



2024 Eastern Zone Super Sectional Meet
Richmond, VA
Friday, May 17, 2024
Finals Time Line

National Anthem			5:26 PM
Event #13	Women's 200 Meter Freestyle	18&U Bonus Bonus Consolation Championship	5:30 PM
Event #14	Men's 200 Meter Freestyle	18&U Bonus Bonus Consolation Championship	5:43 PM
Event #15	Women's 100 Meter Butterfly	18&U Bonus Bonus Consolation Championship	5:55 PM
Event #16	Men's 100 Meter Butterfly	18&U Bonus Bonus Consolation Championship	6:04 PM
Event #17	Women's 400 Meter Individual Medley	18&U Bonus Bonus Consolation Championship	6:12 PM
Event #18	Men's 400 Meter Individual Medley	18&U Bonus Bonus Consolation Championship	6:38 PM
BREAK (5 min)			7:01 PM
Event #19	Women's 400 Meter Freestyle Relay	Heat 1 Heat 2	7:06 PM 7:11 PM
Event #20	Men's 400 Meter Freestyle Relay	Heat 1 Heat 2	7:16 PM 7:21 PM
End of Session			7:25 PM

**** Scratches for Saturday Prelims due by 6:00 PM ****

**** Relay Cards Due at 6:00 PM for the 400 Freestyle Relay ****



2024 EZ LC Speedo Super Sectional - 5/16/2024 to 5/19/2024
Meet Program - Friday Finals

Event 13 Women 200 LC Meter Freestyle

Sect Record:	1:57.11	5/19/2023	Erin Gemmell
	2:00.89	OLY	
	2:04.29	SUM	
	2:04.29	FUTB 190 Futures	
	2:07.79	FUTA 18U Futures	

Lane	Name	Age	Team	Prelims
Heat 1 D - Final				
1	Ayres, Meghan	14	CA-Y	2:11.28
2	Teague, Sara	17	TIDE	2:10.42
3	Francis, Lane	14	NOVA	2:10.19
4	Roemer, Samantha	14	NCAP	2:10.10
5	Gudana, Sophie	15	NCAP	2:10.19
6	Bynum, Madeline	13	NOVA	2:10.29
7	Macik, Jane	18	NCAP	2:11.05
8	King, Sedona	13	CA-Y	2:11.35

Alternates

1	Pasquella, Sarah	17	KW	2:11.57
2	Wells, Sara	16	CA-Y	2:11.80

Heat 2 C - Final

1	Venditti, Livia	18	RMSC	2:10.04
2	Reppucci, Sara	16	CRIM	2:09.27
3	Cigna, Emma	16	NCAP	2:08.89
4	Mouhidin, Hazel	17	CRIM	2:08.77
5	Sistrunk, Elizabeth	17	NCAP	2:08.81
6	Kilty, Caroline	16	NCAP	2:08.92
7	Barnard, Amanda	17	NOVA	2:09.51
8	Jochims, Ava	15	RXA	2:10.04

Heat 3 B - Final

1	Strickland, Virginia	15	NCAP	2:08.64
2	Budnik, Isabella	17	COND	2:08.38
3	Saybolt, Elanor	15	NCAP	2:08.13
4	Bischoff, Allison	17	NOVA	2:07.49 FUTA
5	Miklos, Riley	18	NOVA	2:07.60 FUTA
6	Sawwa, Alexia	18	NCAP	2:08.27
7	Sherman, Lila	15	FISH	2:08.47
8	Shnowske, Anna	16	757	2:08.69

Heat 4 A - Final

1	Wheeler, Jane	15	CRIM	2:06.36 FUTA
2	Claesson, Emily	19	VT	2:04.25 SUM
3	Moesch, Annaliesa	18	GSCY	2:02.98 SUM
4	Dworak, Andrea	17	RMSC	2:01.90 SUM
5	Wilson, Kayla	20	TIDE	2:02.09 SUM
6	Yuen, Crystal	18	MERC	2:04.18 SUM
7	Gutierrez, Luci	16	WEST	2:06.29 FUTA
8	Vanyo, Sofie	15	ACAC	2:07.21 FUTA

Alternates

1	Roemer, Samantha	14	NCAP	2:10.10
2	Gudana, Sophie	15	NCAP	2:10.19

Event 14 Men 200 LC Meter Freestyle

Sect Record:	1:49.71	5/17/2024	Mitchell Schott
	1:49.99	OLY	
	1:54.09	SUM	
	1:54.09	FUTB 190 Futures	
	1:57.79	FUTA 18U Futures	

