

2024 Va Swimming Long Course Senior Championship
Hampton Virginia Aquaplex
Sunday, July 21 2024
Finals Time Line

National Anthem			4:26 PM
Event #37	Women's 1500 Meter Freestyle	Fastest	4:30 PM
Event #38	Men's 800 Meter Freestyle	Fastest	4:51 PM
Break (10 Minutes)			
Event #29	Women's 200 Meter Backstroke	Bonus - D	5:11 PM
		Bonus - C	5:14 PM
		Consols	5:17 PM
		Finals	5:22 PM
Event #30	Men's 200 Meter Backstroke	Bonus - D	5:26 PM
		Bonus - C	5:30 PM
		Consols	5:33 PM
		Finals	5:37 PM
Event #31	Women's 50 Meter Freestyle	Bonus - D	5:41 PM
		Bonus - C	5:43 PM
		Consols	5:44 PM
		Finals	5:47 PM
Event #32	Men's 50 Meter Freestyle	Bonus - D	5:49 PM
		Bonus - C	5:50 PM
		Consols	5:52 PM
		Finals	5:54 PM
Event #33	Women's 200 Meter Breaststroke	Bonus - D	5:56 PM
		Bonus - C	6:00 PM
		Consols	6:04 PM
		Finals	6:09 PM
Event #34	Men's 200 Meter Breaststroke	Bonus - D	6:14 PM
		Bonus - C	6:18 PM
		Consols	6:21 PM
		Finals	6:26 PM
Break: 10 Minutes			
Individual Awards			
Event #35	Women's 200 Meter Medley Relay	Second Fastes	6:39 PM
		Fastest	6:41 PM
Event #36	Men's 200 Meter Medley Relay	Second Fastes	6:44 PM
		Fastest	6:46 PM
Team Awards			6:58 PM
End of Session			7:08 PM

2024 VA LC Senior Champs - 7/18/2024 to 7/21/2024
Meet Program - Sunday Finals

Event 37 Women 1500 LC Meter Freestyle				
VSI Champs:		16:49.74	7/17/2014	Jessie Gvozdas
VSI Sr Rec:		16:01.02	6/27/2017	Leah G. Smith

Lane	Name	Age	Team	Seed Time
Heat 6 of 6 Finals				
1	Nicholson, Lucille	17	Cavalier Aq	17:56.37
2	Wenert, Olivia	16	Nova of Virginia	17:40.16
3	Dillard, Jordyn	18	Nova of Virginia	17:35.10
4	Stuhlmacher, Claire	17	Nova of Virginia	17:03.07
5	Hawkins, Mary-Stuart	17	Nova of Virginia	17:21.11
6	Miklos, Riley	18	Nova of Virginia	17:37.25
7	Callis, Emerson	16	Quest Swimming	17:52.86
8	Gregory, Mary	17	Williamsburg Aqu	18:03.37

Event 38 Men 800 LC Meter Freestyle				
VSI Champs:		8:08.55	7/19/2015	Francis Haas
VSI Sr Rec:		8:00.99	8/27/2014	Townley Haas

Lane	Name	Age	Team	Seed Time
Heat 7 of 7 Finals				
1	Payne, Jonathan	16	Nova of Virginia	8:51.78
2	Shnowske, Matthew	18	757 Swim	8:43.38
3	Julian, Brady	16	Nova of Virginia	8:34.46
4	Dillman, Cooper	17	Nova of Virginia	8:26.03
5	Mueller, Jackson	18	Nova of Virginia	8:30.28
6	Hudson, Trevor	19	Stingrays Swim T	8:36.88
7	Jun, Caleb	16	Nova of Virginia	8:45.34
8	Farnsworth, Joshua	15	Nova of Virginia	8:55.47

Event 29 Women 200 LC Meter Backstroke				
VSI Champs:		2:13.70	7/16/2023	Alison Pfaff
VSI Sr Rec:		2:05.77	2/17/2024	Claire Curzan

