

Virginia Swimming Men's SCY

Senior	50 FR	19.24	Thomas Heilman	CA-Y	12/6/2023	2023 Speedo Winter Junior Championships - East
	100 FR	42.00	Thomas Heilman	CA-Y	12/9/2023	2023 Speedo Winter Junior Championships - East
	200 FR	1:32.46	Thomas Heilman	CA-Y	12/6/2023	2023 Speedo Winter Junior Championships - East
	500 FR	4:14.19	Townley Haas	NOVA	12/4/2014	2014 Winter Nationals
	1000 FR	8:53.31	Townley Haas	NOVA	3/18/2014	2014 FL AP NCSA Spring Championship
	1650 FR	14:49.49	Townley Haas	NOVA	12/6/2014	2014 Winter Nationals
	100 BK	47.08	Kyle Peck	RAYS	1/7/2023	2023 VA RAYS Jeff Rouse Meet
	200 BK	1:40.52	David King	CA-Y	3/1/2024	2024 SC Senior Champs
	100 BR	52.16	Chuck Katis	PRVT	3/29/2019	2019 Sectionals - Christiansburg
	200 BR	1:53.28	Ilya Evdokimov	PRVT	3/27/2021	2021 FL ISCA International Senior Meet
	100 FL	44.67	Thomas Heilman	CA-Y	12/9/2022	2022 Speedo Winter Juniors East
	200 FL	1:40.73	Thomas Heilman	CA-Y	12/9/2023	2023 Speedo Winter Junior Championships - East
	200 IM	1:41.41	Thomas Heilman	CA-Y	12/7/2023	2023 Speedo Winter Junior Championships - East
	400 IM	3:43.63	Thomas Heilman	CA-Y	3/3/2023	2023 VA SC Senior Champs
	200 FR-R	1:20.94	Owen Haban, Sam Calder, Cameron Cook, Kyle Peck	RAYS	3/21/2024	2024 VL NCSA Swimming Championships
	400 FR-R	2:54.66	Thomas Heilman, David King, Will Browne, Max Moore	CA-Y	12/9/2023	2023 Speedo Winter Junior Championships - East
	800 FR-R	6:24.56	Thomas Heilman, David King, Will Browne, Will Charlton	CA-Y	12/6/2023	2023 Speedo Winter Junior Championships - East
	200 MED-R	1:26.25	David King, Max Moore, Thomas Heilman, Will Browne	CA-Y	12/6/2023	2023 Speedo Winter Junior Championships - East
	400 MED-R	3:08.95	David King, Max Moore, Thomas Heilman, Will Browne	CA-Y	12/7/2023	2023 Speedo Winter Junior Championships - East