

2025 Virginia Swimming LC Age Group Champions - 7/24/2025 to 7/27/2025**Session Report**

Session: 1 Thursday Timed Finals

Day of Meet: 1 Starts at 02:40 PM Heat Interval: 25 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	1 Girls 11-14 1500 Freestyle	22	3 u	02:40 PM	_____
Finals	2 Boys 11-14 1500 Freestyle	35	4 u	03:41 PM	_____
	Break: 20 Minutes:				
Finals	3 Girls 10 & Under 400 Freestyle	18	2 u	05:18 PM	_____
Finals	4 Boys 10 & Under 400 Freestyle	29	4 u	05:31 PM	_____
Finals	5 Girls 11-12 400 Freestyle	16	2 u	05:56 PM	_____
Finals	6 Boys 11-12 400 Freestyle	23	3 u	06:07 PM	_____
	Break: 20 Minutes:				
Finals	7 Girls 13-14 800 Freestyle Relay	12	2 u	06:44 PM	_____
Finals	8 Boys 13-14 800 Freestyle Relay	10	2 u	07:04 PM	_____
	Swimmers Counts for Warm-ups: 143	=====	=====		
	Entry / Heat Totals:	165	22		
	Finish Time			07:23 PM	_____

2025 Virginia Swimming LC Age Group Champions - 7/24/2025 to 7/27/2025**Session Report**

Session: 2 Friday Prelims

Day of Meet: 2 Starts at 08:30 AM Heat Interval: 10 Seconds / Back +15 Seconds / Chase -30

Round	Event	Entries	Heats	Starts at	
Prelims	9 Girls 13-14 100 Breaststroke	30	4 u	08:30 AM	_____
Prelims	10 Boys 13-14 100 Breaststroke	37	5 u	08:35 AM	_____
Prelims	11 Girls 11-12 50 Breaststroke	13	2 u	08:39 AM	_____
Prelims	12 Boys 11-12 50 Breaststroke	20	3 u	08:41 AM	_____
Prelims	13 Girls 10 & Under 50 Breaststroke	16	2 u	08:44 AM	_____
Prelims	14 Boys 10 & Under 50 Breaststroke	23	3 u	08:46 AM	_____
Prelims	15 Girls 13-14 200 Freestyle	35	4 u	08:48 AM	_____
Prelims	16 Boys 13-14 200 Freestyle	23	3 u	08:56 AM	_____
Prelims	17 Girls 11-12 200 Freestyle	18	2 u	09:02 AM	_____
Prelims	18 Boys 11-12 200 Freestyle	28	4 u	09:06 AM	_____
Prelims	19 Girls 10 & Under 200 Freestyle	30	4 u	09:15 AM	_____
Prelims	20 Boys 10 & Under 200 Freestyle	29	4 u	09:25 AM	_____
Prelims	21 Girls 13-14 100 Butterfly	38	5 u	09:34 AM	_____
Prelims	22 Boys 13-14 100 Butterfly	30	4 u	09:39 AM	_____
Prelims	23 Girls 11-12 100 Butterfly	35	4 u	09:42 AM	_____
Prelims	24 Boys 11-12 100 Butterfly	27	3 u	09:45 AM	_____
Prelims	25 Girls 10 & Under 50 Backstroke	29	4 u	09:48 AM	_____
Prelims	26 Boys 10 & Under 50 Backstroke	30	4 u	09:53 AM	_____
Prelims	27 Girls 13-14 50 Backstroke	23	3 u	09:57 AM	_____
Prelims	28 Boys 13-14 50 Backstroke	20	3 u	10:02 AM	_____
Prelims	29 Girls 11-12 200 Backstroke	21	3 u	10:06 AM	_____
Prelims	30 Boys 11-12 200 Backstroke	12	2 u	10:14 AM	_____
Prelims	31 Girls 13-14 400 IM	25	3 u	10:20 AM	_____
Prelims	32 Boys 13-14 400 IM	26	3 u	10:35 AM	_____
Finals-S	33 Girls 11-12 400 IM	9	1 u	10:50 AM	_____
Finals-S	34 Boys 11-12 400 IM	5	1 u	10:56 AM	_____
	Break: 5 Minutes:				
Finals	35 Girls 10 & Under 400 Medley Relay	10	2 u	11:06 AM	_____
Finals	36 Boys 10 & Under 400 Medley Relay	8	1 u	11:20 AM	_____
Finals-S	37 Girls 13-14 400 Medley Relay	9	1 u	11:27 AM	_____
Finals-S	38 Boys 13-14 400 Medley Relay	7	1 u	11:32 AM	_____
Finals-S	39 Girls 11-12 400 Medley Relay	4	1 u	11:37 AM	_____
Finals-S	40 Boys 11-12 400 Medley Relay	1	0	11:43 AM	_____
	Swimmers Counts for Warm-ups: 365	=====	=====		
	Entry / Heat Totals:	671	89		
	Finish Time			11:43 AM	_____

