

Virginia Swimming Records

Boy's LCM

10 & U	50 FR	28.83	Thomas Heilman	CYAC	7/22/2017	2017 VA LC AG Champs-
	100 FR	1:03.19	Thomas Heilman	CYAC	8/9/2017	2017 VA Eastern Zone LC Champi
	200 FR	2:18.99	Keith Myburgh	GATR	6/25/2010	2010 NC GSA 55th Annual Easter
	400 FR	4:51.11	Keith Myburgh	GATR	7/29/2010	2010 VA LC AG Champs (HOKI)
	50 BR	33.65	Raleigh Harrington	NOVA	7/21/2023	2023 VA LC Age Group Champs
	100 BK	1:12.75	Crash Ackerly	PSDN	4/17/2016	2016 VA Spring Splash
	50 BR	38.58	Robert Dewolff	NOVA	8/11/2004	2004 NI EZ AG LC Champs
	50 BR	38.58	Danny Pyle	RAYS	8/8/1990	
	100 BR	1:23.31	Gareth Hollender	NOVA	7/24/2021	2021 VA LC Age Group Championship
	50 FL	31.24	Ryan Bradley	BRAC	5/25/1985	
	100 FL	1:10.78	Thomas Heilman	CYAC	8/9/2017	2017 VA Eastern Zone LC Champi
	200 IM	2:35.93	Keith Myburgh	GATR	7/29/2010	2010 VA LC AG Champs (HOKI)
	200 FR-R	2:04.89	Trent Abbott, Raleigh Harrington, Zander Tan, Daniel Bunge	NOVA	7/22/2023	2023 VA LC Age Group Champs
	200 MED-R	2:21.16	Aiden Boyd, Spencer Ridge, Joseph Conner, Eric Lambert	NOVA	7/22/2017	2017 VA LC AG Champs-
	11-12	50 FR	25.02	Thomas Heilman	CYAC	7/27/2019
100 FR		56.29	Thomas Heilman	CYAC	7/28/2019	2019 VA Long Course Age Group
200 FR		2:02.47	Thomas Heilman	CYAC	7/26/2019	2019 VA Long Course Age Group
400 FR		4:24.59	Caleb Thomas	QSTS	8/5/2016	2016 MR Eastern Zone LC Championship
800 FR		9:12.17	Keith Myburgh	GATR	6/21/2012	2012 NC GSA Eastern Invitation
1500 FR		17:30.58	Adam Kerr	PSDN	5/17/2014	2014 VA Williamsburg AC Spring
50 BK		29.12	Luke Durocher	RPST	8/7/2013	2013 Eastern Zone Long Course
100 BK		1:03.59	Eric Lambert	NOVA	7/27/2019	2019 VA Long Course Age Group
200 BK		2:16.71	Tom Sheranek	NOVA	7/25/2003	2003 VA LC Senior Champs
50 BR		33.65	Danny Pyle	RAYS	8/13/1992	
100 BR		1:12.71	James Kegelman	CGBD	8/12/2009	2009 MA Eastern Zone LC Champ
200 BR		2:37.86	James Kegelman	CGBD	8/12/2009	2009 MA Eastern Zone LC Champ
50 FL		27.05	Thomas Heilman	CYAC	7/28/2019	2019 VA Long Course Age Group
100 FL		59.89	Thomas Heilman	CYAC	7/26/2019	2019 VA Long Course Age Group
200 FL		2:13.93	Thomas Heilman	CYAC	7/27/2019	2019 VA Long Course Age Group
200 IM		2:20.52	Luke Durocher	RPST	8/7/2013	2013 Eastern Zone Long Course
400 IM		5:03.19	Adam Kerr	PSDN	5/8/2014	2014 VA Poseidon Classic
200 FR-R		1:50.49	Thomas Heilman, Will Browne, Travis Hitt, Aiden Zhu	CYAC	7/27/2019	2019 VA Long Course Age Group

