

2024 Va Swimming Long Course Senior Championship
Hampton Virginia Aquaplex
Friday, July 19, 2024
Estimated Finals Time Line

National Anthem		5:42 PM
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Event #11 Women's 200 Meter Free Relay	2nd Fastest	5:45 PM
	Fastest	5:47 PM

Event #12 Men's 200 Meter Free Relay	2nd Fastest	5:50 PM
	Fastest	5:52 PM

Break: 10 Minutes

Event #13 Women's 200 Meter Freestyle	Bonus - D	6:04 PM
	Bonus - C	6:07 PM
	Consols	6:09 PM
	Finals	6:14 PM

Event #14 Men's 200 Meter Freestyle	Bonus - D	6:16 PM
	Bonus - C	6:19 PM
	Consols	6:22 PM
	Finals	6:26 PM

Event #15 Women's 100 Meter Butterfly	Bonus - D	6:29 PM
	Bonus - C	6:30 PM
	Consols	6:32 PM
	Finals	6:35 PM

Event #16 Men's 100Meter Butterfly	Bonus - D	6:37 PM
	Bonus - C	6:38 PM
	Consols	6:40 PM
	Finals	6:43 PM

Event #17 Women's 400 Meter Individual Medley	Bonus - D	6:45 PM
	Bonus - C	6:51 PM
	Consols	6:57 PM
	Finals	7:04 PM

Event #18 Men's 400 Meter Individual Medley	Bonus - D	7:10 PM
	Bonus - C	7:16 PM
	Consols	7:21 PM
	Finals	7:28 PM

Break: 10 Minutes

Event #19 Women's 400 Meter Medley Relay	2nd Fastest	7:43 PM
	Fastest	7:49 PM

Event #20 Men's 400 Meter Medley Relay	2nd Fastest	7:54 PM
	Fastest	7:59 PM

End of Session		8:04 PM
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2024 VA LC Senior Champs - 7/18/2024 to 7/21/2024
Meet Program - Friday Finals

Event 11 Women 200 LC Meter Freestyle Relay

VSI Champs:	1:44.42	7/16/2021	Tide Swimming
E Claesson, N Venema, K Wilson, M McKee			
VSI Sr Rec:	1:44.42	7/16/2021	TIDE
E. Claesson, N. Venema, K. Wilson, M. McKee			

Lane	Team	Relay	Seed Time
Heat 2 of 3 Finals			
1	Quest Swimming	B	1:54.23
2	H2okie Aquatics	A	1:53.74
3	Coast Guard Blue	A	1:53.12
4	Tide Swimming	B	1:52.82
5	757 Swim	B	1:52.89
6	Poseidon Swimmin	A	1:53.71
7	Ptidesymca of Vi	A	1:54.15
8	Cavalier Aq	A	1:55.27
Heat 3 of 3 Finals			
1	Nova of Virginia	B	1:51.27
2	Stingrays Swim T	A	1:51.15
3	Tide Swimming	A	1:49.80
4	Nova of Virginia	A	1:48.60
5	Quest Swimming	A	1:49.70
6	757 Swim	A	1:50.88
7	SwimRVA	A	1:51.19
8	SwimRVA	B	1:52.63

Event 12 Men 200 LC Meter Freestyle Relay

VSI Champs:	1:32.22	7/20/2021	Tribe Aquatics
I Thompson, J Doherty, G Hertweck, C Wright			
VSI Sr Rec:	1:32.22	3/17/2009	Tribe
I. Thompson, J. Doherty, G. Hertweck, C. Wright			

Lane	Team	Relay	Seed Time
Heat 3 of 4 Finals			
1	H2okie Aquatics	A	1:42.13
2	Tide Swimming	B	1:41.98
3	Stingrays Swim T	B	1:40.93
4	Tide Swimming	A	1:40.14
5	757 Swim	A	1:40.64
6	Hanover Aquatics	A	1:41.11
7	Coast Guard Blue	A	1:42.04
8	Poseidon Swimmin	A	1:42.90
Heat 4 of 4 Finals			
1	SwimRVA	B	1:39.79
2	Cavalier Aq	A	1:39.47
3	Stingrays Swim T	A	1:37.58
4	SwimRVA	A	1:36.97
5	Nova of Virginia	A	1:37.46
6	Lynchburg YMCA S	A	1:38.93
7	Nova of Virginia	B	1:39.49
8	Quest Swimming	A	1:40.09

