



2024-2025 Long Course Meet Schedule

Competition is a crucial aspect of 757swim. Swim meets provide valuable feedback to coaches and athletes. Additionally, swim meets are one of the most important social opportunities for our swimmers, where they can connect with their peers in a less structured setting. This allows for a deeper bond to each other and the team.

Date	Meet	Location	Notes
Apr 26	12 & Under Spring Challenge	757swim Aquatic Center	Silver Prep, Bronze 1, Copper & Copper Prep
May 3-4	Bass Meet	SwimRVA, Richmond	Athletes 9 & over (Copper & above)
May 15-18	Super Sectionals	SwimRVA, Richmond	Qualified Swimmers
May 16-18	Freedom Splash	NOVA Aquatic Center-Regency, Richmond	All athletes (Copper & above)
June 3-7	Phillips 66 Nationals	IU Natatorium, Indianapolis, IN	Qualified Athletes
June 6-8	TIDE Meet	Princess Anne YMCA, VA Beach	All Athletes (Copper & above)
June 20-22	Commonwealth Games	Liberty University, Lynchburg	Qualified Athletes
July 11-13	LC District Champs	Hampton Aquaplex, Hampton	All Athletes (Copper & above)

Date	Meet	Location	Notes
July 17-20	Senior Champs	Hampton Aquaplex, Hampton	Qualified Athletes
July 24-27	Age Group Champs	Liberty University, Lynchburg	Qualified Athletes
July 23-26	Futures	Greensboro Aquatic Center, Greensboro, NC	Qualified Athletes
July 30- Aug 3	Summer Junior Nationals	William Woollett Jr, Aquatic Center, Irvine, CA	Qualified Athletes