

Virginia Swimming Records

Boy's LCM

10 & U	50 FR	28.83	Thomas Heilman	CYAC	7/22/2017	2017 VA LC AG Champs-
	100 FR	1:03.19	Thomas Heilman	CYAC	8/9/2017	2017 VA Eastern Zone LC Champi
	200 FR	2:18.99	Keith Myburgh	GATR	6/25/2010	2010 NC GSA 55th Annual Easter
	400 FR	4:51.11	Keith Myburgh	GATR	7/29/2010	2010 VA LC AG Champs (HOKI)
	50 BR	33.65	Raleigh Harrington	NOVA	7/21/2023	2023 VA LC Age Group Champs
	100 BK	1:12.75	Crash Ackerly	PSDN	4/17/2016	2016 VA Spring Splash
	50 BR	38.58	Robert Dewolff	NOVA	8/11/2004	2004 NI EZ AG LC Champs
	50 BR	38.58	Danny Pyle	RAYS	8/8/1990	
	100 BR	1:23.31	Gareth Hollender	NOVA	7/24/2021	2021 VA LC Age Group Championship
	50 FL	31.24	Ryan Bradley	BRAC	5/25/1985	
	100 FL	1:10.78	Thomas Heilman	CYAC	8/9/2017	2017 VA Eastern Zone LC Champi
	200 IM	2:35.93	Keith Myburgh	GATR	7/29/2010	2010 VA LC AG Champs (HOKI)
	200 FR-R	2:04.89	Trent Abbott, Raleigh Harrington, Zander Tan, Daniel Bunge	NOVA	7/22/2023	2023 VA LC Age Group Champs
	200 MED-R	2:21.16	Aiden Boyd, Spencer Ridge, Joseph Conner, Eric Lambert	NOVA	7/22/2017	2017 VA LC AG Champs-
11-12	50 FR	25.02	Thomas Heilman	CYAC	7/27/2019	2019 VA Long Course Age Groups
	100 FR	56.28	Daniel Bunge	NOVA	7/27/2025	2025 VA Long Course Age Groups
	200 FR	2:01.44	Daniel Bunge	NOVA	7/25/2025	2025 VA Long Course Age Groups
	400 FR	4:18.14	Daniel Bunge	NOVA	8/8/2025	2025 EZ LC Age Group Championship
	800 FR	9:12.17	Keith Myburgh	GATR	6/21/2012	2012 NC GSA Eastern Invitation
	1500 FR	17:30.58	Adam Kerr	PSDN	5/17/2014	2014 VA Williamsburg AC Spring
	50 BK	29.12	Luke Durocher	RPST	8/7/2013	2013 Eastern Zone Long Course
	100 BK	1:03.59	Eric Lambert	NOVA	7/27/2019	2019 VA Long Course Age Groups
	200 BK	2:16.71	Tom Sheranek	NOVA	7/25/2003	2003 VA LC Senior Champs
	50 BR	33.65	Danny Pyle	RAYS	8/13/1992	
	100 BR	1:12.71	James Kegelma	CGBD	8/12/2009	2009 MA Eastern Zone LC Champ
	200 BR	2:37.86	James Kegelma	CGBD	8/12/2009	2009 MA Eastern Zone LC Champ
	50 FL	27.05	Thomas Heilman	CYAC	7/28/2019	2019 VA Long Course Age Group
	100 FL	59.89	Thomas Heilman	CYAC	7/26/2019	2019 VA Long Course Age Group
	200 FL	2:13.93	Thomas Heilman	CYAC	7/27/2019	2019 VA Long Course Age Group
	200 IM	2:19.20	Daniel Bunge	NOVA	7/26/2025	2025 VA Long Course Age Groups
	400 IM	5:01.83	Daniel Bunge	NOVA	7/25/2025	2025 VA Long Course Age Groups
	200 FR-R	1:50.49	Thomas Heilman, Will Browne, Travis Hitt, Aiden Zhu	CYAC	7/27/2019	2019 VA Long Course Age Group