Event 13 Women 200 LC Meter Freestyle

VSI Champs:	2:00.24	7/19/2019	Kyla Valls
VSI Sr Rec:	1:55.97	7/27/2017	Leah Smith
2:04.29 FUTB 19 Over			
2:07.79 FUTA 18 Under			

Lane	Name	Age	Team	Prelims
Heat 1 D - Final				
1	Ericsson, Brooke	15	757	2:12.60
2	Scherer, Anne	16	CA-Y	2:12.33
3	O'Shea, Elizabeth	16	NOVA	2:12.05
4	Wenert, Olivia	16	NOVA	2:10.94
5	Armstrong, Kiersten	16	NOVA	2:11.44
6	Sowers, Samantha	17	RAYS	2:12.22
7	Brundage, Holly	17	757	2:12.39
8	Bever, Brady	18	NOVA	2:12.61
Alternates				
1	Barron, Ella	16	NOVA	2:12.77
2	Murtaugh, Lindsay	16	GATR	2:12.78
Heat 2 C - Final				
1	Dillard, Jordyn	18	NOVA	2:10.36
2	Tucker, Lauren	19	TRIB	2:10.10
3	Barnard, Amanda	17	NOVA	2:10.01
4	Gomez, Isabelle	19	LIB	2:09.73
5	Teague, Sara	17	TIDE	2:09.88
6	Wiersema, Jillian	15	HOKI	2:10.04
7	Brecke, Avery	15	TIDE	2:10.19
8	Eddy, Ava	14	RAYS	2:10.56
Heat 3 Consolation Finals				
1	Jones, Layne	17	CCA	2:09.49
2	Shaps, Katherine	16	NOVA	2:09.32
3	Stuhlmacher, Claire	17	NOVA	2:08.51
4	Bischoff, Allison	17	NOVA	2:07.77 FUTA
5	Duffy, Dara	16	TIDE	2:08.19
6	Baker, Kate	21	LIB	2:08.93
7	Johnson, Sidney	15	RAYS	2:09.41
8	Sleman, Molly	16	NOVA	2:09.62
Heat 4 Championship Finals				
1	Kahn, Shelby	21	LIB	2:06.77 FUTA
2	Canada, Raegan	17	QSTS	2:05.95 FUTA
3	Vanyo, Sofie	15	ACAC	2:04.95 FUTA
4	Wilson, Kayla	20	TIDE	2:01.15 FUTB
5	Deguenther, Emory	16	NOVA	2:04.42 FUTA
6	Callis, Emerson	16	QSTS	2:05.27 FUTA
7	Vernon, Allison	16	QSTS	2:06.71 FUTA
8	Miklos, Riley	18	NOVA	2:07.34 FUTA
Alternates				
1	Wenert, Olivia	16	NOVA	2:10.94
2	Armstrong, Kiersten	16	NOVA	2:11.44

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Event 14 Men 200 LC Meter Freestyle