Lane	Name	Age	Team	Prelims
Heat 1 D - Final				
1	Gorby, Lila	15	Cca Marlins	2:30.85
2	Kryszon, Kylie	15	Nova of Virginia	2:30.60
3	Scherer, Anne	16	Cavalier Aq	2:29.79
4	Reid, Keira	18	Nova of Virginia	2:29.30
5	Spooner, Olivia	16	Nova of Virginia	2:29.49
6	Carvalho, Gabriela	16	Nova of Virginia	2:30.52
7	Bredbenner, Elsie	17	Poseidon Swimmin	2:30.73
8	Blanco, Karina	15	Nova of Virginia	2:31.13

Alternates				
1	Dietrich, Stella	15	Tide Swimming	2:31.31
2	Gregory, Elizabeth	15	Williamsburg Aqu	2:31.62

Heat 2 C - Final				
1	Wilson, Lauren	21	Liberty Aquatics	2:29.02
2	McKinney, Ava	16	Nova of Virginia	2:28.72
3	Addison, Julia	19	Cavalier Aq	2:28.02
4	Linkous, Caroline	15	H2okie Aquatics	2:27.22
5	Crum, Josie	18	Poseidon Swimmin	2:27.33
6	Crotts, Kylee	15	SwimRVA	2:28.28
7	White, Charlotte	15	Nova of Virginia	2:28.98
8	Hepper, Caroline	15	Nova of Virginia	2:29.09

Heat 3 Consolation Finals				
1	Price, Piper	16	SwimRVA	2:26.61
2	Hawkins, Mary-Stuart	17	Nova of Virginia	2:25.30
3	Mierenfeld, Ellie	15	SwimRVA	2:25.09
4	Jones, Layne	17	Cca Marlins	2:23.43
5	Johnson, Sidney	15	Stingrays Swim T	2:23.80
6	Brundage, Holly	17	757 Swim	2:25.13
7	Goodwin-Birnie, Elizabeth	18	Nova of Virginia	2:25.99
8	Wright, Margaret Ann	16	Tide Swimming	2:26.87

Heat 4 Championship Finals				
1	Canada, Raegan	17	Quest Swimming	2:23.01
2	Davis, Grey	18	Battlefield Area	2:21.28
3	Hotem, Kaitlyn	17	Nova of Virginia	2:18.54
4	Stephens, Alexis	18	Poseidon Swimmin	2:16.78
5	Mayo, Phoebe	17	Coast Guard Blue	2:18.14
6	Deguenther, Emory	16	Nova of Virginia	2:19.26
7	Cox, Delaney	19	Tribe Aquatics	2:22.68
8	Eddy, Ava	14	Stingrays Swim T	2:23.23

Alternates				
1	Reid, Keira	18	Nova of Virginia	2:29.30
2	Spooner, Olivia	16	Nova of Virginia	2:29.49

Event 30 Men 200 LC Meter Backstroke				
VSI Champs:		2:00.32	7/23/2017	Clark Beach
VSI Sr Rec:		1:56.21	2/16/2024	Jack Aikins

Lane	Name	Age	Team	Prelims
Heat 1 D - Final				
1	Keenan, Alexander	15	Tide Swimming	2:21.83
2	Mizuba, Maxton	15	VABR	2:21.38
3	Boller, Alexander	17	Coast Guard Blue	2:20.49
4	Stuhlmacher, Caleb	15	Nova of Virginia	2:19.87
5	Buttram, Noah	16	Stingrays Swim T	2:20.22
6	Stowell, Daniel	15	Tide Swimming	2:21.24
7	Harrington, Cullen	15	Nova of Virginia	2:21.56
8	Van Drew, Brendan	16	Nova of Virginia	2:22.01

Alternates				
1	Walker, Nathan	17	Williamsburg Aqu	2:22.83
2	Salpeter, Troy	15	Tide Swimming	2:23.14

