

2023 Virginia Swimming SC Age Group Champions - 3/9/2023 to 3/12/2023
Session Report

Session: 1B Thursday Evening - Timed Finals

Day of Meet: 1 Starts at 04:15 PM Heat Interval: 30 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	2 Boys 11-14 1000 Freestyle	42	6 u	04:15 PM	_____
Finals	4 Boys 10 & Under 500 Freestyle	19	3 u	05:24 PM	_____
Finals	6 Boys 11-12 500 Freestyle	27	4 u	05:45 PM	_____
Finals	8 Boys 13-14 800 Freestyle Relay	14	2 u	06:10 PM	_____
	Swimmers Counts for Warm-ups: 112	=====	=====		
	Entry / Heat Totals:	102	15		
	Finish Time			06:27 PM	_____

Session: 1G Thursday Evening - Girls

Day of Meet: 1 Starts at 04:15 PM Heat Interval: 30 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	1 Girls 11-14 1000 Freestyle	48	6 u	04:15 PM	_____
Finals	3 Girls 10 & Under 500 Freestyle	12	2 u	05:26 PM	_____
Finals	5 Girls 11-12 500 Freestyle	20	3 u	05:40 PM	_____
Finals	7 Girls 13-14 800 Freestyle Relay	15	2 u	05:59 PM	_____
	Swimmers Counts for Warm-ups: 97	=====	=====		
	Entry / Heat Totals:	95	13		
	Finish Time			06:16 PM	_____

2023 Virginia Swimming SC Age Group Champions - 3/9/2023 to 3/12/2023**Session Report**

Session: 2B Friday Morning - Prelims BOYS

Day of Meet: 2 Starts at 08:30 AM Heat Interval: 30 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Prelims	10 Boys 13-14 100 Breaststroke	53	7	08:30 AM	_____
Prelims	12 Boys 11-12 50 Breaststroke	33	5	08:42 AM	_____
Prelims	14 Boys 10 & Under 50 Breaststroke	13	2	08:47 AM	_____
	Break: 5 Minutes:				
Prelims	16 Boys 13-14 200 Freestyle	39	5	08:55 AM	_____
Prelims	18 Boys 11-12 200 Freestyle	32	4	09:07 AM	_____
Prelims	20 Boys 10 & Under 200 Freestyle	22	3	09:18 AM	_____
	Break: 5 Minutes:				
Prelims	22 Boys 13-14 100 Butterfly	37	5	09:32 AM	_____
Prelims	24 Boys 11-12 100 Butterfly	30	4	09:39 AM	_____
Prelims	26 Boys 10 & Under 50 Backstroke	29	4	09:46 AM	_____
	Break: 5 Minutes:				
Prelims	28 Boys 11-12 200 Backstroke	31	4	09:56 AM	_____
Prelims	30 Boys 13-14 400 IM	31	4 u	10:09 AM	_____
Prelims	32 Boys 10 & Under 100 IM	19	3	10:29 AM	_____
	Break: 5 Minutes:				
Finals-S	34 Boys 11-12 400 IM	11	2 u	10:39 AM	_____
Finals-S	36 Boys 13-14 400 Medley Relay	11	2 u	10:51 AM	_____
Finals-S	38 Boys 11-12 400 Medley Relay	6	1 u	11:00 AM	_____
Finals	40 Boys 10 & Under 400 Medley Relay	12	2 u	11:06 AM	_____
	Swimmers Counts for Warm-ups: 229	=====	=====		
	Entry / Heat Totals:	409	57		
	Finish Time			11:19 AM	_____