VSI Champs:		1:49.65	7/19/2019	Samuel Schilling
VSI Sr Rec:		1:45.03	6/27/2017	Townley Haas
1:54.09		FUTB 19 Over		
1:57.79		FUTA 18 Under		
Lane	Name	Age	Team	Prelims
Heat 1 D - Final				
1	Muminovic, Aidin	15	NOVA	2:01.00
2	Rodgers, Philip	17	CGBD	2:00.50
3	Vinarov, Evan	17	ODAC	1:59.57
4	Tungate, Benjamin	15	CA-Y	1:59.19
5	Cook, Cameron	18	RAYS	1:59.20
6	Euker, Aaron	15	RAYS	1:59.97
7	Julian, Bryant	18	NOVA	2:00.91
8	Stowell, Daniel	15	TIDE	2:01.25
Alternates				
1	Silva, Pablo	18	NOVA	2:01.36
2	Knight, Benjamin	16	TIDE	2:01.48
Heat 2 C - Final				
1	Bartz, Hayden	19	NOVA	1:59.06
2	Mueller, Jackson	18	NOVA	1:59.03
3	Franks, Benjamin	15	NOVA	1:58.82
4	Nelson, Cole	15	NOVA	1:58.64
5	Landers, Lucas	16	757	1:58.80
6	Glass, William	19	TRIB	1:58.92
7	Thornton, Christian	17	NOVA	1:59.03
8	Radkevich, Andrey	17	757	1:59.09
Heat 3 Consolation Finals				
1	Wilkerson, Chase	16	TIDE	1:58.60
2	Knapp, Parker	15	TIDE	1:58.26
3	Shnowske, Matthew	18	757	1:57.68 FUTA
4	Eliason, Nathaniel	18	HNVR	1:56.86 FUTA
5	Hoban, Owen	18	RAYS	1:57.18 FUTA
6	King, Brayden	16	CA-Y	1:57.85
7	Hartig, William	15	757	1:58.49
8	Leachman, Scott	17	NOVA	1:58.60
Heat 4 Championship Finals				
1	Browne, William	17	CA-Y	1:56.06 FUTA
2	Charlton, William	16	CA-Y	1:55.51 FUTA
3	Mills, Jack	18	LY	1:55.05 FUTA
4	Szobota, Nathan	17	NOVA	1:54.24 FUTA
5	Jobe, Dalton	20	NOVA	1:54.73 FUTA
6	Griffith, Ryan	17	CGBD	1:55.14 FUTA
7	Mayr, Charlie	18	NOVA	1:55.92 FUTA
8	Roy, Cameron	16	HOKI	1:56.09 FUTA
Alternates				
1	Tungate, Benjamin	15	CA-Y	1:59.19
2	Cook, Cameron	18	RAYS	1:59.20

Event 15 Women 100 LC Meter Butterfly

VSI Champs:		58.68	7/15/2022	Gretchen Walsh
VSI Sr Rec:		56.14	4/12/2024	Gretchen Walsh
1:02.39		FUTB 19 Over		
1:04.96		FUTA 18 Under		
Lane	Name	Age	Team	Prelims
Heat 1 D - Final				
1	Van Schaften, Riley	17	DC	1:07.01
2	Reid, Keira	18	NOVA	1:06.78
3	Oluwabusola, Mya	17	TIDE	1:06.34
4	Ismailova, Diana	16	CA-Y	1:05.88
5	Beckwith, Molly	17	GATR	1:06.23
6	Wright, Margaret Ann	16	TIDE	1:06.73
7	Van Schaften, Josie	17	SRVA	1:06.82
8	Welsch, Layla	17	CA-Y	1:07.01
Alternates				
1	Murtaugh, Lindsay	16	GATR	1:07.02
2	Duffy, Dara	16	TIDE	1:07.25
Heat 2 C - Final				
1	Ellis, Hannah	15	RAYS	1:05.79
2	Shopbell, Ava	15	LY	1:05.74
3	Hepper, Caroline	15	NOVA	1:05.62
4	Marchione, Maris	16	TIDE	1:05.54
5	Wenert, Olivia	16	NOVA	1:05.58
6	Langenburg, Erin	20	TRIB	1:05.73
7	Gregory, Elizabeth	15	WAC	1:05.76
8	Wells, Sara	16	CA-Y	1:05.85
Heat 3 Consolation Finals				
1	Epes, Ella	20	757	1:05.42
2	Heilen, Sophia	20	TRIB	1:05.31
3	Daniel, Campbell	15	757	1:05.11
4	Shnowske, Anna	16	757	1:04.73 FUTA
5	Marsteller, Isabel	20	VT	1:04.80 FUTA
6	Bauer, Cassandra	18	NOVA	1:05.18
7	Shaps, Katherine	16	NOVA	1:05.41
8	Miyashita, Libby	17	SRVA	1:05.46
Heat 4 Championship Finals				
1	Goodwin-Birnie, Elizabeth	18	NOVA	1:04.52 FUTA
2	Osada, Elizabeth	16	CA-Y	1:03.75 FUTA
3	Deguenther, Emory	16	NOVA	1:03.25 FUTA
4	Stephens, Alexis	18	PSDN	1:01.97 FUTB
5	Liebler, Emma	15	757	1:03.23 FUTA
6	Vanyo, Sofie	15	ACAC	1:03.36 FUTA
7	Jones, Jasper	15	NOVA	1:04.44 FUTA
8	Duffy, Savannah	15	RAYS	1:04.71 FUTA
Alternates				
1	Ismailova, Diana	16	CA-Y	1:05.88
2	Beckwith, Molly	17	GATR	1:06.23

