



# VT Maroon Orange Meet

Nov 4, 2023

SANCTION NO. VS-24-43

Hosted by



<b>SANCTION:</b>	<ul style="list-style-type: none"> <li>• Held under the sanction of USA Swimming/Virginia Swimming, Inc., SANCTION NO: <b>VS-24-43</b></li> <li>• USA Swimming, Inc., Virginia Swimming, Inc., Virginia Tech Swimming, and Christiansburg Aquatic Center shall be held free and harmless from any and all liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event.</li> <li>• In applying for this sanction, the Host, Virginia Tech Swimming, agrees to comply and to enforce all health and safety mandates and guidelines of USA Swimming, Virginia Swimming, the Commonwealth of Virginia and Montgomery County and the City of Christiansburg.</li> </ul>
<b>LOCATION:</b>	Christiansburg Aquatic Center, 595 N. Franklin St. Christiansburg, VA 24073. 540-381-7665
<b>FACILITY:</b>	<ul style="list-style-type: none"> <li>• Indoor 50-meter pool offers two 25-yard competition pools. 7' deep at the shallow end and 17'1" deep at the deep end; the pool has overflow gutters; non-turbulent lane markers; and Paddock starting blocks with backstroke handles and foot wedges.</li> <li>• Colorado Timing System will be used.</li> <li>• The Meet Director reserves the right to seed the sessions up to 10-lanes for competition.</li> <li>• The meet will be run in 6 long course lanes, leaving one lane open as a buffer and one lane for continuous warm-up and cool down.</li> <li>• The meet host will ensure that the competition course meets the required dimensions as specified in 103.3 USA Swimming Rules and Regulations.</li> <li>• During the meet there will be two Virginia Tech athletic trainers on site as well as lifeguards provided by the CAC. There is an easily accessible AED on deck as well.</li> </ul>
<b>MEET DIRECTOR:</b>	Steve Stekete <a href="mailto:sps78@vt.ed">sps78@vt.ed</a> 304-282-0440
<b>ELIGIBILITY:</b>	<ul style="list-style-type: none"> <li>• Open to all athletes on VT, PRVT and their respective unattached athletes who are registered with USA Swimming before the first day of the meet. Age on November 4, 2023 will determine age for the entire meet.</li> </ul>
<b>DISABILITY SWIMMERS:</b>	<ul style="list-style-type: none"> <li>• Athletes with a disability are welcome and shall provide advance notice of desired accommodations to the Meet Director.</li> <li>• The athlete (or the athlete's coach) is also responsible for notifying the session referee of any disability prior to the competition.</li> </ul>
<b>FORMAT:</b>	<ul style="list-style-type: none"> <li>• All events will be timed finals.</li> </ul>
<b>WARM-UP:</b>	<ul style="list-style-type: none"> <li>• Warmup starts at 6:00am, competition starts at 7:00am.</li> </ul>
<b>ENTRIES:</b>	<p><b>DEADLINE FOR THE RECEIPT OF ENTRIES IS Wednesday, November 1, 2023</b></p> <ul style="list-style-type: none"> <li>• Swimmers may enter a maximum of <b>3 individual events</b>.</li> <li>• Entries will be processed in the order received and <b>accepted to</b> the greatest extent possible without exceeding the 4-hour/session timeline limit or the limits as mandated by current Commonwealth of Virginia guidelines.</li> <li>• <b>No deck entries will be accepted.</b></li> </ul>
<b>FEES:</b>	Individual events: \$1.00 Swimmer surcharge: \$0.00
<b>SEEDING:</b>	<ul style="list-style-type: none"> <li>• Swimmers will report behind the blocks only after the event proceeding them is in the water.</li> <li>• All events will be pre-seeded.</li> </ul>
<b>AWARDS:</b>	<ul style="list-style-type: none"> <li>• No awards will be given.</li> </ul>

