Virginia Swimming Long Course Senior Champs 50 Meter Course Meet - Records

1	Women Senior 1500 Free	16.40 74 7/17/2014	
	Men Senior 1500 Free		JESSIE GVOZDAS - NOVA-VA GREG REED - VIRGINIA GATORS-
	Women Senior 200 Free		KYLA VALLS - CAVALIER SWIMMIN
	Men Senior 200 Free		
			SAMUEL SCHILLING - CAVALIER SWIMMIN
	Women Senior 100 Breast		JOELLE VEREB - 757 SWIM-VA
	Men Senior 100 Breast		CHARLES KATIS - PINNACLE RACING-
	Women Senior 100 Fly		ALICIA FINNIGAN - LIBERTY AQUATICS
	Men Senior 100 Fly	53./3 //25/2003	PETER VERHOEF - COAST GUARD
	Women Senior 400 IM	4:49.81 //19/2019	GRACE SHEBLE - NOVA OF VIRGINIA
	Men Senior 400 IM		KEITH MYBURGH - UNA PRVT-VA
11	Women Senior 800 Free Relay	8:18.02 //19/2019	TIDE SWIMMING - TIDE SWIMMING-VA E Caldow, S Tadder, A Reardon, K Wilson
12	Men Senior 800 Free Relay	7.41.63 7/21/2017	QUEST SWIMMING - QUEST SWIMMING-V
12	Men Senior 600 Free Relay	7.41.05 7/21/2017	E Beach, B Doss, M Strycker, C Beach
12	Women Senior 200 Free Relay	1.46 04 7/10/2014	LIBERTY AQUATICS
15	Women Semor 200 Free Kelay	1.40.04 //1//2014	M Babcock, C Gary, K Hough, C Simmons
11	Men Senior 200 Free Relay	1,22,22 7/20/2010	TRIBE AQUATICS - TRIBE AQUATICS-V
14	Mell Sellior 200 Fiee Relay	1:52.22 //20/2019	I Thompson, J Doherty, G Hertweck, C Wright
15	Women Senior 200 Fly	2:12.33 1988	
	Men Senior 200 Fly		
	Women Senior 50 Free		SAMUEL T MCGRAW - UNA QDD-VA CASEY FANZ - UNA PSDN-VA
		23.30 //22/201/	COLIN WRIGHT - TRIBE AQUATICS-V
	Men Senior 50 Free		
	Women Senior 200 Breast	2:34.38 / / 23 / 2011	REBECCA RAINER - NOVA OF VIRGINIA
	Men Senior 200 Breast		JUSTIN EDWARDS - NOVA OF VIRGINIA
	Women Senior 100 Back		EMMA SEIBERLICH - CAVALIER SWIMMIN
	Men Senior 100 Back		CLARK BEACH - QUEST SWIMMING-V
	Women Senior 400 Free		JESSIE GVOZDAS - NOVA-VA
	Men Senior 400 Free		FRANCIS HAAS - NOVA OF VIRGINIA
25	Women Senior 400 Medley Relay	4:13.05 7/20/2019	NOVA OF VIRGINIA AQUATICS, INC - NOVA OF VIRGINIA J Fuller, S Bender, M Pulley, S Whiting
26	Men Senior 400 Medley Relay	3.50.21 7/18/2015	TRIBE AQUATICS - TRIBE AQUATICS-V
20	field benief 100 Freuey fieldy	0100121 //10/2010	Manion, O'Donnell, Montes De Oca, Henderson
27	Women Senior 200 Medley Relay	1.57.27 7/21/2019	TIDE SWIMMING - TIDE SWIMMING-VA
-,	Women beiner 200 Mealey Relay	10/12/ //21/2019	E Caldow, L Barakey, N Venema, K Wilson
28	Men Senior 200 Medley Relay	1.43 29 7/21/2019	TRIBE AQUATICS - TRIBE AQUATICS-V
20	field benief 200 Freuey fieldy	111012) //21/2019	L Bradley, C Pfuhl, I Thompson, C Wright
29	Women Senior 200 Back	2.15 16 7/21/2019	ZOE DIXON - NOVA OF VIRGINIA
	Men Senior 200 Back		CLARK BEACH - QUEST SWIMMING-V
	Women Senior 100 Free		BONNIE ZHANG - UNA GATR-VA
	Men Senior 100 Free		SAMUEL SCHILLING - CAVALIER SWIMMIN
	Women Senior 200 IM		SARAH BENDER - NOVA OF VIRGINIA
	Men Senior 200 IM		PETER T BENNER - QDD SWIM TEAM
	Women Senior 400 Free Relay		NOVA OF VIRGINIA AQUATICS, INC - NOVA OF VIRGINIA
55	women senior too rice Relay	5.50.77 7/21/2019	G Sheble, C Isley, S Whiting, S Bender
26	Men Senior 400 Free Relay	2.29 52 7/21/2010	TRIBE AQUATICS - TRIBE AQUATICS-V
50	Men Jenior too Meay	5.27.55 772172019	C Pfuhl, I Thompson, G Hertweck, C Wright
27	Women Senior 800 Free	Q.51 12 7/20/2014	JESSIE GVOZDAS - NOVA OF VIRGINIA
30	Men Senior 800 Free	0:00.33 //19/2015	FRANCIS HAAS - NOVA OF VIRGINIA