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Event 16 Men 100 LC Meter Butterfly

VSI Champs:		53.22	7/14/2023	Brendan Whitfield		
VSI Sr Rec:		50.80	6/22/2024	Thomas Heilman		
		55.99	FUTB 19 Over			
		57.99	FUTA 18 Under			
Lane	Name	Age	Team	Prelims		
Heat 1 D - Final						
1	Harrington, Charlie	15	NOVA	59.57		
2	Sabo, Michael	15	HNVR	59.43		
3	Erb, Kaleb	17	GATR	59.19		
4	Julian, Brady	16	NOVA	58.89		
5	Roy, Cameron	16	HOKI	59.01		
6	Goedecke, Colin	18	TIDE	59.34		
7	Broderick, Preston	15	WAC	59.43		
8	Vinarov, Evan	17	ODAC	59.61		
Alternates						
1	Dykman, Robert	17	RAYS	59.64		
2	Whetstine, Carter	18	TIDE	59.70		
Heat 2 C - Final						
1	Isely, Gabriel	16	CGBD	58.79		
2	Muminovic, Aidin	15	NOVA	58.71		
3	Griffith, Ryan	17	CGBD	58.37		
4	Moore, Maxwell	19	CA-Y	58.16		
5	Knapp, Parker	15	TIDE	58.23		
6	Goad, Zachary	17	QSTS	58.42		
7	Bartz, Hayden	19	NOVA	58.75		
8	Farnsworth, Joshua	15	NOVA	58.84		
Heat 3 Consolation Finals						
1	Hoban, Owen	18	RAYS	58.00		
2	Hill, Tyler	18	HNVR	57.63 FUTA		
3	Campbell, Spencer	17	PSDN	57.46 FUTA		
4	Vanslyke, John	17	TIDE	57.27 FUTA		
5	Gertner, Alexander	17	NOVA	57.41 FUTA		
6	Shnowske, Matthew	18	757	57.59 FUTA		
7	Votta, Robert	19	CCA	57.89 FUTA		
8	Strudgeon, George	18	NOVA	58.11		
Heat 4 Championship Finals						
1	Farney, Thomas	19	NOVA	56.92 FUTA		
2	Lugo, Andrew	18	WST	56.40 FUTA		
3	Fisher, Joshua	19	PSDN	56.18 FUTA		
4	Naoroz, Devin	19	NOVA	55.72 FUTB		
5	Anderson, Michael	17	HOKI	56.16 FUTA		
6	Belcher, Harry	18	NOVA	56.25 FUTA		
7	Eliason, Nathaniel	18	HNVR	56.80 FUTA		
8	Smith, Ryan	16	NOVA	57.26 FUTA		
Alternates						
1	Julian, Brady	16	NOVA	58.89		
2	Roy, Cameron	16	HOKI	59.01		