2025 Virginia Swimming LC Age Group Champions - 7/24/2025 to 7/27/2025**Session Report**

Session: 3 Friday Finals

Day of Meet: 2 Starts at 05:00 PM Heat Interval: 70 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	9 Girls 13-14 100 Breaststroke	18	2 u	05:00 PM	_____
Finals	10 Boys 13-14 100 Breaststroke	18	2 u	05:05 PM	_____
Finals	11 Girls 11-12 50 Breaststroke	13	2 u	05:10 PM	_____
Finals	12 Boys 11-12 50 Breaststroke	18	2 u	05:14 PM	_____
Finals	13 Girls 10 & Under 50 Breaststroke	9	1 u	05:18 PM	_____
Finals	14 Boys 10 & Under 50 Breaststroke	9	1 u	05:21 PM	_____
Finals	15 Girls 13-14 200 Freestyle	18	2 u	05:25 PM	_____
Finals	16 Boys 13-14 200 Freestyle	18	2 u	05:32 PM	_____
Finals	17 Girls 11-12 200 Freestyle	18	2 u	05:39 PM	_____
Finals	18 Boys 11-12 200 Freestyle	18	2 u	05:46 PM	_____
Finals	19 Girls 10 & Under 200 Freestyle	9	1 u	05:53 PM	_____
Finals	20 Boys 10 & Under 200 Freestyle	9	1 u	05:57 PM	_____
Finals	21 Girls 13-14 100 Butterfly	18	2 u	06:01 PM	_____
Finals	22 Boys 13-14 100 Butterfly	18	2 u	06:05 PM	_____
Finals	23 Girls 11-12 100 Butterfly	18	2 u	06:10 PM	_____
Finals	24 Boys 11-12 100 Butterfly	18	2 u	06:14 PM	_____
Finals	25 Girls 10 & Under 50 Backstroke	9	1 u	06:19 PM	_____
Finals	26 Boys 10 & Under 50 Backstroke	9	1 u	06:21 PM	_____
Finals	27 Girls 13-14 50 Backstroke	18	2 u	06:23 PM	_____
Finals	28 Boys 13-14 50 Backstroke	18	2 u	06:28 PM	_____
Finals	29 Girls 11-12 200 Backstroke	18	2 u	06:33 PM	_____
Finals	30 Boys 11-12 200 Backstroke	12	2 u	06:42 PM	_____
Finals	31 Girls 13-14 400 IM	18	2 u	06:50 PM	_____
Finals	32 Boys 13-14 400 IM	18	2 u	07:03 PM	_____
Finals-1	33 Girls 11-12 400 IM	8	1 u	07:16 PM	_____
Finals-1	34 Boys 11-12 400 IM	8	1 u	07:23 PM	_____
	Break: 5 Minutes:				
Finals-1	37 Girls 13-14 400 Medley Relay	8	1 u	07:35 PM	_____
Finals-1	38 Boys 13-14 400 Medley Relay	8	1 u	07:41 PM	_____
Finals-1	39 Girls 11-12 400 Medley Relay	8	1 u	07:47 PM	_____
Finals-1	40 Boys 11-12 400 Medley Relay	9	1 u	07:54 PM	_____
	Swimmers Counts for Warm-ups: 249	=====	=====		
	Entry / Heat Totals:	416	48		
	Finish Time			08:01 PM	_____

