

VSI Coaches Association Report (9/7/2022 at 12pm)

1) Provide feedback to the SR and AG Committees on the 2021-2022 season.

a) What are we doing well as an LSC?

- Doing a great job of servicing the athletes at the TOP end of the spectrum.
- District level servicing the second swim opportunity for the middle tier and bottom tier (whereas not happening in LC).
- A lot of successful swimming going on. We are representing well at the National level for the most part.

b) Where can we improve as an LSC?

- Summer Awards is not a true championship meet. Is there a better format we can move to that mimics our Short course format; specifically P/F.
- Long course meet seems to have A LOT of non-conforming times. Is it time to relook at the time standards and re-do. Specifically AG Champs, where number of participants is becoming lower.
- Dates of LC champs meets moved back to not conflict with school start AND summer league meets. Voiced dates are where they are due to admin for zones, but hoping to push back by a week.
- Need to do more for those at the bottom end of the spectrum. (careful though to not severe what we do for top end).

c) Additional Feedback for the LSC?

- Coaches want to continue to have a voice in helping to steer the AG and SR committee.

2) Major Initiative- Launch a coach mentoring program in VSI. Discuss the best avenues to make this successful.

a) How can we do a better job of growing our young coaches?

- Zoom is best avenue
- Getting similar subject areas together to periodically meet to discuss that area/subject.
- Having think/share meetings in between meet sessions (specifically at 8 and Under or development meets where most coaches are young). Hurdle in Southwest is number of facilities that can support developmental meets was voiced.

b) Are we doing enough as an LSC to grow our coaches?

- Yes and no. We have to breakdown the secrets we all have within, and aim to do a better job of collaborating and sharing with one another. At the moment it's come down to club education, and worth putting together periodic zoom meetings on similar subjects, or face to face at HOD.
- Goal to bring in more "presenters" to our LSC over zoom as opposed to face to face. So many "idea exchanges" out there; no reason we can't do this.
- Setting up socials as we used to do, and need to get back to.

3) Feedback on Eastern Zones meet

a) How can we solicit more coaching interest in serving as a zones coach

- a. Most teams are thin on staff, and timing of summer zones meet is a large contributing factor to not sending staff. It's not that teams don't want to, it's timing of meet at the end of LC season.
- b. Many coaches have families and would be on 5th or 6th straight weekend in a row; so it very tough.
- c. Thoughts on bringing back retired coaches if not enough interest from coaches within LSC.

b) Any feedback for the LSC or zone on the Eastern Zone meet.

- a. In comparison with other years, are athletes/teams still supporting this meet? How far down list are we having to go for athlete participation.
- b. Interferes with family vacations with current policy of ALL in or NONE. We need to revisit this.

4) Topics coaches want more education or open forum discussion? (How can we best serve you all).

Nothing more than what is noted above 😊!