

2024 Va Swimming Long Course Senior Championship
Hampton Virginia Aquaplex
Saturday, July 20, 2024
Estimated Prelim Time Line, Prior to Scratches

| | | No. of Heats | <u>Est. Start Time</u> |
|---------------------------|------------------------------|---------------------|-------------------------------|
| Event #21 | Women's 200 Meter Butterfly | 7 | 8:30 AM |
| Event #22 | Men's 200 Meter Butterfly | 8 | 8:50 AM |
| Event #23 | Women's 100 Meter Backstroke | 14 | 9:12 AM |
| Event #24 | Men's 100 Meter Backstroke | 13 | 9:33 AM |
| BREAK (10 minutes) | | | |
| Event #25 | Women's 400 Meter Freestyle | 9 | 10:01 AM |
| Event #26 | Men's 400 Meter Freestyle | 8 | 10:46 AM |
| Event #27 | Women's 400 Meter Free Relay | 1 | 11:24 AM |
| Event #28 | Men's 400 MeterFree Relay | 1 | 11:29 AM |
| End of Session | | | 11:33 AM |