

## Prescratch Estimated Time Line for Prelim Sessions

# 2024 Virginia Swimming Short Course Senior Championships Richmond, VA

February 29 - March 3, 2024

Event	Heats	Start Time
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### Thursday, February 29, 2024

1 W 1650 Free (WEST POOL)	7	3:00 PM
2 M 1650 Free (EAST POOL)	6	3:00 PM
<b>15 Minute Break</b>		
3 W 800 Free Relay	3	5:31 PM
4 M 800 Free Relay	3	5:55 PM

**End of Session 6:17 PM**

**Event 3 will NOT start before 5:20 PM**

### Friday, March 1, 2024

5 W 200 Medley Relay	2	8:30 AM
6 M 200 Medley Relay	2	8:34 AM
7 W 100 Fly	14	8:40 AM
8 M 100 Fly	18	8:58 AM
9 W 200 Back	9	9:21 AM
10 M 200 Back	8	9:46 AM
11 W 100 Free	17	10:08 AM
12 M 100 Free	21	10:29 AM
<b>15 Minute Break</b>		
13 W 400 IM (WEST POOL)	7	11:08 AM
14 M 400 IM (EAST POOL)	10	11:18 AM

**End of Session 12:09 PM**

**Positive check-in for E 1/2 (1650) due by 2:00 PM Thursday**

**Scratches for E 3/4 (800 FR) due by 2:00 PM Thursday**

- \* All relays will swim in the west pool
- \* Fastest 2 heats of all relays will swim in finals
- \* E 1/2 will swim fastest to slowest
- \* E 13/23 will swim in the west pool
- \* E 14/24 will swim in the east pool
- \* E 13/14/23/24 will swim slowest to fastest for the 1st 4 heats and then fastest to slowest for the remaining heats
- \* E 37/38 will swim slowest to fastest. Event 37 will swim in the west pool; Event 38 will swim in the East pool.

Event	Heats	Start Time
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### Saturday, March 2, 2024

15 W 200 Free Relay	2	8:30 AM
16 M 200 Free Relay	2	8:33 AM
17 W 200 IM	15	8:40 AM
18 M 200 IM	15	9:23 AM
19 W 50 Free	17	9:59 AM
20 M 50 Free	20	10:12 AM
21 W 200 Breast	9	10:33 AM
22 M 200 Breast	12	11:02 AM

**15 Minute Break 11:34 AM**

23 W 500 Free (WEST POOL)	9	11:49 AM
24 M 500 Free (EAST POOL)	10	11:59 AM

**5 Minute Break (Reset Deck) 12:51 PM**

25 W 400 Medley Relay	2	12:56 PM
26 M 400 Medley Relay	2	1:05 PM

**End of Session 1:14 PM**

### Sunday, March 3, 2024

27 W 200 Fly	10	8:30 AM
28 M 200 Fly	10	8:56 AM
29 W 100 Back	11	9:20 AM
30 M 100 Back	13	9:38 AM
31 W 200 Free	16	9:59 AM
32 M 200 Free	16	10:36 AM
33 W 100 Breast	10	11:10 AM
34 M 100 Breast	14	11:25 AM
35 W 400 Free Relay	2	11:45 AM
36 M 400 Free Relay	2	11:53 AM

**End of Session 12:00 PM**

### Sunday, March 3, 2024

37 W 1000 Free (WEST POOL)	7	2:05 PM
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**End of Session 3:26 PM**

38 M 1000 Free (EAST POOL)	7	2:10 PM
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**End of Session 3:25 PM**

**2024 Virginia Swimming Short Course Senior Championships**  
**Richmond, VA**  
**Friday, March 1, 2024**  
**Finals Time Line**

