



VSI Disability/DEI Committee Report

October 2025

Remaining VSI Committee Meeting Dates (2025–2026 Season)

VSI DEI/Disability Meetings

- Sunday, **October 16, 2025** – 6:30 PM
- Sunday, **January 4, 2026** – 6:30 PM
- Sunday, **February 22, 2026** – 6:30 PM
- Sunday, **April 19, 2026** – 6:30 PM
- Sunday, **June 14, 2026** – 6:30 PM

EZ DEI/Disability Meetings

- Sunday, **October 19, 2025** – 7:00–8:00 PM
- Sunday, **November 23, 2025** – 7:00–8:00 PM
- Sunday, **December 21, 2025** – 7:00–8:00 PM
- Sunday, **January 18, 2026** – 7:00–8:00 PM
- Sunday, **February 15, 2026** – 7:00–8:00 PM
- Sunday, **March 22, 2026 (Tentative)** – 7:00–8:00 PM
- Sunday, **April 19, 2026** – 7:00–8:00 PM
- Sunday, **May 17, 2026** – 7:00–8:00 PM

October Meeting Updates

- The athlete representative graduates this year — committee is recruiting new swimmer representatives.
- Continued promotion of the EZ Disability Swimmer Accommodation Form for notifying teams about swimmers with disabilities — this system has been effective so far.
- Ongoing updates to the swim lessons database, adding multiple new lesson sites around the LSC.
- Black History Invitational scheduled for February, but coincides with Districts weekend again.



- Gathering details on whether the Black Heritage Meet will take place this year.
- National Hispanic Heritage Swim Meet returning to North Carolina — awaiting more information.
- Planning continues for the multi-LSC clinic with Maryland and Potomac Valley at Howard University:
 - The new proposed date, April 19, works for all LSCs; awaiting confirmation from Howard. Open to all 13&O swimmers with at least a “B” time.
 - Includes 2 in-water sessions, 1 dryland session, and a team-building session
 - One day to keep cost down for families
 - Coach training available for any coach within the participating LSCs.
 - Instruction by Howard University coaches and current swimmers.
 - Contacts
 - Cliff Gordon-Potomac Valley-Lead contact with HU
 - Jihan Minson-Virginia Swimming-Lead for event agenda