<b>PENALTIES:</b>	<ul style="list-style-type: none"> <li>● A fine of up to \$100 per event may be assessed for any illegal participation in the meet. Illegal participation is defined as <ul style="list-style-type: none"> <li>○ Entries using fraudulent or non-verifiable times.</li> <li>○ Athlete competed in the incorrect age group.</li> <li>○ Athlete is not registered with USA Swimming prior to the first day of the meet.</li> </ul> </li> <li>● If the swimmer is representing a club in competition, the fine will be levied on the Club. If the swimmer is unattached, the fine will be levied on the swimmer.</li> <li>● Any event in which an athlete participated illegally will be rescored and re-awarded.</li> </ul>
<b>RULES:</b>	<ul style="list-style-type: none"> <li>● The current USA Swimming Rules and Regulations including the Minor Athlete Abuse Protection Policy will govern this meet.</li> <li>● All adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy (MAAPP) and that they understand that compliance with MAAPP is a condition of participation in the conduct of this competition.</li> <li>● Any swimmer entered in the meet must be certified by a USA-S member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.</li> <li>● Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present without written USA Swimming approval.</li> <li>● Use of audio or visual recording devices, including cell phones, is not permitted in changing areas, rest rooms or locker rooms. In addition, photography behind the blocks is <u>not permitted</u>.</li> <li>● Changing, in whole or in part, into or out of swimsuit when wearing just one suit in an area other than in a locker room, bathroom, or other space designated for changing is PROHIBITED.</li> <li>● In accordance with VSI best practices, all swimmers should shower before entering the pool.</li> <li>● An athlete suspected of sustaining a concussion or exhibiting signs of a concussion, will immediately be removed from competition and shall not return to competition that day. The athlete may return to competition on a subsequent day, but only with a release authorization signed by a licensed healthcare provider.</li> <li>● In accordance with VSI Policy, only those coaches who have current, valid USA Swimming credentials will be permitted to act in a coaching capacity at this meet. Coaches with expired or non-current credentials will be required to leave the deck area.</li> </ul>
<b>OFFICIALS:</b>	<p><b>MEET REFEREE: Steve Woolfolk</b>  <b>Email: <a href="mailto:woolfolks@aol.com">woolfolks@aol.com</a></b>  <b>Phone: 540-312-1259</b></p> <ul style="list-style-type: none"> <li>● Officials will be needed for all positions and all sessions for this meet.</li> </ul>
<b>SAFETY:</b>	<p><b>MEET SAFETY OFFICER: Antonio Nunez Alvarez</b>  <b>Email: <a href="mailto:anunezal@vt.edu">anunezal@vt.edu</a></b>  <b>Phone: 352-256-5393</b></p> <p>Virginia Swimming Meet Safety Procedures will be in effect.</p>
<b>TIMERS:</b>	<ul style="list-style-type: none"> <li>● VT Swimming volunteers will handle all timing for the meet.</li> <li>● Timer's meeting will be held 15 minutes prior to the start of the session.</li> <li>● Timer lane assignments will be announced during the timers meeting - 2 timers will be required per lane.</li> </ul>
<b>GENERAL:</b>	
<b>FACILITY RULES:</b>	<p>FOLLOWING RULES ARE TO BE FOLLOWED DURING THE EVENT ALONG WITH THE TOWN OF CHRISTIANSBURG AQUATIC CENTER RULES:</p> <ul style="list-style-type: none"> <li>● Concessions will be allowed in designated areas only. Drinks are permitted in plastic bottles or covered cups.</li> <li>● Young children must be supervised by an adult.</li> <li>● Observers are to stay in designated areas.</li> </ul>

	<ul style="list-style-type: none"><li>● No tape of any kind is to be used inside to hang signs, banners or decorations. Please consult with the Director of Aquatics prior to hanging up any relevant decorations.</li><li>● Only Aquatic Staff are permitted in the Aquatic Offices, Equipment Room and First Aid Office unless approved by Aquatic Staff Management.</li><li>● Smoking is NOT permitted within the Town of Christiansburg Aquatic Center.</li><li>● The Town of Christiansburg Aquatic Center is not responsible for any lost or stolen items. Make sure someone you know is always present supervising individual/team belongings.</li><li>● No unauthorized persons are permitted to use the stereo system without the permission of the Aquatic Director.</li><li>● No glass containers of any kind are to be brought into the pool complex.</li><li>● Parking violators will be subject to fines and/or towing as posted.</li><li>● Overflow parking may be pre-arranged with Kroger or Christiansburg High School on weekends.</li><li>● The Aquatic Center strongly encourages showering prior to entering the pool.</li><li>● All emergency exits and walkways must remain clear.</li><li>● Each club is responsible for supervising the conduct of its swimmers/spectators. Swimmers are not permitted in any room not directly associated with the meet.</li></ul>
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**VT Maroon Orange Meet  
ORDER OF EVENTS**

<b>Saturday, November 4, 2023</b>		
<b>Saturday AM Session #1 Warm-up: 6:00am; Start: 7:00am</b>		
<b><u>Women</u></b>	<b><u>Events</u></b>	<b><u>Men</u></b>
1	800 Freestyle	2
3	200 Freestyle	4
5	100 Backstroke	6
7	100 Breaststroke	8
9	200 Butterfly	10
11	50 Freestyle	12
13	100 Freestyle	14
15	200 Backstroke	16
17	200 Breaststroke	18
19	400 Freestyle	20
21	100 Butterfly	22
23	200 IM	24