meet. - All applicable adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy (MAAPP) and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition. - Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and /or spectators are present without written USA swimming permission. - Any swimmer entered in the meet must be certified by a USAS coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. - Use of audio or visual recording devices, including cell phones, is not permitted in changing areas, rest rooms or locker rooms. In addition, photography behind the blocks is <u>not permitted</u>. - Changing, in whole or in part, into or out of swimsuit when wearing just one suit in an area other than in a locker room, bathroom, or other space designated for changing is PROHIBITED. - In accordance with Virginia Swimming best practices, all swimmers should shower before entering the pool. - The Meet Referee in accordance with 102.23.2 in the USA Swimming Rules and Regulations will appoint a Meet Jury. - Any athlete suspected of sustaining a concussion or exhibiting signs of a concussion, will immediately be removed from competition and shall not return to competition that day. The athlete may return to competition on a subsequent day, but only with a release authorization signed by a licensed healthcare provider. - In accordance with VSI Policy, only those coaches who have current, valid USA Swimming credentials will be permitted to act in a coaching capacity at this meet. Coaches with expired or non-current credentials will be required to leave the deck area.
PENALTIES:	- A fine of up to \$100 per event may be assessed for any illegal participation in the meet. Illegal participation is defined as - Entries using fraudulent or non-verifiable times. - Athlete competed in the incorrect age group. - Athlete is not registered with USA Swimming prior to the first day of the meet. - If the swimmer is representing a club in competition, the fine will be levied on the Club. If the swimmer is unattached, the fine will be levied on the swimmer. - Any event in which an athlete participated illegally will be rescored and re-awarded
OFFICIALS:	Meet Referee: Genny Kimbel Email: gennykimbel@gmail.com Phone: (757) 876-9134 - Officials will be needed for all positions and all sessions for this meet. - Officials must have been certified for a year in the positions in which they are planning to work.

	• Opportunities to officiate may be limited due natatorium restrictions. An Application to Officiate will be available on the VSI website (www.virginiasswimming.org) and should be sent to the Meet Referee no later than Sunday, July 11th. • An application has been submitted for the meet to be an approved Officials Qualifying Meet. See the meet application for further instructions. • Briefings will be held one hour prior to the start of each session.
SAFETY:	VSI Safety and Warm-up procedures will be in effect. Swimmer Snorkels are permitted.
TIMERS:	• Clubs may be required to provide timers for preliminary sessions in proportion to the number of swimmers they have entered in each session. • The number of timers required per club and their lane assignments will be posted on the LY Swim Team website no later than Monday, July 12th and will also be emailed to the contact person of each of the individual clubs. • Athletes will be required to provide their own timers and counters for the distance freestyle events.
GENERAL:	• The General Meeting will be held at 7:00 pm, Tuesday, July 13, 2021, via Zoom. Coaches are accountable for the information presented. Accordingly, please make sure that there is at least one representative from your club in attendance. • Hospitality: A light breakfast, lunch and dinner will be provided for coaches and officials. Coaches and officials who have special dietary concerns or needs should bring their own food and beverages. • Photography: In accordance with VSI Policies and Procedures, photography will not be permitted without the express permission of the Meet Director. • Meet Event Apparel: A vendor will be on site selling VSI Senior Champs t-shirt and sweatshirts. Items will also be available through an online store. • A swim shop vendor will be onsite offering full-service equipment such as goggles and swimsuits.
FACILITY RULES:	• Access to the deck is limited to coaches, athletes, meet officials, and event staff. Spectators will not be allowed on deck unless volunteering as timers, lap counters, or at other needed volunteer positions. • All air flow in take Vents on deck are not to be blocked by chairs, benches, spectators or towels! • Family rest rooms are reserved for coaches and officials use only. Individuals needing access should make arrangements with the meet director. • No glass containers of any kind are allowed in the facility. • No lawn/deck chairs allowed in the grandstand. • Objects are not to be passed over the grandstand railing. • No smoking on the campus. • Shoes are suggested to be worn in all areas outside the pool deck including locker rooms. • Doors are not to be propped open (HVAC). • No tape of any kind is to be used inside to hang signs, banners or decorations.
DIRECTIONS:	Directions to the pool can be found by going to: www.virginiasswimming.org Click on "Meets". Click on "Senior Championships", Click on "Directions".
PARKING:	Parking at the facility is available to patrons of the pool associated with the meets, employees, coaches and officials.

