

2024 VA LC Senior Champs - 7/18/2024 to 7/21/2024
Meet Program - Thursday Finals

Event 9 Women 800 LC Meter Freestyle

VSI Champs: 8:51.13 7/20/2014 Jessie Gvozdas				
2024 OT: 8:45.79				
VSI Sr Rec: 8:17.22 7/29/2017 Leah Smith				
Lane	Name	Age	Team	Seed Time
Heat 8 of 8 Finals				
1	Reid, Keira	18	Nova of Virginia	9:10.64
2	Miklos, Riley	18	Nova of Virginia	9:08.66
3	Callis, Emerson	16	Quest Swimming	9:02.41
4	Stuhlmacher, Claire	17	Nova of Virginia	8:55.41
5	Tucker, Lauren	19	Tribe Aquatics	8:59.26
6	Barnard, Amanda	17	Nova of Virginia	9:04.63
7	Armstrong, Kiersten	16	Nova of Virginia	9:08.73
8	Hawkins, Mary-Stuart	17	Nova of Virginia	9:13.21

Event 10 Men 1500 LC Meter Freestyle

VSI Champs: 15:41.55 7/15/2021 Robert Dinunzio				
2024 OT: 15:39.89				
VSI Sr Rec: 15:18.13 6/23/2023 Nathan Szobota				
Lane	Name	Age	Team	Seed Time
Heat 4 of 4 Finals				
1	Stratton, Nicholas	16	Tide Swimming	17:15.79
2	Payne, Jonathan	16	Nova of Virginia	17:10.10
3	Stowell, Daniel	15	Tide Swimming	17:06.72
4	Mayr, Charlie	18	Nova of Virginia	16:00.75
5	Nelson, Cole	15	Nova of Virginia	16:18.31
6	Barakey, Colin	18	Old Dominion Aqu	17:10.02
7	Gregory, William	19	Williamsburg Aqu	17:11.63
8	Knight, Benjamin	16	Tide Swimming	17:17.37

Event 1 Women 200 LC Meter IM

VSI Champs: 2:16.39 7/15/2021 Grace Sheble				
2024 OT: 2:16.09				
VSI Sr Rec: 2:07.13 6/19/2022 Alex Walsh				
Lane	Name	Age	Team	Prelims
Heat 1 D - Final				
1	Rose, Sydney	15	Poseidon Swimmin	2:31.94
2	Quinn, Brooke	15	757 Swim	2:31.76
3	Schaaf, Alexis	16	Virginia Gators	2:31.52
4	Scherer, Anne	16	Cavalier Aq	2:30.74
5	Mierenfeld, Ellie	15	SwimRVA	2:30.98
6	Bailey, Brooke	18	SwimRVA	2:31.60
7	Medei, Emma	15	Nova of Virginia	2:31.77
8	Shopbell, Ava	15	Lynchburg YMCA S	2:31.95

Alternates

1	Kryszon, Kylie	15	Nova of Virginia	2:32.13
2	Darnell, Cameron	17	Coast Guard Blue	2:32.32

Heat 2 C - Final

1	Osada, Elizabeth	16	Cavalier Aq	2:29.77
2	Gregory, Elizabeth	15	Williamsburg Aqu	2:29.45
3	Dodd, Allison	19	Quest Swimming	2:28.48
4	Dillard, Jordyn	18	Nova of Virginia	2:27.67
5	Nicholson, Lucille	17	Cavalier Aq	2:28.39
6	Shaps, Katherine	16	Nova of Virginia	2:29.21
7	White, Charlotte	15	Nova of Virginia	2:29.68
8	Gray, Lauren	17	Tide Swimming	2:30.55

Heat 3 Consolation Finals

1	Juhlin, Lindsay	19	Tribe Aquatics	2:27.55
2	Price, Piper	16	SwimRVA	2:27.29
3	Linkous, Caroline	15	H2okie Aquatics	2:25.72
4	Bischoff, Allison	17	Nova of Virginia	2:25.07
5	Gregory, Mary	17	Williamsburg Aqu	2:25.60
6	Heilen, Sophia	20	Tribe Aquatics	2:25.83
7	Kryszon, Kendall	15	Nova of Virginia	2:27.33
8	Armstrong, Kiersten	16	Nova of Virginia	2:27.56