Heat 2 C - Final				
1	Patrick, Alexander	15	Hanover Aquatics	2:19.76
2	Gunter, Lucas	15	Poseidon Swimmin	2:19.46
3	Williams, Carson	16	Nova of Virginia	2:18.44
4	Haf1, Broc	16	Williamsburg Aqu	2:17.69
5	Farnsworth, Joshua	15	Nova of Virginia	2:17.83
6	McCarthy, Connor	17	Quest Swimming	2:19.34
7	Hottle, Davis	17	Lynchburg YMCA S	2:19.57
8	Strudgeon, George	18	Nova of Virginia	2:19.86

Heat 3 Consolation Finals				
1	Senfield, Thomas	16	SwimRVA	2:16.59
2	Craig, Crawford	16	SwimRVA	2:15.69
3	Sabo, Michael	15	Hanover Aquatics	2:13.76
4	Whetstine, Carter	18	Tide Swimming	2:10.88
5	Duren, Matthew	20	Quest Swimming	2:13.05
6	Muminovic, Aidin	15	Nova of Virginia	2:15.24
7	Butterfield, Benjamin	17	Nova of Virginia	2:16.32
8	Brooks, Henry	17	SwimRVA	2:17.56

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Heat 4 Championship Finals (#30)

1	Griffith, Ryan	17	Coast Guard Blue	2:08.89
2	Leachman, Scott	17	Nova of Virginia	2:07.96
3	Chen, JD	16	Nova of Virginia	2:06.77
4	Naoroz, Devin	19	Nova of Virginia	2:04.58
5	Roose, Andrew	17	Williamsburg Aqu	2:05.72
6	Mayr, Charlie	18	Nova of Virginia	2:07.20
7	Farney, Thomas	19	Nova of Virginia	2:08.12
8	Julian, Brady	16	Nova of Virginia	2:09.98

Alternates

1	Stuhlmacher, Caleb	15	Nova of Virginia	2:19.87
2	Buttram, Noah	16	Stingrays Swim T	2:20.22

Event 31 Women 50 LC Meter Freestyle

VSI Champs:	25.25	7/18/2021	Melissa Cundiff	
VSI Sr Rec:	24.29	4/13/2024	Gretchen Walsh	
Lane	Name	Age	Team	Prelims

Heat 1 D - Final

1	Grim, Evelyn	17	H2okie Aquatics	28.25
2	Dillard, Jordyn	18	Nova of Virginia	28.22
3	Liebler, Emma	15	757 Swim	28.14
4	Ismailova, Diana	16	Cavalier Aq	28.00
5	Rawlins, Afsana	16	Tide Swimming	28.08
6	Roberts, Addyson	18	Tide Swimming	28.20
7	Butler, Kendall	18	Coast Guard Blue	28.24
8	Daniel, Campbell	15	757 Swim	28.26

Alternates

1	White, Alyssa	16	757 Swim	28.26
2	Willard, Katelyn	15	Nova of Virginia	28.29

Heat 2 C - Final

1	Baker, Kate	21	Liberty Aquatics	27.92
2	Beckwith, Molly	17	Virginia Gators	27.88
3	Moreno, Caprie	16	Tide Swimming	27.75
4	Gorby, Tessa	17	Cca Marlins	27.75
5	Eddy, Ava	14	Stingrays Swim T	27.75
6	Marchione, Maris	16	Tide Swimming	27.81
7	Bischoff, Allison	17	Nova of Virginia	27.89
8	Duffy, Savannah	15	Stingrays Swim T	27.93

Heat 3 Consolation Finals

1	Deguenther, Emory	16	Nova of Virginia	27.73
2	Duffy, Dara	16	Tide Swimming	27.66
3	Vernon, Allison	16	Quest Swimming	27.54
4	Callis, Emerson	16	Quest Swimming	27.38
5	Teague, Sara	17	Tide Swimming	27.52
6	Goodwin-Birnie, Elizabeth	18	Nova of Virginia	27.56
7	Canada, Raegan	17	Quest Swimming	27.71
8	Cannings, Kaycee	20	Liberty Aquatics	27.74