<b>National Anthem</b>			5:40 PM
Event # 5	Women's 200 Medley Relay	Heat 5	5:45 PM
		Heat 6	5:47 PM
Event # 6	Men's 200 Medley Relay	Heat 5	5:49 PM
		Heat 6	5:51 PM
<b>10 Minute Break</b>			<b>5:35 PM</b>
Event # 7	Women's 100 Fly	D Final	5:45 PM
Event # 7	Women's 100 Fly	C Final	5:46 PM
Event # 7	Women's 100 Fly	B Consulation	5:48 PM
Event # 7	Women's 100 Fly	A Championship	5:49 PM
Event # 8	Men's 100 Fly	D Final	5:52 PM
Event # 8	Men's 100 Fly	C Final	5:53 PM
Event # 8	Men's 100 Fly	B Consulation	5:54 PM
Event # 8	Men's 100 Fly	A Championship	5:56 PM
Event # 9	Women's 200 Back	D Final	5:58 PM
Event # 9	Women's 200 Back	C Final	6:01 PM
Event # 9	Women's 200 Back	B Consulation	6:04 PM
Event # 9	Women's 200 Back	A Championship	6:07 PM
Event #10	Men's 200 Back	D Final	6:11 PM
Event #10	Men's 200 Back	C Final	6:14 PM
Event #10	Men's 200 Back	B Consulation	6:17 PM
Event #10	Men's 200 Back	A Championship	6:20 PM
Event #11	Women's 100 Free	D Final	6:24 PM
Event #11	Women's 100 Free	C Final	6:25 PM
Event #11	Women's 100 Free	B Consulation	6:27 PM
Event #11	Women's 100 Free	A Championship	6:28 PM
Event #12	Men's 100 Free	D Final	6:30 PM
Event #12	Men's 100 Free	C Final	6:32 PM
Event #12	Men's 100 Free	B Consulation	6:33 PM
Event #12	Men's 100 Free	A Championship	6:34 PM
<b>10 Minute Break</b>			<b>6:37 PM</b>
Event #13	Women's 400 IM	D Final	6:47 PM
Event #13	Women's 400 IM	C Final	6:52 PM
Event #13	Women's 400 IM	B Consulation	6:58 PM
Event #13	Women's 400 IM	A Championship	7:04 PM
Event #14	Men's 400 IM	D Final	7:10 PM
Event #14	Men's 400 IM	C Final	7:15 PM
Event #14	Men's 400 IM	B Consulation	7:21 PM
Event #14	Men's 400 IM	A Championship	7:26 PM
<b>End of Session</b>			<b>7:32 PM</b>

**\*\* Scratches for Saturday Prelims are due by 6:15 PM \*\***

**\*\* AM/PM designation for Events 25/26 (400 Y Medley Relay) are due by 6:15 PM \*\***

**2024 Virginia Swimming Short Course Senior Championships**  
**Richmond, VA**  
**Saturday, March 2, 2024**  
**Finals Time Line**

<b>National Anthem</b>			5:40 PM
Event #15	Women's 200 Free Relay	Heat 5	5:45 PM
		Heat 6	5:47 PM
Event #16	Men's 200 Free Relay	Heat 5	5:49 PM
		Heat 6	5:51 PM
<b>10 Minute Break</b>			<b>5:53 PM</b>
Event #17	Women's 200 IM	D Final	6:03 PM
Event #17	Women's 200 IM	C Final	6:06 PM
Event #17	Women's 200 IM	B Consulation	6:10 PM
Event #17	Women's 200 IM	A Championship	6:13 PM
Event #18	Men's 200 IM	D Final	6:17 PM
Event #18	Men's 200 IM	C Final	6:19 PM
Event #18	Men's 200 IM	B Consulation	6:22 PM
Event #18	Men's 200 IM	A Championship	6:24 PM
Event #19	Women's 50 Free	D Final	6:28 PM
Event #19	Women's 50 Free	C Final	6:29 PM
Event #19	Women's 50 Free	B Consulation	6:30 PM
Event #19	Women's 50 Free	A Championship	6:31 PM
Event #20	Men's 50 Free	D Final	6:33 PM
Event #20	Men's 50 Free	C Final	6:34 PM
Event #20	Men's 50 Free	B Consulation	6:35 PM
Event #20	Men's 50 Free	A Championship	6:36 PM
Event #21	Women's 200 Breast	D Final	6:38 PM
Event #21	Women's 200 Breast	C Final	6:42 PM
Event #21	Women's 200 Breast	B Consulation	6:45 PM
Event #21	Women's 200 Breast	A Championship	6:49 PM
Event #22	Men's 200 Breast	D Final	6:53 PM
Event #22	Men's 200 Breast	C Final	6:56 PM
Event #22	Men's 200 Breast	B Consulation	6:59 PM
Event #22	Men's 200 Breast	A Championship	7:02 PM
Event #23	Women's 500 Free	D Final	7:05 PM
Event #23	Women's 500 Free	C Final	7:11 PM
Event #23	Women's 500 Free	B Consulation	7:17 PM
Event #23	Women's 500 Free	A Championship	7:23 PM
Event #24	Men's 500 Free	D Final	7:30 PM
Event #24	Men's 500 Free	C Final	7:35 PM
Event #24	Men's 500 Free	B Consulation	7:40 PM
Event #24	Men's 500 Free	A Championship	7:46 PM
<b>10 Minute Break</b>			<b>7:52 PM</b>
Event #25	Women's 400 Medley Relay	Heat 5	8:02 PM
		Heat 6	8:07 PM
Event #26	Men's 400 Medley Relay	Heat 5	8:12 PM
		Heat 6	8:16 PM
<b>End of Session</b>			<b>8:21 PM</b>