2021 VSI LC Senior Championship Order of Events

Thursday, July 15, 2021		
<u>W</u>	<u>Events</u>	<u>M</u>
1	200 m Medley	2
	Break (10 min)	
3	100 m Freestyle	4
	Break (10 min)	
5	100 m Breaststroke	6
	Break (10 min)	
7	800 m Freestyle Relay	8
9	800 m Freestyle*	
	1500 m Freestyle*	10

*Top 8 swim in Finals

Order of Finals: 9, 10, 1, 2, 3, 4, 5, 6,
Break (10 min), 7, 8

Friday, July 16, 2021		
<u>W</u>	<u>Events</u>	<u>M</u>
11	200 m Freestyle Relay	12
	Break (10 min)	
13	200 m Freestyle	14
15	100 m Butterfly	16
	Break (10 min)	
17	400 m Medley	18
	Break (10 min)	
19	400 Medley Relay	20

Order of Finals: 11, 12, 13, 14, 15, 16, 17,
18, Break (10 min), 19, 20

Saturday, July 17, 2021		
<u>W</u>	<u>Events</u>	<u>M</u>
21	200 m Butterfly	22
23	100 m Backstroke	24
	Break (10 min)	
25	400 m Freestyle	26
	Break (10 min)	
27	400 m Freestyle Relay	28

Order of Finals: 21, 22, 23, 24, 25, 26, Break
(10 min), 27, 28

Sunday, July 18, 2021		
<u>W</u>	<u>Events</u>	<u>M</u>
29	200 m Backstroke	30
31	50 m Freestyle	32
33	200 m Breaststroke	34
	Break (10 min)	
35	200 Medley Relay	36
37	1500 m Freestyle*	
	800 m Freestyle*	38

*Top 8 swim in Finals

Order of Finals: 37, 38, 29, 30, 31, 32, 33,
34, Break (10 min), 35, 36

2021-2024 VSI SENIOR CHAMPIONSHIPS QUALIFYING TIMES

Women			Events	Men		
LCM	SCM	SCY		SCY	SCM	LCM
28.79	27.99	25.29	50 Freestyle	22.79	25.29	26.09
1:02.59	1:00.99	54.79	100 Freestyle	49.49	55.59	57.19
2:15.19	2:11.99	1:58.99	200 Freestyle	1:48.59	2:01.29	2:04.49
4:40.49	4:34.09	5:19.19	400/500 Freestyle	4:55.89	4:18.39	4:24.79
10:01.39	9:48.59	11:15.69	800/1000 Freestyle	10:27.99	9:11.39	9:24.19
19:37.19	19:13.19	19:08.99	1500/1650 Freestyle	17:35.09	17:34.49	17:58.49
1:10.19	1:08.99	1:00.99	100 Backstroke	55.59	1:04.59	1:05.79
2:31.89	2:29.49	2:12.29	200 Backstroke	2:01.19	2:19.59	2:21.99
1:22.59	1:20.59	1:10.49	100 Breaststroke	1:03.39	1:13.29	1:15.29
2:57.99	2:53.99	2:34.59	200 Breaststroke	2:19.49	2:40.59	2:44.59
1:08.29	1:06.89	1:00.19	100 Butterfly	54.39	1:00.19	1:01.59
2:35.79	2:32.99	2:18.19	200 Butterfly	2:02.59	2:18.39	2:21.19
2:34.79	2:31.59	2:14.49	200 Medley	2:02.69	2:18.49	2:21.69
5:26.09	5:19.69	4:47.99	400 Medley	4:25.99	4:55.19	5:01.59