Heat 4 Championship Finals

1	Shnowske, Anna	16	757 Swim	27.29
2	Miklos, Riley	18	Nova of Virginia	27.21
3	Vanyo, Sofie	15	of Va, Inc.Atlan	27.17
4	Duffy, Kayleigh	19	Tide Swimming	26.81
5	Stephens, Alexis	18	Poseidon Swimmin	27.05
6	Kohler, Sofia	17	Tide Swimming	27.19
7	Sleman, Molly	16	Nova of Virginia	27.26
8	Jones, Jasper	15	Nova of Virginia	27.35

Alternates

1	Ismailova, Diana	16	Cavalier Aq	28.00
2	Rawlins, Afsana	16	Tide Swimming	28.08

Event 32 Men 50 LC Meter Freestyle

VSI Champs:	22.90	7/22/2017	Colin Wright	
VSI Sr Rec:	21.83	7/30/2022	Matt King	
Lane	Name	Age	Team	Prelims

Heat 1 D - Final

1	Brooks, Henry	17	SwimRVA	25.12
2	Weeks, Bennett	17	Tide Swimming	25.11
3	Tiller, Grant	18	Quest Swimming	25.06
4	Wilkes, Connor	18	VABR	25.01
5	Wang, Richard	17	Cavalier Aq	25.05
6	Dykman, Robert	17	Stingrays Swim T	25.10
7	Mueller, Jackson	18	Nova of Virginia	25.11
8	Landers, Lucas	16	757 Swim	25.29

Alternates

1	Fisher, Adam	18	Nova of Virginia	25.40
2	Ryan, Joseph	16	VABR	25.42

Heat 2 C - Final

1	Rivas, Matthew	17	Nova of Virginia	24.96
2	Muminovic, Aidin	15	Nova of Virginia	24.86
3	Goad, Zachary	17	Quest Swimming	24.75
4	Thornton, Christian	17	Nova of Virginia	24.67
5	Campbell, Spencer	17	Poseidon Swimmin	24.69
6	Leachman, Scott	17	Nova of Virginia	24.83
7	Grau, William	16	Poseidon Swimmin	24.93
8	Chen, JD	16	Nova of Virginia	24.98

Heat 3 Consolation Finals

1	Roose, Andrew	17	Williamsburg Aqu	24.66
2	Rogness, Corey	21	Quest Swimming	24.58
3	Thompson, Spencer	17	Spartan Swim Clu	24.55
4	Radkevich, Andrey	17	757 Swim	24.50
5	Fisher, Joshua	19	Poseidon Swimmin	24.51
6	Cook, Cameron	18	Stingrays Swim T	24.58
7	Smith, Ryan	16	Nova of Virginia	24.61
8	Butterfield, Benjamin	17	Nova of Virginia	24.67

Heat 4 Championship Finals

1	Moore, Ryan	16	Stingrays Swim T	24.28
2	Pfaff, Spencer	17	Virginia Gators	24.20
3	Griffith, Ryan	17	Coast Guard Blue	24.11
4	Mills, Jack	18	Lynchburg YMCA S	23.90
5	Belcher, Harry	18	Nova of Virginia	23.97
6	Calder, Samuel	18	Stingrays Swim T	24.18
7	Bettis, William	18	Tide Swimming	24.22
8	Valliere, Alexander	20	Tribe Aquatics	24.48

