



Hanover Storm Surge Open

May 17-19, 2024
SANCTION NO. VS-24-90

Hosted by



SANCTION:	<ul style="list-style-type: none"> Held under the sanction of USA Swimming/Virginia Swimming, Inc., SANCTION NO: VS-24-90 USA Swimming, Inc., Virginia Swimming, Inc., Hanover Aquatics and Jeff Rouse Swim and Sport Center shall be held free and harmless from any and all liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event. In applying for this sanction, the Host, Hanover Aquatics, agrees to comply and to enforce all health and safety mandates and guidelines of USA Swimming, Virginia Swimming, the Commonwealth of Virginia, and the county of Stafford, VA.
LOCATION:	Jeff Rouse Swim and Sport Center, 1600 Mine Rd., Stafford VA 22554, Phone: 804-387-1279
FACILITY:	<ul style="list-style-type: none"> The Jeff Rouse Swim and Sport Center provides 2 indoor pools and supporting amenities including hospitality and concession stand. Eight lanes, 50-meter competition pool, 12 feet deep at the start end and 6.7 feet at the turn end; overflow gutters with non-turbulent lane markers. Indoor 6 lane 25-yard pool for continuous warm-up, cool-down. Non-Turbulent Lane Markers in both pools. Competitor Starting Blocks, CTS6 with automatic and semi-automatic timing, backup Dolphin wireless stopwatches. The meet host will ensure that the competition course meets the required dimensions as specified in 103.3 USA Swimming Rules and Regulations. (USA-S Rule change.) There will be lifeguards and additional Aquatic Staff on deck as well as an AED device.
MEET DIRECTOR:	Name: Nikki Deal Email: hvrrhurr@gmail.com Phone: 804-267-9494
ELIGIBILITY:	<ul style="list-style-type: none"> Open to all USA Swimming athletes registered before the first day of the meet. No on deck Virginia Swimming athlete registration will be permitted. Age on May 17, 2024, will determine age for the entire meet. 2021-2024 NAG motivational time standards are in effect.
DISABILITY SWIMMERS:	<ul style="list-style-type: none"> Athletes with a disability are welcome and shall provide advance notice of desired accommodations to the Meet Director. The athlete (or the athlete's coach) is also responsible for notifying the session referee of any disability prior to the competition.
ATHLETES WITH A SERIOUS MEDICAL CONDITION:	<ul style="list-style-type: none"> The swimmer (or the swimmer's coach) is responsible for notifying the Meet Referee, prior to the competition, of the medical condition that is potentially life-threatening while swimming and of any requested accommodations. Early notice (e.g., concurrent with the meet entry) is encouraged to allow for any needed planning or logistical support. This provision does not apply to medical conditions that are not life-threatening while swimming, including injuries that limit range of motion.

	<ul style="list-style-type: none"> The swimmer/coach shall provide a Personal Assistant(s) as needed.
FORMAT:	<ul style="list-style-type: none"> This is a LCM meet. <p>PRELIMS:</p> <ul style="list-style-type: none"> All 13&Over swimmers will swim in the first session. All 12&Under swimmers will swim in the second session of the day. <p>FINALS:</p> <ul style="list-style-type: none"> The top 8 10&U prelims swimmers, top 8 11-12 prelims swimmers, the top 16 prelims swimmers for 13-14 swimmers, and the top 16 prelims swimmers for 15&over will swim in the final session of the day. Events 7&8 (400 Free), 31&32 (400 IM) and 12&U Events 9&10 (200 IM), 23&24 (200 Fly), 45&46 (200 Back), and 67&68 (200 Breast) will be timed final events only. The Meet Director and Meet Referee reserve the right to utilize chase starts in any session dependent upon the number of entries received. This will be communicated to all coaches/teams when other communications are sent out but not later than Monday, May 13, 2024.
WARM-UP:	<ul style="list-style-type: none"> 13&Over Prelim sessions: Open Warm-ups at 6:20AM to 7:50AM, competition starts at 8:00AM 12&Under sessions: Warm-ups not before 11:00AM, competition not before 12:00PM <ul style="list-style-type: none"> If the morning session runs long, warm-ups for the afternoon sessions will begin immediately after the conclusion of the morning session. All Finals sessions: Open Warm-ups 5:00-5:50pm; competition starts at 6:00pm <p>Lane assignment and warm-up times for individual clubs will be posted on the Hanover Aquatics website no later than Monday, May 13, 2024 and will also be emailed to the contact person of the participating clubs.</p>
ENTRIES:	<p>DEADLINE FOR THE RECEIPT OF ENTRIES IS TUESDAY, May 7, 2024.</p> <ul style="list-style-type: none"> Entries must be submitted in LCM or SCY times Commlink-2 software. Teams submit entries via email. A printout of entries must be included or the meet checklist/summary sheet with the name of the person to contact in case of questions must accompany the entries. Coach Time (CT) and “No Time” (NT) will be accepted for events in which a swimmer does not have a time of record. CT must be slower than an “A” time. All entry times other than CT must have been achieved in USA Swimming sanctioned, approved, or observed competition. Swimmers may enter a maximum of 3 individual events per day and 9 individual events for the meet. Entries will be processed in the order received and accepted to the greatest extent possible without exceeding the 4-hour/session timeline limit for the 12&under swimmers or the limits as mandated by current Commonwealth of Virginia guidelines. Email entries to: hnavrhurr@gmail.com Deck entries are available for athletes already entered in the meet to the extent that open lanes are available. No heats will be added.
FEES:	<ul style="list-style-type: none"> Individual events: \$12.00 for all events. Swimmer surcharge: \$2.50 per person (entered in the meet in any capacity) Checks should be made payable to: Hanover Aquatics, Inc. Mail payment to: PO Box 1886, Mechanicsville, VA 23116 Payment must be received by the start of the meet, May 17, 2024, for all entries.