2023 Virginia Swimming SC Age Group Champions - 3/9/2023 to 3/12/2023**Session Report**

Session: 2G Friday Morning - Prelims GIRLS

Day of Meet: 2 Starts at 08:30 AM Heat Interval: 30 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Prelims	9 Girls 13-14 100 Breaststroke	33	5	08:30 AM	_____
Prelims	11 Girls 11-12 50 Breaststroke	23	3	08:39 AM	_____
Prelims	13 Girls 10 & Under 50 Breaststroke	26	4	08:42 AM	_____
	Break: 5 Minutes:				
Prelims	15 Girls 13-14 200 Freestyle	52	7	08:52 AM	_____
Prelims	17 Girls 11-12 200 Freestyle	16	2	09:10 AM	_____
Prelims	19 Girls 10 & Under 200 Freestyle	28	4	09:15 AM	_____
	Break: 5 Minutes:				
Prelims	21 Girls 13-14 100 Butterfly	36	5	09:32 AM	_____
Prelims	23 Girls 11-12 100 Butterfly	29	4	09:40 AM	_____
Prelims	25 Girls 10 & Under 50 Backstroke	29	4	09:47 AM	_____
	Break: 5 Minutes:				
Prelims	27 Girls 11-12 200 Backstroke	23	3	09:57 AM	_____
Prelims	29 Girls 13-14 400 IM	31	4 u	10:07 AM	_____
Prelims	31 Girls 10 & Under 100 IM	20	3	10:28 AM	_____
	Break: 5 Minutes:				
Finals-S	33 Girls 11-12 400 IM	15	2 u	10:38 AM	_____
Finals-S	35 Girls 13-14 400 Medley Relay	12	2 u	10:50 AM	_____
Finals-S	37 Girls 11-12 400 Medley Relay	10	2 u	11:00 AM	_____
Finals	39 Girls 10 & Under 400 Medley Relay	12	2 u	11:11 AM	_____
	Swimmers Counts for Warm-ups: 214	=====	=====		
	Entry / Heat Totals:	395	56		
	Finish Time			11:24 AM	_____

2023 Virginia Swimming SC Age Group Champions - 3/9/2023 to 3/12/2023**Session Report**

Session: 3 Friday - Evening Finals

Day of Meet: 2 Starts at 05:30 PM Heat Interval: 70 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	9 Girls 13-14 100 Breaststroke	16	2 u	05:30 PM	_____
Finals	10 Boys 13-14 100 Breaststroke	16	2 u	05:35 PM	_____
Finals	11 Girls 11-12 50 Breaststroke	16	2 u	05:40 PM	_____
Finals	12 Boys 11-12 50 Breaststroke	16	2 u	05:43 PM	_____
Finals	13 Girls 10 & Under 50 Breaststroke	8	1 u	05:47 PM	_____
Finals	14 Boys 10 & Under 50 Breaststroke	8	1 u	05:48 PM	_____
Finals	15 Girls 13-14 200 Freestyle	16	2 u	05:50 PM	_____
Finals	16 Boys 13-14 200 Freestyle	16	2 u	05:56 PM	_____
Finals	17 Girls 11-12 200 Freestyle	16	2 u	06:02 PM	_____
Finals	18 Boys 11-12 200 Freestyle	16	2 u	06:09 PM	_____
Finals	19 Girls 10 & Under 200 Freestyle	8	1 u	06:15 PM	_____
Finals	20 Boys 10 & Under 200 Freestyle	8	1 u	06:19 PM	_____
Finals	21 Girls 13-14 100 Butterfly	16	2 u	06:22 PM	_____
Finals	22 Boys 13-14 100 Butterfly	16	2 u	06:27 PM	_____
Finals	23 Girls 11-12 100 Butterfly	16	2 u	06:31 PM	_____
Finals	24 Boys 11-12 100 Butterfly	16	2 u	06:35 PM	_____
Finals	25 Girls 10 & Under 50 Backstroke	8	1 u	06:40 PM	_____
Finals	26 Boys 10 & Under 50 Backstroke	8	1 u	06:42 PM	_____
Finals	27 Girls 11-12 200 Backstroke	16	2 u	06:44 PM	_____
Finals	28 Boys 11-12 200 Backstroke	16	2 u	06:51 PM	_____
Finals	29 Girls 13-14 400 IM	16	2 u	06:59 PM	_____
Finals	30 Boys 13-14 400 IM	16	2 u	07:11 PM	_____
Finals	31 Girls 10 & Under 100 IM	8	1 u	07:22 PM	_____
Finals	32 Boys 10 & Under 100 IM	8	1 u	07:24 PM	_____
Finals-1	33 Girls 11-12 400 IM	8	1 u	07:26 PM	_____
Finals-1	34 Boys 11-12 400 IM	8	1 u	07:33 PM	_____
Finals-1	35 Girls 13-14 400 Medley Relay	8	1 u	07:39 PM	_____
Finals-1	36 Boys 13-14 400 Medley Relay	8	1 u	07:45 PM	_____
Finals-1	37 Girls 11-12 400 Medley Relay	8	1 u	07:50 PM	_____
Finals-1	38 Boys 11-12 400 Medley Relay	8	1 u	07:57 PM	_____
	Swimmers Counts for Warm-ups: 219	=====	=====		
	Entry / Heat Totals:	368	46		
	Finish Time			08:03 PM	_____

