

Virginia Swimming Records

Men's LCM

Senior	50 FR	21.83	Matt King	CA-Y	2022 Phillips 66 Summer Nationals	7/30/2022
	50 FR	21.83	Ian Ho	PRVT	2024 World Champs	2/16/2024
	100 FR	48.20	Townley Haas	NOVA	2017 Summer Nationals	6/27/2017
	200 FR	1:45.03	Townley Haas	NOVA	2017 Summer Nationals	6/28/2017
	400 FR	3:45.04	Townley Haas	NOVA	2016 Olympic Trials	6/26/2016
	800 FR	8:00.99	Townley Haas	NOVA	2014 Jr Pan Pacific Championships	8/30/2014
	1500 FR	15:18.13	Nathan Szobota	NOVA	2023 Phillips 66 National	6/27/2023
	100 BK	53.72	Jack Aikins	UN	2024 World Champs	2/12/2024
	200 BK	1:55.64	David King	CA-Y	2025 Toyota National Championships	6/4/2025
	100 BR	59.16	Charlie Swanson	NOVA	2024 Olympic Trials	6/16/2024
	200 BR	2:08.00	AJ Pouch	VT	2024 Olympic Trials	6/18/2024
	100 FL	50.70	Thomas Heilman	CA-Y	2025 Toyota National Championships	6/5/2025
	200 FL	1:53.82	Thomas Heilman	CA-Y	2023 World Champs	7/26/2023
	200 IM	2:00.43	Norbert Szabo	UN	2018 Pro Series - Indy	5/19/2018
	400 IM	4:15.40	Tyler Harris	PSDN	2011 WUGS	8/14/2011
	200 FR-R	1:32.22	Ian Thompson, Jack Doherty, Graham Hertweck, Colin Wright	TRIB	2019 VA LC SR Championships	7/20/2019
	400 FR-R	3:26.76	Aaron Schultz, Townley Haas, Jac Cortright, Charlie Swanson	NOVA	2015 Summer Nationals	8/6/2015
	800 FR-R	7:25.78	Jac Cortright, Aaron Schultz, Charlie Swanson, Townley Haas	NOVA	2015 Summer Nationals	8/9/2015
	200 MED-R	1:43.26	Khalil Fonder, Collin Myburgh, Noah Bowers, Iran Almeida	GATR	2019 FL TYR ISCA Summer Senior Ch	7/30/2019
	400 MED-R	3:43.85	Robert Owen, Justin Edwards, Harrison Pierce, Hassler Carroll	HOKI	2017 U.S. Open	8/5/2017