Event 17 Women 400 LC Meter IM

VSI Champs:		4:49.81	7/19/2019	Grace Sheble		
VSI Sr Rec:		4:33.86	6/27/2017	Leah G. Smith		
		4:57.29	FUTB 19 Over			
		5:07.29	FUTA 18 Under			
Lane	Name	Age	Team	Prelims		
Heat 1 D - Final						
1	Check, Isabella	16	WAC	5:28.45		
2	Hanks, Lindsay	18	WAC	5:27.43		
3	Miyashita, Libby	17	SRVA	5:24.05		
4	Masson, Alina	15	ODAC	5:23.24		
5	Hubbard, Madelyn	16	WAC	5:23.74		
6	Jaeger, Katelyn	15	PSDN	5:27.01		
7	Pelletier, Zoey	15	CGBD	5:28.26		
8	Eberle, Layla	15	TIDE	5:28.61		
Alternates						
1	Dart, Abigail	15	NOVA	5:29.12		
2	Papiernik, Kathleen	18	SRVA	5:30.18		
Heat 2 C - Final						
1	Van Schaften, Riley	17	DC	5:21.97		
2	Seay, Madelyn	15	QSTS	5:19.59		
3	Kryszon, Kylie	15	NOVA	5:18.42		
4	Nicholson, Lucille	17	CA-Y	5:17.77		
5	Rose, Sydney	15	PSDN	5:18.17		
6	Quinn, Brooke	15	757	5:19.12		
7	Bredbenner, Elsie	17	PSDN	5:19.88		
8	Everhart, Charlotte	18	TIDE	5:22.18		
Heat 3 Consolation Finals						
1	Gregory, Elizabeth	15	WAC	5:17.66		
2	Kryszon, Kendall	15	NOVA	5:17.23		
3	Linkous, Caroline	15	HOKI	5:14.06		
4	White, Charlotte	15	NOVA	5:13.74		
5	Shopbell, Ava	15	LY	5:13.79		
6	Medei, Emma	15	NOVA	5:15.95		
7	Armstrong, Kiersten	16	NOVA	5:17.52		
8	Darnell, Cameron	17	CGBD	5:17.76		
Heat 4 Championship Finals						
1	Price, Piper	16	SRVA	5:12.13		
2	Barnard, Amanda	17	NOVA	5:10.11		
3	Stuhlmacher, Claire	17	NOVA	5:05.65	FUTA	
4	Hotem, Kaitlyn	17	NOVA	5:04.63	FUTA	
5	Gregory, Mary	17	WAC	5:05.09	FUTA	
6	Hawkins, Mary-Stuart	17	NOVA	5:07.16	FUTA	
7	Dillard, Jordyn	18	NOVA	5:11.33		
8	Reid, Keira	18	NOVA	5:13.04		
Alternates						
1	Masson, Alina	15	ODAC	5:23.24		
2	Hubbard, Madelyn	16	WAC	5:23.74		

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Event 18 Men 400 LC Meter IM

VSI Champs: 4:24.83 7/19/2019 Keith Myburgh				
VSI Sr Rec: 4:15.40 8/14/2011 Tyler Harris				
4:33.09 FUTB 19 Over				
4:42.39 FUTA 18 Under				
Lane	Name	Age	Team	Prelims
Heat 1 D - Final				
1	Belcher, Bill	17	NOVA	4:55.18
2	Clippinger, Jack	16	SRVA	4:54.16
3	Johnson, James	16	NOVA	4:52.93
4	Suggs Desorbo, Matthew	15	CA-Y	4:51.58
5	Harrington, Charlie	15	NOVA	4:52.47
6	Nelson, Cole	15	NOVA	4:54.01
7	Hartig, William	15	757	4:54.88
8	Sabo, Michael	15	HNVR	4:55.24
Alternates				
1	Harrell, Lincoln	16	NOVA	4:55.49
2	Hafl, Broc	16	WAC	4:55.52
Heat 2 C - Final				
1	Rice, Hudson	15	LY	4:50.47
2	Boller, Alexander	17	CGBD	4:49.96
3	Swartz, Tyler	18	TIDE	4:49.12
4	Warnagiris, Paul	19	WST	4:48.54
5	Sylvester, Wyatt	15	WAC	4:48.81
6	Harrington, Cullen	15	NOVA	4:49.83
7	Hudson, Trevor	19	WAYS	4:50.36
8	Hottle, Luke	15	LY	4:50.57
Heat 3 Consolation Finals				
1	Senfield, Thomas	16	SRVA	4:48.09
2	Ridge, Spencer	17	NOVA	4:47.83
3	King, Brayden	16	CA-Y	4:46.40
4	Strudgeon, George	18	NOVA	4:46.27
5	Franks, Benjamin	15	NOVA	4:46.29
6	Julian, Bryant	18	NOVA	4:47.44
7	Farnsworth, Joshua	15	NOVA	4:48.01
8	Isely, Gabriel	16	CGBD	4:48.35
Heat 4 Championship Finals				
1	Warnagiris, Joseph	16	WST	4:44.04
2	Roose, Andrew	17	WAC	4:41.45 FUTA
3	Julian, Brady	16	NOVA	4:32.99 FUTB
4	Wolfe, Matthew	16	NOVA	4:29.96 FUTB
5	Dillman, Cooper	17	NOVA	4:31.70 FUTB
6	Chen, JD	16	NOVA	4:39.48 FUTA
7	Jun, Caleb	16	NOVA	4:44.01
8	Ericson, Ryan	17	ODAC	4:45.77
Alternates				
1	Suggs Desorbo, Matthew	15	CA-Y	4:51.58
2	Harrington, Charlie	15	NOVA	4:52.47