2025 Virginia Swimming LC Age Group Champions - 7/24/2025 to 7/27/2025**Session Report**

Session: 4 Saturday Prelims

Day of Meet: 3 Starts at 08:30 AM Heat Interval: 10 Seconds / Back +15 Seconds / Chase -30

Round	Event	Entries	Heats	Starts at	
Finals-S	41 Girls 13-14 200 Medley Relay	10	1 u	08:30 AM	_____
Finals-S	42 Boys 13-14 200 Medley Relay	8	1 u	08:36 AM	_____
Finals-S	43 Girls 11-12 200 Medley Relay	3	1 u	08:41 AM	_____
Finals-S	44 Boys 11-12 200 Medley Relay	4	1 u	08:44 AM	_____
Finals	45 Girls 10 & Under 200 Medley Relay	11	2 u	08:47 AM	_____
Finals	46 Boys 10 & Under 200 Medley Relay	8	1 u	08:54 AM	_____
Break: 5 Minutes:					
Prelims	47 Girls 13-14 200 Butterfly	26	3 u	09:02 AM	_____
Prelims	48 Boys 13-14 200 Butterfly	17	2 u	09:09 AM	_____
Prelims	49 Girls 11-12 200 Butterfly	14	2 u	09:13 AM	_____
Prelims	50 Boys 11-12 200 Butterfly	12	2 u	09:18 AM	_____
Prelims	51 Girls 10 & Under 50 Butterfly	26	3 u	09:23 AM	_____
Prelims	52 Boys 10 & Under 50 Butterfly	27	3 u	09:26 AM	_____
Prelims	53 Girls 13-14 50 Freestyle	46	6 u	09:28 AM	_____
Prelims	54 Boys 13-14 50 Freestyle	49	6 u	09:32 AM	_____
Prelims	55 Girls 11-12 50 Freestyle	35	4 u	09:36 AM	_____
Prelims	56 Boys 11-12 50 Freestyle	39	5 u	09:39 AM	_____
Prelims	57 Girls 10 & Under 100 Freestyle	22	3 u	09:42 AM	_____
Prelims	58 Boys 10 & Under 100 Freestyle	25	3 u	09:45 AM	_____
Prelims	59 Girls 13-14 200 Breaststroke	36	4 u	09:48 AM	_____
Prelims	60 Boys 13-14 200 Breaststroke	37	5 u	09:58 AM	_____
Prelims	61 Girls 11-12 100 Breaststroke	15	2 u	10:11 AM	_____
Prelims	62 Boys 11-12 100 Breaststroke	21	3 u	10:13 AM	_____
Prelims	63 Girls 10 & Under 100 Breaststroke	12	2 u	10:17 AM	_____
Prelims	64 Boys 10 & Under 100 Breaststroke	16	2 u	10:19 AM	_____
Prelims	65 Girls 13-14 100 Backstroke	28	4 u	10:22 AM	_____
Prelims	66 Boys 13-14 100 Backstroke	27	3 u	10:26 AM	_____
Prelims	67 Girls 11-12 50 Backstroke	28	4 u	10:30 AM	_____
Prelims	68 Boys 11-12 50 Backstroke	33	4 u	10:34 AM	_____
Prelims	69 Girls 10 & Under 200 IM	21	3 u	10:38 AM	_____
Prelims	70 Boys 10 & Under 200 IM	27	3 u	10:46 AM	_____
Prelims	71 Girls 11-12 200 IM	25	3 u	10:55 AM	_____
Prelims	72 Boys 11-12 200 IM	19	3 u	11:02 AM	_____
Prelims	73 Girls 13-14 400 Freestyle	22	3 u	11:09 AM	_____
Prelims	74 Boys 13-14 400 Freestyle	22	3 u	11:23 AM	_____
Break: 5 Minutes:					
Finals	75 Girls 10 & Under 200 Freestyle Relay	11	2 u	11:41 AM	_____
Finals	76 Boys 10 & Under 200 Freestyle Relay	8	1 u	11:46 AM	_____
Finals-S	77 Girls 11-12 200 Freestyle Relay	3	1 u	11:49 AM	_____
Finals-S	78 Boys 11-12 200 Freestyle Relay	4	1 u	11:51 AM	_____
Finals-S	79 Girls 13-14 200 Freestyle Relay	10	1 u	11:53 AM	_____
Finals-S	80 Boys 13-14 200 Freestyle Relay	7	1 u	11:56 AM	_____
Swimmers Counts for Warm-ups: 388		=====	=====		
Entry / Heat Totals:		814	107		