Lane	Name	Age	Team	Prelims
Heat 1 D - Final				
1	Caputo, Quinn	15	NCAP	1:59.21
2	Calder, Samuel	18	RAYS	1:59.13
3	Grabar, Kian	15	CRIM	1:58.67
4	Nelson, Cole	15	NOVA	1:58.53
5	Warnagiris, Joseph	16	WST	1:58.57
6	Ament, Linus	18	RMSC	1:58.89
7	Kominski, Tyler	14	NCAP	1:59.18
8	Nguyen, Alexander	16	RMSC	1:59.29

Alternates

1	King, Brayden	16	CA-Y	1:59.64
2	Chaky, Dylan	17	OCCS	1:59.80

Heat 2 C - Final

1	Tishler, Jackson	17	NCAP	1:58.31
2	Eliason, Nathaniel	18	HNVR	1:58.14
3	Sims, Douglas	15	NCAP	1:57.97
4	Knapp, Parker	15	TIDE	1:57.77 FUTA
5	Browne, William	17	CA-Y	1:57.84
6	Begin, Charlie	15	RMSC	1:58.14
7	Malinovski, Matvey	18	CRIM	1:58.17
8	Dantey, Christian	17	KW	1:58.50

Heat 3 B - Final

1	Bermudez, Simon	18	NCAP	1:57.40 FUTA
2	Grocholski, Alexander	16	OCCS	1:57.00 FUTA
3	Charlton, William	15	CA-Y	1:56.86 FUTA
4	Kojanov, Mikhail	17	NCAP	1:56.20 FUTA
5	Simpson, Austin	20	COND	1:56.66 FUTA
6	Brooking, Cedric	19	NAVY	1:56.91 FUTA
7	Iturbe Cosano, Ricardo	17	GSCY	1:57.36 FUTA
8	Cechini, Thomas	16	MERC	1:57.47 FUTA

Heat 4 A - Final

1	Lee, Elliot	18	RMSC	1:55.66 FUTA
2	Mauldin, Ben	19	NAVY	1:53.55 SUM
3	Barnicle, Kenneth	17	GSCY	1:53.02 SUM
4	Schott, Mitchell	19	PRIN	1:49.71 OLY
5	Whitfield, Brendan	19	VT	1:52.91 SUM
6	Naber, Jonathan	20	VT	1:53.30 SUM
7	Li, Daniel	19	PRIN	1:53.66 SUM
8	Crown, Alex	18	NCAP	1:56.10 FUTA

Alternates

1	Nelson, Cole	15	NOVA	1:58.53
2	Warnagiris, Joseph	16	WST	1:58.57



2024 EZ LC Speedo Super Sectional - 5/16/2024 to 5/19/2024

Meet Program - Friday Finals

Event 15 Women 100 LC Meter Butterfly

Sect Record:	58.22	5/19/2023	Leah Shackley
	1:00.19	OLY	
	1:02.39	SUM	
	1:02.39	FUTB 190 Futures	
	1:04.96	FUTA 18U Futures	

Lane	Name	Age	Team	Prelims
Heat 1 D - Final				
1	Osada, Elizabeth	16	CA-Y	1:05.61
2	Mosher, Claire	18	SOLO	1:05.18
3	Xiao, Alice	16	NCAP	1:05.02
4	Cigna, Emma	16	NCAP	1:04.91 FUTA
5	Jones, Jasper	15	NOVA	1:04.96 FUTA
6	Kaiser, Gabriela	16	RMSC	1:05.07
7	Morrison, Lexie	13	FAA	1:05.40
8	Evans-Gibson, Natalia	17	RMSC	1:05.69

Alternates

1	Carter, Madisyn	18	NCAP	1:05.73
2	Bynum, Madeline	13	NOVA	1:05.77

Heat 2 C - Final

1	Duffy, Savannah	15	RAYS	1:04.80 FUTA
2	Arnall, Alba	15	WEST	1:04.72 FUTA
3	Webb, Maria	16	RMSC	1:04.45 FUTA
4	Moesch, Annaliesa	18	GSCY	1:04.32 FUTA
5	McGee, Zoe	16	RMSC	1:04.33 FUTA
6	Doruk-Olsen, Liv	15	WEST	1:04.47 FUTA
7	Ben, Cindy	15	CRIM	1:04.73 FUTA
8	Sagle, Alyssa	15	NCAP	1:04.84 FUTA