Event 19 Women 400 LC Meter Medley Relay

VSI Champs: 4:10.15 7/16/2021 Tide Swimming			
K Wilson, S Tadder, N Venema, E Claesson			
VSI Sr Rec: 4:10.15 7/16/2019 TIDE			
K. Wilson, S. Tadder, N. Venema, E. Claesson			
4:33.79 FUTA 18 Under			
4:33.79 FUTB 19 Over			
Lane	Team	Relay	Seed Time
Heat 2 of 3 Finals			
1	Stingrays Swim T	B	4:37.26
2	757 Swim	B	4:35.96
3	Tide Swimming	A	4:32.91 FUTA
4	Coast Guard Blue	A	4:30.86 FUTA
5	SwimRVA	B	4:31.20 FUTA
6	H2okie Aquatics	A	4:34.79
7	Quest Swimming	B	4:36.12
8	Tide Swimming	B	4:38.15
Heat 3 of 3 Finals			
1	Poseidon Swimmin	A	4:26.28 FUTA
2	Stingrays Swim T	A	4:24.57 FUTA
3	Nova of Virginia	B	4:24.37 FUTA
4	Nova of Virginia	A	4:18.30 FUTA
5	Quest Swimming	A	4:18.33 FUTA
6	SwimRVA	A	4:24.44 FUTA
7	Cavalier Aq	A	4:25.39 FUTA
8	757 Swim	A	4:29.58 FUTA

Event 20 Men 400 LC Meter Medley Relay

VSI Champs: 3:50.21 7/18/2015 Tribe Aquatics			
Manion, O'Donnell, Montes De Oca, Henderson			
VSI Sr Rec: 3:43.85 7/28/2015 HOKI			
R. Owen, J. Edwards, H. Pierce, H. Carroll			
4:05.89 FUTA 18 Under			
4:05.89 FUTB 19 Over			
Lane	Team	Relay	Seed Time
Heat 2 of 3 Finals			
1	757 Swim	A	4:06.49
2	Tide Swimming	B	4:04.29 FUTA
3	Williamsburg Aqu	A	4:03.20 FUTA
4	Stingrays Swim T	A	4:02.56 FUTA
5	Winchester Swim	A	4:02.59 FUTA
6	Lynchburg YMCA S	A	4:03.81 FUTA
7	SwimRVA	B	4:04.57 FUTA
8	Hanover Aquatics	A	4:06.55
Heat 3 of 3 Finals			
1	Coast Guard Blue	A	4:00.56 FUTA
2	Nova of Virginia	B	3:57.76 FUTA
3	SwimRVA	A	3:57.46 FUTA
4	Nova of Virginia	A	3:48.92 FUTA
5	Cavalier Aq	A	3:51.56 FUTA
6	Tide Swimming	A	3:57.55 FUTA
7	Poseidon Swimmin	A	3:59.56 FUTA
8	H2okie Aquatics	A	4:01.43 FUTA