2025 Virginia Swimming LC Age Group Champions - 7/24/2025 to 7/27/2025

Session Report

Session: 4 Saturday Prelims

Day of Meet: 3 Starts at 08:30 AM Heat Interval: 10 Seconds / Back +15 Seconds / Chase -30

Round	Event	Starts at
	Finish Time	11:58 AM

2025 Virginia Swimming LC Age Group Champions - 7/24/2025 to 7/27/2025**Session Report**

Session: 5 Saturday Finals

Day of Meet: 3 Starts at 05:00 PM Heat Interval: 70 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals-1	41 Girls 13-14 200 Medley Relay	8	1 u	05:00 PM	_____
Finals-1	42 Boys 13-14 200 Medley Relay	8	1 u	05:07 PM	_____
Finals-1	43 Girls 11-12 200 Medley Relay	8	1 u	05:13 PM	_____
Finals-1	44 Boys 11-12 200 Medley Relay	8	1 u	05:17 PM	_____
	Break: 5 Minutes:				
Finals	47 Girls 13-14 200 Butterfly	18	2 u	05:26 PM	_____
Finals	48 Boys 13-14 200 Butterfly	17	2 u	05:33 PM	_____
Finals	49 Girls 11-12 200 Butterfly	14	2 u	05:40 PM	_____
Finals	50 Boys 11-12 200 Butterfly	12	2 u	05:49 PM	_____
Finals	51 Girls 10 & Under 50 Butterfly	9	1 u	05:56 PM	_____
Finals	52 Boys 10 & Under 50 Butterfly	9	1 u	05:58 PM	_____
Finals	53 Girls 13-14 50 Freestyle	18	2 u	06:00 PM	_____
Finals	54 Boys 13-14 50 Freestyle	18	2 u	06:03 PM	_____
Finals	55 Girls 11-12 50 Freestyle	18	2 u	06:06 PM	_____
Finals	56 Boys 11-12 50 Freestyle	18	2 u	06:10 PM	_____
Finals	57 Girls 10 & Under 100 Freestyle	9	1 u	06:13 PM	_____
Finals	58 Boys 10 & Under 100 Freestyle	9	1 u	06:15 PM	_____
Finals	59 Girls 13-14 200 Breaststroke	18	2 u	06:18 PM	_____
Finals	60 Boys 13-14 200 Breaststroke	18	2 u	06:26 PM	_____
Finals	61 Girls 11-12 100 Breaststroke	15	2 u	06:34 PM	_____
Finals	62 Boys 11-12 100 Breaststroke	18	2 u	06:39 PM	_____
Finals	63 Girls 10 & Under 100 Breaststroke	9	1 u	06:44 PM	_____
Finals	64 Boys 10 & Under 100 Breaststroke	9	1 u	06:47 PM	_____
Finals	65 Girls 13-14 100 Backstroke	18	2 u	06:50 PM	_____
Finals	66 Boys 13-14 100 Backstroke	18	2 u	06:55 PM	_____
Finals	67 Girls 11-12 50 Backstroke	18	2 u	07:00 PM	_____
Finals	68 Boys 11-12 50 Backstroke	18	2 u	07:04 PM	_____
Finals	69 Girls 10 & Under 200 IM	9	1 u	07:08 PM	_____
Finals	70 Boys 10 & Under 200 IM	9	1 u	07:12 PM	_____
Finals	71 Girls 11-12 200 IM	18	2 u	07:16 PM	_____
Finals	72 Boys 11-12 200 IM	18	2 u	07:24 PM	_____
Finals	73 Girls 13-14 400 Freestyle	18	2 u	07:32 PM	_____
Finals	74 Boys 13-14 400 Freestyle	18	2 u	07:43 PM	_____
	Break: 5 Minutes:				
Finals-1	77 Girls 11-12 200 Freestyle Relay	8	1 u	08:00 PM	_____
Finals-1	78 Boys 11-12 200 Freestyle Relay	8	1 u	08:03 PM	_____
Finals-1	79 Girls 13-14 200 Freestyle Relay	8	1 u	08:07 PM	_____
Finals-1	80 Boys 13-14 200 Freestyle Relay	8	1 u	08:10 PM	_____
	Swimmers Counts for Warm-ups: 247	=====	=====		
	Entry / Heat Totals:	482	56		
	Finish Time			08:13 PM	_____