Heat 4 Championship Finals

1	Barnard, Amanda	17	Nova of Virginia	2:24.45
2	Baker, Kate	21	Liberty Aquatics	2:23.66
3	Vanyo, Sofie	15	of Va, Inc.Atlan	2:21.66
4	Stephens, Alexis	18	Poseidon Swimmin	2:17.83
5	Hotem, Kaitlyn	17	Nova of Virginia	2:21.34
6	Bauer, Cassandra	18	Nova of Virginia	2:22.47
7	Mayo, Phoebe	17	Coast Guard Blue	2:24.03
8	Goodwin-Birnie, Elizabeth	18	Nova of Virginia	2:24.62

Alternates

1	Scherer, Anne	16	Cavalier Aq	2:30.74
2	Mierenfeld, Ellie	15	SwimRVA	2:30.98

Event 2 Men 200 LC Meter IM

VSI Champs: 2:03.81 7/26/2009 Peter T Benner				
2024 OT: 2:03.49				
VSI Sr Rec: 2:00.43 5/19/2018 Norbert Szabo				
Lane	Name	Age	Team	Prelims
Heat 1 D - Final				
1	Whetstine, Carter	18	Tide Swimming	2:14.71
2	Johnson, James	16	Nova of Virginia	2:14.31
3	Harrington, Charlie	15	Nova of Virginia	2:14.20
4	Hartig, William	15	757 Swim	2:13.80
5	Schonfelder, Maxwell	17	Lynchburg YMCA S	2:14.06
6	Ericson, Ryan	17	Old Dominion Aqu	2:14.23
7	Farnsworth, Joshua	15	Nova of Virginia	2:14.33
8	Harrington, Cullen	15	Nova of Virginia	2:14.75

Alternates

1	Schardt, James	18	Nova of Virginia	2:14.96
2	Boller, Alexander	17	Coast Guard Blue	2:15.31

Heat 2 C - Final

1	Warnagiris, Paul	19	Winchester Swim	2:13.49
2	Julian, Bryant	18	Nova of Virginia	2:12.80
3	Jun, Caleb	16	Nova of Virginia	2:12.69
4	Mueller, Jackson	18	Nova of Virginia	2:12.16
5	Swartz, Tyler	18	Tide Swimming	2:12.18
6	Charlton, William	16	Cavalier Aq	2:12.74
7	Fisher, Joshua	19	Poseidon Swimmin	2:13.27
8	Franks, Benjamin	15	Nova of Virginia	2:13.52

Heat 3 Consolation Finals

1	Moore, Maxwell	19	Cavalier Aq	2:11.04
2	Vanslyke, John	17	Tide Swimming	2:10.48
3	Leachman, Scott	17	Nova of Virginia	2:09.83
4	Mayr, Charlie	18	Nova of Virginia	2:09.49
5	Warnagiris, Joseph	16	Winchester Swim	2:09.69
6	Julian, Brady	16	Nova of Virginia	2:10.34
7	Silva, Pablo	18	Nova of Virginia	2:10.94
8	Ridge, Spencer	17	Nova of Virginia	2:12.09

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Heat 4 Championship Finals (#2)

1	Woffle, Matthew	16	Nova of Virginia	2:09.03
2	Szobota, Nathan	17	Nova of Virginia	2:08.49
3	Roose, Andrew	17	Williamsburg Aqu	2:07.98
4	Dillman, Cooper	17	Nova of Virginia	2:07.41
5	Hoban, Owen	18	Stingrays Swim T	2:07.64
6	Mills, Jack	18	Lynchburg YMCA S	2:08.01
7	Chen, JD	16	Nova of Virginia	2:08.87
8	Griffith, Ryan	17	Coast Guard Blue	2:09.05

Alternates

1	Hartig, William	15	757 Swim	2:13.80
2	Schonfelder, Maxwell	17	Lynchburg YMCA S	2:14.06

Event 3 Women 100 LC Meter Freestyle

VSI Champs:	54.98	7/14/2022	Gretchen Walsh	
2024 OT:	55.79			
VSI Sr Rec:	53.17	4/11/2024	Gretchen Walsh	
Lane	Name	Age	Team	Prelims

Heat 1 D - Final

1	David, Nora	16	Stafford Aquatic	1:00.91
2	Kohler, Sofia	17	Tide Swimming	1:00.88
3	Wiersema, Jillian	15	H2okie Aquatics	1:00.45
4	Teague, Sara	17	Tide Swimming	1:00.36
5	Santos, Leah	15	H2okie Aquatics	1:00.45
6	Marchione, Maris	16	Tide Swimming	1:00.83
7	Swatts, Chloe	18	Tide Swimming	1:00.90
8	Brundage, Holly	17	757 Swim	1:00.96