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	400 FR-R	4:02.68	Daniel Bunge, Raleigh Harrington, Noah Wolfle, Trent Abbott	NOVA	7/27/2025	2025 VA Long Course Age Group Championship
	200 MED-R	2:03.67	Charlie Williams, Will Arcarese Noah Wolfle, Daniel Bunge	NOVA	7/26/2025	2025 LC Age Group Champs
	400 MED-R	4:31.32	Tanner Kidd, Travis Hitt, Will Browne, Thomas Heilman	CYAC	7/26/2019	2019 VA Long Course Age Group
13-14	50 FR	22.95	Thomas Heilman	CA-Y	12/2/2021	2021 Toyota US Open Championship
	100 FR	51.12	Thomas Heilman	CA-Y	12/4/2021	2021 Toyota US Open Championship
	200 FR	1:51.27	Thomas Heilman	CA-Y	12/3/2021	2021 Toyota US Open Championship
	400 FR	4:04.56	Henry Campbell	QDD	7/21/2011	2011 VA LC SR Championships
	800 FR	8:25.26	Jeff Utsch	BRAC	8/25/1982	
	1500 FR	16:17.19	Nathan Szobota	NOVA	5/12/2022	2022 VA EZ LC Speedo Super Sectional
	100 BK	58.52	Jimmy Jacobs	757	7/26/2025	2025 VA LC Age Group Champs
	200 BK	2:06.52	Nathan Szobota	NOVA	6/12/2022	2022 VA NOVA Senior Classic
	100 BR	1:07.11	Keith Myburgh	GATR	7/24/2014	2014 VA LC AG Champs- CAC
	200 BR	2:25.02	Keith Myburgh	GATR	7/24/2014	2014 VA LC AG Champs- CAC
	100 FL	53.27	Thomas Heilman	CA-Y	12/3/2021	2021 Toyota US Open Championship
	200 FL	1:59.87	Thomas Heilman	CA-Y	12/4/2021	2021 Toyota US Open Championship
	200 IM	2:09.71	Eric Lambert	NOVA	7/25/2021	2021 VA LC Age Group Championship
	400 IM	4:32.57	Charlie Hilton	NOVA	7/25/2-25	2025 VA LC Age Group Champs
			Charlie Welsh, Ben Franks,			
	200 FR-R	1:40.59	Cole Nelson, Aidin Muminovic	NOVA	7/22/2023	2023 VA LC Age Group Champs
			Alex Gertner, Nathan Szobota,			
	400 FR-R	3:43.12	Christian Thornton, Eric Lambert	NOVA	7/25/2021	2021 VA LC Age Group Championship
			Ben Franks, Josh Farnsworth,			
	800 FR-R	7:59.87	Cole Nelson, Aidin Muminovic	NOVA	7/20/2023	2023 VA LC Age Group Champs
			Brady Julian, JD Chen,			
	200 MED-R	1:52.62	Ryan Smith, Aidin Muminovic	NOVA	7/23/2022	2022 VA LC Age Group Championships
			Nathan Szobota, Spencer Ridge,			
	400 MED-R	4:05.39	Alex Gertner, Eric Lambert	NOVA	7/23/2021	2021 VA LC Age Group Championship
15-16	50 FR	22.89	Thomas Heilman	CA-Y	4/30/2022	International Team Trials
	100 FR	49.20	Thomas Heilman	CA-Y	6/27/2023	2023 Phillips 66 National Championships

