



2025 Eastern Zone Super Sectional Meet
Richmond, VA
Friday, May 16, 2025
Finals Time Line



National Anthem			5:27 PM
Event #13	Women's 200 Free	18 & Under	5:30 PM
		Bonus	5:32 PM
		Consolation	5:35 PM
		Championship	5:38 PM
Event #14	Men's 200 Free	18 & Under	5:41 PM
		Bonus	5:44 PM
		Consolation	5:47 PM
		Championship	5:49 PM
Event #15	Women's 100 Fly	18 & Under	5:53 PM
		Bonus	5:55 PM
		Consolation	5:56 PM
		Championship	5:58 PM
Event #16	Men's 100 Fly	18 & Under	6:00 PM
		Bonus	6:02 PM
		Consolation	6:04 PM
		Championship	6:05 PM
Event #17	Women's 400 IM	18 & Under	6:08 PM
		Bonus	6:14 PM
		Consolation	6:20 PM
		Championship	6:26 PM
Event #18	Men's 400 IM	18 & Under	6:32 PM
		Bonus	6:38 PM
		Consolation	6:43 PM
		Championship	6:49 PM
Relay Break (5 min)		Bonus	6:55 PM
Event #19	Women's 400 Free Rel	Heat 1	7:00 PM
		Heat 2	7:05 PM
Event #20	Men's 400 Free Rel	Heat 1	7:10 PM
		Heat 2	7:14 PM
End of Session			7:18 PM

**** Relay Cards due by 5:00 PM ****

**** Scratches from Saturday events (including relays) due by 6:00 PM ****



2025 EZ LC Speedo Super Sectional - 5/15/2025 to 5/18/2025

Meet Program - Friday Finals

Event 13 Women 200 LC Meter Freestyle

2:02.39 NATS National Champs 18U

2:04.99 WJRS Winter JR Champs

2:04.99 SJRS Summer JR Champs

2:07.79 FUTA Futures 18U

Lane	Name	Age	Team	Prelims
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Heat 1 D - Final

1	Gudana, Sophie	16	NCAP	2:11.47
2	Ericsson, Brooke	16	757	2:11.29
3	Holt, Ann-Margaret	15	LY	2:11.21
4	Patterson, Brantley	14	NOVA	2:10.98
5	Sokolowsky, Moira	15	757	2:11.20
6	Durette, Sierra	15	SRVA	2:11.25
7	Nishikawa-Geitheim, Aye	15	CRIM	2:11.39
8	Geiger, Melissa	16	GYWD	2:11.48

Alternates

1	Ohara, Kalyn	15	NCAP	2:11.89
2	Bu, Catherine	16	NCAP	2:11.96

Heat 2 C - Final

1	Watts, Emma	17	FISH	2:10.37
2	Orlic, Anastasia	17	NCAP	2:10.17
3	Quinn, Brooke	16	757	2:09.99
4	Mumford, Anna	16	DST	2:09.78
5	Gregory, Elizabeth	16	WAC	2:09.84
6	Johnson, Sidney	16	RAVS	2:10.16
7	Lahr, Carly	19	NCAP	2:10.33
8	Armstrong, Kiersten	17	NOVA	2:10.53

Heat 3 B - Final

1	Duffy, Dara	17	TIDE	2:09.05
2	Bartholomew, Harper	14	NCAP	2:08.80
3	Reppucci, Sara	17	CRIM	2:08.09
4	Jochims, Ava	16	RXA	2:07.94
5	Bynum, Madeline	14	NOVA	2:08.08
6	Simmons, Madeleine	18	ASA	2:08.75
7	Francis, Lane	15	NOVA	2:09.01
8	Strickland, Virginia	16	NCAP	2:09.10

Heat 4 A - Final

1	Shnowske, Anna	17	757	2:07.64	FUTA
2	Ward, Ava	17	RAC	2:07.34	FUTA
3	Vanyo, Sofie	16	ACAC	2:06.68	FUTA
4	Hinds, Virginia	17	ASA	2:04.62	WJRS
5	Eubank, Mia	15	NOVA	2:06.55	FUTA
6	Sherman, Lila	16	FISH	2:06.71	FUTA
7	Saybolt, Elanor	16	NCAP	2:07.59	FUTA
8	Roemer, Samantha	15	NCAP	2:07.75	FUTA

Alternates

1	Patterson, Brantley	14	NOVA	2:10.98
2	Sokolowsky, Moira	15	757	2:11.20

Event 14 Men 200 LC Meter Freestyle

1:50.49 NATS National Champs 18U

1:54.09 SJRS Summer JR Champs

1:55.29 WJRS Winter JR Champs

1:57.79 FUTA Futures 18U

Lane	Name	Age	Team	Prelims
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Heat 1 D - Final

