

SCRATCH SHEET

(Swimmer	·'s Name)	(Swimmer's Team)	(Event #)	(Event Name)
Check ONE of	the boxes below	7•		
		from the event indica	ated above.	
	30 minutes at	OPTION of scratching fter my last <u>individua</u>	<u>l</u> event of thi	s session. My
	last <u>individua</u>	<u>ıl</u> event of this session	is event #	·
(Swimmers	Signature)	(Coach's Signa	tura)	(Time)
(Swimmers	s Signature)	(Coach s Signa	ture)	(Time)
(Admin Defor	ee's Signature)	(Time)		_
(Adılılı Relei	ee's Signature)	(Time)		
		•		TURN TO CONFIRM THAT
RATCH, YOU WILL BE SE		IT AND WILL BE PENALIZED		
RATCH, YOU WILL BE SE	EDED INTO THE EVEN	•	F YOU DO NOT A	
VIRGINIA SWIMMING (Swimmer	SCR	(Swimmer's Team)	F YOU DO NOT A	
VIRGINIA SWIMMING	SCR	(Swimmer's Team)	EET	PPEAR FOR THE FINALS
VIRGINIA SWIMMING (Swimmer	SCR "'s Name) the boxes below	(Swimmer's Team)	EET (Event #)	PPEAR FOR THE FINALS
VIRGINIA SWIMMING (Swimmer	SCR -'s Name) the boxes below I will scratch	(Swimmer's Team) (Swimmer's Team) (Swimmer's Team)	EET (Event #)	(Event Name)
VIRGINIA SWIMMING (Swimmer	SCR T's Name) the boxes below I will scratch I exercise the 30 minutes af	(Swimmer's Team) (Swimmer's Team) (Swimmer's Team) (Swimmer's Team) (Swimmer's Team) (Swimmer's Team)	EET (Event #) ated above. In g from this be event of this in the content of the content are	(Event Name) event within s session. My
VIRGINIA SWIMMING (Swimmer	SCR The boxes below I will scratch I exercise the 30 minutes at last individua	(Swimmer's Team) (Swimmer's Team)	EET (Event #) ated above. In g from this be event of this in the content of the content are	(Event Name) event within s session. My
VIRGINIA SWIMMING (Swimmer Check ONE of	SCR The boxes below I will scratch I exercise the 30 minutes at last individua	(Swimmer's Team) (Swimmer's Team) (Swimmer's Team) (Swimmer's Team) (Swimmer's Team) (Swimmer's Team)	(Event #) (Event #) ated above. In g from this l event of this is event #	(Event Name) event within s session. My

NOTE: IF YOU DECLARE THAT YOU MAY WANT TO SCRATCH AN EVENT, BUT YOU DO NOT RETURN TO CONFIRM THAT SCRATCH, YOU WILL BE SEEDED INTO THE EVENT AND WILL BE PENALIZED IF YOU DO NOT APPEAR FOR THE FINALS.