

	HOKI Thanksgiving Invitational November 7-9, 2025 SANCTION NO. VS-26-050	Hosted by 
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- SANCTION:**
- Held under the sanction of USA Swimming/Virginia Swimming, Inc., SANCTION NO: **VS-26-050**.
 - USA Swimming, Inc., Virginia Swimming, Inc., HOKI Swim, and Christiansburg Aquatic Center shall be held free and harmless from any and all liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event.
- LOCATION:** Christiansburg Aquatic Center, 595 N. Franklin St. Christiansburg, VA 24073. 540-381-7665
- FACILITY:**
- Indoor 50-meter pool offers two 25-yard competition pools. 7' deep at the shallow end and 17'1" deep at the deep end; the pool has overflow gutters; non-turbulent lane markers; and Paddock starting blocks with backstroke handles and foot wedges.
 - Colorado Timing System will be used.
 - The Meet Director reserves the right to seed the sessions up to 10-lanes for competition.
 - Sessions will be run in (2) 25-yd competition pools. There will be (4) 25 yd-lanes for continuous warm-up and cool down plus a separate 4 lane 20 yd pool for warmup/warm down.
 - The meet host will ensure that the competition course meets the required dimensions as specified in 103.3 USA Swimming Rules and Regulations.
 - Medical supervision, lifeguards, AED device are available at the facility.
 - In order to provide parents/guardians who are outside of the facility with the ability to view their athletes' events, this meet may be video streamed following all MAAPP guidelines. By attending or participating in this competition, you acknowledge and grant permission to be included in the video-streaming.
- MEET DIRECTOR:** Scott Baldwin
edbaldwi@vt.edu
540-998-2327
- ELIGIBILITY:**
- Open to all athletes on HOKI-VA, GATR-VA, CCA-VA, YORK-PV, BWSC-PV, RMSC-PV, TSC-PV and Unattached Athletes who are registered with USA Swimming before the first day of the meet. Teams not listed are eligible with Meet Director Approval.
 - No on deck USA Swimming athlete registration will be permitted
 - All 18 & over athletes must have completed the appropriate Athlete Protection Training (APT) prior to the first day of competition. Athletes whose 18th birthday occurs during competition must complete the APT prior to that date.
 - 2024-2028 NAG time standards are in effect.
 - Age on November 7, 2025 will determine age for the entire meet.
- DISABILITY SWIMMERS:**
- Athletes with a disability are welcome and shall provide advance notice of desired accommodations to the Meet Director.
 - The athlete (or the athlete's coach) is also responsible for notifying the session referee of any disability prior to the competition using [the Disability Accommodation Form](#).
- ATHLETES WITH A SERIOUS MEDICAL CONDITION:**
- The swimmer (or the swimmer's coach) is responsible for notifying the Meet Referee prior to the competition of the medical condition that is potentially life-threatening while swimming and of any requested accommodations. Early notice (e.g. concurrent with the meet entry) is encouraged to allow for any needed planning or logistical support.
 - This provision does not apply to medical conditions that are not life-threatening while swimming including injuries that limit range of motion.
 - The swimmer/coach shall provide a Personal Assistant(s) as needed.
- FORMAT:**
- All events will be timed finals.
 - The 13 & O 500 Fr may be flighted depending on the number of entries. If flighting is needed, heats not making the cut to swim in the Saturday AM session, will have the opportunity to swim

the event during the Saturday PM session. Teams will be notified no later than Tuesday, Nov 4, 2025.

WARM-UP:

- Friday PM session: Warm-ups at 4:30pm; competition starts at 5:30pm
- Saturday AM 13&O session: Warm-ups at 7:00am; competition starts at 8:15am
- Saturday Afternoon Session 12&Under Warmups Not before 11am; Competition Not before 11:30am.
- Saturday PM 13&O Session: Warmups Not before 4:30pm; Competition Not Before 5:30 pm
- Sunday AM 13&O Session: Warm-ups at 7:00am; Competition starts at 8:15am
- Sunday Afternoon 12&Under Session: Warmups Not before 11am; Competition Not before 11:30am

ENTRIES:

DEADLINE FOR THE RECEIPT OF ENTRIES IS Tuesday, October 28, 2025

- Athletes may enter **2 events** on Friday.
- 13 & over athletes may enter a maximum of **3 individual events per session and 5 total events** on Saturday and **4 individual events on Sunday**.
- Entries will be processed in the order received and accepted to the greatest extent possible without exceeding the 4-hour/session timeline limit.
- **Deck entries will be accepted** for athletes already entered in the meet to the extent that open lanes are available. No heats will be added.

FEES:

Individual events: \$10.00

Swimmer surcharge: \$2.50 per person (entered in the meet in any capacity)

Checks Made Payable to: H2okie Aquatics

Payments may be mailed to:

Scott Baldwin
2211 Walnut Spring RD
Blacksburg, VA 24060

SEEDING:

- All events will be pre-seeded with exception to: Event #'s: 1-4; 11-12.
- Positive Check-in [for events 1-4; 11-12; will close 30 min](#) prior to the end of warmup.
- Event# 1-4 will be swum Fast to slow.

AWARDS:

- No awards

PENALTIES:

- A fine of up to \$100 per event may be assessed for any illegal participation in the meet. Illegal participation is defined as
 - Entries using fraudulent or non-verifiable times.
 - Athlete competed in the incorrect age group.
 - Athlete is not registered with USA Swimming prior to the first day of the meet.
- If the swimmer is representing a club in competition, the fine will be levied on the Club. If the swimmer is unattached, the fine will be levied on the swimmer.
- Any event in which an athlete participated illegally will be rescored and re-awarded.
- The current USA Swimming Rules and Regulations including the Minor Athlete Abuse Prevention Policy will govern this meet.