Alternates

1	Wilkes, Connor	18	VABR	25.01
2	Wang, Richard	17	Cavalier Aq	25.05

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Event 33 Women 200 LC Meter Breaststroke				
VSI Champs:		2:32.28	7/18/2021	Zoe Dixon
VSI Sr Rec:		2:21.43	4/27/2022	Kate Douglass
Lane	Name	Age	Team	Prelims
Heat 1 D - Final				
1	Clemens, Gabriella	17	Nova of Virginia	2:58.44
2	Wang, Abigail	16	Nova of Virginia	2:57.67
3	Clevenger, Madison	12	Coast Guard Blue	2:57.00
4	Mortimer, Marcy	18	SwimRVA	2:56.63
5	Cuce, Elianna	15	SwimRVA	2:56.93
6	Pew, Isabella	15	Poseidon Swimmin	2:57.03
7	Shopbell, Ava	15	Lynchburg YMCA S	2:58.13
8	Everhart, Norah	16	Tide Swimming	2:58.50
Alternates				
1	Wilson, Caitlin	16	Coast Guard Blue	2:58.53
2	Scherer, Anne	16	Cavalier Aq	2:59.38
Heat 2 C - Final				
1	David, Nora	16	Stafford Aquatic	2:55.38
2	Masson, Alina	15	Old Dominion Aqu	2:54.83
3	Ismailova, Diana	16	Cavalier Aq	2:53.84
4	Kryszon, Kendall	15	Nova of Virginia	2:53.60
5	Check, Isabella	16	Williamsburg Aqu	2:53.77
6	Garzon, Sasha	17	SwimRVA	2:54.39
7	Ellis, Hannah	15	Stingrays Swim T	2:54.84
8	Basic, Charlotte	16	757 Swim	2:56.08
Heat 3 Consolation Finals				
1	Ng, Sophia	15	Nova of Virginia	2:52.21
2	Butler, Kendall	18	Coast Guard Blue	2:51.11
3	White, Charlotte	15	Nova of Virginia	2:50.77
4	Gregory, Mary	17	Williamsburg Aqu	2:47.92
5	Davis, Grey	18	Battlefield Area	2:48.15
6	Jaeger, Katelyn	15	Poseidon Swimmin	2:50.96
7	Watson, Viktoria	15	Coast Guard Blue	2:51.56
8	Quinn, Brooke	15	757 Swim	2:53.56
Heat 4 Championship Finals				
1	Smith, Lauren	18	Stingrays Swim T	2:46.50
2	Scherer, Eliza	21	Tribe Aquatics	2:44.28
3	Bauer, Cassandra	18	Nova of Virginia	2:42.37
4	Heilen, Sophia	20	Tribe Aquatics	2:37.91
5	Vanyo, Sofie	15	of Va, Inc.Atlan	2:38.20
6	Bendall, Allisan	18	Cavalier Aq	2:42.76
7	Price, Piper	16	SwimRVA	2:44.88
8	Linkous, Caroline	15	H2okie Aquatics	2:47.88
Alternates				
1	Mortimer, Marcy	18	SwimRVA	2:56.63
2	Cuce, Elianna	15	SwimRVA	2:56.93

