

757Swim Splash & Dash 2023 - 1/14/2023 to 1/15/2023**Session Report**

Session: 1 Session1 13 and Over Girls & Boys

Day of Meet: 1 Starts at 08:00 AM Heat Interval: 30 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	1 Girls 13 & Over 100 Freestyle	87	11	08:00 AM	_____
Finals	2 Boys 13 & Over 100 Freestyle	71	9	08:18 AM	_____
Finals	3 Girls 13 & Over 200 Butterfly	24	3	08:32 AM	_____
Finals	4 Boys 13 & Over 200 Butterfly	21	3	08:43 AM	_____
Finals	5 Girls 13 & Over 200 IM	68	9	08:53 AM	_____
Finals	6 Boys 13 & Over 200 IM	49	7	09:22 AM	_____
Finals	7 Girls 13 & Over 200 Breaststroke	38	5	09:45 AM	_____
Finals	8 Boys 13 & Over 200 Breaststroke	29	4	10:04 AM	_____
Finals	9 Girls 13 & Over 100 Backstroke	78	10	10:18 AM	_____
Finals	10 Boys 13 & Over 100 Backstroke	66	9	10:38 AM	_____
	Swimmers Counts for Warm-ups: 192	=====	=====		
	Entry / Heat Totals:	531	70		
	Finish Time			10:56 AM	_____
	=====				
	Team - #Entries - #Athletes				
	=====				
757	757swim	87	33		
CVAC	Coastal Virginia Aquatic Club	26	9		
ECAT	East Coast Aquatic Team	20	7		
ODAC	Old Dominion Aquatic Club	90	30		
PSDN	Poseidon Swimming	92	31		
TIDE	Tide Swimming	216	82		

757Swim Splash & Dash 2023 - 1/14/2023 to 1/15/2023**Session Report**

Session: 2 Session2 13 and Over Girls & Boys

Day of Meet: 1 Starts at 11:00 AM Heat Interval: 30 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	11 Girls 13 & Over 1000 Freestyle	16	2	11:00 AM	_____
Finals	12 Boys 13 & Over 1000 Freestyle	16	2	11:26 AM	_____
	Swimmers Counts for Warm-ups: 32	=====	=====		
	Entry / Heat Totals:	32	4		
	Finish Time			11:51 AM	_____
	=====				
	Team - #Entries - #Athletes				
	=====				
757	757swim	3	3		
CVAC	Coastal Virginia Aquatic Club	1	1		
ECAT	East Coast Aquatic Team	1	1		
ODAC	Old Dominion Aquatic Club	4	4		
PSDN	Poseidon Swimming	8	8		
TIDE	Tide Swimming	15	15		

757Swim Splash & Dash 2023 - 1/14/2023 to 1/15/2023**Session Report**

Session: 3 Session3 10 & Under Girls and Boys

Day of Meet: 1 Starts at 01:00 PM Heat Interval: 30 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	13 Girls 10 & Under 50 Freestyle	128	13	01:00 PM	_____
Finals	14 Boys 10 & Under 50 Freestyle	85	9	01:18 PM	_____
Finals	15 Girls 10 & Under 100 Butterfly	17	2	01:30 PM	_____
Finals	16 Boys 10 & Under 100 Butterfly	11	2	01:35 PM	_____
Finals	17 Girls 8 & Under 25 Butterfly	23	3	01:40 PM	_____
Finals	18 Boys 8 & Under 25 Butterfly	23	3	01:43 PM	_____
Finals	19 Girls 10 & Under 100 IM	74	8	01:46 PM	_____
Finals	20 Boys 10 & Under 100 IM	56	6	02:05 PM	_____
Finals	21 Girls 10 & Under 50 Breaststroke	69	7	02:19 PM	_____
Finals	22 Boys 10 & Under 50 Breaststroke	50	5	02:30 PM	_____
Finals	23 Girls 10 & Under 100 Backstroke	46	5	02:38 PM	_____
Finals	24 Boys 10 & Under 100 Backstroke	43	5	02:51 PM	_____
Finals	25 Girls 8 & Under 25 Backstroke	36	4	03:04 PM	_____
Finals	26 Boys 8 & Under 25 Backstroke	28	3	03:09 PM	_____
Finals	27 Girls 10 & Under 200 Freestyle	47	5	03:13 PM	_____
Finals	28 Boys 10 & Under 200 Freestyle	15	2	03:33 PM	_____
	Swimmers Counts for Warm-ups: 266	=====	=====		
	Entry / Heat Totals:	751	82		
	Finish Time			03:41 PM	_____
	=====				
	Team - #Entries - #Athletes				
	=====				
757	757swim	258	99		
CGBD	Coast Guard Blue Dolphins	118	40		
CVAC	Coastal Virginia Aquatic Club	3	1		
ECAT	East Coast Aquatic Team	16	6		
ODAC	Old Dominion Aquatic Club	66	22		
PSDN	Poseidon Swimming	48	16		
TIDE	Tide Swimming	242	82		