RULES:

- All adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy (MAAPP) and that they understand that compliance with MAAPP is a condition of participation in the conduct of this competition.
- Any swimmer entered in the meet must be certified by a USA-S member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.
- Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present without written USA Swimming approval.
- Use of audio or visual recording devices, including cell phones, is not permitted in changing areas, rest rooms or locker rooms. In addition, photography behind the blocks is not permitted.

- Changing, in whole or in part, into or out of swimsuit when wearing just one suit in an area other than in a locker room, bathroom, or other space designated for changing is PROHIBITED.
- In accordance with Virginia Swimming Best Practices, all athletes should shower before entering the pool.
- An athlete suspected of sustaining a concussion or exhibiting signs of a concussion will immediately be removed from competition and shall not return to competition that day. The athlete may return to competition on a subsequent day, but only with a release authorization signed by a licensed healthcare provider.
- In accordance with VSI Policy, only those coaches who have current, valid USA Swimming credentials will be permitted to act in a coaching capacity at this meet. Coaches with expired or non-current credentials will be required to leave the deck area.

OFFICIALS:

Meet Referee: George Zolovick

Email: gzolovick@gmail.com

Phone: 540-449-5413

- Officials will be needed for all positions and all sessions for this meet.
- Contact George Zolovick with interest to officiate no later than Monday, November 3, 2025.
- Officials meeting will be held in the Hospitality Room one hour before the start of each session.

SAFETY:

Virginia Swimming Meet Safety Procedures will be in effect.

MEET SAFETY OFFICER

Name: Nancy Anderson

Email: nancylade@gmail.com

Phone: 540-818-9274

TIMERS:

- Timers will be required from participating clubs in proportion to the number of swimmers present
- Timer's meeting will be held 20 minutes prior to the start of each session.
- Friday PM Events: swimmers will need their own timers
- Swimmers will be required to provide their own Timer and Counter for 500/ 1000Free
- Timer assignments will be sent to participating teams NLT Monday, November 3, and posted on the HOKI website.

GENERAL:

- Heat Sheets will be available through Meet Mobile.

FACILITY RULES:

FOLLOWING RULES ARE TO BE FOLLOWED DURING THE EVENT ALONG WITH THE TOWN OF CHRISTIANSBURG AQUATIC CENTER RULES:

- Concessions will be allowed in designated areas only. Drinks are permitted in plastic bottles or covered cups.
- Young children must be supervised by an adult.
- Observers are to stay in designated areas.
- No tape of any kind is to be used inside to hang signs, banners or decorations. Please consult with the Director of Aquatics prior to hanging up any relevant decorations.
- Only Aquatic Staff are permitted in the Aquatic Offices, Equipment Room and First Aid Office unless approved by Aquatic Staff Management.
- Smoking is NOT permitted within the Town of Christiansburg Aquatic Center.
- The Town of Christiansburg Aquatic Center is not responsible for any lost or stolen items. Make sure someone you know is always present supervising individual/team belongings.
- No unauthorized persons are permitted to use the stereo system without the permission of the Aquatic Director.
- No glass containers of any kind are to be brought into the pool complex.
- Parking violators will be subject to fines and/or towing as posted.
- Overflow parking may be pre-arranged with Kroger or Christiansburg High School on weekends.
- The Aquatic Center strongly encourages showering prior to entering the pool.
- All emergency exits and walkways must remain clear.
- Each club is responsible for supervising the conduct of its swimmers/spectators. Swimmers are not permitted in any room not directly associated with the meet.

ORDER of EVENTS

Friday, November 7, 2025						
Order of Events						
Girl	Event	Boy				
1	Open 400 IM	2				
3	Open 1000 Free	4				
5	12&Under 200 IM	6				
7	12&under 500 Free	8				
Saturday, November 8, 2025				12& Under Sessions		
Order of Events				Saturday, November 8, 2025		
Girl	Event	Boy		Order of Events		
9	13&O 50 Fly	10		Girl	Event	Boy
11	13&O 50 Breast	12		21	12&U 50 Free	22
13	13&O 200 Fly	14		23	12&U 50 Fly	24
15	13&O 100 Free	16		25	12&U 200 Free	26
17	13&O 200 Breast	18		27	12&U 100 Breast	28
19*	13&O 500 Free	20*		29	12&U 100 Back	30
* Flighted event. Top Heats will swim in the AM sessions. Remaining heats will swim in the PM Session after event #34				31	12&U 200 Fly	32
Saturday, November 8, 2025						
Order of Events				Sunday, November 9, 2025		
Girl	Event	Boy	Order of Events			
33	13&O 50 Back	34	Girl	Event	Boy	
35	13&O 200 Free	36	49	12&U 50 Back	50	

37	13&O 100 Fly	38		51	12&U 50 Breast	52
39	13&O 200 Back	40		53	12&U 100 Free	54
Sunday, November 9, 2025				55	12&U 100 IM	56
Order of Events				57	12&U 200 Back	58
Girl	Event	Boy		59	12&U 100 Fly	60
41	13&O 100 Back	42		61	12&U 200 Breast	62
43	13&O 100 Breast	44				
45	13&O 50 Free	46				
47	13&O 200 IM	48				