2025 Virginia Swimming LC Age Group Champions - 7/24/2025 to 7/27/2025**Session Report**

Session: 6 Sunday Prelims

Day of Meet: 4 Starts at 08:30 AM Heat Interval: 10 Seconds / Back +15 Seconds / Chase -30

Round	Event	Entries	Heats	Starts at	
Prelims	81 Girls 13-14 50 Breaststroke	26	3 u	08:30 AM	_____
Prelims	82 Boys 13-14 50 Breaststroke	31	4 u	08:35 AM	_____
Prelims	83 Girls 11-12 200 Breaststroke	21	3 u	08:41 AM	_____
Prelims	84 Boys 11-12 200 Breaststroke	20	3 u	08:50 AM	_____
Prelims	85 Girls 13-14 200 Backstroke	18	2 u	08:58 AM	_____
Prelims	86 Boys 13-14 200 Backstroke	19	3 u	09:03 AM	_____
Prelims	87 Girls 11-12 100 Backstroke	26	3 u	09:10 AM	_____
Prelims	88 Boys 11-12 100 Backstroke	23	3 u	09:14 AM	_____
Prelims	89 Girls 10 & Under 100 Backstroke	21	3 u	09:17 AM	_____
Prelims	90 Boys 10 & Under 100 Backstroke	22	3 u	09:21 AM	_____
Prelims	91 Girls 13-14 100 Freestyle	42	5 u	09:25 AM	_____
Prelims	92 Boys 13-14 100 Freestyle	39	5 u	09:29 AM	_____
Prelims	93 Girls 10 & Under 50 Freestyle	26	3 u	09:32 AM	_____
Prelims	94 Boys 10 & Under 50 Freestyle	30	4 u	09:35 AM	_____
Prelims	95 Girls 13-14 200 IM	33	4 u	09:38 AM	_____
Prelims	96 Boys 13-14 200 IM	29	4 u	09:47 AM	_____
Prelims	97 Girls 11-12 100 Freestyle	43	5 u	09:55 AM	_____
Prelims	98 Boys 11-12 100 Freestyle	39	5 u	09:59 AM	_____
Prelims	99 Girls 10 & Under 100 Butterfly	24	3 u	10:03 AM	_____
Prelims	100 Boys 10 & Under 100 Butterfly	28	4 u	10:07 AM	_____
Prelims	101 Girls 13-14 50 Butterfly	35	4 u	10:11 AM	_____
Prelims	102 Boys 13-14 50 Butterfly	27	3 u	10:17 AM	_____
Prelims	103 Girls 11-12 50 Butterfly	44	5 u	10:20 AM	_____
Prelims	104 Boys 11-12 50 Butterfly	47	6 u	10:24 AM	_____
	Break: 5 Minutes:				
Finals	105 Girls 13-14 400 Freestyle Relay	16	2 u	10:34 AM	_____
Finals	106 Boys 13-14 400 Freestyle Relay	13	2 u	10:43 AM	_____
Finals	107 Girls 11-12 400 Freestyle Relay	12	2 u	10:52 AM	_____
Finals	108 Boys 11-12 400 Freestyle Relay	10	2 u	11:02 AM	_____
Finals	109 Girls 10 & Under 400 Freestyle Relay	10	2 u	11:11 AM	_____
Finals	110 Boys 10 & Under 400 Freestyle Relay	8	1 u	11:23 AM	_____
	Break: 25 Minutes:				
Finals	111 Girls 11-14 800 Freestyle	26	3 u	11:54 AM	_____
Finals	112 Boys 11-14 800 Freestyle	36	4 u	12:32 PM	_____
	Swimmers Counts for Warm-ups: 400	=====	=====		
	Entry / Heat Totals:	844	108		
	Finish Time			01:10 PM	_____