1	Edwards, Jaxen	14	DST	2:01.07
2	Rossmann, Henry	15	FISH	2:00.67
3	Fontana, Enzo	16	NCAP	2:00.47
4	Barnett, Brig	17	RMSC	2:00.31
5	McGaughan, John	17	BAY	2:00.41
6	Moore, Coyle	15	TIDE	2:00.58
7	Trenczer, Zachary	16	COND	2:00.78
8	Lutz, Ian	17	ODAC	2:01.13

Alternates

1	Gertner, Alexander	18	NOVA	2:01.14
2	Keith, Mason	17	LIFE	2:01.23

Heat 2 C - Final

1	Wergley, Cole	17	NCAP	2:00.08
2	White, John	17	NCAP	1:59.71
3	Lee, Jaden	17	STAC	1:59.52
4	Packard, Jonathon	16	GYWD	1:58.99
5	Farnsworth, Joshua	16	NOVA	1:59.40
6	Minear, Connor	15	AAC	1:59.63
7	Maher, Manuel	14	NCAP	2:00.01
8	Payne, Jonathan	17	NOVA	2:00.14

Heat 3 B - Final

1	Zhou, Michael	17	NCAP	1:58.85
2	Rose, Chandler	16	HNVR	1:58.60
3	Jia, Aaron	17	NCAP	1:58.49
4	Yeou, Joonsoo	20	ASA	1:57.93
5	Kojanov, Mikhail	18	NCAP	1:58.45
6	Caputo, Quinn	16	NCAP	1:58.56
7	Griffith, Ryan	18	CGBD	1:58.66
8	Begin, Charlie	16	RMSC	1:58.98

Heat 4 A - Final

1	Bartholomew, Lachlan	15	NCAP	1:57.17	FUTA
2	Nunziata, Gabe	18	ODAC	1:56.97	FUTA
3	Drumm, John	20	COND	1:56.85	FUTA
4	Sims, Douglas	16	NCAP	1:54.24	WJRS
5	Grocholski, Alexander	17	OCCS	1:56.63	FUTA
6	Bishop, Anderson	17	ASA	1:56.88	FUTA
7	Parent, Zachary	17	SUN	1:57.03	FUTA
8	Zhou, Ethan	17	COND	1:57.53	FUTA

Alternates

1	Barnett, Brig	17	RMSC	2:00.31
2	Simpson, Austin	21	COND	2:00.33

2025 EZ LC Speedo Super Sectional - 5/15/2025 to 5/18/2025

Meet Program - Friday Finals

Event 15 Women 100 LC Meter Butterfly

1:00.69 NATS National Champs 18U

1:02.49 SJRS Summer JR Champs

1:02.69 WJRS Winter JR Champs

1:04.96 FUTA Futures 18U

Lane	Name	Age	Team	Prelims
Heat 1 D - Final				
1	Strohacker, Reagan	14	HNVR	1:06.40
2	Ward, Ava	17	RAC	1:06.30
3	Gregory, Elizabeth	16	WAC	1:06.27
4	Hepper, Margaret	13	NOVA	1:06.07
5	McCarney, Maya	14	NCAP	1:06.18
6	Hepper, Caroline	15	NOVA	1:06.29
7	Sherman, Lila	16	FISH	1:06.35
8	Duffy, Dara	17	TIDE	1:06.41

Alternates

1	Webb, Maria	17	RMSC	1:06.43
2	Horner, Maddie	17	WEST	1:06.56

Heat 2 C - Final

1	Daniel, Campbell	16	757	1:05.79
2	Rushton, Harper	15	ASA	1:05.61
3	Maniace, Abigail	18	ODAC	1:05.18
4	Aldeguer, Ariana	15	OCCS	1:05.03
5	Geiger, Melissa	16	GYWD	1:05.17
6	Busen, Mckinley	14	NCAP	1:05.36
7	Hammond, Hailey	17	ASA	1:05.79
8	King, Abigail	17	COND	1:05.98

Heat 3 B - Final

1	Eddy, Ava	15	WAYS	1:04.79	FUTA
2	Xiao, Alice	17	NCAP	1:04.54	FUTA
3	Lahr, Carly	19	NCAP	1:04.39	FUTA
4	Jourdy, Serene	15	WEST	1:04.15	FUTA
5	Liebler, Emma	16	757	1:04.37	FUTA
6	Russell, Cecelia	16	NCAP	1:04.46	FUTA
7	Jones, Jasper	16	NOVA	1:04.63	FUTA
8	Hawver, Gabrielle	16	NCAP	1:04.88	FUTA