	<p>Failure to pay entry fees by this deadline could result in the team being barred from the meet.</p> <ul style="list-style-type: none"> • IMPORTANT: If payment is sent via Express Mail/FedEx/Airborne/UPS/etc., please ensure that a signature is NOT required for delivery.
SEEDING:	<ul style="list-style-type: none"> • All 13&over events will be deck seeded with scratches due to the admin table no later than 45 minutes prior to the start of the session. • All 12&U events will be pre-seeded. • Events that have prelims and finals swims will be circle seeded.
AWARDS:	<ul style="list-style-type: none"> • Ribbons for top 8 finishers in each event. • Individual Events: F – 20-17-16-15-14-13-12-11, C – 9-7-6-5-4-3-2-1. • Team (Overall): Women, Men will be awarded trophies
PENALTIES:	<ul style="list-style-type: none"> • A fine of up to \$100 per event may be assessed for any illegal participation in the meet. Illegal participation is defined as <ul style="list-style-type: none"> ○ Entries using fraudulent or non-verifiable times. ○ Athlete competed in the incorrect age group. ○ Athlete is not registered with USA Swimming prior to the first day of the meet. • If the swimmer is representing a club in competition, the fine will be levied on the Club. If the swimmer is unattached, the fine will be levied on the swimmer. • Any event in which an athlete participated illegally will be rescored and re-awarded.
MEET RULES:	<ul style="list-style-type: none"> • The current USA Swimming Rules and Regulations including the Minor Athlete Abuse Protection Policy will govern this meet. • All adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy (MAAPP) and that they understand that compliance with MAAPP is a condition of participation in the conduct of this competition. • Any swimmer entered in the meet must be certified by a USA-S member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer’s legal guardian to ensure compliance with this requirement. • The scratch procedures listed in the current USA Swimming Rules and Regulations, Article 207.11.6, sections D and E.1-.3 only, will be in effect and apply to all heats of individual events with the exception of timed final events. Swimmers not adhering to these modified rules shall be barred from further competition for the remainder of the meet • Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present without written USA Swimming approval. • Use of audio or visual recording devices, including cell phones, is not permitted in changing areas, rest rooms or locker rooms. In addition, photography behind the blocks is <u>not permitted</u>. • Changing, in whole or in part, into or out of swimsuit when wearing just one suit in an area other than in a locker room, bathroom, or other space designated for changing is PROHIBITED. • In accordance with VSI best practices, all swimmers should shower before entering the pool. • An athlete suspected of sustaining a concussion or exhibiting signs of a concussion