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	400 FR-R	4:06.28	Will Browne, Travis Hitt, Tanner Kidd, Thomas Heilman	CYAC	7/28/2019	2019 VA Long Course Age Group
	200 MED-R	2:03.78	David Wren, Jordan Arencibia, Ian Vogt, Gaites Brown	NOVA	5/24/2002	Josh Weaver Memo
	400 MED-R	4:31.32	Tanner Kidd, Travis Hitt, Will Browne, Thomas Heilman	CYAC	7/26/2019	2019 VA Long Course Age Group
13-14	50 FR	22.95	Thomas Heilman	CA-Y	12/2/2021	2021 Toyota US Open Championship
	100 FR	51.12	Thomas Heilman	CA-Y	12/4/2021	2021 Toyota US Open Championship
	200 FR	1:51.27	Thomas Heilman	CA-Y	12/3/2021	2021 Toyota US Open Championship
	400 FR	4:04.56	Henry Campbell	QDD	7/21/2011	2011 VA LC SR Championships
	800 FR	8:25.26	Jeff Utsch	BRAC	8/25/1982	
	1500 FR	16:17.19	Nathan Szobota	NOVA	5/12/2022	2022 VA EZ LC Speedo Super Sectional
	100 BK	59.23	Eric Lambert	NOVA	7/24/2021	2021 VA LC Age Group Championship
	200 BK	2:06.52	Nathan Szobota	NOVA	6/12/2022	2022 VA NOVA Senior Classic
	100 BR	1:07.11	Keith Myburgh	GATR	7/24/2014	2014 VA LC AG Champs- CAC
	200 BR	2:25.02	Keith Myburgh	GATR	7/24/2014	2014 VA LC AG Champs- CAC
	100 FL	53.27	Thomas Heilman	CA-Y	12/3/2021	2021 Toyota US Open Championship
	200 FL	1:59.87	Thomas Heilman	CA-Y	12/4/2021	2021 Toyota US Open Championship
	200 IM	2:09.71	Eric Lambert	NOVA	7/25/2021	2021 VA LC Age Group Championship
	400 IM	4:35.57	Keith Myburgh	GATR	7/24/2014	2014 VA LC AG Champs- CAC
	200 FR-R	1:40.59	Charlie Welsh, Ben Franks, Cole Nelson, Aidin Muminovic	NOVA	7/22/2023	2023 VA LC Age Group Champs
	400 FR-R	3:43.12	Alex Gertner, Nathan Szobota, Christian Thornton, Eric Lambert	NOVA	7/25/2021	2021 VA LC Age Group Championship
	800 FR-R	7:59.87	Ben Franks, Josh Farnsworth, Cole Nelson, Aidin Muminovic	NOVA	7/20/2023	2023 VA LC Age Group Champs
	200 MED-R	1:52.62	Brady Julian, JD Chen, Ryan Smith, Aidin Muminovic	NOVA	7/23/2022	2022 VA LC Age Group Championships
	400 MED-R	4:05.39	Nathan Szobota, Spencer Ridge, Alex Gertner, Eric Lambert	NOVA	7/23/2021	2021 VA LC Age Group Championship
15-16	50 FR	22.89	Thomas Heilman	CA-Y	4/30/2022	International Team Trials
	100 FR	49.20	Thomas Heilman	CA-Y	6/27/2023	2023 Phillips 66 National Championships

