

	26th Annual SMAC Summer Classic June 16-18, 2023 SANCTION NO. VS-23-101	SMAC
SANCTION:	- Held under the sanction of USA Swimming/Virginia Swimming, Inc., SANCTION NO: VS-23-101 - USA Swimming, Inc., Virginia Swimming, Inc., SMAC, and War Memorial Pool shall be held free and harmless from any and all liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event. - In applying for this sanction, SMAC agrees to comply and to enforce all health and safety mandates and guidelines of USA Swimming, Virginia Swimming, the Commonwealth of Virginia and Waynesboro City.	
LOCATION:	War Memorial Pool, Ridgeview Park, 700 S Magnolia Ave, Waynesboro, VA 22980. (540) 949-7665	
FACILITY:	- Outdoor 8-lane, 50-meter pool, 13 feet deep at the start end and 3.5 feet deep at the turn end of the pool with Kiefer Wave Eater lane lines and 8 line scoreboard. Continuous warm-up/cooldown will be available in lane 8 throughout the meet, except during the distance session. - Teams can set up tents in the grassy area of the park surrounding the pool and inside the fenced area on the opposite side away from the restrooms. Teams can set up tents on a first come first serve basis. - Colorado Timing System will be used. The competition course has not been certified in accordance with current <i>USA Swimming Rules and Regulations, Article 104.2.2C (4).</i> - There will be 2 lifeguards on duty at the facility. The lifeguards will have access to an AED. - In order to provide parents/guardians who are outside of the facility the ability to view their athletes' events, this meet may be video streamed following all MAAPP guidelines. By attending or participating in this competition, you acknowledge and grant permission to be included in the video-streaming.	
MEET DIRECTOR:	Name: Tracy Straight Email: str8weaver@gmail.com Phone: (540) 241-4670	
ELIGIBILITY:	- Open to all USA Swimming athletes registered before the first day of the meet. - No on-deck USA Swimming athlete registration will be permitted. 2021-2024 NAG motivational time standards are in effect. - Age on June 16, 2023, will determine age for the entire meet.	
DISABILITY SWIMMERS:	- Athletes with a disability are welcome and shall provide advance notice of desired accommodations to the Meet Director. - The athlete (or the athlete's coach) is also responsible for notifying the session referee of any disability prior to the competition.	
FORMAT:	- All age swimmers will swim in the morning session. - All distance events will be in the afternoon session. 12 & U athletes may swim in only one session per day, either the morning session or the distance session, not both. - Warm-ups for the distance sessions will start 15 minutes after the conclusion of the morning sessions. - All events will be timed finals.	
ENTRIES:	DEADLINE FOR THE RECEIPT OF ENTRIES IS Tuesday, June 6, 2023. - Entries must be submitted in long course meter times using Commlink-2 software. - Teams should submit entries via email. - Coach Times (CT) will be accepted for events in which a swimmer does not have a time of record. CT must be slower than an "A" time. All entry times other than CT must have been achieved in USA Swimming sanctioned, approved, or observed competition. - Swimmers may enter a maximum of 5 individual events per day.	