	<p>will immediately be removed from competition and shall not return to competition that day. The athlete may return to competition on a subsequent day, but only with a release authorization signed by a licensed healthcare provider.</p> <ul style="list-style-type: none"> In accordance with VSI Policy, only those coaches who have current, valid USA Swimming credentials will be permitted to act in a coaching capacity at this meet. Coaches with expired or non-current credentials will be required to leave the deck area.
OFFICIALS:	<p>Meet Referee: Bob Rustin Email: brustin55@gmail.com</p> <ul style="list-style-type: none"> Officials will be needed for all positions and all sessions for this meet. Team officials chair should submit the names and session availability of certified officials as well as the names and session availability of trainees to John Stevens stevensjohna@hotmail.com or use this goggle form HERE no later than May 10, 2024. Officials meetings will be held at least one hour prior to the start of each session.
SAFETY:	<p>Meet Safety Officer: Nikki Deal Email: hvrhurr@gmail.com</p> <ul style="list-style-type: none"> Virginia Swimming Meet Safety Procedures will be in effect.
TIMERS:	<ul style="list-style-type: none"> We will need 2 timers per lane per session. If we need timers and/or other workers from other clubs we will communicate that no later than Monday, May 13, 2024, and will also be emailed to the contact person of each of the individual clubs. Timers will be asked to time for the entirety of the session. Timers meeting will be held approximately 30 minutes prior to the start of the session.
GENERAL:	<ul style="list-style-type: none"> Coaches' and officials' hospitality will include breakfast, lunch and dinner as well as light snacks and drinks. Hospitality will be hosted in the room just off the pool deck.
FACILITY RULES:	<ul style="list-style-type: none"> No glass containers of any kind are permitted in the facility. Lawn/deck chairs are not permitted in the grandstand.. No smoking is allowed on the campus. No flash photography.
DIRECTIONS:	<p>Go to http://www.virginiaswimming.org/vsi/Meet/VenueDirections/JRS_SC.html for directions.</p>

Hanover Storm Surge Open ORDER OF EVENTS

Friday, May 17, 2024

13& Over Session 1		
GIRLS	Events	BOYS
1	13&O 200 Free	2
3	13&O 100 Back	4

12&under Session 2		
GIRLS	Events	BOYS
9	12&U 200 IM*	10
11	10&U 50 Free	12

5	13&O 200 Fly	6
7	13&O 400 Free*	8

13	11-12 50 Free	14
15	10&U 100 Back	16
17	11-12 100 Back	18
19	10&U 100 Breast	20
21	11-12 100 Breast	22
23	12&Under 200 Fly*	24

Finals Session 3		
GIRLS	Events	BOYS
11	10&U 50 Free	12
13	11-12 50 Free	14
1	13&O 200 Free	2
15	10&U 100 Back	16
17	11-12 100 Back	18
3	13&O 100 Back	4
19	10&U 100 Breast	20
21	11-12 100 Breast	22
5	13&O 200 Fly	6

Saturday, May 19, 2024

13& Over Session 4		
GIRLS	Events	BOYS
25	13&O 200 Breast	26
27	13&O 100 Free	28
29	13&O 200 Back	30
31	13&O 400 IM*	32

12&under Session 5		
GIRLS	Events	BOYS
33	10&U 50 Breast	34
35	11-12 50 Breast	36
37	10&U 200 Free	38
39	11-12 200 Free	40
41	10&U 100 Fly	42
43	11-12 100 Fly	44
45	12&Under 200 Back*	46

Finals Session 6		
GIRLS	Events	BOYS
33	10&U 50 Breast	34
35	11-12 50 Breast	36
25	13&O 200 Breast	26
37	10&U 200 Free	38
39	11-12 200 Free	40
27	13&O 100 Free	28
41	10&U 100 Fly	42
43	11-12 100 Fly	44
29	13&O 200 Back	30

Sunday, May 19, 2024

13& Over Session 7		
GIRLS	Events	BOYS
47	13&O 100 Breast	48
49	13&O 50 Free	50
51	13&O 100 Fly	52
53	13&O 200 IM	54

12&under Session 8		
GIRLS	Events	BOYS
55	10&U 50 Fly	56
57	11-12 50 Fly	58
59	10&U 50 Back	60
61	11-12 50 Back	62
63	10&U 100 Free	64
65	11-12 100 Free	66
67	12&Under 200 Breast*	68

Finals Session 9		
GIRLS	Events	BOYS
47	13&O 100 Breast	48
55	10&U 50 Fly	56
57	11-12 50 Fly	58
49	13&O 50 Free	50
59	10&U 50 Back	60
61	11-12 50 Back	62
51	13&O 100 Fly	52
63	10&U 100 Free	64
65	11-12 100 Free	66
53	13&O 200 IM	54