Heat 4 A - Final

1	Cushman, Mckinley	15	NCAP	1:04.06	FUTA
2	Bishop, Alexandra	15	ASA	1:03.74	FUTA
3	Arnall, Alba	16	WEST	1:02.55	WJRS
4	Callis, Emerson	16	QSTS	1:02.06	SJRS
5	Arnall, Ines	16	WEST	1:02.54	WJRS
6	Hinds, Virginia	17	ASA	1:02.77	FUTA
7	Bynum, Madeline	14	NOVA	1:03.88	FUTA
8	Duffy, Savannah	16	WAYS	1:04.08	FUTA

Alternates

1	Hepper, Margaret	13	NOVA	1:06.07
2	McCarney, Maya	14	NCAP	1:06.18

Event 16 Men 100 LC Meter Butterfly

54.29 NATS National Champs 18U

55.89 SJRS Summer JR Champs

56.49 WJRS Winter JR Champs

57.99 FUTA Futures 18U

Lane	Name	Age	Team	Prelims
Heat 1 D - Final				
1	Lavedas, Liam	15	OCCS	59.72
2	Fontana, Rafael	14	NCAP	59.64
3	Kueh, Michael	17	RMSC	59.47
4	Roscetti, Nicholas	15	ASA	59.37
5	Camet, Caleb Josh	16	NCAP	59.38
6	Landers, Lucas	17	757	59.62
7	Murphy, Carter	16	NCAP	59.71
8	Fontana, Enzo	16	NCAP	59.81

Alternates

1	Barlotta, Connor	16	NCAP	59.84
2	Ancheta, Guillermo	17	RMSC	59.93

Heat 2 C - Final

1	Dykman, Robert	18	WAYS	59.31
2	Gertner, Alexander	18	NOVA	59.07
3	Ericson, Ryan	17	ODAC	58.91
4	Widman, Nathan	18	MACH	58.49
5	Griffith, Ryan	18	CGBD	58.62
6	Robinson, Mitchell	16	NCAP	59.06
7	Spencer, Gray	18	NCAP	59.12
8	Muminovic, Aidin	16	NOVA	59.35

Heat 3 B - Final

1	Simpson, Austin	21	COND	58.44	
2	Rose, Chandler	16	HNVR	58.38	
3	Chung, Jimin	17	CBST	58.32	
4	Gadsby, Kyle	15	DRAG	57.96	FUTA
5	Miceli, Jack	16	NCAP	58.17	
6	Morgan, Kirk	16	ASA	58.33	
7	Naranjo, Ian	17	NCAP	58.39	
8	Lee, Jaden	17	STAC	58.49	

Heat 4 A - Final

1	Ingraham, Evan	18	AAC	57.16	FUTA
2	Drumm, John	20	COND	57.01	FUTA
3	Southern, Ryan	17	NCAP	56.85	FUTA
4	Gentry, Landon	21	VT	55.13	SJRS
5	Brooks, Andrejs	18	ASA	56.16	WJRS
6	Kusch, Zack	17	STAC	56.98	FUTA
7	Ackerly, Benjamin	19	NOVA	57.02	FUTA
8	Potter, Noah	18	ASA	57.20	FUTA

Alternates

1	Roscetti, Nicholas	15	ASA	59.37
2	Camet, Caleb Josh	16	NCAP	59.38



2025 EZ LC Speedo Super Sectional - 5/15/2025 to 5/18/2025

Meet Program - Friday Finals

Event 17 Women 400 LC Meter IM

4:51.79 NATS National Champs 18U

5:00.29 WJRS Winter JR Champs

5:00.29 SJRS Summer JR Champs

5:07.29 FUTA Futures 18U

Lane	Name	Age	Team	Prelims
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Heat 1 D - Final

1	Wright, Margaret Ann	16	ODAC	5:15.41
2	Williams, Caroline	14	NOVA	5:15.10
3	Kryszon, Kendall	16	NOVA	5:14.47
4	Webb, Maria	17	RMSC	5:12.92
5	Fleck, Kristina	17	DRAG	5:13.74
6	Li, Audrey	15	GYWD	5:14.86
7	Durette, Sierra	15	SRVA	5:15.28
8	White, Charlotte	15	NOVA	5:15.76

Alternates

1	Chung, Olivia	15	CGBD	5:15.86
2	Lange, Elisabeth	14	RXA	5:16.29

Heat 2 C - Final

1	Decasseres, Brianna	14	WEST	5:12.32
2	Patterson, Brantley	14	NOVA	5:11.26
3	Young, Emma	16	NCAP	5:10.61
4	Aldeguer, Ariana	15	OCCS	5:08.50
5	Elko, Madelyn	15	SEA	5:09.81
6	Nishikawa-Geitheim, Aye	15	CRIM	5:10.91
7	Sistrunk, Elizabeth	18	NCAP	5:11.99
8	Hall, Orielle	14	NOVA	5:12.48