2023 Virginia Swimming SC Age Group Champions - 3/9/2023 to 3/12/2023**Session Report**

Session: 4B Saturday Morning - Prelims BOYS

Day of Meet: 3 Starts at 08:30 AM Heat Interval: 30 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals-S	42 Boys 13-14 200 Medley Relay	12	2 u	08:30 AM	_____
Finals-S	44 Boys 11-12 200 Medley Relay	6	1 u	08:40 AM	_____
Finals	46 Boys 10 & Under 200 Medley Relay	12	2 u	08:43 AM	_____
Prelims	48 Boys 13-14 200 Butterfly	32	4	08:49 AM	_____
Prelims	50 Boys 11-12 200 Butterfly	16	2	09:00 AM	_____
Prelims	52 Boys 10 & Under 50 Butterfly	29	4	09:06 AM	_____
	Break: 5 Minutes:				
Prelims	54 Boys 13-14 50 Freestyle	39	5	09:16 AM	_____
Prelims	56 Boys 11-12 50 Freestyle	49	7	09:20 AM	_____
Prelims	58 Boys 10 & Under 100 Freestyle	31	4	09:27 AM	_____
	Break: 5 Minutes:				
Prelims	60 Boys 13-14 200 Breaststroke	47	6	09:39 AM	_____
Prelims	62 Boys 11-12 100 Breaststroke	23	3	09:56 AM	_____
Prelims	64 Boys 10 & Under 100 Breaststroke	11	2	10:02 AM	_____
	Break: 5 Minutes:				
Prelims	66 Boys 13-14 100 Backstroke	30	4	10:11 AM	_____
Prelims	68 Boys 11-12 50 Backstroke	34	5	10:18 AM	_____
Prelims	70 Boys 10 & Under 200 IM	24	3	10:24 AM	_____
	Break: 5 Minutes:				
Prelims	72 Boys 11-12 200 IM	26	4	10:39 AM	_____
Finals	76 Boys 10 & Under 200 Freestyle Relay	12	2 u	10:51 AM	_____
Finals-S	78 Boys 11-12 200 Freestyle Relay	6	1 u	10:56 AM	_____
Finals-S	80 Boys 13-14 200 Freestyle Relay	12	2 u	10:59 AM	_____
Prelims	74 Boys 13-14 500 Freestyle	51	7 u	11:03 AM	_____
	Swimmers Counts for Warm-ups: 263	=====	=====		
	Entry / Heat Totals:	502	70		
	Finish Time			11:43 AM	_____