	- Entries will be processed in the order received and accepted to the greatest extent possible without exceeding the 4-hour/session timeline limit or limits as specified by current Commonwealth of Virginia Swimming guidelines. - Email entries to: Erik Nylander eriknylander@gmail.com
FEES:	Individual events: \$7.00 Swimmer surcharge: \$2.50 per person (entered in the meet in any capacity) Checks should be made payable to: SMAC - Mail payment to: SMAC Rob Rule 3139 Village Drive Waynesboro, Virginia 22980 - Payment must be received by Friday, June 16, 2023, for all entries. Failure to pay entry fees by this deadline could result in teams being barred from the meet. IMPORTANT: If payment is sent via Express Mail/FedEx/Airborne/UPS/etc., please ensure that a signature is NOT required for delivery. - Please communicate with Rob Rule rrule3139@gmail.com if you want to bring payment to the meet.
SEEDING:	- All 200 meter or shorter events will be pre-seeded. - There will be a clerk of course for all 10 & under events. All 11 and older swimmers report directly to the blocks. - All 400 meter or longer events will require a positive check-in to swim. Positive check-in for distance events will close at 12:30pm the day of the event. SWIMMERS FAILING TO POSITIVELY CHECK-IN WILL NOT BE ALLOWED TO SWIM THE EVENT. - The Open 400 Free, the Open 800 Free, the Open 400 IM, and the Open 1500 Free will all be swum fastest to slowest, alternating heats of girls and boys.
WARM-UP:	- Morning sessions: Warm-ups not before 7:00 am; competition starts not before 8:30 am. - Distance sessions: The pool will be open for 30 minutes of open warm-ups for competitors in distance events following the finish of the morning session, with competition starting 5 minutes thereafter. - The approximate start time for the distance sessions will be posted on the SMAC website no later than Monday, June 12, 2023, and will also be emailed to the contact person of the participating clubs. The distance sessions will start no earlier than the posted times. - Lane assignment and warm-up times for individual clubs will be posted on the SMAC website no later than Monday, June 12, 2023, and will also be emailed to the contact person of the participating clubs. - If any session runs late, warm-ups will begin after the previous session ends.
AWARDS:	- Individual events: Ribbons will be awarded for first through eighth place. 10 and under age groups will receive awards 11/12 age group will receive awards - There will be no awards for 13 and over age groups. - Select heat winners will receive awards.
RULES:	- The current USA Swimming Rules and Regulations including the Minor Athlete Abuse Protection Policy will govern this meet. - All adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy (MAAPP) and that they understand that compliance with MAAPP is a condition of participation in the conduct of this competition. - Any swimmer entered in the meet must be certified by a USA-S member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. - Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present without written USA Swimming approval.

	• Use of audio or visual recording devices, including cell phones, is not permitted in changing areas, rest rooms or locker rooms. In addition, photography behind the blocks is <u>not permitted</u>. • Changing, in whole or in part, into or out of swimsuit when wearing just one suit in an area other than in a locker room, bathroom, or other space designated for changing is PROHIBITED. • In accordance with Virginia Swimming Best Practices, all athletes should shower before entering the pool. • An athlete suspected of sustaining a concussion or exhibiting signs of a concussion will immediately be removed from competition and shall not return to competition that day. The athlete may return to competition on a subsequent day, but only with a release authorization signed by a licensed healthcare provider. • In accordance with the Virginia Swimming Policy, only those coaches who have current, valid USA Swimming credentials will be permitted to act in a coaching capacity at this meet. Coaches with expired or non-current credentials will be required to leave the deck area.
PENALTIES:	• A fine of up to \$100 per event may be assessed for any illegal participation in the meet. Illegal participation is defined as ○ Entries using fraudulent or non-verifiable times. ○ Athlete competed in the incorrect age group. ○ Athlete is not registered with USA Swimming prior to the first day of the meet. • If the swimmer is representing a club in competition, the fine will be levied on the Club. If the swimmer is unattached, the fine will be levied on the swimmer. • Any event in which an athlete participated illegally will be rescored and re-awarded.
OFFICIALS:	Meet Referee: Beth Arnold Email: arnoldaa@gmail.com Phone: _____ • Officials will be needed for all positions and all sessions for this meet. • All officials willing to work should notify Rob Rule at rurule3139@gmail.com Please specify which days and sessions you are able to work. We will send a sign-up to all participating teams. • Officials meetings will be held 1 hour prior to the start of each morning session at the start end of the pool.
SAFETY:	Virginia Swimming Meet Safety Procedures will be in effect.
TIMERS:	• Clubs may be requested to provide timers in proportion to the number of swimmers they have entered in each session if the host Team cannot provide enough volunteers. Including the 400 Freestyle, 800 Freestyle and 400 IM distance event sessions. • If needed, the number of timers required per club and their lane assignments will be posted on the SMAC website no later than Monday, June 12, 2023, and will also be emailed to the contact person of each of the individual clubs. • Swimmers in the 1500 Free will need to provide 1 timer and a lap counter.
GENERAL:	• Hot and cold food will be available in the on-site concessions stand throughout the entire meet. • We will have hospitality for all Coaches and Officials including breakfast and lunch. • Heat Sheets will be available to all coaches. • Heat Sheets can also be found on Meet Mobile and they will be posted on the SMAC website.
FACILITY RULES:	• THE Splash POOL IS CLOSED FOR THE DURATION OF THE MEET. • Team tents may be set up along fence opposite the announcer's booth and in front of splash pad. They should be against the fence. Seating is available in the grassy area outside the pool fence. • NO DOGS allowed inside the perimeter of the pool fencing. Dogs permitted, as per park rules, on leash, outside the pool area only. • No smoking or glass containers permitted. • Please do not use any tape in the pool area. • Banners of a reasonable size may be hung on fencing, with cable ties only. • Swimmers, coaches, and/or teams may be held responsible for any damages.