ONLINE MEET ENTRY (OME) INSTRUCTIONS

- Entries will be processed using the USA Swimming On-Line Meet Entry System (OME) **ONLY**. Email entries during the regular entry period will not be accepted.
 - The OME system is accessed from the USA Swimming web site at the address:
<http://www.usaswimming.org/ome>
 - Coaches must register for an account (Free) to utilize the system. Log in and select "Enter Team".
- **OME OPENS:** 9:00 AM EST, Friday, June 18, 2021
- **OME CLOSES:** 11:59 PM EST, Tuesday, July 5 2021 (Regular Entry Deadline)
- **NEW QUALIFYING SWIMS:**
 - Additional entries from meets occurring between July 6, 2021, and July 11, 2021 are due by 5:00 PM (EST) on Monday, July 12, 2021.
 - OME must also be used for these additional entries. Follow instructions given in the section above for the meet named 2021 VSI LC Senior Championship – NEW QUALIFYING SWIMS.
- These entries may not be used to improve the seed time of an earlier entry.
- **Meet entries in the form of an entry list or psych sheet will be posted to the VSI website NLT Tuesday, July 12, 2021**
- **LATE ENTRIES:**
 - Entries desired after the Entry Deadline and prior to the start of the meet, must be sent to the Meet Entry Officer for input.
 - Late entries at the meet must be made to the Admin Referee and will only be accepted for events for which the scratch box has not closed.
 - All late entries must be submitted with proof of time. Late entries may not be used to improve the seed time of an earlier entry
- **Meet Entry Officer:** Mary Turner, myturner525@gmail.com, (434) 352-5451
- **OME HELP:**

Macie McNichols USA Swimming Phone: (719) 351-6511 Email: mmchichols@usaswimming.org	Mary Turner Meet Entry Officer Phone: (434) 352-5451 Email: myturner525@gmail.com
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- **Conforming and Non-Conforming times will be used for entry. Order of seeding is: LCM, SCM, SCY**
- **ENTRY LIMITS:**
 - Individual Events: Athletes may enter all events for which they qualify, however they may only compete in Seven (7) individual events for the meet, and no more than Three (3) individual events per day.
 - Bonus Events: Swimmer may swim bonus events based on the number of events they are qualified to swim. The following are the bonus event qualifications:
 - 1 Qualifying Time: 3 bonus events
 - 2 Qualifying Times: 2 bonus events
 - 3-5 Qualifying Times: 1 bonus event
 - 6-7 Qualifying Times: 0 bonus events
 - Bonus swims for the 400 m Medley, 400 m Freestyle, 800 m Freestyle, and the 1500 m Freestyle are not available, with the exception that swimmers who have the qualifying time in the 800 m Freestyle or the 1500 m Freestyle may swim both events.
- **Individual Entries:** Use the fastest time in national database for entry within the qualifying period.
 - Swimmers may enter using an "Override Time" for times that are not in the national database.
 - Override times must include the meet name and date.
 - Override times that cannot be proven during the entry process will be annotated with an asterisk (*) on the meet psych sheet (Entry List).
- **Proof of asterisk (*) submitted times must be provided to the Administrative Referee prior the scratch or positive check in deadline for that event in order to be seeded.**
- Times that are missing from the National Database should be requested through the host LSC National Times Coordinator of the meet at which the time was achieved.
- Entries which improve the time of an earlier entry will be accepted **only** while OME is open.

- **ATTENTION TEAMS WITH UNATTACHED ATHLETES:** Teams may enter athletes with an unattached status. When building the roster in OME, select the “Add Unattached/Unregistered Swimmer” link.
- **ATTENTION INDIVIDUAL UNATTACHED ATHLETES:** Unattached athletes that are not awaiting attachment to any team must enter individually.
 - Access the OME system at the address <http://www.usaswimming.org/ome> - log in and select “Enter Individual.”
 - These individuals may send a text file of their entries to the Meet Entry Officer to be entered manually.
 - Unless other arrangements are made payment must be made prior to the first session of the meet (Thursday, July 15, 2021).

DRAFT



VSI LSC Officials Committee ZOOM Meeting

Agenda

May 27th, 2021 @ 7:00 PM

-
1. Cooper and Lewis update – **were not on the conference**
 - Will need to new Athlete reps for next year
 - Asked to Bryan to funnel through Mary
 2. Georg turning over to database coordinator position to Ralph?
 - If so, we have a vacancy - any recommendations?
 - Ralph will be working with Georg to take over the role
 - May have an At-Large vacancy, any issues with asking Kelly Warnagiris?
 3. Meet Referees for LC Championship Meets
 - LC Seniors – ~~Ralph?~~ **Genny Kimbel volunteered**
 - LC AGC – ~~John?~~ **Ralph volunteered**
 - MRs choose their ARs and let Mary know for rooms
 4. Are you receiving inquiries for Summer Awards?
 - I would like for the DC to be involved in this process.
 - We can provide recommendations based on building a pool of MRs that can be slotted as MRs to fill future roles in our VSI championship meets.
 5. NOC and request for N3i evaluators
 - The potential candidates are Genny Kimbel, Bryan Wallin, Bob Rustin and Kevin Hogan.
 - I clarified with Dana, as there was somewhat of a literal discrepancy between the application on USA Swimming and the bullet points the NOC sent out. There is a requirement of working in the position at the 3-star meet at least twice. Whether they received an evaluation in the position is not required.
 - Additionally, since we had a gap year (2020) with COVID, the look back will be from 2017.
 6. Jamie Cahn has sent out info on N2 evaluators
 7. Eval sheets on USA Swimming have been updated/new – delete the old
 8. Status of current training