Event 34 Men 200 LC Meter Breaststroke				
VSI Champs:		2:18.67	7/16/2023	Ethan Maloney
VSI Sr Rec:		2:08.25	6/18/2024	Ananias Pouch
Lane	Name	Age	Team	Prelims
Heat 1 D - Final				
1	Wells, Gregory	17	Quest Swimming	2:39.53
2	Payne, Jonathan	16	Nova of Virginia	2:38.84
3	Smith, Ryan	16	Nova of Virginia	2:38.55
4	Isely, Gabriel	16	Coast Guard Blue	2:38.29
5	Stevenson, Declund	17	Lynchburg YMCA S	2:38.34
6	Sylvester, Wyatt	15	Williamsburg Aqu	2:38.62
7	Swartz, Tyler	18	Tide Swimming	2:39.21
8	Carroll, Jude	17	Spartan Swim Clu	2:40.39
Alternates				
1	Belcher, Bill	17	Nova of Virginia	2:40.57
2	Hunter, Benjamin	18	Stingrays Swim T	2:40.58
Heat 2 C - Final				
1	McMahon, Robert	15	Virginia Gators	2:37.70
2	Balk, Jordan	17	Nova of Virginia	2:36.86
3	Prudhomme, John	15	Tide Swimming	2:35.36
4	Franks, Benjamin	15	Nova of Virginia	2:34.29
5	Stauffer, Carl	16	Coast Guard Blue	2:34.45
6	Boller, Alexander	17	Coast Guard Blue	2:36.55
7	Grau, William	16	Poseidon Swimmin	2:36.96
8	Galyen, Austin	17	Nova of Virginia	2:37.84
Heat 3 Consolation Finals				
1	Watson, Thomas	16	Williamsburg Aqu	2:33.56
2	Oquendo, Jorge	17	757 Swim	2:32.85
3	Hottle, Luke	15	Lynchburg YMCA S	2:32.25
4	Johnson, James	16	Nova of Virginia	2:30.57
5	Clippinger, Jack	16	SwimRVA	2:30.86
6	Schonfelder, Maxwell	17	Lynchburg YMCA S	2:32.82
7	Erb, Kaleb	17	Virginia Gators	2:33.41
8	Harrington, Cullen	15	Nova of Virginia	2:33.65
Heat 4 Championship Finals				
1	Julian, Bryant	18	Nova of Virginia	2:28.50
2	Hartig, William	15	757 Swim	2:27.55
3	Luzak, Landon	18	Tide Swimming	2:26.94
4	Silva, Pablo	18	Nova of Virginia	2:23.80
5	Wolfe, Matthew	16	Nova of Virginia	2:25.55
6	Harrell, Lincoln	16	Nova of Virginia	2:27.29
7	Jun, Caleb	16	Nova of Virginia	2:27.71
8	Taylor, Christopher	21	Cavalier Aq	2:28.53
Alternates				
1	Isely, Gabriel	16	Coast Guard Blue	2:38.29
2	Stevenson, Declund	17	Lynchburg YMCA S	2:38.34

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Meet Program - Sunday Finals

Event 35 Women 200 LC Meter Medley Relay

VSI Champs: 1:55.34 7/18/2021 Tide Swimming

K Wilson, S Tadder, N Venema, M McKee

VSI Sr Rec: 1:55.34 7/18/2021 TIDE

K. Wilson, S. Tadder, N. Venema, M. McKee

Lane	Team	Relay	Seed Time
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Heat 4 Finals (#35 Women 200 LC Meter Medley Relay)

1			
2	Poseidon Swimmin	A	4:26.28
3	Nova of Virginia	B	4:24.37
4	Nova of Virginia	A	4:18.30
5	Quest Swimming	A	4:21.85
6	SwimRVA	A	4:24.44
7	757 Swim	A	4:29.06
8			

Heat 5 of 5 Finals

1			
2			
3			
4			
5			
6			
7	Cca Marlins	A	4:55.47
8			

Event 36 Men 200 LC Meter Medley Relay

VSI Champs: 1:43.29 7/21/2019 Tribe Aquatics

L Bradley, C Pfuhl, I Thompson, C Wright

VSI Sr Rec: 1:43.26 7/19/2018 GATR

K. Fonder, C. Myburgh, N. Bowers, I. Almeida

Lane	Team	Relay	Seed Time
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Heat 3 of 4 Finals

1			
2			
3	757 Swim	B	4:20.19
4	757 Swim	A	4:07.65
5	Lynchburg YMCA S	B	4:17.16
6			
7			
8			

Heat 4 of 4 Finals

1	Quest Swimming	A	4:07.48
2	Williamsburg Aqu	A	4:03.20
3	Poseidon Swimmin	A	3:59.56
4	Nova of Virginia	A	3:48.92
5	Nova of Virginia	B	3:58.87
6	Coast Guard Blue	A	4:00.56
7	Lynchburg YMCA S	A	4:03.81
8			