2025 Virginia Swimming LC Age Group Champions - 7/24/2025 to 7/27/2025**Session Report**

Session: 7 Sunday Finals

Day of Meet: 4 Starts at 04:00 PM Heat Interval: 70 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	81 Girls 13-14 50 Breaststroke	18	2 u	04:00 PM	_____
Finals	82 Boys 13-14 50 Breaststroke	18	2 u	04:05 PM	_____
Finals	83 Girls 11-12 200 Breaststroke	18	2 u	04:10 PM	_____
Finals	84 Boys 11-12 200 Breaststroke	18	2 u	04:19 PM	_____
Finals	85 Girls 13-14 200 Backstroke	18	2 u	04:27 PM	_____
Finals	86 Boys 13-14 200 Backstroke	18	2 u	04:35 PM	_____
Finals	87 Girls 11-12 100 Backstroke	18	2 u	04:43 PM	_____
Finals	88 Boys 11-12 100 Backstroke	18	2 u	04:48 PM	_____
Finals	89 Girls 10 & Under 100 Backstroke	9	1 u	04:54 PM	_____
Finals	90 Boys 10 & Under 100 Backstroke	9	1 u	04:56 PM	_____
Finals	91 Girls 13-14 100 Freestyle	18	2 u	04:59 PM	_____
Finals	92 Boys 13-14 100 Freestyle	18	2 u	05:04 PM	_____
Finals	93 Girls 10 & Under 50 Freestyle	9	1 u	05:08 PM	_____
Finals	94 Boys 10 & Under 50 Freestyle	9	1 u	05:10 PM	_____
Finals	95 Girls 13-14 200 IM	18	2 u	05:11 PM	_____
Finals	96 Boys 13-14 200 IM	18	2 u	05:19 PM	_____
Finals	97 Girls 11-12 100 Freestyle	18	2 u	05:26 PM	_____
Finals	98 Boys 11-12 100 Freestyle	18	2 u	05:30 PM	_____
Finals	99 Girls 10 & Under 100 Butterfly	9	1 u	05:35 PM	_____
Finals	100 Boys 10 & Under 100 Butterfly	9	1 u	05:37 PM	_____
Finals	101 Girls 13-14 50 Butterfly	18	2 u	05:40 PM	_____
Finals	102 Boys 13-14 50 Butterfly	18	2 u	05:45 PM	_____
Finals	103 Girls 11-12 50 Butterfly	18	2 u	05:49 PM	_____
Finals	104 Boys 11-12 50 Butterfly	18	2 u	05:52 PM	_____
	Swimmers Counts for Warm-ups: 239	=====	=====		
	Entry / Heat Totals:	378	42		
	Finish Time			05:56 PM	_____
	Finish Time			09:00 PM	_____