Alternates

1	Jones, London	16	Stingrays Swim T	1:00.98
2	Barron, Ella	16	Nova of Virginia	1:01.02

Heat 2 C - Final

1	Beckwith, Molly	17	Virginia Gators	1:00.18
2	Johnson, Sidney	15	Stingrays Swim T	1:00.12
3	Rawlins, Afsana	16	Tide Swimming	59.68
4	Duffy, Dara	16	Tide Swimming	59.43
5	Cannings, Kaycee	20	Liberty Aquatics	59.55
6	Dunham, Sarah	18	Tribe Aquatics	59.84
7	Burgeson, Caroline	19	Tribe Aquatics	1:00.17
8	Genderson, Devin	21	Tribe Aquatics	1:00.18

Heat 3 Consolation Finals

1	Marstellar, Isabel	20	Virginia Tech	59.29
2	Bischoff, Allison	17	Nova of Virginia	59.20
3	Liebler, Emma	15	757 Swim	59.05
4	Canada, Raegan	17	Quest Swimming	58.72
5	Kahn, Shelby	21	Liberty Aquatics	58.90
6	Sleman, Molly	16	Nova of Virginia	59.18
7	Eddy, Ava	14	Stingrays Swim T	59.28
8	Sowers, Samantha	17	Stingrays Swim T	59.32

Heat 4 Championship Finals

1	Duffy, Kayleigh	19	Tide Swimming	58.45
2	Deguenther, Emory	16	Nova of Virginia	58.20
3	Vanyo, Sofie	15	of Va, Inc.Atlan	58.15
4	Callis, Emerson	16	Quest Swimming	57.92
5	Stephens, Alexis	18	Poseidon Swimmin	58.04
6	Vernon, Allison	16	Quest Swimming	58.16
7	Shnowske, Anna	16	757 Swim	58.28
8	Miklos, Riley	18	Nova of Virginia	58.57

Alternates

1	Teague, Sara	17	Tide Swimming	1:00.36
2	Santos, Leah	15	H2okie Aquatics	1:00.45

Event 4 Men 100 LC Meter Freestyle

VSI Champs:	48.87	7/14/2022	Matthew King	
2024 OT:	49.99			
VSI Sr Rec:	48.20	6/27/2017	Townley Haas	
Lane	Name	Age	Team	Prelims

Heat 1 D - Final

1	Anderson, Michael	17	H2okie Aquatics	54.88
2	Nelson, Cole	15	Nova of Virginia	54.80
3	Rivas, Matthew	17	Nova of Virginia	54.43
4	Thompson, Spencer	17	Spartan Swim Clu	54.30
5	Hill, Tyler	18	Hanover Aquatics	54.42
6	Calder, Samuel	18	Stingrays Swim T	54.45
7	Campbell, Spencer	17	Poseidon Swimmin	54.82
8	Harvey, Brandon	17	Hanover Aquatics	54.94

Alternates

1	Leachman, Scott	17	Nova of Virginia	55.05
2	Euker, Aaron	15	Stingrays Swim T	55.05

Heat 2 C - Final

1	Gertner, Alexander	17	Nova of Virginia	54.26
2	Smith, Ryan	16	Nova of Virginia	54.18
3	Farney, Thomas	19	Nova of Virginia	54.11
4	DeVries, Clint	16	Coast Guard Blue	53.99
5	Duren, Matthew	20	Quest Swimming	54.09
6	Moore, Ryan	16	Stingrays Swim T	54.13
7	Landers, Lucas	16	757 Swim	54.25
8	Brooks, Henry	17	SwimRVA	54.29

Heat 3 Consolation Finals

1	Thornton, Christian	17	Nova of Virginia	53.81
2	Roose, Andrew	17	Williamsburg Aqu	53.63
3	Shnowske, Matthew	18	757 Swim	53.30
4	Wilkerson, Chase	16	Tide Swimming	53.13
5	Szobota, Nathan	17	Nova of Virginia	53.27
6	Radkevich, Andrey	17	757 Swim	53.36
7	Muminovic, Aidin	15	Nova of Virginia	53.72
8	Bartz, Hayden	19	Nova of Virginia	53.85

Heat 4 Championship Finals

1	Roy, Cameron	16	H2okie Aquatics	52.78
2	Jobe, Dalton	20	Nova of Virginia	52.52
3	Belcher, Harry	18	Nova of Virginia	52.00
4	Mills, Jack	18	Lynchburg YMCA S	51.92
5	Temple, Austin	16	Tide Swimming	51.96
6	Griffith, Ryan	17	Coast Guard Blue	52.29
7	Eliason, Nathaniel	18	Hanover Aquatics	52.56
8	Lugo, Andrew	18	Winchester Swim	52.78