757Swim Splash & Dash 2023 - 1/14/2023 to 1/15/2023**Session Report**

Session: 4 Session4 11-12 Girls and Boys

Day of Meet: 1 Starts at 04:30 PM Heat Interval: 30 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	29 Girls 11-12 100 Freestyle	76	8	04:30 PM	_____
Finals	30 Boys 11-12 100 Freestyle	54	6	04:45 PM	_____
Finals	31 Girls 11-12 50 Butterfly	53	6	04:56 PM	_____
Finals	32 Boys 11-12 50 Butterfly	30	3	05:04 PM	_____
Finals	33 Girls 11-12 200 Butterfly	7	1	05:08 PM	_____
Finals	34 Boys 11-12 200 Butterfly	6	1	05:11 PM	_____
Finals	35 Girls 11-12 100 IM	55	6	05:15 PM	_____
Finals	36 Boys 11-12 100 IM	44	5	05:27 PM	_____
Finals	37 Girls 11-12 50 Breaststroke	63	7	05:38 PM	_____
Finals	38 Boys 11-12 50 Breaststroke	29	3	05:47 PM	_____
Finals	39 Girls 11-12 200 Breaststroke	25	3	05:52 PM	_____
Finals	40 Boys 11-12 200 Breaststroke	21	3	06:04 PM	_____
Finals	41 Girls 11-12 100 Backstroke	54	6	06:16 PM	_____
Finals	42 Boys 11-12 100 Backstroke	38	4	06:30 PM	_____
Finals	43 Girls 11-12 400 IM	12	2	06:39 PM	_____
Finals	44 Boys 11-12 400 IM	10	1	06:53 PM	_____
	Swimmers Counts for Warm-ups: 195	=====	=====		
	Entry / Heat Totals:	577	65		
	Finish Time			07:00 PM	_____
	=====				
	Team - #Entries - #Athletes				
	=====				
757	757swim	89	30		
CGBD	Coast Guard Blue Dolphins	69	23		
CVAC	Coastal Virginia Aquatic Club	9	3		
ECAT	East Coast Aquatic Team	38	13		
ODAC	Old Dominion Aquatic Club	63	21		
PSDN	Poseidon Swimming	69	23		
TIDE	Tide Swimming	240	82		

757Swim Splash & Dash 2023 - 1/14/2023 to 1/15/2023**Session Report**

Session: 5 Session5 13 & Over Girls and Boys

Day of Meet: 2 Starts at 08:00 AM Heat Interval: 30 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	45 Girls 13 & Over 400 IM	23	3	08:00 AM	_____
Finals	46 Boys 13 & Over 400 IM	15	2	08:19 AM	_____
Finals	47 Girls 13 & Over 200 Freestyle	90	12	08:30 AM	_____
Finals	48 Boys 13 & Over 200 Freestyle	53	7	09:05 AM	_____
Finals	49 Girls 13 & Over 100 Butterfly	69	9	09:26 AM	_____
Finals	50 Boys 13 & Over 100 Butterfly	48	6	09:42 AM	_____
Finals	51 Girls 13 & Over 100 Breaststroke	69	9	09:52 AM	_____
Finals	52 Boys 13 & Over 100 Breaststroke	46	6	10:10 AM	_____
Finals	53 Girls 13 & Over 200 Backstroke	49	7	10:21 AM	_____
Finals	54 Boys 13 & Over 200 Backstroke	30	4	10:46 AM	_____
Finals	55 Girls 13 & Over 50 Freestyle	90	12	10:59 AM	_____
Finals	56 Boys 13 & Over 50 Freestyle	70	9	11:11 AM	_____
Finals	57 Girls 13 & Over 500 Freestyle	29	4	11:20 AM	_____
Finals	58 Boys 13 & Over 500 Freestyle	19	3	11:48 AM	_____
	Swimmers Counts for Warm-ups: 240	=====	=====		
	Entry / Heat Totals:	700	93		
	Finish Time			12:08 PM	_____
	=====				
	Team - #Entries - #Athletes				
	=====				
757	757swim	120	45		
CVAC	Coastal Virginia Aquatic Club	38	13		
ECAT	East Coast Aquatic Team	30	10		
ODAC	Old Dominion Aquatic Club	96	32		
PSDN	Poseidon Swimming	108	36		
TIDE	Tide Swimming	308	104		