2023 Virginia Swimming SC Age Group Champions - 3/9/2023 to 3/12/2023**Session Report**

Session: 4G Saturday Morning - Prelims GIRLS

Day of Meet: 3 Starts at 08:30 AM Heat Interval: 30 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals-S	41 Girls 13-14 200 Medley Relay	13	2 u	08:30 AM	_____
Finals-S	43 Girls 11-12 200 Medley Relay	11	2 u	08:41 AM	_____
Finals	45 Girls 10 & Under 200 Medley Relay	14	2 u	08:46 AM	_____
Prelims	47 Girls 13-14 200 Butterfly	35	5	08:53 AM	_____
Prelims	49 Girls 11-12 200 Butterfly	13	2	09:07 AM	_____
Prelims	51 Girls 10 & Under 50 Butterfly	20	3	09:13 AM	_____
	Break: 5 Minutes:				
Prelims	53 Girls 13-14 50 Freestyle	53	7	09:22 AM	_____
Prelims	55 Girls 11-12 50 Freestyle	25	4	09:28 AM	_____
Prelims	57 Girls 10 & Under 100 Freestyle	23	3	09:32 AM	_____
	Break: 5 Minutes:				
Prelims	59 Girls 13-14 200 Breaststroke	33	5	09:42 AM	_____
Prelims	61 Girls 11-12 100 Breaststroke	28	4	09:58 AM	_____
Prelims	63 Girls 10 & Under 100 Breaststroke	25	4	10:05 AM	_____
	Break: 5 Minutes:				
Prelims	65 Girls 13-14 100 Backstroke	51	7	10:18 AM	_____
Prelims	67 Girls 11-12 50 Backstroke	33	5	10:30 AM	_____
Prelims	69 Girls 10 & Under 200 IM	21	3	10:37 AM	_____
	Break: 5 Minutes:				
Prelims	71 Girls 11-12 200 IM	20	3	10:52 AM	_____
Finals	75 Girls 10 & Under 200 Freestyle Relay	14	2 u	11:01 AM	_____
Finals-S	77 Girls 11-12 200 Freestyle Relay	11	2 u	11:06 AM	_____
Finals-S	79 Girls 13-14 200 Freestyle Relay	13	2 u	11:11 AM	_____
Prelims	73 Girls 13-14 500 Freestyle	42	6 u	11:16 AM	_____
	Swimmers Counts for Warm-ups: 285	====	====		
	Entry / Heat Totals:	498	73		
	Finish Time			11:51 AM	_____

2023 Virginia Swimming SC Age Group Champions - 3/9/2023 to 3/12/2023**Session Report**

Session: 5 Saturday Evening - Finals

Day of Meet: 3 Starts at 05:30 PM Heat Interval: 70 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals-1	41 Girls 13-14 200 Medley Relay	8	1 u	05:30 PM	_____
Finals-1	42 Boys 13-14 200 Medley Relay	8	1 u	05:36 PM	_____
Finals-1	43 Girls 11-12 200 Medley Relay	8	1 u	05:42 PM	_____
Finals-1	44 Boys 11-12 200 Medley Relay	8	1 u	05:45 PM	_____
	Break: 5 Minutes:				
Finals	47 Girls 13-14 200 Butterfly	16	2 u	05:54 PM	_____
Finals	48 Boys 13-14 200 Butterfly	16	2 u	06:01 PM	_____
Finals	49 Girls 11-12 200 Butterfly	13	2 u	06:07 PM	_____
Finals	50 Boys 11-12 200 Butterfly	16	2 u	06:14 PM	_____
Finals	51 Girls 10 & Under 50 Butterfly	8	1 u	06:21 PM	_____
Finals	52 Boys 10 & Under 50 Butterfly	8	1 u	06:23 PM	_____
Finals	53 Girls 13-14 50 Freestyle	16	2 u	06:25 PM	_____
Finals	54 Boys 13-14 50 Freestyle	16	2 u	06:28 PM	_____
Finals	55 Girls 11-12 50 Freestyle	16	2 u	06:31 PM	_____
Finals	56 Boys 11-12 50 Freestyle	16	2 u	06:34 PM	_____
Finals	57 Girls 10 & Under 100 Freestyle	8	1 u	06:37 PM	_____
Finals	58 Boys 10 & Under 100 Freestyle	8	1 u	06:40 PM	_____
Finals	59 Girls 13-14 200 Breaststroke	16	2 u	06:42 PM	_____
Finals	60 Boys 13-14 200 Breaststroke	16	2 u	06:49 PM	_____
Finals	61 Girls 11-12 100 Breaststroke	16	2 u	06:56 PM	_____
Finals	62 Boys 11-12 100 Breaststroke	16	2 u	07:01 PM	_____
Finals	63 Girls 10 & Under 100 Breaststroke	8	1 u	07:06 PM	_____
Finals	64 Boys 10 & Under 100 Breaststroke	8	1 u	07:08 PM	_____
Finals	65 Girls 13-14 100 Backstroke	16	2 u	07:11 PM	_____
Finals	66 Boys 13-14 100 Backstroke	16	2 u	07:16 PM	_____
Finals	67 Girls 11-12 50 Backstroke	16	2 u	07:21 PM	_____
Finals	68 Boys 11-12 50 Backstroke	16	2 u	07:25 PM	_____
Finals	69 Girls 10 & Under 200 IM	8	1 u	07:28 PM	_____
Finals	70 Boys 10 & Under 200 IM	8	1 u	07:32 PM	_____
Finals	71 Girls 11-12 200 IM	16	2 u	07:36 PM	_____
Finals	72 Boys 11-12 200 IM	16	2 u	07:43 PM	_____
Finals	73 Girls 13-14 500 Freestyle	16	2 u	07:50 PM	_____
Finals	74 Boys 13-14 500 Freestyle	16	2 u	08:03 PM	_____
	Break: 5 Minutes:				
Finals-1	77 Girls 11-12 200 Freestyle Relay	8	1 u	08:20 PM	_____
Finals-1	78 Boys 11-12 200 Freestyle Relay	8	1 u	08:23 PM	_____
Finals-1	79 Girls 13-14 200 Freestyle Relay	8	1 u	08:26 PM	_____
Finals-1	80 Boys 13-14 200 Freestyle Relay	8	1 u	08:29 PM	_____
	Swimmers Counts for Warm-ups: 354	=====	=====		
	Entry / Heat Totals:	445	56		
	Finish Time			08:32 PM	_____