Alternates

1	Thompson, Spencer	17	Spartan Swim Clu	54.30
2	Hill, Tyler	18	Hanover Aquatics	54.42

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Event 5 Women 100 LC Meter Breaststroke

VSI Champs: 1:10.32 7/19/2019 Joelle Vereb				
2024 OT: 1:10.29				
VSI Sr Rec: 1:06.10 6/17/2024 Emma Weber				
Lane	Name	Age	Team	Prelims
Heat 1 D - Final				
1	Strohacker, Mackenzie	16	Hanover Aquatics	1:21.86
2	Fleenor, Elizabeth	18	Ptidesymca of Vi	1:21.50
3	Morris, Whitney	14	Nova of Virginia	1:21.23
4	Mortimer, Marcy	18	SwimRVA	1:21.10
5	Hoover, Davia	18	Stingrays Swim T	1:21.22
6	Watson, Viktoria	15	Coast Guard Blue	1:21.45
7	Callihan, Catherine	16	Nova of Virginia	1:21.86
8	Reed, Madison	18	Valley Swim Team	1:21.88
Alternates				
1	Papiernik, Kathleen	18	SwimRVA	1:21.91
2	Stevens, Jenna	16	Hanover Aquatics	1:22.12
Heat 2 C - Final				
1	Scherer, Anne	16	Cavalier Aq	1:20.63
2	Wilson, Caitlin	16	Coast Guard Blue	1:20.30
3	Linkous, Caroline	15	H2okie Aquatics	1:19.74
4	Butler, Kendall	18	Coast Guard Blue	1:19.04
5	Ismailova, Diana	16	Cavalier Aq	1:19.51
6	Ellis, Hannah	15	Stingrays Swim T	1:19.93
7	Basic, Charlotte	16	757 Swim	1:20.33
8	Check, Isabella	16	Williamsburg Aqu	1:20.72
Heat 3 Consolation Finals				
1	Hotem, Kaitlyn	17	Nova of Virginia	1:18.02
2	Cuce, Elianna	15	SwimRVA	1:17.69
3	Rongione, Natalia	20	Tribe Aquatics	1:17.60
4	Goodwin-Birnie, Elizabeth	18	Nova of Virginia	1:15.65
5	Moreno, Caprie	16	Tide Swimming	1:17.23
6	Brown, Rachael	20	Quest Swimming	1:17.69
7	White, Charlotte	15	Nova of Virginia	1:17.80
8	Jaeger, Katelyn	15	Poseidon Swimmin	1:18.31
Heat 4 Championship Finals				
1	Price, Piper	16	SwimRVA	1:15.10
2	Bendall, Allisan	18	Cavalier Aq	1:14.97
3	Juhlin, Lindsay	19	Tribe Aquatics	1:13.76
4	Bauer, Cassandra	18	Nova of Virginia	1:12.87
5	Heilen, Sophia	20	Tribe Aquatics	1:13.00
6	Bridgman, Riley	19	Quest Swimming	1:14.51
7	Bendall, Elisabeth	20	Cavalier Aq	1:15.04
8	Smith, Lauren	18	Stingrays Swim T	1:15.65
Alternates				
1	Mortimer, Marcy	18	SwimRVA	1:21.10
2	Hoover, Davia	18	Stingrays Swim T	1:21.22