757Swim Splash & Dash 2023 - 1/14/2023 to 1/15/2023**Session Report**

Session: 6 Session6 10 & Under Girls and Boys

Day of Meet: 2 Starts at 01:10 PM Heat Interval: 30 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	59 Girls 10 & Under 200 IM	31	4	01:10 PM	_____
Finals	60 Boys 10 & Under 200 IM	19	2	01:27 PM	_____
Finals	61 Girls 10 & Under 100 Freestyle	102	11	01:35 PM	_____
Finals	62 Boys 10 & Under 100 Freestyle	64	7	02:01 PM	_____
Finals	63 Girls 8 & Under 25 Freestyle	32	4	02:16 PM	_____
Finals	64 Boys 8 & Under 25 Freestyle	31	4	02:20 PM	_____
Finals	65 Girls 10 & Under 50 Butterfly	68	7	02:24 PM	_____
Finals	66 Boys 10 & Under 50 Butterfly	43	5	02:34 PM	_____
Finals	67 Girls 10 & Under 100 Breaststroke	48	5	02:41 PM	_____
Finals	68 Boys 10 & Under 100 Breaststroke	28	3	02:54 PM	_____
Finals	69 Girls 8 & Under 25 Breaststroke	32	4	03:02 PM	_____
Finals	70 Boys 8 & Under 25 Breaststroke	24	3	03:06 PM	_____
Finals	71 Girls 10 & Under 50 Backstroke	111	12	03:09 PM	_____
Finals	72 Boys 10 & Under 50 Backstroke	80	8	03:29 PM	_____
Finals	73 Girls 10 & Under 500 Freestyle	8	1	03:42 PM	_____
Finals	74 Boys 10 & Under 500 Freestyle	6	1	03:51 PM	_____
	Swimmers Counts for Warm-ups: 256	=====	=====		
	Entry / Heat Totals:	727	81		
	Finish Time			03:59 PM	_____
	=====				
	Team - #Entries - #Athletes				
	=====				
757	757swim	240	91		
CGBD	Coast Guard Blue Dolphins	117	39		
CVAC	Coastal Virginia Aquatic Club	3	1		
ECAT	East Coast Aquatic Team	17	6		
ODAC	Old Dominion Aquatic Club	75	26		
PSDN	Poseidon Swimming	48	16		
TIDE	Tide Swimming	227	77		

757Swim Splash & Dash 2023 - 1/14/2023 to 1/15/2023**Session Report**

Session: 7 Session7 11-12 Girls and Boys

Day of Meet: 2 Starts at 04:50 PM Heat Interval: 30 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	75 Girls 11-12 200 Freestyle	50	5	04:50 PM	_____
Finals	76 Boys 11-12 200 Freestyle	37	4	05:08 PM	_____
Finals	77 Girls 11-12 100 Butterfly	21	3	05:21 PM	_____
Finals	78 Boys 11-12 100 Butterfly	20	2	05:27 PM	_____
Finals	79 Girls 11-12 200 IM	27	3	05:32 PM	_____
Finals	80 Boys 11-12 200 IM	19	2	05:43 PM	_____
Finals	81 Girls 11-12 100 Breaststroke	45	5	05:51 PM	_____
Finals	82 Boys 11-12 100 Breaststroke	30	3	06:02 PM	_____
Finals	83 Girls 11-12 50 Backstroke	66	7	06:09 PM	_____
Finals	84 Boys 11-12 50 Backstroke	26	3	06:20 PM	_____
Finals	85 Girls 11-12 200 Backstroke	11	2	06:25 PM	_____
Finals	86 Boys 11-12 200 Backstroke	17	2	06:32 PM	_____
Finals	87 Girls 11-12 50 Freestyle	84	9	06:40 PM	_____
Finals	88 Boys 11-12 50 Freestyle	46	5	06:50 PM	_____
Finals	89 Boys 11-12 500 Freestyle	18	2	06:55 PM	_____
Finals	90 Girls 11-12 500 Freestyle	23	3	07:11 PM	_____
	Swimmers Counts for Warm-ups: 184	=====	=====		
	Entry / Heat Totals:	540	60		
	Finish Time			07:36 PM	_____
	=====				
	Team - #Entries - #Athletes				
	=====				
757	757swim	81	29		
CGBD	Coast Guard Blue Dolphins	66	22		
CVAC	Coastal Virginia Aquatic Club	9	3		
ECAT	East Coast Aquatic Team	36	12		
ODAC	Old Dominion Aquatic Club	62	21		
PSDN	Poseidon Swimming	75	25		
TIDE	Tide Swimming	211	72		