\*\* Scratches for Sunday Prelims are due by 6:15 PM \*\*

\*\* AM/PM designation for Events 35/36 (400 Y Freestyle Relay) are due by 6:15 PM \*\*

\*\* AM/PM designation for Events 37/38 (1000 Y Freestyle) are due by 6:15 PM \*\*

**2024 Virginia Swimming Short Course Senior Championships**  
**Richmond, VA**  
**Sunday, March 3, 2024**  
**Finals Time Line**

<b><i>National Anthem</i></b>			<b>4:25 PM</b>
Event #37	Women's 1000 Free	Heat 5	4:30 PM
Event #38	Men's 1000 Free	Heat 5	4:41 PM
Event #27	Women's 200 Fly	D Final	4:52 PM
Event #27	Women's 200 Fly	C Final	4:55 PM
Event #27	Women's 200 Fly	B Consulation	4:58 PM
Event #27	Women's 200 Fly	A Championship	5:01 PM
Event #28	Men's 200 Fly	D Final	5:04 PM
Event #28	Men's 200 Fly	C Final	5:07 PM
Event #28	Men's 200 Fly	B Consulation	5:10 PM
Event #28	Men's 200 Fly	A Championship	5:12 PM
Event #29	Women's 100 Back	D Final	5:16 PM
Event #29	Women's 100 Back	C Final	5:17 PM
Event #29	Women's 100 Back	B Consulation	5:19 PM
Event #29	Women's 100 Back	A Championship	5:21 PM
Event #30	Men's 100 Back	D Final	5:24 PM
Event #30	Men's 100 Back	C Final	5:26 PM
Event #30	Men's 100 Back	B Consulation	5:28 PM
Event #30	Men's 100 Back	A Championship	5:29 PM
Event #31	Women's 200 Free	D Final	5:32 PM
Event #31	Women's 200 Free	C Final	5:35 PM
Event #31	Women's 200 Free	B Consulation	5:37 PM
Event #31	Women's 200 Free	A Championship	5:40 PM
Event #32	Men's 200 Free	D Final	5:43 PM
Event #32	Men's 200 Free	C Final	5:45 PM
Event #32	Men's 200 Free	B Consulation	5:48 PM
Event #32	Men's 200 Free	A Championship	5:50 PM
Event #33	Women's 100 Breast	D Final	5:53 PM
Event #33	Women's 100 Breast	C Final	5:55 PM
Event #33	Women's 100 Breast	B Consulation	5:57 PM
Event #33	Women's 100 Breast	A Championship	5:58 PM
Event #34	Men's 100 Breast	D Final	6:01 PM
Event #34	Men's 100 Breast	C Final	6:02 PM
Event #34	Men's 100 Breast	B Consulation	6:04 PM
Event #34	Men's 100 Breast	A Championship	6:06 PM
<b><i>Awards -</i></b>	<b><i>10 Minute Break -- Individual Awards</i></b>		<b>6:08 PM</b>
Event #35	Women's 400 Free Relay	Heat 5	6:18 PM
		Heat 5	6:22 PM
Event #36	Men's 400 Free Relay	Heat 5	6:26 PM
		Heat 6	6:30 PM
<b><i>Awards -</i></b>	<b>Team Awards</b>		<b>6:34 PM</b>
	<b><i>End of Session</i></b>		<b>6:44 PM</b>

\*\* Have a safe trip home \*\*