Heat 3 B - Final

1	Redman, Emma	17	FISH	1:03.98 FUTA
2	Mouhidin, Hazel	17	CRIM	1:03.84 FUTA
3	Deguenther, Emory	16	NOVA	1:03.62 FUTA
4	Arnall, Ines	15	WEST	1:03.09 FUTA
5	Vanyo, Sofie	15	ACAC	1:03.62 FUTA
6	Scofield, Campbell	17	NCAP	1:03.79 FUTA
7	Moulson, Vivian	16	CRIM	1:03.89 FUTA
8	Jourdy, Serene	14	WEST	1:04.06 FUTA

Heat 4 A - Final

1	Moschella, Clara	18	YORK	1:02.53 FUTA
2	Wheeler, Jane	15	CRIM	1:01.94 SUM
3	Callis, Emerson	15	QSTS	1:01.40 SUM
4	Davis, Grey	18	BASS	1:01.04 SUM
5	Juhlin, Lindsay	19	TRIB	1:01.18 SUM
6	Fuller, Alexandra	17	BASS	1:01.90 SUM
7	Lahr, Carly	18	NCAP	1:02.28 SUM
8	Witdoeck, Allison	18	NCAP	1:02.61 FUTA

Alternates

1	Cigna, Emma	16	NCAP	1:04.91
2	Jones, Jasper	15	NOVA	1:04.96

Event 16 Men 100 LC Meter Butterfly

Sect Record:	52.55	5/19/2023	Thomas Heilman
	53.59	OLY	
	55.99	SUM	
	55.99	FUTB 190 Futures	
	57.99	FUTA 18U Futures	

Lane	Name	Age	Team	Prelims
Heat 1 D - Final				
1	Hill, Tyler	18	HNVR	58.19
2	Francis, Isaih	17	COND	58.01
3	Gurri, Niccolo	18	MBK	57.57 FUTA
4	Kaminski, Tyler	18	ODAC	57.22 FUTA
5	Greenwood, Charles	17	NCAP	57.36 FUTA
6	Browne, William	17	CA-Y	57.96 FUTA
7	Kalish, Carson	16	DST	58.03
8	Naranjo, Ian	16	NCAP	58.27

Alternates

1	Southern, Ryan	16	NCAP	58.50
2	Byrd, Cameron	17	DST	58.54

Heat 2 C - Final

1	Elkassem, Samir	18	RMSC	57.07 FUTA
2	yuk, Shing chi	21	VT	56.71 FUTA
3	Mackesy, Evan	18	RMSC	56.47 FUTA
4	Ackerly, Benjamin	18	NOVA	56.27 FUTA
5	Elkassem, Nasim	18	RMSC	56.37 FUTA
6	Lugo, Andrew	17	WST	56.66 FUTA
7	Jungbluth, Alexander	15	RMSC	56.91 FUTA
8	Eliason, Nathaniel	18	HNVR	57.20 FUTA

Heat 3 B - Final

1	Lee, Elliot	18	RMSC	56.13 FUTA
2	Drumm, John	19	COND	55.96 SUM
3	Fisher, Joshua	18	PSDN	55.84 SUM
4	Balva, Arthur Blake	19	PRIN	55.18 SUM
5	Gentry, Landon	20	VT	55.52 SUM
6	Graham, Rian	17	NCAP	55.88 SUM
7	Dwyer, Luke	18	COND	56.02 FUTA
8	Beehler, Matthew	19	MERC	56.22 FUTA

Heat 4 A - Final

1	Bureau, Lucas	30	HOKI	55.00 SUM
2	McKenna, Conor	20	PRIN	54.73 SUM
3	Bloebaum, Carl	20	VT	53.87 SUM
4	Heilman, Thomas	17	CA-Y	52.94 OLY
5	Hayon, William	20	VT	53.54 OLY
6	Colwell, Patrick	21	NAVY	54.59 SUM
7	Gould, Garrett	18	GSCY	54.81 SUM
8	Irwin, Ben	19	NAVY	55.07 SUM