2023 Virginia Swimming SC Age Group Champions - 3/9/2023 to 3/12/2023**Session Report**

Session: 6B Sunday Morning - Prelims BOYS

Day of Meet: 4 Starts at 09:30 AM Heat Interval: 30 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Prelims	82 Boys 11-12 200 Breaststroke	19	3	09:30 AM	_____
Prelims	84 Boys 13-14 200 Backstroke	29	4	09:40 AM	_____
	Break: 5 Minutes:				
Prelims	86 Boys 11-12 100 Backstroke	31	4	09:57 AM	_____
Prelims	88 Boys 10 & Under 100 Backstroke	27	4	10:05 AM	_____
Prelims	90 Boys 13-14 100 Freestyle	44	6	10:13 AM	_____
	Break: 5 Minutes:				
Prelims	92 Boys 11-12 100 IM	32	4	10:26 AM	_____
Prelims	94 Boys 10 & Under 50 Freestyle	29	4	10:33 AM	_____
Prelims	96 Boys 13-14 200 IM	41	6	10:37 AM	_____
	Break: 5 Minutes:				
Prelims	98 Boys 11-12 100 Freestyle	40	5	10:58 AM	_____
Prelims	100 Boys 10 & Under 100 Butterfly	20	3	11:05 AM	_____
Prelims	102 Boys 11-12 50 Butterfly	38	5	11:11 AM	_____
	Break: 5 Minutes:				
Finals	104 Boys 13-14 400 Freestyle Relay	19	3 u	11:21 AM	_____
Finals	106 Boys 11-12 400 Freestyle Relay	13	2 u	11:33 AM	_____
Finals	108 Boys 10 & Under 400 Freestyle Relay	11	2 u	11:43 AM	_____
	Break: 20 Minutes:				
Finals	110 Boys 11-14 1650 Freestyle	36	5 u	12:13 PM	_____
	Swimmers Counts for Warm-ups: 236	=====	=====		
	Entry / Heat Totals:	429	60		
	Finish Time			01:48 PM	_____