Event 6 Men 100 LC Meter Breaststroke

VSI Champs: 1:02.68 7/19/2019 Charles Katis				
2024 OT: 1:02.19				
VSI Sr Rec: 59.16 6/16/2024 Charlie Swanson				
Lane	Name	Age	Team	Prelims
Heat 1 D - Final				
1	Fulayter, Brandon	16	Stingrays Swim T	1:11.61
2	Galyen, Austin	17	Nova of Virginia	1:11.03
3	Harrington, Cullen	15	Nova of Virginia	1:10.80
4	Balk, Jordan	17	Nova of Virginia	1:10.78
5	Harrington, Charlie	15	Nova of Virginia	1:10.80
6	McMahon, Robert	15	Virginia Gators	1:10.86
7	Boller, Alexander	17	Coast Guard Blue	1:11.38
8	Sawyer, Bradley	16	Cavalier Aq	1:11.76
Alternates				
1	Salpeter, Troy	15	Tide Swimming	1:11.90
2	Wells, Gregory	17	Quest Swimming	1:12.17
Heat 2 C - Final				
1	Wolfe, Matthew	16	Nova of Virginia	1:09.88
2	Jun, Caleb	16	Nova of Virginia	1:09.43
3	Julian, Bryant	18	Nova of Virginia	1:08.87
4	Harrell, Lincoln	16	Nova of Virginia	1:08.80
5	Johnson, James	16	Nova of Virginia	1:08.81
6	Warnagiris, Paul	19	Winchester Swim	1:09.43
7	Hartig, William	15	757 Swim	1:09.75
8	Swartz, Tyler	18	Tide Swimming	1:10.26
Heat 3 Consolation Finals				
1	Erb, Kaleb	17	Virginia Gators	1:08.55
2	Schonfelder, Maxwell	17	Lynchburg YMCA S	1:08.47
3	Taylor, Christopher	21	Cavalier Aq	1:08.31
4	Bartz, Hayden	19	Nova of Virginia	1:07.78
5	Grau, William	16	Poseidon Swimmin	1:08.08
6	Stauffer, Carl	16	Coast Guard Blue	1:08.34
7	Watson, Thomas	16	Williamsburg Aqu	1:08.52
8	Hottle, Luke	15	Lynchburg YMCA S	1:08.79
Heat 4 Championship Finals				
1	Warnagiris, Joseph	16	Winchester Swim	1:07.09
2	Clippinger, Jack	16	SwimRVA	1:06.62
3	Silva, Pablo	18	Nova of Virginia	1:06.32
4	Moore, Maxwell	19	Cavalier Aq	1:04.63
5	Ridge, Spencer	17	Nova of Virginia	1:05.78
6	Oquendo, Jorge	17	757 Swim	1:06.46
7	Hathaway, Jacques	17	Cavalier Aq	1:06.74
8	Luzak, Landon	18	Tide Swimming	1:07.70
Alternates				
1	Balk, Jordan	17	Nova of Virginia	1:10.78
2	Harrington, Cullen	15	Nova of Virginia	1:10.80

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Event 7 Women 800 LC Meter Freestyle Relay

VSI Champs: 8:17.46 7/15/2021 Tide Swimming

S Tadder, S Knapp, E Claesson, K Wilson

VSI Sr Rec: 8:14.86 8/1/2023 NOVA

E. Deguenther, E. Scott, A. Bischoff, A. Bernard

Lane	Team	Relay	Seed Time
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Heat 1 of 2 Finals

1	Quest Swimming	B	9:09.72
2	Williamsburg Aqu	A	9:02.82
3	Stingrays Swim T	A	8:57.20
4	Poseidon Swimmin	A	8:56.23
5	SwimRVA	A	8:56.58
6	757 Swim	B	9:02.10
7	Cavalier Aq	A	9:04.65
8	Stingrays Swim T	B	9:14.23

Heat 2 of 2 Finals

1	Tide Swimming	B	8:50.49
2	757 Swim	A	8:46.29
3	Tide Swimming	A	8:32.04
4	Nova of Virginia	A	8:20.02
5	Quest Swimming	A	8:30.44
6	Nova of Virginia	B	8:40.53
7	Coast Guard Blue	A	8:49.11
8	H2okie Aquatics	A	8:50.60

Event 8 Men 800 LC Meter Freestyle Relay

VSI Champs: 7:38.81 7/13/2023 NOVA of Virginia Aquatics, Inc

N Szobota, H Belcher, R Hufford, B Ackerly

VSI Sr Rec: 7:25.78 7/28/2015 NOVA

J. Cortright, A. Schultz, C. Swanson, F. Haas

Lane	Team	Relay	Seed Time
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Heat 2 of 3 Finals

1	Hanover Aquatics	A	8:18.32
2	Williamsburg Aqu	A	8:16.20
3	Quest Swimming	A	8:14.97
4	Stingrays Swim T	B	8:12.93
5	Lynchburg YMCA S	A	8:13.34
6	SwimRVA	A	8:15.96
7	Tide Swimming	B	8:16.36
8	Poseidon Swimmin	A	8:21.40

Heat 3 of 3 Finals

1	Cavalier Aq	A	8:04.25
2	H2okie Aquatics	A	7:56.50
3	Nova of Virginia	B	7:52.95
4	Nova of Virginia	A	7:37.26
5	Stingrays Swim T	A	7:50.07
6	757 Swim	A	7:56.39
7	Tide Swimming	A	7:59.37
8	Coast Guard Blue	A	8:06.26