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	200 FR	1:49.13	Thomas Heilman	CA-Y	6/2/2023	2023 PV NCAP Elite Qualifier
	400 FR	3:51.99	Townley Haas	NOVA	8/5/2013	2013 Summer Junior Nats
	800 FR	8:08.71	Jeff Utsch	BRAC	8/14/1984	
	1500 FR	15:18.13	Nathan Szobota	NOVA	6/27/2023	2023 Phillips 66 National Championships
	100 BK	56.66	Clark Beach	QSTS	6/27/2016	2016 Olympic Trials
	200 BK	2:01.70	Josh Friedel	RAYS, Inc	7/27/2009	2009 AP YMCA National Long Course
	100 BR	1:03.97	Gabe Nunziata	ODAC	7/26/2023	2023 Futures Championships - Richmond, VA - C/
	200 BR	2:17.95	Gabe Nunziata	ODAC	12/2/2023	2023 VA ISCA LC ISCA Open
	100 FL	51.19	Thomas Heilman	CA-Y	6/29/2023	2023 Phillips 66 National Championships
	200 FL	1:53.82	Thomas Heilman	CA-Y	7/26/2023	2023 World Champs
	200 IM	2:02.84	Thomas Heilman	CA-Y	7/1/2023	2023 Phillips 66 National Championships
	400 IM	4:24.89	Nathan Szobota	NOVA	8/1/2023	2023 Speedo Junior National Championships
	200 FR-R	1:37.87	Christopher Dalla Valle, Matthew Whelan, Stephen Laming, Zach Cram	NOVA	8/1/2017	2017 NCSA Summer Champs
	400 FR-R	3:33.99	Matthew Whelan, Patrick Madden, Christopher Dalla Valle, Reid Hutcherson	NOVA	8/3/2017	2017 NCSA Summer Champs
	800 FR-R	7:44.31	Christopher Dalla Valle, Matthew Whelan, Patrick Madden, Reid Hutcherson	NOVA	8/2/2017	2017 NCSA Summer Champs
	200 MED-R	1:49.66	Angelo Russo, Keith Myburgh, Khalil Fonder, Greg Reed	GATR	7/29/2015	2015 FL Dolfin Summer Senior Beac
	400 MED-R	3:58.57	Patrick Madden, Daniel Chance, Matthew Whelan, Christopher Dalla Valle	NOVA	8/5/2017	2017 NCSA Summer Champs
17-18	50 FR	22.62	Brendan Whitfield	LY	6/28/2023	2023 Phillips 66 National Championships - Time 1
	100 FR	49.55	Townley Haas	NOVA	8/28/2014	2014 Jr Pan Pacific Championships
	100 FR	49.55	Townley Haas	NOVA	8/27/2014	2014 Jr Pan Pacific Championships
	200 FR	1:47.55	Townley Haas	NOVA	8/7/2015	2015 Summer Nationals
	400 FR	3:48.69	Townley Haas	NOVA	8/6/2015	2015 Summer Nationals
	800 FR	8:00.99	Townley Haas	NOVA	8/27/2014	2014 Jr Pan Pacific Championships
	1500 FR	15:30.94	Bobby DiNunzio	TIDE	4/7/2022	2022 VA Speedo Premier Racing

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100 BK	55.48	Clark Beach	QSTS	8/5/2017	2017 U.S. Open
200 BK	1:59.28	Clark Beach	QSTS	8/3/2017	2017 U.S. Open
100 BR	1:01.54	Noah Nichols	UVA	3/3/2021	2021 VA Cavalier Men Inv M
200 BR	2:15.38	Gabe Nunziata	ODAC	3/30/2024	2024 FL ISCA International Senior Cup
100 FL	51.83	Youssef Ramadan	VT	6/27/2021	2021 CA Dolfin Fran Crippen SMOC
200 FL	1:59.12	Blake Manoff	UN	7/31/2019	2019 Summer Nationals
200 IM	2:02.57	Charlie Swanson	NOVA	8/27/2016	2016 Jr Pan Pacific Champs
400 IM	4:17.37	Charlie Swanson	NOVA	8/25/2016	2016 Jr Pan Pacific Champs
200 FR-R	1:35.30	Aaron Schultz, Charlie Swanson, Ted Schubert, Aidan Sullivan	NOVA	7/28/2015	2015 IN NCSA Summer Swimming
400 FR-R	3:26.76	Aaron Schultz, Townley Haas, Jac Cortright, Charlie Swanson	NOVA	8/6/2015	2015 Summer Nationals
800 FR-R	7:25.78	Jac Cortright, Aaron Schultz, Charlie Swanson, Townley Haas	NOVA	8/9/2015	2015 Summer Nationals
200 MED-R	1:44.01	Sam Cuthbert, Charlie Swanson, Ted Schubert, Aaron Schultz	NOVA	7/28/2015	2015 IN NCSA Summer Swimming
400 MED-R	3:44.11	Wade O'Brien, Charlie Swanson, Ted Schubert, Townley Haas	NOVA	8/10/2015	2015 Summer Nationals

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