VSI LSC Officials Committee ZOOM Meeting

Agenda

May 27th, 2021 @ 7:00 PM

- DRs – Jeff Ward (CGBD), Jack Granger (ECAT), Keith Davis (CA-Y), Leanne Overton (VSTP), Chris Jaeger (PSDN), Erica Devito-LaFalce (GATR), John Rockwell (HOKI) are all under way.
- Ralph noted that SRVA has produced a bunch of new S&T Officials
- Discussion as to what they are doing versus other teams
- Some new officials are showing up on deck for the “walks in whites” without completing the requirement set forth on the training card? Where is the disconnect?
- Discussed Clinic for Team chairs - what are they up against?
- Maybe survey the folks who took the training and get their feedback? Who wants to take this on?

9. Training Clinics – Dates for fall and names

- Start looking at the fall for training dates
- If you want to have them in person that is fine
- If you want to do them on Zoom, let me know the dates. I am not planning to conduct every training clinic next year.
- In a previous meeting we talked about designating some trainers/clinicians, do you have any capable/interested candidates who would be interested in this opportunity and share the load?

10. OTS & RTO Excel workbooks on website?

- Ralph will clean them up and send them to Emily for posting

11. Any other burning items?

- SWAG?
- Gym bags for Futures. Contacted Anissa (MR) and she will send me the final list next week. (Action item for Scott)
- Mini rule books for officials – Ordering from Swim Outlet.

Invited: Dan Demers, Beth Arnold, Bob Rustin, Michael Sizemore, Ralph Jones, Genny Kimbel, John Squires, Scott Farrar, Georg Fuhs, Will Murphy, Cooper Muench, Lewis Rockwell, George Zolovick, Bryan Wallin



VSI LSC Officials Committee ZOOM Meeting

Agenda

May 27th, 2021 @ 7:00 PM

Attended: Dan Demers, Bob Rustin, Michael Sizemore, Ralph Jones, Genny Kimbel, George Zolovick, Bryan Wallin, Georg Fuhs

Virginia Swimming, Inc.
BoD Meeting
June 7, 2021
Executive Director Report

2021 Registrations to Date:

Premium: 5826 (inc 309 Flex upgrades)
Flex: 804 (current)
Outreach: 87
Seasonal: 29
Total: 6746
Non-Athletes: 955
Clubs: 40

2020 # as of 5/31/20:

6191
777
65
0
7033
957
46

2021 Registration Summary: At this point our total athlete registrations are down 4.1% when compared to this date last year. We have had more athletes upgrade from Flex to Premium this year, 309 as compared to 182. Of the 4 that did not renew, I believe at least of two them will renew next year. Two groups have contacted me about forming clubs. One is currently a satellite and looking to branch out on its own while the other would be a new registration.

LC Super Sectional Meet: A very successful meet was held May 13-16 at CSAC with athletes from every LSC in the EZ attending. There were 15 new Wave 1 Trial cuts achieved by 12 athletes. Those attending the meet were most appreciative of the opportunity to race and many athletes and coaches stopped by the Admin desk to express their gratitude. I am still finalizing the financial report but can say at this point that revenues exceeded expenses.

Meet Host Planning for LC Zones: Early last week, a fact sheet about the meet (copy attached) was sent to LSCs in order to assist them in planning for the meet. Since that time, the meet announcement has been sent to Zone leadership as well as the Meet Referee and local meet host for comments and approval. I anticipate having a final, sanctioned announcement by the time of our Board meeting. All 12 LSCs in the Zone expressed an interest in participating in the meet but the level of participation is unknown. At the May EZ Technical meeting, it was decided to waive the current policies for the meet for this year only however, the restrictions concerning athletes who have achieved qualifying times for USA Swimming Winter Juniors or higher-level meets are still being following.