Alternates

1	Kaminski, Tyler	18	ODAC	57.22
2	Greenwood, Charles	17	NCAP	57.36



2024 EZ LC Speedo Super Sectional - 5/16/2024 to 5/19/2024

Meet Program - Friday Finals

Event 17 Women 400 LC Meter IM

Sect Record: 4:46.43 4/1/2016 Makayla Sargent

4:49.89 OLY

4:57.29 SUM

4:57.29 FUTB 190 Futures

5:07.29 FUTA 18U Futures

Lane	Name	Age	Team	Prelims
Heat 1 D - Final				
1	Lange, Elisabeth	13	RXA	5:16.18
2	Nicholson, Lucille	17	CA-Y	5:15.51
3	Evans-Gibson, Natalia	17	RMSC	5:15.06
4	Patterson, Brantley	13	NOVA	5:14.33
5	Decasseres, Brianna	13	WEST	5:14.57
6	Sherman, Lila	15	FISH	5:15.16
7	Hofer, Jennifer	14	WAC	5:16.04
8	Orlic, Anastasia	16	NCAP	5:16.83

Alternates

1	Cushman, Mckinley	14	NCAP	5:17.64
2	McGee, Zoe	16	RMSC	5:17.69

Heat 2 C - Final

1	Doruk-Olsen, Liv	15	WEST	5:12.89
2	Grishaeva, Maria	17	NCAP	5:12.08
3	Nishikawa-Geithem, Ayelet	14	CRIM	5:10.60
4	Frick, Gwyneth	17	NCAP	5:09.88
5	King, Sedona	13	CA-Y	5:10.22
6	Eubank, Mia	14	NOVA	5:10.81
7	White, Charlotte	14	NOVA	5:12.09
8	Webb, Elizabeth	13	LY	5:14.12

Heat 3 B - Final

1	Fox, Alexandra	16	COND	5:08.92
2	Gregory, Gracie	17	WAC	5:06.62 FUTA
3	Reppucci, Sara	16	CRIM	5:05.95 FUTA
4	Jochims, Ava	15	RXA	5:05.70 FUTA
5	Ayres, Meghan	14	CA-Y	5:05.92 FUTA
6	Kadoorie, Angela	16	RMSC	5:06.48 FUTA
7	Neilly, Claire	18	CRIM	5:08.61
8	Kilty, Caroline	16	NCAP	5:09.29

Heat 4 A - Final

1	Webb, Maria	16	RMSC	5:01.32 FUTA
2	Moulson, Vivian	16	CRIM	4:59.81 FUTA
3	Agee, Caroline	16	NCAP	4:56.15 SUM
4	Thompson, Emily	18	GSCY	4:55.43 SUM
5	Brown, Eliza	20	PRIN	4:55.79 SUM
6	Callis, Emerson	15	QSTS	4:59.16 FUTA
7	Walsh, Lauren	20	NAVY	5:00.41 FUTA
8	Bonham, Abigail	14	NOVA	5:04.60 FUTA

Alternates

1	Patterson, Brantley	13	NOVA	5:14.33
2	Decasseres, Brianna	13	WEST	5:14.57

Event 18 Men 400 LC Meter IM

Sect Record: 4:16.83 3/14/2008 Pat Mellors

4:25.19 OLY

4:33.09 SUM

4:33.09 FUTB 190 Futures

4:42.39 FUTA 18U Futures

Lane	Name	Age	Team	Prelims
Heat 1 D - Final				
1	Liberty, Nicholas	14	RMSC	4:53.32
2	Ament, Linus	18	RMSC	4:52.33
3	Char, Matthew	15	NCAP	4:51.81
4	Lingafelt, Sean	17	OCCS	4:49.25
5	Mueller, Jackson	18	NOVA	4:51.18
6	Arluck, Alex	15	NCAP	4:51.87
7	Swartz, Tyler	17	TIDE	4:52.51
8	Miceli, Jack	15	NCAP	4:53.81

Alternates

1	Sylvester, Wyatt	15	WAC	4:54.11
2	Lee, Kevin	15	RMSC	4:54.38

Heat 2 C - Final

1	Jun, Caleb	16	NOVA	4:48.66
2	Takach, Andrew	17	NCAP	4:47.57
3	Charlton, William	15	CA-Y	4:47.38
4	Nguyen, Alexander	16	RMSC	4:46.90
5	Nurit, Leopold	14	NCAP	4:47.11
6	Chen, John	16	NOVA	4:47.44
7	Grabar, Kian	15	CRIM	4:48.50
8	Sabo, Michael	14	HNVR	4:49.09

Heat 3 B - Final

1	Kominski, Tyler	14	NCAP	4:46.19
2	Zakorchemny, Cooper	16	RMSC	4:44.90
3	Zhou, Ethan	16	COND	4:42.37 FUTA
4	Zhou, Michael	16	NCAP	4:40.30 FUTA
5	Julian, Brady	16	NOVA	4:42.02 FUTA
6	Mullen, Paul	16	NCAP	4:42.86
7	Howell, Owen	17	KW	4:46.06
8	Lee, Jaden	16	STAC	4:46.61