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	200 FR	1:49.13	Thomas Heilman	CA-Y	6/2/2023	2023 PV NCAP Elite Qualifier
	400 FR	3:51.99	Townley Haas	NOVA	8/5/2013	2013 Summer Junior Nats
	800 FR	8:08.71	Jeff Utsch	BRAC	8/14/1984	
	1500 FR	15:18.13	Nathan Szobota	NOVA	6/27/2023	2023 Phillips 66 National Championships
	100 BK	56.66	Clark Beach	QSTS	6/27/2016	2016 Olympic Trials
	200 BK	2:01.70	Josh Friedel	RAYS, Inc	7/27/2009	2009 AP YMCA National Long Course
	100 BR	1:03.97	Gabe Nunziata	ODAC	7/26/2023	2023 Futures Championships - Richmond, VA - C/
	200 BR	2:17.95	Gabe Nunziata	ODAC	12/2/2023	2023 VA ISCA LC ISCA Open
	100 FL	51.19	Thomas Heilman	CA-Y	6/29/2023	2023 Phillips 66 National Championships
	200 FL	1:53.82	Thomas Heilman	CA-Y	7/26/2023	2023 World Champs
	200 IM	2:02.84	Thomas Heilman	CA-Y	7/1/2023	2023 Phillips 66 National Championships
	400 IM	4:24.89	Nathan Szobota	NOVA	8/1/2023	2023 Speedo Junior National Championships
	200 FR-R	1:37.30	Coyle Moore, Will Wood	TIDE	7/31/2025	2025 FL ISCA Summer Senior Blast
			Troy Salpeter, Adam Giersch			
	400 FR-R	3:33.99	Matthew Whelan, Patrick Madden, Christopher Dalla Valle, Reid Hutcherson	NOVA	8/3/2017	2017 NCSA Summer Champs
	800 FR-R	7:44.31	Christopher Dalla Valle, Matthew Whelan, Patrick Madden, Reid Hutcherson	NOVA	8/2/2017	2017 NCSA Summer Champs
	200 MED-R	1:48.97	Charlie Taylor, Troy Salpeter, Adam Giersch, Coyle Moore	TIDE	7/30/2025	2025 FL ISCA Summer Senior Blast
	400 MED-R	3:58.57	Patrick Madden, Daniel Chance, Matthew Whelan, Christopher Dalla Valle	NOVA	8/5/2017	2017 NCSA Summer Champs
17-18	50 FR	22.62	Brendan Whitfield	LY	6/28/2023	2023 Phillips 66 National Championships TT
	100 FR	49.26	Thomas Heilman	CA-Y	6/6/2025	2025 Toyota National Championships -TT
	100 FR	49.55	Townley Haas	NOVA	8/27/2014	2014 Jr Pan Pacific Championships
	200 FR	1:47.55	Townley Haas	NOVA	8/7/2015	2015 Summer Nationals
	400 FR	3:48.69	Townley Haas	NOVA	8/6/2015	2015 Summer Nationals
	800 FR	8:00.99	Townley Haas	NOVA	8/27/2014	2014 Jr Pan Pacific Championships
	1500 FR	15:30.94	Bobby DiNunzio	TIDE	4/7/2022	2022 VA Speedo Premier Racing
	100 BK	54.67	David King	CA-Y	6/16/2024	2024 Olympic Trials
	200 BK	1:57.90	David King	CA-Y	6/19/2024	2024 Olympic Trials
	100 BR	1:00.36	Gabe Nunziata	ODAC	6/15/2024	2024 Olympic Trials Time Trials
	200 BR	2:09.70	Gabe Nunziata	ODAC	8/22/2025	2025 World Junior Champs

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100 FL	50.70	Thomas Heilman	CA-Y	6/5/2025	2025 Toyota National Championships
200 FL	1:54.03	Thomas Heilman	CA-Y	6/3/2025	2025 Toyota National Championships
200 IM	2:01.39	Gabe Nunziata	ODAC	6/7/2025	2025 Toyota National Championships
400 IM	4:17.37	Charlie Swanson	NOVA	8/25/2016	2016 Jr Pan Pacific Champs
200 FR-R	1:35.30	Aaron Schultz, Charlie Swanson, Ted Schubert, Aidan Sullivan	NOVA	7/28/2015	2015 IN NCSA Summer Swimming
400 FR-R	3:26.76	Aaron Schultz, Townley Haas, Jac Cortright, Charlie Swanson	NOVA	8/6/2015	2015 Summer Nationals
800 FR-R	7:25.78	Jac Cortright, Aaron Schultz, Charlie Swanson, Townley Haas	NOVA	8/9/2015	2015 Summer Nationals
200 MED-R	1:44.01	Sam Cuthbert, Charlie Swanson, Ted Schubert, Aaron Schultz	NOVA	7/28/2015	2015 IN NCSA Summer Swimming
400 MED-R	3:44.11	Wade O'Brien, Charlie Swanson, Ted Schubert, Townley Haas	NOVA	8/10/2015	2015 Summer Nationals

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