Heat 3 B - Final

1	Bonham, Abigail	15	NOVA	5:07.92
2	Kang, Sunny	15	WEST	5:06.96 FUTA
3	Kadoorie, Angela	17	RMSC	5:05.88 FUTA
4	Edwards, Amelia	15	NCAP	5:05.46 FUTA
5	Bishop, Alexandra	15	ASA	5:05.58 FUTA
6	Corrado, Mia	21	VT	5:06.29 FUTA
7	Simmons, Madeleine	18	ASA	5:07.73
8	McCarney, Maya	14	NCAP	5:08.10

Heat 4 A - Final

1	Kupsky, Mary	18	UN-KU	5:05.12 FUTA
2	Eubank, Mia	15	NOVA	5:03.97 FUTA
3	Gregory, Mary	18	WAC	5:00.52 FUTA
4	Callis, Emerson	16	QSTS	4:54.64 WJRS
5	Jochims, Ava	16	RXA	4:59.74 WJRS
6	Vanyo, Sofie	16	ACAC	5:03.71 FUTA
7	Reppucci, Sara	17	CRIM	5:04.40 FUTA
8	Price, Piper	17	SRVA	5:05.15 FUTA

Alternates

1	Webb, Maria	17	RMSC	5:12.92
2	Fleck, Kristina	17	DRAG	5:13.74

Event 18 Men 400 LC Meter IM

4:25.19 NATS National Champs 18U

4:33.09 SJRS Summer JR Champs

4:35.89 WJRS Winter JR Champs

4:42.39 FUTA Futures 18U

Lane	Name	Age	Team	Prelims
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Heat 1 D - Final

1	Boller, Alexander	18	CGBD	4:53.00
2	Fontana, Rafael	14	NCAP	4:51.58
3	Koepp, Tyler	17	ODAC	4:51.02
4	Wood, Alexander	16	NCAP	4:50.75
5	Sanchez, Luca	16	FISH	4:50.75
6	Chung, Jimin	17	CBST	4:51.46
7	Jarczynski, Justin	17	RMSC	4:51.69
8	Drews, Roman	16	RMSC	4:53.02

Alternates

1	Arluck, Alex	16	NCAP	4:53.18
2	Lee, Kevin	16	RMSC	4:53.31

Heat 2 C - Final

1	Craig, Crawford	16	SRVA	4:49.68
2	Liberty, Nicholas	15	RMSC	4:49.13
3	Miceli, Jack	16	NCAP	4:47.61
4	Takach, Andrew	18	NCAP	4:45.89
5	Sylvester, Wyatt	16	757	4:47.23
6	Hottle, Luke	16	LY	4:48.40
7	Parent, Zachary	17	SUN	4:49.56
8	Wolf, Moses	16	AAC	4:50.21

Heat 3 B - Final

1	Char, Matthew	16	NCAP	4:45.46
2	Rossman, Henry	15	FISH	4:44.75
3	Kominski, Tyler	15	NCAP	4:42.43
4	Warnagiris, Joseph	17	WST	4:41.99 FUTA
5	Packard, Jonathon	16	GYWD	4:42.15 FUTA
6	Hartig, William	16	757	4:43.89
7	Nurit, Leopold	15	NCAP	4:45.11
8	Minear, Connor	15	AAC	4:45.48

Heat 4 A - Final

1	Caputo, Quinn	16	NCAP	4:41.24 FUTA
2	Roose, Andrew	18	WAC	4:40.47 FUTA
3	Grocholski, Alexander	17	OCCS	4:39.41 FUTA
4	Nunziata, Gabe	18	ODAC	4:33.70 WJRS
5	Kupsky, Eric	19	UN-KU	4:36.74 FUTA
6	Zhou, Ethan	17	COND	4:39.78 FUTA
7	Hilton, Charles	14	NOVA	4:41.21 FUTA
8	Jia, Aaron	17	NCAP	4:41.46 FUTA

Alternates

1	Sanchez, Luca	16	FISH	4:50.75
2	Wood, Alexander	16	NCAP	4:50.75

2025 EZ LC Speedo Super Sectional - 5/15/2025 to 5/18/2025

Meet Program - Friday Finals

Event 19 Women 400 LC Meter Freestyle Relay

3:55.69 SJRS Summer JR Champs

4:04.29 FUTA Futures 18U

Lane	Team	Relay	Seed Time
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Heat 1 of 2 Finals