Heat 4 A - Final

1	Dionne, Luc	15	NCAP	4:37.45 FUTA
2	King, David	18	CA-Y	4:34.78 FUTA
3	Formon, Gavin	21	BAC	4:31.27 SUM
4	Mayr, Charlie	18	NOVA	4:29.58 SUM
5	Mackesy, Evan	18	RMSC	4:30.91 SUM
6	Oliva, Luca	19	NAVY	4:31.39 SUM
7	Grocholski, Alexander	16	OCCS	4:35.88 FUTA
8	Crown, Alex	18	NCAP	4:39.51 FUTA

Alternates

1	Lingafelt, Sean	17	OCCS	4:49.25
2	Mueller, Jackson	18	NOVA	4:51.18



2024 EZ LC Speedo Super Sectional - 5/16/2024 to 5/19/2024

Meet Program - Friday Finals

Event 19 Women 400 LC Meter Freestyle Relay

Sect Record: 3:49.81 5/19/2023 Nation's Capital Swim Club
 D Bookstein, A Witdoeck, E Gemmell, C Spink

4:04.29 FUTA 18U Futures

4:21.39 FUTB 190 Futures

Lane	Team	Relay	Seed Time
------	------	-------	-----------

Heat 1 of 2 Finals

1			
2	Racer X Aquatics	A	3:42.01Y
3	SwimRVA	B	4:12.27 FUTB
4	Tide Swimming	B	4:09.02 FUTB
5	Westchester Aqua	B	4:11.12 FUTB
6	Lynchburg YMCA S	A	3:42.01Y
7			
8			

Heat 2 of 2 Finals

1	Fox Chapel Kille	A	4:03.61 FUTA
2	Cav Aq-Pied YMCA	B	4:01.88 FUTA
3	Cav Aq-Pied YMCA	A	4:00.77 FUTA
4	Nova of Virginia	A	3:54.68 FUTA
5	Westchester Aqua	A	3:59.35 FUTA
6	Tide Swimming	A	4:01.46 FUTA
7	Nova of Virginia	B	4:02.73 FUTA
8	SwimRVA	A	4:05.75 FUTB

Event 20 Men 400 LC Meter Freestyle Relay

Sect Record: 3:27.46 3/24/2018 Allegheny North Swim Club
 3:40.89 FUTA 18U Futures
 4:02.79 FUTB 190 Futures

Lane	Team	Relay	Seed Time
------	------	-------	-----------

Heat 1 of 2 Finals

1			
2			
3	Tide Swimming	B	3:47.41 FUTB
4	Hanover Aquatics	A	3:43.25 FUTB
5	SwimRVA	B	3:43.89 FUTB
6			
7			
8			

Heat 2 of 2 Finals

1	SwimRVA	A	3:38.87 FUTA
2	Tide Swimming	A	3:36.29 FUTA
3	Nova of Virginia	A	3:32.98 FUTA
4	U.S. Navy	A	3:25.50 FUTA
5	Cav Aq-Pied YMCA	A	3:31.88 FUTA
6	Old Dominion Aqu	A	3:35.13 FUTA
7	Lynchburg YMCA S	A	3:37.20 FUTA
8	Fox Chapel Kille	A	3:42.47 FUTB



2024 Eastern Zone Super Sectional Meet
Richmond, VA
Saturday, May 18, 2024
PRE-SCRATCH ESTIMATED TIMELINE

		<u>No. of Heats</u>	<u>Est. Start Time</u>
Event #21	Women's 200 Meter Butterfly	11	8:45 AM
Event #22	Men's 200 Meter Butterfly	15	9:16 AM
Event #23	Women's 100 Meter Backstroke	16	9:55 AM
Event #24	Men's 100 Meter Backstroke	21	10:21 AM

A FLIGHT

Event #25	Women's 400 Meter Freestyle	6	10:53 AM
Event #26	Men's 400 Meter Freestyle	6	11:23 AM

B Flight swum alternating women/men, fast to slow

B FLIGHT

Event #25	Women's 400 Meter Freestyle	6	11:50 AM
Event #26	Men's 400 Meter Freestyle	10	

End of Session **1:06 PM**

**** Time Trial Signup available 7:00 AM - 10:00 AM ****

