

	WAYS GREAT PUMPKIN SPLASH October 15-16, 2022 SANCTION NO. VS-23-16	Hosted by  Stingrays Swim Team
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We have taken enhanced health and safety measures for all attending this event however we cannot guarantee you that you will not become infected with COVID-19. You must follow all posted instructions while visiting Jeff Rouse Swim and Sport Center. An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable. By attending this meet, you acknowledge the contagious nature of COVID-19 and voluntarily assume all risks related to exposure to COVID-19.

SANCTION:	• Held under the sanction of USA Swimming/Virginia Swimming, Inc., SANCTION NO: VS-23-16. • USA Swimming, Inc., Virginia Swimming, Inc., Stingrays Swim Team and Jeff Rouse Swim and Sport Center shall be held free and harmless from any and all liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event. • An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease of Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable. • USA Swimming, Inc., Virginia Swimming, Inc., Stingrays Swim Team and Jeff Rouse Swim and Sport Center cannot prevent you (or your children) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming/Virginia Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming/Virginia Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19. • BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND VIRGINIA SWIMMING AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY AND ALL LIABILITY OR CLAIMS FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN, OR UNFORESEEN, IN CONNECTION THEREWITH.
LOCATION:	• Jeff Rouse Swim and Sport Center, 1600 Mine Rd., Stafford VA 22554, Phone: 804-387-1279
FACILITY:	• The Jeff Rouse Swim and Sport Center provides 2 indoor pools and supporting amenities including hospitality and concession stand. • Eight lanes, 50-meter competition pool, 12 feet deep at the start end and 6.7 feet at the turn end; overflow gutters with non-turbulent lane markers. • All sessions will be run in a 25 yard course. • Indoor 6 lane 25 yard pool for continuous warm-up, cool-down. • Non-Turbulent Lane Markers in both pools. • Competitor Starting Blocks, CTS6 with automatic and semi-automatic timing, backup Dolphin wireless stopwatches. • Spectator seating for 700 plus • The competition course has been certified in accordance with current USA Swimming Rules and Regulations, Article 104.2.2C (4). The copy of the certification is on file with USA Swimming. • In order to provide parents/guardians who are outside of the facility the ability to view their athletes' events, this meet may be video-streamed following all MAAPP guidelines. By attending or participating in this competition, you acknowledge and grant permission to be included in the video-streaming.