1			
2	Delaware Swim Te	A	3:36.42Y
3	Racer X Aquatics	A	4:07.60
4	SwimRVA	B	4:05.97
5	All Star Aquatic	B	4:06.68
6	Westchester Aqua	B	4:09.40
7	Bayside Aquatics	A	3:40.46Y
8			

Heat 2 of 2 Finals

1	SwimRVA	A	4:03.86	FUTA
2	Westchester Aqua	A	3:57.66	FUTA
3	Rockville Montgo	A	3:56.22	FUTA
4	Nova of Virginia	A	3:53.79	SJRS
5	Nova of Virginia	B	3:54.79	SJRS
6	All Star Aquatic	A	3:57.25	FUTA
7	Arlington Aquati	A	4:02.67	FUTA
8	757 Swim	A	4:05.81	

Event 20 Men 400 LC Meter Freestyle Relay

3:33.59 SJRS Summer JR Champs

3:40.89 FUTA Futures 18U

Lane	Team	Relay	Seed Time
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Heat 1 of 2 Finals

1	Delaware Swim Te	A	3:15.48Y	
2	Bayside Aquatics	A	3:47.59	
3	SwimRVA	B	3:45.63	
4	757 Swim	A	3:39.47	FUTA
5	All Star Aquatic	B	3:44.23	
6	Hanover Aquatics	A	3:46.27	
7	Arlington Aquati	A	3:48.63	
8				

Heat 2 of 2 Finals

1	Rockville Montgo	A	3:37.78	FUTA
2	Ocoquan Swimmin	A	3:34.45	FUTA
3	Nova of Virginia	B	3:32.93	SJRS
4	Nova of Virginia	A	3:29.45	SJRS
5	Metro Area Life	A	3:32.01	SJRS
6	Old Dominion Aqu	A	3:33.37	SJRS
7	All Star Aquatic	A	3:35.21	FUTA
8	SwimRVA	A	3:39.38	FUTA





Prescratch Estimated Time Line for Distance and Prelim Sessions

2025 Eastern Zone Super Sectional Meet

Richmond, VA



Event	Heats	Start Time
<u>Thursday, May 15, 2025</u>		
1 W 200 Medley Rel	0	8:30 AM
2 M 200 Medley Rel	0	8:30 AM
Relay Break (5 min)		8:30 AM
3 W 200 IM	17	8:30 AM
4 M 200 IM	16	9:09 AM
5 W 100 Free	16	9:43 AM
6 M 100 Free	16	9:58 AM
7 W 100 Breast	14	10:10 AM
8 M 100 Breast	13	10:26 AM
11 W 200 Free Rel	0	10:40 AM
12 M 200 Free Rel	0	10:40 AM
Relay Break (5 min)		10:40 AM
9/10 W 1500 Free/M 800 Free	2	10:45 AM
	5	
End of Session		12:08 PM

Event	Heats	Start Time
<u>Saturday, May 17, 2025</u>		
21 W 200 Fly	14	8:30 AM
22 M 200 Fly	16	9:02 AM
23 W 100 Back	21	9:37 AM
24 M 100 Back	20	10:03 AM
25/26 W 400 Free/M 400 Free	16	10:26 AM
	17	
Relay Break (5 min)		12:48 PM
27 W 800 Free Rel	0	12:53 PM
28 M 800 Free Rel	0	12:53 PM
End of Session		12:53 PM

<u>Friday, May 16, 2025</u>		
13 W 200 Free	17	8:30 AM
14 M 200 Free	21	9:04 AM
15 W 100 Fly	17	9:44 AM
16 M 100 Fly	19	10:00 AM
17/18 W 400 IM/M 400 IM	13	10:17 AM
	11	
Relay Break (5 min)		12:16 PM
19 W 400 Free Rel	0	12:21 PM
20 M 400 Free Rel	0	12:21 PM
End of Session		12:21 PM

<u>Sunday, May 18, 2025</u>		
29 W 200 Back	18	8:30 AM
30 M 200 Back	16	9:15 AM
31 W 50 Free	21	9:53 AM
32 M 50 Free	25	10:08 AM
33 W 200 Breast	14	10:25 AM
34 M 200 Breast	16	11:03 AM
Relay Break (5 min)		11:42 AM
37 W 400 Medley Rel	0	11:47 AM
38 M 400 Medley Rel	1	11:47 AM
End of Session		11:51 AM

<u>Sunday, May 18, 2025</u>		
35/36 W 800 Free/M 1500 Free	6	1:40 PM
	6	
End of Session		4:23 PM