Covid Protocols for Meets: USA Swimming has extended its Covid related requirements for sanctioning meets through July 31st. This means that the waivers must remain in meet announcements and that the Covid supplemental document must continue to be submitted in order for a sanction to be granted. We have updated our Return to Competition Plan, renaming it Covid Competition Checklist, to reflect current requirements. As facilities modify their plans, we need to remind our teams that the plans put into place by the facility are what we must follow even if they are more stringent than what is currently required by state and local mandates.

Grant Received for LSC Camp: As mentioned in my report in April, we applied for a grant of up to \$5000 to host an LSC Select Camp. We've been notified that we received the total amount for the grant with the LSC required to match \$3000. We have chosen to go with the format as originally

planned for the camp previously scheduled for April 2020. The target audience of the camp is athletes who are 11 to 14 years old and selection will be based on IMX scores – top 8 per single age group per gender for a total of 64 athletes. The target dates are the last weekend in September or the first weekend of October.

Resumption of Enforcement of Policy Sections 18.5 and 18.7: As was stated at the last HOD meeting, the policy regarding submitting meet announcements two months prior to the first day of a meet (18.7) as well as the policy regarding changes to sanctioned meet announcements will again be enforced beginning with any meets held after September 1, 2021. As an example, a meet starting on September 24th must be received by the business office NLT July 24th. In addition, once a meet is sanctioned, changes to the order of events, arrangement of sessions, etc. will be charged a re-sanctioning fee. An email will be sent to host teams concerning this and it will also be included in the Meet Director's Workshop.

Overview of EZ LC Age Group Champs

August 4-7, 2021

Collegiate School Aquatic Center

Meet Format:

- 4 Day Meet
- Separate sessions for each age group
 - 13/14 and 11/12 age groups will swim prelims/finals format with separate preliminary session for each age group. Single A final per event is currently planned with consideration being given to adding a B final.
 - 10 & under events will be timed finals.
- Relays
 - will be swum in preliminary or timed final sessions, not in finals.
 - 1 relay team per LSC per event (no relay only swimmers)
- All events except the 400/800/1500 freestyles and the 400 IM will be pre-seeded.
- Fastest eight (8) per gender in the 800, 1500, and 11/12 400 freestyle will swim in finals.
- Order of Events is attached.

Teams will be seated inside the venue.

Splash Fees:

- Individual Events: \$12
- Relays: \$16
- Athlete Surcharge: \$10

Spectators will be allowed inside the venue but will be limited to 400 per session. Information about purchasing tickets in advance will be included in the meet announcement. Heat sheets will be provided free of charge as will a link for video-streaming.

LSC Team Size/Selection (no changes to previously announced information):

- LSC Max of 12 individual swimmers per gender per age group per session (an LSC may bring more than 12/gender but may only enter that number in any session)
- LSC Max of 3 individual splashes per event
- Athlete Max of 3 individual events per day
- Athlete Max of 8 individual events for the meet
- LSCs to determine their respective selection criteria – no qualifying times required.
- Entries to be submitted in SCY.



COVID-19 COMPETITION CHECKLIST

EFFECTIVE 5/29/21

Facility/Venue Recommendations:

- Capacity limits must be followed.
- Use of locker rooms and dryland areas (low ventilated spaces) should be controlled.
- Per MAAPP guidelines, parents/guardians of athletes who are 17 years of age or under must be able to observe their children during competition.

Meet Announcement Requirements:

- In order to ensure enough time for procedures and requirements to be reviewed, draft meet announcements must be submitted to the office no later than:
 - 2 weeks prior to the first day of the meet for intra-squad meets
 - 1 month prior to the first day of the meet for other types of meets (dual, virtual etc.)
- In developing the meet announcement and schedule, ensure that the amount of time between the end of one session and the beginning of another session is adequate to allow for proper cleaning/disinfecting.
- A supplemental document must be submitted with the draft meet announcement that includes:
 - A statement of facility, venue, or local protocols and requirements
 - The plan for athlete and spectator ingress and egress.
 - The planned number of individuals gathering in the spaces: pool, deck, spectator seating, etc. (Athletes, coaches, officials, meet workers and spectators must be included in this number.)
 - The following statement: *In applying for this sanction, (Team) agrees to comply and to enforce all health and safety mandates and guidelines of USA Swimming, Virginia Swimming, the Commonwealth of Virginia, and (local jurisdiction).*
- Relay events will be allowed.
- A meet backup needs to be submitted to the business office no later than seven days prior to the first day of the meet to monitor athlete numbers per session.