MEET DIRECTOR:	Name: Megan Struder Email: meetdirector@swimrays.org Phone: 540-295-2087
ELIGIBILITY:	- Open to all USA Swimming athletes registered before the first day of the meet. - No on deck USA Swimming athlete registration will be permitted. 2021-2024 NAG time standards are in effect. - Age on October 15, 2022 will determine age for the entire meet.
DISABILITY SWIMMERS:	- Athletes with a disability are welcome and shall provide advance notice of desired accommodations to the Meet Director. - The athlete (or the athlete's coach) is also responsible for notifying the session referee of any disability prior to the competition.
FORMAT:	- All 13 & over swimmers will swim in the AM sessions. - All 8 & Under Swimmers will swim in a session immediately following the 9-12 Session on Saturday. - All 9-12 Year Old swimmers will swim in the AM/PM session. - All events will be timed finals. 2 courses may be utilized for all or some sessions depending on the number of entries.
WARM-UP:	- Saturday 13 & O session: Warm-ups start at 7:00am; competition starts at 8:10am. 11-12 session: Warm-ups start no earlier than 10:30am; competition starts at 11:30am. 8 & U session: Warm-ups start no earlier than 2:00pm; competition starts at 2:45pm. - Sunday 13 & O session: Warm-ups start at 7:00am; competition starts at 8:00am. 12 & U session: Warm-ups start no earlier than 10:30am; competition starts at 11:30am. - Lane assignments and warm-up times will be posted on the RAYS website - www.swimrays.org, no later than Tuesday, October 11, 2022. - If any sessions run long, warm-ups for the following session will begin 5 minutes after the final event finishes from the prior session.
ENTRIES:	DEADLINE FOR THE RECEIPT OF ENTRIES IS WEDNESDAY, OCTOBER 5, 2022. - Entries must be submitted in SCY times using Commlink-2 software. teams submit entries via email. - Coach Time (CT) and "No Time" (NT) will be accepted for events in which a swimmer does not have a time of record. <u>CT must be slower than an "A" time.</u> All entry times other than CT must have been achieved in USA Swimming sanctioned, approved, or observed competition. - Swimmers may enter a maximum of 4 individual events per day. - Entries will be processed in the order received and <u>accepted to</u> the greatest extent possible without exceeding the 4-hour/session timeline limit or the limits as mandated by current Commonwealth of Virginia guidelines. - Email entries to: Anthony Pedersen, email: meetentries@swimrays.org, phone: 703-919-5889 - Deck entries will be accepted in the order received for swimmers already entered in the meet, to the extent that open lanes are available. No additional heats will be added. Deck entries must be submitted to the Administrative Official on the provided forms.
FEES:	Individual events: \$10.00 Swimmer surcharge: \$2.50 per person (entered in the meet in any capacity) - Checks should be made payable to: RAYS. - Mail payment to: Debby Martinich, PO BOX 866, Stafford VA 22555 - Payment must be received by October 11, 2022 for all entries. Failure to pay entry fees by this deadline could result in teams being barred from the meet. - IMPORTANT: If payment is sent via Express Mail/FedEx/Airborne/UPS/etc., please ensure that a signature is NOT required for delivery as this will delay the acceptance of your entries.
SEEDING:	8 & Under events only will have clerk of course - All events will be pre-seeded.
AWARDS:	- Individual events: Ribbons will be awarded for first through eighth place for 12 & U swimmers. 9-12 events will be given separate awards for 11-12 and 9-10 age groups. 12 & Under events will be given separate awards for 11-12, 9-10 and 8 & Under age groups. 8 & Under awards for first through eighth place.

	Specialty awards will be awarded to announced heats during the meet for all 9-12, 12 & U, 8 & U individual events.
RULES:	- The current USA Swimming Rules and Regulations including the Minor Athlete Abuse Protection Policy will govern this meet. - All applicable adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy (MAAPP) and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition. - Any swimmer entered in the meet must be certified by a USA-S member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. - Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present without written USA Swimming approval. - Use of audio or visual recording devices, including cell phones, is not permitted in changing areas, rest rooms or locker rooms. In addition, photography behind the blocks is <u>not permitted</u>. - Changing, in whole or in part, into or out of swimsuit when wearing just one suit in an area other than in a locker room, bathroom, or other space designated for changing is PROHIBITED. - In accordance with VSI Best Practices, swimmers should shower before entering the pool. - An athlete suspected of sustaining a concussion or exhibiting signs of a concussion, will immediately be removed from competition and shall not return to competition that day. The athlete may return to competition on a subsequent day, but only with a release authorization signed by a licensed healthcare provider. In accordance with VSI Policy, only those coaches who have current, valid USA Swimming credentials will be permitted to act in a coaching capacity at this meet. Coaches with expired or non-current credentials will be required to leave the deck area.
PENALTIES:	- A fine of up to \$100 per event may be assessed for any illegal participation in the meet. Illegal participation is defined as - Entries using fraudulent or non-verifiable times. - Athlete competed in the incorrect age group. - Athlete is not registered with USA Swimming prior to the first day of the meet. - If the swimmer is representing a club in competition, the fine will be levied on the Club. If the swimmer is unattached, the fine will be levied on the swimmer. - Any event in which an athlete participated illegally will be rescored and re-awarded.
OFFICIALS:	Meet Referee: Name: Tony Martinich Email: tonymartinich@gmail.com Phone: 540-273-8362 - Officials will be needed for all positions and all sessions for this meet. Team official chairpersons should submit the names and session availability of certified officials as well as the names and session availability of trainees to: Bill Fairfax email: billf574@gmail.com no later than Monday, October 10, 2022. 2022 Great Pumpkin Splash Officials Sign-up. - Officials' meetings will be held at least one hour prior to the start of each session. There will be a coaches' meeting at 8:00 am on October 15, 2022.
SAFETY:	Virginia Swimming Meet Safety Procedures will be in effect.
TIMERS:	- Clubs will be required to provide timers in proportion to the number of swimmers they have entered in each session. - Athletes must supply their own counters for the 500 Free. - The number of timers required per club and their lane assignments will be posted on the RAYS website, no later than Monday, October 10, 2022 and will also be emailed to the contact person of each of the individual clubs. Timers' meeting will be held approximately 30 minutes prior to the start of each session.
GENERAL:	Swimmer/Spectator Conduct: Each club is responsible for supervising the conduct of its swimmers/spectators.