2023 Virginia Swimming SC Age Group Champions - 3/9/2023 to 3/12/2023**Session Report**

Session: 6G Sunday Morning - Prelims GIRLS

Day of Meet: 4 Starts at 09:30 AM Heat Interval: 30 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Prelims	81 Girls 11-12 200 Breaststroke	27	4	09:30 AM	_____
Prelims	83 Girls 13-14 200 Backstroke	37	5	09:44 AM	_____
	Break: 5 Minutes:				
Prelims	85 Girls 11-12 100 Backstroke	31	4	10:04 AM	_____
Prelims	87 Girls 10 & Under 100 Backstroke	20	3	10:11 AM	_____
Prelims	89 Girls 13-14 100 Freestyle	48	6	10:17 AM	_____
	Break: 5 Minutes:				
Prelims	91 Girls 11-12 100 IM	19	3	10:31 AM	_____
Prelims	93 Girls 10 & Under 50 Freestyle	28	4	10:36 AM	_____
Prelims	95 Girls 13-14 200 IM	40	5	10:40 AM	_____
	Break: 5 Minutes:				
Prelims	97 Girls 11-12 100 Freestyle	33	5	10:59 AM	_____
Prelims	99 Girls 10 & Under 100 Butterfly	25	4	11:07 AM	_____
Prelims	101 Girls 11-12 50 Butterfly	33	5	11:14 AM	_____
	Break: 5 Minutes:				
Finals	103 Girls 13-14 400 Freestyle Relay	20	3 u	11:24 AM	_____
Finals	105 Girls 11-12 400 Freestyle Relay	19	3 u	11:37 AM	_____
Finals	107 Girls 10 & Under 400 Freestyle Relay	14	2 u	11:52 AM	_____
	Break: 20 Minutes:				
Finals	109 Girls 11-14 1650 Freestyle	33	5 u	12:23 PM	_____
	Swimmers Counts for Warm-ups: 261	=====	=====		
	Entry / Heat Totals:	427	61		
	Finish Time			02:02 PM	_____

2023 Virginia Swimming SC Age Group Champions - 3/9/2023 to 3/12/2023**Session Report**

Session: 7 Sunday Evening - Finals

Day of Meet: 4 Starts at 04:30 PM Heat Interval: 70 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	81 Girls 11-12 200 Breaststroke	16	2 u	04:30 PM	_____
Finals	82 Boys 11-12 200 Breaststroke	16	2 u	04:38 PM	_____
Finals	83 Girls 13-14 200 Backstroke	16	2 u	04:46 PM	_____
Finals	84 Boys 13-14 200 Backstroke	16	2 u	04:53 PM	_____
Finals	85 Girls 11-12 100 Backstroke	16	2 u	05:00 PM	_____
Finals	86 Boys 11-12 100 Backstroke	16	2 u	05:05 PM	_____
Finals	87 Girls 10 & Under 100 Backstroke	8	1 u	05:10 PM	_____
Finals	88 Boys 10 & Under 100 Backstroke	8	1 u	05:13 PM	_____
Finals	89 Girls 13-14 100 Freestyle	16	2 u	05:15 PM	_____
Finals	90 Boys 13-14 100 Freestyle	16	2 u	05:19 PM	_____
Finals	91 Girls 11-12 100 IM	16	2 u	05:23 PM	_____
Finals	92 Boys 11-12 100 IM	16	2 u	05:28 PM	_____
Finals	93 Girls 10 & Under 50 Freestyle	8	1 u	05:32 PM	_____
Finals	94 Boys 10 & Under 50 Freestyle	8	1 u	05:34 PM	_____
Finals	95 Girls 13-14 200 IM	16	2 u	05:36 PM	_____
Finals	96 Boys 13-14 200 IM	16	2 u	05:42 PM	_____
Finals	97 Girls 11-12 100 Freestyle	16	2 u	05:49 PM	_____
Finals	98 Boys 11-12 100 Freestyle	16	2 u	05:53 PM	_____
Finals	99 Girls 10 & Under 100 Butterfly	8	1 u	05:57 PM	_____
Finals	100 Boys 10 & Under 100 Butterfly	8	1 u	06:00 PM	_____
Finals	101 Girls 11-12 50 Butterfly	16	2 u	06:02 PM	_____
Finals	102 Boys 11-12 50 Butterfly	16	2 u	06:06 PM	_____
	Swimmers Counts for Warm-ups: 194	=====	=====		
	Entry / Heat Totals:	304	38		
	Finish Time			06:09 PM	_____