	• No parking of vehicles on the entrance road between the park entrance and the parking lots next to the swimming pool. There is ample parking on the grass (weather permitting) and in the three paved parking lots. • Park closes at dark or upon completion of the evening sessions. • No vehicles or participants are allowed in the park boundaries between dusk and dawn. • No alcoholic beverages are allowed in the park.
DIRECTIONS:	Take exit 94 off I-64 onto US 340 North (Rosser Ave.) into Waynesboro. Go approx. 2 miles and turn right at the stoplight onto 13 th St. Take the first right onto Linden Ave., which will take you to the grassy parking area at the pool.
HOTELS:	• Holiday Inn Express Waynesboro (540) 932-7170 • Best Western PLUS Waynesboro (540) 942-1100 Days Inn Waynesboro (540) 943-1101

Order of Events

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Session 1 – Friday Morning Warm-up: not before 7:00 am; Start: Not Before 8:30 am		
<u>Girls</u>	<u>Event</u>	<u>Boys</u>
1	10 & Under 100 Freestyle	2
3	11-12 100 Freestyle	4
5	13 & Over 100 Freestyle	6
7	10 & Under 100 Butterfly	8
9	11-12 100 Butterfly	10
11	13 & Over 100 Butterfly	12
13	10 & Under 50 Back	14
15	11-12 50 Back	16
17	13 & Over 50 Back	18
19	10 & Under 100 Breast	20
21	11-12 100 Breast	22
23	13 & Over 100 Breast	24
Session 3 – Saturday Morning Warm-up: Not before 7:00 am; Start: Not before 8:30 am		
<u>Girls</u>	<u>Event</u>	<u>Boys</u>
29	10 & Under 200 Freestyle	30
31	11-12 200 Freestyle	32
33	13 & Over 200 Freestyle	34
35	10 & Under 50 Breast	36
37	11-12 50 Breast	38
39	13 & Over 50 Breast	40
41	10 & Under 200 Butterfly	42
43	11-12 200 Butterfly	44
45	13 & Over 200 Butterfly	46
47	10 & Under 100 Back	48
49	11-12 100 Back	50
51	13 & Over 100 Back	52
53	10 & Under 200 IM	54
55	11-12 200 IM	56
57	13 & Over 200 IM	58

Session 2 – Friday Afternoon Warm-up: Not Before Noon Start: Not before 12:30 pm		
<u>Girls</u>	<u>Event</u>	<u>Boys</u>
25	Open 400 Freestyle	26
27	Open 800 Free	28
	See notes in Format section*	
Session 4 – Saturday Afternoon Warm-up: Not Before Noon; Start Not before 12:30 pm		
<u>Girls</u>	<u>Event</u>	<u>Boys</u>
59	Open 400 Individual Medley	60
	See notes in Format section*	

Session 5 – Sunday Morning Warm-up: Not before 7:00 am; Start: Not before 8:30 am		
<u>Girls</u>	<u>Event</u>	<u>Boys</u>
61	10 & Under 200 Back	62
63	11-12 200 Back	64
65	13 & Over 200 Back	66
67	10 & Under 50 Butterfly	68
69	11-12 50 Butterfly	70
71	13 & Over 50 Butterfly	72
73	10 & Under 200 Breast	74
75	11-12 200 Breast	76
77	13 & Over 200 Breast	78
79	10 & Under 50 Freestyle	80
81	11-12 50 Freestyle	82
83	13 & Over 50 Freestyle	84

Session 6 – Sunday Distance Warm-up: Not Before Noon; Start Not before 12:30 pm		
Start 25 minutes following Session 5		
<u>Girls</u>	<u>Event</u>	<u>Boys</u>
85	Open 1500 Freestyle	86
	See notes in Format section*	