	• Deck Access: Limited to athletes, coaches with their credentials, officials, timers and individuals helping work the meet. • Team Areas: Seating is available on deck for the swimmers. • Heat Sheets: Will be posted on our website, around the facility and on Meet Mobile. • Snack Bar: Concessions will be available for purchase through JRSSC. • Swim Supplies: Sport Fair will be available for swim supply purchases. Fine Design will be available for meet t-shirts. • First Aid: See Lifeguard for assistance. • Lost and Found: Check with the front desk for lost and found items. • Hospitality: Will not open until warm ups begin each day. Will stop serving breakfast ½ hour after competition starts, snacks available, lunch from 11:30AM-1:30PM, snacks and drinks available until ½ hour before conclusion of afternoon session.
FACILITY RULES:	• No glass containers of any kind are permitted in the facility. • Lawn/deck chairs are not permitted in the grandstand • Spectators/parents will be allowed to view their swimmer's race and then leave the facility. • No smoking is allowed on the campus. • All pool rules are posted pool side. • No flash photography.
DIRECTIONS:	• Go to http://www.virginiaswimming.org/vsi/Meet/VenueDirections/JRS_SC.html for directions.

**Great Pumpkin Splash
ORDER OF EVENTS
Saturday, October 15, 2022**

13 & Over – Session 1 Warm-up: 7:00 AM; Start: 8:10 AM		
<u>Girls</u>	<u>Events</u>	<u>Boys</u>
1	13 & Over 200 Freestyle	2
3	13 & Over 100 Breaststroke	4
5	13 & Over 200 Butterfly	6
7	13 & Over 100 Backstroke	8
9	13 & Over 50 Freestyle	10
11	13 & Over 400 IM	12

9-12 Year Old – Session 2 Warm-up: 10:30 AM; Start: 11:30 AM (Times are approximate)		
<u>Girls</u>	<u>Events</u>	<u>Boys</u>
13	9-12 100 IM	14
15	9-12 50 Freestyle	16
17	9-12 100 Breaststroke	18
19	9-12 200 Freestyle	20
21	9-12 50 Backstroke	22
23	9-12 100 Butterfly	24
25	9-12 200 Breaststroke	26

8 & Under – Session 3 Warm-up: 2:00 PM; Start: 2:45 PM (Times are approximate)		
<u>Girls</u>	<u>Events</u>	<u>Boys</u>
27	8 & Under 25 Freestyle	28
29	8 & Under 50 Backstroke	30
31	8 & Under 25 Breaststroke	32
33	8 & Under 50 Freestyle	34
35	8 & Under 25 Butterfly	36
37	8 & Under 25 Backstroke	38
39	8 & Under 100 IM	40

Sunday, October 16, 2022

13 & Over – Session 4 Warm-up: 7:00 AM; Start: 8:00 AM		
<u>Girls</u>	<u>Events</u>	<u>Boys</u>
41	13 & Over 200 IM	42
43	13 & Over 100 Freestyle	44
45	13 & Over 200 Backstroke	46
47	13 & Over 100 Butterfly	48
49	13 & Over 200 Breaststroke	50
51	13 & Over 500 Free	52

12 & Under – Session 5 Warm-up: 10:30 AM; Start: 11:30 AM (Times are approximate)		
<u>Girls</u>	<u>Events</u>	<u>Boys</u>
53	9-12 200 IM	54
55	12 & Under 100 Freestyle	56
57	12 & Under 50 Breaststroke	58
59	9-12 200 Butterfly	60
61	12 & Under 100 Backstroke	62
63	12 & Under 50 Butterfly	64
65	9-12 200 Backstroke	66